

HELPING KIDS KIDS

HAPPY VALLEY, OR
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MONTHLY

CLACKAMAS REVIEW
JANUARY 2018



Meet Oscar

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VOLUME 5, NO. 1

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Fun times in Happy Valley

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See a need, fill a need

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We are the Champions

Photos by Happy Valley Photographer David Tarshis

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POSTAL PATRON

Rock Creek Middle School ADOPTS 'SPARROW'

BY SHELLEY MCFARLAND

Rock Creek Middle School has 870 amazing kids who have all pledged to help a child. The school recently banded together to adopt Oscar Triplett, a 5-year-old boy with extensive medical needs. At a recent assembly led by students in leadership, Oscar was unofficially adopted. The leadership class introduced a community involvement program for the school: Sparrow Clubs USA, a nonprofit

Continued on next page

Through Sparrow Clubs USA, Rock Creek 'adopts' Oscar



Leadership students from Rock Creek Middle School gather around Sparrow Oscar Triplett. The student body has "adopted" Oscar to help pay for medical expenses by donating services to the community.



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Oscar

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organization that partners schools with medically fragile children who need financial assistance.

Sparrow Clubs USA works with Happy Valley businesses to raise funds needed for Oscar's care. During the assembly, Laura Queen, Portland coordinator for Sparrow Clubs USA, challenged all Rock Creek students to work one hour of community service in Oscar's name. In return, specific local businesses have pledged to donate \$10 for every hour worked.

"Throughout the year, funds will be allocated to the family as students complete their community service vouchers. Local businesses put up the seed money to pay for the kids' service hours, up to 256 hours. That money can be accessed to pay for medical bills and other ancillary costs the family might incur. Additional fundraising is optional for the school, but if a school does, then those monies are also placed into the family's Sparrow account for them to access," Queen said.

The students understand that their service hour must be in the community rather than at home. Simply cleaning their room or other at-home chores are not accepted. The point is for students to get out and talk with neighbors or businesses and explain why they are performing community service. The hope is that if the community is aware of Oscar's story, they can unite to



Working with Sparrow Clubs, USA, and local businesses, Rock Creek students are given the opportunity to engage with the community by providing community service works while helping a family with costly medical bills.

support him.

"To be involved with Oscar is huge to me. I love helping people; I feel the connection, and I love it. It's an opportunity to look past yourself and show compassion to others. I hope our school raises as much as possible to help our adorable Sparrow," said Amy Cuneo, a seventh-grader.

Classmate Samantha Hubbard agreed, saying "this gives me a chance

to do something for someone other than myself for a change." Furthermore, Hubbard hopes the experience will bring the school together. Middle school is a unique time for kids. They are leaving childhood be-

hind yet are not quite adults. During this time of self-discovery, many teens can seem self-absorbed.

"I know that our age is when kids start to care only about themselves and their social status. I'm hoping this will break that barrier and show people to care for someone other than themselves," Hubbard said.

John Brooks, RCMS principal, said he is proud of his students and staff and looking forward to their continued progress.

"This is an opportunity for students to learn about gratitude, empathy and service. A huge part of middle school education is about social and emotional development, and the best way to learn that is with



Sparrow Clubs, USA started in 1992 when a middle school student named Daemon, donated his savings to his teacher's son Michael, who needed a bone marrow transplant, not covered by insurance, to save his life. Daemon's act of kindness inspired the school to fundraise which raised \$227,000 to pay for the transplant which saved Michael's life.

concrete and positive examples. Working with Sparrow and Oscar provides an awesome opportunity for students to learn some of these difficult adult life skills," Brooks said.

Queen, a retired seventh-grade teacher of more than 30 years, said the Sparrow program provides more than just medical funding to the adopted child.

"We are just beginning the journey as a Sparrow, but already we feel excited and awed by the love shown to our family by everyone involved. The money is going to definitely help. But even more important for us are the blessings of being part of this process that gets young people excited about serving the community and celebrating diversity. Those are two things that really make a lasting difference in the lives of people with disabilities and their families," said Gabe Triplett, Oscar's father.

Triplett is a pastoral associate at St. Charles Catholic Church. His wife, Sylvia, stays home to care for Oscar, whom

they call a "full-time rock star." They also have a 2-year-old daughter, Lucy.

At birth, Oscar experienced hypoxic ischemic encephalopathy, a type of brain trauma. Because of the lack of oxygen and blood flow to his brain, Oscar spent the first month of his life in the hospital. Doctors were not sure if he would survive.

Oscar later was diagnosed with cerebral palsy, dysphagia, epilepsy and spastic quadriplegic cerebral palsy — all related to his traumatic birth. Oscar uses a wheelchair, but needs assistance with all functions of his daily life. His vision is impaired — his eyes are healthy, yet his brain struggles to interpret stimulus. Oscar needs help to communicate, but he listens well and responds with facial expressions along with augmentative devices.

"The assembly was great. Oscar loved every single minute of it and Lucy realized that it wasn't just mom and dad who think Oscar is super awesome. One girl came up to me and said 'I've already done 20 hours

"The assembly was an amazing experience. I could tell Oscar was feeling so special. The love and support shown to our family was so encouraging. Seeing the kids cheer for Oscar and line up to take photos with him gave me so much joy and hope."

— Sylvia Triplett, Oscar's mother

"Watching our students rally around Oscar and his family reminds me how awesome our kids really are. Middle school students have a huge capacity for compassion and helpfulness, and our students are no different."

— John Brooks, Rock Creek Middle School principal

of community service for Oscar. 'That's 200 bucks,' I said. She was like, 'yeah it's awesome, and I'm not even close to being done.' I was blown away by how cool the whole thing is. Of course, the story of how it all got started made us cry," Triplett said.

The students also encouraged Oscar and his family to attend school functions, such as assemblies, or to join them for lunch throughout the year. Oscar attends preschool and enjoys music, movies and light-up toys. He loves being with people and thrives with the encouragement and attention others give him.

Sparrow Clubs USA

In 1992, Sparrow Clubs USA began in Kirkland, Washington, when junior high teacher Jeff Leeland received devastating news. His 9-month-old son, Michael, needed a bone marrow transplant to survive the leukemia he was battling. Leeland and his wife, Kristi, were faced with the reality of not being able to afford the expensive procedure, which cost \$197,000.

One of Leeland's students, Dameon, listened to his teacher talking about Michael and the difficulty the family was confronting. The next day, Dameon returned to the school with his entire savings — \$60 — which he gave to Leeland. Other students recognized the kindness and compassion Dameon showed, and they, too, brought in their savings to help Michael. The students and staff started fundraising. In four weeks,

Continued on next page

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WINTER DRIVING: What you need to know

Happy Valley has many hills and slopes that can be hazardous in winter-driving conditions if you aren't prepared. Here is what you should "know" before venturing out.

Know the road conditions

Snow is easier to drive on than ice, but both can be hazardous. Black ice is a condition that exists when the road appears wet, but there is actually an invisible sheet of ice.....black ice can sneak up on even the most experienced drivers. It's common on bridges, shady spots, on/off ramps and other areas that may be a couple degrees cooler than the surrounding area.

When temperatures are at or below freezing or any time you see snow or ice on the roadway you should assume you are driving on ice. Allow yourself more time for your trips and drive cautiously. It is safest to allow yourself extra time to stop, increase the distance between cars, slow down as much as you can BEFORE turning and take corners s-l-o-w-l-y. Avoid making sudden turns, stops or accelerations as you can easily lose traction.

Know your tires

Many passenger cars come equipped with radial or "all season" tires that are good in summer or on wet roads but which start to lose traction below 40 degrees.

Mud and snow rated tires are marked on the sidewall with the "M + S" symbol and they are slightly better for off-road driving and in packed snow.

Traction tires appropriate for severe winter driving are marked on the sidewall with the snowflake/mountain symbol. These tires are made of rubber compounds and



Weather and road conditions can change fast. Don't get stranded this year. Watch the weather, have a plan, and be prepared. If you only take two things on your road travels this winter, make it a blanket and water.

HELPFUL LINKS

TRACTION TIRE OPTIONS: www.tripcheck.com/Pages/Traction-Tires

KNOW WHEN TIRE CHAINS ARE REQUIRED: www.tripcheck.com/Pages/Chain-Law

tread designs that allow them to maintain traction in a variety of snowy and icy conditions. These tires are often acceptable year around but they are a compromise between a true winter tire and true summer tire. (insert symbol nearby)

Winter tires made specifically for driving on snow or ice are a good choice if you know you will be driving in extreme winter conditions for an extended period of time. These consist of studded snow tires or stud-less snow tires. While they work well on snow and ice, they are not designed for normal driving

conditions. Tires with chains provide the best traction on ice, but have their own drawbacks.

Tire chains can be added to most tires for severe weather driving and may be mandatory on mountain passes during severe weather. Often times traction tires will be allowed in place of chains. Many modern cars are not designed for tire chains so check your manual first.

Know your vehicle

One common mistake we see every year is over-confidence in 4-wheel drive or all-wheel drive systems. Some people believe the car commercials they see with an all-wheel drive SUV flying over a snowy road so they drive like normal on slick roads, only to find themselves in a ditch. Please know that any car can lose traction on snow or ice. A safe rule of thumb is



Before you leave the house, take a moment to make sure you and your vehicle are ready.

to double your trip time; double your stopping time; double the space between yourself and the car in front; and double your caution. In Oregon we are lucky that snow/ice usually melts within a day or 2 so the best idea is often to wait until the roads clear up before driving.

Know you're prepared

If you have to drive, always make sure your cell phone is charged and somebody knows your route and arrival time, particularly if you are travelling over the pass or in the mountains. Finally, it's always a good idea to check your emergency supplies before winter driving. Some items you should keep in your car include:

- Blanket(s)*
- Water*
- Hat

- Tarp
 - Road flares
 - Ice scraper
 - Small shovel
 - Tools for changing a tire
 - Jumper cables
 - Flashlight
 - First aid kit
 - Matches or lighter
 - Gloves (for chaining up or other work outside your vehicle)
 - Chains (unless you have traction tires and an AWD/4WD vehicle)
- If you only take two things, make it a warm blanket and some water. Almost anywhere in Oregon, you will be found very soon if you slide off the road. It is safer to wait in your car than to venture out in severe weather.
- DRIVE SAFE AND LOOK OUT FOR EACH OTHER THIS WINTER!**

— Happy Valley Police

Oscar

From Page 2

they raised \$227,000 to pay for Michael's transplant.

From Dameon's snowballing act of kindness came an avalanche of love from a community banding together to help a child. Michael survived because of the kindness Dameon started. Michael currently lives in Redmond, Oregon, with his wife. Sadly, Dameon died from an infection two years after helping Michael. His gift was more than just money. It was an act of love and compassion that manifested into Sparrow Clubs USA, which to date has helped over 1,300 children nationally. The organization helps nearly 65 medically fragile children every year by partnering with schools and local businesses.



Front row: RCMS teacher Emily Gregson, Sparrow Oscar Triplet, principal John Brooks, back row: Sylvia Triplet, Lucy Triplet, Gabe Triplet.

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Moving forward in the new year

MAYOR'S MESSAGE



LORI CHAVEZ-DEREMER

The close of a year can bring many feelings with it. Some years seem to go by with very little change and sometimes it seems as if several years of work were packed into one. That is how 2017 feels to me; where all the projects we have been nurturing for years took hold at once. Heading into a new year with this momentum, I could not be more excited for what is to come in 2018.

As a city, we are experiencing a new level of business diversity. We have shopping, restaurant, and service options close at hand. The days of limited dining options are behind us. The new businesses add to our community's vitality, bringing jobs, economic growth, and more visitors from around the region.

We are also starting 2018 with a large planning project, the North Carver Pleasant Valley Comprehensive Plan. In October, the City was awarded a \$400,000 grant from Metro to conduct the studies, assessments, and planning that will be required to determine the future use for a portion of the former area of Damascus. This planning effort will involve significant amounts of input from our community and the newly annexed property owners. It will help us chart a path for managing the growth in a way that enhances our existing community.

In June of 2017, the City Council voted to withdraw from the current parks district. This went into effect on Dec. 31 and Happy Valley will now be a parks and recreation provider. We already have a reputation for putting together fun and creative community events and programs. This is an area I know we will shine.

I could not be more proud of what we have accomplished together. It goes to show that while we are a community of many perspectives and voices, we share the same vision for our town – one of a close-knit community that lives a happy life. Our collective effort is what makes Happy Valley a great place to live. Please continue to stay involved and share your ideas for the future of Happy Valley.

I am confident in our future. With the support of our city staff, fellow agencies, business community, and our residents, we know the time is right. Happy New Year to you. Let's make 2018 our best year.

Council's Resolutions for 2018

COUNCIL CORNER

The end of one year and the start of a new one is the perfect time to look at what has been achieved and set new goals.

Looking back on 2017, it was a big year for Happy Valley. Many milestones were achieved, from growth in the city's business community to providing more services to our residents. None of this would be possible without a shared vision for what we want as a community and people willing to invest their time and energy into the city.

We are excited for the upcoming year and can't wait to discover what we can accomplish together.

Mayor Lori Chavez-DeRemer

I'm grateful to have had the opportunity to cut ribbons all year long and personally welcome new businesses to our town. The 22 new businesses that have opened in Happy Valley are a testament to the desire for positive economic impact. This impact more importantly welcomes over 275 new living wage jobs and ultimately offers more amenities to current residents.

In the coming year, I will continue to learn from HV residents, hear their vision for our great city, and then lead them to that destiny.

Council President Tom Ellis

I appreciate the residents of Happy Valley, who are like one big, happy family. In the year ahead, I will continue to fight to keep Happy Valley a safe and livable community.

Councilor Brett Sherman

I'm honored to be a part of a community that gives generously and often. There have been so many times in 2017 when the community has come out to support others through activities like City Blood Drive Challenge, Thanksgiving Shopping Challenge, Operation Santa, participation on committees and boards, and



Happy Valley's City Council convenes twice a month at City Hall. The public is invited to attend the meetings or watch them online.



ABOVE: 2017 Street of Dreams opening day.

LEFT: City Council at the recent Tree Lighting event.



our city team and partners to maintain the livability of our neighborhoods. I will continue to be active in the community and welcome input from residents and business leaders.

Councilor Markley Drake

I am happy we have city staff members who work tirelessly every day to provide great customer service to our citizens. Our staff is what makes our city work; we can all be proud of the service they provide.

In 2018, I look forward to working with our community on developing a comprehensive plan for Happy Valley's newest property owners from the former city of Damascus. Many of these individuals have waited ten years to know the fate of their property. Now that they are part of our family, we will work hard to meet their needs.

Youth Council events. The bottom line? It's all of you who make this a wonderful place to call home, and this makes me proud.

Happy Valley has made significant strides this year towards improving services. While many of these services are pretty invisible (sewer and water), others, like roads and parks, are right in front of us. We are moving ahead in our efforts to offer better services at reasonable costs. It is my resolution to continue to support these efforts, while strengthening the

City's relationships with its various partners.

Councilor David Golobay

For 2017, I am most proud of how our residents, city council, and City staff worked together to move forward on managing our own parks and recreation program. This was a concerted effort by our entire community and it is extremely encouraging to see how we all came together for the betterment of our city.

I look forward to working with



HAPPY VALLEY CITY COUNCIL Council Meetings are held 1st and 3rd Tuesdays of the month at 7 p.m. at City Hall | 16000 SE Misty Drive Happy Valley, OR 97086 | (503) 783-3800 | www.happyvalleyor.gov



Lori Chavez-DeRemer
Mayor
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Tom Ellis
Council President
(503) 783-3800



Markley Drake
Councilor
(503) 290-6023



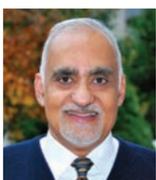
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Tree Lighting celebration

Happy Valley's Tree Lighting event on Dec. 3 attracted hundreds of excited families who enjoyed warm cocoa and cookies while anxiously awaiting the arrival of Santa and his helpers.

The Rock Creek and Happy Valley middle school bands filled City Hall with beautiful holiday tunes setting the stage for the event. The merriment and magic grew in the eyes of the children as Santa and his helpers arrived via fire truck to light the tree.

This annual event serves as a favorite tradition for many Happy Valley families and generates a lot of joy. It would not be possible without our Community Involvement Specialist, Stephani Hern, who ensures every detail is executed to perfection. Thanks to our Public Works crew who decorated City Hall with the lights that will shine all season, Happy Valley Library who helped children make mementos that will last for many holiday seasons to come, and Clackamas Fire who provided Santa's sleigh for the night.

Finally, a big thank you to our business sponsors New Seasons Market, Peet's Coffee, and Creative Minds. It takes a lot of elves to make this event a success!



Families picked their favorite props and got "festive" in the photo booth at this year's event.



Santa and his helpers were delivered to the tree lighting event in a Clackamas Fire District fire engine.

Safe roads for all: City employee drivers training program reinforces good habits

The City takes a three-pronged approach to road safety: education, analysis and enforcement. All facets are essential to identifying safety concerns and developing consistent and proactive systems to address the issues.

In a new article series, our public safety team will share information and ideas about safe driving in the city.

Traffic safety is an important issue to our community



PUBLIC SAFETY
Steve Campbell

and one that affects everyone. As public employees, we have a responsibility to be well-trained behind the wheel and be able to control the vehicle we are driving. It is important to recognize that, depending on job duties, for many of us, driving is the

most dangerous part of our workday.

Motor vehicle crashes are a leading cause of death and injury for all ages. Crashes on

and off the job have far-reaching financial and psychological effects on employees, their coworkers and families, and their employers.

In 2012, city staff designed a driver safety training program that works to keep our staff, and those we share the road with, safe. With the support of the City's Public Safety team and training specialists from Clackamas County Sheriff's Office, employees have the opportunity to improve driving behavior while also learning new skills to create a safe-driving culture. The training focuses on basic safe driving practices like how to steer while braking,

proper mirror use, backing, and parking. By using our work issued vehicles for the training, each employee gets a feel for how the vehicle will respond in an extreme situation. They also learn more about their skills as a driver and tips for improvement. The end result is that they drive away with more confidence in their ability to handle stressful driving situations when seconds matter.

The City recently held our bi-annual driver safety training. I was encouraged to see that all of our employees not

only held onto the knowledge previously taught, but executed their abilities with ease. By helping our employees gain additional road skills, we are helping them gain added security for them, their families, and the public.

The City of Happy Valley is at the forefront of driving safety for public employees. This is a unique program and we are excited to provide this training. With continued opportunities like this one, our goal is to work toward a zero-employee crash rate. We owe it to our community to ensure

our public employees are well-trained, knowledgeable about their work vehicle and continue to work on their driving skills.

We encourage all drivers to take the time to routinely assess their driving skills and their vehicles, whether they drive as part of their job or not. Being familiar how a vehicle handles and how to operate all the features will undoubtedly be an asset if a situation ever does arise.

Thank you for working with us to keep our streets safe for everyone.



Employees from the City and Clackamas Fire received driving instruction from Sergeant Bradley O'Neil with Clackamas County Sheriff's Office. Employees were encouraged to go through the course multiple times in order to become comfortable with the different skills being taught.

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Oh, what a year! As we close out 2017, here is a look back at all the fun we had this year.



The neighbors came out for six weeks of summer concerts at Happy Valley Park.



Clackamas Fire's Pipes and Drums kicked off the summer concert dedicated to first responders.



Despite rain and wind, families braved the weather to attend the annual Harvest Fest event.



Chief Anderson spoke with residents at Coffee with a Cop.



Concert sponsor, James Maciokas of Country Financial, gave an electric guitar to the winner of the annual Hit Machine air guitar contest.



Hosted the 2017 Street of Dreams.



Between giving at parades, filling food barrels, and other donations, local residents and City staff dug deep to donate to Operation Santa.



Public Art Committee encouraged young artists at Harvest Fest.



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TOP: Fourth of July Family Festival Parade.



TOP RIGHT: Tree City Arbor Day event at Happy Valley Park.

RIGHT: Jackson Hills HOA board members at National Night Out.

FAR RIGHT: The Patriot Guard Riders raise the flag at the Street of Dreams Celebrate Veterans event.



Happy Valley Monthly is a special publication of ClackamasReview

Publisher's Note: Happy Valley Monthly is always on the lookout for story ideas and suggestions from our readership. If you know of an interesting local story or a person deserving of community recognition, please forward tips to afox@clackamasreview.com and include your name and phone number for contact information.



PUBLISHER
Angela Fox
afox@clackamasreview.com



ADVERTISING
Kathy Schaub
kschaub@clackamasreview.com
971-204-7779



ADVERTISING ASSISTANT
Nancy MacDonald
nmacdonald@clackamasreview.com



COMMUNITY WRITER
Shelley McFarland
shelley.mcfarland@gmail.com



CITY WRITER
Chelsea Radich
chelsear@happyvalleyor.gov



DESIGN
Molly Filler
mfiller@PamplinMedia.com

Creative Services:
Cheryl DuVal (manager), Dan Adams, David Boehmke, Valerie Clarke, Susan Decker, Cheryl Douglass, Chris Fowler, Gary Jacobson, Megan Smith, Dwayne Stowell, Lauren Tierney, Maureen Yates-Running

6605 S.E. Lake Road, Portland, OR 97222
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City Receives \$400,000 Metro Community Planning and Development Grant

In November 2017, Happy Valley was awarded a Construction Excise Tax (CET) funded 2040 Community Development and Planning Grant from Metro. The monies from this grant will fund the development of an integrated land use and transportation plan for roughly 2,700 acres of land, primarily the western portion of the former Damascus area, that is located within the greater Portland metropolitan Urban Growth Boundary (UGB). The

planned project is titled the Pleasant Valley-North Carver Comprehensive Plan.

The comprehensive planning process will begin in early 2018 with outreach to property owners, other residents, and service providers. The plan will include, among other things, an integrated Transportation System Plan (TSP) Update, a Parks Master Plan Update, Sewer and Water Master Plans, and Schools Plans.

"This melding of environmental, land use, transporta-

tion and public infrastructure planning will lay the groundwork for this geographic region to have a modern and balanced approach to growth management for many decades to come," said Michael Walter, Economic and Community Development Director for the City of Happy Valley.

Three committees will be created to represent different contributors to the project: the Technical Advisory Committee (TAC) will consist of various agency staff persons with representatives from the City, County DTD, WES, ODOT, Sunrise Water Au-

thority, etc.; Citizen Advisory Committee (CAC) will be a collection of 13 citizen representatives appointed by the City Council; and the Project Management Team (PMT) who will consist of City staff and the consultant team.

Metro's CET grants are funded by a regional excise tax on certain construction projects in greater Portland. The grants aim to help communities implement the region's long-range vision, create new housing and commercial opportunities, revitalize town centers, develop employment areas, reduce barriers to equitable housing, and plan for future infrastructure and development in new urban areas.

"Many of the property owners in this area have been uncertain of their future and this work will go a long way in providing them greater assurance," said Mayor Lori Chavez-DeRemer.

For more information about the Pleasant Valley-North Carver Comprehensive Plan, FAQs are available at www.happyvalleyor.gov/business/planning-division/pleasant-valley-north-carver-comprehensive-plan-faqs.

COMMUNITY CALENDAR JANUARY 2018

9	Happy Valley Garden Club	9:30 a.m.	Happy Valley Baptist Church <i>Master Gardener, Laura Eyer, will speak on "Slug and Snail Management." Contact Jennifer Buss at jenb@bussmold.com for details.</i>
9	Planning Commission Meeting	7:00 p.m.	City Hall Council Chamber
10	Youth Council Meeting	6:00 p.m.	City Hall Council Chamber
11	Traffic and Public Safety Meeting	7:00 p.m.	City Hall Council Chamber
15	Martin Luther King, Jr. Day	CLOSED	City offices
16	City Council Work Session	6:00 p.m.	City Hall Council Chamber
16	City Council Meeting	7:00 p.m.	City Hall Council Chamber
18	Public Art Committee Meeting	5:30 p.m.	City Hall
23	Library Board Meeting	6:00 p.m.	HV Library Community Room
24	HV Business Alliance Meeting	7:30 a.m.	City Hall Council Chamber
31	Design Review Board	7:00 p.m.	City Hall Council Chamber
February			
5	Parks Advisory Committee Meeting	6:00 p.m.	City Hall
6	City Council Work Session	6:00 p.m.	City Hall Council Chamber
6	City Council Meeting	7:00 p.m.	City Hall Council Chamber



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JANUARY 2018 Library Events

The Library will be closed Jan. 15 in observance of Martin Luther King, Jr. Day

ADULT PROGRAMS

Happy Valley Library Book Group

Thursday, Jan. 4, 6:30-8 pm
Read the book selection for the month and come to the library to discuss the book with other readers. This month we're reading *Wait for Signs* by Craig Johnson. Did you like it or not? Did something surprise you or make you think twice? Come share your thoughts!



BOOK CLUB

Mah Jongg

Fridays, 1-4 pm
Those who enjoy playing American Mah Jongg are invited to join our fun and friendly group! Be sure to bring your 2017 National Mah Jongg League cards.

Note Night

Wednesday, Jan. 10, 6:30-7:30 pm
Enjoy some live music while you browse for books or sit and savor the sounds. This month features

Ashley Bleoaja playing contemporary pop and instrumental piano music.

The Papermakers: More than Run of the Mill

Thursday, Jan. 11, 3:30-4:30 pm
Robert Bresky traces the history of Oregon's first two paper mills through the eyes of over 40 former mill workers. He will share photographs of the workers and discuss the fascinating process of paper mill production at Willamette Falls, Oregon.

String-Along

Sundays, Jan. 14 and 28, 2-5 pm
Bring your acoustic guitar, fiddle, ukulele or other stringed instrument to the Happy Valley Library and share some tunes with other musicians. Adults of all skill levels are invited to drop in and play some American traditional Bluegrass or Folk music in a casual, jam-style setting. Bring a song you know to share.

E-Books and Audiobooks Workshop

Tuesday, Jan. 16, 3:30-4:30 pm
Did you know that the library has books that you can download for free to your Kindle, tablet, or phone? Stop in for a demonstration and learn all about it. Feel free to bring your device and we will help you get started.

Beginning Genealogy Class

Wednesday, Jan. 17, 1-3 pm
Get help and inspiration starting your family research with this beginner's class full of practical advice. Learn different genealogy programs and websites for gathering, organizing, and storing information to create your own family tree.

Genealogy Club

Monday, Jan. 22, 2-4 pm
Come discover your amazing family history. Get together to find the clues that lead to your family's unique story. Learn how just a bit of research can open up new discoveries. Be a family history detective!

Board Games for Adults

Thursday, Jan. 25, 6-8 pm
Why let kids have all the fun? It's your turn to roll some dice, play a card, and place your piece on a board. Join a table and learn something new or bring a personal favorite and teach someone else! Teens are welcome.

Crochet Necklaces

Saturday, Jan. 27, 2-4 pm
Design a necklace with beads and charms. It's fun and easy. Space is limited. Sign up at the Reference Desk. 503-783-3455

AKA Science presents

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Wednesday, Jan. 10, 4-5 pm
Grades 3-5

Each month explore different topics and then take stuff home to amaze your family and friends!

Shira's Sign & Sing

Saturday, January 13, 10:30 am
Sing, dance, and learn some signs with Shira Fogel from Tiny Talkers!

Dino-Night

Tuesday, January 16, 6:30 pm
Family night gets prehistoric with dino-crafts and a dino-hunt. It's dino-AWESOME!

Sign and Sing with Shira Fogel

Wednesday, Jan. 17, 10:30 am
2-5 year olds
Sing, dance, and learn some signs!

LEGO Creative Building

with Blair Archer
Wednesday, Jan. 17, 4-5:30 pm
Grades K-5
Make your ideas a reality using lots of LEGOs!

Music Time with Chuck Cheesman

Thursday, Jan. 18, 10:30 am | 0-5 year olds
Rhythm, sound, singing- make music!

Let's LEGO

Saturday, Jan. 20, 1:30-3:00 pm
We'll supply the LEGOs; you bring your ideas! Build with other LEGO fans and then tear down your constructions.

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National Charity League boosts community while strengthening mother-daughter ties

BY SHELLEY MCFARLAND

The National Charity League's Sunnyside chapter will host its annual membership drive for girls in the 2021-24 graduating classes from 6:30-7:30 p.m. Tuesday, Jan. 9, at the Happy Valley Library, 13793 S.E. Sieben Parkway.

Started in 1925 by a group of women wanting to support the Red Cross in Los Angeles, the NCL expanded, and by 1947, the organization included daughters, as well.

The nonprofit fosters mother and daughter relationships while helping improve the community by volunteering at local events. Recently, NCL volunteers held a day of service at the Happy Valley Library, where five mothers and their daughters dusted books and shelves. They also served Thanksgiving



Mother and daughter duos from the National Charity League's Sunnyside chapter recently spent time volunteering at the Happy Valley Library.

dinner to patrons at the Milwaukie Center, organized a holiday crafts and cookie decorating table at Providence Festival of the Trees, hosted a cookie ex-

change, and cheered on athletes at a local Special Olympics competition.

For more information, visit: sunnyside.nationalcharityleague.org.



The NCL, a nonprofit, fosters mother-daughter relationships while donating time to community services. The Sunnyside chapter is hosting a membership drive for people interested to join.

MISSION: To foster mother-daughter relationships in a philanthropic organization committed to community service, leadership development and cultural experiences.

Winter Rage: CHS marks 20 years helping those in need

BY SHELLEY MCFARLAND

Winter Rage started in 1997 after Julie Edmonds, Clackamas High School leadership teacher, heard about a holi-

day scavenger hunt by the Oregon Association of Student Councils that would provide donations to people in need.

Together with Harley Potampa, Key Club adviser, the two organized and solicited donations to create Winter Rage, which has completed its 20th year.

In its first year, Winter Rage helped one family with donations of food, clothing and household items.

"This year, Winter Rage supported 170 families with 500 student volunteers. We collected over 5,000 cans of food. We partnered with the Lions and Elks to create food baskets for our families," said Cindy Rochester, current Key Club adviser.

Student volunteers formed teams to canvass the community, soliciting donations to be picked up at a later date or to be dropped off at the school. On the day of the Winter Rage, student volunteers helped families select items they needed. The Lions Clubs International and the Benevolent and Protective Order of Elks provided additional food supplies. Each family also was given an additional bag of gifts for their children. Students and

staff at CHS purchased the gifts.

Rochester said Winter Rage is important because the community pulls together to help others who need support during the holidays. It is a positive and unifying event at Clackamas High School, where students, staff

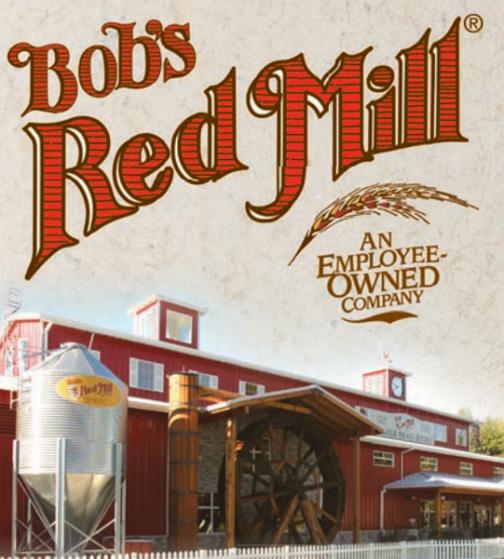
and community unite to help. "There are families in tears, overwhelmed with gratitude. They share their stories of how they lost their job and how the Winter Rage is a blessing. We hear stories of single parents struggling to take care of their children and how this helps. The food

boxes make a difference in their holiday meals. I heard a story of a single mom who was helped and now she is giving back to the community because of her experience," Rochester said.

For more information, visit: clackamaskeyclub.wixsite.com/clackamaskeyclub.



More than 170 families in-need were helped by this year's 20th annual Clackamas High School's Winter Rage. Over than 5,000 cans of food were donated and 500 students volunteered to help organize and canvas for donations.



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VALLEY DENTAL WORKS

Start the new year on the right foot

Happy Valley residents make resolutions for 2018

BY SHELLEY MCFARLAND

As the calendar page turns from 2017 to 2018, many people start to think about the changes they can make for a better year and a better life. Here is a look at some of the resolutions made by Happy Valley residents, business owners, students and leaders for 2018.



ALFANO

“This year, I want to go on more adventures with my family, notice the little things in life and have gratitude; slow down and live more in the moment.”

— Nicole Alfano, Spring Mountain Elementary School PTA, co-president



LAYTON

“I love words. On the first day of each month I’ll chose a positive word, phrase or quote to provide a theme and direction. By this time next year, I’ll have a collection of 12 personalized and powerful intentions for living.”

— Lisa Layton, Happy Valley resident



MCFARLAND

“In 2018, I’d like to help create an anti-bullying campaign at school with a group of friends. I also hope to finish out my hockey season as a starter and injury-free.”

— Henry McFarland, eighth-grader



ANDERSON

“I’d like to spend this year and the rest of my years paying some of my blessings forward by making a positive difference in the lives of others. These days it seems we get forced into groups, and it’s too easy to hate each other. I would like to move the needle just a little bit toward a culture where we love our neighbor as we love ourselves. I intend to be more intentional about my relationships to that end.”

— Scott Anderson, Happy Valley chief of police



BUSHMAN

“1. Finish watching ‘Stranger Things’ and ‘Curb Your Enthusiasm.’
2. Play a round of speed golf and Frisbee golf.
3. Spend quality time with family and friends.”

— Joe Bushman, Clackamas High School PE/health teacher and head football coach



PATRICK

“My New Year’s resolutions, personally, are staying focused on processes and reaching out to serve as many people as well as I can in 2018. Business goals are the same, just applying them in different ways. My suggestion for fitness goals for others in the new year is to just start. Don’t think, just start. Then start again the next day. Build one day at a time. It adds up! You can always find someone at our studios who will help support you in showing up.”

— Angela Patrick, Forge Hot Yoga owner



MREEN

“This year my goal is to continue to teach, and practice the delicate balance of taking care of your body and mind. Take time each day to unplug and recharge in whatever way speaks to you. If you can take care of yourself first, then you have a more focused ‘you’ to give to those around you.”

— Kelly Mreen, StarCycle owner



WALTERMAN

“My resolution this coming year is to not get too depressed when three of my four kids leave the nest. Two to college and one to a job. Also, to lock down a second location for another Killer Burger.”

— Wes Waltermann, Killer Burger owner



NAGEL

“I would like to be a Level Five consultant by the end of the year, and to find a better balance with my family and work.”

— Kim Nagel, Rodan & Fields consultant



BEHUNIN

“For 2018 I want to do something new every month with my daughter, who is 3 years old. For example: Explore a new park or museum or go on a hike to somewhere we have never been.”

— Emily Behunin, Happy Valley Middle School principal



MCMORRIS

“In the new year, my goal is to focus on being active and healthy and to spend even more time with my little cousin, Morgan.”

— Tristan McMorris, eighth-grader



FELLOWS

“I’m hoping to learn some Beatles songs on my ukulele and get family sing-along on the schedule at home.”

— Isaac Fellows, Happy Valley Library youth services librarian



ZHEN

“This year, I hope to continue making a difference in the community through service on the Happy Valley Youth Council and the Teen Tutors Program. Using a grant we were recently awarded, I especially strive to expand the size and activities of the Teen Tutors Program, all while ensuring that every student has a chance to develop their love for reading. Finally, I hope to spend time with my family, friends and community before leaving for college.”

— Nicole Zhen, Clackamas High School senior



“Our resolutions for 2018 are to increase our community fundraising events at Valley Growlers to one each month and to work diligently to get our new building finished. Oh, and to get Brian to eat more vegetables.”

— Ami and Brian Shannon, Happy Valley Growlers owners

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On Dec. 19, Council, City staff and donation volunteers accepted the City Blood Challenge trophy for bringing in the most blood during the 29-city competition.

Blood donors bring home the win for Happy Valley

On Dec. 19, the Red Cross presented a trophy to the City of Happy Valley for bringing in 185 donors and 153 pints of blood during the for the City Blood Challenge last summer.

Twenty-nine cities in Oregon and Washington competed in the fifth year of the Red Cross's City Challenge. Happy Valley collected most of its blood donations during a three-day blood drive at City Hall in August.

"We are fortunate in that our community loves to give

back. We have a very strong donor base that donates regularly and on schedule." They are very dedicated," said Stephani Hern, the City's Community Involvement specialist.



The blood drive challenge had a very real, very positive outcome for the region's blood supply; over 1,250 pints of blood were collected throughout the campaign, which could potentially save 3,700 lives. The summer campaign boosts the regional blood supply at a time of year when donations tend to decline.

"Two of our most dedicated

volunteers, Joyce McKean and Carrie McCutchen, continue to step up and help with every blood drive. Selflessly, they are willing to put in long hours and help with registration. They will tend to each donor after giving blood, making sure they have a snack and fluids before leaving the drive. We could not hold these three-day drives without the help of volunteers like Joyce and Carrie!"

Organizations interested in sponsoring a blood drive in Oregon and Washington can find more information at redcrossblood.org, where potential donors can make appointments. Call 800-733-2767.



Winter Fire Safety

Fireplaces

■ Before lighting any fire, remove all greens, boughs, papers, and other decorations from the fireplace area. Check to see that the flue is open.

■ Do not burn wrapping papers in the fireplace. A flash fire may result as wrappings ignite suddenly and burn intensely.

Chimney

■ Chimney maintenance is vital to your family's safety.

■ Have your chimney inspected by a certified chimney sweep and cleaned on a regular basis. When possible, burn seasoned woods (dryness of the wood is more important than hard wood versus soft wood). Smaller, hotter fires will burn more completely and produce less smoke than larger fires.

■ Do not burn cardboard boxes or trash, as they can spark a chimney fire.

■ Install stovepipe thermometers, which help monitor flue temperatures where wood stoves are in use, then adjust burning practices as needed.

Portable Heaters

■ Give heaters space. Put at least 36 inches of empty space between the heater and everything else, like furniture, curtains, papers, and people.

■ Vacuum and clean the dust and lint from all heaters. A buildup of dust and lint can cause a fire.

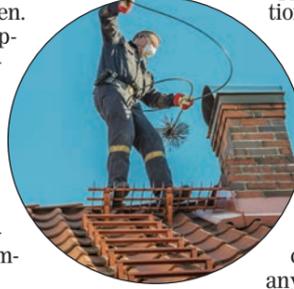
■ Check the cord on portable electric heaters. If the cord gets hot, frayed, or cracked – have the heater serviced.

■ Never use extension cords with portable electric heaters; it is a common cause of fires.

■ Turn off portable heaters when family members leave the house or are sleeping.

■ An adult should always be present when a space heater is used around children.

■ Make sure your portable electric heater is UL approved and has a tip-over shut off function.



Woodstove and Fireplace Safety

■ Have a certified chimney sweep clean and inspect your chimney and fireplace for creosote build-up, cracks, crumbling bricks, and obstructions.

■ Place fireplace or woodstove ashes outdoors in a covered metal container at least three feet away from anything that burns.

■ A flue fire can ruin your chimney or stovepipe. The prevent flue fires, burn dry, well-seasoned wood. Burn small, hot fires. Don't burn trash.

■ Always use a fireplace screen made of sturdy metal or heat-tempered glass to prevent sparks from escaping. If children are present, use a special child-guard screen as a barrier for your woodstove.

Smoke Alarms and Home Escape Plans

■ Working smoke alarms alert you to a fire and more than double your chances of surviving a fire. In a fire, minutes could mean the difference between life and death.

■ Install smoke alarms in every home, on every level, outside each sleeping area and in each bedroom.

■ Test and vacuum your smoke alarms each month to make sure they are working.

■ Smoke alarms ten years old or older need to be replaced with new units.

■ When the smoke alarm sounds, get out fast!

■ Plan your escape; know two ways out of every room.

■ Practice your escape plan with your whole family at least twice a year.



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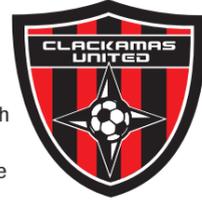
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Clackamas United Soccer Clubs WIN Founders Cup tournament!

U12 SWAT

BACK ROW: Assistant Coach: Kendall Rooney, Sydney Kimpton, Maddie Davis, Kathryn Nelson, Bridget Busik, Kimara Witham, Sofia Rodriguez, Truth Baxter, Coach Michelle McHone.

FRONT ROW: Hailee Kindred, Gracie Pederson, Ariana Barney, Tenley Hattori, McKenna Treacy, Ava Miller.



U14 Team Arsenal

BACK ROW: Assistant Coach Jeff Harris, Mia Nemkovich, Ava Le-Previtera, Emelia Puerta, Reese Le, Delaney Neal, Tai Powell, Lauren Womack, Kylea Craig, Asst. Coach Brian House, Head Coach Binh Le.

FRONT ROW: Maddy Easter, Lilly Van Dalen, Bella Erickson, Abby Fitzwater, Aly Cuneo, Alana Le-Previtera, Kaitlyn Bartram, Regina Diaz-Garcia.

U13 Team Fusion

BACK ROW: Coach Jeff, Coach Binh, Mya Coverstone, Rachel Turner, Alexis Zarfes, Lola McArthur, Mairin Kelly, Taylor Alexander, Isabel Morser, Coach Heidi Hunt.

FRONT ROW: Ciara Sullivan, Alexis Boyer, Jayden Onchi, Natalie Hunt, Hannah Whiteside, Ashley Simpson, Natalie Schlunz, Eva McCaffrey, Adrianna Sale, Dayla Chapman.

U15 Lil' Thorns

BACK ROW: Becket Wright, Tabi Parsons, Emma Webinger, Lauren Harrington, Ashley Hall, Gracelyn Rael, Brennan Kelly, Macey Groves, Maya Smith, Gianna Piombo, Ryan Goss.

FRONT ROW: Grace Barrett, Olivia Iparraguirre, Sophia Stragfield, Anneliese Dronkowski, Delaney McCollum, Piper Goss, Kendall Whiteside, Holly vidin, Gabby vanek, Kalina West.

SWING dancing for the New Year

Time to get 'In the Mood'

The Big Band era may be long gone, but you can still enjoy a night out dancing to swing music at the Sunnyside Grange.

The Portland Swing and Dance Club holds a monthly dance, 7:30 p.m. on the second Saturday of the month, where nonmembers are encouraged to attend with or without a partner.

BY SHELLEY MCFARLAND

PSDC welcomes beginning and intermediate swing dancers and provides an hourlong West Coast swing-style beginners lesson downstairs and an intermediate lesson upstairs followed by social dancing until midnight. Cost is \$12 for nonmembers and \$7 for PSDC members.

The Sunnyside Grange was founded in 1936, when gasoline was 10 cents a gallon and Disney's "Snow White" movie was released. Months later, Amelia Earhart flew her final fateful flight, never to be seen again. Dance halls were popular during the Great Depression and dance cards were still used.

Today, Sunnyside Grange, 13180 S.E. Sunnyside Road, is host to Jazzercise, kendo and swing dances. Free bunco is held monthly as well.

For more information, visit: www.portlandswing.org or www.sunnysidegrange.org.



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See a need, fill a need

Dave Morris and a legacy of helping others

BY SHELLEY MCFARLAND

As the bells ring in the new year, many people take stock of their life and their desire to make the world a little bit better. Dave Morris lives by the motto “See a need, fill a need.” The Clackamas resident plays a vital role in the care of others. Currently, Morris is the founder and lead pastor of Hillside Christian Fellowship located at Sunnyside Elementary School, the school his three children attended.

“There are many ways to engage and serve. We’d love to see everyone doing their part and serving their fellow man. There is tremendous joy in serving, too. You connect with some very amazing and inspiring folks. Additionally, you meet some precious people, who for the moment may simply need a hand up, a hand out, or a hand around,” Morris said.

To become involved, Morris said, contact one of the following organizations or other local service-based aid organizations. Volunteering is a simple and rewarding way to connect with your community.

“We have 168 hours in a week. Rather than ask how I am going to spend those hours, ask how you can invest them,” Morris said.

ALLONE

ALLONE, an alliance of 12 churches of different denominations in north Clackamas with the purpose of identifying community needs and through a collaborative effort, addresses those needs.

“Together, we can get a lot done,” Morris said.

ALLONE has raised over \$10,000 for the Wichita Center for Family and Community, a center that provides food and services to people in Clackamas County. ALLONE has engaged dozens of volunteers in a variety of programs including Lunch Buddies, Bus Buddies, SMART, and has organized pantry drives to replenish supplies at local food banks, school supply and hygiene closets. ALLONE works closely with North Clackamas School District. Superintendent Matt Utterback recently spoke at the ALLONE annual service where he encouraged



Dave Morris, along with ALLONE, recognize and help assist needs in the community such as warming beds for homeless, Backpack Buddies, Wichita Center for Families and Community, and various food pantries.

volunteerism and invited his listeners to serve through volunteering.

“North Clackamas is a marvelous school district. We (ALLONE) and the district are working close together. The foundation is here with the loved principals, schools, teachers and kids,” Morris said.

Backpack Buddies

Through Sunnyside Elementary School and the Wichita Center for Family and Community’s Head Start program, roughly 900 children in the North Clackamas School District receive two meals, plus a snack sack discreetly sent home with them. Morris and the HCF congregation help Backpack Buddies collect and prepare food for weekly distribution.

Wichita Center for Family and Community

Volunteers are needed to work with the Oregon Food Bank and Wichita Center. OFB delivers weekly pallets of food to stock the Wichita Center’s food bank shelves. Volunteers deliver, unload, sort and stock food supplies.

On the third Friday of each month, Morris and HCF provide a community dinner serving up to 80 people, which gives volunteers a chance to connect with the community.

Clackamas Warming Center

Morris currently is planning

with Clackamas County officials to increase locations and bed sites at Clackamas County Warming Centers. They also are working to hire a full-time volunteer coordinator and develop an army of volunteers at the warming centers to assist homeless people in extreme winter weather. Morris also has helped the county develop video training for volunteers, video volunteer recruiting, and assisted at the shelters.

“With weather predictions for this winter to be worse than last year, and with the loss of bed sites at Clackamas Service Center, due to a fire, and an Annie Ross House scheduled remodel, we need more warming shelter spaces and bed sites and trained volunteers to run the sites between 6 p.m. to 7 a.m., nightly, when temperatures will be 33 degrees or below,” Morris said.

Through valiant efforts, the bed counts have doubled from last year, but more are needed. Morris said the county has an estimated 700 people without shelter at night, half of those are children under 18 years old.

Morris also is involved with PDX Outreach and PDX Outreach Dinner, North Clackamas Social Needs and has been a Lunch Buddy for four years. The NCSO program pairs a mentor with an elementary school student for positive interaction during lunch weekly. Each of these programs is continually in need of volunteers.



Morris gives a sermon to his congregation at Hillside Christian Fellowship, a church he founded. Currently HCF resides inside of Sunnyside Elementary School, but is expected to have its own facility in 2018.

with an entrepreneur father. In 2018, Morris and HCF will launch a faith-based community outreach facility called The Promise Center. It will house an early childhood education center through after-school programming. In time, The Promise Center will include a skills center, along with several nonprofit businesses focused on assisting and mentoring people marginalized by their circumstances. The goal is to help people become established and self-sustaining.

Morris grew up in California

ris was CHS football coach for 11 years; he is still active with the program and often can be found speaking at the pregame voluntary service.

“The more we have engaged with people, the more we are discovering their dreams. In many cases, their dreams have become broken, for whatever reason or cause. In some small way, we get to help restore and inspire hope, provide guidance and direction, or simply be an ear to listen. Restoring for some, value and respect,” Morris said.



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Image courtesy of Oregon's Mt. Hood Territory

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Photos by Happy Valley Photographer David Tarshis
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Congratulations to the CAVS for winning the 2017 6-A State Football Title. Trailing the entire game, the CAVS scored a game-winning field goal with only seven seconds left of play, to beat South Medford 31-30.





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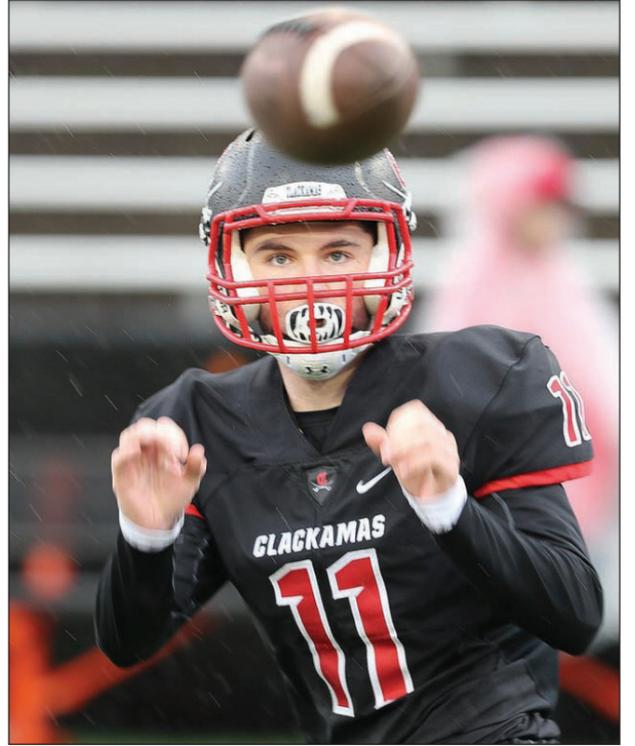
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BUSINESS SPOTLIGHT

HAPPY VALLEY BUSINESS ALLIANCE

www.hvba.biz

As a community focused organization, the Happy Valley Business Alliance partners with the City of Happy Valley to support and connect business owners and bring attention to their businesses, attractions and upcoming special events. The HVBA strives to promote a healthy business network, sustainable relationships and economic growth with our community partners who share in our interest of making Happy Valley a great place to live and work. If you look closely at local events you will probably see our members' fingerprints on it. It might be through participating, volunteering, sponsorship, promoting or donating resources, any way you look at it the members of the HVBA take tremendous pride in our

community and love to show it. Our general membership meetings are held on the fourth Wednesday of every month (except December) at 7:30am at Happy Valley City Hall. Our monthly meeting gives our members the opportunity to network, get updates from community leaders, the City of Happy Valley, public service providers and other businesses. In addition to the great updates we have guest speakers that talk on a variety of topics geared towards business, economy and even individual growth. **If you would like more information you can go to our website www.hvba.biz or join us at our next meeting, January 24th.**

- TJ Milashouskas,
HVBA Board President



Your HVBA Board and City of Happy Valley partners; Steve Campbell, Laura Gonzales, Janice Kiser, Kevin Moran, TJ Milashouskas, Patrick Sheehan, James Maciokas, Fred Charlton, Sarah Holcombe, Kathy Schaub, David Golobay & Stephanie Hern



Scouters Mountain Elementary School third-grade students learned taekwondo through a P.E. pilot program. Kids learned self-control and discipline. Below: At the graduation ceremony, students were challenged to break a board. Evan Hamlin shows off his successful break.

Scouters Mountain students learn respect, discipline through taekwondo pilot program

BY SHELLEY MCFARLAND

Amid shouts of “yes sir, thank you, sir,” third-grade students at Scouters Mountain Elementary School enthusiastically learned taekwondo through a new P.E. pilot program.

The 10-week course was a partnership between the SME PTA and the U.S. Taekwondo Education Foundation, which provided the teachers. The program taught the importance of respect, self-control, honesty, discipline and confidence.

At a recent ceremony, the third-graders, wearing bright green T-shirts with a white taekwondo belt, received graduation certificates. They also were allowed to break a board with a hand strike.

“The program was a great opportunity for our students to have a new cultural experience in P.E. while learning about discipline, respect and focused concentration all at the same time. Several of our teachers have said that the traits students learned have carried over to their schoolwork as well as their interactions with peers and adults,” said Kevin Spooner, principal at Scouters Mountain Elementary School.



“We are so grateful to Grand Master Choi and his organization for providing this experience to our students. I would also like to express my thanks to our PTA president, Orlando Perez who worked hard to introduce this idea to us and see it through to its fruition.”

— Kevin Spooner,
Scouters Mountain Elementary School principal



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