

# 'Staying ALIVE' with hands-only CPR



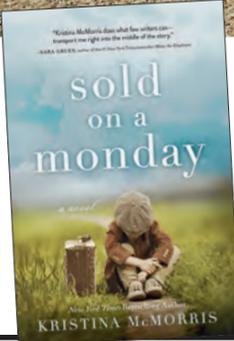
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## Happy Valley summer concerts end with first responders teaching attendees life-saving skills

BY **SHELLEY MCFARLAND**

**H**undreds of Happy Valley residents came out for the last concert of the summer season and were trained in hands-only CPR by first responders.

The concert featured The District, a band composed of Clackamas Fire District #1 members, who played popular covers. At the concert, first responders were recognized for

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Dozens of first responders were on hand to help train residents with hands-only CPR.



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Hundreds of Happy Valley residents turned out for the last concert of the season. The District rocked the park and during intermission, residents were trained in hands-only CPR.

# CPR

■ From Page 1

their service to the community. Uniformed fire and police personnel were on hand to show off their heavy equipment from fire engines and brush rigs to BearCats and police cruisers.

During intermission, first responders, armed with dummies and clipboards trained concert-goers in hands-only CPR. Clackamas Fire District #1 has now reached its goal of teaching 50,000 Clackamas County residents how to save a life with the hands-only style of CPR, which emphasizes using only chest compressions rather than chest compressions and mouth-to-mouth resuscitation. Chest compressions are to be administered hard and fast. The beat of the song "Staying Alive" by the Bee Gees is the example of how fast compressions should be performed.

According to the American



Nicole Alfano helps train her young daughter, Addi, perform CPR under the guidance of a professional. Numerous first responders volunteered to help train residents.

Heart Association, roughly 90 percent of people who have cardiac arrest outside of a hospital die. Survival rates can double, even triple when CPR, or cardiopulmonary resuscitation, is performed within minutes after cardiac arrest.

"The communities that have the highest incidence of sur-

vival from sudden cardiac arrest have an important thing in common: that is an incredible number of CPR-trained citizens who are willing to put their skills to work in the presence of out-of-hospital cardiac arrest," said Bill Conway, Division Chief of Clackamas Fire District #1.



McGruff the crime fighting dog cheers on Happy Valley police as they make an appearance at First Responder Night during the final Concert in the Valley.

"Clackamas Fire is dedicated to becoming one of these communities by ensuring as many of our citizens as possible learn this life-saving skill. For more information on how you can learn CPR, go to [Clackamasfire.com](http://Clackamasfire.com) and sign up for a class at one of our community fire stations," Conway said.



## TWO STEPS TO SAVE A LIFE:

1. Call 911.
2. Push hard and fast in the center of the chest.

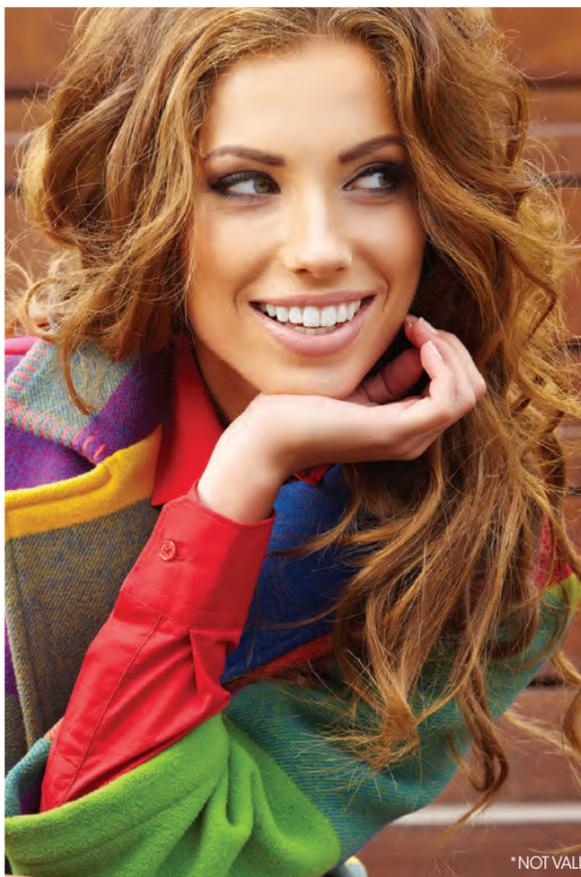
For more information, visit: [www.cprheart.org](http://www.cprheart.org) or [www.clackamasfire.com](http://www.clackamasfire.com).

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Happy Valley Councilman David Golobay practices hands-only CPR with Sparky giving him pointers.



David Golobay and Family

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# Spring Mountain Elementary principal looks forward to new school year

Jessica Son is eager to start the school year as a new principal at Spring Mountain Elementary School.

Having worked in the North Clackamas School District for the past 19 years — her first teaching job was at Sunrise Middle School — Son is well acquainted with local schools and many of the residents.

As a child, Son became aware of gaps in the education system. Teachers were not always equipped to handle students with behavioral issues, and often times, those students slipped through the cracks.

“I grew up in Silverton and moved to Tigard during my fifth-grade year. That was a shock, because I went from a K-8 school of 125 students total to 125 fifth-graders at Tigard. It was culture shock for me,” Son said.

“As a kid, I remember seeing both the teachers that did right by kids and the teachers that maybe missed some things, like kids needing extra help. I remember feeling that I could help. I would always speak up for other kids in class.”

Son noticed that some students didn't have the same opportunities as her other classmates.

“At the same time, I had amazing educators in my life who were incredibly dedicated and made a mark on each of their students,” Son said. “I wanted to be someone who could correct those inequalities and make a difference in the lives of students.”



These combined experiences made an impression on Son, who decided to become a teacher and administrator.

BY SHELLEY MCFARLAND

Son graduated from Western Oregon University in 2000, earning a bachelor's degree in social sciences and education. Her first teaching position was at Sunrise Middle School where she taught language arts and social studies. She joined the coaching staff for the Clackamas dance team in 2003 and became head coach in 2005.

During that time, Son transferred to Clackamas High School to teach

language arts and social studies while running the Senior Seminar program and CAV Center. She earned a master's degree from Lewis & Clark College in 2005 and an administrator's degree in 2010 from Portland State University. Within the North Clackamas School District, Son taught at Alder Creek Middle School, while acting as dean of students, has been assistant principal at Rowe Middle School, and filled in as temporary principal at El Puente Bilingual School last spring.

In September, Son will welcome her students at Spring Mountain. For the past month, she has been

## JESSICA SON

■ Though afraid of heights, Son celebrated graduating college by going skydiving with a friend. Her chute failed to open. Luckily, the second chute deployed, though it caused a rough landing. She never has skydived again.

■ Son has won four state dance championships as a coach at CHS.

■ She loves making Crock-Pot meals.

■ Son enjoys outdoor festivals, hiking and farmers markets.

there is much going right with the educational system. Teachers are the backbone of the whole system, and they work incredibly hard to do what is best for kids.

“The people that are in education are in it for the right reasons,” Son said. “We have the right people in North Clackamas in education and not just for some kids, but for all kids.”

Locally, Son is focused on making an impact at her new school, knowing that the previous principal, Curtis Long, who also announced local sports teams including the Trail Blazers, was well-liked.

“Parents love Spring Mountain, kids love Spring Mountain, and while I'm not a Trail Blazer announcer, and I know zero Trail Blazers, I'm going to just continue with this great community and build upon it. And to figure out ways for us to expand and be welcoming to those in the community, so that everyone can feel a part of it.”

Son has been married to her husband, Sang, for six years, and together they have a 2-year-old son, Theo. Working as a school administrator “takes a team effort, and I am so grateful to have the support that I have at home.”

“I want to be remembered as someone who cared about them, who listened and, hopefully, someone who made them laugh. I want them to know that they can do anything in life that they want, as long as they work for it and stay true to themselves,” Son said.

preparing for the school year as a new principal.

“I'm excited to return to Happy Valley, where I've developed a lot of incredible relationships. I can't wait to build new partnerships with students, their families and the teachers at Spring Mountain,” Son said. “The teachers and staff at Spring Mountain have been really welcoming. It's a great community, and I'm proud to be a part of it.”

Over the course of her career, Son has been most proud of the network of relationships she has built. Through coaching dance, she has forged numerous relationships throughout Happy Valley. She hopes to “build on the community at Spring Mountain while supporting teachers, students and families and allowing each student to feel connected and successful at school. That's the whole point of this job.”

On a national level, Son insists

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First responders and volunteers gather together before visiting 30 different block parties throughout Happy Valley for National Night Out.

As City Council members, we often have to read hundreds of pages of staff reports, review recommendations from advisory committees, and make final decisions that shape the future of Happy Valley. Other times, like at Happy Valley's summer events, we are able to simply be members of the community and enjoy this place we call home.

Once again, Happy Valley was the center of numerous summer events

that brought us all together and allowed us to enjoy the nice weather. In this newsletter, you will see pictures of all the fun we shared. Despite record temperatures, we had great attendance at our annual Concerts in the Valley series, held more concerts on Friday nights outside the Library, hosted a fun filled 4th of July Family Festival, and brought police, firefighters, and

### COUNCIL CORNER

neighbors together at 30 National Night Out block parties throughout the city.

In addition to these regular events, we added a few summer recreation camps. Kids of all ages channeled their inner Roger Federer at Tennis Camp while others learned cool skate moves and proper safety.

None of this would have been possible without resources and time

from countless individuals. First, we want to thank all our community sponsors who provide us the funds to offer these events at little cost to the Happy Valley taxpayers. Without their contributions, we wouldn't be able to host such top-notch events. Second, we want to thank the dedicated volunteers and staff members for their creative ideas and ability to get the community excited to attend. Many of these people miss spending time with their families to make sure

we can all enjoy these events.

Most importantly, we want to thank all of you for getting out of your homes and into the community. As your elected representatives, we enjoy meeting with you at these events and hearing about your community vision.

It's been a great summer. Thank you for participating in all our events! I hope I don't have to wait until next summer to see you all again!



**HAPPY VALLEY CITY COUNCIL** Council Meetings are held 1st and 3rd Tuesdays of the month at 7 p.m. at City Hall | 16000 SE Misty Drive Happy Valley, OR 97086 | (503) 783-3800 | www.happyvalleyor.gov



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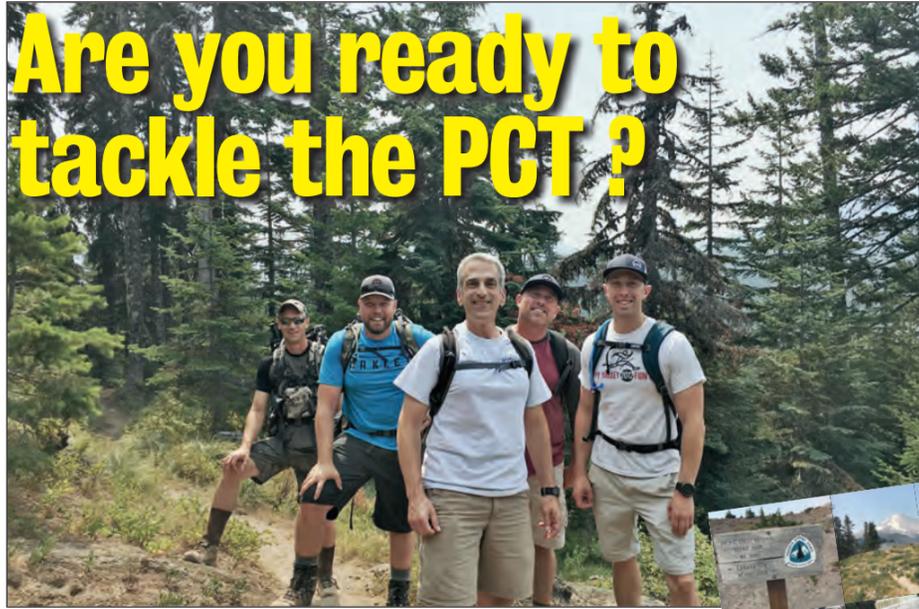
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Happy Valley City staff exploring the Pacific Crest Trail, gearing up for the upcoming PCT day hike on September 23rd.

**You don't have to disappear for months to enjoy the Pacific Crest Trail, take our word for it!**

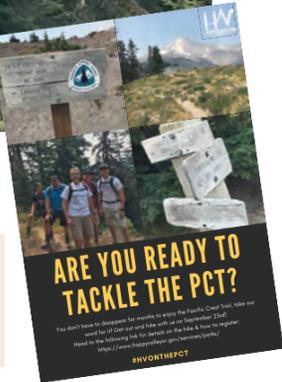
Join us as for a day hike on Mt. Hood and end your summer season with a fresh dose of nature. Transportation will be provided! The group will meet at Happy Valley City Hall and head to the Frog Lake Sno Park Trail head. The hike will be split up into 3 groups depending on how far each hiker wants to travel. Everyone will finish at the historic Timberline Lodge for refreshments, returning back to City Hall to finish the day.



For more details and to register go to: [www.happyvalleyor.gov/services/parks/](http://www.happyvalleyor.gov/services/parks/)

Expect to see gorgeous views of Mt. Hood, like the one featured above, as you make your way to the finish line at Timberline Lodge on the PCT day hike!

**HIKE DETAILS:**  
**DATE:** Sunday, September 23  
**DEPARTURE TIME:** 8:00 a.m.  
**RETURN TIME:** 6:00 p.m.  
**LOCATION:** Happy Valley City Hall  
**COST:** \$25  
**#HVONTHEPCT**



**COMMUNITY CALENDAR SEPTEMBER 2018**

4	City Council Work Session	6 p.m.	City Hall Council Chamber
4	City Council Meeting	7 p.m.	City Hall Council Chamber
8	Happy Valley Farmers Market	9 a.m.-2 p.m.	*Eastridge Church
10	Parks Advisory Committee	6 p.m.	City Hall
11	Happy Valley Garden Club	9:30 a.m.	Happy Valley Baptist Church
For further information, please contact Priscilla Robinson at <a href="mailto:Prwellsrobinson@aol.com">Prwellsrobinson@aol.com</a> .			
11	Planning Commission Meeting	7 p.m.	City Hall Council Chamber
13	Traffic and Public Safety Meeting	7 p.m.	City Hall Council Chamber
15	Happy Valley Farmers Market	9 a.m.-2 p.m.	*Eastridge Church
18	City Council Work Session	6 p.m.	City Hall Council Chamber
18	City Council Meeting	7 p.m.	City Hall Council Chamber
20	Public Art Committee	5:30 p.m.	City Hall
22	Happy Valley Farmers Market	9 a.m.-2 p.m.	*Eastridge Church

25	Library Board Meeting	6 p.m.	Happy Valley Library
26	HV Business Alliance Meeting	7:30 a.m.	City Hall Council Chamber
26	Design Review Board	7 p.m.	City Hall Council Chamber
29	Happy Valley Farmers Market	9 a.m.-2 p.m.	*Eastridge Church

**OCTOBER 2018**

2	City Council Work Session	6 p.m.	City Hall Council Chamber
2	City Council Meeting	7 p.m.	City Hall Council Chamber
4	Friends of the Library meeting	2 p.m.	Happy Valley Library

\* Eastridge Church: 14100 SE Sunnyside Road

**CORRECTION:**

**FRIENDS OF THE LIBRARY:** In the Aug. issue of the Happy Valley Monthly noted there was a meeting on Sept. 6. There will NOT be a meeting in Sept. Next meeting is Oct. 4.

**FALL SPORTS**

**FOOTBALL**

**Clackamas High School**

8/24	8 p.m.	@ Liberty (Jamboree)
8/31	7 p.m.	@ Lolani (HI)
9/7	7 p.m.	vs. Sherwood
9/14	7 p.m.	@ Beaverton
9/21	7 p.m.	vs. Lake Oswego
9/28	7 p.m.	@ Lincoln
10/5	7 p.m.	vs. Gresham
10/11	7 p.m.	vs. Reynolds
10/19	7 p.m.	@ David Douglas
10/26	7 p.m.	@ TBD

**La Salle Prep**

8/31	6 p.m.	vs. Cleveland (WA)
9/7	7 p.m.	@ Cascade
9/14	7 p.m.	vs. Benson
9/21	7 p.m.	@ Putnam
9/28	7 p.m.	vs. Hood River Valley
10/5	7 p.m.	@ Pendleton
10/11	7 p.m.	vs. Milwaukie Acad. of the Arts
10/19	7 p.m.	vs. Parkrose
10/26	7 p.m.	vs. TBD

**VOLLEYBALL**

**Clackamas High School**

8/23	TBD	vs. TBD (TBA)
9/4	6:15 p.m.	vs. Barlow
9/6	6:15 p.m.	@ Reynolds
9/8	TBD	@ Central Catholic (Tournament)
9/11	6:15 p.m.	vs. Centennial
9/13	6:15 p.m.	@ Sandy
9/18	6:15 p.m.	vs. David Douglas
9/20	6:15 p.m.	@ Central Catholic (Main Gym)
9/25	6:15 p.m.	@ Gresham
9/27	6:15 p.m.	@ Barlow
9/29	TBD	@ Barlow (Tournament)
10/1	6:15 p.m.	vs. Reynolds
10/3	6:15 p.m.	@ Centennial
10/6	TBD	@ TBD (Clearwater Classic - TBD)
10/8	6:15 p.m.	vs. Sandy
10/10	TBD	@ TBD (West Linn Tournament)
10/10	6:15 p.m.	@ David Douglas
10/16	6:15 p.m.	vs. Central Catholic
10/18	6:15 p.m.	vs. Gresham

**La Salle Prep**

8/30	6:45 p.m.	@ St. Helens
9/4	6:45 p.m.	vs. Hillsboro
9/6	6:45 p.m.	@ Wilsonville
9/11	6:45 p.m.	@ Parkrose
9/13	6:45 p.m.	vs. Putnam
9/17	6:45 p.m.	vs. Scappoose
9/19	6:45 p.m.	@ Milwaukie Acad. of the Arts
9/25	6:45 p.m.	vs. St. Helens
9/27	6:45 p.m.	@ Hillsboro
10/1	6:45 p.m.	vs. Wilsonville
10/3	6:45 p.m.	vs. Parkrose
10/9	6:45 p.m.	@ Putnam
10/16	6:45 p.m.	@ Scappoose
10/18	6:45 p.m.	vs. Milwaukie Acad. of the Arts

**BOYS SOCCER**

**Clackamas High School**

8/30	7 p.m.	@ Forest Grove
9/6	7:30 p.m.	vs. Tigard
9/10	7 p.m.	@ Sherwood
9/12	7 p.m.	vs. Beaverton
9/18	7 p.m.	@ Canby
9/20	7 p.m.	vs. Westview
9/25	7 p.m.	vs. Lake Oswego
9/27	7:30 p.m.	vs. David Douglas
10/1	6 p.m.	@ Centennial
10/3	7 p.m.	@ Barlow
10/8	7 p.m.	vs. Reynolds
10/10	7 p.m.	@ Gresham
10/16	7 p.m.	vs. Central Catholic
10/18	7 p.m.	vs. Sandy

**La Salle Prep**

8/23	2:30 p.m.	vs. Centennial
8/23	4 p.m.	vs. Forest Grove
8/30	6 p.m.	@ Central
9/6	7 p.m.	@ Newberg
9/11	7 p.m.	vs. Corvallis
9/13	7 p.m.	vs. West Salem
9/17	7 p.m.	vs. Hood River Valley
9/24	7 p.m.	vs. Southridge
9/26	7 p.m.	@ Glencoe (Hare Field)
10/2	7 p.m.	@ Hillsboro
10/4	7 p.m.	vs. Putnam
10/9	7 p.m.	vs. Wilsonville
10/15	7 p.m.	@ St. Helens
10/17	7 p.m.	vs. Parkrose
10/23	7 p.m.	vs. Milwaukie Acad. of the Arts
10/25	4:15 p.m.	@ Scappoose (Chinook Field)

**GIRLS SOCCER**

**Clackamas High School**

8/24	TBD	@ Lakeridge
8/29	7 p.m.	vs. Jesuit
9/5	7 p.m.	@ Cleveland (Warrior Stadium)
9/10	7 p.m.	vs. Sunset
9/12	7 p.m.	@ Mountaineers
9/17	7 p.m.	vs. West Linn
9/20	7 p.m.	@ Oregon City (Pioneer Stadium)
9/24	7 p.m.	vs. Glencoe
9/27	7 p.m.	@ David Douglas
10/1	7 p.m.	vs. Centennial
10/3	7 p.m.	vs. Barlow
10/8	4 p.m.	@ Reynolds
10/10	7:30 p.m.	@ Gresham
10/16	6:30 p.m.	@ Central Catholic (Delta Park)
10/18	7 p.m.	@ Sandy

**La Salle Prep**

8/23	4:45 p.m.	vs. Centennial
8/23	6:15 p.m.	vs. Forest Grove
8/30	7 p.m.	vs. Central
9/6	7 p.m.	vs. David Douglas
9/11	7 p.m.	@ Corvallis
9/13	7 p.m.	@ Oregon City
9/18	4:30 p.m.	@ Hood River Valley (Westside Elem.)
9/20	7 p.m.	vs. Beaverton
9/24	7:30 p.m.	@ Lake Oswego
10/4	7 p.m.	@ Putnam
10/9	7 p.m.	@ Wilsonville
10/15	7 p.m.	vs. St. Helens
10/17	4 p.m.	@ Parkrose
10/23	7 p.m.	@ Milwaukie Acad... Arts (Aldercreek)
10/25	7 p.m.	vs. Scappoose

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Crossing guard puts safety first, holding up traffic to provide children a safe path to cross.

# Students on the Road

A new school year brings about a variety of thoughts and emotions. Whether you wish it were an endless summer or are eagerly looking forward to more structure, the start of the school year brings with it a new schedule, routines, and sometimes, new parenting dilemmas. Parents, students and teachers all play important roles in a safe and successful start to the school year.

## Kids on the Streets

Whether your child walks to school, rides a bike or takes the bus, they should be frequently reminded about safety precautions. Students who walk to school should be taught to always walk on the sidewalk, cross the road only in marked crosswalks and obey crossing guards. If they walk on a street without a sidewalk, they should always walk facing traffic. Bike riders, always with a properly fitted helmet, should ride on the right side of the road, with traffic, and ride single file if riding with companions. They should walk their bike across an intersection. If your student takes the bus, remind them

to remain seated and avoid horseplay. Don't let your children use iPod's or other headsets when they bike or walk, and remind your bus rider to remove any earbuds when exiting the bus.

## Bus Stops

Walk younger students to their bus stop. Make them repeat the safety rules: to only cross at street corners or crosswalks, to never run out into the streets or play around at the bus stop; and never walk behind the school bus, but only in front of the bus where the driver can see them and monitor a safe crossing with red lights flashing.

## Driving Responsibly

Don't let distractions or a time crunch endanger your child or someone else. Please slow down and stay alert in the residential neighborhoods as students head to bus stops or back home. Understand that flashing yellow lights on a



**PUBLIC SAFETY**  
Steve Campbell

school bus indicate the bus is preparing to stop. You should immediately slow and prepare to stop. Red flashing lights and the extended stop arm means the bus has stopped and is either loading or unloading kids. Cars approaching from either direction must stop and remain stopped until the red lights stop flashing, the stop arm is retracted and the bus begins to move. In school zones, you must follow the 20 mph posted school zone speed when it's flashing between 7 a.m. and 5 p.m. on school days, or whenever children are waiting at or occupying a school crosswalk, with or without a crossing guard.

As a parent, I know there are many hours when my children are out of my sight and I'm not there to protect them. Our job is to prepare our kids, minimize their exposure to unsafe situations, and always keep the lines of communication open.

# Resident Reunion leads to good memories of HV

Since my time on the City Council began in 2002, there has been quite a bit of change. Back then, the population was around 3,000 residents and City Hall was in an old farmhouse. We didn't have a library or community policing center. Even our large community events felt more like a block party. Today, Happy Valley has a population over 20,000 with many new businesses and our activities attract people from all over the region.

## MAYOR'S MESSAGE



LORI CHAVEZ-DEREMER

While our community looks different to those of us who have lived here for decades, one thing has always remained the same: our small town and close-knit feel. This is why we took the opportunity during one of the summer concerts to honor everyone who has lived in Happy Valley. We called it a "Resident Reunion." It provided time for us to recognize those of you who haven't just seen our wonderful city grow but have helped shape it along the way.

Whether you grew up riding horses on the wood chip trail around what is now Happy Valley Park, or you remember Sunnyside Road as a two-lane farm to market road, thank you for continuing to be part of this community.

As long as I've been Mayor, one of my goals has been to keep our family-friendly environment. Even as we evolve, we must always remember our roots. Thank you everyone who came out for our "Resident Reunion" and sharing your stories!

Thank you everyone who came out for our "Resident Reunion" and sharing your stories!

**Damascus Farmers Market**

**Sadly the Damascus Farmers Market has closed.**  
We want to thank you for your support of the market.

You will be able to find most of our vendors at the Happy Valley Farmers Market. The market runs thru September every Saturday from 9am - 2pm in the parking lot at 14100 SE Sunnyside Rd.

**Save the Date!**  
Holiday Market will be Sat. December 15th.  
New location Clackamas HS • Over 200 Vendors!

Visit us on Facebook to see any updates.

www.sunnysidefarmersmarkets.com Facebook: Damascus Farmers Market  
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# Volunteer Appreciation Awards

## VOLUNTEER OF THE YEAR

**Mark Aasland:** Mark has been the Parks Advisory Chair since 2015 and lead our efforts to create a Parks Master Plan.

## COMMUNITY PARTNER OF THE YEAR

**Minh Matthews:** Minh volunteers his time each year at 4th of July, NNO, and Military Family Day; Minh has been our main contact for Camp Withcombe and a great partner.



## OUTSTANDING ORGANIZATION OF THE YEAR

**National Charity League:** This philanthropic group of moms and daughters have volunteered hundreds of hours over the years cleaning the park after 4th of July, working the bounce houses, and volunteering at Dumpster Day.

## Committees we honor:

- City Council
- Youth Council
- Planning Commission
- Traffic & Public Safety
- Parks Advisory Committee
- Design Review Board
- Budget Committee
- Library Board
- Public Art Committee
- Friends of Library
- CERT - Community Emergency Response Team
- MANY more community volunteers



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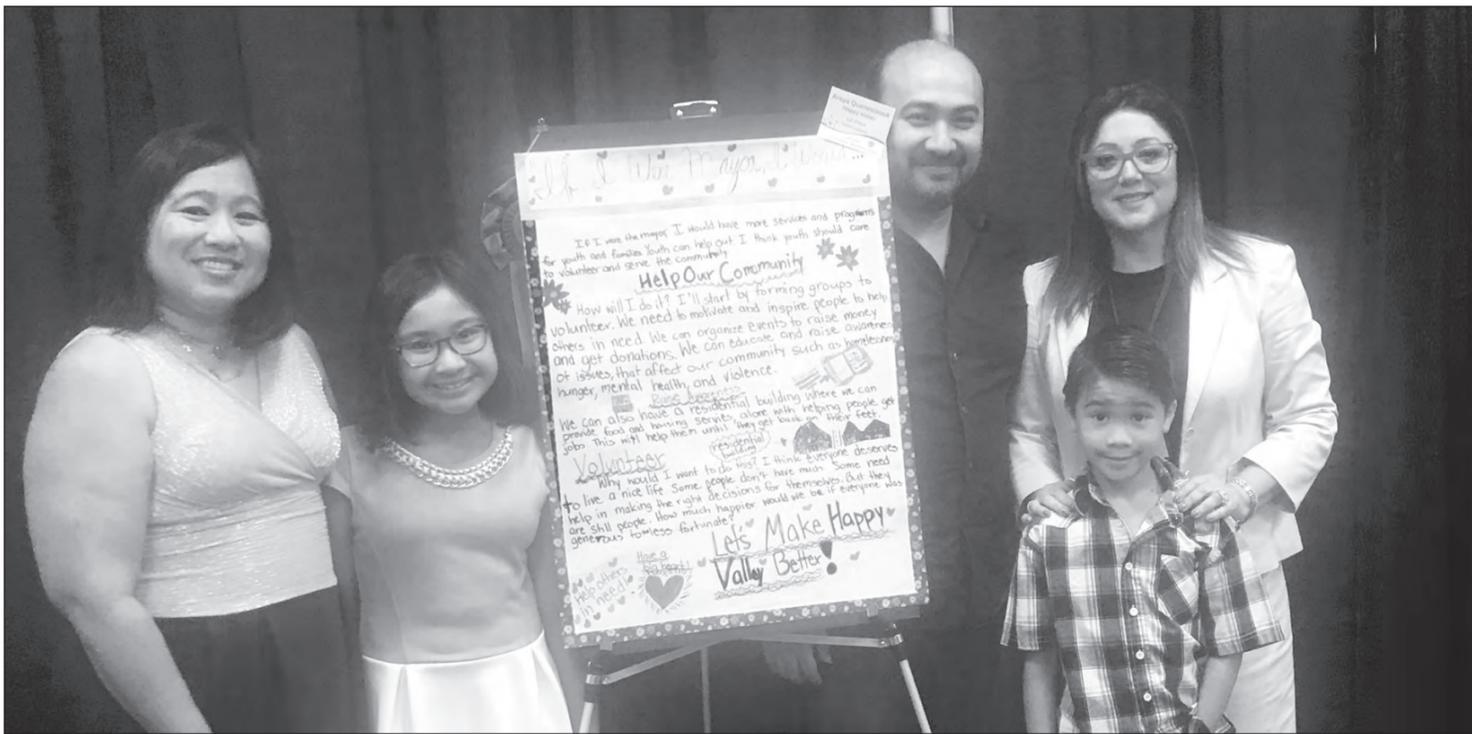


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# Youth takes top honors in statewide competition

In July, Araya Ouanesisouk, a fifth grader at Scouters Mountain Elementary was awarded first place in the Oregon Mayors Association's "If I were Mayor, I would" contest. On July 28, Araya attended the OMA's annual conference with her family and Mayor Chavez-DeRemer to accept her award and prize, an iPad Air 2.



Each spring, students from 4th-12th grades are invited to participate in Happy Valley's "If I were Mayor" city contest. Students in elementary school

submit a poster, middle schoolers write an essay and high school students are asked to produce a digital presentation. Students share their ideas about priorities in our community and the role the mayor should have in creating change.

In May, Araya's poster entry was selected out of 80+ local posters to represent Happy Valley at the state level.

We're proud of Araya and all the students who took time to share their ideas this year! Watch for announcements of the 2019 contest next March.



Mayor Chavez-DeRemer poses with Araya Ouanesisouk as she is awarded 1st place for her entry in the, "If I were Mayor, I would" contest.

Happy Valley Monthly is a special publication of **ClackamasReview**

*Publisher's Note: Happy Valley Monthly is always on the lookout for story ideas and suggestions from our readership. If you know of an interesting local story or a person deserving of community recognition, please forward tips to afox@clackamasreview.com and include your name and phone number for contact information.*

**PUBLISHER**  
**Angela Fox**  
 afox@clackamasreview.com

**ADVERTISING**  
**Kathy Schaub**  
 kschaub@clackamasreview.com  
 971-204-7779

**ADVERTISING ASSISTANT**  
**Nancy MacDonald**  
 nmacdonald@clackamasreview.com

**COMMUNITY WRITER**  
**Shelley McFarland**  
 shelley.mcfarland@gmail.com

**DESIGN**  
**Molly Filler**  
 mfiller@PamplinMedia.com

**Creative Services:**  
 Cheryl DuVal (manager), Dan Adams, Valerie Clarke, Chris Fowler, Gary Jacobson, Megan Smith, Dwayne Stowell, Krista Ness, Linda Vondrachek, Josh Bradley

6605 S.E. Lake Road, Portland, OR 97222  
 503-684-0360, www.clackamasreview.com

# Hoops for Hope 3-on-3 tourney set for Sept. 9

Happy Valley nonprofit Hoops for Hope will host its second annual 3-on-3 Basketball Tournament at 9 a.m. Sept. 9, at Clackamas High School. As the main fundraising event of the year, the organization hopes to net a record turnout.

**BY SHELLEY MCFARLAND**

Organizer John Barhoum expects 300 youth participants and 1,000 spectators. On hand at the event will be food cart vendors, a DJ and booths for family fun. This year, boys and girls from grades 3 through 12 are allowed to compete.

"We provide scholarship money for Clackamas kids. Just this past summer, we funded a local kids' trip to the Junior Olympics. We also funded a trip to California for an athlete to play in a high-level basketball AAU tournament and paid for someone's baseball dues," Barhoum said.

The scholarships are awarded to Clackamas and Happy Valley children to help pay for athletic, music or academic extracurricular activities.

For more information, visit [www.hvhoopsforhope.org](http://www.hvhoopsforhope.org).




**PAULA WALKER**  
 Attorney at Law

T: 503.616.3113  
 F: 833.801.1091

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 Welches, OR 97067  
[paulawalker@confluencelawcenter.com](mailto:paulawalker@confluencelawcenter.com)  
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## HAPPY VALLEY LIBRARY

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# September 2018 Library Events

September 23: First Day of Fall

### ADULT PROGRAMS

#### Happy Valley Library Book Group

*Thursday, Sept. 6, 6:30-8 p.m.*  
Read the book selection for the month and come to the library to discuss the book with other readers. This month we're reading *The Girl Who Fell from the Sky* by Heidi W. Durrow. Did you like it or not? Did something surprise you or make you think twice? Come share your thoughts!

#### Mah Jongg

*Fridays, 1-4 p.m.*  
Those who enjoy playing American Mah Jongg are invited to join our fun and friendly group! Be sure to bring your 2018 National Mah Jongg League cards.

#### Pinochle Club

*Sept. 17, 1:30-3:30 p.m.*  
Join our friendly group on the first and third Monday of the month to play this fun and challenging card game.

#### String-Along

*Sundays, Sept. 9 and 23, 2-5 p.m.*  
Bring your acoustic guitar, fiddle, ukulele or other stringed instrument to the Happy Valley Library and share some tunes with other musicians. Adults of all skill levels are invited to drop in and play some American traditional Bluegrass or Folk music in a casual, jam-style setting. Bring a song you know to share.



A mother and her son take a moment to pose for a photo while enjoying a good book during their visit at the Happy Valley Library.

#### Genealogy Club

*Mondays, Sept. 10 and 24, 2-4 p.m.*  
Searching for family roots? All are welcome to come and share questions, strategies, and organizing tips. Insights are discovered and pathways revealed as we attempt to solve the mysteries of our ancestors' elusive stories!

#### Note Night

*Wednesday, Sept. 12, 6:30-7:30 p.m.*  
Enjoy some live music while you browse for books or sit and savor the sounds. This month features Edrid and Laraine of the Rich Gritty Band. Come and enjoy some memorable entertainment, as they play a variety of genres, including blues, R & B, and jazz.

#### Fall Garden Maintenance

*Thursday, Sept. 13, 6:30-7:45 p.m.*  
Master Gardener Kris Lamar will show how you can use Sept. to have an exquisite garden next year, from planning to prevent insects and diseases, to addressing fertilizer problems and poor soil. She will discuss crop rotation, cleaning up the garden, and planting bulbs and other perennials during the Goldilocks season.

#### E-Books and Audiobooks Workshop

*Wednesday, Sept. 19, 3:30-4:30 p.m.*  
Did you know that the library has books that you can download for free to your Kindle, tablet, or phone? Stop in for a demonstration and learn all about it. Feel free to bring your device and we will help you get started.

#### Board Game Connection

*Thursday, Sept. 27, 6-8 p.m.*  
Gather around a table and connect with friends new and old over board games. Learn a new game or bring a personal favorite and teach someone else! New games will be featured every month.

### CHILDREN PROGRAMS

#### Build with Blair, For K-5

*Wednesday, Sept. 5, 4-5:30 p.m.*  
Join Blair each month for a different LEGO building challenge.

#### Sign & Sing: Play & Learn

*Wednesday, Sept. 5, 10:15 a.m.*  
For ages 2-5. Sing, dance and learn some signs with Shira from Tiny Talkers.

#### Homeschool Club: Mix It Up, For K-5

*Wednesday, Sept. 12, 1:30-2:30 p.m.*  
Just for homeschoolers! From color mixing to slime, what fun concoctions will you mix up?



Kids get creative, building lego creations at the Happy Valley Library.

#### Stretch, Dance, Play: Play & Learn, For ages 2-5.

*Wednesday, Sept. 12, 10:15 a.m.*  
Kick off your socks and shoes and join Creative Movement educator Iris Nason as you explore dance, yoga singing, sign language and play.

#### Let's LEGO

*Saturday, Sept. 15, 1:30-3 p.m.*  
We'll supply the LEGOs; you bring your creativity!

#### Talullah's Daddy: Dance Time

*Saturday, Sept. 15, 10:15 a.m.*  
Dance, play and make some music with Talullah's Daddy.

#### Chuck Cheesman Music Time: Play & Learn, For ages 0-5

*Wednesday, Sept. 19, 10:15 a.m.*  
Rhythm, sound, singing- make some music with Chuck!



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# Emergency Preparedness: A Community Effort

There are many reasons people put off preparing for an emergency, whether it is because they feel it is unlikely to occur, the task of preparing is overwhelming, or they think it is too expensive to create an emergency kit. However, it is vital that if a community or region-wide emergency occurs individuals are able to support themselves. A two-week supply of goods is recommended to have available, but individuals should be prepared to be self-sufficient for a minimum of 72 hours. This is the amount of time emergency personnel predict is needed for relief workers to fully establish support stations and receive supplies.



The first steps establishing a 72-hour emergency kit and creating a household emergency plan are the first steps to emergency preparedness. Here are a few tips on getting started.

### Build your kit

Emergency kits can be assembled by the individual, or a pre-made kit can be purchased. Essential items in every kit include water, food, first aid kit, basic tools, a way to stay warm (blankets, clothes, fire starters), and communication equipment. There are many resources that provide emergency kit checklists (see sidebar for resources). Many of the items are common to most households, and it is only a matter of storing them all in one place. Kits do not need to be expensive. In fact, Gregg Ramirez, Clackamas Fire's Emergency Management Manager, says that all but two items in his emergency kit can be purchased at a discount outlet store for a dollar per item.

### Create (and practice) a plan

An emergency disaster plan is something each household should discuss, write down and routinely revisit. Family members should discuss what to do in the event of a fire, earthquake, severe storm, and other

## EMERGENCY PREPAREDNESS RESOURCES

### CLACKAMAS COUNTY

- Disaster management information ([www.clackamas.us/dm](http://www.clackamas.us/dm))
- Facebook (Clackamas County Emergency Management)

### CLACKAMAS FIRE EMERGENCY MANAGEMENT

- Sign up for notifications ([www.clackamasfire.com/divisions/emergency-management-and-disaster-preparedness/](http://www.clackamasfire.com/divisions/emergency-management-and-disaster-preparedness/))
- Follow on Facebook (Clackamas Fire Emergency Preparedness)
- CERT (Community Emergency Response Team) ([www.clackamasfire.com/cert](http://www.clackamasfire.com/cert))

### READY.GOV

- Emergency preparedness resources
- Links to emergency preparedness events and scenarios.

### AMERICAN RED CROSS:

[www.redcross.org/local/or/preparedness](http://www.redcross.org/local/or/preparedness)

emergencies. Performing frequent drills (every 6 months or so) is especially important in households with younger family members. Go to [www.redcross.org/prepare/location/home-family/plan](http://www.redcross.org/prepare/location/home-family/plan) to download your own editable family disaster plan.

### Local Resources

Clackamas County and Clackamas Fire District support the largest emergency management teams in the area. Clackamas County's website has extensive information about emergency management and disaster preparedness. Both organizations regularly offer training and educational opportunities that are open to the public.

Emergency preparedness can be overwhelming, but a solid plan can make a big difference. The key is to start small, but start today.

# 2018 concerts in the Valley Sponsors

As the Concerts in the Valley continue to grow, we want to say THANK YOU to the four title sponsors that helped to bring this amazing series to Happy Valley Park. It was an awesome summer!



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## Readers Rejoice at

# PARTY IN THE PARK

The Happy Valley Library celebrated summer reading with the first annual Party in the Park, on Sunday, Aug. 12. Kids rocked out with music from Olive & Dingo and the Mo Phillips Band, enjoyed face painting and games, and got active with a fun family run/walk/stroll in support of area families. Local area businesses and organizations provided many free activities and crafts to celebrate readers.

"This has been an incredible summer, with so many kids and teens participating in Summer Reading," said Anna Bruce, Youth Services Librarian, "The party was our way of saying thank you and



Members of the band, Olive & Dingo, jamming on stage during their performance at the Happy Valley Library's first annual Party in the Park.

Ladies with Clackamas Parenting Together show their support as a sponsor, having fun at the Party in the Park event!



## A big thank you for the support from the following:

- Chapman Smiles Orthodontics
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# Outer East Arthouse draws crowds, actors to outdoor production

BY SHELLEY MCFARLAND

*We walked down the hill, a natural amphitheater, to choose a place to lay out our blanket and picnic dinner. Surrounded by trees and fellow Happy Valley residents lounging on blankets or hay bales, we were warmed by the evening sun and fire-lit torches for ambiance. Listening to the cadence of grasshoppers, my sons and I ate our al-fresco dinner as we waited for the storytelling of "The Princess and the Goblin" to begin.*

There is a little known surprise in Happy Valley: a local theater company producing quality shows, including outdoor productions. Outer East Arthouse started in 2016 when Ben Tissell and Eastridge Church leaders decided to produce a Christmas play as a fundraiser for neighbors in need.

"This is my church and we talked about creating a community Christmas play that promotes taking care of people in need, that was the theme of the play, and use the funds of that play to help others," Director Ben Tissell said. "We created the play 'The Stranger and the Scrooge' which is an adaptation of 'A Christmas Carol' and it was about taking care of others."

At "The Stranger and the Scrooge," show goers were asked to either pay an admission or bring a winter coat to donate to the Witchita Center



Under a canopy of sunlight, the actors in "The Princess and the Goblin" use their outdoor surroundings to their advantage. The production was geared towards children.

for Family and Community, which services residents in the Clackamas area.

"I thought, if 50 people come to each Christmas performance, I'd be happy," Tissell said. "We had over 1,000 people come to our five performances. We suddenly had a theater program, and we thought, let's do it again."

Tissell, a 2007 Clackamas High School graduate, makes his living directing, acting, and producing locally. He has directed plays at Clackamas High School, most recently, "Annie."

After the success of the

Christmas play, Tissell thought that maybe a summer play would be interesting.

"Last summer, in 2017, I had this crazy idea. I found a donor to pay for an outdoor stage. I am a huge fan of outdoor Shakespeare and outdoor plays in general. We did an adaptation of 'A Midsummer Night's Dream' in a lost boys style. It was zany and fun," Tissell said. "It was a success again. So not only did we have a theater company, but we had an outdoor theater program, too."

This year, Tissell decided

to produce George MacDonald's "Princess and the Goblin" and Shakespeare's "Macbeth" as an homage to Scotland.

"We wanted to continue with Shakespeare, but we know it's not everyone's cup of tea, especially kids, so we paired it with a show that is truly for children. We found this Scottish connection and went for it," Tissell said.

Many of the actors in both plays are Clackamas High School students or graduates, including Kenna Herndon, Addison Nieman, Samantha Blaine, Jaron Christman, Ke-



Clackamas High School alum, Ben Tissell, directs both "The Princess and the Goblin" and "Macbeth." His love of theater has helped to create the new Outer East Arthouse company.

aton Fields, Grace Hoffman, and Brianna Orrell.

"We give our audience atmosphere. We are under the trees and the stars and we use it to our advantage. We use the space to talk about the scene and actors will sit on the edge of the stage and talk to the audience. In 'Macbeth' we have a live fire in a stone fire pit. Because we are outside, we can have fire and bagpipes," Tissell said. "We try to make it a pleasant experience."

And as the show closed, the cast took their final bow and invited the audience to join them dancing while actor Sean Sele played a festive jig on the bagpipes. We gathered our blankets and left the amphitheater feeling enriched.

Next up for Outer East Arthouse is "Broadway and Blue Sky" 7-8 p.m. September 8 and auditions for "A Cratchit Christmas" in October.

For more information, follow Outer East Arthouse on Facebook and Instagram.



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On September 1, 2018, Clackamas County is changing systems for managing notifications and needs you to enroll today! Even if you've enrolled in the past, you will need to re-enroll. Registering is free and easy, and should only take five minutes.

Please click on the link <https://clackamas.us/public-alerts> to register for notifications from Public Alerts.

# ADIN WILLIAMS makes a Splash at World Games



BY SHELLEY MCFARLAND

Happy Valley para-athlete swimmer Adin Williams dove to success at the recent International Wheelchair and Amputee Sports Federation Youth World Games in Athlone, Ireland. Williams, a Gladstone High School senior, won gold in the 50-meter freestyle, silver in the 50-meter butterfly, fifth in the 200-meter freestyle, and sixth in the 50-meter backstroke.

Williams was one of 29 athletes selected across the United States to compete in the games, and the only athlete from the Pacific Northwest.

# Another Successful National Night Out

## THANK YOU HAPPY VALLEY!

Your police department had a great time meeting you all at the NATIONAL NIGHT OUT block parties.

The level of community engagement in Happy Valley is phenomenal and it contributes to excellent relations between the citizens and law enforcement. It also helps keep you safe year-round.

We had a great time sharing some picnic food with you, meeting you, and spending time with the kids.

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▲ Officers visit neighborhood block parties in style on their bikes during National Night Out.

► Happy Valley Police Officer Dan Ferguson, handing out stickers as he educates residents on keeping our community safe.



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# SUMMER FUN in the Valley

Concerts in the Park ■ Movie in the Park ■ National Night Out ■ 4th of July



Thank you to everyone that joined us this summer, whether for a concert, BBQ, sports camp, or a quiet day at the park. Some days were hot and some were smoky, but in the end, the best way to describe these days of summer is perfect.



Bringing our community together with summer fun activities!



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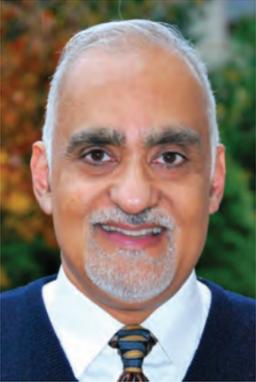
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# Written in Stone

## An Interview with Dave Haslett

Pieces from Dave Haslett, 'Yesterday Begins Tomorrow,' (featured left) and 'Vertebra,' (featured right) on display at Happy Valley City Hall.



For local sculptor Dave Haslett, life as an artist began at two years old. Equipped with a fistful of crayons and pencils, he weaved lines of graphite and colorful wax along his bedroom walls. Abstract art, some would call it.

"I always knew I was an artist, but it wasn't until college that I decided to try making a living at it," Haslett said.

His imagination fueled by images of ancient Egyptian and Mayan art, Haslett enrolled at Portland State University to practice stone carving. There, he studied alongside artists such as James Lee Hansen, Don Wilson and Keith Jellum.

While carving stone is a source of creativity and reflection, Haslett acknowledges that there was a steep learning curve. Every stone has something to say, and it pushes back against the sculptor's tools. The sculptor must move with the stone, applying abstract reasoning, reading the surface of the stone, following its cracks and veins. In this way, carving stone is like an evolving dialogue between the sculptor and his work. Not all dialogues, however, are easy.

Recalling his earlier work, Haslett shares how once, while polishing a 700 lb. sculpture, the sculpture split cleanly in half, without warning. He was flabbergasted. Unbeknownst to him, the sculpture had a hairline fissure. While such instances are rare, Haslett looks back

at the memory with humor and patience. He has learned much since then.

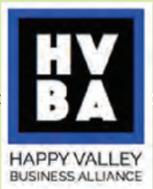
Dave Haslett is now a successful artist, operating studios in both Lake Oswego and Orcas Island, Washington. Two of his pieces, Vertebra and Yesterday Begins Tomorrow, are currently on display at Happy Valley City Hall as part of the Rotating Sculpture Garden program.

Vertebra was inspired by the whales migrating near his studio on Orcas Island. Evoking the image of a spinal cord, Haslett uses molten quartz to demonstrate the interlocking strength and beauty of whales, celebrating their connection to ancient animal life.

"If you have ever stood next to one whale or dinosaur vertebra that is larger than you, it is a humbling experience. I am fascinated by the life that once lived here and can only imagine the superstructure that held these animals."

His second sculpture, Yesterday Begins Tomorrow, is deeper reflection on the nature of humanity. An avid watch collector, Haslett finds the concept of time to be relative. Moments are measured by Earth's rotation around the sun, and humanity orders itself according to the hands of a clock. The rest of the universe, however, does not follow Earth's regimented schedule. From the universe's perspective, "yesterday," "today" and "tomorrow" are all the same.

Vertebra and Yesterday Begins Tomorrow will be on exhibit outside of City Hall through June 2019. Both pieces are available for purchase during the exhibition. For questions and purchasing inquiries, please contact Jaimie Huff, 503-783-3828, jaimiel@happyvalleyor.gov.



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# Historic photo inspires McMorris' latest novel

BY SHELLEY MCFARLAND

*'Sold on a Monday' tells tale of loss, redemption*

It's been said that a picture is worth a thousand words, but for Happy Valley resident Kristina McMorris, one picture inspired a novel.

"I was online one day, researching for another book, when I saw a link that read '50 of the Most Shocking Photos in History.' For a historical novelist, there's no click-bait more tempting than that," McMorris said.

"That's when I first saw the photo, and it totally stunned me. I remember thinking, as a parent I could understand why a mother might give up her children if it was for their well-being, but how could she bring herself to sell them?"

The photograph McMorris saw was of a woman, turned away from the camera, with four grubby, young children sitting on steps in front of her with a sign reading "4 children for sale inquire within." The photo haunted McMorris, a mother of two, who wanted to know the backstory behind it.

"Once I got past the shock value and the visceral reaction to the photo of someone taking money for their children, or at least, offering them for sale, I tried to think of a compassionate reason for that mother to do it," McMorris said. "The photo looks like it's from the Great Depression, but it's actually from 1948.

"It surprised me that it would be post-World War II, during a time when people were more prosperous. The picture encapsulated such hardship, that I didn't expect it was actually the late 1940s," she said.

Although busy writing her fourth novel at the time, McMorris became preoccupied with the picture and the deeper meaning of a mother selling her children. As a writer, she began considering ideas about how to turn that image into a story.

"I bookmarked the photo and kept revisiting it. I mentioned it to an author friend who said 'Kris, you realize this is a best seller.' We joked



PHOTO BY: GETTY PHOTOS

The picture that started it all. McMorris was affected by the above photo, especially having learned of the fate of the children. McMorris, a mother of two sons, felt compelled to explore the backstory of the image and crafted a novel about it.

that it's so terribly depressing, so I decided to write it as my next book," McMorris said. "The most obvious take on this story would be from the kids' point of view, but the only way I could see writing this story was to bring something new to the picture, so I wrote it from the reporter's view."

The novel, "Sold on a Monday," is set during the Great Depression, an era of breadlines, staggering unemployment, and impossible choices. Reporter Ellis Reed happens upon a scene, inspired by the aforementioned picture, of two children next to a sign scrawled with "2 children for sale."

The struggling reporter snaps the photograph and a cascade of events follows. Reed's photo impacts the lives of the children who were sold to strangers. The characters must confront wrongdoing and redemption to mend a fractured family.

"You don't picture a scene like that in the late '40s, but during the Great Depression, we see images like Dorothea Lange's 'Migrant Mother.' That's why I decided to set the story in the 1930s," McMorris said. "I started researching the photo and found news articles about the actual children in the photo



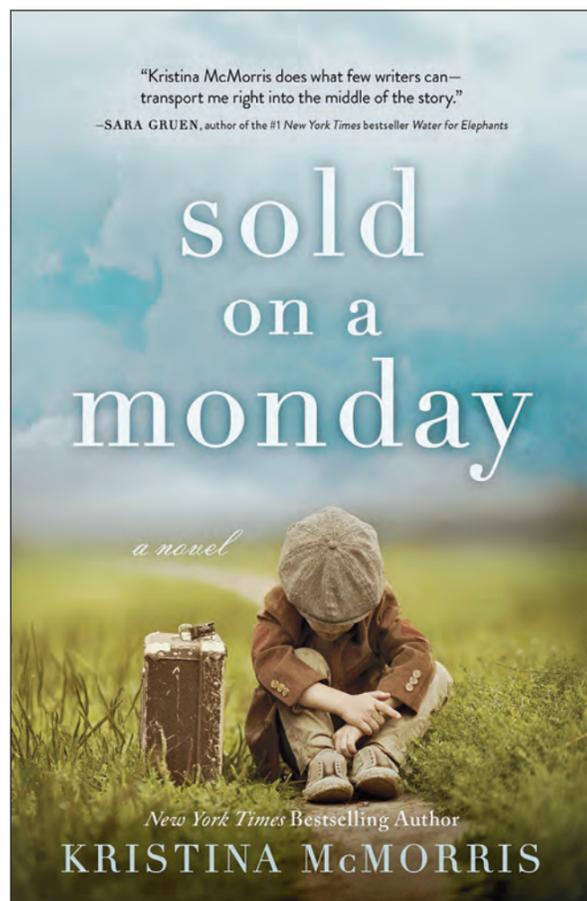
## ABOUT THE AUTHOR

New York Times bestselling author Kristina McMorris will celebrate the release of her fifth novel, "Sold on a Monday," at 7 p.m. Wednesday, Sept. 12, at Barnes & Noble Booksellers, at the Clackamas Town Center, 12000 S.E. 82nd Ave., Portland.

FOR MORE INFORMATION, VISIT: [kristinamcmorris.com](http://kristinamcmorris.com)

who are now adults; a couple of them have passed away and about what they went through."

McMorris explained that the true story behind the photo



"Sold on a Monday" explores the hard-scrabbled times of the Great Depression and the difficult decisions people faced to survive. McMorris will promote her book during a 14-state U.S. tour. It is the author's fifth novel.

to is heartbreaking and worse than she imagined. The children were sold for \$2 for bingo money.

"In my research, there was a claim that some family members thought the photo was staged. It made me look at the photo differently, and that became the premise of my story," McMorris said. "I had a new perspective when I looked back at the photograph. It is so perfectly painted and with reflective accent marks decorating the letters, that I thought there might be something to the claim. But whether it's true or not, gave me the inspiration for my own story."

McMorris grew up in Beaverton and later moved to Gresham, where she graduated from Gresham High School in 1992. When she was 9 years old, she hosted an Emmy Award-winning local children's show called 'Popcorn' for five years and later 'Weddings Portland Style' for Warner Bros. for another six years. She worked as a public relations director and owned a wedding/event planning company, but after years of

listening to the "Chicken Dance" and "YMCA" at every wedding, she needed a change.

While visiting her grandmother to interview her for a biographical portion of a family cookbook, McMorris happened upon a heartwarming story about her grandparents.

"As my grandmother and I were talking, she shared things about her life that I had never heard before. One of them was that she and my late grandfather had dated only twice during World War II and exchanged letters during his enlistment. They were married during one of his leaves and stayed married for 50 years until he passed," McMorris said. "Then my grandmother said, 'Would you like to see the letters?'"

Family members had never known the letters existed, and when McMorris asked her grandmother why she never shared them before, her grandmother replied simply "that no one had ever asked." Those letters and the love story, handwritten within, became the inspiration for

## BOOKS BY KRISTINA MCMORRIS

- "The Edge of Lost"
- "The Pieces We Keep"
- "Bridge of Scarlet Leaves"
- "Letters From Home"
- "Grand Central" (novella)
- "The Christmas Collector" (novella)

McMorris' first novel, "Letters from Home."

"We spent the afternoon going over these wrinkled pages from a 19-year-old sailor who didn't know if or when he would be coming home. When I left her house, I thought this would make a great movie. I love 1940s music and fashion and the romance aspect of World War II," McMorris said. "When I was pregnant with my second child, and clearly high on hormones, I thought, 'if I can create life, then a book shouldn't be that hard.' In other words, I was blissfully ignorant. I thought if nothing else, I'd have a book when I was done that I could give to my children, and they would know their mom wrote a story, and they could share it with their kids."

After months of researching the 1940s and the impact of war on society, McMorris started to write her novel.

"The more I researched this time period, the more respect I gained for the men and women who served in the military, plus the family members that stayed behind on the home front and what they went through," McMorris said. "The book, essentially, ended up being a love letter to my grandparents and to their generation."

Now, with a two-book contract from Sourcebooks, McMorris is set to research and write her sixth book soon. First she will venture on a 50-stop, 14-state book tour to promote "Sold on a Monday."

"Sold on a Monday" shows how, when we are faced with desperation, our determination and ambition to succeed can help dictate our choices. Those choices may seem harmless at the moment, yet they can have a ripple effect of consequences for so many people," McMorris said. "I had an urge as a parent, even in a fictional sense, to want to give those children in the original picture the life I thought they deserved. I wanted to give them a better ending, a happy ending."

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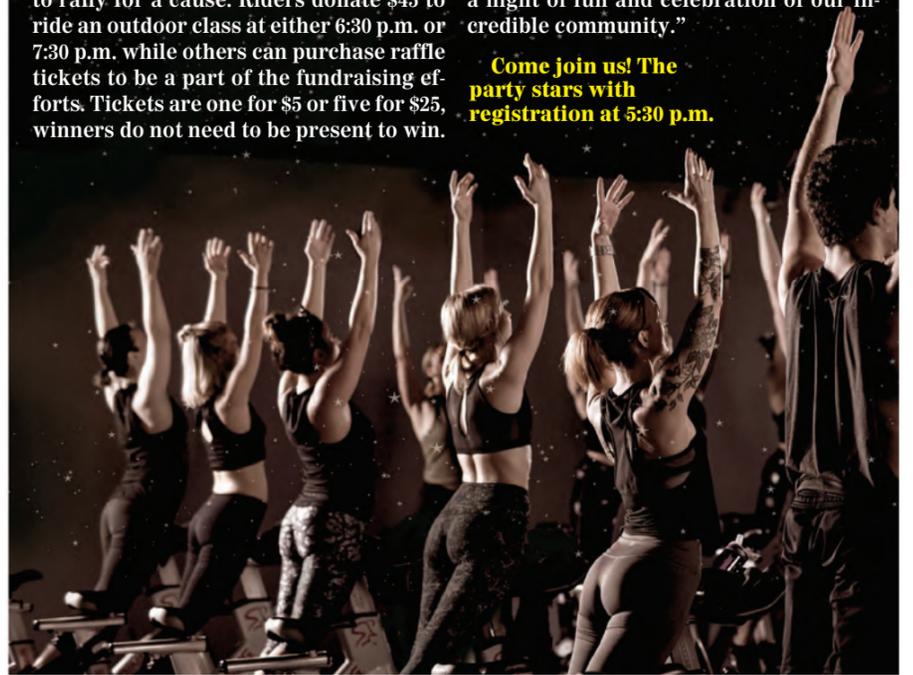
**O**n September 15th, StarCycle Happy Valley will hold its 2nd annual “Cycle Under the Stars” charity event at the Happy Valley Crossroads Shopping Center. The indoor spin studio will bring their bikes outside to ride by the light of the stars to raise money for the city’s Emergency Services Foundation.

This is the second year StarCycle has partnered with the City of Happy Valley to rally for a cause. Riders donate \$45 to ride an outdoor class at either 6:30 p.m. or 7:30 p.m. while others can purchase raffle tickets to be a part of the fundraising efforts. Tickets are one for \$5 or five for \$25, winners do not need to be present to win.

There are lots of opportunities for mingling with booths serving food and drink samples. Kona Ice, Kind Bars, Bowl & Berry, SkinTe, Hop Jacks, Eastside Distillery and Fred Meyer are just a few.

“This is our biggest event of the year and we can’t wait!” says Heather Hedges. She and Kelly Mreen, co-owners at StarCycle, are passionate about giving back. “Our clients are like family and this gives us an opportunity to be together for a night of fun and celebration of our incredible community.”

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