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•MONTHLY•

CLACKAMAS REVIEW

NOVEMBER 2018

Thanks  
FOR Giving

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**“Get your run on  
before you get  
your grub on”**

*Thanksgiving morning  
starting at 8:30 a.m.*

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POSTAL PATRON

# Local students learn the JOYS of HELPING others

BY **SHELLEY MCFARLAND**

**A**s Thanksgiving nears, many people reflect upon their blessings. A holiday founded on giving thanks and appreciating the year’s harvest, it is a time that inspires charity. Hundreds of Happy Valley students are finding ways to give to others with service projects.

**Mount Scott Elementary School**

In October, Mount Scott students hold a drive called “Soctober” to collect socks for those less fortunate. In 2017, the school collected 500 pairs. “We are setting a goal of 300 pairs this year,” said Karen Morgan, the fourth-grade teacher at Mount Scott who coordinates the drive. “Students will collect socks through Nov. 7, and we will announce the grand total at our next assembly. All donations will be given to the Wichita Center.”

See **HELPING OTHERS** / Page 2



Students at Spring Mountain show off their baking skills in 2017. The kids baked apple pies for the less fortunate. This year, the school and PTA have increased their Day of Giving program.



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# Helping others: Young students learn the value of giving

■ From Page 2

Mount Scott fourth-grade students also are starting a new service project called “Pennies for Patients” to benefit the Leukemia and Lymphoma Society (LLS).

### Spring Mountain Elementary School

Last year, the dedicated Spring Mountain Elementary School Parent Teacher Association (PTA) organized a one-day, schoolwide art and service event to help others in the community. School PTA organizations are unique to each school, and at Spring Mountain, the PTA helps pay for field trips, events, new technology and instructional assistants.

Second- and third-grade students donned aprons to bake pies for the Union Gospel Mission and Feed the Hungry in Clackamas County. Both organizations help the less fortunate. The students baked and donated 36 apple pies.

Also in 2017, fourth-grade students crafted 22 fleece-tied blankets for children at Randall Children’s Hospital, and nine various art projects were created by first, fifth and kindergarten classes to adorn the walls at Sunnyside Meadows Memory Care, Miramont Pointe, Princeton Village, Happy Valley Police and Fire departments, and the Clackamas Service Center.

Schoolwide, students collected clothing, shoes, food and hygiene products for the Wichita Center For Family and Community, which services families in need in the North Clackamas School District.

This year, its sixth for giving, the Spring Mountain PTA is hoping to increase its charitable output. Along with apple pies, fleece-tied blankets and art, the school is hop-



The Spring Mountain Elementary School gym was turned into a giving workshop where students diligently made pies and blankets for others. This year, the school and PTA are planning more output.



▲ Sticky fingers and smiles! Second graders assembled apple pies.



◀ Spring Mountain students assembled fleece-tied blankets to donate to kids at Randall Children’s Hospital.

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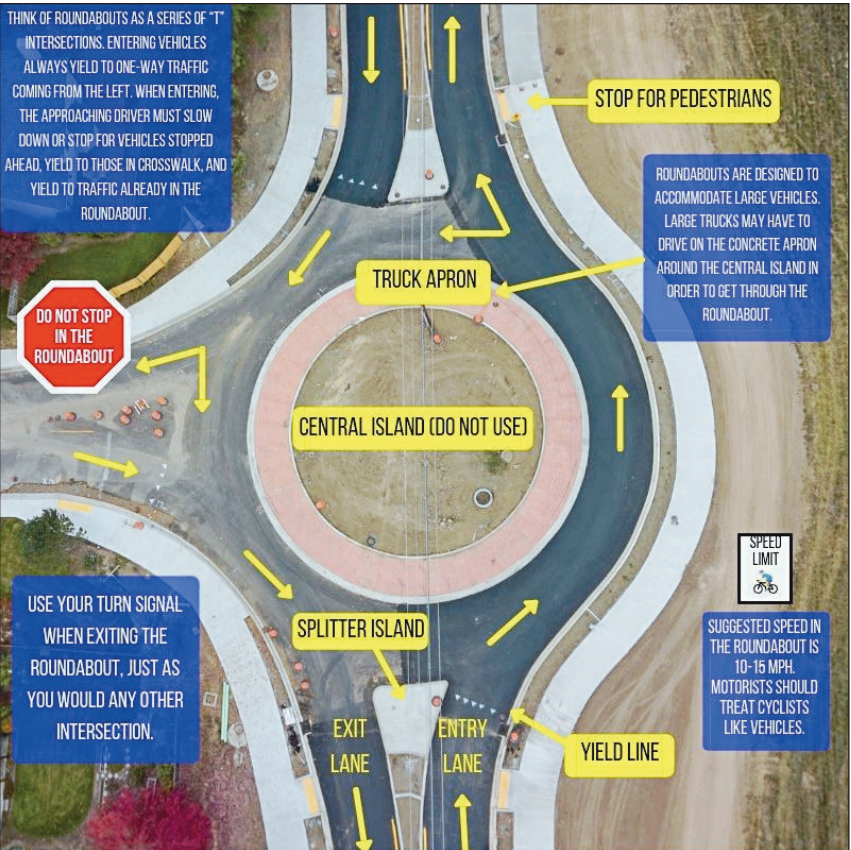
# Roundabout Safety: Don't Get Stuck Driving in Circles

Roundabouts have gained popularity and support in recent years as a way to reduce long waits and frustration at busy intersections. Not only do they facilitate traffic flow and increase road capacity, but studies show they are safer than a traditional stop sign or traffic-signal-controlled intersection. In Happy Valley, we currently have three roundabouts that help keep traffic

moving. For each, the designs include pedestrian crosswalks, landscaping, and a public art display dedicated to the history and nature of the community. While roundabouts are generally very easy to use, they can present confusion for a driver who may not have much familiarity with their set up. This graphic provides some quick information to demystify these circular intersections.



**PUBLICSAFETY**  
Steve Campbell



Roundabouts, such as this one in Happy Valley, permit traffic to flow in one direction by allowing drivers to follow a gentle curve. By following the basic rules related to roundabouts, motorists and pedestrians alike can benefit from increased safety when using local roads.



Happy Valley Mayor and City Council members award Carson with a Certificate of Appreciation.

## Local Eagle Scout Awarded Certificate of Appreciation for Community Garden Project

For his Eagle Project, which is one of several requirements to achieving Eagle status in the Boy Scouts of America, Carson Heber proposed the idea of building an entrance pergola at the Happy Valley Park's community garden. Working with both the Parks Advisory Committee and City Staff, Carson designed and helped bring the final structure to fruition with lumber secured through the City and local businesses.

Several members from Carson's Troop 141 helped with the endeavor as did a handful of building professionals. Led by Carson, the group worked for two weeks, creating a structure that benefits the garden and the residents who use the space. The pergola will invite shade and offer an additional location for plant growth that is functional and aesthetically pleasing. Plan is to grow grapes on the pergola with help from the Community Garden Group.

A hallmark of an Eagle Project is the scout's ability to demonstrate leadership throughout the process. To commemorate Carson's diligence in planning and organizing this venture, the City awarded him a Certificate of Appreciation at October's City Council meeting.



Carson and a fellow Troop 141 scout member work on putting the pergola together.



The completed pergola is a welcoming feature of the community garden that will double as a space perfect for growing grapes.

### COMMUNITY CALENDAR NOVEMBER 2018

Date	Event	Time	Location
5	Parks Advisory Committee Meeting	6 p.m.	City Hall
8	Traffic and Public Safety Meeting	7 p.m.	City Hall Council Chamber
12	Observance of Veterans Day	CLOSED	City Hall and Library
13	Happy Valley Garden Club	9:30 a.m.	Happy Valley Baptist Church
13	Planning Commission Meeting	7 p.m.	City Hall Council Chamber
14	Youth Town Hall	7 p.m.	City Hall
15	Public Art Committee Meeting	5:30 p.m.	City Hall
20	City Council Work Session	6 p.m.	City Hall Council Chamber
20	City Council Meeting	7 p.m.	City Hall Council Chamber
22	Thanksgiving	CLOSED	City Hall and Library
23	City Hall	CLOSED	City Hall
28	HV Business Alliance Meeting	7:30 a.m.	City Hall Council Chamber
28	Design Review Board Meeting	7 p.m.	City Hall Council Chamber
DECEMBER-18			
2	Tree Lighting Ceremony	4 p.m.	City Hall
3	Parks Advisory Committee Meeting	6 p.m.	City Hall Council Chamber
4	City Council Meeting	7 p.m.	City Hall Council Chamber
8	Leaf Drop Event	10 a.m. - 3 p.m.	Public Works Building* Eastridge

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# VETERANS DAY APPRECIATION

With Veterans Day coming this month, I'm reminded of the commitment made every day by those in our community who served in our armed forces. As a City Council, we are often faced with controversial topics. Balancing our day jobs with our volunteer role as an elected official can be stressful. However, it pales in comparison to the sacrifice made by the men and women in uniform. Even after their service to our country is complete, many veterans continue to volunteer in our local community. As Mayor, I'm grateful for their continued involvement.

I'm honored to have selected veterans to serve on our advisory committee

MAYOR'S MESSAGE



LORI CHAVEZ-DEREMER

tees as they bring a unique perspective to help shape Happy Valley. I'm also grateful to the veterans we employ at the City who continue to serve the public every day. Additionally, I know many more veterans volunteer for multiple organizations in the area who are making a positive impact.

Throughout this month, I hope you will join me in thanking our veterans and their families. Happy Valley wouldn't be the same without them. Not just because of their commitment to our country, but their dedication to our local community. Their presence enriches our city and reminds us how fortunate we are in Happy Valley.



**HAPPY VALLEY CITY COUNCIL** Council Meetings are held 1st and 3rd Tuesdays of the month at 7 p.m. at City Hall | 16000 SE Misty Drive Happy Valley, OR 97086 | (503) 783-3800 | [www.happyvalleyor.gov](http://www.happyvalleyor.gov)



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## CITY OF HAPPY VALLEY PARKS & RECREATION

# Parks and Recreation Update

Last month, the City took a significant step forward in our parks and recreation litigation. The Circuit Court ruled that Clackamas County breached the contract with the City of Happy Valley.

As you may remember, in October 2017, the City of Happy Valley filed a complaint in Circuit Court against Clackamas County and the North Clackamas Parks and Recreation District (NCPRD). In the lawsuit, the City asked for the County to return development fees the City collected and transferred to NCPRD for exclusive use on park facilities in Happy Valley based on an agreement both parties signed in 2005.

On October 12th, 2018, in response to a motion filed by the City, the Court ruled that the agreement unambiguously required NCPRD to build four park facilities using the fees Happy Valley transferred to the District. The City argued that of the \$17.5 million of funds generated in Happy Valley and transferred to NCPRD, approximately \$13.5 million was designated for exclusive use on four projects described in the agreement between the City and NCPRD. Since NCPRD had not provided any of the parks by the time the District terminated the agreement,

the Court found it to have breached the agreement.

The City looks forward to working with the County and the Court to return these funds back to Happy Valley. It is important to note that all of these funds came from Happy Valley, none are from Milwaukie or the unincorporated areas of the district.

There are a number of remaining issues between the City and County. The City is hopeful the County will come to the table to settle all unresolved aspects of the parks and recreation dispute. Clackamas County has consistently offered to support a smooth transition in parks services. However, the County recently filed another lawsuit against the City that could prevent the City from becoming the parks provider. With this most recent ruling, the City is hopeful the County will drop its opposition and work with the City to resolve all remaining disputes. This would allow the City to best serve the residents of Happy Valley while providing financial certainty to the rest of the district.

The City is excited to again, be one step closer to becoming the parks and recreation provider for Happy Valley.

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# CHS and La Salle Prep to produce two theatrical classics: ‘Cinderella’ and ‘Our Town’

Lights, action, drama! Clackamas High School and La Salle Prep are staging two classic plays for their fall productions.

## Clackamas High School

Theatergoers will be treated to Rodgers and Hammerstein’s “Cinderella,” a musical that originally was written for television, but later adapted for theater. CHS’s theater department has chosen a dramatic theme for their 2018-19 season: transformation.

“As teenagers, oftentimes finding your place in the world feels like the biggest challenge. All of our shows this season deal with evolving and finding your place, and ‘Cinderella’ is no exception,” said Aivelyn Karsten, public relations officer for the Clackamas theater department, and cast member who plays Marie, the fairy godmother. “Cinderella is a story children and adults can relate to. It’s a story of a young girl overcoming obstacles and gaining the courage to fight for what she wants. It’s timely.”

Viewers will be treated to a fast-paced and playful fairy tale with moving sets, magic costumes and flying. Cinderella, forced into a life of servitude must endure a cruel stepmother and selfish stepsisters. With the help of a fairy godmother, she dresses for a ball and meets her Prince Charming.

“‘Cinderella’ is full of classic characters that just about everyone knows. New, fun characters break the mold; new twists on old favorites also shake things up. You’ll recognize all of these folks as the beloved fairy-tale characters you know, while discovering something new about old stories,” Karsten said. “There’s a healthy balance between old fantasy and new, fun innovation in all of our actors and characters. Everyone is working hard. Please come see the show; we know you’ll enjoy it.”

**SHOW TIMES AND LOCATION:** 7 p.m. Nov. 9-10, 16-17, and 2 p.m. Nov. 11, 18 at Clackamas High School theater, located at 14486 S.E. 122nd Ave., Clackamas.

**TO PURCHASE TICKETS, VISIT:** [seatyourself.biz/clackamas.com](http://seatyourself.biz/clackamas.com).

BY SHELLEY MCFARLAND



Junior Grace Hoffman and Junior Samantha Blaine play stepsisters while senior Chinenye Igwe plays the stepmother in Rodgers and Hammerstein’s “Cinderella.”



Junior Lindsey Donohue shines as Cinderella and senior Aivelyn Karsten guides the classic tale as the fairy godmother.

### THE CAST

**CINDERELLA:**  
junior Lindsey Donohue

**PRINCE TOPHER:**  
junior Treythan Reinke

**FAIRY GODMOTHER:**  
senior Aivelyn Karsten

**STEPMOTHER:**  
senior Chinenye Igwe

**LORD PINKELTON:**  
sophomore Isaac Elmore



Joining Cinderella is Prince Topher, played by junior Teythan Reinke.



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La Salle Prep

Winner of the Pulitzer Prize for drama, Thornton Wilder’s “Our Town” uses few stage props to tell the story of everyday citizens in a fictional American town — Grover’s Corners, New Hampshire — at the turn of the 20th century. The limited use of props allows the actors to pantomime their actions using few objects.

“Our Town’ is really a story about all of us, about the human experience: life, love, death,” said drama teacher and director Michael Shelton. “It’s an unassuming play that addresses some of the most powerful experiences of life. It asks important questions of the actors and the audience, and it does so with humor, character and authenticity.”

More than 60 students are involved with the production, including cast and crew. Those working on the project “are learning life skills such as how to collaborate, tell stories, take risks, manage a project, work within a budget and adapt to change,” Shelton said. “They learn the power of community and family and working together to create something beautiful. They learn empathy for others through these diverse characters and stories we tell, and they learn how worthy each and every life is.”

**SHOW TIMES AND LOCATION:** Preview night 7 p.m. Nov. 8 (pay what you can), 7 p.m. Nov. 9-10, 16-17, and 2:30 p.m. Nov. 11 and 18. General admission tickets are available at the door, \$12 for adults, \$10 for students or seniors. La Salle Prep is located at 11999 S.E. Fuller Road, Milwaukie.

**FOR MORE INFORMATION, VISIT:** lsprep.org.

THE CAST

- STAGE MANAGER:** junior Alison Paquio
- EMILY WEBB:** senior Rachel Jones
- GEORGE GIBBS:** senior Alex Ensroth
- MRS. GIBBS:** senior Olivia Cooley
- MRS. WEBB:** freshman Brooklyn Chillemi
- DR. GIBBS:** sophomore Luke Thompson
- MR. WEBB:** senior Tarn Bregman



◀ Left, sophomore Luke Thompson and senior Olivia Cooley act out a scene.

▼ Rehearsals are underway for La Salle Prep’s fall production of Thornton Wilder’s play, “Our Town.” Drama teacher Michael Shelton, below left, has been working with students such as senior Tarn Bregman, below right, to put on the play, which Shelton calls “a story about all of us.” SUBMITTED PHOTOS



Happy Valley Monthly is a special publication of

ClackamasReview

*Publisher’s Note:* Happy Valley Monthly is always on the lookout for story ideas and suggestions from our readership. If you know of an interesting local story or a person deserving of community recognition, please forward tips to afox@clackamasreview.com and include your name and phone number for contact information.

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# NCL chapter supports one of their own

Mother-daughter charitable group helps local woman during cancer scare

The National Charity League is a nationwide nonprofit organization of mothers and daughters finding common ground through philanthropic work. In 2017, the Sunnyside chapter of the NCL had an opportunity to take care of one of their own. Happy Valley mom, Staci Meador, 46, remarried in July 2017 in Maui. It was a new start for Meador and her husband, Josh. But just eight days earlier, Meador had been diagnosed with leukemia. “Prior to this diagnosis, I worked full time as a psychiat-

BY SHELLEY MCFARLAND

ric nurse practitioner and was a busy mom, like everyone else. I ended up in the emergency room due to shortness of breath and heart palpitations, and after a bone marrow biopsy, leukemia was the diagnosis,” Meador said. “Immediate thoughts were confusing, I didn’t believe it was real. Attending doctor’s appointments at OHSU before my hospitalization, I was told that during recovery, I would not be able to do the many ‘mom’ things that I did.” Because of her compromised immune system and the dangers of infection, Meador

Staci Meador, and her daughter Reese belong to the National Charity League, a nonprofit organization focused on philanthropic work. Last year, the mother and daughter, who usually help others, received help from their own chapter. SUBMITTED PHOTOS



could not take care of many common chores, including cleaning her home, washing dishes, tackling dirty laundry, grocery shopping or even

cooking. She could not risk being exposed to germs. “I was devastated and cried a lot after learning this news. Who was going to take care of my family? How could anything get accomplished?” she wondered. “Essentially, I felt that my identity as a mom was being taken away from me. I couldn’t sleep, couldn’t eat and couldn’t concentrate on anything.”

“My doctor reassured me that it was only temporary, but that I may be having a harder time adjusting to the news due to my previous, active lifestyle.” Meador’s children, Ryley and Reese were in their teens and helpful, but dealing with Meador’s cancer was difficult for the whole family. Meador and Reese belonged to NCL, helping others through volunteer work and bonding together and with other mothers and daughters. During Meador’s extensive battle with the blood cancer, the Sunnyside chapter of NCL stepped in to help their own. “When my mom was sick, it

**JOIN NCL**  
Those interested in joining NCL can attend the next meeting from 6:30-7:30 p.m. Wednesday, Nov. 14, at Happy Valley Library, 13791 S.E. Sieben Park Way, Happy Valley.

side chapter President Staci Adsitt with organizing the meal trains and recognizing what the family needed during their trying time. The group even decorated the Meador house for Halloween and kept Meador updated on the activities of the group. The NCL members sent notes and thoughts of encouragement, which Meador said “was very helpful for my mental health.” Today, Meador is in remission after a bone marrow transplant. Her younger sister, Shannon Hughes, was a perfect marrow match, a rare occurrence. Meador has another biopsy scheduled in November, but feels confident she is still cancer-free. As for the NCL, Meador is grateful for their support.

“From my participation in the group, girls learn from the moms with the modeling of responsibility and leadership, and the moms learn from the girls, too,” Meador said. “The philanthropies NCL serves are fun too, like the Oregon Humane Society, Providence Festival of the Trees, the Oregon Food Bank and other local charities. Come join.” Meador has watched Reese grow through the volunteer work, too. They joined when Reese was in seventh grade, and she has seen Reese “grow from a quiet, shy participant to a confident leader within her peer group.” For more information, visit sunnyside.nationalcharity-league.org. To consider becoming a bone marrow donor, visit bethematch.org.



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# Happy Valley woman spearheads blood cancer fundraiser

**Geri Naumcheff set to represent region in national competition**

**G**eri Naumcheff is a volunteering dynamo gearing up to raise thousands of dollars for a cause close to her heart: blood cancer. Naumcheff, a Happy Valley resident and native Oregonian, was attending the University of Oregon when she lost a family friend to blood cancer.

"I had no idea what multiple myeloma was. He didn't look sick, and I learned that many blood cancer patients don't look sick, they don't lose their hair and one day he passed away," Naumcheff said. "It's not a tumor, and I thought, 'shouldn't we have a cure for this?'"

From that experience, Naumcheff gravitated to a career focused on oncology. For the next 12 years, she was in the pharmaceutical industry, specifically hematology sales. Today, Naumcheff works for Adaptive Biotechnologies, a company developing diagnostic testing and next-generation sequencing to look deep into the cells to find cancer.

"What struck me in the blood cancer industry was how educated the patients are. They are involved in support groups, researching and are constantly looking for answers. There are no cures for

**BY SHELLEY MCFARLAND**

blood cancer — none of the blood cancers. These patients are living with cancer for a long time, and there has to be a way we can help them afford it financially and live with it socially," Naumcheff said. "I started looking at ways to get involved and found the Leukemia and Lymphoma Society."

The Leukemia and Lymphoma Society (LLS) is a charitable organization dedicated to helping support blood cancer research. Started in 1949, the nationwide nonprofit also offers financial, emotional and educational support to blood cancer patients.

The mission of LLS is to cure leukemia, lymphoma, Hodgkin's disease, and myeloma while improving the life of patients and their families. Naumcheff has volunteered with four chapters of LLS over the past 10 years and has received numerous awards, including the Chairman's Award for raising \$500,000 for the nonprofit.

"It's so rewarding to raise money that can help pay for drugs, co-pays, transportation to doctor's appointments, or education classes. On the pharmaceutical side of it, I would access the doctors and educate them about the new drugs. With LLS, it's nice to see the patient side of it and tie it all



Julie Davidson, senior campaign manager for LLS and Geri Naumcheff hope to break donation records with this year's fundraising competition.

together," Naumcheff said. "I can see where quality of life is just a little bit better for the patients."

Currently, Naumcheff is representing the Oregon /Southwest Washington/Idaho/Montana chapter in the national LLS Man and Woman of the Year fundraising competition. The event features all-star alumni fundraisers in a fierce competition from March 2 through May 11. Naumcheff hopes to raise \$150,000. For every \$50,000 raised, she can earmark which portfolio of research the money can go to within LLS.

"I really want to get Happy Valley involved. It's a tight community, and everybody supports everybody, mostly.

We have people living with blood cancers in Clackamas and Happy Valley, and they can benefit from the funds raised," Naumcheff said. "My strategy is to get a team of really good people to help me plan fundraising events. I'm working on a barn dance in April for my birthday and a few wine and art events, maybe a fun run, too. We're going to look for corporate partners and ask our neighbors and friends to extend our network."

Last year, more than \$45 million was raised for LLS through the Man and Woman of the Year fundraising competition. Since its inception, LLS has invested over \$1.2 billion in cancer research leading the world as a funder of blood cancer re-

**"We have people living with blood cancers in Clackamas and Happy Valley, and they can benefit from the funds raised."**

— Geri Naumcheff



Geri Naumcheff holds the awards she received for being a top fundraiser for the Leukemia and Lymphoma Society. She recently received honorable mention for Women in Leadership and Management at the North Clackamas Chamber of Commerce Women in Leadership luncheon.

**TO DONATE VISIT: [letsfundacure@gmail.com](mailto:letsfundacure@gmail.com).**

search. Naumcheff not only volunteers for LLS, she is the volunteer adviser for her Eugene sorority, is on the Happy Valley Parks and Recreation Committee, and volunteers for Felines First Rescue.

"My family was always into volunteering. It's all about giving back to the community. We're only here for a little while, and I want to leave a little mark on society, for the better. I stay busy," Naumcheff said.

According to Julie Davidson, the senior campaign manager for LLS, every three minutes, someone is diagnosed with a blood cancer, and every nine minutes someone dies from a blood cancer. She is excited for this year's competition and the

dedicated fundraising by Naumcheff. Ultimately, Davidson hopes the efforts will create more survivors and a cancer-free world.

"Geri is such an amazing advocate for LLS, and the way her mind works is amazing. We are so happy she decided to take on this challenge again. The respectfully relentless approach she has is so valuable. All the candidates can learn from her," Davidson said. "She not only raises funds, but she's been chair of the leadership team and supported student candidates and served as team captain. She's so familiar with this campaign and has really been gearing up for this for years."

For more information, visit [lls.org](http://lls.org).

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Happy Valley residents open new businesses

BY SHELLEY MCFARLAND



RYAN ZOOK

Happy Valley Ciderworks

15875 S.E. 114th Ave., Suite L  
Clackamas

VISIT: happyvalleycider.com



Ryan Zook recently opened a cider business in Happy Valley. Zook has lived in the surrounding area his entire life, the last 18 years in Happy Valley. In the early '90s, Zook experimented with home-brewing and later began experimenting with making cider.

“Five or six years ago, I was looking to start home-brewing again when I came across a recipe for hard cider. I tried it and really liked the result. Craft cider was just coming on, and my experience with commercial cider had been mostly very sweet and syrupy ciders,” Zook said. “I started to experiment with flavors, different juices and yeasts. One of the awesome things about making ciders is the options are endless, as far as flavors and styles that are possible.”

After years of traveling for work in sales and marketing,

Zook was ready to start a new career and stay closer to home. He and his wife, Julie, discussed the possibility of a brick-and-mortar cider business.

“We wanted to do something in the area and had been looking at spaces. We knew we wanted to stay in the area, if possible,” Zook said.

Happy Valley Ciderworks opened Sept. 27. Most of the space is used for making cider, but the tasting room is open for a pint or a flight of tasters; growlers also are sold. Happy Valley Ciderworks also distributes to local bars and restaurants to be sold on tap.

“Making hard cider at home is great, but scaling up to a commercial operation is entirely different. To learn the fundamentals of commercial production of cider, I enrolled in the Cider and

Perry Production course at the Oregon State University fermentation lab,” Zook said.

“At the conclusion of the course I tested for and received a Cider Institute of North America Foundation Certificate in Cider & Perry Production,” he said. “In the classes, I was able to meet and network with cider makers from all over the country, and I have maintained those connections as networking opportunities to share frustrations, challenges and accomplishments.”

By early November, Happy Valley Ciderworks will have its Mt. Scott Dry Cider and Mt. Talbert Semi-dry Cider available in cans. As for opening a new business in Happy Valley, Zook reflects about his community and the small businesses that thrive.

“I’ve seen a lot of growth in Happy Valley, but it still has the spirit of a small community that watches out for each other,” he said. “I’d be happy if my business can become recognized as a part of the community and that we can represent that spirit in everything we do.”



JEFF CURRAN

WILL HAYES



RedLine Athletics

16735 S.E. Ken’s Court, Milwaukie  
VISIT: redlineathletics.com

Happy Valley residents Jeff Curran and Will Hayes have paired up to bring the latest trend in youth athletics to the area. Redline Athletics celebrated its grand opening on Nov. 3 and 4.

“The youth athletics training market is very fragmented and underserved,” Curran said. “Redline Athletics proves me the opportunity to bring together talented sports training specialists in a high-quality training environment that caters to the needs of young athletes.”

The 10,000-square-foot facility features a half-court, regulation-size basketball court, full-size volleyball court, a high-intensity training area with state-of-the-art Performance Rally flooring, Hammer Strength equipment, and two batting cages. Membership can be tailored to a specific sport for athletes at every level.

Private or semi-private group training also is available.

Curran has a background in engineering and land development and has years of experience coaching youth sports from volleyball to high school varsity track. He has served on numerous youth athletic boards. Hayes brings over 21 years of high school level coaching experience

from Clackamas High School, Lakeridge and Central Catholic. More than 40 of his athletes have gone on to play at the D1 level in sports.

Football, basketball, baseball, softball, volleyball, lacrosse and soccer players have all benefited from Hayes’ expertise in speed, agility, and quickness (SAQ) training.

“With the growing competitive environment of high school athletics, and talent no longer guaranteeing a spot on any roster, it’s becoming even more important for youth athletes to focus on improving their performance and perfecting their game,” Hayes said.



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- When leaves fall into the street, rake them at least one foot away from the curb so they won’t block the path of rain water. Please do not rake or blow leaves from your yard into the street.
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MELISSA DUPUIS

Skintique

15733 S.E. Happy Valley Town Center Drive, Happy Valley  
VISIT: skintiquestudio.com

With over 11 years of experience in the aesthetic industry, Melissa Dupuis opened her Happy Valley business in July. A certified advanced aesthetician, master trainer and advanced clinical instructor, Dupuis brings knowledge and know-how to her fledgling business.

Previously, Dupuis worked her trade in West Linn and has trained other clinicians in Tigard at a Advanced Laser Training Facility. A former Happy Valley resident, she remained optimistic that the perfect location for her business would become available.

"I've wanted this location for almost four years. I was looking and nothing was open, and no other location was a good fit for my business. So I subleased a couple of offices in West Linn and a friend called me telling me this space was available," Dupuis said. She quickly rented the space in the Happy Valley Town Center. Currently, Skintique has two

aestheticians, including Dupuis, an office manager and a nurse practitioner, Cheryl Gingras, who handles all of the injectables, like Botox.

"Botox is what drives people in the door. In Happy Valley, I've had more client requests for the hydrofacial. IPL, HydraFacial, and Body Treatments are the top services," Dupuis said. "September business has really picked up. I have my clientele that I treat every month and business is growing every week."

Skintique focuses on noninvasive, nonsurgical procedures like laser skin resurfacing, hair removal, skin tightening, body contouring, microneedling, acne and spot removal, plus injectables.

"I love what I do and feel passionate about it. I hope that I create a place that when people leave, they can't wait to come back and to bring their friends here. These are clinical aesthetic treatments, but I want it to be fun for people, as well," Dupuis said. "I want to address my clients' concerns and make them feel beautiful from the inside out. It's more than just what we see on the outside. For many people it can be a fresh start."



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Our Tree Lighting event will take place from 4 – 6 p.m. at City Hall.

Operation Santa donation drop-off

We are also an Operation Santa donation drop-off site. Visitors are invited to bring new toys and non-perishable food items to be given to families in need in Clackamas County.

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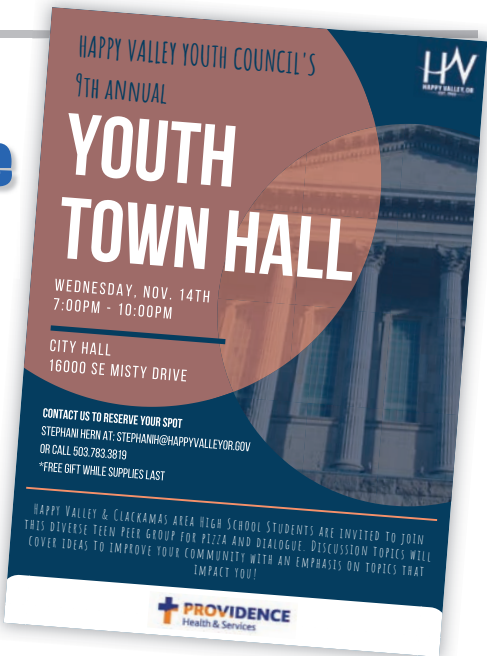
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 Veterans Day

# HONORING ALL WHO SERVED

# Ted and Linda Wolcheck reflect on love and war

**In the busyness of daily life, we often forget about the little moments that make life special. This Veterans Day, Nov. 11, take a moment to thank a veteran — it may be your neighbor, a friend, or a stranger. And if you have a little time, listen to their experiences. To all Happy Valley veterans, active and retired military, and families — **THANK YOU.****

Ted and Linda Wolcheck, like many of their generation, grew up in a post-war America believing that World War II was the war to end all wars. Yet every decade since has proved this untrue.

Ted grew up in Philadelphia, joining the Navy reserves while in high school. After high school, Ted attended college, earning a degree in theology. After 10 years of ministering, he decided to become an Army chaplain during the Vietnam conflict. Trained at Fort Hamilton in New York, Ted then attended jump school at Fort Benning, then served as a chaplain with the 101st Airborne Division. He soon was deployed to Vietnam.

Ted's ministering experience and Army training was put to use in Vietnam where

he performed 30 services per week and was a catalyst in making improvements in nutrition, care and quality of life in local orphanages. He flew in helicopters every day, from firebase to firebase, in combat areas. During the monsoons, he would be driven throughout the area in Quang Trj where engineers would spend their time checking for land mines.

"When I got there, they put me in a tent on top of a hill, with a bunk, and I looked under the bunk, and there was a dog. She looked German shepherd, but she was small. She was afraid, and I took care of her," Ted said. "When I got wounded, I never saw her again."

As an army chaplain, Ted ministered to men who were gravely injured, providing comfort to many who were dying. In-country from 1968-69 Ted was wounded only one month his

one-year tour was up. He was sent to Camp Drake Hospital in Japan to recuperate then reassigned to the 106th Army General Hospital in Yokohama, Japan, where he was reassigned after he recovered.

While in Japan, Ted met Linda, a nurse who grew up in Portland. While putting herself through the University of Oregon Nursing



**Happy Valley residents Linda and Ted Wolcheck spent years in the military. Ted served as a chaplain during the Vietnam War. During the Vietnam War, Linda, a nurse, was stationed in Japan to help the wounded soldiers. The two have been married for 48 years.**

School, now Oregon Health & Science University, Linda enlisted in the Army to help

pay for her final year of nursing school.

Once she finished her

nursing degree, Linda was sent to San Antonio, Texas, for basic training and officers' boot camp. After Texas, she received military ICU training at Fitzsimons Army Medical Center in Denver before being deployed to Yokohama to attend to injured Vietnam soldiers.

After his recovery, Ted met Linda when he was asked by a fellow chaplain to take the ICU nurse skiing. The two fell in love and married in May 1970, immediately moving back to the United States and starting a family, welcoming daughters Lisa and Aimee.

Ted, who earned a master's degree in administration, worked for 19 years as an administrator at Oregon Baptist Retirement Home, now called Parkview Christian Retirement Home. After retirement, Ted volunteered as a chaplain, eventually retiring from Multnomah County's Inverness Jail where he ministered for 14 years.

Linda taught childbirth classes and worked at Portland Adventist Medical Center, in the operating room, which was different from the patient care she had performed during her years in Japan. During her childrearing years, she reduced her hours at work and joined the Army Reserves.

"I did not want a field unit.

so I joined the 45th Station Hospital unit out of Vancouver, Washington. For two days a month and two weeks a year, you go away to work. I was part of an OR (operating room) group, and I enjoyed my time in the military. I was able to keep my job at Adventist," Linda said.

Her 450-person unit was activated for Desert Storm in 1990 and sent to Fort Lewis in Washington. On Christmas Eve, her unit was sent to Germany where her unit was divided and stationed at 11 different hospitals.

"I was sent to a small hospital in Heidelberg that served active military and their families. The other 10 hospitals were expanded to receive incoming wounded from the war zone. I was there for three months, and the war didn't last too long," Linda said. "We would watch the war on the TV in the lounge, during breaks. When we heard the war was over, it took another month before we were sent home."

Linda spent three years active duty and 20 years in the Army reserves, retiring as a lieutenant colonel. She retired after 38 years at Adventist Medical Center, mostly in the operating room and day-surgery departments. Ted spent five years as a Navy air reservist and three years in Army active duty, retiring as a captain.

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Left to right: Sherri Froeber, Jennifer Brownlee, Jena Benologa and Kristin Lunceford. The Happy Valley women set up a table at Clackamas High School to register teen voters.

# Efforts boost voter registration among teens

BY SHELLEY MCFARLAND

In late September, a small group of women friends who live in Happy Valley helped teenagers register to vote. The women set up tables at Clackamas and Rex Putnam high schools during the lunch hour, encouraging junior and seniors to register. “There are so many critical issues we are voting on in November regarding

our schools or how we treat immigrants. I’m hopeful that any young voter is paying attention and will use their voice in the election,” said Debbi Stromberg. “For any young voter, I encourage them to read what’s going on, talk to people and to each other, talk to immigrants and see how people will be affected by the upcoming election and, most importantly, get informed.” For their efforts, the group signed up 28 students.



Left to right: Lisa Bassett, Katie Dunn, and Debi Stromberg help students register to vote in the next election. Younger students were encouraged to pre-register and many students took forms home.

## An Annual Tradition Continues

# Operation Santa Brings Joy to Kids and Families in Need

The Operation Santa Claus program is organized by Clackamas Fire District #1 volunteers and employees. The funding is largely supported by the Clackamas Emergency Services Foundation and donations from members of the community. The season kicks off on November 24 through December 9 by neighborhood parades, donating to collection barrels that are located at all Clackamas Fire District #1 community fire stations and local busi-

nesses, and through a partnership with Clackamas Town Center’s Giving Tree.

During this holiday toy and food drive, fire district volunteers and employees lead Santa’s fire engine parade down neighborhood streets to collect non-perishable food and new, unwrapped toys. The donations are used to fill hundreds of food boxes for families in need. If you or a loved one are in need this holiday season and reside in Milwaukie, you can apply on-

line at [www.clackamasfire.com/operation-santa-claus/](http://www.clackamasfire.com/operation-santa-claus/).

Brandon Paxton, public information officer for Clackamas Fire District #1 said “last year’s Operation Santa collected nearly 57,000 pounds of food and over 8,400 toys to serve over 1,609 citizens and 850 children.”

Please check on our website for a complete list of parade dates and parade route maps at [www.clackamas-fire.com/operation-santa-claus/](http://www.clackamas-fire.com/operation-santa-claus/). If you would like to volunteer at any of our parades or support at our Family and Friends Shopping Night at our warehouse, please contact Peggy Gitts-Hauck at 503-742-2670.



Santa climbs aboard a festive fire truck and collects donated toys and non-perishable foods during a parade that captures the spirit of the holidays.



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HAPPY VALLEY LIBRARY

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November 2018 Library Events

The Library will be closed for Veterans Day, November 12.

ADULT PROGRAMS

Happy Valley Library Book Group

Thursday, Nov. 1, 6:30-8 p.m.

Read the book selection for the month and come to the library to discuss the book with other readers. This month we're reading Euphoria by Lily King. Did you like it or not? Did something surprise you or make you think twice? Come share your thoughts!

Mah Jongg

Fridays, 1-4 p.m.

Those who enjoy playing American Mah Jongg are invited to join our fun and friendly group! Be sure to bring your 2018 National Mah Jongg League cards.

Growing Houseplants

Saturday, Nov. 3, 2-3:30 p.m.

Houseplants are popular in many American homes. If kept healthy and happy, some can even help clean indoor air! But not all plants are appropriate for growing indoors. Master Gardener Kris LaMar will discuss the what, why and how of houseplants so you can add some green to your indoor décor.

Creative Nonfiction Writers Group

Sundays, Nov. 4 and 18, 3:30-5 p.m.

Looking for advice, support, or encouragement with your writing project? This group of writers meets to exchange critique pages, receive feedback, and ask questions. There will also be opportunity to discuss goals and share insights into the writing process. Sign up at the reference desk.

Pinochle Club

Mondays, Nov. 5 and 19, 1:30-3:30 p.m.

Join our friendly group on the first and third Monday of the month to play this fun and challenging card game.

Crafternoon: Origami Boxes and Dollar Bills

Tuesday, Nov. 6, 3:30-5 p.m.

Yuki Martin will show how to fold decorative paper to make colorful boxes and to turn a dollar bill into a fanciful creation. (Please bring your own dollar bill!)

Think It, Ink It: Comix Basics

Wednesday, Nov. 7, 6:30-7:45 p.m.

Want to create your very own comic book? Former Simpson's artist Carlos Nieto III will teach you how! From writing to designing your characters to drawing the panels, every major aspect of the comic book process will be explored. Topics covered include manga, graphic novels, web comics and zines.

Mbira: Traditional Music from Zimbabwe

Thursday, Nov. 8, 6:30-7:45 p.m.

Come listen to Erica Azim perform traditional Shona mbira music of Zimbabwe and discuss its history and cultural importance. The mbira instrument and repertoire has been played for over 1,000 years and is astonishingly complex, yet accessible to listeners around the world.

Veterans' Stories

Saturday, Nov. 10, 3:30-5 p.m.

Veterans of all generations and from all branches of military service are invited to bring photos, memorabilia, and stories to share with others who are interested in learning from first-hand accounts of those who have served. Contact Doug Jones at the library (503-783-3463) if you are interested in sharing.

String-Along

Sundays, Nov. 11 and 25, 2-5 p.m.

Bring your acoustic guitar, fiddle, ukulele or other stringed instrument to the Happy Valley Library and share some tunes with other musicians. Adults of all skill levels are invited to drop in and play some American traditional Bluegrass or Folk music in a casual, jam-style setting. Bring a song you know to share.

Note Night

Wednesday, Nov. 14, 6:30-7:30 p.m.

Enjoy some live music while you browse for books or sit and savor the sounds. This month features Chuck Bolsinger playing an eclectic mix of blues, folk, and country as well as a few originals and a bit of harmonica thrown in for good measure.

AARP NeighborTalk: Caregiving

Thursday, Nov. 15, 10:30-12 p.m.

Most people will become caregivers — or need one — at some point in their lives. A caregiver is anyone who provides basic assistance and care for someone who is frail, is ill, or has a disability and needs help. Are you a caregiver? Will you need one in the near future? Join our next NeighborTalk, hosted by AARP volunteer leaders, to explore the topic.

Classic Movie Night

Thursday, Nov. 15, 6-7:45 p.m.

Relive classic films from the silver screen or enjoy them for the first time. Casual moviegoers and film buffs alike are welcome to come and share a cinematic experience at the library. This month's selection is a 1944 film depicting the (mostly) true story of a four-girl USO team recreating their whirl-

wind tour of Europe and North Africa. Contact the library for movie title information.

Genealogy Club

Monday, Nov. 26, 2-4 p.m.

Searching for family roots? All are welcome to come and share questions, strategies, and organizing tips. Insights are discovered and pathways revealed as we attempt to solve the mysteries of our ancestors' elusive stories!

Board Game Connection

Thursday, Nov. 29, 6-8 p.m.

Gather around a table and connect with friends new and old over board games. Learn a new game or bring a personal favorite and teach someone else! New games will be featured every month.

CHILDREN'S PROGRAMS

Oregon Rocks!

Saturday, Nov. 3, 10:15-11:15 a.m.

For K-5. Dig into rocks, fossils, earthquakes and volcanoes through hands-on activities and rockin' specimens from the University of Oregon's Museum of Natural and Cultural History.

Sign & Sing

Wednesday, Nov. 7, 10:15 a.m.

For ages 2-5. Sing, dance

and learn some signs with Shira from Tiny Talkers.

Build with Blair

Wednesday, Nov. 7, 4-5 p.m.

For K-5. Join Blair each month for a different LEGO building challenge.

Origami Toys

Saturday, Nov. 10, 1:30-2:30 p.m.

For K-5. What awesome toys can you make out of folded paper?

Homeschool Club: Make a City

Wednesday, Nov. 14, 1:30-2:30 p.m.

For K-5. Just for homeschoolers! What makes a community? We'll talk about the parts of a city, then make our own model and map.

Music Quest

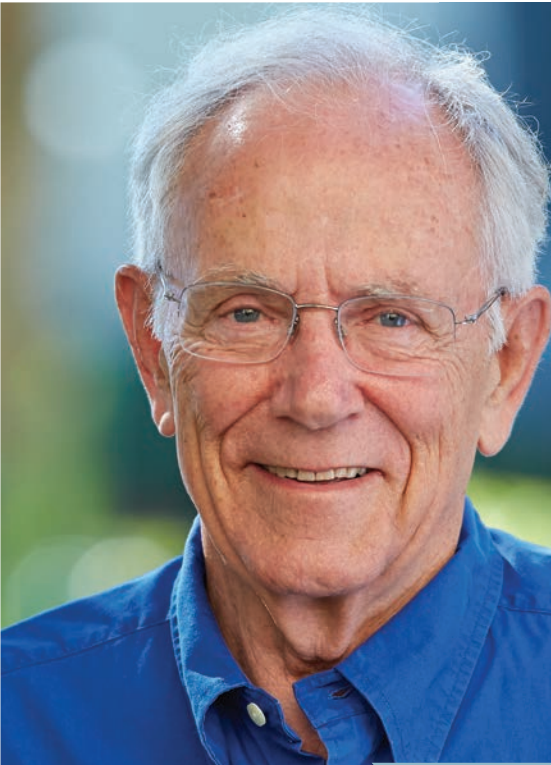
Saturday, Nov. 17, 10:15 a.m.

Go on a musical journey with Ben and his guitar.

Family Pajama Party

Tuesday, Nov. 20, 6:15-7:45 p.m.

All ages. Wear your favorite pjs for a special party at the library, complete with a scavenger hunt, crafts and games.



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# Getting Ahead of the Weather

The cold and rainy season will soon be here and putting in the efforts now to safeguard your property could be the difference between enjoying the season and having to manage a bigger headache. While we have experienced a mild fall so far, it's inevitable that the rain will return, the temps will drop and it will be get darker earlier. The Public Works Department would like to remind you of a few easy steps that you can take to ensure that our streets stay safe and clear:

## Street Sweeping and Street Trees

Low-hanging limbs on street trees prevent the City's street sweeper from keeping your residential streets cleared of debris and pose as a hazard for allowing fire trucks to safely pass in the case of an emergency. This can also prohibit the visibility of drivers and those on foot. To combat this, please be sure that your street trees are properly pruned and maintained. City code 8.08.290 describes proper maintenance as follows:

- Trees and bushes bordering the street must be trimmed to allow clearance of at least seven and one-half feet above the sidewalk level
- Trees hanging over the street must be trimmed to allow clearance of at least eleven (11) feet above the street level
- Trees hanging over an arterial or one-way street must be trimmed to allow clearance of at least fourteen (14) feet above the street level.
- Parking cars off the roadway is another easy way to ensure proper street cleaning.
- Tree maintenance is the responsibility of property owners. Consulting an arborist may also aid in determining if certain trees may pose additional safety hazards.

## Storm Drains

Often forgotten about, it is important to clear your storm drain of debris. This reduces foliage from accumulating and leading to flooding while protecting the health of our rivers and streams, and minimizing lawn pollutants that may contaminate our water supply. If you notice that leaves and debris are blocking your storm drain, rake the vegetation from the catch basin. Do not attempt to remove the grate, but rather focus on the debris on top of the grate only. Place leaves in your yard debris bin for easy recycling or take advantage of the December 8th Community Leaf Drop event. Inspect the storm drain in front of your house or business on a regular basis, especially before a rain storm. Monitor and clean the catch basin in the fall when the trees are shedding their leaves. After a winter storm, maintain the openings to catch basins by clearing away any snow or ice.

## Winter weather

The terrain of the City can make winter driving a challenge. In the event of a winter storm, the City has the equipment and capability to plow, sand or use de-icer to keep our main roads as drivable as possible. Using a priority system to provide the greatest benefit to the majority of the traveling public, arterial and collector roads are cleared first. A map of the snow removal routes can be found at [www.happyvalleyor.gov/services/public-works/inclement-weather-services/](http://www.happyvalleyor.gov/services/public-works/inclement-weather-services/). Residents are advised to consider their vehicle's capabilities before venturing out and be prepared with emergency supplies such as tire chains, gloves, and



Residents and businesses owners are urged to follow City code and assure that trees are trimmed to prevent visibility challenges and ensure emergency vehicles can pass safely.



The City's Public Works team preps the necessary equipment to keep things running smoothly on the roads of Happy Valley despite inclement weather.

hats. For property owners and businesses, be proactive and prepare your driveway and walkway before a storm arrives to curb slips and falls. Local department and hardware stores can recommend safe and effective treatments for this purpose. What is the best way to stay notified? The City's website and Facebook and Twitter pages are great tools for staying updated with current information regarding bad weather and road closures. If you haven't signed up to receive City "alerts" yet, please take a moment to do so on the City website: [www.happyvalleyor.gov](http://www.happyvalleyor.gov). *Thank you for your assistance in keeping our roads clear and safe this winter.*  
— Your Public Works Team

# Women gym owners unite in support of Happy Valley Youth Council

The owners of StarCycle, Aspire Total Fitness, Club Pilates, HV Bootcamp, and Forge Hot Yoga have teamed up to support the City's Youth Council through the first ever Happy Valley Fitness Pass. The HV Fitness Pass offers purchasers an opportunity to try two classes from each of the participating gyms, with proceeds from sales going to support the City's Youth Council.

Consisting of 12 teens from Clackamas High School and LaSalle Catholic College Preparatory, the Happy Valley Youth Council leads projects that have a significant impact on the community. Their initiatives include the Prescription Drug Turn-In event, teen driver safety, and suicide prevention awareness. The group travels to Salem for the annual Youth Summit, where they converse with other youth councils throughout the state, and even ventures to Washington, D.C. to participate in the National League of Cities Conference. Proceeds from the HV Fitness Pass will go to help cover the Youth Council's travel costs to Washington, D.C. and help off-



set any supplies and fees. The owners of these five boutique gyms believe in the youth of the community and are excited to join the City in this effort. By uniting forces, the women hope to give back to the community while connecting with residents who have been wanting to try out their gyms. Ever wondered what a Pilates Reformer is, what HIIT stands for, or simply want to push your fitness to a new limit? Then an HV Fitness Pass might be for you! HV Fitness Passes will only be sold between November 7, 2018-January 31, 2019. The goal is to sell 150 passes, so people are encouraged to act quickly before they sell out.

## Where to purchase:

To register and purchase an HV Fitness Pass, go to the City of Happy Valley website [www.happyvalleyor.gov/services/parks](http://www.happyvalleyor.gov/services/parks)

## Cost:

\$100 per card  
Only one pass per person; individual gym information and rules can be viewed online before purchasing. Purchases may also be made at Happy Valley City Hall.

## Participating Gyms:

- StarCycle
- Aspire Total Fitness
- Club Pilates
- HV Bootcamp
- Forge Hot Yoga



Alyssa McCartney  
Club Pilates



Angela Patrick  
Forge Hot Yoga



Heather Hedges and  
Kelly Mreen  
StarCycle



Holly Yeck  
Aspire Total Fitness



Katie MacLaskey  
Stenhouse  
HV Bootcamp

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