



Lori Frank and Russ Harshberger married at Flathead Lake in Montana after falling in love. The couple are both originally from Montana.

# Couple finds true love online after divorce

By Shelley McFarland  
Pamplin Media

After her divorce, Lori Frank decided to give dating a try. She signed up for a three-month trial membership on popular dating site Match.com and went on a few first dates. Having lackluster results, Frank decided to allow her membership to lapse. But the night before it was set to expire, Frank was bombarded with potential suitor notifications in an effort to retain her membership.

“I decided to keep my membership for another

three months, and that’s when I saw Russ,” Frank said. “Our paths were meant to cross.”

Frank matched herself with Russ Harshberger, a local businessman, and they agreed to set up a first date. Beforehand, they texted a few times to establish a connection.

“The online dating scene can be difficult. I didn’t love it because every first date can feel like a job interview, and sometimes I felt excruciating and I didn’t want to keep doing it,” Harshberger said. “So it’s important to not get jaded and keep putting yourself out there.”

Luckily for Harshberger, he didn’t lose faith and continued to date online. After the initial texts to learn more about each other, the two met for their first date in April 2016 at Nebbiolo Restaurant and Wine Bar in Oregon City, where they immediately felt comfortable with each other.

“We were texting each other on the way to the date and racing to see who got there first. We were goofing around, and we hadn’t even met yet. I knew that we would at least be friends. We were both from Montana and



LORI FRANK AND RUSS HARSHBERGER

See LOVE / Page 2



If your travel plans include an international destination, don’t forget your passport! Processing time can take up to six weeks, so applying early can assure you don’t miss out on fun in the sun!

## You packed your bags, but don’t forget your passport!

City of Happy Valley

If you resolved to travel more in 2019 and international adventure is on the horizon, don’t forget to make sure your US Passport is up to date. If this is still on your to-do list, not to worry. Obtaining your passport is as easy as a visit to City Hall.

Happy Valley began offering passport services in 2010 as a solution to the need for a local facility in our geographic region. The City has several select staff members who are certified passport agents to provide assistance in addition to their regular job responsibilities. In 2018, the City helped process 3,584 passport applications!

Although the process to acquire a US Passport may seem daunting, the City hopes to make this as simple as possible and can walk you through the steps, if needed. To save time, it’s recommended you plan ahead before visiting City Hall,

See PASSPORT / Page 10

# Bushman dusts off his dream

Football coach leaves CHS for job at collegiate level

By Shelley McFarland  
Pamplin Media

Joe Bushman has been a recognizable fixture on the turf at Clackamas High School. For 13 years, the head football coach taught players more than just the fundamentals of the gridiron; he taught them life values and the benefits of hard work and sportsmanship. Recently, he accepted a position as offensive coordinator with the football coaching staff at Lewis & Clark College.

Bushman has a rich football history. He started his college football career, coincidentally, at Lewis & Clark where he studied biology and pre-medicine. After two years, Bushman transferred to Willamette University where he captained the football team his senior year along with being an academic all-American. After earn-

“Some of the highlights are just being in a community that is invested in its kids and getting a chance to teach and coach so many great kids while getting to know their parents.”

— Joe Bushman

ing his bachelor’s degree, Bushman had every intention of continuing on with a postgraduate medical education, but his love of coaching took him in another direction.

“I just fell in love with coaching. I was a graduate-assistant football coach at Willamette University and that’s when I decided to accept a position at David Douglas High School.

See BUSHMAN / Page 15



Joe Bushman is leaving Clackamas High School to be offensive coordinator at Lewis & Clark College. He coached the Cavs football to their first-ever state championship. SUBMITTED PHOTO

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INSIDE

City Council ..... 4

Clackamas Fire ..... 11

Community Garden..... 12

HV Police ..... 14

Library ..... 8-9

City Council begins a new chapter

See page 4

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# Doggie Doo’s: A Friendly Reminder for Happy Valley Dog Owners

City of Happy Valley

Rain or shine, you’ll often find the Happy Valley Dog Park and neighborhoods peppered with people and their four-legged friends. Like many Oregonians, Happy Valley residents love their pups and consider them dear members of the family. But puppy love can go sour if bad manners go unchecked. By following some basic guidelines and common sense, residents and furry friends alike will be able to enjoy this beautiful place we call home.

**Some Basics**

We’re sure everyone knows these main points, but if the comments section on some social media posts are any indication, some pet owners may need a gentle reminder to stay on course:

■ A dog license issued by the City of Happy Valley is REQUIRED for all dogs six months or older within the city limits. This license serves as proof of rabies vaccination in the event your dog bites anyone and allows for speedier reunification in the event your pup gets lost and is found wandering the City. For all the details related to licensing your pet and to get

The Happy Valley Dog Park consists of three dog runs that are available for use. The runs provide an enclosed area for dogs to play and socialize.



the process started, check out [www.happyvalleyor.gov/services/animal-services/license-your-pet/](http://www.happyvalleyor.gov/services/animal-services/license-your-pet/)

■ It is never fun to listen to incessant dog barking or whining, and your neighbors will get frustrated if this is happening and you don’t respond in a timely way. This doesn’t mean your dog shouldn’t bark ever, but when it happens for hours on end, that’s a problem. If your dog creates unreasonable annoyance or a noise disturbance at any time of the day or night, you could be cited by a

City Community Officer. Instead of creating an awkward relationship with your neighbors or receiving a visit from Code Enforcement, find out what the cause is for your dog’s ongoing noise-making and proactively problem-solve the situation.

■ While the City has no formal leash law, you are still required to keep your dog from running at-large and from trespassing on or causing destruction to other people’s property.

■ Cleaning up after your dog is an important topic to note

here. While this activity is not glamorous, it is crucial to keeping parks and neighborhoods tidy. It is also the law. No one likes to step in pet waste and spread it into homes, cars and businesses (cue mental image of the last time you stepped in dog-doo and proceeded to do that weird shoe swipe maneuver in any available patch of grass you could find). Get in the habit of carrying little disposable baggies and discard in the garbage.

**Side note:** Some people bring up the notion that some



**IN THE KNOW**

Owners are encouraged to review the City’s Municipal Code (6.04.030) regarding Animal regulations. A complete run down of all this information and more can be found at [www.happyvalleyor.gov/services/code-enforcement](http://www.happyvalleyor.gov/services/code-enforcement)

ence training class to help you and your dog feel more at ease when hanging out with others.

**Dog Park Etiquette**

Split up into three sections in the south end of the Happy Valley Park, these areas provide ample space for a game of fetch as well as good old-fashioned exercise for pups that need to burn some energy. Here are some points to consider:

■ Dogs may run off-leash in these enclosed areas, but owners need to adhere to the signs indicating size of dog allowed. There is one for small dogs (up to 40 pounds), one for big dogs and one allowing for a combination.

■ You are responsible for your dog’s behavior. When using the dog runs, pay attention to what’s going on and silence your phone or leave other distractions at home, if needed. Sometimes, dogs just don’t get along. If this looks to be the case, intervene early and move to another space or exit altogether.

■ Dogs must be on a leash and under the control of the owner in all other areas of the park. With kids, cars, and a plethora of activities taking place throughout the year, safeguarding your pet’s whereabouts is key.

## Love

■ From Page 1

went to the same college,” Harshberger said. “We had an amazing time, and after dinner we went for a walk to the waterfall and the river.”

The couple spent more than four hours together on their first date and immediately knew their lives would change. When Harshberger kissed Frank that night she “melted” and knew she was in love and had found the man she was looking for. Harshberger knew he was in love earlier in the evening.

“There was a moment when she turned her head the other way and she smiled. I felt like I had known her my entire life when she did that,” he said.

For the next few months, the two were inseparable and Harshberger introduced Frank to his teenage son, Alex. The December following their first date, Harshberger



Though married in Montana, the couple celebrated a reception in Happy Valley at Scouters Mountain.

took Frank back to the Oregon City restaurant to propose. The couple was married at Flathead Lake, Montana, less than a year after they met, followed by a reception on Scouters Mountain for friends and family.

Both Harshberger and Frank grew up in Montana and attended the University of Montana during three over-

lapping years. And although they never met in school, they share dozens of mutual friends from their college years. Frank studied occupational therapy and currently works in health care while Russ studied business administration. Currently, he is the owner of three Snap Fitness health clubs.

“When you’re from Montana



and you’re living elsewhere and you meet other people from Montana, you feel like you’re in a club. You’re instantly connected. All of our friends, including Lori’s ex-husband who was my fraternity brother in college, are all happy for us,” Harshberger said. “We’ve become very close with each other’s friends.”

On finding love, Frank knew



The couple love to hide this sign for each other in unexpected places as a token of their devotion and new life together in love.

wish she could have known him,” Frank said. “I just knew in my heart that my soulmate was out there. I knew that I’d find him and he would be amazing, and we’d be amazing together.”

Today, the couple continues to invest in their relationship, which they say is just as loving and exciting as the night they met. On the weekends they wake up laughing and spend their days together, whether cooking, exercising or playing games. They have a little wooden sign that says “Love you, Babe” that they hide for each other as an endearment.

“The older you get, the more you know yourself. And after going through divorce, you learn even more about yourself because you’ve gone through a hard time. I have a better idea of what’s a good fit for me and what I was looking for. For me, it’s why I was able to fall in love with Lori very quickly,” Harshberger said. “I was so certain about Lori and about us.”



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Service projects with Friends of Trees are great for groups looking to do something together.

HAPPY VALLEY PROJECTS

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**When:** Saturday, Feb. 9, 8:45 a.m. – 1 p.m.  
**Where:** 11418 S.E. Norwood Loop Happy Valley, 97086

ROSE CREEK NATURAL AREA

**When:** Saturday, Feb. 23, 8:45 a.m. – 1 p.m.  
**Where:** S.E. Red Sunset Ave. and S.E. Hines Dr., Happy Valley OR 97015

HAPPY VALLEY PARK

**When:** Saturday, Mar. 16, 8:45 a.m. – 1 p.m.  
**Where:** 13770 S.E. Ridgecrest Rd., Happy Valley, OR 97086

Getting involved in an upcoming Friends of Trees project is simple. To RSVP for any of the dates scheduled in Happy Valley, you can register online by checking out the events calendar through [friendsoftrees.org/event-calendar](http://friendsoftrees.org/event-calendar). Click on the project you would like to attend and fill in your information. That's it!

If you have any questions or would like more details, contact Jenny, Pablo and Carey at [volunteer@friendsoftrees.org](mailto:volunteer@friendsoftrees.org) or call 503-595-0213. They can assist with any special accommodations you might have as well.

\*Volunteers are asked to arrive by 8:45 a.m. to sign-in. Breakfast treats and coffee, tea, or hot chocolate will also be available for volunteers to enjoy. Planting starts promptly at 9 a.m.

# Keeping Our Green Spaces Green

*Friends of Trees needs volunteers to assist in upcoming projects*

City of Happy Valley

Established as a way to improve the urban tree canopy and restore natural areas, Friends of Trees has helped over 750,000 trees and native plants take root and flourish. What started out in a small Portland neighborhood now spans over 120 neighborhoods in six counties across two states.

Friends of Trees will be coordinating several projects in the Happy Valley area to encourage restoration of natural areas and habitats, and improve watershed health. Volunteers of all ages and experience levels are welcome at these community tree planting events. The only requirements are to simply dress for the weather, wear sturdy, closed-toe shoes, and be prepared to have fun!

Volunteers will help plant native trees and shrubs, which not only enhances the aesthetics of the landscape, but cre-



ates long term ecological health of our natural areas. Event registration is highly recommended as this helps ensure there are enough supplies. This includes gloves, tools, and knowledgeable onsite guidance by the Friends of Trees team.

Projects are perfect for individuals or groups. If you've been looking for a way to give back or get involved in a worthwhile cause, assisting with a Friends of Trees project might be a great option. Volunteers under 18 years of age are welcomed, too! The organization does require a youth waiver to be filled out and any youth under 15 years of age will need to be accompanied by an adult.



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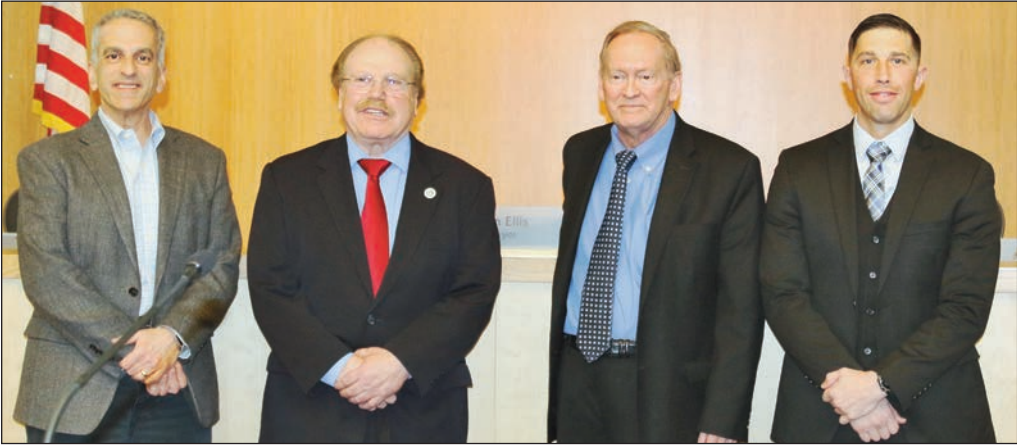
# Happy Valley City Council Begins a New Chapter

## CITYCOUNCIL

At the Jan. 15 City Council Meeting, Happy Valley's elected officials were officially sworn in. Mayor Tom Ellis took a moment to address the crowd, discussing his goals and sharing his excitement in working with the Happy Valley community in his new position.

During the evening, re-elected Councilor, Brett Sherman, was voted Council President. In this role, Council President Sherman will preside over meetings when the Mayor is absent. Together, Mayor Ellis and Council President Sherman joined re-elected Councilor Markley Drake and Councilor David Golobay as your Happy Valley City Council.

As a result of Tom Ellis being elected Mayor, this created a vacancy for the remaining 2-years of Council Position #4. According to the City Charter, the Council has the responsibility to appoint a new member when a situa-



▲ Happy Valley City Council gathers for a group photo.



▲ Mayor Tom Ellis addresses the crowd after being sworn in.



◀ Mayor Tom Ellis completes the Oath of Office.

tion like this occurs. To carry out this task, the City Council determined there would be an open application process to help select the next councilor. A call to action to those interested in serving on the City Council was made. Council convened at their Feb. 5 meeting to narrow down the list of candidates. Top applicants will be asked to participate in interviews with the current Council later this month and

March, if necessary. If you would like to attend a City Council meeting, gatherings are held the first and third Tuesday of each month at 7 p.m. at City Hall. Meetings are a great way to get involved and learn more about City happenings.

## Neighborhood Watch and the Power of Community Led Safety

### PUBLIC SAFETY



STEVE CAMPBELL

Generally speaking, Happy Valley's crime rates are low and the Happy Valley Police Department responds quickly to emergency situations. But that doesn't mean crime doesn't occur. Whether it is a car or home theft, a prank gone bad, or suspicious activity that makes you feel uneasy, being part of a larger safety plan can help you as a resident feel empowered and more in control of your destiny. Neighborhoods in Happy Valley usually consist of tight-knit groups – communities that care about each other and want to stop crime before it happens. That's a big reason why Neighborhood Watch

programs were created. Since its inception in 1972, the National Neighborhood Watch Program has helped bring together local law enforcement agencies and individual citizens in efforts to curb crime. Knowing that residents are often the first to notice something amiss, Neighborhood Watch programs can be an excellent addition to any community safety strategy. The following are steps you can take to get your own Neighborhood Watch group up and running:

**1. Recruit and Organize as many neighbors as possible**

The first step to creating a Neighborhood Watch group is

talking to your fellow neighbors. Find out who might be interested and would want to help you put one together. You may be surprised at how eager your neighbors will be to talk about safety and ways you can collectively encourage this.

**2. Contact the Public Safety Team and schedule a meeting**

The next step is contacting Happy Valley's Public Safety Team, which is comprised of City Community Officers and Happy Valley Police. A representative from this team will come meet with your group at a time that is convenient for you. This person will answer questions, provide consultation,

and collaborate with your group. This can help open lines of communication and demystify misconceptions about law enforcement practices.

**3. Discuss community concerns and develop an action plan**

Neighborhoods don't have to wait for a Public Safety Team member to attend a meeting before you can proceed. It may be helpful for your group to hold an informal meeting to first discuss the concerns and issues affecting your specific neighborhood. Determine what your top three safety concerns are and develop a list

See PUBLIC SAFETY / Page 6



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# ‘Look with your eyes, see with your heart’

*Sparrow Clubs teaches kids compassion for peers in need, gets businesses on board to help*

By Shelley McFarland  
Pamplin Media

Rock Creek has done it again! The middle school has teamed up with Sparrow Clubs USA to adopt a medically fragile child to help pay for health expenses through sponsored community service and fund-raising. The theme for this year's efforts is "look with your eyes, see with your heart."

Last year, RCMS students volunteered 565 community service hours to raise \$3,100 for their adopted sparrow, Oscar Triplett, a 6-year-old boy with extensive medical needs due to hypoxic ischemic encephalopathy, a type of brain trauma occurring at birth. This year, the school, led by the student council, is hoping to exceed 2018 numbers to help a Happy Valley girl.

Meet Roslyn

Last June, Roslyn became lethargic and no longer wanted to walk. The bubbly 2-year-old was diagnosed with hand, foot and mouth disease, a common viral illness. But after a few days of no improvement and more symptoms, her parents took her to the emergency room. Her parents anticipated her improvement after Roslyn was newly (but wrongly) diagnosed, this time with an ear infection. Yet other symptoms appeared, and they returned to their family doctor. Because of her pale skin, Roslyn was given a blood test that showed she was anemic.

Roslyn was admitted to the pediatric ICU at Doernbecher Children's Hospital where she was diagnosed with acute lymphoblastic leukemia. Chemotherapy was started immediately through a surgically placed catheter, or PICC line. After the first round of chemotherapy, doctors replaced the PICC line with a chest port to administer the chemotherapy medicine she receives regularly.

Roslyn's treatments vary, sometimes receiving daily chemotherapy while other times it is spaced out weekly. These treatments will continue for the next two years to maximize results. Currently, she experiences aching and sleeplessness from the drugs.

"We've not really had any setbacks and her prognosis is strong, so we just keep marching on. Right now she's in remission," said Ethan, Roslyn's father. "Remission is not what I thought it was, though. For leukemia, remission means it's no longer measurable, but doctors know the cancer is in her. These various treatments will span two years so the doctors can hit the cancer from different angles to make certain it's gone. If they miss even one cell, it can come back."

To help her in her battle to beat cancer, Roslyn has a dedicated and loving family. Her mom, Colleen, taught for seven years on the East Coast. Dad Ethan works for Hyster-Yale Materials Handling as a process improvement quality manager, and her older brother, Xavier, attends kindergarten. Roslyn is a happy and ac-



SUBMITTED PHOTO

Roslyn is Rock Creek Middle School's newest Sparrow. The school adopted the 2 year old to help pay for medical expenses and support her in her fight against cancer.

tive child who loves to play soccer or practice taekwondo with Xavier. She loves cleaning and watching Daniel Tiger and pie-in-the-face challenges on TV.

"Xavier is a wonderful brother and he does anything to help his sister. He knows what leukemia means; he sees her battle. He shows concern and curiosity and is always there for her. He loves her, and he sees her chasing him and playing with him, too," Colleen said.

Community involvement

The local Sparrow Clubs USA works with Happy Valley businesses to raise funds needed for Roslyn's care. During a recent school assembly to adopt Roslyn, Laura Queen, Portland coordinator for Sparrow Clubs USA, challenged all Rock Creek students to volunteer one hour of community service in Roslyn's name.

Students track their hours on a timecard; their service ranges from helping a neighbor rake leaves to volunteering at a senior center. In return, local businesses have pledged to donate \$10 for every hour worked. This year, those business sponsors include Black Rock Coffee Bar, The Bowl & Berry, Radium Engineering and additional support from P & C Construction.

"At Black Rock, we are big believers in stories. Little Ros-

lyn lives here in Happy Valley, and it's a direct impact on the students to hear her story and to respond with compassion and empathy — all the things that make us human. Within Sparrow Clubs, it's about connection, community and compassion," said Cory Burket, director of franchising operations at Black Rock.

"It's wonderful to be a part of this program that is a conduit for community to implement life values to impressionable kids that, if they allow this to saturate, can be better for it."

Burket hopes that this program will inspire a few kids to continue to help others in the community through philanthropy.

"That one hour of kindness, of compassion, will not only impact their community and Roslyn, but it will impact them personally, too. That is an investment of the next generation of leaders and something they will always remember," Burket said.

Sparrow Clubs USA

The foundation of Sparrow Clubs USA began in 1992 in Kirkland, Washington, when junior high school teacher Jeff Leeland received devastating news. His 9-month-old son, Michael, needed a bone marrow transplant to survive the leukemia he was battling.

See SPARROW / Page 11

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– Steve Kennett, longtime Clackamas County resident, environmental advocate and father of four

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# Community Provides Vision for the Pleasant Valley/North Carver Comprehensive Plan

City of Happy Valley

In general, a comprehensive plan sets guidelines for the future growth of a community by receiving substantial local input and assessing the feasibility of ideas. The Pleasant Valley/North Carver (PV/NC) Comprehensive Plan is the latest example of just such a project. The City's Economic and Community Development Team is currently working with consultants, experts, and the greater community in order to form the foundation of this important plan.

## Why do we need a Comprehensive Plan?

The PV/NC area is within the Portland Metropolitan Urban Growth Boundary. As such, urban comprehensive plan and zoning designations are required by state law. In Oregon, comprehensive plans ensure, through citizen involvement, that land use, transportation, natural resources, housing, economic development and other community needs are planned in a coordinated effort to reflect local needs while meeting statewide goals and rules.

## What does the PV/NC Comprehensive Plan do?

The Plan will provide the framework for the integrated land use and transportation strategy. There are many potential bene-

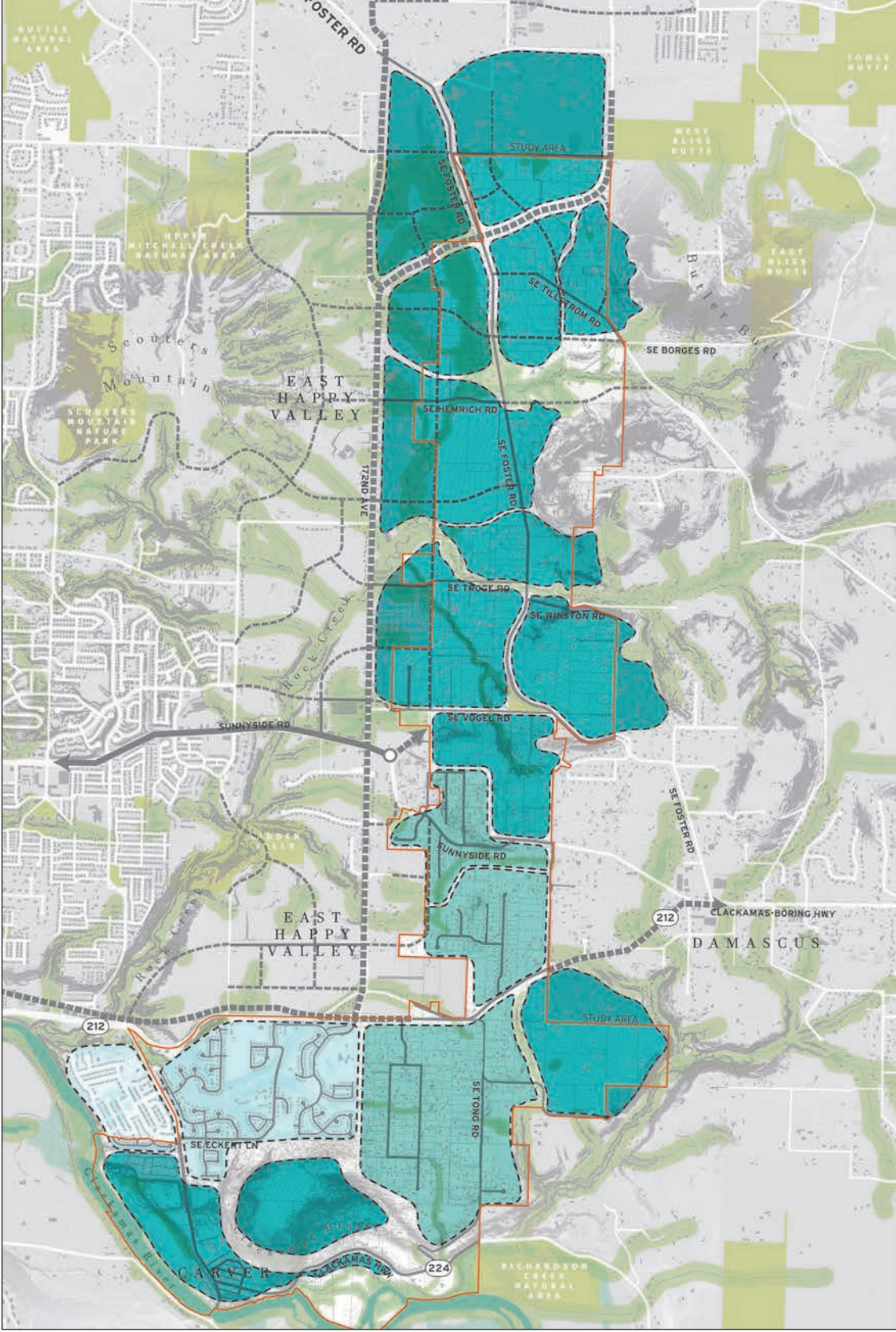
fits such as: safer roads over time; ability to reduce congestion; a riverfront in Carver that people can use and enjoy; housing for those who live and work here; and a well-planned parks and trails system.

## How can the Community help?

Getting involved and sharing your thoughts, ideas, and concerns is crucial to this process. A Community Advisory Committee has been meeting regularly as part of the initial phase of the Plan to help the City gain insight from residents who currently live in the PV/NC area. Meetings serve to fine tune what the needs and interests are of those who are affected. The committee, which invites any resident interested in being part of the process, has helped create the vision of the area's future.

## Can my voice still be heard?

YES! If you would like to get involved or share your thoughts related to the PV/NC Comprehensive Plan, please consider attending the next Community Advisory Committee Meeting set for Mar. 7. The City will also coordinate two Open House events in the Spring which will be dedicated to gaining additional feedback from residents. Stay tuned for details and don't forget to follow us on Facebook or check out the City of Happy Valley website at [www.happyvalleyor.gov](http://www.happyvalleyor.gov) for updated information as well.



**Walkable Neighborhoods Map: Vision for the Pleasant Valley/North Carver area includes a network of walkable neighborhoods (shown here in blue) that highlight the natural beauty of the land. The PV/NC Comprehensive Plan aims to help the community and City engage in a thoughtful process of planning the area's development.**

## COMMUNITY ADVISORY MEETING

**Date:** Thursday, Mar. 7, 2019      **Location:** City Hall      **Time:** 6 p.m.-8 p.m.

### PLEASANT VALLEY/NORTH CARVER VISION STATEMENT

The Pleasant Valley/North Carver area is an integral part of the growing Happy Valley community, and a natural extension of East Happy Valley. The area is comprised of a network of walkable neighborhoods, vibrant mixed-use centers, and thriving employment areas. The natural beauty of the landscape is embraced, the ecological health of the area is preserved and enhanced through environmental stewardship, and nature is made part of every neighborhood. The Carver riverfront has been transformed to include great public access and unique destinations. The area is supported by a resilient and safe network of streets, transit service, infrastructure, high-quality schools, and attractive parks and trails.

### Guiding Principles

- Promote a Sense of Community
- Preserve and Celebrate Nature
- Form Walkable, Welcoming Neighborhoods
- Create Vibrant, Mixed-Use Centers
- Craft Distinctive Places
- Attract Local Jobs and Businesses
- Design a Resilient, Connected Transportation System
- Ensure Regional Fit
- Plan for Fiscal Health

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## Clackamas Junior Baseball 2019 Registration

**Registration closes February 15th!**  
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**Clackamas Junior Baseball is proud to be the feeder program for Clackamas High School**

*All Kindy, 1st, and 2nd graders play at local CHS feeder elementary schools.*



**Happy Valley Police Chief, Scott Anderson, talks with residents during the City's 2018 National Night Out event.**

## Public Safety

■ From Page 4

of goals that your group wants to focus on.

**4. Create a communication plan**

Follow through is key to a successful Neighborhood Watch group. A designated leader can help set the tone and establish routine group practices. Having someone who is good at delegating tasks and setting an agenda is a plus.

Setting meeting dates and times that are consistent will help keep the topic of safety simply part of your neighborhood culture. Additionally, it is important to decide what type of communication will work best for your watch group – generating a contact list to share information through Email is usually helpful, but your group may determine another format works just as well.

**5. Take Action: Hold Meetings and Events**

A Neighborhood Watch Toolkit can be an excellent source to draw topic ideas from. Check out [www.nnw.org/toolkit](http://www.nnw.org/toolkit) to get started. Your participation in Happy Valley's award-winning National Night

Out event is another great way to demonstrate your commitment to safety. By coming together for food and fun, neighbors get a chance to get to know one another and mingle with members of City Code Enforcement, Clackamas Fire District and Happy Valley Police Department.

The City's Public Safety Team is fully trained to support efforts that can help deter crime and create safer neighborhoods. Using concepts and principles from Crime Prevention Through Environmental Design (CPTED), the Public Safety Team can offer tips and suggestions that focus on lighting, landscaping, and user-friendly surveillance practices that make criminal behavior more challenging.

### MORE INFORMATION

At no cost to residents, the Public Safety Team will happily come to your residence in these two capacities:

**Home Security Surveys**

Ever wanted ideas or advice on things you can do to improve the safety of your home? A member of the Public Safety Team will be happy to meet with you at your home. Officers will assess your property and external area of your home and give some insight into ways to maximize your protection. In addition, officers will provide you with guidance on establishing a family safety plan for those unexpected emergencies.

**Vacation Watch**

If you're taking a vacation or will have an extended absence from your residence, you can contact Public Safety and request to have someone from the Public Safety Team check your home during one of their patrols. While this service can't guarantee that a property won't be the target of crime, it could create a deterrent and allow for faster notification to residents if any suspicious activity is observed. To review what this entails and to download a Vacation Check Request Form, go to <https://www.happyvalleyor.gov/services/code-enforcement/residential-vacation-checks/>

To contact someone from the Happy Valley Public Safety Team with questions or to request a representative at your upcoming Neighborhood Watch meeting, call City Hall at 503-783-3800.



# ROOTZ program promotes growth in aspiring teens

**By Shelley McFarland**  
*Pamplin Media*

Laurie Thurston waits by her classroom door on the east campus of Clackamas High School to greet her Rootz students. The English teacher hollers out a compliment or gentle admonishment as the freshmen, under the weight of bulging backpacks, slowly enter her classroom. There, Thurston makes eye contact and connects with each student to keep them on target, not an easy feat with teens holding cellphones. This is ROOTZ, a program designed to support struggling students at CHS.

Thurston currently is in her 27th year as a teacher. While living on the East Coast, she earned an undergraduate degree in psychology and a graduate degree in secondary English education. Poised for social work counseling she chose a career teaching students. In Rochester, New York, Thurston helped develop and direct a program called Crossroads for 17 years aimed at helping high school students keep passable grades and succeed in high school. The program is the basis for her Rootz program. When Hurricane Katrina slammed into Louisiana in Au-

gust 2005, it completely disrupted the lives of its citizens, including school children. Thurston went to the devastated gulf to offer her services. It was a life-changing event for her.

Following her work in Louisiana and two more years in Rochester, Thurston was offered a position as an instructional coach at a small school initiative called Leadership & Entrepreneurship Public Charter High School (LEP), through the Gates Foundation. She started the creative writing program at LEP to help kids who might need an extra nudge to keep them on the path to graduation.

Thurston joined the teaching staff at CHS in 2012. The following year, the district inquired at each high school if there was anyone interested in piloting a program for freshman students to receive individualized attention to help them stay on track with all class subjects. Thurston volunteered and Rootz was born. Rootz is part study hall, part tutoring session where the students can connect with one another, as well as Thurston, to work through challenges.

“With Rootz, we’re getting the kids to focus and create strategies for organization,” Thurston said. “One of the district’s ongoing initiatives is to



**“I want them to be spectacular humans who have confidence in themselves.**

— *Laurie Thurston*

improve freshman success and retention rates. I used to direct a program for students back in Rochester, New York, that focused on exactly this, so I offered to spearhead this initiative at CHS. The purpose of the program is to increase engagement, both academically and socially, to improve their chances of success in high school.”

School counselors work with middle school counselors to create a list of potential candidates for Rootz. The counselors work with teachers looking for students who “do not currently re-

ceive any special-education services, who are bright and want to achieve, and who need an adult advocate to help them navigate high school.” It’s a voluntary program, and students must apply.

“My students typically need support in staying organized, learning how to study, figuring out how to juggle and prioritize the many responsibilities of being a high school student,” she said. “Attendance issues are a challenge for some of them, and they may need support emotionally, as well.”

Some of Thurston's Rootz students have issues with anxiety, impulse control or PTSD. Some have moved several times and have gaps in their learning, while others are dealing with challenging family situations that make the day-to-day task of coming to school even harder. Through it all, Thurston encourages and inspires her students to succeed.

"I think some people assume that students at Clackamas High School have everything they need emotionally, financially and academically. That's an incorrect assumption," Thurston said. "We need to support all members of our school community and meet them where they are so we can help them get to where they want to go."

Over the past five years, Thurston has tailored Rootz to fit the needs of her students. This year was the first of the new physics curriculum for freshmen, and many students have struggled. In an effort to help her Rootz students, Thurston asked the head of the physics department to ask the kids what they needed to succeed. She then created groups that paired specific teachers and kids to help the students better learn the material. Thurston immediately saw the Rootz students' physics grades improve.

Currently, Thurston has 16 freshman Rootz students that she sees in her English classes during a structured study hall class.

"I want them to be spectacular humans who have confidence in themselves. Many of my students have struggled through school academically, socially, emotionally or some combination of all three. By the time they come to my class, many doubt their ability to do well in school," she said.

“Some are ready to give up or expect failure, though they desperately want to be successful. They’re simply not sure how to do that or what it looks like to do well in school. I want my students to earn their credits, sure; but more importantly, I want each one of them to discover the gifts and talents they possess. It’s truly knowing their worth that will provide them the confidence to thrive in school and beyond.”

## HONORING OUR VETERANS

*City of Happy Valley*

**William "Bill" McDonald**  
passed away on his 93rd  
birthday at his home with  
loved ones by his side.

He was born in Colchester, England and settled in the Clackamas County area at the age of 14. After graduating from Milwaukie High School, he served five years in the U.S. Military.

He also enlisted in the Air Force and served in Bavaria with First Radio Relay Squadron. Post military service, Bill attended Reed College and Willamette University, and later became a private practice attorney.

His civic duties included serving as President of the Clackamas Bar Association, Lions Club, Charter Member of the Elks Lodge, Milwaukie Historical Society, North Clackamas Chamber of Commerce and he served on Boards for The Ledding Library, Friends of the Milwaukie Center and Providence Milwaukie Foundation.

He also represented North Clackamas Schools in the early '70s. Bill was a brilliant, stoic, strict man with a loving heart and he will be deeply missed.

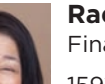


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February 2019 Library Events

The Library will be closed Feb. 18 for Presidents' Day

ADULT PROGRAMS

**American Mah Jongg:** Fridays, 1-4 p.m. Those who enjoy playing American Mah Jongg are invited to join our fun and friendly group! Be sure to bring your 2018 National Mah Jongg League cards.

**Creative Nonfiction Writers Group:** Sundays, Feb. 3 and 17, 3-4:30 p.m. Looking for advice, support, or encouragement with your writing project? This group of writers meets to exchange critique pages, receive feedback, and ask questions. There will also be opportunity to discuss goals and share insights into the writing process. Sign up at the reference desk.

**Pinochle Club:** Feb. 4 & 18, 1:30-3:30 p.m. Join our friendly group on the first and third Monday of the month to play this fun and challenging card game.

**Happy Valley Library Book Group:** Thursday, Feb. 7, 6:30-8

p.m.; Selection: Astoria by Peter Stark. Read the book selection for the month and come to the library to discuss the book with other readers.

**Genealogy Club:** Mondays, Feb. 11 and 25, 2-4 p.m. Searching for family roots? All are welcome to come and share questions, strategies, and organizing tips. Insights are discovered and pathways revealed as we attempt to solve the mysteries of our ancestors' elusive stories!

**Note Night:** Wednesday, Feb. 13, 6:30-7:30 p.m.; Featuring jazz duo Two Bass Hit.

**String-Along Acoustic Jam:** Sundays, Feb. 10 and 24, 2-5 p.m.; Bring your acoustic guitar, fiddle, ukulele or other stringed instrument to the Happy Valley Library and share some tunes with other musicians. Adults of all skill levels are invited to drop in and play.

**Classic Movie Night:** Thursday, Feb. 14, 6-7:45 p.m.; Relive



**At the Feb. 21 AARP Home for a Lifetime presentation, learn how you can prepare your home for safe and suitable living as you age. Participants receive a free HomeFit guide.**

classic films from the silver screen or enjoy them for the first time. Casual moviegoers and film buffs alike are welcome to come and share a cinematic experience at the library. This month's movie is an old-fashioned screwball romantic comedy. Contact the library for movie title information.

**Understanding the Male and Female Brain:** Wednesday, Feb. 20, 6:30-7:45 p.m.; See



**Learn how sign language can be utilized with your baby while you play every Wednesday!**

accompanying story for details.

**AARP Program:** Home for a Lifetime: Thursday, Feb. 21, 10:30-Noon; Research consistently finds that the majority of people age 50 and older want to stay in their homes and communities for as long as possible. Join us to learn what you can do to turn your home into a "lifelong home," suitable for yourself and anyone in your household. All participants will receive a free HomeFit guide.

**Basic Self-Defense:** Saturday, Feb. 23, 2-3:30 p.m. (Adults); Saturday, Feb. 23, 4-5:30 p.m. (Teens); This introductory class is designed to give you practical, effective, easy to learn and implement self-defense techniques and preparations. Based on a foundation of Aikido principles, this class will emphasize non-aggressive ways to neutralize an attack or conflict. These techniques are suitable for individuals of all ages and physical abilities. Please wear comfortable clothing.

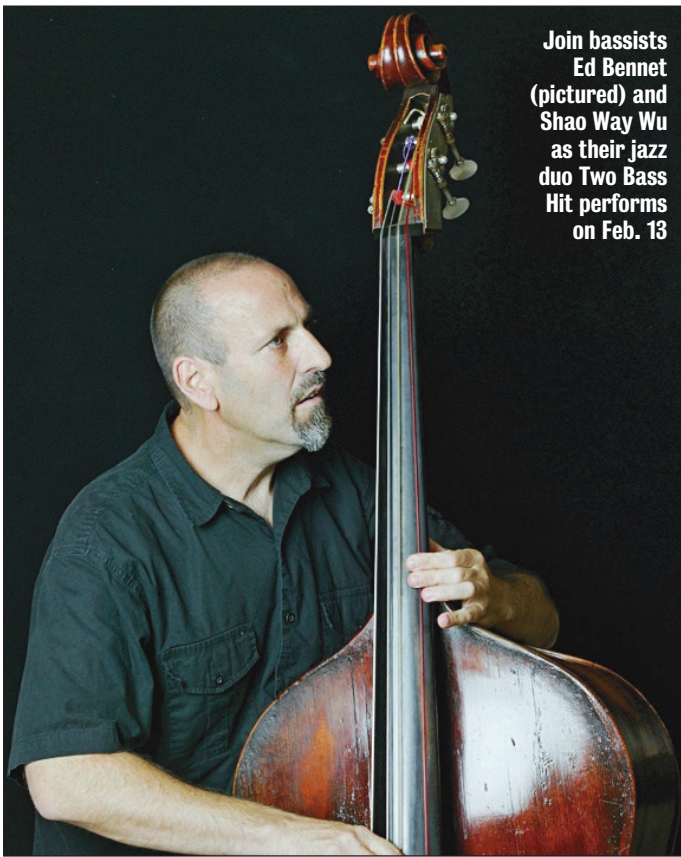
**Board Game Connection:** Thursday, Feb. 28, 6-8 p.m.; Gather around a table and connect with friends new and old over board games. Learn a new game or bring a personal favorite and teach someone else! New games will be featured every month.

YOUTH PROGRAM

**Stretch, Dance, Play! With Iris Nason:** Wednesday, Feb. 13, 10:15 a.m.; For ages 2-5.

**Homeschool Club:** Junior Librarian: Wednesday, Feb. 13, 1:30-2:30 p.m.; For grades K-5.

**Let's Lego!** Saturday, Feb.



Join bassists Ed Bennet (pictured) and Shao Way Wu as their jazz duo Two Bass Hit performs on Feb. 13

16, 1:30-3:30 p.m.; For grades K-5.

**Music Time with Chuck Cheesman:** Wednesday, Feb. 20, 10:15 a.m.; For ages 0-5.

**Sign and Sing with Shira Fogel of Tiny Talkers:** Wednesday, Mar. 6, 10:15 a.m.; For ages 2-5.

**LEGO Creative Building with Blair Archer:** Wednesday, Mar. 6, 4-5:30 p.m.; For grades K-5.

**Sign Language in Play:** Wednesdays, Feb. 6, 13, 20, 27 at 1 p.m.; For ages 0-24 months. Join Christina Schabow from Portland Early Learning to learn another way to talk with your baby, while you play!

**Teen Chocolate Fest:** Friday, Feb. 8, 6-7:30 p.m.; For grades 6-12. It's all things chocolate, with trivia and treats. Check in from 5:30-6 p.m.; doors are locked at 6 p.m.

**Pop Up Cards:** Saturday, Feb. 9, 1:30-2:30 p.m.; For grades K-5. Get crafty with staff from SCRAP to reuse supplies and make awesome pop up cards.

**Mr. Hoo:** Saturday, Feb. 16, 10:15 a.m.; Guitar and kazoo,



Sixth-eighth graders are in for a treat at the Teen Chocolate Fest on Feb. 8.

singing and dancing -- it's going to be a blast!

**Teddy Bear Sleepover:** Tuesday, Feb. 19, 6:15-7:15 p.m.; Wear your pajamas and bring your favorite cuddly for a sleepy storytime and craft. Your stuffed animal will stay overnight for a special party. Pick them up the next day, along with pictures of their adventures!

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# BRAIN TALK: Guest speaker sheds light on differences between men and women

By Happy Valley Library

Tarvez Tucker, M.D. is a professor of neurology in the OHSU School of Medicine, with a special focus on neurocritical care, traumatic brain injury, headache and pain management, and hypothermia after cardiac arrest. She frequently speaks to the public about such topics as traumatic brain injury and sports, and the correlation between love and the brain. Last year, she was even featured in an OregonLive story about the deeply rooted mother-child bond.

Dr. Tucker will present at the Happy Valley Library later this month to discuss similarities between the male and female brain, and further explore some of the differences between the two. Ever wonder if women experience life-events more deeply than men? Or if there are medical conditions more common in one gender compared to the other?

This special lecture is made possible through the outreach efforts of BRAINet (Brain Research and Information Network),



DR. TUCKER

**UNDERSTANDING THE MALE AND FEMALE BRAIN**

**Date:** Wednesday, Feb. 20  
**Time:** 6:30-7:45 p.m.  
**Location:** Happy Valley Library

a “friends group” of the OHSU Brain Institute (OBI). BRAINet members act as ambassadors in the community for neuroscience research and clinical care taking place at OHSU. Their mission is to foster awareness and support for the OBI and for neuroscience research by educating the public and engaging in community interaction.

Dr. Tucker is part of a team of over 400 clinicians, 200 researchers, and 20 departments and institutes that make up the OHSU Brain Institute. OHSU is a national leader in neuroscience clinical care with achievements that include being ranked the Best Hospital in Oregon and its Parkinson’s Disease and Movement Disorder Program, which is nationally recognized.



The human brain is the most complex structure in the universe. Doctors, like Tarvez Tucker, M.D. are passionate about its inner workings and have spent their life’s work uncovering its mysteries. Join Happy Valley Library on Feb. 20 for an educational presentation on the subject and get ready to learn something new!

# Oregon Symphony to Provide Story Soundtracks LIVE at Happy Valley Library!

By Happy Valley Library

We’re all familiar with film scenes that tug at our emotional core because the soundtrack evokes the feeling or mood of the scene. This is because musical scores can help the audience relate more fully to a story and the characters being depicted. What if the books you read were set to music and something similar happened?

The Oregon Symphony intends to explore just that with an upcoming series hosted by the Happy Valley Library. Perfect for younger audiences (ages 2-5), the series aims to enhance the written word by creating a fun musical experience. A reader from the Happy Valley Library will tell the sto-

**EVENT**

DATES: Saturdays: Mar. 2, 9, 16 & 23

TIME: 2:30-3:30 p.m.

LOCATION: Happy Valley Library Community Room

For more information about the series and to watch a video about how it works, visit the Oregon Symphony Website at [www.orsymphony.org/learning-community/families/symphony-storytimes/](http://www.orsymphony.org/learning-community/families/symphony-storytimes/)

ries while an Oregon Symphony musician brings them to life with live music. At the end, kids even get a chance to try the instruments themselves!

This fun and interactive event takes place each Saturday in March, so mark your calendars now!



The Oregon Symphony will be partnering with the Happy Valley Library in March to bring a family friendly series of musical story times. Perfect for younger audiences, the series aims to bring another level of fun and vibrancy to reading by having a symphony musician accompany a read-aloud story. Visit [www.orsymphony.org](http://www.orsymphony.org) for more information.

**Julie Currin, MD, FAAP**  
**Heather Long, MD, FAAP**  
**Ryan Hassan, MD, MPH**

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# Community Partnership Program – Tourism Grant Available

City of Happy Valley

The deadline for the 2019 application submission is 5 p.m. Thursday, Feb. 28, 2019.

Max Request: \$19,000  
Minimum Request: \$250

The City of Happy Valley is again promoting the Community Partnership Program (CPP) that provides funding for tourism-related projects in local communities. The CPP grants are made available by Oregon's Mt. Hood Territory (OMHT). Funding for this grant program comes from the County's 6% transient lodging tax.

Qualifying projects are those that demonstrate the ability to:

- 1) generate overnight stays

in lodging facilities

- 2) bring out of area visitors into a community from more than 50 miles away to recreate, shop, dine or take in the arts, cultural or historic offerings, and/or
- 3) entice visitors to linger longer in a community within Clackamas County

**Acceptable Project Examples:**

- Geocaching Challenges
- Maps, Brochures, and Flyers
- Responsive Websites
- On-line Marketing
- Co-op Advertising Buys
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- Driving or Walking Tours
- Agritourism or Heritage Loops

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- Organized Rides/Runs

Online applications will be accepted until Thursday, Feb. 28, 2019. Once received, a committee made up of community liaisons will make the gifting determinations based on the selection criteria set by the CCTCA. Notice of awards will be emailed by end of Apr. 2019.

**Eligibility:**

CPP grants may be awarded to public, private, or non-profit organizations whose

project(s) demonstrate an ability to benefit the greater public interests of tourism development and promotion. Because this program is funded with public dollars, grants cannot be awarded that benefit religious organizations or private for-profit businesses.

To apply please go to: [www.mthoodterritory.com/grant-programs](http://www.mthoodterritory.com/grant-programs)

**Community Partnership Program Grants**

For more information regarding this program, please visit our website at: [www.happyvalleyor.gov/community-partnership-program-tourism-grants/](http://www.happyvalleyor.gov/community-partnership-program-tourism-grants/)

Any questions, please contact Stephani Hern [stephanih@happyvalleyor.gov](mailto:stephanih@happyvalleyor.gov)



Community Partnership Program (CPP) Grants are made available by Oregon's Mt. Hood Territory (OMHT) for tourism-related projects in local communities, such as Happy Valley.

## Passport

■ From Page 1

just to make sure you have everything you need before you arrive.

Common questions our passport agents are asked:

### 1. When is Happy Valley's passport office open?

Passport services are available Monday, Tuesday, Thursday and Friday from 9 a.m. to 2:30 p.m. and no appointments are necessary. Please note that passport services are not available on Wednesdays.

### 2. What should I bring?

For a first-time passport application, you will need to bring an original certified birth certificate or certificate of US Citizenship. This will be sent in with your application and will be returned to you by mail. A copy will not be accepted. You will also need to bring a check or money order for each application you submit.

### 3. Can someone else bring in my application for me?

No, all applicants need to be present. If an applicant is 16-17 years old, at least one parent will need to be present.

Passport agents at City Hall can help you navigate the application process and get you on your way. Check out the City of Happy Valley website for details about hours of operation and any documents you will need. PHOTO SUBMITTED BY CITY OF HAPPY VALLEY



### WHAT TO BRING

The City of Happy Valley's website provides a list of all the necessary paperwork you'll

need and what to expect by way of fees.

**Visit:** [www.happyvalleyor.gov/services/passport-service/](http://www.happyvalleyor.gov/services/passport-service/) for all the details and download

the required forms.

**US Department of State:** [www.travel.state.gov/content/travel.html](http://www.travel.state.gov/content/travel.html) for further information

ent. For minors 15 years and younger, both parents must be present.

### 4. Do I need to bring a passport photo with me?

You can bring your own photo, but it is important your photo meets the regulations set by the U.S. State Department, otherwise your application may risk being rejected. The City's passport

agents are happy to take your photo here at City Hall for a \$10 fee if you prefer.

### 5. When will I receive my passport?

Current processing time for routine service is 4-6 weeks and expedited service (which costs an additional \$60) is 2-3 weeks. However, February, March and April are the busiest months of

the year and processing times could change. If you have travel plans this spring, make sure you start your passport application process sooner than later.

If you have additional information about obtaining a US passport through the City of Happy Valley, please call 503-783-3800, or email Beth at [bethe@happyvalleyor.gov](mailto:bethe@happyvalleyor.gov).



## CITY OF HAPPY VALLEY

**February 4**  
**Parks Advisory Committee Meeting:** Feb. 4 ; at 6 p.m., City Hall

**February 4**  
**City Council Work Session:** Feb. 5; at 6 p.m. City Hall Council Chamber  
**City Council Meeting:** Feb. 5 ; at 7 p.m., City Hall Council Chamber

**February 12**  
**Planning Commission Meeting:** Feb. 12 ; at 7 p.m., City Hall Council Chamber

**February 13**  
**Happy Valley Youth Council Meeting:** Feb. 13 ; at 6 p.m. City Hall Council Chamber

**February 14**  
**Traffic and Public Safety Meeting:** Feb. 14 ; at 7 p.m., City Hall Council Chamber

**February 18**  
**President's Day:** Feb. 18, City Hall & Library **CLOSED.**

**February 19**  
**City Council Work Session:** Feb. 19 ; at 6 p.m., City Hall Council Chamber  
**City Council Meeting:** Feb. 19 ; at 7 p.m., City Hall Council Chamber

**February 21**  
**Public Art Committee Meeting:** Feb. 21 at 5:30 p.m., City Hall

**February 26**  
**Library Board Meeting:** Feb. 26 ; at 6 p.m., HV Library Community Room

**February 27**  
**HV Business Alliance Meeting:** Feb. 27 at 7:30 a.m., City Hall Council Chamber



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# Helping those in need this holiday season

Clackamas Fire District #1

Clackamas Fire District #1 would like to thank our communities for the outpouring of support for its 44th year participating in Operation Santa Claus.

During the months of November and December 2018, we collected non-perishable food and toys through 15 community parades, partnered with 30 businesses, three schools and collected donations from our community fire stations.

Through the generous donations of the community, we were able to support 500 families this year by collecting 53,771 pounds of food and 8,369 toys.

This would not have been possible without the tremendous support of our community, our staff and volunteer firefighters, area businesses, schools and individual donations.

Your support made a huge difference in our community this holiday season.



▲ Resident, Bob Lowther, drops off new toys during the Operation Santa collection efforts.



Food collected: With the help of residents, Clackamas Fire District #1 was able to collect over 8,000 pounds of food and toys for local families in need this holiday season.

### TRADITION

For the City of Happy Valley, Operation Santa is a special tradition. In 2018, residents again helped celebrate the season by coming together as a community and doing what we do best – looking out for one another and making sure those in need got to enjoy the spirit of the holidays. Volunteers stepped up to

help collect donations during parade nights and assisted the City in hosting a dinner to thank the fire crews for their tireless efforts and commitment to the event. We hope everyone who participated knows that your support is so appreciated. Special thank you once again to Clackamas Fire District #1 for all their hard work. It's great being a partner in making the community a better place!

## Sparrow

■ From Page 5

Leeland and his wife, Kristi, were faced with the reality of not being able to afford the expensive procedure, which cost \$197,000. One of Leeland's students, Dameon, listened to his teacher talking about Michael and the difficulty the family was confronting. The next day, Dameon returned to the school with his entire savings — \$60 — which he gave to Leeland. Other students recognized the kindness and compassion Dameon showed, and they, too, brought in their savings to help Michael.

The students and staff started raising funds. In four weeks, they raised \$227,000 to pay for Michael's transplant. From Dameon's snowballing act of kindness came an avalanche of love from a community banding together to help a child.

Michael survived because of the outpouring of kindness Dameon started. Michael currently lives in Redmond, Oregon, with his wife. Sadly, Dameon died from an infection



Roslyn is fighting acute lymphoblastic cancer which will require two years of chemotherapy.

two years after helping Michael. His gift was more than just money. It was an act of love and compassion that manifested as Sparrow Clubs USA, which to date has helped over 1,300 children nationally. The organization helps nearly 65 medically fragile children every year by partnering with schools and local businesses.

"We are so happy to share Roslyn's story with Rock Creek Middle School and the whole Happy Valley community. Roslyn is a model of

strength and hope, even at such a young age. We're excited to let Roslyn's love shine onto the students and this community and see what they do with her inspiration," Colleen said.

"I know Roslyn will be inspired by all the love she'll get, too. It's a great pay-it-forward movement and a blessing to be a part of the Sparrow Clubs and have the support of the community."

For more information, visit: [sparrowclubs.org](http://sparrowclubs.org).



Roslyn plays with her older brother, Ethan who attends kindergarten in Happy Valley.

SUBMITTED PHOTOS

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### Happy Valley News is a special publication of



## Clackamas Review

**Publisher's Note:** Happy Valley News is always on the lookout for story ideas and suggestions from our readership. If you know of an interesting local story or a person deserving of community recognition, please forward tips to [afox@clackamasreview.com](mailto:afox@clackamasreview.com) and include your name and phone number for contact information.



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## HAPPY VALLEY BUSINESS ALLIANCE COMMUNITY IS OUR BUSINESS!

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### Business Spotlight Speaker: Christine James-Stern, LMT SPIRITED, LLC

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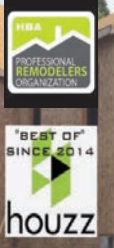
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# Registration Now Open for Happy Valley Community Garden

*City of Happy Valley*

Spring is headed our way and while it may not seem like it yet, Happy Valley will soon see a revival of colorful plant life and longer daylight hours. Whether you are an avid gardener or simply enjoy dabbling in the activity as a hobby, planning now can mean all the difference in what ultimately comes to fruition.

The Community Garden season opens Apr. 15 and extends through Nov. 15 of each year. Located next to Happy Valley Park, the Community Garden is a great place to grow your own fruits, vegetables, herbs and flowers. It is also a great way to meet other residents with a passion for gardening. Raised bed garden plots are available at no cost and come in two sizes (5'X5' or 5'X10').

Between Feb. 1-14, current community gardeners in good standing are eligible to renew their plot at the Happy Valley Community Garden, however a renewal application MUST be received by the Feb. 14 deadline or plots will be re-



Help plants blossom and grow at Happy Valley's Community Garden. The garden is located behind the Public Works shop that adjoins the southeast border of Happy Valley Park located at 13770 Southeast Ridgecrest Road.



(503) 783-3844 or email her at [sherib@happyvalleyor.gov](mailto:sherib@happyvalleyor.gov). Application forms, gardener rules and expectations, and a garden plot map can be found on the city website at [www.happyvalleyor.gov/community/programs/community-garden/](http://www.happyvalleyor.gov/community/programs/community-garden/). You can also pick up an application at the front desk at City Hall.

**TO REGISTER**  
**Community Garden**  
**Contact:** Sheri Bartholomew  
**Call:** (503) 783-3844  
**Email:** [sherib@happyvalleyor.gov](mailto:sherib@happyvalleyor.gov)

**Visit:** [www.happyvalleyor.gov/community/programs/community-garden](http://www.happyvalleyor.gov/community/programs/community-garden)  
**Applications:** Feb. 15. thru Mar. 15 until all spots have been reserved.

The rain has arrived... Don't let the weather come inside!





Photo by Justin Krug

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# 'Under the Sea'

## Theme for annual lacrosse club VIP dance

By **SHELLEY MCFARLAND**  
*Pamplin Media*

Time to don fancy clothes and practice your favorite dance moves. Clackamas High School's boys lacrosse club will host its annual Very Important Person dance 7-9 p.m. Saturday, Feb. 9, at Clackamas High School, 14486 S.E. 122nd Ave., Clackamas.

Now in its eighth year, the annual event is the largest fundraising occasion for the team. Lacrosse at CHS is a club sport and funds received will support the team by updating equipment, paying for field costs and providing scholarships for players.

"The dance is an opportunity for children to enjoy a night out with their VIP at a dance with beverages and desserts. The disk jockey engages the families with great songs, and a photographer will take photos using a theme-related backdrop. Players from the CHS lacrosse team will serve beverages and desserts, greet guests and check coats. It is a special evening for families to spend with their children, dancing the night away," said organizer Veronika Tarshis.

This year's theme is "Under the Sea." Tickets cost \$30 per couple or \$45 with photo (\$10 for each additional child) and can be purchased at [www.clackamaslacrosse.com](http://www.clackamaslacrosse.com).



Happy Valley resident Brian Alfano takes his two darling daughters, Ella and Addison, out to the VIP dance. The dance is a highlight to many young girls who love to spend time with their parent and wear fancy clothes.

SUBMITTED PHOTO

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Thursday: 7:00 a.m. - 5:00 p.m.  
Friday: 7:00 a.m. - 5:00 p.m.



# Annual crab feed to raise funds for CHS baseball

By Shelley McFarland  
Pamplin Media

The eighth annual Crab Feed and Auction hosted by the Clackamas Baseball Booster Association will be held 5-11 p.m. Saturday, Feb. 9, at Club Paesano Cedarville Park, 3800 W. Powell Loop, Gresham.

This year's event will include a live, 100-item auction by Eric Hern, a video from booster club member Ryan Schlunz, dancing to live DJ music, crab dinner and kegs of beer donated by Pyramid Brewing and served by Mc-Cool's Pub & Grill bartenders.

Funds raised at last year's crab feed went to facility improvements and replacement of equipment including a three-wheeler to drag the JV field, carpeting in the Big House hitting facility (used by the junior baseball, high school baseball and softball teams), turf in the varsity visitor bullpen, an on-field hitting cage, indoor practice pitching mound, and replacement parts for the JV field fence.

"John Arntson helps create a program that really begins in kindergarten. He's on the youth board and goes to those meetings; he's a partner in the decisions that affect baseball players from their first game all the way through high school," said event organizer Sharon Koester. "The program prides itself on teaching the young men how to behave in the community and how to set



The Crab Feed and Auction will have thousands of dollars worth of merchandise to bid this year.

a good example. John always tells the kids and their families to act 'first class' and to respect teammates, coaches, umpires, parents and opposing players."

The past two years, the crab feed has included a paddle raise to earn funds for community members in need. The generosity of the attendees raised a significant amount of money to help two families. Moreover, every year, the varsity team hosts a free community Easter egg hunt at the high school. Varsity coaches and players donate their time for the hunt. And in the spring and summer, Clackamas Baseball hosts youth camps to develop players and connect with the coaching staff.

"The camps get the kids fired up about baseball, and the coaches get a huge kick out of the kids. It's amazing to see

how many of the young kids come back to work at those camps as high school players. I know for my son, Max, working at the camps or helping at the youth tryouts was something he worked his schedule around. It was something all those older boys wanted to come back to help with," Koester said. "There is just something about Clackamas Baseball that creates community. Former players come back to coach for the high school and youth programs, and people come out year after year to the auction. Many of these boys had been playing together since elementary school.

Individual tickets cost \$55 or \$500 for a table for 10. The event is sold out, but there is a waiting list. To be added to the list or for more information, visit: [www.clackamasbaseball.com](http://www.clackamasbaseball.com).

# US Bank now open on Sunnyside Road, Jan 15



On Jan. 15 US Bank on Sunnyside Road Celebrated their grand opening with a ribbon cutting by Branch Manager Ryan O'Neil. Light refreshments and music from the CHS Show Guys in Bow Ties.

US Bank is located at 11333 S.E. 82nd Ave. Happy Valley (503) 275-4058 [www.usbank.com](http://www.usbank.com)



# CLASS OF 2019



## Time to register for the Overnight graduation party

The party is designed for students to have a safe and sober celebration after graduation ceremonies. The annual event includes transportation to a secret location where graduates can enjoy activities, win prizes, and celebrate with their classmates in a drug- and alcohol-free environment.

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**FACEBOOK:** [www.facebook.com/groups/920504398141124](https://www.facebook.com/groups/920504398141124)  
**EMAIL:** [Chs2019gradparty@gmail.com](mailto:Chs2019gradparty@gmail.com)

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# I Spy Happy Valley contest

By Shelley McFarland  
Pamplin Media

## How well do you know your city?

Happy Valley has wonderful people, businesses and natural surroundings. Don't let the weather stop you! Get out and explore the city around you. Here are photos of various Happy Valley locations. If you can identify them, take a selfie at each location and tag the City on Instagram at @CityofHappyValley using #ISpyHappyValley. If you successfully capture all five locations, you just might win a prize from the HV Store! Look for more chances to win on Instagram in the upcoming Happy Valley Magazine. Follow us at @CityofHappyValley and use #ISpyHappyValley and look for more chances in the upcoming Happy Valley Magazine.

1. The unique art design on this wall may look like it was drawn out of chalk from a book, but it was painted. Look for the elevator and you'll find it.
2. Yes, there is a labyrinth in Happy Valley! Sit on a bench and contemplate the essence of life while listening to the traffic on Sunnyside Rd.
3. When you walk into this business, the floor will engulf



1

4. Look closely and you will see this light is made of wine glasses that shine with the palette of many colors. You will need the light, too, when painting your masterpiece.
5. Dare to enter The Cave! Only yards away, sit in an Adirondack chair with a glass of wine at sundown and watch the duffers hack the grass.



2



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Details and application at [www.masterrecycler.org](http://www.masterrecycler.org)

## Your Happy Valley Police Department: A Partnership that Works to Keep You Safe

Happy Valley's Police Department consists of eight full-time patrol officers, two sergeants, a traffic officer, a detective, a community service officer, and a police chief. Stationed in the Community Policing Center next to Fire Station #1 on SE King Road, dedicated police services for the City are offered through an annual contract with the Clackamas County Sheriff's Office. While many residents are aware of how this works, the details can be confusing, and it is our hope to explain more clearly how our community's police department is here for you.

The contract with Clackamas County is all inclusive and covers the cost of officers, training, patrol vehicles, insurance and detective services. For a city the size of Happy Valley, this arrangement allows for us to maintain local control and identity of our Police, while being fiscally responsible to budgeting needs. By taking advantage of the ser-



vice functions that a larger law enforcement agency can provide, you as the resident benefits because your safety continues to be a priority. This practice is not specific to Happy Valley. The Clackamas County Sheriff's Office provides contracted services to many neighboring cities as well.

The mission of the Happy Valley Police Department is to assure security, safety, and quality law enforcement services to all people of the City of Happy Valley. Without the contract, the Clackamas County Sheriff's Office will only re-

spond to life threatening emergency calls and response will be based on a sheriff deputy's availability. This is in stark contrast to the service you experience now, where currently there is anywhere between one and two officers on duty per shift 24/7, 365 days per year. Without a dedicated police department, the typical Happy Valley Police response time of 4-6 minutes would double, or even triple, and be responded to dependent on availability with priority to more extreme life-saving calls.

A benefit to our partnership with the County is that Happy Valley Police are truly dedicated to patrolling only the area within City limits. This means that even though the Clackamas Town Center and other businesses off of SE 82nd Drive have a Happy Valley address, they are not patrolled by our police, meaning the Happy Valley police presence is felt here, close to home.

For more information, check out [www.happyvalleyor.gov/services/police-department](http://www.happyvalleyor.gov/services/police-department)



Happy Valley partners with the Clackamas County Sheriff's Office to provide residents with dedicated police service.

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Bushman, seen with his wife Shannon, friends and family, says the successes of Clackamas High School football were a group effort.



Bushman's son Jake is graduating in June, so Joe thought the timing was right to look at coaching collegiate football. Coincidentally, Jake will be joining his father at Lewis & Clark College.

# Bushman

■ From Page 1

My mom was working with the school in a Career Pathways Program and I was trying to decide whether to continue with Willamette or try high school coaching,” Bushman said.

“My choice led me to this path where I met Shannon, and it has all turned out very good. High school coaching was such a fantastic fit though because I was able to coach and teach my own kids. Yet being a college football coach has continued to be in the back of my mind,” he said.

Bushman met his future wife, Shannon, while they were both teaching at David Douglas. Together, they have two children, Allie, 22, who graduated from Linfield College with a business degree in wine studies and Jake who is finishing his senior year at CHS. With Jake graduating in June, Bushman decided the timing was right to dust off his dream and see what life is like as a collegiate coach.

“I was offered the job and I came home and told Jake. Lewis & Clark was one of the schools on his list of colleges he was considering. Shannon and I told him ‘We don’t want to force you to go there, but I’m going to accept the job and if you go, it would be nice be-

cause you’ll have your tuition paid for, but you need to choose this,” Bushman said.

After meeting the school’s coaching staff and teammates, Jake decided to attend Lewis & Clark College where he will be on the football defensive side while Bushman will be an offensive coach.

For Bushman, his departure will be bittersweet. He will give up his position teaching health and P.E., while leaving the incoming football players whom he has coached. Bushman also is leaving a team of coaches he is fond of. When describing his coaching successes or philosophy, Bushman uses the word “we” instead of “I.” He looks at his time at CHS as a group effort with the students, staff, booster club and his family together building a successful football program.

“Some of the highlights are just being in a community that is invested in its kids and getting a chance to teach and coach so many great kids while getting to know their parents. I believe in living in the area where you are teaching and coaching, you get to know everybody to make the biggest difference. That’s really been special to me,” Bushman said. “It’s going to be hard to not see them, including all the teachers at the school, on a day-to-day basis.”

“We weren’t always where we were now. I took over from a legend, Ray Baker. We had some good years out of the

gate, but there were a couple down years and it was tough,” Bushman said. “What I’m most proud of is that we didn’t quit. We dug in and reinvented ourselves and recommitted to the youth program. We developed a leadership council where we trained our kids on how to be leaders. Plus, I had the best staff; you’re only as good as the people who work for you.”

Bushman also invested in the team as a whole by promoting a hard-work ethic and encouraging the kids to stay at CHS rather than transfer to other schools. Together, they worked through football staff realignment and found ways to promote unity through a mantra called “pound the rock.”

“Imagine a guy that’s pounding away at a rock and it won’t break. He’s pounding and pounding and finally, on the one-hundredth hit, it breaks. It wasn’t just that one hit that broke the rock, it was all the hits that went before,” he said. “We presented it to the kids that we are close to a winning season, keep pounding. They all bought into it, and it made sense to us as a program to keep working at it.”

It paid off, the Cavs qualified for the semifinals in 2016, and the following year they won the school’s first football state championship. Over the past three years, their season statistics highlight their success with 36 wins and four

losses.

“It felt like we had arrived. It’s tough because I know next year’s group is really good and we’ll be right in the mix over the next few years,” Bushman said. “They’re such good kids coming up; someone else will get the joy to be with them.”

When asked how he would like to have his time at CHS remembered, Bushman says he wants the kids to know that he enjoyed his time and felt connected to them.

“We cared about them, not only with football, but how they are as men. I hope that they were better for their time

with us and that they will go on to be good men and fathers, good workers and team members. All those life skills we tried to impress upon them, we hope it sticks. I hope we taught them about how to overcome adversity, because it comes to all of us at some point in our lives,” he said.





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# Hot and delicious, Noodle Man

*Traditional hand-pulled noodles served up daily*

**By Shelley McFarland**  
*Pamplin Media*

For many people, food is an experience. It's been said that Chinese food engages the mind, not just the palate, which is true at Noodle Man in Happy Valley.

The popular noodle shop changed owners a year ago and the new owner, Yang Song had to learn how to make the noodles. He trained for six months learning how to pull and twist the handmade noodles, like an intricate game of Cat's Cradle. The restaurant features a large interior window to watch Song, who is there a few days a week, stretch the ropes of dough for 4-5 minutes before they are cooked.

The noodles are made in the traditional Lanzhou Province style. To achieve this, they import flour for the dough from a Chinese supermarket in Hong Kong. The most popular dish at Noodle Man is Lanzhou Beef Noodle Soup, which includes 18 Chinese medicinal herbs mixed together in a seasoning sachet that adds a tasty bouquet to the soup which can help with a cold. The shop has eight employees and have received well-earned buzz about their traditional noodles, being named Best Chinese Noodles by The Oregonian.

The menu changed over the last year to add more options like fried rice, chef's specials and appetizers, they also have bubble tea.

Besides the Lanzhou Beef Noodle Soup, other popular dishes are Taiwan Beef Brisket Tomato Noodle Soup and Sichuan Spicy Pork Wonton appetizer. Noodle Man wants your meal to be a food experience. Order thick or skinny noodles — and if you're still hungry afterward, order more noodles. They'll gladly bring them to you for free.

"Happy Valley has been very welcoming. We have regular customers that come by up to three days a week. One man came 20 days in a row," Song said. "They like the traditional noodles."



▲ Song Yang spent six months learning how to pull and twist the noodles for their restaurant Noodle Man.

◀ Traditional hand-pulled noodles need to be worked for 10 minutes before they can be cooked.

▼ Lanzhou Beef Noodle Soup is the number one best seller at Noodle Man.

**IF YOU GO**

**What:** Noodle Man

**When:** 11 a.m.-3 p.m., 4-9 p.m. Monday-Sunday

**Where:** 15888 S.E. Happy Valley Town Center Drive, Happy Valley

**Phone:** 503-878-5086

**Website:** noodlemanor.com

**"Happy Valley has been very welcoming. We have regular customers that come by up to three days a week. One man came 20 days in a row,"**

**— Song Yang**



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