All abilities park

Ready for grand opening, Oct. 19 See page 14



Want better bones?

OsteoStrong opens See page 12



October 2019 happyvalleyor.gov



Pamplin MediaGroup

ClackamasReview



GOT 🗼 **LEAVES?**

Fall is here and this is evidenced by none other than the heavy blanket of leaves that has descended upon the ground

autumnal landscape is beautiful, this time of year creates some extra yard work for us all. To make things easier for residents, Happy Valley's Public The City's FREE Leaf Works Department is again offering two days this fall when you can drop off your yard debris at no cost to you.

While the



Drop Off days are an

easy way to dispose

of yard debris. Take advantage of this opportunity on Oct. 12 and then again on Dec. 7. City residents will have two Satur-

day opportunities to drop off seasonal yard debris (leaves, woody debris and grass clippings) at the Public Works building for free recycling.

SATURDAY, OCTOBER 12, 2019 10:00 am to 3:00 p.m.

SATURDAY, DECEMBER 7, 2019 10:00 am to 3:00 p.m.

The Public Works building is located at 13910 SE Ridgecrest Road, adjacent to Happy Valley Park.

Residents are responsible for unloading and de-bagging their dropoff materials on-site. This is a residential service only which means no commercial land-

scaping or contractor loads will be accepted. *Remember to bring proof of

residency with you to the event.

Prost! Happy Valley welco Oktoberfest

City of Happy Valley

egend has it that Oktoberfest got its start well over 200 years ago when Bavaria's Crown Prince Ludwig married Prin-

cess Therese of Saxony-Hildburghausen. It was a wildly entertaining wedding with the nuptials being just one activity

among many during a multi-day celebration that included feasting, libations, and even horse racing. The gathering was such fun that it became an annual event. Fast forward to present annual extravaganza. Mt. Angel is famous for its Oktoberfest and various cities throughout the Metro area carry on the

times and the Pacific North-

west is no stranger to this

tradition, too. With oompah music, lederhosen, and steins of cold beer, a party is easy to summon, vet for residents in the Happy Valley and neighboring

areas, those locations can be a trek. Come this October, however, the event will be just a stone's throw away.

See OKTOBERFEST / Page A11



Mark your calendars and get ready for a day of fun at Happy Valley's Harvest Fest and Oktoberfest!



The City has two official ballot drops available. The one seen here is stationed right in front of Happy Valley City Hall at 16000 SE Misty Drive. Another one is located in front of Happy Valley Library at 13793 SE

Make your vote count

City of Happy Valley

Happy Valley has two convenient locations for you to drop off your ballot. Save a stamp and simply submit yours while you're out and about.

The City's official drop boxes are located at Happy Valley City Hall and the Happy Valley Li-

Still need to register to vote? You've got until Tuesday, Oct. 15. If you prefer the old-fashpublic libraries, city halls, oregonvotes.gov



schools, and DMV offices have official forms you can fill out and mail in. You can also register online. Details for all things voting ioned paper option, post offices, related can be found at www.

Pamplin MediaGroup This publication is a partnership between Pamplin Media Group and the City of Happy Valley.



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(HAPPY VALLEY LOCATION)





Happy Valley dedicated police gather before the start of the City's Safety Fair on Aug. 22.

Happy Valley Public Safety Levy returns in November

We have compiled a list of commonly asked questions and answers that we hope will clarify the key issues related to this levy.

Q. What is the **Happy Valley Public Safety Levy?**

Measure 3-551, a public safety levy, has been referred to the ballot for the voters' consideration. If the safety levy passes, a property tax rate of \$1.38 per \$1,000 would be assessed. This is the same tax rate that has been assessed since 2002. All funds collected would be spent on dedicated police services in Happy Valley, which is established by an annual contract the city has with the Clackamas County Sheriff's Office. If this measure passes, collected taxes would be in addition to the city's permanent tax rate of \$0.67 per \$1,000 of assessed value.

If the safety levy does not pass, taxpayers would not pay \$1.38 per \$1,000 to the city and dedicated police services in Happy Valley would be eliminated.

Q. If the levy passes, how much property tax would be assessed?

Persons who pay property tax would not see any change in the tax rate compared to



Officers wear a branded Happy Valley police patch, signifying their assignment with the City.

previous years. Since 2002, Happy Valley property owners have been taxed at the same rate of \$1.38 per \$1,000 of assessed value. That rate is effective through May 31, 2020. If the levy passes, property owners would continue to pay a rate of \$1.38 per \$1,000 assessed value for another five years, the duration of the vided in Happy Valley.

Q. How have police services in Happy Valley been funded in the past?

Since 2002, Happy Valley property owners have paid taxes to fund dedicated police services. Residents have been taxed at a rate of \$1.38 per \$1,000 per assessed value (approximately \$483/year for a home with an assessed value of \$350,000). This tax money is utilized specifically to cover law enforcement costs, which are paid through an annual contract with the Clackamas County Sheriff's Office. This annual contract specifies the dedicated police services pro-

Q. What would happen if the levy passes?

If the levy passes, citizens would continue to receive dedicated police services in Happy Valley. Through the continued levy funding and increased assessed value due in Happy Valley to growth, the City will main-



The Happy Valley Police Department is stationed at 12915 SE King Road.

tain our current level of service and add additional officers and programs. Persons who pay property tax would continue to pay \$1.38 per \$1,000 assessed value. The city would continue to contract with the Clackamas County Sheriff's Office for its law enforcement needs.

Q. What would happen if the levy does not

If the levy does not pass, there would be no dedicated police services in Happy Valley and none of the following

- services would be provided. ■ Dedicated police patrols
 - Happy Valley Police De-

partment

- Proactive crime preven-
- tion services ■ Proactive traffic enforcement
- Proactive traffic enforcement (including enforcement in school zones)

Q. If the levy passes, how long would the property tax be assessed?

Five years. The levy would be put on the ballot for voters' consideration after five years.

Q. Were other funding options considered?

The City's permanent tax rate is \$0.67 per \$1,000 of assessed property value and cannot be increased. The passing of Measures 5 (1990) and 50 (1997) set limits on the amount of tax levied on property values for schools and set a permanent tax rate on all tax districts in Oregon. Due to these measures, Happy Valley's permanent tax rate of \$0.67 cannot be increased. The City Council referred this measure to the voters after considering information and research conducted by the Traffic and Public Safety Committee.

Q. How are property tax revenues distributed?

The City's permanent tax rate is 4% of the property tax assessed. If the safety levy passes, it would account for 8%. This is the same percentage property owners have already been paying. The rest of the tax bill goes to schools, Clackamas County, and other service districts.

Q. What are the permanent tax rates in the region?

Happy Valley's current tax rate is \$0.67 per \$1,000 of assessed property value. If the safety levy passes, residents would pay a total of \$2.05 for City and law enforcement services. This amount includes the City's tax rate of \$0.67 and the levy amount of \$1.38.





SUBMITTED PHOTOS

City leaders, school principal, students and North Clackamas School District representatives officially cut the ribbon to open Beatrice Cannady

New school year in new digs

Beatrice Cannady Elementary School welcomes its first students

By SHELLEY MCFARLAND

The opening of the new Beatrice Cannady Elementary School was celebrated with a ribbon-cutting ceremony and community open house in September. Construction of the school began in April 2018.

"The open house was great because it was the first welcoming opportunity, and everyone is excited. We were able to share our vision of the school being a place where everyone gets to come, and everyone is loved regardless of your identity or race. This is a place for you," said Dianna Ngai, BCES principal.

"This is your school family, your home away from home, and your safe place. It's a diverse community, and to be represented by Beatrice Morrow Cannady and her work in

our area was monumental." The students will learn about the school's namesake

through lessons.

'We are going to be a school that teaches equity and civil rights and how we can support people in our community," Ngai said.

Cannady (1889-1974) was the first black woman to graduate law school from Oregon. She fought for civil rights in Oregon and was editor of the Advocate, Oregon's largest African American newspaper at the time.

The construction budget to build the 61,700-square-feet school was \$25,555,891 with **Robinson Construction costs** coming in at \$25,123,793. Nearly 400 students attend the 25-classroom school with a capacity of 550.

ture designed the school, which includes areas bathed in natural light and mature Douglas fir trees that were preserved and surround

BRIC Architec-



Above: The new elementary school features a library

living room feel where the center of the school is an open-concept library.

Left submitted photo: Beatrice Morrow Cannady left an indelible mark on Oregon's civil rights.



CITY OF HAPPY VALLEY

<u>Oct. 7</u>

Parks Advisory Committee: 6 p.m. at City Hall

Oct. 10

Traffic and Public Safety Meeting & Open House: 7p.m. at City Hall Council Chamber

Oct. 12

Harvest Fest & Oktoberfest: 11 a.m.-10 p.m. at Happy Valley Park

Leaf Drop Day: $10 \ a.m.-3$ p.m. at Public Works Building 13910 S.E. Ridgecrest Road, adjacent to Happy Valley Park

Oct. 14

Youth Council: 6 p.m. at City Hall Council Chamber Oct. 15

City Council Work Session: 6 p.m. at City Hall Council Chamber

City Council Meeting: 7 p.m. at City Hall Council Chamber

Oct. 17 **PVNC Community Advisory Committee** Meeting: 6 p.m. at City Hall Council Chamber

Oct. 19

All Abilities Park Grand Opening: Noon-2 p.m. at Happy Valley Park

Oct. 22

Legislative Forum Open House: 6:30 p.m.-8:30 p.m. at City Hall

Oct. 23

HV Business Alliance Meeting: 7:30 a.m. at City Hall Council Chamber

Oct. 24

State of the Arts Community Forum: 6:30 p.m. - 8 p.m. at City Hall

Oct. 30

Design Review Board: 7 p.m. at City Hall

Council Chamber

Parks Advisory Meeting: 6 p.m. at Happy Valley Library

City Council Work Session: 6 p.m. at City Hall Council Chamber

City Council Meeting: 7 p.m. at City Hall Council Chamber

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Real Estate REVIEW



October Real Estate Review

September Sales Update: Our "seat of the pants" report on home sales in Happy Valley & Damascus says: "sales of existing homes are good, sales of updated existing homes are great, and new homes sales are good because of a shortage of updated existing homes".

Is it time to invest money in the exterior of your home? Fall is upon us! How is your roof holding up? How about your gutters? When is the last time you looked in your crawlspace? Is it wet? Is rain runoff undercutting your patio or deck foundation? Masonry chimneys and skylights should be checked for water intrusion. Is your water meter running when you aren't using any water? Grab your hat & coat, check around the exterior of your home next time it's raining cats and dogs!

How do I find the right contractor? Good contractors are busy and they usually do estimates soon. Expect several weeks out to start the work! Get a few estimates, and confirm they are licensed & bonded. We have a list of contractors we recommend, without any compensation to us!

Chris Olson & Jill Rowland of Burns & Olson Real Estate in Damascus, have 33 years of licensed real estate experience. Got a question? Just give us a call, let's talk Real Estate!

Want to talk Real Estate? Just call or text us!

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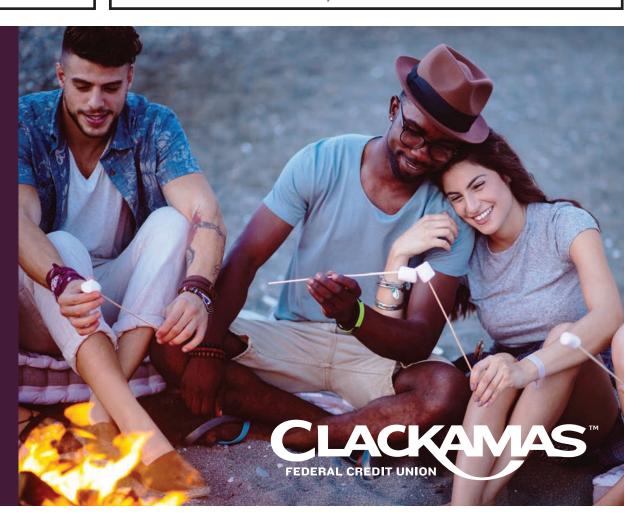
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Easily use your card by adding it to your mobile wallet 3

1: APY= Annual Percentage Yield. Rates effective as of 5/03/19 and subject to change at anytime 3.00% Rate applies on balances up to \$15,000. Balances above \$15,000 will earn 0.25% 12 debit card purchases must post and clear during each monthly qualification cycle to earn the stated rates. ATM, ACH, Bill Pay, and merchant returns do not apply. 2: Up to \$25 per month in 3: Mobile Wallet available for Apple Pay, Samsung Pay, Google Pay, Fitbit Pay, and Garmin Pay. Federally insured by NCUA.





the safety, livability and character of our community.





Tom Ellis 503-783-3800



Markley Drake

Brett Sherman

Council President 503-783-3800



503-290-6023

Councilor



Councilor 503-807-2979

David Golobay



David Emami Councilor 503-783-3800

HAPPY VALLEY CITY COUNCIL Council Meetings are held 1st and 3rd Tuesdays of the month at 7 p.m. at City Hall 16000 SE Misty Drive Happy Valley, OR 97086 (503) 783-3800 www.happyvalleyor.gov



TOM ELLIS

s your Mayor, I've learned that I can't accomplish anything alone. It takes a cohesive City Council, willing volunteers to serve on committees, and dedicated staff members at City Hall. In addition, we rely heavily on our local legislators advocating for our community in Salem. Since my time as Mayor started, I've had the privilege to meet with all our senators and representatives. Let me tell you, we are incredibly fortunate to have bipartisan representation in Salem from legislators who are interested in doing what is best for the community.

This is why I'm excited to announce that the City Council and I will be hosting the City's first Legislative Open House on October 22, 2019 at City Hall. This



A COMMUNITY CONVERSATION

TUESDAY, OCTOBER 22, 2019

HAPPY VALLEY CITY HALL





Join us for an informative and meaningful gathering that will give residents a chance to interact with legislators who represent the area.

will be an evening where residents can hear from legislators on issues they worked on in 2019 and their priorities for the up-

coming 2020 legislative session. In addition, it will be an opportunity for all of you to tell us what's important to you so that

we all can serve you better. The evening will include a chance for residents and elected officials to talk casually about issues important to them and the commu-

Not sure who represents Happy Valley? Here is the list of those legislators who serve districts that include portions of Happy Vallev:

■ Senator Fagan

■ Senator Thomsen ■ Senator Olsen

■ Representative Bynum

■ Representative Drazan ■ Representative Reardon

Legislative Forum Open House

When: Oct. 22, 2019 at 6:30-8:30 p.m.

Where: City of Happy Valley City Hall: 16000 SE Misty Dr., Happy Valley, OR 97086

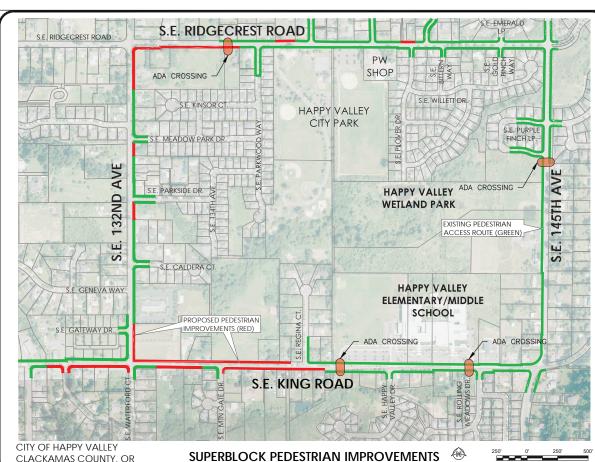
Superblock Sidewalk Improvements

CITYCOUNCIL

e know that one of the most active places in our community is Happy Valley Park. Unfortunately, there are a few critical sidewalk gaps that connect the surrounding schools and neighborhoods to this main area. We've observed residents walking in the street to get to Summer Concerts and we've heard the concerns from residents about this at City Council Meetings. To that end, earlier this year, we directed our staff to coordinate plans and engineering designs to fill these critical sidewalk gaps. Just last month, we received an update on the project and wanted to share the news with all of you.

As you might imagine, some sections of missing sidewalk are easier to complete than others. Often, completing sidewalk gaps is more complicated because it requires the movement of power lines, improvements to the storm drainage system, and minor road work. To get as much of the project completed as soon as possible, you will notice phasing of this overall

This coming Winter, our



team is going to tackle the first phase which will include completion of smaller gaps along Ridgecrest Road and 132nd Ave. In addition, the

CLACKAMAS COUNTY, OR

City will be installing midblock crossings on King Road next to the schools and on 145th Ave to connect neighborhoods.

We are hopeful the City can complete additional phases next year. These remaining phases include a few of the longer stretches of sidewalk.

Much more coordination with adjacent property owners, the utility companies, and others is required to bring this overall package together.

CURRAN-McLEOD, INC

corresponding

map shows

the scope of

superblock

project that

will create a

walkable area

within Happy

Valley. The

project aims

to increase

pedestrians

and provide

opportunities

for those

wanting to

explore the

community.

and motorists

safety for

both

more recreational



Quality Award



We are proud to be a recipient of the 2019 Silver Achievement in Quality Award which spotlights providers across the nation that have demonstrated their dedication to improving the quality of care for residents and patients. The meaningful impact that we have been fortunate to make in the lives of residents and their families for

over 17 years in Clackamas

would not be possible without the hard work and dedication of each employee at our community. It is our commitment to help each individual lead a purposeful life by providing personalized care services.

We'd love to hear from you! 503-698-1600

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NWPC.COM

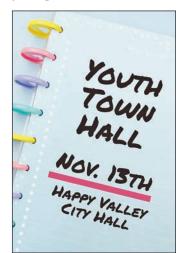
503.659.4988

Save the date for Happy Valley's annual Youth Town Hall

ATTENTION local teens!

City of Happy Valley

Join us at this year's Youth Town Hall. Happy Valley and Clackamas area high school students are encouraged to attend an informative and interactive event centered on issues affecting youth. Discussion topics will focus on ways you can get involved in your community and make a difference! Don't forget to follow the City on Facebook and stay tuned for all the details about the event and how to reserve your spot.



Protect your family with a fire escape plan



CLACKAMAS FIRE DISTRICT

October is Fire Prevention Month! This year's theme is Not Every Hero Wears a Cape. Plan and **Practice Your Escape!**

Create a home escape plan and review it with members of your family, especially children. Draw a map or layout of your home. marking two exits from every room and path from each exit to the outside. Mark the location of all smoke alarms in your home. There should be at least one on every level, in each bedroom, and near all sleeping areas. Test the alarms monthly to ensure they are working. Pick a meeting place outside in front of your home where everyone will meet upon exiting. Make sure everyone knows how to call 9-1-1 from a cell phone or a neighbor's phone, once household members are safely outside.



This month, commit to making an escape plan that all family members can utilize in the event of a

During October, please join us at an Open House for a station tour and learn important fire and life safety information.

OCT. 5, 1-3 P.M.

Damascus Station 19 19750 SE Damascus, Ln. Damascus

OCT. 12, 1-3 P.M.

Happy Valley Station 6 12901 SE King Rd., Happy Valley

OCT. 19, 1-3 P.M.

Oak Grove Station 3 2930 SE Oak Grove Blvd., Milwaukie

OCT. 26, 1-3 P.M.

Hilltop Station 16 19340 SE Molalla Ave., Oregon City

OCT. 31, 6-8:30 P.M.

Eagle Creek Station 18 32200 SE Judd Rd., Eagle Creek

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This publication is a partnership between **Pamplin Media Group and** the City of Happy Valley.





Publisher's Note: Happy Valley News is always on the lookout for story ideas and suggestions from our readership. If you know of an interesting local story or a person deserving of community recognition, please forward tips to afox@clackamasreview.com and include your name and phone number for contact information.



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WHAT YOUR DOCTOR'S NOT TELLING YOU ABOUT OVERCOMING OSTEOPOROSIS NATURALLY

If you or a loved one is suffering from Osteoporosis, discover alternatives to help reduce or overcome the disease once and for all.

FREE StrongTalk Seminar OCTOBER 17 (Thursday) @ 5:15 pm

- Why bone health has become overlooked by the medical establishment, & why you should care about it.
- The real role of dairy & supplements in your body's health.
- A little known nutritional secret for better bone health.
- Why simple heartburn might be worse for you than you think.
- The big news in science & technology that is helping those suffering from Osteoporosis.

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MorningStar Senior Living of Happy Valley opens its door in October to new residents

setting. Showcase rooms are available to tour.

By SHELLEY MCFARLAND

The building features 87 suites, studio, one-bedroom and two-bedrooms in a luxury setting complete with outside entertainment

space and a full dining room. The community is licensed to care for 109 residents.

With headquarters in Denver and 27 communities nationwide, the 83,304-square-foot

Happy Valley location is the second to open in Oregon; its sister community is located in Beaverton.

"We've received warmth and excitement from Happy Valley. We want to leave the place better and improve

every community we enter," said Leslie Webb, MorningStar's Regional VP of Sales. "Our team has done a great job getting involved with the chamber and the farmers market. We are investing in the community and excited to be here.

Prices range from \$3,750 to \$6,400 per month, depending on the unit. Services included are laundry, housekeeping, three chef-prepared meals a day, nursing oversight, daily activities for life enrichment, and all utilities including cable TV. Individualized medication management and care services are available. Monthto-month rental are available as are respite stays for seniors who want to try assisted living without commit-

"It's through these programs like the life enrichment and personal care plan that we treat the whole person and family attached. We strive to be multigenerational. On any given day, you'll see adult children and grandchildren here to visit their senior family.

This \$27 million project includes secure memory care. Every team member goes through MorningStar's two-day dementia training program called Lavender Sky "so they have an understanding of the process of dementia, how it presents itself, and how to guide someone who is experiencing it.

Webb encourages people not to time can be beneficial when assistance is actually needed.

Learn more

WHAT: MorningStar

ADDRESS: 14391 S.E.

PHONE: 503-360-0883

ONLINE: morningstar

seniorliving.com

Princeton Village,

Senior Living

Happy Valley

"When talking about senior living, there really has been a paradigm shift. There is no comparison, because this style didn't exist 45 years ago. Many of that generation just

tightened their buckle and got through it with pride," Webb said. "We have to help our elders understand that there are better choices now and that new isn't always scary. It's different now, and assisted living at MorningStar is about thriving for our residents.'

Leslie Webb, senior director of sales, says We are investing in the community and excited

to be here.

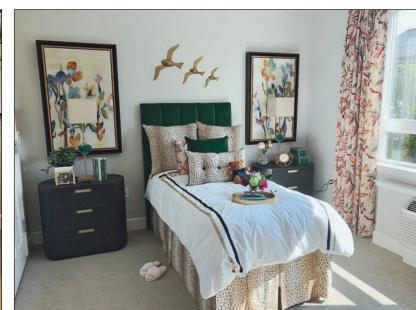


PHOTO CREDITS: SHELLEY MCFARLAND





wait. Making preparations ahead of Different suite options are available from studio to two bedroom.





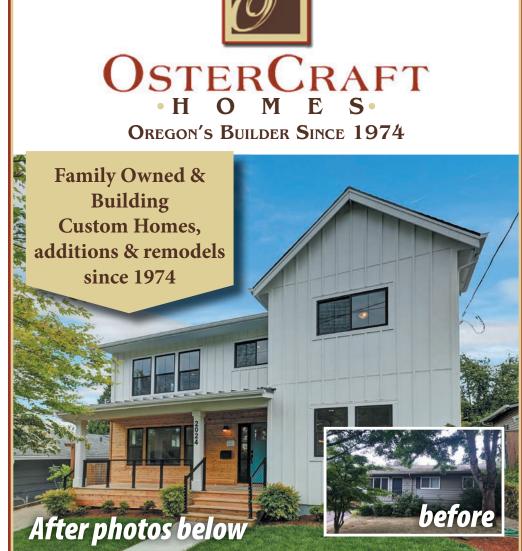
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Advisory Committees provide recommendations on Comprehensive Plan land use

City of Happy Valley

On Sept. 19, the Pleasant Valley North Carver Comprehensive Plan (PVNC) **Community Advisory Com**mittee (CAC) convened for a brief meeting to review its recommended land use, transportation, and employment area plans that are currently being analyzed and modeled.

A Land Use Plan, also described as a conceptual zoning map, has been created to help visualize the ideas being discussed. This recommendation,

COMMITTEE MEETING

Thursday, Oct. 17

Council Chambers

6:00 p.m.

Happy Valley City Hall

PV/NC COMMUNITY ADVISORY

Why have a Comprehensive

Every six years, the Metro Council is

tasked with reviewing and reporting on the

land supply. During this exercise, Metro esti-

mates the projected population and employ-

ment growth for the region over the course

of the next 20 years and, and if necessary,

adjusts the Urban Growth Boundary (UGB)

portation system proposal, is currently being modeled by the City's consultants. The modeling exercise will produce insights into how the CAC's recommendations will perform in concert with one another, as well as point out possible discordance between the plans and proposals. The results of the modeling are anticipated to be shared at the

upcoming Oct. 17 meeting. In addition to the professional and technical expertise provided by the Technical Advisory Committee (TAC), the

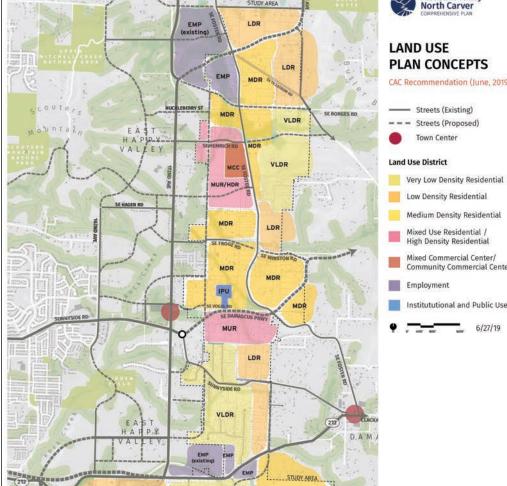
coupled with the draft trans- CAC offers stakeholder representation and citizen interests at each step of the Comprehensive Planning process. The general public is more than welcome to attend these CAC meetings as they are a great way to get involved. For more information about the plan, the TAC/CAC, and/or the meeting schedule, please check out the City's webpage - https://www. happyvalleyor.gov/business/ planning-division/pleasantvalley-north-carver-compre hensive-plan/ or contact the City of Happy Valley Planning Division at 503-783-3800.

> The UGB is a boundary line tool used to control urban expansion. As population grows and areas are added to the UGB, state law requires that a comprehensive plan be made to assure that current and future housing, employment, and infrastructure needs are properly addressed. The PV/NC area was added to the UGB in 2002 which meant a com-

> Comprehensive plans must adhere to statewide rules and goals. This is so that planning ultimately ensures that quality public services like police, schools, and parks are also taken into consideration.

> prehensive plan would need to be developed.

The PV/NC Comprehensive Plan process has included ideas from property owners, the general public, neighboring cities and counties, and other stakeholders. The community, as a result, has been a key participant in the plan's formation. Completion of the PV/NC Comprehensive Plan is anticipat-



The PVNC Community Advisory Committee is a group comprised of residents. The group meets regularly to

Pleasant Valley

discuss ideas related to the Comprehensive Plan.

ed for the Summer of 2020. area to meet the needs of growth forecasted. **Real Depression** Serious Therapy Spravato™ Nasal Spray & Ketamine Infusion **Effective Therapies for Depression**

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The PV/NC Land **Use Plan displays** recommendations by the Community **Advisory Committee and Technical Advisory** Committee. As the 6th largest US mortgage lender, available in all 50 states, we specialize in bringing you the resources to fit your unique financial strategies, helping you meet your homeownership goals. Mortgage Options: • Residential 1-4 units Construction and Lot loans Renovation loans for fixer • Doctor loans with 10% down no Mortgage Insurance upper properties • First Time Homebuyer rate • US Bank's own capital for Jumbo 2.75% APR 2.873% loans means lower rates Contact me for best rates, terms and experience at US Bank Mortgage. I am available weekends and evenings all 7 days 18/7! Trilingual/Tricultural - Spanish/Mandarin/English.



ChiEn Montero Sr. Mortgage Loan Officer Certified Construction, Renovation, and Lot Loan Specialist 971.517.4484 Happy Valley, OR chien.montero@usbank.com

NMLS #:409938



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HAPPY VALLEY LIBRARY

13793 S.E. Sieben Park Way, Happy Valley, OR 97015 | 503-783-3456 | www.happyvalleyor.gov/library

lifestyle? Join us to learn more

about the possible health benefits

of omitting gluten from your diet.

October 2019 Library Events

The library will be closed on Columbus Day, Monday, Oct. 14

ADULT PROGRAMS

Happy Valley Library Book Group: Thursday, Oct. 3, 6:30-7:45 p.m.

Selection for October: Eleanor Oliphant is Completely Fine by Gail

Honeyman. **Selection for No**vember: News of the world by Paulette Jiles

American Mah Jongg: Fridays, 1-4 p.m. Pinochle Club: Mondays, Oct. 7 and 21, 1:30-

3:30 p.m. Note Night: Wednesday, Oct. 9, 6:30-7:30 p.m.; Enjoy some live music while you browse for books, or sit and sa-

selection. vor the sounds. This month features Edrid and Tom of the Rich Gritty Band. Come and enjoy some memorable entertainment, as they play a variety of genres, including blues, R & B, and jazz.

WORLD

PAULETTE JILES

Join the discussion and get ready

for November's Book Group

String-Along Acoustic Jam: Sundays, Oct. 13 and 27, 2-5 p.m.; Bring your acoustic guitar, fiddle, ukulele or other stringed instrument to the Happy Valley Library and share some tunes with other musicians.

Genealogy Club: Monday, Oct. 28, 2-4 p.m.; Searching for family roots? All are welcome to come and share questions, strategies, and organizing tips.

FEATURED ADULT LIBRARY PROGRAMS

Classic Movie Night: Thursday, Oct. 10, 6-7:45 p.m.; Relive classic films from the silver screen or enjoy them for the first time. Casual moviegoers and film buffs alike are welcome to come and share a cinematic experience at the library. This month features a 1953 Technicolor film noir filled with chills and entertainment. Contact the library for movie title information.

Taking Gluten Free to the Next Level: Thursday, Oct. 17, 3:30-4:30 p.m.; Whether necessity or choice led you to eat gluten free, this eating style can have many benefits: less bloating, less brain fog, and better sleep. What if you could take gluten free eating to the next level? Eating grain free may bring you the health benefits you're seeking. Curious about the gluten free

Massacred for Gold: Thursday, Oct. 24, 6:30-7:45 p.m.; True crime and history combine in this long-lost sto-

ry. In 1887, more than thirty Chinese gold miners were massacred on the Oregon side of Hells Canyon, the deepest canyon in North America. Learn about this crime and its cover-up from Greg Nokes, the local author who wrote the book on this topic.

Decorating Sugar Skulls: Wednesday, Oct. 30 6:30-7:30 p.m.; Learn about the Mexican holiday, Día de los Muertos (Day of the Dead) and its celebration, plus decorate your own sugar skull to take home. Sign up at the reference desk to reserve a

Homeschool

Club will

focus on

Oct. 10.

writing on

AARP Talk:

Neighborhood Safety: Thursday, Oct. 17, 10:30 a.m.-12 p.m.; Clackamas County Sheriff Officer Sara McClurg will be here to talk about how to keep your neighborhood safe. Topics will include protecting your home from burglaries, car theft, mail/package theft, and criminal mischief.

Feeling safe is key to enjoying your home and community. Attend the upcoming AARP Talk to learn how you can protect vourself.





The Day of the Dead is a beautiful holidav rooted in meaningful traditions. Learn more about the celebration at the library's special event and decorate your own sugar skull to take home.

YOUTH PROGRAM

Stretch, Dance, Play! With Iris Nason: Oct. 9; at 10:15 a.m., for ages

Homeschool Club — Write It **Up:** Oct. 10; at 10:15 a.m., for grades

Music Time with Chuck Cheesman: Oct. 16; at 10:15 a.m., for ages

Dance Time: Jessa Campbell: Oct. 19; at 10:15 a.m., for ages 0-5.

Let's Lego!: Oct. 19; at 1:30 p.m., for grades K-5. Homeschool Club — Game Day: Oct. 24; at 10:15., for grades K-5.

Sign & Play: Oct. 16, Oct. 23, Oct.

30; at 1 p.m., for ages 0-24 months. Sign and Sing with Shira Fogel of Tiny Talkers: Nov. 6; at 10:15 a.m., for ages 2-5.

LEGO Creative Building with Blair Archer: Nov. 6; at 4:00 p.m., for grades K-5



Bring your favorite writing utensil and let's Write it Up!

messy at Gross Out Science, a hands-on event

that is sure to

create some fun.

FEATURED YOUTH LIBRARY PROGRAMS

Gross Out Science: Saturday, Oct. 5; at 10:15 a.m.; For grades K-5. Sticky, smelly, slimy hands-on science fun. Paint Palooza: Wednesday, Oct. 16; at 2-3:30 p.m.; No school, no problem! Use paint for some messy, creative fun. Spanish Storytime: Saturday, Oct. 26; at 10:15 a.m.; Join

Vitzah for singing, stories and more fun in Spanish. Monster Mash: Thursday, Oct. 31; 3-5 p.m.; Drop by the library in your costume for some trick-or-treat fun.





▲ Immerse the kids in Spanish with a fun event that includes reading and songs.

■ Don't forget to swing by the library for some treats this



In China, Hot Pot and Dim Sum are the two most popular ways for family or friends to gather whether it's to celebrate a special occasion or just to hang out and catch up.

Introducing Famous Hong Kong Chef -Peter Yu from Tim Ho Wan from Hong Kong







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Oregon author presents glimpse into history

brary will host a special presentation from local author, Greg Nokes, later this month focusing on one of the worst crimes in Oregon's early history.

In his book, Massacred for Gold: The Chinese in Hells Canyon, Nokes explores the tragic story behind the murders of nearly three dozen Chinese gold miners in the remote wilderness of Hells Canyon. The presentation examines the racial bigotries and extreme hatred that was experienced by Chinese immigrants during the late 1880's and how the victims of this event were simply disregarded.

editor for the Associated

Massacred

6:30 p.m.-7:45 p.m.

for Gold

Happy Valley

Library

Oct. 24

Press and The Oregonian. His work has taken him to more than 50 countries during his career, which has allowed him to delve deep into some of history's most sig-

nificant tired from journalism, writing and lecturing on events focusing on the history of the reflected the prejudice of the Pacific Northwest has become a second career. His Nokes, who spent 43 years published works confront the crime. This historic rience and history.

the world as a reporter and disturbing histories of op-

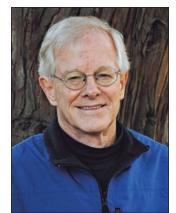
the acts of generosity that unearth the good in humanity.

In Massacred is transparent about the complete disrespect provided to the Chinese gold miners were so brutally

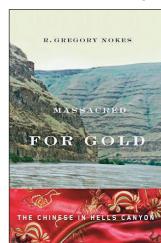
events. Though he has re- killed. Despite the perpetrators being clearly identified, a trial with an all-white jury day by refusing to punish the white men who committed

cussed in the news or classpression, but also explore rooms, so it has largely been overlooked. Nokes looks to give attention to this longforgotten crime and showcase the efforts of a group of volunteers who work to honfor Gold. Nokes or the victims and bring the story to light.

> Those who are interested in the history of the Pacific Northwest will likely find Nokes' presentation particuwho larly informative. The author pinpoints geographic areas that may resonate with those who have studied the area. If anything, his presentation provides a glimpse into the untold stories that have shaped our social expe-



Author and historian, Greg Nokes, will present at the Happy Valley Library later this month. A resident of West Linn, Nokes graduated from Willamette University and spent over 43 years as a journalist.



Massacred for Gold: The Chinese in Hells Canyon conveys the tragic story behind one of the worst crimes in Oregon's early history.

City welcomes new youth librarian

Happy Valley Library has a new youth librarian!

Lisa Taylor will be joining youth librarians, Anna Bruce and Isaac Fellows, in providing library services to our growing communi-

Lisa comes to Happy Valley from Multnomah County Library, where she held a number of different positions, including teen and youth librarian. Lisa has a Masters in Library and Information Sciences from Emporia State University. She also serves as a board member for the Children's Services Division of the Oregon Library Association.

Lisa has expertise in early childhood literacy, teen development, and diversity in children's literature. She has experience in providing storytimes and outreach to schools, and in developing programming for immigrant and refugee communities. Lisa is looking forward to getting to know kids and families in Happy Valley. Please stop by the library and introduce yourself. She loves talking to kids and helping them find books that get them excited about reading!



Happy Valley Library has a new team member! Lisa Taylor brings a wealth of knowledge in the areas of youth and teen literature and is excited to help families get excited about reading.

The living colors of Día de Los Muertos

Día de Los Muertos (Day of the Dead) is a celebration of life that honors family and friends who have passed on. A holiday initially originating in Mexico, Day of the Dead festivities take place over the course of two days with lively activities set in beautiful color and life-affirming joy.

The celebration serves to demonstrate love and respect for deceased family members, and each ritual holds symbolic meaning. This year, the celebration occurs Oct. 31 through Nov. 2.

To commemo-

rate the holiday and provide an ed-

ucational experience for those who would like to learn more about Día de Los Muertos, the Happy Valley Library is holding a special event. Attendees at an upcoming presentation will have a chance to learn about the traditions from



6:30-7:30 p.m. Happy Valley Library Community Room Registration required



learn the meaning behind them. Attendees will get to decorate a sugar skull to take home.

local librarian, Alicia Perez Ververa, and decorate their own Calavera (sugar skull) to take home. Geared toward adults. this program is a great way to

explore the beautiful expression of culture. Space is limited and registration is required as the class will be capped at 20 people. Sign up today!

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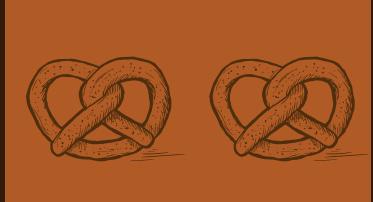
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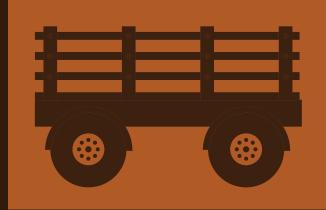








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OCTOBER



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PRESENTED BY THE CITY OF HAPPY VALLEY & VALLEY GROWLERS



























NW Natural®

Oktoberfest

■ From Page A1

Through a tourism grant from Mt. Hood Territory, local taphouse Valley Growlers is gearing up to present an Oktoberfest like no other at Happy Valley Park. The popular pub is partnering with the City of Happy Valley to bring residents and visitors alike a family-friendly event that pays homage to the traditional German festival. "This is such a fun time of year and it is our hope that by having our own Oktoberfest in Happy Valley, we offer more opportunities for local businesses and residents to get involved," says Valley Growlers co-owner, Ami Shannon. "The City has been great to work with and together, we hope to bring another fun event to the com-

The event runs alongside the City's beloved annual Harvest Fest, which is known for its family-oriented activities. Complete with a children's pumpkin patch, free wagon rides, and local vendors, Harvest Fest is the perfect pairing for Fall. "The City loves partnering with our local businesses. We are excited about teaming up with Brian and Ami to bring another great event to our Happy Valley Community," says Steve Campbell, City of Happy Valley Director of Community Services.

Fun activities for the whole family!

Beginning at 11 a.m., kids can pick a pumpkin from the pumpkin patch, visit the petting zoo, and climb aboard a fire truck! Kids crafts and community booths will be available to help keep the little ones busy with hands-on activities like pumpkin decorating and a candy treasure hunt in the hay. Oktoberfest will be happening simultaneously, so make sure you're there when the event begins as Mayor Tom Ellis taps the traditional firkin (wooden keg) to get the festival going.

A feast for all!

With a variety of Paulaner beers, an IPA, wine, and cider, there's something for everyone to sip and savor at Oktoberfest. Plenty of German favorites will be available for purchase as well, including soft pretzels, pork sandwiches, fondue, and brats. Harvest Fest will have a variety of vendors on site to whet your appetite, too, so if it's sweet treats or a slice of pizza you're hankering for, they've got you covered.

Off to the races!

No event would be complete without a little friendly competition. Bring your pup to Happy Valley's first ever Wiener Dog Race competition. Call them, wave their favorite toy, just do whatever it takes to get your dog to the

finish line! Don't have a wiener dog? That's okay. There will also be a Corgi Dog Race as well as a general race for pups 20 lbs and under. Participants can sign up on-line

Need another contest experience?
You're in luck. See how fast you can go as you race a competitor in a retro 1960's John Deer trike. Don't get tripped up. These trikes can be tricky to steer, and it will take some strategy to prevail

Perhaps you need a more low-key competition? There's always the Harvest Fest's traditional Pumpkin Pie Eating competition where it's perfectly acceptable to make a mess.

Let's Polka!

Happy Valley Park will be embracing the sounds of Oktoberfest as Bavarian music plays throughout the day and attendees get a special performance by a traditional German folk choir. Take a break from your fondue and peruse booths dedicated

to jewelry and traditional German garb as you get into the spirit of the event. You can even stay for a performance by local musician, Ian James, as he takes the stage with his band and keeps the good vibes flowing.

and other friendly

competitions.

cijoy a pullipkili

the whole family.

patch and activities for

◀ On vour marks. get

set, go! The fun continues

with Weiner Dog races, a

pumpkin pie eating contest,

If you'd like to attend this year's Happy Valley Harvest Fest and Oktoberfest, event takes place Saturday, Oct. 12 at Happy Valley Park. Both kick off at 11 a.m., with Harvest Fest activities ending at 3 p.m. Oktoberfest will continue throughout the evening until 10 p.m. For a full list of activities, check out www.happyvalleyor.gov and www.hvoktoberfest.com.



opportunities!







Community booths and vendors will be on hand offering tasty treats and games.



Visit with some furry friends at the Harvest Fest's petting zoo.



Bust out your lederhosen and get down to some oompa beats.

Entry to Harvest Fest and Oktoberfest is FREE.

Those who wish to purchase beer during Oktoberfest can obtain a reusable souvenir cup and drink tickets ahead of time for a special discount on the event's website. Otherwise, cup and tickets can be purchased at the tent. Those wanting to enter their pup in a race can also sign up online at www.hvoktoberfest.com.

11 a.m.. Tapping of t Ceremonial Firkin with Mayor Tom Ellis Live Music and Food Vendors Photo Booth

Wagon Hayrides Treasure in the Hay

Oct. 12 at

(sign up your pup ahead of time at www.hvoktoberfest.com)
5 p.m......John Deere Tricycle races

3 p.m..... Wiener Dog Races

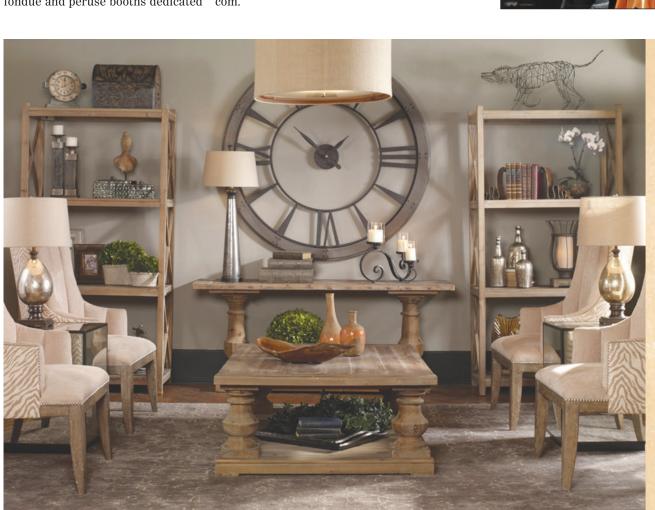
(21+ only)

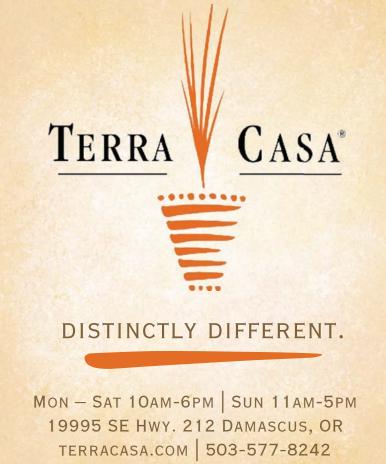
6 p.m. . . . Paulaner Stein Hoisting contes

6 p.m. ... Paulaner Stein Hoisting contest **Don't forget to enter a guess for the weight of the giant pumpkin!**



Attendees can catch popular musician, lan James, as he performs throughout the evening.





Want better bones? By SHELLEY MCFARLAND Happy Valley resident Elise Holcombe was a registered nurse with over 20 vears of pharmaceutical research experience and was looking for a new outlet for her interest in medicine. She found OsteoStrong, a franchise based out of Texas with 100 locations nationwide and decided to partner with the company for a Happy Valley outlet. "I was really taken by the science of OsteoStrong. Everything we do here is backed by research, and that's why I was committed. I don't want to offer anything to the world that's not solid. I operate my business with integrity because I genuinely want to help people," Holcombe said. Holcombe opened OsteoStrong in June and currently has two other employees, besides herself, who welcome clients and walk them through the sweat-free routine. 'Most of our clientele is women over 50

PHOTO CREDIT: SHELLEY MCFARLAND

Owner Elise Holcombe stands in front of the reception desk at OsteoStrong. She opened the business in June and is gaining clientele, young and old, who want to strengthen their bones.

exercises on four Spectrum System devices that promote healthy bone and tissue growth in specific areas of the body by triggering the brain to tell bones to add density. Together, the exercises take roughly 10 minutes and clients are on their way. Monthly packages range between \$159-\$189, with startup specials.

ALANCE

Holcombe, a body builder and powerlifter who had been sidelined with an injury is excited to return to bodybuilding and to break through plateaus after using OsteoStrong herself. And she sees the athletic community getting excited about what bone strengthening can do.

years old, especially

those with osteoporo-

sis or balance con-

cerns. But we have a

younger subset, too,

who have joint or

back pain, and we

can help eliminate

that. And the ath-

letes. OsteoStrong is

amazing for perfor-

mance enhancement in a

way that you can't do in

the gym. It's a supplement

to improve functional force

and more explosive power

At the membership-based

business, clients receive

an initial consultation

where their physical

capabilities are mea-

sured. From there,

clients perform a

and help protect against inju-

ries," Holcombe said.

receive the long-term strength gains that OsteoStrong can give you in four years. It's amazing for athletes, and these devices are being used in professional sports team facilities as a part of their training routine. And we're seeing an upsurge for people using this for athletic performance,"

Holcombe has seen improvements in clients with scoliosis, diabetes, osteoporosis, posture, balance, strength, bone density and pain. As an example, on average, after five sessions, balance improves by 77%, moreover the sessions help lessen bone breakage if clients happen to fall weekly set of simple in their daily lives.

IF YOU GO

Hours: 8 a.m.-5 p.m. Monday-Friday

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Phone: 503-575-9845 Email: happyvalley@ osteostrong.me

More: osteostrongpdx.com

"If you go to the gym, you're strengthening muscles or your cardiovascular system. Here we are strengthening your actual skeletal system, and the "People who use steroids don't strength of your body is regulated by your central nervous system," Holcombe said. "Your brain looks to see that your muscles and your bones are in the correct ratio. If your muscles were too strong, they could crush your bones.

"As your bones weaken, your muscles also weaken to stay in ratio. What we're doing here is strengthening the skeletal system for the muscular system to be strengthened, too.'

At the end of the session, OsteoStrong also offers hydromassage for relaxation and an FDA-approved pulsed electromagnetic mat that uses NASA technology to help cells recharge and recalibrate.

Committee to host State of the Arts event

City of Happy Valley

Are you interested in seeing more public art in Happy Valley? Have you considered joining the Public Art Committee? We want to hear

On Oct. 24, the Happy Valley Public Art Committee invites residents and art stakeholders to offer their in-**ART EVENT**

sights at the Committee's first ever State of the Arts community forum. The forum will be held from 6:30 - 8:00 pm at Happy Valley City Hall. During the event, guests will

have the opportunity to learn about current public art opportunities and resources, provide feedback about what art opportunities and resources are still needed, and vision about how

the City can be a good partner to the Arts and Culture community.

DATE: Oct. 24

TIME: 6:30-8 p.m.

LOCATION: Happy

CONTACT: jaimiel@

happyvalleyor.gov

or 503-783-3828

Valley City Hall

The State of the Arts event is several months in the making. As part of its 2019 work program, the Public Art Committee, which serves in an advisory capacity to the City Council, placed a strong emphasis on cultivating community partnerships. Throughout the spring and summer, the Committee welcomed presentations from the City of Milwaukie, Lake Oswego Art Council and Pickathon music festival. Heading into the fall, the Committee hopes to better understand the values and needs unique to the Happy Valley community.

We are excited to hear directly from our neighbors and art advocates. Every great city has great art, and great art begins with inclusive community conversations. For questions about the Public Art Committee or the State of the Arts event, please contact jaimiel@happyvalleyor.gov or 503-783-3828.



Please consider attending the upcoming State of the Arts event that allows you an opportunity to weigh in on important conversations related to the cultivation and implementation of public art.



Skelly Bonita Bones

greets visitors at

wearing the latest

season's outfits.

OsteoStrong

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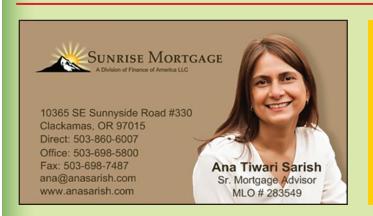






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StarCycle raises funds for City's youth council

The annual Under the Stars event was a success!

With over 50 riders participating in the evening's activities, StarCycle raised over \$3,000 for the City of Happy Valley's Youth Council. Thanks to all for making a difference in our community. These funds will help support activities and initiatives that are focused on local youth.



Pedaling for a cause! Monies raised at the Under the Stars event will be used to support the Happy Valley Youth Council.

Happy Valley boasts its first net zero-energy home

Many new homes are being built in Happy Valley, but one special house was designed with the environment in mind.

Bruce and Karen Butler currently are constructing a onelevel, net zero-energy home that will be finished in mid-Oc-

Bruce Butler, an architectural designer, partnered with Dave Cady, a sustainable designer to build the Butlers' family home, which will measure just over 1,900 square feet. The two have collaborated for eight years designing Earth Advantage homes that are aesthetically pleasing and energy efficient. Many of their homes are over 30% more efficient than code requires. Cady's own net zero-energy home was designed by the pair.

"I designed the floor plan, but the important part is what Dave has done. It's the sustainable part," Butler said. "It's going to be an eclectic design with an Asian flair.'

The Butler home will be the first net zero-energy home in Happy Valley. These types of homes are tied to the electric grid but produce their own energy from solar power. Often, they rack up little or no bills from traditional utility companies. The homes are well-insulated and energy efficient to reduce waste. The Butler home is set to have less than \$100 in monthly energy costs before adding the solar panels. With

"Bruce and I have worked together with solar designers and energy verifiers and modelers, and we make sure we have enough south/west-facing surface roof for future solar panels," said Cady, of Performance Homes.

"In Oregon, you cannot technically be 'off the grid.' A netmetered house will produce, on an annual basis, all the power or energy it needs at the source. In summertime, our meter goes backward so you build up a credit and in winter, you eat off that credit."

Butler says there are numerous advantages to a net zero home other than just the small energy bill. These homes are quieter due to the insulation and triple-paned windows. The heating system is built inside the home in the insulated area and spiders, insects and mice are practically nonexistent inside. The home is more durable than code homes meaning there are less warranty costs.

"These homes are quieter and more balanced. We try to find ways to balance the systems. It's not about spending more money, we look at this before designing the house. For example, our duct system was designed, not thought of afterward," Cady said. "And people have better health because this house will be sealed tight. We design the ventilation system and use VOC-free products in the house, which are healthier. We seal the insulation so the panels, the cost will be zero. you're not breathing it."

Both men want the public to understand that all these features are cost effective and environmentally friendly. They hope that interest in net zeroenergy homes will increase and become standard in the building community.

The "cost of houses will be competitive with standard construction. We wonder why people don't choose this," Butler said. "Dave and I are sustainable home professionals, and we both went through the training at Earth Advantage years ago. Everybody was interested in net zero homes then, but when the economy picked back up, people forgot about it, except Dave. He took it seriously and is doing it

Performance Homes recently was named Earth Advantage's Builder of the Year, which honors builders who push beyond standard codes to create environmentally conscious homes. He and his wife, Tina, own Performance Homes; Tina holds the CCB license. They received the distinction after building six net ready homes and received the lowest energy score.

The Butlers, whose former home was just a few houses away, have lived in Happy Valley for 16 years and together have eight children, four of whom live in the area. They recently celebrated their 50th wedding anniversary.

We are excited to move in and hand out candy to trick-ortreaters," Butler said.



Dave Cady of Performance Homes partnered with Karen and Bruce Butler to build the Butler's net-ready energy efficient home which is the first of its kind in Happy Valley. The home is scheduled to be completed in October.

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– Melissa S



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Many hands make light work! Members from Rotary of Clackamas, Happy Valley's new All Abilities Park.

Happy Valley's all abilities park gets ready for grand opening

City of Happy Valley

The Rotary Club of Clackamas and the City of Happy Valley teamed up with volunteers from the community on Saturday, Sept. 14 to begin building the new structures that will comprise the much anticipated All Abilities Park.

The playground will serve all kids, regardless of physical or developmental abilities, and will be in proximity to several other communal areas within the Park. Thanks to generous donations from the Fuller Family, Lyla J. Husband, and Bill McCracken and Pam Husband, the project's official grand opening is slated for later this month.

Located near covered area A at Happy Valley Park, the all abilities park boasts spacious areas that can be traversed by various means and will have equipment designed specifically for mobility and sensory challenges. Children will have access to a variety of activities that promote safety, tactile interest, and of course, fun! Instal-



as a large group of Rotarians, City staff, and volunteers came out to help. Mayor Tom Ellis, Council President Brett Sherman, and Councilors Markley Drake and David Emami were also on hand to hammer stakes, tighten bolts, and even pour cement. By the end of the day, most of the play structures had been completed. The City's Public Works team is finishing most of the final details, including the installation of a special rubber flooring that will offer a lation day was a sight to behold safer and more comfortable

foundation for those using the

While funding for the project has been secured, there are still opportunities to be part of history. Between now and November 2019, a brick can be purchased for \$125 and the purchaser's name or special message will be engraved. Bricks will be set in front of several benches placed around the play area and will serve to signify the community support for the project. The cost of the bricks is tax deductible.

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CELEBRATE THE ALL ABILITIES PARK GRAND OPENING

LOCATION: Happy Valley Park (near covered area A)

DATE: Saturday, Oct. 19 TIME: Noon-2 p.m.

While the Clackamas Rotary supports the local community, it has taken on international projects as well. It most recently raised funds to remodel a maternity ward at a hospital in Gambia in efforts to support safe and clean medical practices and decrease infant mortality

If you would like more information or want to contribute to the All Abilities Park, please contact Thomas Joseph at thomasjosephinc@gmail.com or Joel Mobley at Joelm74@comcast.com. To Jearn more about Rotary Club of Clackamas, check out www.clackamasrotary.org.

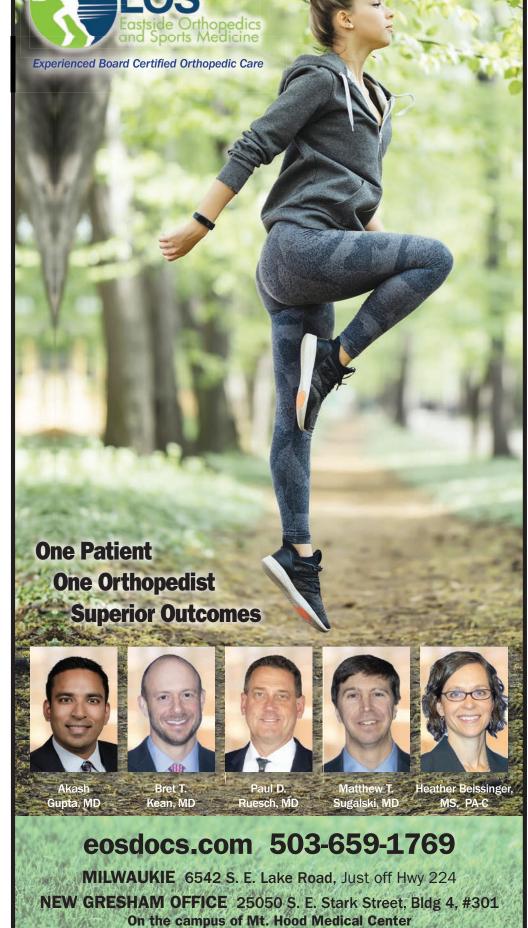
The new park will include a variety of play equipment that allows ease of movement, stability, and sensory exploration.



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Head to a hoedown

Fiddlers take the stage monthly at Sunnyside Grange

By SHELLEY MCFARLAND

Since February, The Oregon Oldtime Fiddlers' Association's District 7 has been practicing and performing at the Sunnyside Grange from 1 to 4 p.m. every Saturday. All fiddlers are welcome, along with

Happy Valley resident and OOTFA co-Chair Marcella Easley started playing the fiddle

"I started playing the fiddle in the fifth grade and played all through high school. I got married and had children and life happened. And here, 55 years later, I decided to relearn the fiddle," Easley said. "I had joined a mountain dulcimer group, and the group wanted me to fiddle."

Easley's story isn't unique. Fiddler Donna Foreman, another OOTFA member, started fiddling at age 6 and, like Easley, played through high school but put her fiddle away when duties of adulthood left little time for her hobby.

Foreman, who has won numerous awards for her fid-



Fiddlers from Oregon Oldtime Fiddlers Association gather at the Sunnyside Grange to practice and perform for an audience.

fiddling when she took an oldtime music class at Clackamas Community College.

OOTFA started in 1964 as a way to preserve and perpetuate old-time music and currently has over 1,000 members throughout the state. OOTFA's District 7 stretches from Hood River to Tillamook and south through metropolitan Portland with 99 household members, including many who play more than just the fiddle.

Anywhere from 20 to 30 fid-

dling, rediscovered her love of dlers attend the Saturday jam sessions where the only association bylaw is no amplifica-

> "We want people to come and dance or sing. People can't bring their electric guitars, or anything with amplification. It's all string and acoustical, although we do have an occasional accordion or harmonica," Easley said. "We have more and more new people interested in fiddling, and we are

Each March, OOTFA holds a



oldtime music perfect for square dancing and hoedowns.

fiddle contest in Salem where two-step hoedowns, and Scotwinners are declared in various age divisions. This contest mirrors the Oldtime Fiddlers' Association's national contest held each vear in Idaho. Moreover, OOTFA offers fiddle camps for musicians, and scholarships are available to members.

At the grange, spectators will be treated to an array of music styles that Foreman calls "music our grandparents listened to at the grange." Such genres include waltzes, tish and Irish fiddle music.

Favorite songs include "Tennessee Waltz," "You Are My Sunshine," "Red Wing" and "Golden Slippers." Other favorites have interesting titles like "Chinese Breakdown," "Flop-Eared Mule" and "Shove the Pig's Foot a Little Farther Into the Fire."

The fiddle and violin generally are synonymous, but the type of music played determines whether it's fiddling or classic violin. The fiddle has its

roots in 10th century Europe, but many cultures have adopted the instrument. In America. the fiddle is often associated with pioneer times when it often was the only musical instrument on the frontier.

OOTFA members often fiddle at retirement and memory care homes where many of the seniors appreciate the music that takes them to a bygone era. They encourage people to come and enjoy the hoedown.

For more information, visit:

La Salle Prep kicks off campaign to improve athletic facilities

By SHELLEY MCFARLAND

La Salle Prep High School has launched a public campaign to raise \$5 million to renovate and expand its indoor athletic facilities.

The renovations will include team and training rooms, relocation of the fitness center, and a new hardwood court in the gym. A 3,200-square-foot expansion will include a health and physical education classroom, athletic department offices, a coaches' center and public restrooms.

To date, the school has raised \$3 million, including a \$1 million pledge from alumni Jim and Linda Pilska, \$1 million from the late Elsie Franz Finley, and \$500,000 from the Feltz family.

"The Saalfeld Athletic Center will greatly improve student safety and ac-

cess, expand the curricular opportunities for health and P.E., and encourage participation in high school athletics, which plays an important role in the development of our students," said Matt Winningham, executive director of the 5A school. "The transformed facility will expand the opportunities our students will have to use physical fitness, health education and athletics to develop healthy habits, reduce stress and manage anxiety."

For more information, visit: lsprep.



La Salle **Prep High** School is busy campaigning for funds to complete renovations expansion of their athletic facilities. SUBMITTED





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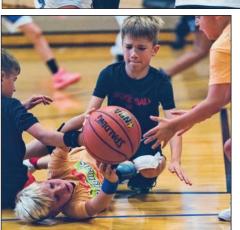
By SHELLEY MCFARLAND

ith more than 100 teams competing, Hoops for Hope raised thousands of dollars for scholarships to help Happy Valley kids with monetary needs for sports, academics and musical pursuits. The second-annual tournament was organized by the nonprofit, which is made up of Happy Valley residents.

For more information or to apply for scholarship, visit: www.hvhoopsforhope.org.

















More than 100 kids played basketball in the annual Hoops for Hope 3-on-3 tournament. The local nonprofit raises money for scholarships.



Clear storm drains to protect your property and our water

Heavy rains and fall leaves can cause high water and increase pollutants reaching our streams and rivers. When it rains, water washes over roofs, streets, driveways, sidewalks, parking lots, and land surfaces. Along the way, it can pick up a variety of pollutants, such as oil, pesticides, metals, chemicals, and soil. This polluted stormwater drains into the storm system that eventually discharges into our rivers and streams. These pollutants can endanger the quality of our waterways, making them unhealthy for people, fish, and wildlife. No matter where you live, there's a drainage system in place to help rainwater find its way to

•What is a storm drain?

The metal grates in the street that connect to piping that carries rain and snowmelt to nearby creeks, rivers, wetlands, or groundwater.

Regularly clearing your storm drains of leaves and debris helps reduce flooding and property damage while protecting watershed health and the quality of our drinking water. The Oregon Environmental Council and Environment Services offer these tips:

- Find the storm drain grates in front of your home or business and clear them of leaves and debris.
- Use a rake or pitchfork to clear leaves, limbs, and debris from the storm drain. Do not try to remove the grate, only the debris on top of it. Dispose of leaves in your yard waste container or compost bin. Or spread the leaves on your garden to protect and nourish perennials.
- When leaves fall into the street, rake them at least one foot away from the curb so they won't block the path of rain water. Please do not rake or blow leaves from your yard into the street.
- If you can't clean a clogged storm drain yourself, call the Happy Valley Public Works Dept. at (503) 783-3800. • Never dump anything into a storm
- drain. It's against the law. Thank you for helping to protect public health and the environment. For more information, visit Clackamas.us/wes.





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Monster Mash is the perfect opportunity to do some one-stop trick-or-treating. Stay

warm indoors as the kids show off their costumes.

Frightful fun awaits at the Library's Monster Mash event

Happy Valley Library is once again hosting a fun Halloween event, perfect for kids and families. Children are encouraged to swing by the library in their costumes where they will have a chance to decorate a bag for collecting goodies and then trickor-treat throughout the building.

This family-friendly event is a great way to kick off your Halloween night. Don't be afraid to check out some books while you're there!





At Monster

Mash, the whole family

can get in on

Need another reason to hang out at Monster Mash? Find a spot and explore some new reads while you're here. You just might find your next favorite book!

Clackamas Feed and Pet Supply loves its customers

Clackamas Feed and Pet Supply celebrated its annual Customer Appreciation Day on Sept. 21 with lunch, vendors, free samples, petting animals and discounts.

Kelle Howard, owner of Clackamas Feed and Pet Supply and Stark Street Pub, bought the store

in 1989 when she was 20 years old. The store sells a wide variety of pet and farm animal foods, farm and yard products, live chicks and farm-fresh, local eggs.

"I appreciate my customers. I want them to have a day to themselves and know how much they mean to me," she said.



Kelle **Howard and** employee Melissa Rickman greet guests during Clackamas Feed Store's Customer **Appreciation** Day. PHOTO CREDIT: SHELLEY







the Library's community room for some crafting fun.

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PHOTO CREDIT: SHELLEY MCFARLAND

Time to pick a pumpkin. Kids at Liepold Farms search for the perfect pumpkin. Bring boots on rainy days and spend some time in the corn maze.

Enjoy fall family traditions at Liepold Farms festival

By SHELLEY McFARLAND

The 20th annual Liepold Farms Fall Festival is in full swing, rain or shine.

The theme of this year's hand-cut corn maze is "It's a Jungle Out There," with various paths of difficulty. Guests can try to win a pumpkin by hitting a bulls-eye with an apple sling shot or take a tractor hayride. The dark maze is perfect for younger kids, along with the children's pavilion where they can roll around in corn and take a spin on the car-

Just outside Happy Valley is a family farm with a story familiar to many in rural Ameri-

John Liepold grew up in North Dakota on a wheat farm, yet when WWII broke out, he enlisted in the Royal Canadian Air Force. He served as a bomber mechanic stationed in the United Kingdom as part of a specialized team that maintained top-secret equipment on bombers.

He was sent on various missions to retrieve equipment from downed planes, and on one mission in a swampy area, he became sick. Sent back to Canada to recover from his illness, he met a fiery red-haired nurse named Elsa Heier who would later become his whe

After marrying in 1950, the Liepolds settled in Boring to grow peaches, berries, pie squash and broccoli. Today, the original farm and homestead are still operated by Liepold's son, Rod, and his wife, Marcia. Currently, they are transitioning the multigenerational farm to their children, Jeff and Jen Liepold, and granddaughter Michelle Krummenacker and husband Paul who run the agritourism aspects of the farm, which includes the Fall Festival. John Liepold, now 97 years old, often checks on the operations of his old farm.

With 350 acres, Liepold Farms grows a variety of berries, wheat and other grains in rotation. There also are goats, rabbits and chickens and during the Fall Festival, these animals are out for guests to see. The goats are a favorite to watch as they climb on a special structure.

The whole family, including aunts, uncles and cousins, works together on the farm, which will be fully organic in 2021 and is GLOBAL G.A.P. certified, as an internationally recognized farm adhering to dedicated standards of Good Agricultural Practices.

"Farming is a life that requires support of lots of hands. We support local kids, first responders and veterans and their families. We hold fundraising events on the farm to support the charities that we believe in," Michelle Krum-menacker said. "Marcia and Rod value family and bringing the community together.'

For more than 15 years, Liepold Farms has sold its berries to Burgerville. The berries are picked daily during peak season and hand-delivered to be processed for milkshakes. This long-term relationship came at a pivotal time in the farm's history and has provided security.

Krummenacker said that any child growing up on a farm learns quickly where help is needed and how hard work benefits the family and the farm.

"Learning how to be a farm kid starts as soon as you can walk. The most important first lessons kids learn is how to be farm safe and to be aware of all



PHOTO CREDIT: SHELLEY MCFARLAND Gourds galore! Liepold Farms is all set for Fall Festival celebrations. Come pick a pumpkin, take a hay ride and find gorgeous gourds to



Elsa and John Liepold, seen here in the 80s, sell berries from their berry stand. The couple started **Liepold Farms** which is now a 4th generation family farm.

the activities and potential dangers of farm life. You learn how to pay attention to the equipment," Krummenacker said.

IF YOU GO:

decorate your home.

Liepold Farms 14050 S.E. Richey Road, Boring

WHEN: 9 a.m-5 p.m. daily

CALL: 503-913-3033

TICKETS: Complete Fall Festival pass: \$15 general; \$13 children 3-8 years old (includes admission, parking, corn maze, hayride, dark maze, kids' pavilion, applepult, dead-end challenge)

GENERAL ADMISSION: \$5 includes admission, parking, hayride

MINI FESTIVAL PASS: \$8, includes admission, parking, hayride, dark maze, kids' pavilion,

FOR MORE INFORMATION, VISIT: www.liepoldfarms.com

"Your first job on the farm involves picking berries, cleaning and organizing the berry stand, as well as stacking crates in the truck. You would then move to working at the farmers markets and 'rolling berries' (putting berries in crates) out in the field on the packing line," she said.

"As kids get older, they learn how to move trucks around the fields, manage picking crews, and as soon as you can work a stick shift and get Grandpa's approval, you will start doing tractor work. Older teens are expected to load their own trucks and run weekend farmers markets," Krummenacker

She admits that living on a farm is fun, but hard work. During the berry season,

alarms are set for 5 a.m., regardless of the weather, and 'vou're done when the work is

Farmers learn how to work independently and be innovative when equipment breaks or a truck gets stuck in the mud. Time doesn't stop for farm work, and production quotas are essential to the year's suc-

cess. June and July are busy berry and grain harvesting months at Liepold Farms, while September and October are busy with agritourism. Liepold Farms held its first beer festival last summer, featuring hops and wheat grown on the farm.

"We invited local brewers to share their craft, and we are evolving as a farm to educate, bring people to the farm to better understand current farming practices, and how we historically protected the land. In our sustainable growing practices, we have long protected the land, water, and now with an organic label," Krummenacker said.

In the spring, Liepold's greenhouses will be full of blooms and people will be invited to learn how they grow, harvest and market each of their crops.

We love to host people out at the farm. It's beautiful, relaxing and a great place to have a bite and enjoy the scenery. Please come dressed for the weather. We do live in Oregon, and folks need to be dressed for the weather to include rain jackets and boots in case it's muddy," Krummenacker said. "We have free-range chickens; we don't recommend freerange children, however. This is a working farm, and we want people safe and to have a great