## 9. Do you have additional ideas on how residents can help others in the community related to COVID-19?

I have used the Nextdoor app most often to stay connected on community needs and info so I appreciate the city and Sheriff's office giving information on this site.

"Sharing information about donating to 1) Wichita Center to provide food for NC12 families w/kids who previously received 2 meals at school. 2) Mutual Aid Fund to help out-of-work families w/variety of expenses- https://www.gofundme.com/f/pdx-covid19-mutual-aid-network-fundraiser"

open back up! Even allowing fewer people at once until things can get back to normal.

Not sure what to do (if anything) when I see that my next door neighbor is having a large gathering at their home and not social distancing.

Get more people tested in our area!

More testing please. We need to get baseline to know if we can open up businesses. There is no need to open and then close again all the while putting people at risk. Testing can solve that issue.

Make it easier to volunteer at food bank. Long application form is deterrent.

Start being so entitled and think of others when going out

"We are retired and have several family members who check on us or keep us supplied with necessary items. Other seniors are not so fortunate or do not have the skills to navigate the options available on the internet. HV Community Services might check on seniors in the community using the information from the free sign up list for installed alarm systems available to seniors to make sure they are safe and have essential supplies. HOAs might be encouraged to contact residents to identify needs or inform them of HV services they might be able to access if they are seniors or incapacitated in some way. Residents may not know about the city website or Next Door, or have the ability to access either, so personal contact from HV would be helpful, by phone, email, or in person if necessary. Thanks for reaching out."

Wear PPE outside.

People can stay home and quit complaining about wearing masks. Don't be dumb.

Don't leave things up to chance, control what you can control in staying in your best health. What you eat, how you move, how you think!

"Help needed" On website

"My management office at Sunridge Terrace Apartments has been incredible! They allow us to have Amazon and other deliveries to there and we can call ahead to pick it up later or at another time (because I work 12 hours a day while they're open), or they'd delivered it to my front door. They've also given us rent credits for paying rent in time (\$150), and even called simply to ask how we're doing.

Yesterday, I ordered a dozen mini-Bundt cakes and delivered them to a neighbor. I also offer support (cooking and socially distanced friendship) to another neighbor who lives alone and had the virus and now, complications.

Anything that Happy Valley can do to connect people to avoid isolation and give us a sense of purpose and community would be great.

I've met a resident (who I became acquainted with on the Next Door app in the parking lot of Grocery Outlet) because she had people in the neighborhood making masks for our healthcare workers. There are angels among us."

Yes, taking them the truth. We have people gardening in their own yards wearing masks because they think it's floating everywhere. The level of fear is causing people to throw sensibility out the window. Stop the insanity!

Parade with city officials or doctors/teachers/ essential workers

No. I think most people are being very considerate and kind.

Checking in on others that may be depressed or have no one checking on them.

Spread truth. Wear a mask keep distancing.

Encourage each other to keep practicing social distancing and mask wearing in public areas (masks indoors). Safe SD walks or SD driveway chats, texts, calls...stay connected and offer to help those in need.

Not worrying so much

Wash hands, be responsible, and get back to work.

Stop acting like fascists

Just be respectful and understanding of the situation, seek accurate knowledge, and check in with those who are most vulnerable.

Start opening businesses

Stay home.

Start the education process to emphasize personal responsibility, personal consequences of not being responsible, and start taking the fear out of our existence. It is what it is and it's time to move on in our lives.

Just being patient with people at this time.

Stay home! Donate. Communicate with people around you if you know you've been exposed/were potentially exposed.

Follow the guidelines so this can end sooner

It would be great if there was a matching program for vulnerable or elderly people in my neighborhood that need help with shopping. I drop food/supplies off to my parents and would be happy to help other neighbors also.

## Freedom

Keep following safety guidelines, but we need to get our economy up and running again at a careful pace.

We need to open the parks again, if people aren't sick and they wear masks, i am ok with being with small groups. I want to be able to invite friends over to the house.

Be kind and non judgmental everyone has their own opinions on this thing. I will do what is required. But I see government causing fear on purpose. And it's putting people on edge. Ads telling us not to accidentally kill someone are immoral. This kind of advertising should stop.

Abide by the rules

Being kind to one another. Contacting neighbors & family members to see if anyone needs help.

Give food to others if they're in need.

Maybe have standard checkups for high risk population.

Just open up businesses

"Community garden committees by neighborhood in case of food shortages.

Community Co-ops?"

Keep educating on how important it is to be socially distant, even if it's family (for those not in immediate household)

"We need to make sure our seniors are cared for and checked on. They often say they are doing fine and won't ask for food boxes or help. If boxes were delivered to them without their asking, they would be thankful and relieved that they didn't have to ask.

Our children need HEALTHY meals from our community, not sugar filled food. We as a community need to be on high alert for child abuse too. With schools, etc. closed, our mandatory reporters are no longer watching out for our children.... added stress on parents can lead to abuse."

I think residents are doing a good job. However, leaders and decision makers have not done a good job or 1. sharing accurate data and information. 2. Over reacting by shutting down parks and putting in place rules and regulations that are not effective. Example: grocery stores having only one door to enter and exit their building causes a bottle neck. Not opening enough registers to move people quicker rather than having us stack up in lines. Park managers putting up plastic fences that get trampled on and taken down. Understand that children are at an extremely low risk of contracting Covid. Don't keep them from

playing. Treat citizens with respect and as adults. Most of us are perfectly capable of managing our own social distancing and protecting ourselves.

"Release us! Free us!! Now!"

wear masks. Ask others to wear masks. Help small business folks navigate the various programs out there, I have doing a fair bit of this, I think it would be good if there were more resources for people in this area.

Be kind!

Not unless it gets people back to work and parks and businesses can open up again.

The most irritating aspect I am seeing in residents is public shaming and the sheep-like behavior in trusting what we are being told through the media.

Stay informed, be respectful of differences of understanding since guidelines change. Show appreciation for essential workers as things open up.

Start opening businesses so people can get back to work

Share accurate information about this virus to ease people's fears. The media has done a major disservice in this area.

Follow social distancing recommendations. Wear a mask in indoor public areas

Highlight which businesses are truly local so we can support them.

Help mow lawns for elderly and vulnerable individuals. Deliver medications to elderly or vulnerable in HV. Fred Meyer does not deliver. Maybe Fred Meyer could work with a group of volunteers to get medications delivered. This is going to be with us for a while. I would also like to see the community join in the 7pm clap every night for healthcare and essential workers.

Community FREE advertising for struggling businesses. Forum for volunteers to assist struggling families.

This is a pandemic with no remedy. I wish more people would take social distancing seriously. This should go on until a true remedy or vaccine is developed.

I love the idea of the Go Teams being provided for mental health wellness.

Be respectful of the social distancing guidelines and kindly wear a mask when around others.

Shut down anyone spreading false information or endangering the community by refusing to follow guidelines like social distancing. Requiring a mask in public is a great idea

I really appreciate seeing updates from our rep Janelle Brynum! I need more info on what's happening on a state level.

Open businesses and protect those at risk

"Stay home! Make the isolation/shut down work by taking it seriously.

Do we have a HV way of linking those in need with those that are able?"

Check in on them

What about doing another food drive similar to the Santa Claus one in the winter? I'd be happy to donate food if someone could pick up.

Open businesses, schools, parks, etc. Open back up Oregon!

Wear a mask.

Open a web current info place to let people know when and how services will open

Do NOT waste the parks settlement money!! To spend the money on "artificial turf" at Happy Valley Park is one of the most asinine, ludicrous ideas I have ever heard of. What a gigantic waste of money. Use the money to help businesses affected by Covid-19?

Not to over react and add fear to the situation.

Food delivery to the elderly

Helping my unemployed adult children as much as I can so they don't get so far behind in rent and bills or they can't get out of debt.

Stay home and if you must go out, wear a mask

I guess a list of ways to help, especially for seniors who are healthy but still in the risk group because of age.

Checking in with elderly, and at risk friends and neighbors via phone, text, email, FaceTime.

Wear a mask and shop alone - not in groups. Stores are too crowded, so many of us are forced to use curbside pickup.

A Facebook group for people helping people, so they could not rely on the Portland one

Take the politics out of the pandemic.

Doing their part to not leave garbage out and about.

It would be fun for Santa, the Easter bunny, tooth fairy, Uncle Sam, the great pumpkin, a pilgrim, Ect to have a parade through the neighborhoods.

sharing information like what is available and what things we can do to keep our minds sane.

Flyers showing services available. For instance not everyone has access to transportation to get food boxes or assistance. Connecting those people with services that can drop food at their door would be awesome. Everyone isn't internet savvy, so having a tangible paper listing services would be great

Not judge others. Wash hands before using playgrounds

Notifying the community of community needs- food banks, do ration centers etc so that we can help our community.

Have those sick or at risk stay home, everyone else goes back to work.

Checking in on isolated individuals/neighbors - maybe having a registry of people within the City needing assistance, continuation of the celebrations from a distance, opportunities to send greeting cards to shut ins. Continuing the efforts to take care of each other as a community.

Stay away from their friends, neighbors, and going out. Wear their masks at least when they insist on getting together. Stop the spread of germs.

Support local business. This is super important I believe.

Yes, please check on Hidden falls it is not being monitored.

Go back to work

Not residents but i hope city of hv can give property tax decrease. It went up by 15% last year and there were affordability issues discussed on next door app even before the pandemic. As the pandemic lasts longer, many residents will need some financial relief

A list of resources mailed to HV residents for food, tutoring, a way to check on neighbors that might need help (ie. webpage that people can post what they need so others can help). A dumpster day that is practicing safe distancing. People are clean and purging but no place to dispose of garbage or donate items to.

"I have personally not offered to help as I am 77. I would offer if it is considered safe. I am healthy and have been tested negative.

Perhaps on a nice day we could have a drive through of fire department personel, encouraging people to come out and say high to their neighbors.

Since our rate is very low, perhaps allowing visiting of 1-2 people who have already been home over 2 weeks could be allowed."

Check on single and elderly neighbors

To recognize that some people are asymptotic carriers and should take more precautions like wearing masks.

System to identify vulnerable people who may need assistance

Maybe we could shop for our high risk neighbors that are needing supplies

Staying informed by a reliable source so you can let people know what is going on.

A message board where residents can post needed items or services, and community members can respond

They need to wear masks to protect each other!

Help curb misinformation that is beginning to spread in our community.

Stay safe. Wear masks. Need testing

Run errands for seniors or those with compromised immune systems, sew and give away masks or sell them

I feel like stronger encouragement of wearing masks in public would be helpful. This is a cultural shift and all reinforcement of it is helpful. Many people are still not wearing masks at the grocery stores. The city can help reinforce this idea in any information they share or provide and in general we can all help normalize wearing masks by making sure we wear them everytime we go out shopping.

Just overcommunicate.

Remain home and practice social distancing

Respecting the stay at home order.

Just to stay a safe distance and wear masks

Stay home, stay healthy! This is far from over and everyone needs to continue to do their part.

A place to place community needs

No. No tests, no way to know if you have it or have had it. I'm not going to expose anyone because I THINK I'm safe.

Compassion

Yes, let's open the economy and require only sick people to stay home.

eliminating false information that you find on social platforms

Continue to support small businesses and stay home unless absolutely necessary.

Make sure the elderly and disabled are taken care of in thier homes. Go door to door.

Everyone wear masks and stay the distance

We partnered with a local graphics firm that pivoted production and materials to create safety Sheilds and donated 500 units to Kaiser Sunnyside at the end of March. We have initiated a social media challenge to others in the local real estate industry to join us in gathering donations to provide adequate PPE for our local front line responders.

We need directive on how to get out of the house in a safe manner. Some people still believe they cannot leave the house at all. Need safe outdoor activities.

Support local businesses

I think if the scare is removed and more can volunteer to help others and just smile

Stay home until this is over

Reinforce to community the importance of respecting rules of stores and public spaces.

I feel like now is the time when we need more positivity. Something to look forward to. An end in sight. It is easy to jump in and be vigilant at first, but as a community we need reminders and focus to stay the course.

Stay in contact and communicate when needing help.

Check on your neighbors!!

It would be informational to know where and what help is needed in our community so I could help.

Stay home!

Maybe have Happy Valley residents create handmade cards for our older folks in Happy Valley. Have a collection site at Fred Meyer and new seasons. Then have them distributed to the elderly in some manner.

If restaurants advertised that they wore masks while preparing food I would order take out.

Everyone needs emotional support, social connections.

"Continue to social distance PLEASE.

Wear mask when out and about.

Stop spreading conspiracy theories."

Not really, it seems like we have all conformed very quickly

Stay home

Continue to check on neighbors and friends

Be friendly when we meet out walking. People make a point of moving 6' apart to pass, then so often stare straight ahead as if a simple morning greeting will pass the virus!

Social media videos (from leadership and local businesses) explaining true facts about the disease and also encouraging local families to look beyond their immediate desires and work together to keep the local impact as minimal as possible. It has to be incredibly difficult for small businesses. It will be even more difficult the longer this goes on. That is dictated not by those working together but by those who simply do not believe this virus is any different than a normal flu.

Have a place where people who like to make masks can drop them off for people who still need them. More places are requiring cloth masks and not every member of our family has one...we are not the best at sewing.

Challenge the authority of our inept Governor Kate Brown. Support and defend the rights/freedoms afforded to us per the Constitution.

Mental health

Stay at home.

Keep staying home and be safe!

Open parks and outdoor activities, so that healthy life styles can be promoted.

Recognize the importance of social distancing. I still hear of too many families ignoring this and allow multiple family play dates and completely disregarding this.

Positive reinforcement that social distancing is working. Signs showing support of efforts around the city.

Share and trade more.

Open the economy back up. Now. The emotional effects of homes that are not a safe place (child molestation and hunger) will last a lifetime, whereas this virus is but a blip in time.

Encourage residents to obtain information from credible sources, based on science.

Everyone needs to continue social/physical distancing.

It seems there are so many people in grocery stores and medical offices that are not wearing masks or worrying about social distancing and as an over 60 person it feels like they don't care about anyone other than themselves . Sure, they may get the virus and that's on them but the chances of them infecting others because they choose not to wear a mask is irresponsible.

I think people in our community are doing a very good job. No additional ideas.

Stay home. I see too many out & interacting. Not keeping distance.

Be kind

Praying

Just be supportive of each other, offer to help if needed.

I wish there was a direct way to donate & distribute food & supplies to residents who need it

Help us get back to normal and let people into the parks. Encourage outpost activities I still walk with my kids and get glares from people. We need to connect with the earth and take in fresh air. The home is getting stagnant.

Support local businesses once they start to reopen. Reach out to neighbors via social media or text/email to see how they are doing. Offer to pick up supplies if you plan a trip out to Costco or pharmacy

Public supply lists to help people obtain "hard to find" items that other shoppers may come across and assist with sharing

"Wear a mask, wash your hands.

If you're at risk population stay home. If you're not get back to life."

Respect the guidelines set up for social distancing. So many people blatantly ignoring it.

Checking in on our neighbors is essential

It would be great to help supply masks! I dont have a sewing machine and I'd really like to have the cloth home made masks. I'm sure I'm not the only one who doesnt have a way to get good reusable/washable masks.

Service organizations could be allowed to post "needs" on the cities Facebook page

Social Media reach out, do a tree calling, especially for elderly and disabled people

Stay home if you can.

Let seniors speak for themselves. They have rights too.

Be more proactive on disaster prevention for our future references.

Stay the eff at home!

Maybe requiring masks at all time when out and about.

Continue small business support.

Wear a mask when in public, wash your hands, keep a 6 ft distance when passing others, buy local when possible, plant a garden or edible landscape, share the produce you grow, get to know your neighbors, work on your yard, get outside in the sunshine for some vitamin D and a spring uplift!

We need to insist that people wear masks when in the stores. Saw a lot of folks in Fred Meyers not wearing masks and not staying 6 feet from me. Very worrisome!!!!

Stay home! Stay safe

A seed library would be nice so people can grow their own food.

Have an easy way to ask for help, so others can provide the help they need, such as childcare, food, supplies, etc.

Listserv of needs and ways to contribute

Nice to have a list of places, people, non-profits that need help with resources, funding, deliveries.

Not everyone is practicing social distancing- not sure how to enforce this..especially at the store.

Follow recommendations

I'm California, restaurants will be given contracts to feed elderly. This will boost the restaurants and keep our most vulnerable citizens out of grocery stores. This is a smart and humane approach to two of the hardest difficulties about the pandemic.

Maybe a platform where our vulnerable population can post needs.

More community activities, scavenger hunts, hv together

"Shared shopping trips or grocery runs (hard to do with children too young to stay home)

Neighborhood night out, earlier than planned.

Organized bike rides. Etc"

Apartment communities doing a better job of linking residents with needs to available resources.

Calming people with facts and not T.V. politics. Being a retired R.N., have many friends in medicine and get info updates in real time. Sharing that with neighbors to help people not be so afraid. Assisting in

minimizing fears help people focus on daily life and not feel "hopeless." Using social distancing, people pull out chairs in front of their homes and talk across the street to neighbors. Helps mentally, so much.

Stay home

Community level 'help's board - offer what you have or post what you need. We've done that in ours via an (incomplete) email list.

People that can see could make masks for those w/o

neighbors offering to help older neighbors with grocery shopping so they don't have to risk being infected.

Stay home! Wear masks. I am not seeing many people wearing masks to protect the community.

Be patient and not rush this so we end up back like this.

Stay calm

Stay home!

Require masks to be worn by everyone out in public.

I have sewn many masks for donation... mine went to Clackamas County Health Department. Please let us know if there is a need in Happy Valley - even if its for other community members who do not have any. I am happy to keep sewing.

Supporting each other during online learning. Group calls for educational questions in each grade, by teacher etc.

Maybe add some "slow down, pedestrians" signage on Hagen/162nd? Lots of walkers accessing the Scouters Mountain trail, now Hagen is open there is a LOT of fast traffic.

There seems to be a lack of respect for social distancing and mask wearing. Make it the cool thing to do. Give away, promote small sellers of desirable masks? Somehow this is a political stance instead of a sign of respect for those we come in contact with.

Assign people to check on elders in neighborhoods

It should be required for everyone to wear face coverings when in public.

Encouragement for people to report facts and not repeat conspiracy theories and false information. Make and give away masks, and homemade hand sanitizer and other essential items. Give positive reinforcement to those community members who are doing their best to socially distance themselves from others and wear masks. Have stores require masks to enter. Find a source of rubbing alcohol and make accessible to the public at non-usurious prices. Open public spaces and equip them for community gardens with social distancing in mind. W

A center to donate toilet paper and necessities to elderly patients and single mom/dad.

Making sure elderly have what they need

Please be respectful of the distance needed between essential workers and yourself as you go grocery shopping.

Get back to normal

Residents could be more respectful of those who are living with health problems and understand their risks. There seems to be a group of people who are disregarding this importance and living life as usual.

Something like virtual block parties

Testing for everybody.

More information about mental health assistance for those who are struggling due to COVID19.

Neighborhood chalk hopscotch/obstacle courses on sidewalks, neighborhood I-Spy/scavenger hunts. Affordable grab and go meals/freezer casseroles. Most of the restaurants near here are too expensive to feed a family (esp with 3 teenagers!) except for special nights, I'd love to be able to take one night off of cooking dinner. Teachers, school administrators, parks workers, librarians, etc. could hold live Zoom chats.

There little to no help for independent businesses or sole proprietor and self employed people. The PPP is mostly for businesses with employees. It's woefully inadequate.

Getting back to work is priority

I'd love to see if there were a way to better support those living in retirement communities. They are completely cut off from the outside world and each other right now. Whether that is sending care packages, doing parades, or something else to bring cheer to them, I know it would be GREATLY appreciated.

City of Happy Valley can start an education program to build our citizens' immune systems through healthy life choices. We don't have to be fearful victims of a new / novel virus. We can thoughtfully look after the vulnerable while continuing to maintain our businesses, thus our economic health. We can do both.

The community has done well.

I think residents have been helpful in general. Continued social distancing and more mask wearing would help to further reduce the spread of disease. There are vulnerable community members who are afraid to go out because they perceive that people may not be staying safe.

Yes. They need to stop feeling entitled, as they continue their social activities with friends! Sitting in driveways drinking wine, going for walks with friends and so much more that they choose to post cheek to cheek pics on Facebook. Oh, of course they are also allowing their teens to do the same! No social responsibility! It's really sad!

Yes, Everyone should wear a mask when in stores etc. People also need to pay better attention in the stores following markings on floors, moving over to pass etc. I have noticed in some stores such as grocery outlet the employees do not wear masks. People need to think about others and follow the facts about this virus.

Masks should be mandatory in public.

Have basketball rims put back on backboards of school basketball yards

Please keep educating people about the risks. It has been alarming to see big groups of people gathering in Happy Valley Park, without masks and not social distancing.

When people think it is just a flu, they need to realize how deadly it is... Respect and keep yourself and others protected..

Provide/make masks for others (landscapers, mailman's etc)

Unknown, but the signs around town about social distancing are helpful and stores making people wear masks is a great way to shift the norm to show everyone it's the best way to go out in public

Quit posting on Nextdumb.

Share factual information related to personal safety. Try to counter the untrue social media posts. While it is good to stay apolitical, facts are facts.

Follow the stay at home orders and the social distancing guidelines. Wear masks whenever in public or around people outside of your household. Be community minded and concerned about everyone, not just yourself.

Thinking of others more, stop hoarding supplies and food, be aware of social distancing and personal space.

More promotions of small business so we can keep them going when it is time to reopen

Stay off of NextDoor. :)

Put up stronger barriers at the parks.

Provide mental health support and food banks for residents in the area.

No. Reopen ASAP.

Check on your elders and friends

Food assistance

Just wait it out. It's hard, but we will get through this together.

Being friendly and courteous when out and about, doing their part as per the CDC, WHO, and city guidelines

Maybe a registry that people can go online to access needs of neighbors, whether food delivery, pet care, etc.

Stay home

Wear a mask while out in public.

Public safety officer could be a little more of a presence in the parks to help remind people of the safest behavior

If they have certain expertise in an area like money management, dr expert advice/nurse, can make masks to distribute to our community.

More community building. Even on Nextdoor there is blue or red. How we continue to message being neighborly. How we can help one another.

Wear a mask while out in public.

Continued FB post to encourage other to be socially aware and comply with local businesses with their safety precautions.

Maybe more information on the walking/hiking/outdoor things people can do. There is a robust trail system in hv and it would be great for awareness.

The best way to help each other is to continue and respecting social distancing.

I think many residents need more information on how to socially distance when in parks and on sidewalks/trails

None. I wish there were more understanding of how the restrictions are affecting the elderly and how thankful the rest of us should be; the way we are impacted is nothing compared to how they are.

Stay home

We just need testing

Feature business' in the area and how you can support them.

How to plan once things reopen

Info on how to help those financially strapped

Open up

Way for us to reach out to seniors who are isolated. Could we make phone calls to check in with them - especially if they don't have family members? Meals on Wheels drops off food at the door. Could they request a phone call? Or those in nursing homes, etc can they request a phone call? I would certainly reach out for a chat!

Stop the stigma around mask wearing and just require it whenever possible. Pick up after themselves (dog poo and PPE).

Why did I get the message to stay in side and my neighbors with kids think it's ok for them to play in the culdesac? They all have backyards!

I think checking on neighbors is a great idea.

Wear masks! Especially on grocery stores!

People need to be reminded that a little inconvenience now will prevent deaths. There needs to be a messaging campaign around this.

Let's get back to work!

Independence Day celebration!

I hope residents will stop spreading misleading information that goes against CDC guidelines.

It would be nice to know if there are elderly people near me who need help with groceries and or other essential needs. I wonder if there is someway for the elderly to access help.

More blood drives. It was a bit difficult to get an appointment when I wanted to donate.

Stay home.

I just wish this would all end.

We can encourage people to stay in our community as we have everything that we need right here in Happy Valley. And wear masks in our community spend our money in our community and take precautions for the next year in our community and get used to this the next 7 months until we get a vaccine.

keep social distance and wear masks everybody is out in my street walking cycliyng with kids all without mask i dont feel safe going out to put my trash containers or walking to mailbox (pedestrians everywhere)

I think it would be of value to have a resource on the city website where people can request supplies (elderly that may be living alone or have underlying health conditions and cant get out) this would allow others in the community to reach out and help them and get to know the community better.

Once most people go back to work and high risk people still have to shelter in please encourage more senior only hours.

Any community connections for people that need assistance. I'm happy to help others if there is a way to connect with those in need.

Stay home! Stop watching FoxNews.

Stay informed

Being aware of needs of other to know who needs help

Get away from the scare tactics (not real relevant to HV) and find ways for people to get back to their routines.

put something positive for kids or adults on your front lawn

Right now everyone is going stir crazy with being locked down. If things don't start to change soon then there will be more and more people not following the COVID-19 guidelines from the governor.