

HV Library Summer Reading

contest See page 15-16

Good Shirt program supports local business



June 2020 happyvalleyor.gov

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EMMA GOULD

Happy Valley NEW

A city, community, a lifestyle — a place we proudly call h

LITTLE POMP, but lots of circumstance

CHS valedictorians reflect, offer messages of hope to Class of 2020



he Class of 2020 has swallowed a hard pill of no proms, senior parties, skip days, countdown to gradua-

tion, or even a graduation ceremony. Instead of fireworks and throwing their graduation caps in the

air, the symbolic transition from child to adult is feted with cloth masks and hand sani-

Even though there won't be a traditional commencement ceremony, four valedictorians from Clackamas High School share their thoughts.

Congratulations to the Class of 2020 from the **Happy Valley News!**

Masaki Lew

High school has been our community of strength, unity and courage. We have been academically challenged and socially inspired in every way throughout the four years.

However, as we enter the next phase of our lives, what has happened in the recent months has reminded us of how much this community enriched



us — and taught us the importance of

friends and relationships. Perhaps

this outbreak has been the hardest

challenge of all. But through the con-

sistent effort we've demonstrated, it

No regrets. That's what I thought

my goal should be going into high

school, mainly because that's what I

read in some article about how high

school is simultaneously some of the

most incredible and most terrible

will be no less, one we'll overcome.

Justin Long

MASAKI LEW



ed to make the best of it. Academically, socially and personally, I didn't want to leave anything up to chance.

Even though I knew that I wanted to try new things in high school, I obviously didn't understand what my goal even meant until about halfway through. Looking back, I acted awfully sheltered during freshman and sophomore year, and anyone who knew me during this time can confirm it. I justified not going to a school dance or staying home from a get-together with friends in order to study as, "I'll regret

REAGAN SOLOMON it later if I do, so really, I'll still have no

Yes, I realize how stupid that sounds. It never occurred to me that, for many of these events, I'd never get the chance to do it again. Then junior year hit, and it hit me

like a giant transformative self-growth truck. It started with this little class called AP Chemistry, which has a reputation for being one of the toughest courses at Clackamas. That was one of the first times as a student that I felt truly challenged. The material required me to go beyond the conversations we had in class and take matters more into my own hands in order to succeed

So, I made one of my best decisions of high school: forming a study group. AP Chemistry taught me advanced stoichiometry and titration, but it also taught me the power of friendly collaboration. If I let other people in, we all benefit. Not to mention, that study group gave me some of the best friends I've ever had.

With that group, I went to prom, I reached new athletic levels, and my mental health improved dramatically. Before, my high school goal was simply some meaningless words rattling around in the back of my head. Now, the classmates whom I had befriended breathed new life into that phrase.

In reflection, I've ironically ended up with countless regrets from my first two years of high school when I was trying to hold a tight grip over every aspect of my life. I regret staying home to memorize flashcards rather than going to football games. I regret avoiding certain people because of stupid, ignorant stereotypes. And most of all, I regret not letting other people into my life sooner.

No regrets. While I certainly can't say that I made it all the way through high school like that, I'm incredibly grateful that I found a balance between seizing opportunities and ac-

See VALEDICTORIANS / Page A5

Pivoting during pandemic

Local businesses get creative to stay afloat during health, financial crisis

By SHELLEY McFARLAND

Gov. Kate Brown's shelterin-place order issued for the state in March has been difficult on local businesses struggling to maintain a positive revenue flow, along with retaining employees.

To stay solvent, even with government assistance, Happy Valley businesses are thinking outside the box to serve customers.

At Cup of Tea, owner Susie Sisk was entering the beginning of her second year of business with a loyal following and was pushing to widen her tea shop's client base. She was hoping to be in the green when the pandemic hit. Instead, since March 11, Sisk has worked every day to absorb

Cup of Tea is open and brewing up tasty tea for its customers. Happy Valley resident and owner Susie Sisk works daily and loves chatting with people and teaching them

about tea.

payroll costs. "The pandemic just blew up my hope to not add to my debt and my hope to take some days off to spend more time with my family. We are lucky that the store is still open for takeout, but without the cafe being



is gone," Sisk said. "As we head into the end of the April, I am sitting at an 80% loss for the month.

To serve her customers, Sisk continues to offer loose-leaf tea online and has added local de-

open, the consistent cash flow livery options. Always a strong proponent of supporting other woman-owned businesses, Sisk has added more outside products into her shop to help others.

See PANDEMIC / Page 3





painting packs are available for kids or adults. Simply call **Venvino Art** Studio and arrange for a nick up time.

At-home



Venvino Art Studio has created special craft packs for customers to take home and work on at home.

Pamplin MediaGroup This publication is a partnership between Pamplin Media Group and the City of Happy Valley.

MON-SAT 10:30 AM - 9:00 PM

SUNDAY 2:00 PM - 8:00 PM



Art Contest Mayors Message.... Youth Council

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FACES ON THE FRONTLINE

Health care workers share their COVID-19 experiences

By SHELLEY McFARLAND

The hours are long, their feet are tired, and they're scared. Today's health care workers are the heroes of a frontline battle against a virus that is highly contagious and has affected daily life for millions of people around the world. Here are four of their stories.

Jorge Juliano Jr., registered nurse/ICU adult and pediatric, **Legacy Health**

Since graduating from Linfield School of Nursing 10 years ago, Jorge Juliano Jr. has been working in the ICU. Currently, all his patients are on some sort of life support, either a mechanical ventilator or oxygenation through a lung bypass machine and often are heavily sedated or in a medically induced coma. Some of his sickest patients require two specially trained nurses, with one always directly at bedside. Working nights, Juliano's shift begins with a team report to learn about everything that happened during

The COVID-19 pandemic has impacted Juliano and other health care workers who have had to change how they care for patients by setting up triage centers, limiting nonessential surgeries and constant conversations about personal protective equipment (PPE) in regard to supply and use.

"I think at the beginning we were feeling the uncertainty like everyone else, and it seemed like hospital policies and procedures would change daily as new information came out. But, overall, we are all doing surprisingly well," Juliano said. "We are so thankful that we did not see the hospital numbers that other major metro areas have seen, so that has really helped keep stress levels

Seeing COVID-19 upfront



Wendy Stimac

health care workers.

"As a nurse, we have lost patients due to COVID-19, and any patient loss is incredibly difficult. It's hard to accept the fact that you can't do anything more to save a patient you have cared for over several weeks," Juliano said.

To help keep health care workers safe, Juliano's hospital is providing scrubs when working on COVID-19 units and the used scrubs are laundered at the hospital. To further prevent being infected and keep his family safe, Juliano showers at work and puts on clean clothes for the drive home. He wipes his shoes with disinfectant, puts them into a bag and wears a clean pair of shoes in his car.

"Like everyone, I miss the normal social interaction with friends and family, and I think it's been really hard for our kids as well. Not visiting my elderly mom has also been difficult," Juliano said.

Dr. Derrick Lee, internal medicine, Kaiser Permanente Sunnyside Medical Center

As the COVID-19 loomed, Kaiser Permanente Sunnyside Medical Center swiftly conand personal takes a toll on all verted one of its two ICUs into



Derick Lee

a dedicated COVID-19 unit. The unit was retrofitted to negative pressure hindering the aerosolization and spread of the virus. Within that unit, Derrick Lee formed a team with an ICU doctor and anesthesiologist. They took turns working three days in a row to limit their time wearing PPE, which is very restrictive and needs to be disposed of for a bathroom break or sip of water. Lee is proud of his hospital's collective response.

"I saw my community of doctors come together with our resources and knowledge to be ready for a possible deluge of sick, COVID-19 patients," Lee said. "Thankfully, because of the swift response of the state of Oregon, from being one of the first states to be identified to have COVID-19 patients, and because of our proximity to Washington state, an early epicenter, we became a shining example of how physical distancing worked. Our state should be proud in that we were among a handful of states that sent ventilators to New York during their time of need."

Although Lee's colleagues supported one another through channels where they could communicate about personal fears and concerns, the seriousness of the pandemic weighed on Lee.

"I drew up my will when we realized the potential of severe illness, despite me being healthy. I got a bed and set up my office to be an isolation unit on days I thought I may nave been contaminated. The promising my health or even spreading it to my loved ones just to be able to do my job was daunting. We are all healthy, but my in-laws lived with us and spreading it to them was also a huge concern. Nonetheless, it was an opportunity to fulfill my oath as a physician to be there for my patients," he

Over his 20-year career, Lee has borne witness to kindness and appreciation.

"I've seen patients in the hospital profusely grateful for receiving even basic care during the height of the pandemic, to volunteers sewing masks and mask bands for us to use. High school students using 3-D printers to construct holders for clear face guards when we were about to run out, and even at the supermarket, everyone has been gracious in waiting their turn, allowing older folk to cut in front of them," Lee said.

Amy Caswell, registered nurse/ICU, Providence St. **Vincent Médical Center**

Like Juliano and Lee, Amy Caswell is working in a COVIDspecific ICU. As she pulls into the hospital parking lot to start her shift, Caswell is greeted with a sign saying, "Heroes Work Here.'

Amy Caswell

"For me, that sign is the strength and encouragement that I need to start my long, 12-hour shift. I then walk into the hospital where my temperature is taken and we are asked if we are having any shortness of breath, fever or cough," Caswell said. "If I answer no, then I am given a mask and head for my unit.'

Caswell said people are nervous on the negative-pressure unit because the masks and surgical caps make it hard to recognize anyone. The patients are very sick and hospital protocol can change daily due to current recommendations or by the lack of supplies or equipment.

"This definitely adds to the stress each of us feels. The camaraderie is there; we are very protective of each other and make sure we are protected with PPE before walking into a known COVID-19 positive patient's room. We have designated nurses who help us put on and take off our PPE so that it is done correctly. We have spent a lot of time in those helmets and protective equipment," Caswell said.

After a 12-hour shift, Caswell puts on clean scrubs before leaving the hospital and showers immediately when arriving anticipation of possibly com- home. She wears a scrub cap at work to keep the virus away from her hair and, like Lee, doesn't wear the same shoes or any other item into her home, or if she has been in a COVID-19 patient's room.

"I have three kids at home, my husband and mother, so we try to limit my contact with them until I have showered. My husband also works in health care as a pharmacist for Kaiser at the Sunnyside campus, so we are dealing with the potential of both being exposed. Our kids were super worried in the beginning of this but seem to be used to it now," Caswell said. 'My concerns for the summer are an increase in cases. We are prepared at the hospital and know what to expect now, but the families this affects will never be prepared for the journey they will go on if their loved one is infected with the virus and needs to be in the ICU. Social distancing works, and I believe we should continue to do

some form of it into the sum-

Caswell is appreciative of the community that has showered her and her colleagues with meals, gifts, cards, posters and flowers. Many nights the health care workers don't leave the COVID-19 ICU, so a hot meal is appreciated.

'We know this is our job and duty, and for me, I couldn't be prouder to be a nurse at this time," she said.

For Caswell, the hardest part of the past few months has been the "no visitors" protocol.

"It is so sad to have families call you for an update on their loved one and you can hear the desperation in their voices for us to do all we can to save their family member. They are scared and have no idea what is going on. It has been weeks for most of them since they have seen their family member,' Caswell said. "We have been setting up iPads in patient rooms for families to be able to see their loved ones, and most families will stay on a FaceTime call for hours. They are all so appreciative of what we are doing and finally able to see their loved one."

Wendy Stimac, registered nurse/labor and delivery, **Providence Portland Medical Center**

As a charge nurse for the night shift on the maternity unit at Providence Portland Medical Center, Wendy Stimac is cross-trained to triage, assist with labors, work the Prenatal mother and papy postpartum, and scrub in for surgeries. Any given night includes vaginal births, Caesarean-section births and OB emergencies at the hospital.

"Any average night before COVID-19 could already be incredibly stressful with any number of difficult situations. However, COVID-19 has increased the stress level involved with the birthing process," Stimac said. "It's scary to be at the hospital right now, as a nurse or a patient. Many nurses have underlying health issues or take care of vulnerable people at home, and they are worried about contracting and spreading the disease. The lack of PPE has been also been a huge concern."

Since the pandemic, Stimac and her staff have had to change the way they perform their duties and the precautions they take when returning home. Along with masks, surgical caps, temperature checks, clean scrubs and additional layers of PPE for operating, isolation or procedures, Stimac switched her hospital-provided face mask, which she called a "riot shield," for a more comfortable, lightweight one that is easier to wear and communicate through. The maternity ward also has taken extra precautions.

"This virus does not care if you are pregnant, so we have had to remodel a suite of our rooms into isolation rooms. The airflow had to be adjusted to be able to safely care for CO-VID-19 patients. Every COV-ID-19 room is under negative pressure so the air in the room will not be vented back into the hospital," Stimac said. "Along with those rooms, they also adjusted the airflow in our operating rooms. The hardest part of this pandemic has been to stay on top of all the changes that we are dealing with. There are constant updates to our protocols and procedures as more information about COV-ID-19 becomes available. Patients are restricted to only one support person to stay with them when at the hospital; this person does not get switched out. We have had to ask all our lovely doulas to stay home."

Stimac has had COVID-19 positive patients who have delivered, and the staff is required to ask them if they want to isolate from their infant, as the CDC recommends, or go against CDC advice to be with the baby while taking precautions. Stimac admitted the process has improved as testing ability has improved, and now every patient at her hospital is tested. If an untested patient is admitted and becomes symptomatic, they are treated as positive and isolated until test results are returned.

"Personally, as a mom and wife, I want to stay home and be away from it all, but the nurse in me knows that my community needs me go to work and to stay healthy and strong. Mental health has been a huge aspect of this. I have had to chant to myself, 'You are brave, you are kind, and this too shall pass," Stimac said.

Like other health care workers, the stress of working in a hospital during the COVID-19 crisis cannot overshadow the goodness of humanity.

"The touching moments in my life right now are when the community wants to share their support and appreciation. The meals and care boxes de-Specialty Care Unit, tend to livered to the hospital really do mean a lot," Stimac said. handmade masks and shields are also greatly appreciated, and the shout outs of support bring tears to my eyes.'

> All four health care workers look forward to a time when there are no COVID-19 patients at their hospital and virus protocol is not dominating their days. They are all ready to have life return to normal but appreciate the support of the community.

> I am so thankful for everyone who stayed home, isolated, distanced and were/are diligent at hand hygiene. You all made a huge difference in how COV-ID-19 impacted our community and our hospitals" Juliano said "I am anxious for things to be back to normal, but I think, in reality, I feel we will have a 'new normal' for a while. As we open back up, be conscious of our older, more vulnerable community members. Stay home if you are not feeling well, and follow good hand hygiene, Juliano said.



CITY OF HAPPY VALLEY

At the time of print, the following events were scheduled. Please check www.happyvalleyor.gov to confirm timing of events and instructions on how to participate virtually. You can also opt in to receiving notifications about upcoming meetings by visiting https:// www.happyvalleyor.gov/signup-fornotifications/

Planning Commission Meeting

June 16

City Council Work Session City Council Meeting

June 23

Library Board Meeting

June 24

Design Review Board



Pandemic

From Page A1

"This way, we can work together to get the word out that the store is open for business. I even have local pickup for those who order from Pepper and Salt soup, Heather's Treasures, Smell This essential oils, and elderberry products from Wild Roots Pantry," Sisk said. "For the most part, the closure of the cafe has given us time to focus on how to grow the website and build relationships with local businesses like Rose City Coffee, who will be serving our tea in the future. We are also creating a fundraising page on our website to help other organizations.'

Through it all, Sisk has been grateful for her customers, calling their support heroic and

Like Cup of Tea, Ichi Teriyaki 21 has been able to serve customers through delivery and takeout to keep cash flowing, but with high rent, perishable products and employee costs, sales dropped 30% since the pandemic began.

Businesses that aren't deemed essential have needed to sell their goods and services without a storefront. For Happy Valley Arts Academy, their music lessons went online quickly.

When this crisis first started, I researched what was the best online stable platform and came across Zoom. We transitioned our weekly lessons to online Zoom lessons," said David Martin, Happy Valley Arts Academy owner. "Parents get a link to their Zoom room prior to the lesson, and the students log in at their lesson time to meet their teacher.'

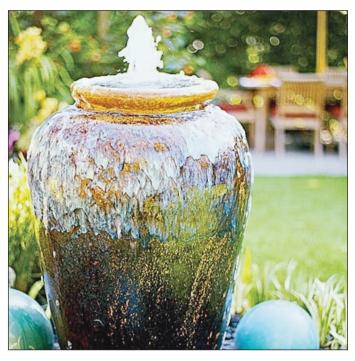
Initially, the music academy had over 150 cancellations -25% of their overall client base – due to job losses, uncertainty about the economy or complications of working from

Martin said since then, "people are starting to adjust to online lessons, and we have even heard from some parents that they prefer the online option to in-person lessons. So even when we reopen, they may stick with the online lessons

More than just providing music lessons, Happy Valley

Ichi Teriyaki has continued to serve their customers through the pandemic and looks forward to opening fully. The popular Asianstyle bento restaurant serves a number of dishes including teriyaki chicken and





Terra Casa is now open and ready for business. After extensive cleaning, the store is ready to help customers find what they're looking for.

Arts Academy works to provide a sense of community through its staff, and Martin is proud of how his music instructors have adapted to the new teaching style.

"It's been stressful not knowing the certainty of our future. But we are determined to keep music alive, especially during this time. We must not let this virus stop us from making music," Martin said.

Longtime business owner Diana Helm said missing the Terra Casa Spring Break sale, Mother's Day and peak outdoor selling season has hurt sales substantially. The home decor, outdoor pottery and furniture store located in Damascus is open now, though for weeks, Helm had a system of appointment-only outside shopping.

"It's worked well, and folks were thankful that they have the opportunity to shop and were pleasantly surprised that we were at least open for outside shopping," Helm said. "We appreciate those who are respectful of our limitations, and their patience is welcome. We have and are continuing to adapt to this new retail environment while being cautious. This virus has upended our lives, some more than others. We will continue to do the best we can under these challenging circumstances.'

During the time her storefront was closed, Helm had most of her staff working inside the store on projects like



customers could pick up curbside and work on at home. Owner Janice Kiser is excited to be open for her customers again.

and cleaning. She commends crafting kits. staff members for stepping up and supporting her and her business.

At Venvino Art Studios, Janice Kiser said 95% of her services are social. Therefore, closing the studio was devastating and sales decreased by 80%. All events and art lessons were canceled, and revenue was lost during the normally busy months of March, April and May. To counteract the dramatic decline, Kiser adapted her website to offer craft boxes for delivery.

We've had to really adapt not only for sales, but for our community. The craft boxes were originally geared toward smaller kids, and we used leftover crafts from camps, storytimes and events to fulfill orders," Kiser said. "It is important for kids, specifically, to stay creative during this time, since they don't have a good way of expressing emotions verbally. This allows them that opportunity and keeps the parents a little saner, too.'

Because of the success of the craft boxes, Kiser expanded her art-for-delivery options. She offers a canvas kit with a predrawn canvas, paints and step-by-step instructions and painting, re-merchandising is working to offer more adult

"But since we were not set up for this kind of business, it has been a tremendous amount of work to come to a screeching halt and do a 180. We're looking into doing virtual events, but this is a challenge to get the product to everyone who needs it to do the event," Kiser said. "We've struggled to know what is most important and where to fulfill needs.

Since we are treading in such unknown waters, I love customers," Kiser said.

hearing what customers want."

Each owner misses their customers and connecting with them in their brick-andmortar stores. But each feels grateful for the continued support and looks forward to when restrictions will ease and the community can engage again.

"I am always humbled by our customers who have been patient, kind and supportive; I am absolutely grateful for our

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HAPPY VALLEY CITY COUNCIL Council Meetings are held 1st and 3rd Tuesdays of the month at 7 p.m. at City Hall 16000 SE Misty Drive Happy Valley, OR 97086 (503) 783-3800 www.happyvalleyor.gov

Emergency Small Business Assistance Program



TOM ELLIS

"Thank you

What a great

life line this

is. I deeply

appreciate

so much.

appy Valley local businesses contribute so much to our local community. They provide places for us to gather to eat, drink, and shop. For some of us, they provide jobs. Unfortunately, like many throughout the country and world, our local businesses are in a state of uncertainty and financial strain due to the COVID-19

As an emergency response to support our community, the City Council

"I cannot thank you enough!

Owning a business in Happy

experience from day one. I

myself, my landlord, staff

grateful for the support."

Club Pilates

YURIE HAN

Valley has been a great

and clients are all very

and I enacted an Emergen- offered a reimbursement cy Small Business Assis- for lease, rental, or morttance Program. This program provided grants to local small businesses that experienced temporary closures or service reductions as a result of the Governor's Executive Orders. While taking these steps were important to slow the spread of COVID-19, they were impactful to the business community. Which is why the City Council and I thought it was important for us to provide support.

Specifically, the program

"We have no words to explain how grateful we are!!! We appreciate your help so much! Thank you!!!"

AOUA Float Spa

gage payments.

In total, the City issued awards to 49 local businesses. Most impressively, approximately 50 percent of the awards went to business owners of historically disadvantaged populations. Resources for the program came from contingency funds so that it wouldn't impact other city operations.

As part of this program, I wanted to share with everyone just a few of the comments we've received

"thank you for

your generosity

and foresight in

conceiving of this

program, and in

the speed of it's

implementation."

Corvus Foodcart



more than 40 local businesses impacted financially by the pandemic, help with financial needs related to lease, rental, or mortgage payments.

"The City of Happy Valley is hands down the best in all the land. The support they've given us over the last 3+ years has always been more than we could have ever imagined and now the the HV Business Assistance Program Grant we just received, we are in a more solid place to re-open our doors..."

Local students recognized by Happy Valley City Council

City of Happy Valley

Bishops

At the June 2 City Council meeting, Kate Janzen, a fourth grader from Scouters Mountain Elementary, Kyle McFarland, a sixth grader at Happy Valley Middle School, and Yurie Han, a junior at Clackamas High School were recognized for their winning

KATE JANZEN

submissions in the 2020 "If I were Mayor" contest. Sponsored by the Oregon Mayors Association, the contest encourages youth to take a closer look at their community and describe what they would do if they could be mayor. Their entries have been submitted to the statewide contest, where a winner will be announced later this summer.

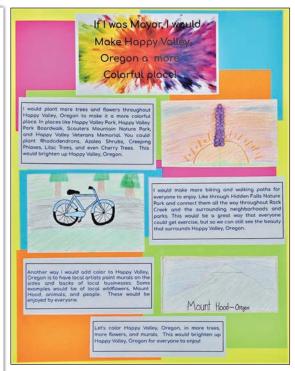


KYLE MCFARLAND

"As mayor I would encourage the residents to stay connected with one another and have fun. Your neighbors can be your friends and the happiness in the city can keep growing along with

Full essay by Kyle Mc-Farland posted on the City of Happy Valley's website at www.happyvalleyor. gov

the city."



Kate Janzen created a colorful poster showcasing what she would do as mayor. Her vision included an influx of color via community artwork and plant life.

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The voices of our youth

Seniors from City's Youth Council share their thoughts on graduation amid the pandemic



Derek DiGregorio

The high school class of 2020 will always be unique. We were born when the world was grieving over 9/11 and are graduating as the world grieves over a pandemic. As my high school experience has come to an end, while I missed out on the rest of my basketball team's final playoff push and my last Youth Council events, I wouldn't have done anything to change the experiences and memories I made along the way. It's always easy to look at the negatives and dwell on them. I have chosen to accept this situation and move on to my next chapter of life at Oregon State University.



Masaki Lew

As we're nearing two months into the shutdown, I think the isolation has shown how much high school influenced our social and academic lives. Although my personal hardship is minor compared to the difficulties that some Americans are facing, I can confidently say that many of my friends didn't want to leave high school like this—without a real chance to say goodbye. Missing out on prom and graduation hurts, but with the time off, I've been fortunate enough to spend time with my family and reflect on what I plan to do in the future. Covid-19 has been a challenging hurdle, but I believe many youth in Happy Valley and around the world are determined to discover a way to overcome it.



Mitchell Dorn

There's no debate that the Class of 2020 didn't get to experience a proper Senior Year. Events that were supposed to define our last year of high school were suddenly taken from us without warning. Senior Prom, Spring Sports, Senior Nights, Senior Skip Day, and especially Graduation are days that we've looked forward to since our first day of high school. Now, whether we like it or not, we're about to begin the most important time of our lives. The decisions we make in the next ten years will define our future. Now is the time to work hard and keep your goals in sight. I wish each and every one of you the best of luck with your next steps in life, and I look forward to seeing you all soon!



Although not what I expected, seeventful time I will never forget! I'm grateful for the opportunities, like being in the Happy Valley Youth Council, that have truly helped me learn and grow. It's been sad to see some of the closing parts of senior year come to an end so quickly. It's definitely been challenging at times. the way we handle them that really time when many long-term goals are accomplished, and years of hard work come to fruition. I hope everyone takes a bit of time to appreciate and I wish good luck to the class of 2020 in all their future endeavors.



Trevor Nielsen

nior year has been an interesting and but I know it's not the challenges, but matters. Graduating high school is a and celebrate their accomplishments

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Shelley McFarland shelley.mcfarland@

This publication is a partnership between **Pamplin Media Group and** the City of Happy Valley.





Publisher's Note: Happy Valley News is always on the lookout for story ideas and suggestions from our readership. If you know of an interesting local story or a person deserving of community recognition, please forward tips to afox@clackamasreview.com and include your name and phone number for contact information.



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Valedictorians

From Page A1

quiescing in the face of adversity. To the teachers of Clackamas, I thank you for recognizing the immense value of allowing students to think critically with open-ended assignments, immersive unique lessons, and challenging material that indirectly forces us to grow as the students of today and the leaders of

To anyone struggling to find fulfillment as a student, a friend or a person, I urge you to take the opportunities given you actually left them."

your way, and when there isn't a clear path, forge one yourself. At least then, you'll never be left wondering, "What

The current pandemic is as perfect of an example as any: No window of time you have to run that race or confess to your crush or go to that social gathering is going to stay open forever. Once everything returns to normalcy, and we escape this dark rabbit-hole timeline, I urge you to do whatever it is before the window closes for good, because you won't know exactly when it will. As the great Andy Bernard on "The Office" once said, "I wish there was a way to know you're in the good ol' days before

Emma Gould

My hope for this year's graduates, myself included, is to become grateful for the opportunities every day has to

As a class we have experienced firsthand how terribly unpredictable life is, how easy it is for us to miss out on what we thought was certain. If we are to take one lesson into our post high school endeavors, it should be to view our lives through lenses of enthusiasm, to experience everything our time has to offer, to move forward on our different paths not afraid of what could happen, but excited for what the future

Reagan Solomon

To the Class of 2020, I know we are all struggling with watching our senior year fall apart in front of us and the uncertainty of when our hard work will be recognized with a graduation ceremony, but I want to take this opportunity to congratulate us all.

From cheering at our football games to taking AP tests, we have achieved so much throughout our time as students and have all found community in different parts of our school. Now that we face a global pandemic, we can find strength in one another as we get through this tough time. Keep it up, Class of 2020, the future is ours!

Celebrating HS Seniors Enhance the safety of your indoor air quality!



Glenmoore Gracious Retirement Living celebrated their high school seniors employees with a graduation party on May 21. Left to Right back row: Aaron Ruth, Justin Long, Geci Coca-Aikens, Emmaline Worthington, Vivian Frackiewicz, Ben Harvey. Second row: Josh Long, Reed Le, Isabel Quigley.

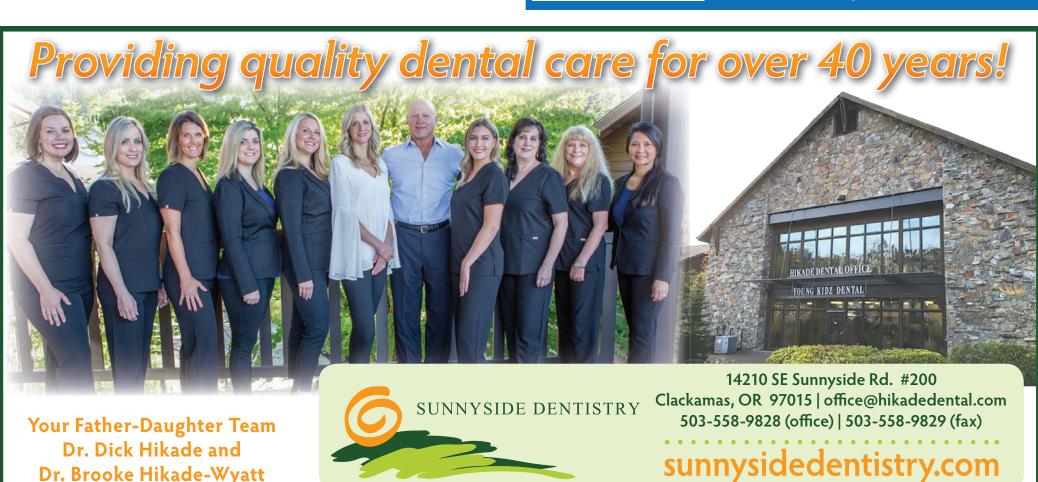
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Suzanne Goddyn (left), Christine Richards (third from right) and Erich Blume (right) pose with Kaiser health care workers after delivering them a special lunch from Elka Bees Tea Haus.

Meals feed morale Trio donates boxed lunches as thanks to Kaiser health care workers

By SHELLEY McFARLAND

A real estate agent, a senior loan officer and a coffeeshop owner all walk into a hospital. ... It seems like the beginning of a bad joke, but it was a gracious act of kindness.

Suzanne Goddyn, a Happy Valley real estate agent with Windermere Reality Trust; her business friend Erich Blume, a senior loan officer with PrimeLending; and Christine Richards, owner of Elka Bee's Coffee Shop and Tea Haus, together donated nearly 50 boxed lunches to health care workers at Kaiser Permanente Sunnyside Medical Center on May 5.

"I recently saw something similar on Facebook where a company purchased lunches from a local restaurant in Oregon City and they fed first responders in Clackamas County," Blume said. "I thought it was a great idea, but I wanted to partner with someone. So, I asked Suzanne if she wanted to join



Nearly 50 boxed lunches were delivered to Kaiser Sunnyside health care workers as a 'thank you' during the pandemic.

"While we were planning it works at the lab at Kaiser. I co-workers were under a lot out to him to see if he would

out, we realized that we have had spoken with him recent- of pressure because of COV- be interested, and he wela mutual past client that ly, and I knew that he and his ID-19," he said. "We reached comed the idea."

Both Goddyn and Blume out there are hurting."

wanted to partner with a local company, and they thought Elka Bee's would be a perfect fit.

SUBMITTED PHOTOS

'Suzanne and I both really love the food and atmosphere at Elka Bee's, so I contacted the owner, Christine, and began coordinating the menu, timing and delivery," Blume said.

Elka Bee's prepared and delivered 48 premade lunch boxes with either salads or sandwiches, cookies, chips and boxes of La Croix. Together the trio shouldered the costs and surprised local health care workers.

"The lunch was well-received by our client and his co-workers; they were so appreciative. It felt great to not only help support people on the frontline but to also help support a local business that is near and dear to our hearts. I only wish I could have afforded to feed the entire hospital," Blume said. "Practicing random acts of kindness is more important than ever now because so many people

Boy Scout builds bee houses

By Raymond Rendleman

Clackamas High School sophomore Reed Carty recently completed his Eagle Scout community service project by building and installing five mason-bee houses for his school's environmental science garden.

Rodney Shroufe, a science teacher at Clackamas High School, accepted Carty's donation on behalf of his class that maintains the gardens at CHS.

"I was his mentor and worked with him quite a bit ironing out the whats and hows of his project," Shroufe said. "Mason-bee nests are great for providing habitat for the pollinators that are sorely needed in our community."

Carty presented the proposal of his intended project to leaders of his troop and then to a district representative of Boy Scouts of America for approval before he could begin the work. The proposal had to include estimated costs as well as how much help would



Clackamas High School sophomore Reed Carty builds mason bee nests to earn his Eagle Scout badge.

be needed from other scouts.

A Boy Scout with Troop 611, Carty has supplied the inserts for the larvae for a second season so the project can expect to be ongoing. Shroufe plans to have his students build blocks in class for the later seasons.

Clackamas County commis-



Reed Carter, left, built and installed five mason-bee houses for his school's science garden.

sioners recently adopted a pictures. resolution affirming the county's support of pollinators and their importance. Carty's idea to build mason-bee houses for CHS originated with conversations with his teachers who had seen mason bees at the Oregon Zoo and showed him thing."

"I knew the bee population was suffering, and if the bees die, we die," Carty said. "I also wanted to give back to the community and help the school garden program because I think it's a wonderful



The bee houses will help grow and protect mason bees. Rodney Shroufe, a science teacher at Clackamas High School accepts Carty's project.

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A season to remember

Coach creates baseball cards for kids who lost playing time to pandemic

By SHELLEY McFARLAND

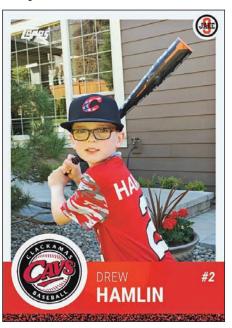
Todd Hiestand and his competitive youth baseball team enjoyed one practice before the state's shelter-inplace guidelines were announced, ending a promising baseball season. Recognizing the disappointment many of his players felt, Hiestand decided to create souvenir baseball cards for the thirdand fourth-grade boys team to remember their lost sea-

"It was a great team practice, and we were really impressed with the kids. I've been feeling bad these kids are missing out on their first competitive year of baseball, so I wanted to do something for them and their families to help carry us to the other side of this crazy situation and give them something to look forward to and, if necessary, remember this "lost" season by," Hiestand said.

After the first practice, team hats were delivered to Hiestand. He and two of his sons spent three hours driving around Happy Valley delivering the hats and a couple bags of sunflower seeds to each player's house, keeping 6 feet apart, but reconnecting and saying

"That evening was one of the highlights of the pandemic for me, so far. It was so great seeing them into a team photo, Hies-







SUBMITTED PHOTOS

Baseball coach Todd Hiestand's baseball team was only able to practice once before the state shelter-at-home guidelines were enacted. To help boost the morale of his team, Hiestand ingeniously created baseball cards for the boys

the kids and making a connection that way," Hiestand said.

Because the kids had their hats, Hiestand thought it would be fun to create a virtual team picture. He organized parents and players to take a posed photo of their child in their ball cap, anv Clackamas baseball jersey and a bat. After receiving all the individual photos and compiling tand created individual baseball

"I thought it would be awesome to make baseball cards for the kids, too, and I may have gotten a little carried away. But it was worth it. Each kid received their own baseball card picture as well a virtual team picture," he said. "One of the best parts of baseball is the

have built through baseball."

Parents and players were thrilled with the pictures.

"It was such an awesome gesture that truly shows how blessed we are by the people in our community," said Amber Austin, mother of Chase. "Such a positive light in a sad day for players and parents. His pascommunity and relationships. sion for baseball and keeping

We love the friendships we the hope of a season alive is contagious.'

Though in his first year as a competitive youth baseball coach, Hiestand, a digital marketing strategist and web developer, is no stranger to the game. With four boys of his own, he has coached his sons' transitional baseball and T-ball teams. His eldest son plays baseball at Clackamas High School. Hiestand said it's "one of the greater joys of my life to get to watch him and his brothers grow up playing ball."

Hiestand played one year of high school baseball and "grew up watching the Chicago Cubs lose every year." When his own boys took up the bat, he fell more in love with the game. He enjoys coaching baseball where he feels he can show kids their value and worth.

"Missing baseball is sad. Our son is missing his junior year season, which is one of the last seasons he has left. For this team, they have so much more baseball in front of them. And while we lament the evenings on the baseball field, the loss of time with our baseball family and the growth and life lessons that happen during youth sports, we know that these losses pale in comparison to those who are losing loved ones, losing jobs, having a hard time putting food on their tables and so much more," Hiestand said.

"We all need to stay strong and do our part to protect those who are at greater risk than we are. I hope my team is taking this time to be with their families, play catch with their siblings or parents, pray for those who are less fortunate and, most importantly, watch reruns of the Chicago Cubs winning the 2016 World Series!"

Bristol Hospice brings joy to the Senior Community

Bristol Hospice team entertained the Clackamas & Happy Valley senior communities with a Car and Costume parade on May 15th.









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June 2020 Library Events

ADULT PROGRAMS

Get creative!

The library is looking for submissions to celebrate expression, hope and creativity. From chalk drawings to paintings, sewing projects to scribbles, artists and creators of all ages can send pictures of their work to the library to be included in a virtual art showcase. Submit photos to library@happyvalleyor.gov

Summer reading fun

The Happy Valley Library invites everyone to participate in this summer's reading program. Babies, toddlers, kids, teens, and adults are all encouraged to play along, keep track of your reading and earn some prizes. Look for more information on the insert in this month's paper.

Offering help virtually

Looking for reading recommendations or wondering what to read next? Looking for help finding information from a trusted source? Trying to figure out how to use library resources or how to download an eBook? Having issues with your computer, tablet, or phone?

Whether you're having trouble installing Zoom, wanting to learn Spanish or looking for reviews of lawn mowers, library staff are available to help. Just like your librarians were ready to help you in the library, they are on hand to help you from the comfort of your home.

Librarians are available seven days a week, 10 a.m.-6 p.m., by phone, Email, or through the library's website. Ask away!

LIBRARY CONTACT INFO

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Library continues to offer virtual programs to community

Find musical performances, storytime songs, book reviews and more on the library's webpage, Facebook and Instagram.

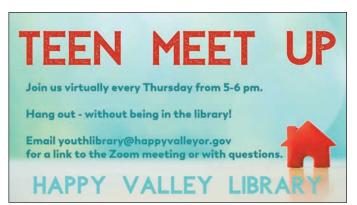
Family Saturdays

Saturdays at 10 a.m.

For K-5th graders. Drop in for family fun, games, and trivia. Email youthli-



There are no limits to art! Get creative and share your art with the team at Happy Valley Library.



Teen Meet Ups are a great way for adolescents to stay active and engaged with other youth.

brary@happyvalleyor.gov for log in information.

Teen Meet Ups

Thursdays, 5-6 p.m.

You bring the snacks, we'll bring the games for a weekly virtual teen hang out in Zoom. Email

youthlibrary@happyvalleyor.gov for log in information.

Online Storytimes

Thursdays, 10-10:30 a.m.

Join Anna, Isaac and Lisa for weekly stories, songs and fun in Zoom. Email youthlibrary@happyvalleyor.gov for log in information.



Happy Valley Library staff are available to help answer questions virtually. Just given them a call or Email your question.



something fun. together! Join the library for **Family** Saturdays, a virtual gathering filled with



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READING RUT? Time for a new book?

The Happy Valley Library wants to encourage our community members to keep reading and to read new things. Here are some suggestions for you to consider as you are wondering what to read this summer. If you want some help finding a book to fit one of these categories, or are just looking for a good recommendation, feel free to contact us. Reading recommendations are our specialty!

■ Read a historical fiction book not set in the United States.

■ Read an autobiography or memoir written by some-

- one you've never heard of. ■ Read a book set in the
- area where you were born. ■ Read a novel by an author you've never heard of.
- Read an #ownvoices book. ■ Read a book of nonvio-
- lent true crime. ■ Read a book translated
- from another language. ■ Read a travel memoir. ■ Read a collection of sto-
- ries or essays. adapted into a movie, then sure. watch the movie.



Not sure what to read next? Perhaps try finding a book that fits one of the options on the list.

- Read a book by a person whose gender is different from your own.
- Read a book that you ■ Read a book that was would consider a guilty plea-

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Class of 2020



Mayor Ellis extends congratulations to local high school seniors

The following is an excerpt from a letter written by the Mayor to graduating seniors in Happy Valley.

"During what will forever be a profoundly significant time in our history, I want to take a moment to acknowledge and congratulate you on your graduation from high school. This is an impressive accomplishment and despite these unprecedented times, this occasion calls for much celebration.

High school graduation is perhaps one of life's most memorable milestones, yet graduation means so much more than accepting a diploma as you cross a stage. Ît is the culmination of the millions of moments up to this point that have helped shaped you, and it is your hard work and determination that is to be commend-

Mayor of Happy Valley

CLACKAMAS HIGH SCHOOL

Hannah Lee Adsitt Syeda Afreen Mahina Kaleleonalani Ajifu-Santos Joseph Scott Aldous Cole Jacob Allen Vanessa Elizabeth Andalon Bryce Michael Anderson Erik Michael Anderson Madison Lynn Anderson Mason David Anderson Sofia Valeria Andrade **David Constantine Andrew** Nina Ivanovna Andriychuk Ian Pál Andrusko Abraham Amando Arias John Ezekiel Gagalang Ariola Jaiden Rose Armitage Kyler David Armstrong Tyler Yeikichi Asato Austin Ryan Atkeson Evelina Andrea Avdeev Joshua Begas Avedovech Oladayo Michael Babatunde Abbie Grace Bach Jack Richard Bakeman Phoenix Michael Bakkum Kyle Daniel Miranda Balagtas Emma Lynn Bancroft Katelynn Jeanette Barhoum Jessica Joy Barnuevo Marilyn Louise Bartolome Anjali Samara Bassett Wyatt Andrew Battle Jonathan Nelson Baumgarth Fatima Anahi Becerra-Farfan Jamirk Becerra-Tovar Taylor Ann Rose Becker Juliette Elizabeth Began Tyler James Bennett Erika Nicole Bergstrom Gabriel Andrew Bidney Avery Elise Birch Katelyn Jane Birtell Connie Mý Linh Bisson Johnathan Gabriel Bitrous Madelynn Mae Bjugan Thomas Eskdale Blacklock Samantha Ann Blaine Victoria Vladimirovna Bogdanova Daniel Borishkevich Tyler James Borkgren Andrea Cecilia Cristina Botez Kamren Mel Bowen Anthony Joseph Brahmstadt Colin Scott Campbell Brandaw Holly Elizabeth Bremmer Benjamin David Bressel Gage Allen Brock Marc Aldrich G. Brophy Owen Scott Brusco Benson Hoa Bui Heather U. Bui Christopher Kyle Burdine Jan Bures Avery Linda Burn Raeleigh Kaye Burris Robert Brock Butenschoen Baeley Faye Campbell Olivia Kay Canchola Keanu Ka'ehu Oke Kai Cano Stefan Andrés Caplazi Nicholas James Capurso Alexandra Capusan Lily Cardens Caleb Patrick Carpenter

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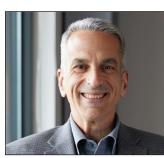
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Shiv Pranav Hajari

Brianna Nicole Hall

Riley Louise Hall

Joseph Alexander Hall



"I have found that life's goals don't need to be complicated; be kind to others, be thoughtful, take some risks, allow vourself to make mistakes. recognize vour accomplishments and keep life simple. I congratulate you and wish you good health and prosperity."

— Council President, Brett Sherman



"I want to take a moment to congratulate you on graduating under these uncertain times. I am proud of you and I wish you success as you move forward into this next stage of life."

— Councilor, David Golobay

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Taylor Marie Lange

Megan E. Larsen



"The City is happy to share in the excitement of your graduation. This is an impressive achievement and I wish you all the best in your future endeavors."

— Councilor Markley Drake



"You have the ability to achieve anything you set your mind to. Stay focused, persistent, and relentless. You are fighters and survivors; and you have learned resilience in the face of adversity, heartache, and pain. You have and will continue to thrive because you are the class of 2020. Good luck to you all!"

— Councilor, David Emami Emmalina Shea Laurence Summer Dawn Layng Annabelle Bang-Nhi Le Grace Tu Le Mimi Le Remie Khanh Lien Le Jack-Henry James Lee Jiwoo Lee Lorenzo Stephano Leonetti Masaki Lew Josiah Andrew Lewis Kailey May Lewis Zachariah Aaron Lewis Daniel Gi-Sung Lim William Grae Lindholm Joshua David Lindsey Mark Irving Lindsten Lauren Marie Livingstone Emily Grace Logan Joshua Gary Louis Long Justin Curtis Long Edgar Ivan Lopez Alvarez Miguel Angel Lopez Tizoc Erika L. Lorenz Zaidee Inez Lumachi Natalie R. Lungu Amber Marie Lyons Nathaniel Bennett MacDonald Sarah Michelle Madden Nathaniel Scott Madder Miriam Sarai Magallon Villafan Daniel Patrick Mahler Safia Shev Malik Matthew Gene Malkovsky Andrew Malyenkov Carson Daniel Mangum Carter Benjamin Mangum Jackson Curtis Wellington Manullang Malina Brooke Marleau Andrew Boyd Marsh Connor William Marsh Benjamin Thomas Martin Jared Allen Martin Joseph T. Martin Lucy Ava Martin Czar Verbo Martinez Landon Joel Martinez Meruzhan Mazmanyan Megan Nicole McCausland Kayla Charlene McCormick Zane Flemming McDaniel Francesca Jayne McGrew Wesley Jack McGuire Travis Sumner McKinnon Alyssa Noel McMahon Hailey Louise McMenamin Gabriel Ryan McNiece Zachary K. Mendenhall Adaly Mendoza-Barron Benjamin Michael Messing Brandon Nicolas Meyer Cameron Thomas Meyer Katherine Margaret Meyer Alexis Michelle Miles Mason Wayne Miller John Calhoun Milligan III Bereket Mitiku Charles Carson Moffett Hannah Jacinto Mones Leslie Monroy Sofia Francesca Montalbano Jenna Jade Moore Edwyn Morales Ricardo Morales Jennifer Morales Farias America Maritza Maritza Moron

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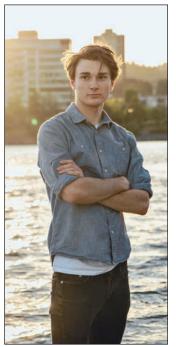
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Ariana Jaqueline Reyes Garcia Edwin Jesus Reyes Jahen Diana Reyes Rivera Kathryn Emma Rhine Madison Lynn Rhine Shelby Lynn Rich Melissa Nicole Richards Tanner Scott Ripley Jasmin Rodriguez Saraid Rodriguez Kyle Richard Roethle Kaylee Ann Rood Madison Jo Rood Benjamin Wilson Rosas Madison Delaney Rose Megan Caroline Roth Sophia Kelly Ruhl Brodie David Ruiz Aaron Charles Ruth Johnathan Patrick Ryan Tylor Lo Saephan Shelby Layne Saguibo Aiden Aziz Salimi Andrew Jacob Salmon Jocelyn Joy Saltmarsh Diego Armando Sanchez Jocelyn Alejandra Sanchez Veloz Sariah Jo Sands Andrew Joe Sapp Aaron Sayachith Terence Evan Schlaefli Sydney Reese Schneider Hannah Lee Schoenborn Jonas Michael Schouten Kristin Lin Senatra Jeffree Orion Senn Noah Tae Seo **Emily Nicole Shaffer** Leah Jane Shamrai Lauren Sophia Shaw Katelyn Rose Sherman Andrew Darrin Sheufelt Madison Rose Shewbert William Masumi Shiozawa Harman Preet Singh Amanda Mira Sinha Jared James Skilowitz Amanda Grace Sliffe Logan Joseph Smith Phoenix Alexandra Smith Tyler Austin Smith Aria Lauren Soderberg Ashley Joaquin Sofia Reagan Camille Solomon Shimshon Y. Sommer Kimberly Paola Southerton Lily Ann Sparks Katharina Laetitia Spaun Haley Elizabeth Stark Madison May Stateler Madeline Adele Stern Maxwell Xavier Stetzel Joshua Michael Stevens

Madison Ann Stewart Jacqueline Rose Stone Tiffany E. Stout Logan James Straus Elliot Grace Strauss Sampson Su Kyla Aiyuri Sullivan Ziqi Sun Eyrica-Jade Mabini Susi Syeda Suzzain Aiden Cole Swanson Chloe SueAnn Swanson Julia Michelle Swanson Yekaterina S. Syrykh Marcel Adel Tabet Tony Taizan-Contreraz Andrew Chase Talavera Jasmine Kimlan Tan Kyle James Tarshis Phillip Preston Taylor Davis Madison Thompson Christopher K. Thor Alexander Handke Thorp Sebastian Laurence Thorp Benjamin A. Tibbetts Alexander Mark Tobiassen Maxwell Lawrence Tobiassen Garrison Justin Tooke Gabriel Anthony Torres Brandon Viet Tran Eric Vinhkhang Tran Ethan Thanh-Linh Tran Hanna Myhan Tran Jonathan Nguyen Tran Justin Tran Kayla Thuy Tran Hai Hoang Trinh Mark Sergeyevich Trofimchuk Jason A. Trujeque Thalia Kathleen Uc-Cetina Brody Alan Upton Leah rose Zamora Ursonal Mason Richard Utz Paige Elizabeth Vancil Jacob Riley VanDyck Jason Daniel Vasquez Aviles Yuliyan Vataman Tyler John Vaughn Timothy M. Vdovich Ella Grace Venema Morgan B. Verch Michael Luke Vermace Medardo Villanueva Duran Christopher Terry Villarreal Emma Diana Vladut Zachary Ryan Wallace Michael John Walsh Austin Gabriel Warren Tyler Kazuki Watkins Kaitlyn Joy Weber Alyssa Ann Welk Lily Belle Wessman Justin Anthony West Kiah Lynn Wetzell Megan Elizabeth White Jadyn Rose Wickerham Hannah Elizabeth Wilhelms Ashanti Cierra Williams Zalazah Anne Williams Aidan Trevis Willis Alexander Woodroe Wilson Andrew John Wilson Zachary Christopher Wilson Alejandro Lloyd Wilson-Menjivar Cindy Li Wong Karen Wong Justin A. Wooley Madilyn Cecille Word Emmaline Belle Worthington Anna Eve Wright Benny Z. Xu Mia Xinyi Xu Alexandra I. Yarovaya Ethan C. Yin Kailee Isabel Yoshishige Dachan Yu Jiacheng Yu Marcus S. Yu Emily Noelle Zak Jesse Junior Zarate Lesley Isabella Zavala Rodriguez Olivia Yulin Zhang Zhengxian Zhou McKinley Victoria Zoesch Tamara Zybachynska Arti Zylali Dea Zylali

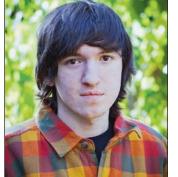
LA SALLE CATHOLIC **COLLEGE PREPATORY**

Samantha Rhys Allen Ramon Manuel Aragon Emmanuel Edeker Arredondo David Duong Best Ann Marie Bottita Michael Joseph Bottita Christine Maya Bynum **Quintin Michael Castner** Alan Torres Dennis James T Dong Olivia Eden Fobi Blake Anthony Gianella Cameron Mary Jane Irish Claudia Wonha Kong Lucas Robert Moyer Justin Xuan Nguyen Kenneth Minh Trung Nguyen Alison Nicole Paguio Julia Rose Perez Michael Thomas Perez Megdelena Jane Perkins Ashlyn Clare Pynes Patrick Bartolota Rapson Carson Taylor Redmond Kyra Nevaeh Sanchez Theodore Spencer Schuh Kaitlyn Shannon Alexandra Louise Tassinari Julia Xuan Tran Summer Tran Alexander Philip Vogt Jamieson Mae Wilson



Clackamas High School senior, Nick Kellogg.

Congratulations Class of 2020



Mitchell Horn will be attending Portland State University to study Architecture and Design



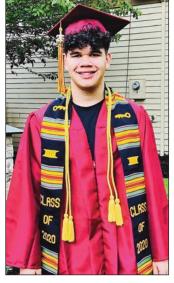
Reagan Solomon, a Valedictorian from Clackamas High



Avery Burn will be attending Azusa Pacific University in Southern California. She was accepted into the nursing program and Honors College.



Makenna Kirsch will be heading to Oregon State University to study Agricultural Law.



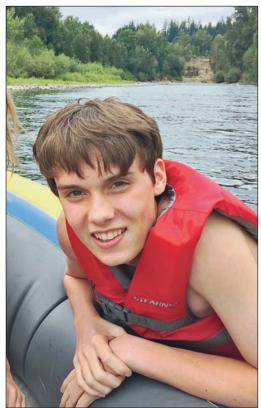
Jackson Dennis, dons his cap and gown in celebration of his graduation from Central Catholic. He will attend the University of Puget Sound's Business Honor Program with plans to double major in Business and Politics (Pre-Law) and minor in Economics. He will also play football for the University.



Seniors from the local National Charity League chapter gathered for a group photo earlier this year to celebrate. From left to right: Micah Nguy, Emily Logan, Remie Le, Olivia Terveen, Malina Marleau, Abbie Bach, Paige Vancil, Avery Elmore, Hannah Wilhelms, Cecilia Coca-Aitken, Emma Bancroft, Anna Hermens, Anna Gordon (not pictured, Hannah Adsitt and Megan Herrington)



Mitchell Dorn, Brody Upton, Kenna Kirsch, Chloe Courtney, Lindsey Anderson, and Ben Elkins smile for the camera outside school.



Justin Long, a Valedictorian from Clackamas High



Lindsey Donohue and Justin Foster share an embrace at a CHS football game.



▲ Clackamas High School graduate, Tanner Ripley plans to attend Portland Community College and study Cyber Security.



Grayson
Pibal and
Ashlyn
Hegar pose
for a photo
before the
Homecoming
dance.







Clackamas High School senior, Julieta Radilla will be studying at Clackamas Community College before heading off to OSU to study mechanical engineering.



La Salle senior, Christine Bynum shows off her official juror pin during for her first call to jury duty.



Seniors from La Salle Catholic College Preparatory gathered back in March for a makeshift graduation photo.



Hailey Dickerson, Brinley Patton, and Elliot Strauss



Mason Utz and Alec Donn – Drumline and Football game pep band



Clackamas High School seniors, Daniel Mahler and Derek DiGregorio



Avery Elmore and Paige Vancil at this year's Senior Sunrise.

Consider BEES this spring when gardening

By SHELLEY McFARLAND

As the weather warms up and people are spending more time in their yards, consider the impact of nature's small, yet mighty pollinators: bees.

Roughly one-third of the world's food supply is dependent upon pollination by bees, bats, birds and other insects, with honeybees pollinating more than any other. Currently there are 4,000 native bees in the United States and honeybees pollinate 80% of the crops. Globally, there are 20,000 bee species.

Without these pollinators, food supplies would dwindle. Climate change, pesticides, disease and lack of insect-friendly environments are decimating bee populations, which have declined 60% since 1947, according to the U.S. Department of Agriculture.

"Bees play a remarkably important ecological role by promoting biodiversity through their pollination of an array of flowering plants — from our beloved roses to domesticated agricultural crops," said Christine Anderson, biology instructor at Mt. Hood Community College. "The devastation that could occur with the loss of bees is vast and far-reaching.

"A world without bees could result in the dramatic reduction of food availability and, potentially, the elimination of many of our favorite foods, like almonds, blueberries, avocados for us all," Anderson said.



CHRISTINE ANDERSON

and coffee. Some grains like wheat, oat and barley are not pollinated by bees and would still be produced, but likely not to the extent needed to feed the world's population.'

Anderson said reproduction of most plants is largely dependent on pollinators, with bees the most dominant. Because the world's ecosystems are both highly complex and interconnected, the decline of bee populations would cause a commensurate decline in the diversity of plant species in natural areas worldwide, and the organisms that rely on those

"Plant species and entire ecosystems already challenged by a changing climate will face extinction at an accelerated rate. This could, and most likely would, lead to accelerated climate change, dramatic changes in our ecosystems worldwide, and a more tenuous existence



Nature's little pollinators are slowly dying which is concerning scientists. Without bees, the world's ecosystem could be adversely affected. Consider chemical-free garden this year.

stressed that it's not too late to make a difference.

"Research suggests the availability and diversity of food sources are the key to growing bigger, stronger bee colonies. That's where you come in," she said. "The easiest thing you can do to promote bee colony health is plant a variety of native pollinatorfriendly plants in your outdoor spaces.

To encourage bee growth, consider eliminating neonicotinoid pesticides, which have been banned in the European Union. Instead, look for natural ways to eliminate unwanted weeds or insects.

"In addition, residents can pollinator.org

Though dire, Anderson support land conservation measures to preserve natural habitats with large biodiversity, so bees have places to nest and a varied menu. Many agricultural crops require pesticides to reduce leaf loss by other insects, but these chemicals are devastating to bees as well," Anderson said. "You can help by reducing — better yet, eliminating — pesticide use in your landscape. Lastly, support your local beekeepers by buying local honey products.

As for those nutrient-rich dandelions that dot your yard, consider letting the bees nibble on them before you pull them

For more information, visit



Residents are encouraged to be extra cautious when handling fireworks. Following basic safety guidelines help keep the community and homes safe from injury and damage.

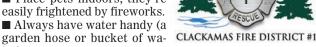
How to prevent Firework fires

Clackamas Fire District #1

According to the Oregon Office of State Fire Marshal, you can protect you and your family from fireworks-related fires and injuries by practicing the four BE's.

BE Prepared:

- Store fireworks out of children's reach.
- Always read and follow label directions.
- Place pets indoors; they're easily frightened by fireworks. ■ Always have water handy (a



Un-Bee-lievable

BeesWax Food Wraps

All Natural Alternative to disposable plastic.

A Damascus resident, Rena Anderson is making sustainable food wraps from beeswax. These are a natural alternative to plastic wraps and are washable, reusable and compostable.

These homemade beeswax food wraps are made from 100% cotton material, and is infused with food grade beeswax, rosin and organic coconut oil. The wraps are mouldable, grippable, & tacky, it can be shaped around containers or food products. For more information, contact Rena Anderson.

TO ORDER

CONTACT: Rena Anderson

EMAIL: Unbeelievable@comcast.net

VISIT: www.unbeelievablewraps.com

PHONE: 503-544-7086



BE Safe:

- An adult should always light fireworks.
- Keep matches and lighters away from children.
- Only use fireworks outdoors. ■ Only light one firework at a time and quickly move
- Keep children and pets away from fireworks.
- Remember, do not throw fireworks or hold them.

BE Responsible:

- Soak used fireworks thoroughly in a bucket of water.
- Dispose of used fireworks and debris properly.
- Never re-light "dud" fireworks.

BE Aware:

- Use only legal fireworks and in legal places.
- Fireworks are prohibited at: beaches, state parks, and state and federal forest lands.

For more information on fireworks safety, please contact our Fire Marshal's Office at: 503.742.2660.



HAPPY VALLEY BUSINESS ALLIANCE

COMMUNITY IS OUR BUSINESS!

Help support your local Happy Valley Business Alliance Members, just in time for Father's Day!

Contact these HVBA Members for Gift Certificates, a meal or a home improvement project for dad for Father's day!



























































Happy Valley is committed to supporting its local businesses. Despite drastic changes to the way businesses can serve the community, there are many ways you can stay connected to your favorite storefronts and services. Head to www.happyvalleyor. gov for a list of local businesses that remain open and engaging residents.

Shopping local has never been more important

Businesses continue to do what they can to serve the community

The City of Happy Valley

The City of Happy Valley encourages the community to shop locally, now more than ever. Amid the COVID-19 pandemic, small businesses throughout the nation are being impacted financially and the repercussions are certainly being felt close to home.

Happy Valley storefronts and businesses have had to pivot drastically over these past several months, many altering operating hours, delivery methods, and workforce numbers throughout it all.

The City of Happy Valley continues to keep a comprehensive list of current businesses that remain open and ready to serve the community on the City website. Head to www.happyvalleyor.gov for more information.

When you shop locally, not only does more money remain in the local economy, but you are helping to support local employees and business owners who have been among those most financially affected by the pan-

The City acknowledges this is a challenging time for many of our residents as well, so if you are able, please consider showing your support by patronizing a local business or shop. Let's keep #hvtogether!

Good Shirt program supports local business and unites community

The City of Happy Valley

The City of Happy Valley and its residents are showing support for their local businesses through the Good Shirt program, a grassroots effort that aims to help local businesses that have been impacted by the economic repercussions of CO-

The Good Shirt program encourages the community to unite in solidarity and support Happy Valley businesses through the purchase of a special shirt donning the phrase, Happy Valley Together.

The City of Happy Valley, along with the City's Business Task Force, Mayor, and City Council, are supporting the endeavor, which was spearheaded by the Happy Valley Business port," says Happy Valley May-

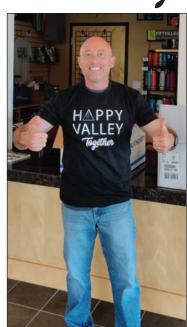
and local Happy Valley resident, Joe Barhoum.

The goal is to sell 20,000 shirts and divide the profit among all participating Happy Valley merchants that have signed up to be part of the program. The program is specifically hoping to help small businesses in Happy Valley, with an option for larger businesses to waive their share of the proceeds in order to help those impacted the most.

"Some of our favorite storefronts have had to temporarily shut down while others have had to considerably reduce their workforce or make drastic changes to the way they operate. It's a tough time for our local businesses and now more than ever, they need our sup-

Barhoum's company, HYVÄ, is a social purpose company founded to help communities thrive by promoting social, environmental, and financial good in partnership with amazing organizations. According to Barhoum, "The purpose of the Good Shirt program is to create additional revenue for the city's merchants and bring the community together. This program is growing rapidly, and we are working with cities throughout Oregon and Southwest Wash-

To purchase a shirt in support of Happy Valley businesses, please visit www.hyva.co/ happy-valley. You can also purchase a shirt at the Happy Valley's Farmers Market, which is open Saturdays from 9-2pm.



Consider purchasing vour own **Happy Valley Together** shirt! A way to show support for Happy Valley's local businesses the Good Shirt program encourages community to band together in solidarity and help our economy during these uncertain times.

La Salle high school donates 15,000 bagged lunches

Students, other volunteers help feed needy at nonprofit Blanchet House

By SHELLEY McFARLAND

La Salle Prep High School donated 15,000 sack lunches on May 15 to the Blanchet House, a Portland-based nonprofit helping people in need.

Donors, including student volunteers, packed sandwiches, cookies, fruit and cheese into paper lunch bags. The lunches were delivered from the Catholic school, via masked La Salle staffers following no-contact protocols, to trucks for delivery.

School organizers had hoped to gather 10,000 meals for the donation, but by the time the last vehicle drove out of the school parking lot, the donation had swelled

to more than 15,000. On average, Blanchet house has been giving away 2,000 to-go meals each day during the pandemic.

"In tough times people want to help," said Sarah Maher, La Salle's director of service. "We saw that today. And the important thing is how many people are getting fed today."

Donors included current and future students, staffers, alumni and friends of the school. Camille Brumbaugh, a 2020 graduate, made dozens of peanut butter and

jelly sandwiches for the drive. "I wanted to help improve someone's situation," Brumbaugh



La Salle Prep senior Camille **Brumbaugh** loads bagged lunches she helped prepare during the May 15 food drive to benefit **Blanchet** House. 15,000 sacked lunches were donated.

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Oregon's Largest Private Music School Opens Back Up After Being Closed For Over 2 Months Due To Covid-19

Happy Valley Arts Academy, located on Sunnyside road, has recently re-opened for in-studio lessons again after being closed for over 2 months.

With over 600 students enrolled in the school back in March, academy owner David Martin was faced with the difficult decision to stop in-studio lessons.

when the governor shut everything choice." He said.



"We didn't know what else to do. But down, we realized that we had no other

"We made the pivot to offering all our lessons online for our students. It was a big undertaking as you might imagine. Some of our teachers had never taught an online lesson before. We didn't have the time to do a lot of training. But our teachers were amazing how they jumped right in and took on the challenge."

How Do You Transition 100's Of Students To Online Lessons In A Matter Of Days?

It may seem pretty straight forward to give an online lesson, but there are a lot of details that have to get worked out that you might not think about.



"One of the things we take very seriously is security. We have video surveillance in all our studio rooms. As soon as we made the decision to pivot to online lessons, I started researching online platforms that could not just connect students and teachers, but also record the session for security. That's when we discovered zoom." Said Martin.

They also realized that they needed tripods for the teachers so they wouldn't have to hold their phone up while trying to teach the lesson.

"I still remember that first day we went all online. Everything was ready. Each studio room was set with a zoom room (a virtual teaching room), All the teachers knew how to login and they were ready to teach."

Within the first few hours the internet went down.

"We were scrambling trying to figure out what happened. The phone was blowing up with parents wondering why the lesson got cut off, the teachers were asking us what had happened... It was stressful to say the least." He said.

The Academy had never used that amount He said. of internet bandwidth at one time before because they never needed it. Now they were running virtual zoom lessons using one wireless network and it was just too much for the system.

"So I called Comcast and they said they would only come out to our location if we were an essential business. I was thinking, Well it's essential to all of us..."

Thankfully, the staff were able to get the internet back up and resume lessons successfully.

Another thing they started doing at the beginning of the shut down was offer free lessons to the community.

"I felt like it was our job to keep music going in the community, and with everyone stuck at home, this is something we could do." Martin added.

"So I approached my teachers about the idea, I told them I would still pay them even though the classes would be offered for free. They were excited because they were losing work and needed the income."

So they started giving free classes on Facebook live a few times a week. People could watch and comment their questions. They even started offering free intro classes for beginners. Hundreds of people joined and attended these classes.

"But now it's time for us to re-open our school."



"We have taken every precaution that we possibly can take because the health and well-being of our students and families is our top priority."



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FREE S50

Expires June 30, 2020

COUPON

FREE \$25

Expires June 30, 2020

Here's what the lessons will look like when they open for in-person lessons again...

- All staff and teachers will be wearing face
- Hand sanitizer stations will be placed throughout the school
- The staff will be cleaning off instruments, door knobs, and used surfaces between lessons
- Social distancing markers will be placed throughout the school
- All chairs will be removed from the lobby
- Lesson rooms will only have chairs for the teacher and student

Martin and his staff are excited about moving forward into this new phase.

"We believe now it more important than ever before that we continue to share and learn music in our community."

To sign up for lessons at the academy, you can go to www.happyvalleyartsacademy.com or you can call 503-974-4997

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Happy Valley man tackles housing needs | James Burnham helps raise funds, roofs for Habitat for Humanity

By Shelley McFarland James Burnham helps build homes for families in need.

The Happy Valley resident is a volunteer on the Habitat for Humanity Ambassador Council where his role includes promoting the nonprofit and extending the mission of building houses. To date, he has helped construct 20 homes.

Burnham grew up in Clackamas "in the sticks," just past Southeast 172nd and Sunnyside Road, but had a Boring address. He attended Happy Valley Elementary School, "the old one with the bell," when the valley bowl was mainly horse pastures and Sunnyside was a two-lane road. After graduating from Clackamas High School in 1997, he set his sights on fulfilling his dream of becoming an airline pilot.

"I was a focused child and have always wanted to be an airline pilot for as long as I can remember. I attended Embry Riddle Aeronautical University, and afterward interned with Alaska Airlines," Burnham said. "However, my career ambitions to become a pilot took a different course after the 9/11 tragedy. Due to a changing demand for airline travel and bleak future of the industry along with starting a family, I



James Burnham (middle) with his wife Nicole and son Vincent help build homes for Habitat for Humanity. As an ambassador for the nonprofit, Burnham has helped construct 20 homes.

"I believe in the mission of helping people get into homeownership, but not just giving them a house. Our society works better when people have an ownership stake in their housing and communities."

changed directions."

Burnham entered the insurance business, eventually landing with The Travelers Companies Inc. where he has worked for nine years. He currently is wide partner with Habitat for could really get behind."

Senior Technical Specialist in auto claims investigating and resolving large exposure claims.

While at Travelers, a nation-

Humanity, Burnham took an opportunity to volunteer for the nonprofit. Philanthropic work made an impression on him, and within a year Burnham became the head of Travelers Community Relations Committee where he organizes food drives for the Oregon Food Bank, cleanups with SOLVE, build days for Habitat for Humanity, and helps with the WinCo Foods Portland Open golf tournament on behalf of the Boys & Girls Clubs of Portland. After volunteering on the WinCo Foods Open board for a couple years, Burnham decided to reevaluate his volunteer work. "I made the decision, with

the limited resources, to focus on Habitat," he said. "I complete a yearly grant proposal, which Travelers funds, along with a matching fund program that includes money and monev-for-time for Travelers employees. Since I focused on these initiatives, Habitat saw a large increase in funding on behalf of Travelers and asked me to join the Ambassador Council a couple of years ago. I did not have a role model in this, but have always believed in helping people who were looking for help versus a handout, and this is part of their model that I

hand through paid volunteer hours and a match program that pays \$500 to each employee who completes 24 hours of service, Burnham's example of hard work and altruism has inspired more of his co-workers to volunteer, ultimately growing the program. In 2019, Burnham brought around 20 volunteers for an eight-day build for Habitat for Humanity.

"Seeing the families that will own the home when you are done is a great feeling that stays with you and keeps you coming back to Habitat. I think the increase every year in participation is a testament to the satisfaction that we're getting from the experience," he said. "I believe in the mission of helping people get into homeownership, but not just giving them a house. Our society works better when people have an ownership stake in their housing and communi-

Over the years I have gravitated to Habitat over a lot of other organizations because the values of ownership line up with my own personal beliefs. I find more satisfaction, as I believe we are finding long-term solutions for the people we help versus a short-term patch ly/3dUQOr2

Although Travelers employ- to the problem," he said. "I ees are encouraged to lend a have seen the state that I love grow too quickly, which has caused a lot of housing issues, and I think Habitat is at least one of the solutions we need."

Living less than five miles from his childhood home, Burnham has an active life with three teenage children. He coaches their sports teams, including soccer, football, basketball and lacrosse. His wife, Nicole, has started a new career as a 911 operator and in any leftover free time, Burnham can be found hiking.

"I love to grab my bag and hit a trail. My dream is to complete the Pacific Crest Trail sometime in my life. I have taken the family and multiple overnight hiking trips and have made some fun memories with them of our misadventures," he said.

Currently, Burnham is organizing build days in June and promoting the Hard Hat & Black-Tie dinner and auction for Habitat for Humanity now rescheduled for Oct. 2.

"We all benefit in our community when we have stable housing situations for families."

For more information, visit habitatportlandmetro.org.

To donate, visit bit.

Heal.

Transform.

Enhance.

City and principals meet virtually to connect

City of Happy Valley

In May, staff from the City of Happy Valley met with principals from the area's schools as part of ongoing efforts to bridge the communication gap and build relationship.

For the past several years, the City has made it a priority to gather every few months during the school year to simply check in with the principals and share information. The idea is that through these meetings, both entities can help support one another and find ways to work efficiently and in the best interest of the City's students. Topics discussed often include school related traffic concerns, equity, and ways to engage youth at a local level. Representatives from law enforcement, the Happy Valley Library, and Clackamas Fire are also in attendance.

With schools closed following the Governor's orders and social distancing in full effect, the City hosted a virtual gathering instead of cancelling the already set meeting. The group utilized the time to talk about how things were going as well as share updates about projects currently in motion or on the horizon. Most notably, the group recognized the challenges felt on the part of families and students in the community and acknowledged the lasting impact this experience will have.

The City's ongoing meetings with the principals offers opportunities for collaboration, brainstorming, and open discussion. While things are still unknown when it comes to what the next school year holds, both the City and principals are committed to continuing to come together to share ideas and lend support to one another.

HAVE A STUDENT AT A LOCAL HAPPY VALLEY AREA SCHOOL?

Due to the abrupt closure, many students may have belongings that were left behind at their local school. In efforts to reunite students with their items, schools are scheduling days and times for pickup of students' personal items as well as drop off of school items, such as textbooks and library books. Check out www.happyvalleyor.gov/hvschools for more information or reach out to your school directly for more information.

Is your child set to start **Kindergarten in the Fall?**

If you haven't already registered your student, don't forget to do so. Simply head to www.nclack. k12.or.us/ and locate the specific school in your child's area. Not sure which school your child is supposed to attend? Look for the School Boundaries page on the NCSD website and simply enter your address. Kindergarten registration can be completed online!

Bikram

Yin Yoga

Happy Valley &

Check website for details.

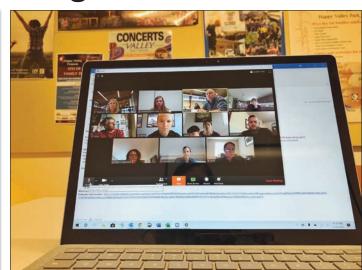
Hot Pilates (HIIT)

Vinyasa Flow

FORGE HOT YOGA | HOT PILATES

Happy Valley West Linn Alberta

West Linn opening soon!



In May, the City hosted a virtual meeting with local principals to discuss

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CLACKAMAS

WATER ENVIRONMENT SERVICES

Clackamas Water Environment Services (WES) reminds customers to avoid flushing hand wipes, baby wipes and all "flushable" wipes and other materials down the toilet as they can clog pipes, cause sewer backups and damage wastewater treatment equipment. The only thing you should ever flush down a toilet is toilet paper.

WES recommends throwing all wipes in the trash. So-called "flushable" wipes do not disintegrate in water like toilet paper. The vast majority of these products stay fully intact after being flushed and often get stuck in sewage lines that connect homes to main sewer lines and cause raw sewage backups.

When flushed wipes are carried into sewer systems, they often get tangled in and damage pump stations and vital equipment at wastewater treatment facilities, which can disrupt service and cost thousands of dollars to repair or replace. WES provides wastewater treatment services for 190,000 people in northern Clackamas County.

"WES is grateful to customers who help us spread the word about only flushing toilet paper, which protects the equipment we use to protect public health and the environment," said WES Director Greg Geist. "The last thing we all need during the current public health crisis, is another crisis created by



damages to wastewater treatment equipment. Fortunately, we can easily prevent that by working together to raise awareness about

No wipes are flushable, even though the packaging often claims they are.

To avoid these problems, dispose of wipes in the trash along with the following: surface cleaning wipes, paper or cloth towels, cotton balls, swabs, dental floss, disposable contact lenses, sanitary napkins, diapers, swiffers, toilet bowl scrub pads, and mop refills.

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HAPPY VALLEY LIBRARY SUMMER READING 2020



Summer's nearly here, and we want you to join us for a summer reading challenge. Open to members of the Happy Valley Library community, we're celebrating summer fun! Let's read away the long days, and we'll mail out prizes to participants in September.

How to play:



Read for at least 20 minutes on 24 separate days. Audiobooks count too!



If you're 5 or younger, someone can read or sing with you for at least 10 minutes per day for 24 separate days.



Mark a square for each day that you read.



Are multiple family members sharing this game board? Fantastic! As you read, mark squares with your initials or a symbol to keep track.



Have access to a printer? You can print out additional game boards at happyvalleyor.gov/summerreading



Look on the other side for more library inspiration and some creative Make & Do challenges!

When you finish:



Just cut along the dotted line, drop it in an envelope and send it our way!

- OR -



Slide it into the HV Library bookdrop.



Keep the game board for your scrapbook and fill out our online form at happyvalleyor.gov/summerreading

Look for more Summer Reading fun in the July issue of HV Monthly and on our website!



Happy Valley Library • 13793 SE Sieben Park Way • Happy Valley, OR • 97015

Who's playing?	
Please write your name and, for 0-18,	Where should we mail your prize?
your age, school name, and grade.	
	Your Favorites
• • • • • • • • • • • • • • • • • • • •	What did you love reading this summer?
• • • • • • • • • • • • • • • • • • • •	
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1	2	3	4	5	6	7	8
9	10	11	12	13	14	15	16
17	18	19	20	21	22	23	24

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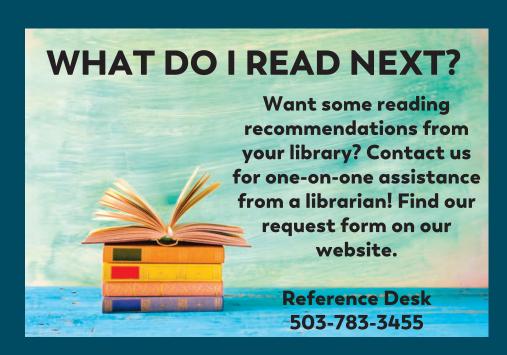
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We've been making lots of videos for you, from music to poetry to storytime - check them out on our website, Instagram, and Facebook.





MAKE and DO

Email a picture to library@happyvalleyor.gov to be entered into a weekly prize drawing. Entries open to members of the Happy Valley Library community of all ages.

Build something out of materials that you would have otherwise thrown away.



Recreate the cover of a favorite book, starring you!



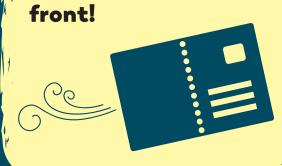
Photograph yourself reading in an unusual place.



Play a board or card game. Send a pic of the game in progress.



Make a card and send it to someone special.
Send us a pic of the front!







A Main street would offer a communal space for retail, dining, and other amenities.



A Riverfront District in Carver would serve to provide easier access to the Clackamas River.

What's the Pleasant Valley / North Carver Plan?

CITYCOUNCIL

We have heard from many residents that they wish Happy Valley had a downtown commercial core, another community park, and better recreational access to the Clackamas River. At the same time, we know there is a strong desire for Happy Valley to maintain its small-town feel. Based on these desires, a team of community members, city staff, and con-

sultant experts have been working on a plan to ensure the growth of Happy Valley includes a vision for these amenities while also protecting our neighborhoods and wildlife corridors. We call this visioning effort the Pleasant Valley / North Carver Comprehensive

This effort started shortly after 2016 when numerous property owners representing over 1.000 acres of land adjacent to Happy Valley's eastern city limits submitted petitions to annex. These lands are part of the Metro Urban Growth Boundary and been keeping up by reading the

lish a comprehensive plan for the area using public input.

For the last year and a half, a Community Advisory Committee made up of property owners in the area and other community leaders has been advising City staff members in establishing a draft plan. In addition, a group of technical experts (Technical Advisory Committee) and the public-at-large have been involved via these committee meetings and planning workshops. Throughout this process, we hope you have also

the City has an obligation to estab- monthly updates in HV News!

There are still many more steps ahead (Open Houses, Public Workshops and Public Hearings), in finalizing the plan, but those involved have done some really great work. The City Council is fortunate to receive guidance and input from our volunteers on a variety of boards and committees. Planning for the future is not just about what the City Council thinks is best. It takes a collective vision established by the community and cohesive action from our volunteer committees.

There will be many more opportu-

nities for public input in the next few months and we look forward to your feedback. Unfortunately, the City has had to place all the PVNC related public meetings on hold until the current pandemic subsides. In the meantime, check out the renderings our team has put together depicting what this draft vision could look like in the future.

If you have any questions, please contact Michael D. Walter, AICP, Economic and Community Development Director at michaelw@happyvalleyor.gov or call 503-783-3839 (office) and 503-886-4439 (mobile).

Comprehensive Plan continues to hold the line

The Pleasant Valley/North Carver Comprehensive Plan was slated to provide the public with two Open House events as well as Public Hearing Meetings this Spring, but plans continue to be postponed amid the COVID-19 pandemic. The Plan, which provides guidance regarding such

things as land use, transportation, parks, and environmental issues is instrumental to making sure planning is successful in the Pleasant Valley and North Carver areas.

The Open Houses had been intended to offer the public a

Pleasant Valley North Carver

chance to view a variety of visual materials and information relating to recommendations brought forth by the Plan's **Technical and Community Advisory** Committees. The goal was to have the Plan approved by the end of the summer, all has been at a standstill and will continue to be until the public health

crisis has subsided. This is to ensure the community has ample opportunity to be part of the input gathering process. The community is encouraged to visit https://hv.city/pvnc for updates in



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WOMAN'S WORK

"Honestly,

— Mackenzie

Marsac

being a

By SHELLEY McFARLAND

Before she graduated from Clackamas High School in 2013, Mackenzie Marsac knew she wanted to join the U.S. Army. As a senior, she participated in the Future Soldiers program for a year and thought she understood what she was signing up for.

"I wanted to join the military, and I blame the TV shows at the time like 'Covert Affairs,' plus my dad is a physical man. He raised us going camping, mountain biking, hiking and skiing. So, I didn't want to go to college and have a job at a desk," Marsac said. "I wanted something physical and to feel like I'm making a difference in the world. I saw the military was physically demanding and I thought it'd be fun, and I'd be able to travel."

Marsac signed her military contract in December of her senior year and left for basic training a month after graduation. Training at Fort Sill, Oklahoma, in July was hot; hotter than anything Marsac had experienced growing up in Oregon.

"It was horrible. In Oregon, we have cloud cover. The middle of summer in Oklahoma was humid and dry and no green things around. It was blindingly sunny; I think I discovered a new color spectrum from the brightness," Marsac said.

Having played sports through high school, rugged outdoor activities and some preparation with her recruiting office, Marsac was ready for boot camp.

"I was extremely physically fit," she said. "Unfortunately, several people who joined the Army weren't. I don't know that was a big reason for accep-

pared. There were shocked peo- a few comments, of course, like

ple, and clearly (they) didn't know what they were getting into. Some had never even done a pushup before, and I'm thinking, 'you joined the Army?

During the 10-week training at Fort Sill, Marsac said she lost some of her physical fitness because the drill sergeants were compensating, trying to pass everyone.

lesbian in the military "I was already at a fitness level that far was beyond exceeded passing, and accepted. the drill sergeants didn't worry about us people fit ones. Basic was actually mental though, because I was dealing expected it. with people who were ... I never not fit and sergeants yelling at everyone. It had an issue was high stress, but with religion that's the point," Marsac said. sexuality."

Although the military has historically struggled with diversity, Marsac, a lesbian and Wiccan, felt safe and comfortable telling people about herself.

recruiting office, she did not expect any issues.

"Honestly, being a lesbian in the military was beyond accepted, people actually expected it. The mandatory anti-sexual harassment or anti-discrimination trainings were quarterly, and

what research they did before- tance. I never had an issue with hand, but they were not pre-religion or sexuality. There were

> guys telling you they could 'turn' me, but those comments were from idiots," Marsac

Besides strict diversity training, the Army also provided religious services for soldiers. Marsac was happily surprised to learn a Wiccan circle was offered on Sundays and spent time with a high priestess reading Tarot cards and meditating.

After basic training, Marsac was stationed at Fort Huachuca, Arizona, for six months for Advanced Individual Training for her specialty, military intelligence. Originally, she chose the Army because she could select her field (other branches offer less certainty).

"My specialty, 35 Mike or Human Intelligence Collector, has the second longest AIT (advanced individual training), the first being explosives. Obviously, watching shows like

Because of the diversity of the 'Alias' in high school, I thought I wanted to be a spy, but in reality, there's a lot of paperwork in military intelligence. Talk to one source for an hour, and you have three hours of paperwork analyzing every eyebrow twitch they made," she said.

After AIT, Fort Bragg, North Carolina, was the next station soon after leaving the Army, she



A self-proclaimed outdoorswoman, Marsac felt at home in the military and loved the physicality of her work. Her experiences helped her mature and find a career in the intelligence field.

for Marsac, where she said she did "lots of nothing." As a military occupational specialist, it is technically illegal for "us to function in the United States because we cannot collect information on United States citizens." Instead, her unit of 300, Alpha Company, conducted subterfuge training exercises like shadowing or secret meets.

Marsac completed her threeyear military career at Fort Bragg with two bum knees, claiming, "If you don't get out of the military without something broken, you did it wrong." She attained the rank of specialist and the skills to be a human intelligence officer. Marsac never deployed while enlisted, yet



Marsac, who graduated from Clackamas High School in 2013, joined the Army and trained at Fort Sill, Oklahoma in July where she said the heat was oppressive. SUBMITTED PHOTOS

Mackenzie

took a position with CACI International as a counter-intelligence screener and deployed with her former unit to Kabul, Afghanistan, where, as a civilian military contractor, she interviewed locals and third-country nationals seeking job opportunities on U.S. and NATO bases.

"I was fortunate, because I loved my job in the military. I was part of a team for six months that had authorization to do field work, and it was my happiest time. My team at the time won the intelligence award from the Defense Intelligence Agency for that year. It meant what we were doing was being read and utilized," she said. "When I was getting out of the military, I was in a program for reentry, and a requirement of the program was to create a

contracting company. After a 13-month stint in Kabul, Marsac returned stateside and took a position as an industrial security analyst with the Department of Defense where today she runs background

LinkedIn account. It was there

that I was approached by the

checks with companies that have contracts with the DOD to make certain they are not sharing or releasing classified information.

Looking back on her military experience, Marsac says she would recommend it to anyone and to not worry about discrimination.

"My time in the Army was different from what I expected. I loved the Army. I absolutely loved it. The majority of the military is men, but the mindset is: If you're a good soldier, you do your job right, you maintain fitness and can prove that you have someone's back in the field, it doesn't matter if you're green," she said. "There were people that didn't like me, and I didn't like them, but there's still a camaraderie in the Army that I have never found anywhere else. I guess it's mutual suffering. We all went through the same thing and you're still my brother, and I will shoot anyone that is shooting at my brother. You're never going to find that any-

Local student wins art contest for the second time

City of Happy Valley

Leala Tran is not your average 13-year-old. A 7th grader at Happy Valley Middle School, Tran is already establishing herself as a respected artist. In 2019, she entered and won the annual Teen Summer **Reading Artwork Contest** hosted by the Libraries in Clackamas County (LINCC).

The contest serves to encour-

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Summer Reading Program. Tran's entry depicted a reader looking upward toward a galactic sky of constellations, fitting for the year's theme - Universe of Stories. Her artwork then became the face of the program's distributed materials. But that is just beginning. In 2020, she entered and won the contest -

This year, LINCC asked stu-

BUSINESSSPOTLIGHT

age interest in LINCC's Teen dents to create a visual that rep- these concepts into her piece, resented the reading theme Imagine Your Story. "When I first heard about this year's theme," begins Tran, "I didn't quite know what to do, because, well, imagination can be anything. There are no limits to one's imagination. It's like a rainbow of colors with all the shades, tints, and hues. Everything represents something different." Tran says she tried to incorporate all of

adding a variety of colors to bring her creation to life. Focusing on Your Story, Tran explains that she wanted to include some images that she found herself conjuring when reading some of her favorite books. "Around the time of the contest, I had been reading a fantasy book full of adventure and mystical creatures. My mind was full of magical images when I finished the story," says Tran. She's quick to point out her intention of the young girl depicted in the piece. "I wanted the

young girl to look calm and relaxed, her head full of all the possibilities the world could give

For Tran, art is a hobby that she likes to do when she has free time. With schools closed due to the pandemic, Tran

explains that she hasn't had much free time due to her online schoolwork demands. so she is eager to get back into a creative groove. "Currently, my favorite medium to use is watercolor," she says. "With its small mess and easy cleanup, it's the perfect medium to use and gives my parents less stress! I like how I don't have to waste any paint and can reactivate it with water." Tran enjoys experimenting with what she can do with the paint's opacity, the intensity of the pigment, and trying all sorts of colors and techniques to achieve different looks. She occasionally mixes mediums, too, using colored pencils or gouache (a special opaque watercolor) when creating really intense shades and the color white. She says she likes painting scenery the best and has been trying to improve her skills

Leala Tran, a 7th grader at Happy Valley Middle School, created the winning entry in the 2020 LINCC Summer Reading Program Teen Art Contest. Her piece depicts her take on the theme, Imagine Your Story.

LEALA TRAN

at painting people and still life.

When she's not holding a paintbrush, Tran enjoys photography, music (she is learning how to play the violin), and baking. While she has dabbled in sports, she mentions those aren't really her strength, although she did enjoy swimming. Her favorite subject in school, she says, is math. "There is always a solution to a problem and there is always a right and a wrong, a certain way to do something, which is probably the total opposite of art." Tran also enjoys reading, gravitating toward fantasy, sci-fi, historical and adventure fiction, and dystopian novels. Her favorite read is The Renegades trilogy by Marrisa Meyer.

Tran is heartfelt when she extends her thanks to everyone who has been supportive of her efforts as an artist. "They have

encouraged and influenced me in so many amazing ways to help me grow," she says. She adds that she is appreciative of her friends that give encouraging words and constructive criticism, no matter what the case or whatever the artwork is. And she recognizes her family members who have been cheerleaders, watching her evolve from a tiny toddler using finger paints to the more polished artist she is today. She also wants to recognize her former teachers, Chris Super and Mindy Stutzman. She considers them her mentors and figures who really sparked her

love of art. No matter where Tran's journey takes her, it's clear she is a talented artist. Happy Valley is likely to see more of her creative work and you never know, it just may be a third win that brings her to the forefront once more.

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