

Annual leaf drop to proceed as planned See Page 15



Parks and Recreation programs See Page 16



October 2020 happyvalleyor.gov



offer supplies, support to those

r. Rogers was famously quoted: "When I was a boy and I would see scary things in the news, my mother would say to me, 'Look for the helpers. You will always find people who are neiping Happy Valley residents became munity will never be recognized, important helpers recently when confronted by frightening wild-

ning stages.

evacuation zones change from green to yellow to red, many residents helped their friends and family pack and evacuate, organize transportation and housing for livestock, bring supplies for both exhausted firefighters and

displaced residents.

Logan Chastain, Walker Callan and Ian Osnes (not pictured) felt compelled to help residents displaced by fire evacuations. Together the bovs bought water. food and supplies and delivered

affected by wildfires

many of the helpers in the com

See TOGETHER / Page A2

the goods to the evacuees staying at Clackamas Town Center.



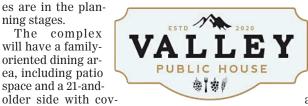
BUSINESSES FIND WAY TO START IN 2020 Valley Public House has something for everyone

Mixed-use complex includes casual and fine dining, drinks, firepits, sports, live music

By SHELLEY McFARLAND

alley Public House, the highly anticipated new food hall, is set to open in a few short weeks adding new dining options to the Happy Valley culinary scene.

The 19,000-square-foot multiuse building will feature Whiskey Barrel Lounge as its star attraction for fine dining and specialty whiskey. There will be a 31-foot bar in the taproom serving beer, wine, cider and champagne from 64 taps, and Tamale Boy, Ranch PDX and other small business-



ered patios, outside heaters will be used for viewing sports and live music. Happy Valley Growlers owners Brian and Ami Shannon coown the public house with Executive Chef Russ Langstadt.

"Ranch PDX and Tamale Boy are Portland businesses that have delicious fresh food," Ami Shannon said. "The Whiskey Barrel Lounge is an upscale experience located downstairs from the taproom. It will be run by local Happy Valley chef Russ Langstadt and will feature steaks, oysters, American-style comfort food done in an elevated way, and delicious small plates and charcuterie perfect for happy hour."

Taco Boy will serve tacos, burritos, empanadas and signature tama-

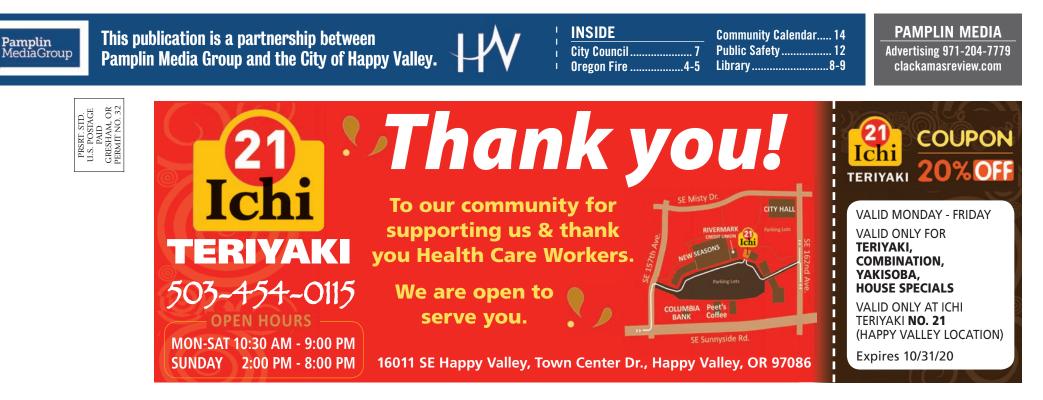
les. There also will be vegetarand four firepits. A large mezzanine ian options and house-made guacamole and chips. Ranch PDX specializes in Sicilian-Detroit-style fusion thick-crust, square pizza with locally sourced toppings and homemade ranch dressing. Each will serve weekend brunch starting at 8 a.m.

Langstadt taught for 12 years at Le Cordon Blue Portland and an additional four years teaching culinary arts at the Sabin-Schellenberg Center in the North Clackamas School District. He caters for select clients throughout the Portland metro area

See GRAND OPENING / Page 4

VALLE

Brian and Ami Shannon stand in front of Valley Public House, the new multi-use eatery and taproom. It is scheduled to open late October and will feature, Tamale Boy, Ranch PDX and Whiskey Barrel Lounge.



Kids in the kitchen

By SHELLEY McFARLAND

few years ago, Happy Valley resident Kim Cairns started an Instagram page and blog called @mytwogentlemen that focused on cooking for her two sons, Dawson and Cruz.

Cairns' posts included kid-friendly meals that encouraged her boys' participation and strategies on how to balance nutrition while working full time. Through social media, Cairns connected with Cara Clark, owner and certified nutritionist of Cara Clark Nutrition and created "The Kid Friendly Cookbook," the first book for Cairns on the Cara Clark Nutrition team.

"I started doing small projects for Cara, such as a recipe or food pictures here and there, and then eventually landed a spot on her fabulous team. It truly has been a dream job for me connecting my passion of cooking and being able to help other people in the process," Cairns said.

'The kids cookbook came about earlier this year as a project we all felt passionate about as mothers. So often we get asked how to feed kids

healthy and nutrient-dense food without it being a struggle," she said. "In comes the cookbook!"

Clark and her CCN team have produced several ecookbooks, including "The Ultimate Smoothie Book," "Family Friendly Favorites" and "Flavors of Fall Cookbook."

As a nutritionist, Clark promotes overall health with a nondicting approach to help clients manage weight or disease, increase energy and tackle eating disorders. Clark is considered a lifestyle guru and has worked with celebrities on HGTV shows, helped NBA and MLB prospects prepare for their careers, and contributed to Carrie Underwood's book, "Find your Path."

Contributing to "The Kid Friendly Cookbook" was a wonderful experience for Cairns, who is proud of the finished product.

There are so many amazing recipes in this book thanks to all of the contributors from the CCN team," she said. "Every contributor is a mom, and together we have over 20 kids. As a working mom I find anything that I can make quickly and pack a protein punch for my boys is a win. One of my favorite things to make for breakfast or a snack are mug cakes. All together they take less than five minutes to prep and cook

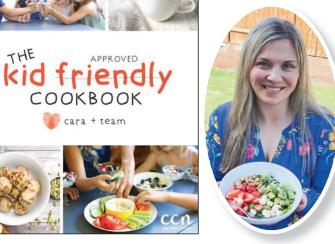
Cairns says nutrition was a vital factor for the book because kids look to their parents as models for eating habits. If kids see their parents eating a healthy diet and one is presented to them, they likely will eat this way, too.

"From early on, I have incorporated my boys with me in some way in the kitchen, whether it be tasting food, chopping or measuring," Cairns said. "I have always made sure they were an integral part of the meal process. Food is fuel, and





Kim Cairns worked on a team to create a kid-friendly nutritional e-cookbook "The Kid Friendly Cookbook" through Cara Clark Nutrition. Cairns drew inspiration from her sons Dawson and Cruz who she says helps her in the kitchen.



the wrong fuel can lead to disaster. Educate your child on why certain foods can be helpful or harmful to their body. Use examples such as cars needing proper gasoline to run efficiently, or how carrots can help us see, avocados help our brains.'

COOKBOOK

+ team

More than anything, Cairns stresses to involve kids with meals by letting them touch, taste and experience new and familiar foods.

'Taste, try and spit out," she said. "This concept will allow your children to oversee their own culinary path. A household rule could be that everyone must try what's on their plate, but they can politely spit it out if they don't like it. Did you know it can take children over 40 exposures to a flavor texture to decide whether they like it? If you offer it once and they don't like it, make sure to not label it as out of the question.'

Cairns encourages parents to look at their child's diet as a seven-day span, rather than a 24-hour period. If their child only eats crackers one day, but loads up on vegetables and chicken the next, then their diet is still balanced.

A Happy Valley resident since 2015, Cairns grew up in Gresham and earned a softball scholarship to the University of Mexico where she met her future husband, Troy, who was a collegiate baseball player who eventually played for the Cincinnati Reds.

The couple returned to Oregon following Troy's retirement from baseball. Cairns earned her master's degree in teaching from Concordia University. After 13 years of teaching health and PE to middle and high school students, along with leadership and a position as community coordinator at Summit Learning Charter, Cairns is putting her teaching career on hold to focus on her family and cooking career with the Cara Clark Nutrition team.

Peanut Butter & Jelly Mug

For more information, or to purchase the book, visit: caraclarknutrition.com/the-kidfriendly-cookbook/.

Happy Valley mom Kim Cairns focuses on nutrition in new e-cookbook

Cake

Serves 1 For the mug cake

- 1 egg, beaten
- 2 Tablespoons unsweetened nut milk
- 2 Tablespoons almond flour
- 1 teaspoon cinnamon
- 1/2 teaspoon baking powder
- 1/2 teaspoon vanilla
- 1 Tablespoon coconut oil
- 1 Tablespoon peanut butter
- 1 Tablespoon pure maple syrup

In a 12-ounce mug, mix all the ingredients together until smooth. Microwave for 1 to $1\frac{1}{2}$ minutes. Cooking time may vary depending on the strength of your microwave, so watch closely the first time. Remove from the microwave and top with mixed berry chia jam.

Mixed Berry Chia Jam Yields ¹/₂ cup

- 1 cup fresh or frozen mixed berries
- 1 Tablespoon chia seeds
- 1/2 Tablespoon fresh-squeezed lemon juice

½-1 Tablespoon honey or maple syrup (depending how sweet your berries are)

Heat fruit in a small saucepan over medium-high heat, stirring occasionally until it is heated through and begins to break down and bubble.

Use a spoon or potato masher to mash the fruit to your desired consistency. Stir in the chia seeds, honey and lemon juice until combined. Remove from heat and let cool for 5 minutes. (The jam will thicken considerably as it cools.) Give the jam one final good stir.

Serve 1 tablespoon on top of mug cake. Store remaining jam in the refrigerator in an airtight container for up to a week.



Together

From Page A1

they simply took it upon themselves to find the need and fill it. To all of you: Thank you! Community is strongest when working together and the helpers in Happy Valley really delivered. At one point, Clackamas Fire had to ask the community to stop donating to firefighters and instead donate to Red Cross International or Clackamas Emergency Services Foundation.

'To date, since the fires, Clackamas Emergency Services Foundation has received over \$50,000 in donations, which goes back into the community to people affected by fire," said Brandon Paxton, public information officer for Clackamas Fire District #1. "It was humbling watching the community come together and help residents devastated by the fires and firefighters. If we asked for one item, the community would bring in 1,000."

Happy Valley residents and business owners Jessica Skaw of Thunder Elite and Alisa Pompetti of Kona Ice immediately organized a supply drive to help displaced residents.

"After witnessing all the tragedy that continued to hit our community, we knew that we had to try our best to get involved and do what we could," Skaw said. "Thunder Elite has a pretty big social media following along with many dedicated families who are always ready to step up and help those in need. Many of our families had to evacuate as they live all over the state. After a few quick details were worked out with Alissa from Kona Ice, we got together and blasted the information everywhere we could think of."

Together, along with staff members, they collected donations for two hours Sept. 10 and filled the Kona Ice trailer. Donations went to Clackamas Fire, Gresham Fire, Milwaukie Elks Lodge #142, Clackamas Town Center evacuation site, Gladstone Event Center evacuation site and Gladstone Park



"It was humbling watching the community come together. ... If we asked for one item, the community would bring in 1,000."

Brandon Paxton, Clackamas Fire District #1 PIO

Conference Center.

'We also received an additional \$1,500 that Alisa and her family spent at Costco on more items that were needed at the evacuation sites. Alisa and her amazing family did all the deliveries on Sept. 11. Everyone was so thankful, and we were so happy to help," Skaw said. Cup of Tea owner Susie

Sisk continues to collect items for people and is dedicating October's Tea of the Month donations to the Wildland Firefighter Foundation, which provides help to the families of wildland firefighters who died or were injured



During the evacuations and drives to help displaced residents, community members continued to wear masks and social distance.

in the line of duty.

"Cup of Tea is collecting nonperishable food, hygiene products and gift cards to grocery stores," Sisk said. "All donations will be distributed The need for donations is to those who have been affect-



ed by the fires in Oregon. We have an amazing community member who is volunteering her time to take donations to where they are most needed.

businesses have been destroyed by fire.

Happy Valley-owned food cart Chop Chop Chicken Sundaes donated over 100 meals to first responders from multiple great, countless homes and agencies and evacuees Sept.

The two businesses also donated pizza to firefighters working the frontlines against the fires.

10-12. Multiple people and businesses donated food and cash to Chop Chop, including Starbucks, which donated gallons of coffee.

See TOGETHER / Page A10

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BUSINESSES FIND WAY TO START IN 2020 Les Schwab drives into valley

New store offers community support along with tires, service

By SHELLEY McFARLAND

Les Schwab Tires opened its Happy Valley location Aug. 11, selling tires while supporting the community.

Founder Les Schwab was from Central Oregon and well-known for a strong customer service commitment while valuing hard work and community service. The company promotes from within, offers compensation packages, bonuses, health insurance

and retirement programs. Each store manager starts as an hourly employee. Currently, the Happy Valley location has 15 employees.

"At Les Schwab, we're focused on more than today's transaction; we want to build customers for life," marketing specialist Kelly Utley said. "And because of our worldclass customer service, customers not only come back time after time, but they bring in their family and friends.

"Our strong community



LES SCHWAB

Address: 13254 S.E. 169th Ave.

Hours: 8 a.m.- 6 p.m. Monday-Friday; 8 a.m.-5 p.m. Saturday

Phone: 503-427-0448

Online: lesschwab.com

With a focus on community, Les Schwab is looking foward to servicing resident's tire needs while giving back to the community through various programs.

With masks being worn, Les Schwab celebrated their new location with a ribbon cutting ceremony. Numerous **City employees and local business** leaders attended the event.



giving program is our way of repaying that loyalty by reinvesting in our hometowns. We're committed to service in our stores and service in our communities, because when our communities succeed, it's good for all of us."

Each store manager chooses the local organizations and activities Les Schwab will promote within the commu-



organizations to support. "We sponsor activities large and small, supporting youth programs, helping families in need, and raising funds for good causes because these are the values we believe in. By supporting programs our customers care about, we can repay their loyalty and reinvest in our hometowns," Herbel said.



Grand Opening

From Page A1

and at Cana's Feast Winery in Carlton as a chef in residence preparing meals for wine pairings and events.

"I've lived in Happy Valley for almost 20 years and usually went into Portland to find the food I really wanted and could never understand why there were so few independently owned restaurants, let alone anything considered fine dining in Happy Valley," Langstadt said. "We intend to provide Hap-

py Valley diners with a restaurant experience that far exceeds their expectations and is completely different than the chains that dominate the area," he said. "We will showcase local seasonal ingredients, wellexecuted dishes and craft cocktails to match. In short, we're creating the place we've always wished was in the valley. A place that felt casual enough



"We will showcase local seasonal ingredients, well-executed dishes and craft cocktails to match. In short, we're creating the place we've always wished was in the valley."

- Russ Langstadt

to go to several times a month, or fancy enough to have a date night.

Langstadt and Chef de Cuisine Michael Molitor, who worked the fine-dining scenes at Pazzo in Portland for nine years before accepting a posi-

OHSU

Health

tion as executive chef at Ecliptic Brewing, want to take advantage of the abundance of delicious food grown and native to the Pacific Northwest and showcase it.

At Whiskey Barrel Lounge, diners can choose from locally sourced steak; a burger featuring in-house ground beef with smoky aioli and pickled onions; a top-shelf mac n' cheese with smoked jalapenos; the Cascadian seafood platter featuring albacore ceviche, grilled spot prawns and local oysters; steamer clams with house made chorizo; pilsner and garlic chives on a grass-fed ribeye served with butter-whipped horseradish Yukon golds just to name a few. Brunch will feature items like fried chicken and biscuits, eggs Benedict, shrimp and grits, and a croque madame with cave-aged Gruyere. Vegan and vegetarian items will be featured on all menus as well.



Constructions workers install the 31-foot bar at Valley Public House which will feature over 60 taps of beer, wine and cider.

together.

Come

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"Russ and I are planning on playing around with some fun specials," Molitor said. "This is a great way to see what works, and based on guest reactions, they might become a new menu item.

"I'm hoping to show that fine dining doesn't need to be relegated to special occasions. Fine dining is about the ingredients, the execution, the vision and the service. It shouldn't be polarizing; everyone just wants to gather to enjoy good food and drink," he said. "Sometimes you crave something familiar, while other times you want to explore new flavors. Either way, we want you to feel welcome and enjoy your time with us."

The staff is excited to be able to open the doors to customers. The Shannons have owned Valley Growlers for seven years and are looking forward to seeing their loyal customers in a new setting.

We have had the privilege of sharing our customers' lives all of those years. Births, deaths, proposals, engagements, weddings, friendships and so much more. We want to continue creating a place

Valley Public House

Where: 12960 S.E. 162nd Ave., Happy Valley

42 Beer Taps plus

14 guest breweries

28 Cocktail, wine and cider options on tap

Ranch PDX: pizza for Squares

Tamale Boy

Whiskey Barrel Lounge

(Opening date early winter)

Business Hours:

11 a.m.-10 p.m. Monday-Friday 9 a.m. - 10 p.m. Saturday-Sunday

Brunch: 9 a.m. - 2 Saturday-Sunday

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where the residents of Happy Valley can share their lives with each other," Ami Shannon said.

"The new Valley Public House and Whiskey Barrel Lounge will provide the community with several different types of gathering spaces that allow them to put down their screens and interact with the people we all care about so much.

"We want our place to be a



PIZZA FOR SOUARES

destination that people look forward to exploring and coming back again," she said. "We want it to feel like your favorite place. Our community is about supporting and respecting one another, and our mission statement is to provide a safe space for everyone who comes in to feel included and respected"



Numerous local companies contributed to the construction of Valley **Public House** including Zion Metal Works, Boydstun Equipment Manufacturing and Shannon Specialty Wood.

BUSINESSES FIND WAY TO START IN 2020 Snap Fitness Happy Valley expands into competitor's space

5-year-old business takes over 21,600 square feet from B-Fit next door, near Grocery Outlet

By Raymond Rendleman Pamplin Media Group

Snap Fitness Happy Valley celebrated its fifth anniversary last month by expanding into an additional space previously occupied by a competitor, increasing its square footage to a total of 28,267 square feet.

"Sometimes opportunity, timing, luck and clean living pays off, so it seems," said Darrin Hamblin, owner of Snap Fitness Happy Valley. "Our desire to serve our community and have a positive impact has never wavered. When an opportunity arose to expand our influence and further serve our community and take over, we did not hesitate. When the B-Fit next door announced it would not be reopening, we inquired and were able to make a deal."

Snap Fitness Happy Valley's soft opening of its additional location in early August was intended to prevent any further inconvenience as a result of the closing for the community and gym members. Further renovations of the club and an October grand opening are planned.

"Âs Happy Valley residents and a local family-owned business, we were rather concerned about the state of affairs in our community, and the world for that matter, during these trying times for us all," Hamblin said. "We are hum-bled and grateful for the support and outreach from our community, as well as the city of Happy Valley, for all they have done. Thank you. We are looking forward to serving our community in a much bigger and better way. Where much is given, much is expected. We do not take our responsibility lightly."



SNAP FITNESS WORLD

WHERE: 14800 S.E. Sunnyside Road, Happy Valley, next to Grocery Outlet

EMAIL: happyvalley@ snapfitness.com CALL: 503-741-8925



▼ Snap Fitness owner/ operator Darrin Hamblin (middle) poses with his fitness staff at the "big" **Snap Fitness near his** original location. Hamblin created a second Snap Fitness in the former BFit site and retained the BFit staff who are now Snap Fitness employees.







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HAPPY VALLEY CITY COUNCIL

Council Meetings are held 1st and 3rd Tuesdays of the month at 7 p.m. at City Hall 16000 SE Misty Drive Happy Valley, OR 97086 (503) 783-3800 www.happyvalleyor.gov

he days and weeks following the devastating wildfires in Oregon were a challenging time for all of us.

Like so many of you, I knew people who had to evacuate and some who lost

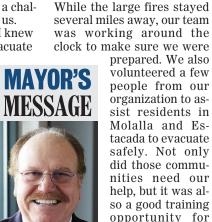
their homes. We even had a couple of small fires start in Happy Valley that were extinguished before they threatened any homes. Just to make matters even worse, we were confronted with the worst air quality in the world for days on

end.

Most of us in

Happy Valley were the lucky ones though. That's because of the tremendous efforts by our firefighters and first responders. To them, I say thank you for working in very difficult and stressful conditions to protect lives and property. Your efforts did not go unnoticed.

Throughout the fires, several city employees once and service are admirable.



did those communities need our help, but it was also a good training opportunity for our staff members.

As tragic as TOM ELLIS these events were, I was encouraged to see so many in

our community lend a hand. Whether it was serving hot meals to those who had been evacuated or raising and donating money to those who lost homes, those actions speak louder than words.

again took on additional duties and served on our emer-

gency management team.

Again, I just want to thank all our firefighters and first responders. Your bravery



Thank You Firefighters and First Responders

A Clackamas Fire firefighter takes in the aftermath of an area burned by wildfire. Our appreciation for the bravery and tenacity of our firefighters is simply beyond words.





Clackamas County Sheriff's Office deputies make a game plan before heading out. During the crisis, deputies stepped up their patrols in Level 3 areas in efforts to ensure community safety.



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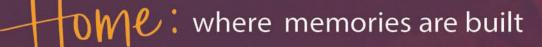
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Deadline Approaching to Serve on Diversity, Equity, & Inclusion Task Force

CITYCOUNCIL

City of Happy Valley

In the last issue of HV News, the City Council highlighted that a new Diversity, Equity, and Inclusion Task Force was in process of being developed. Since then, we have launched the application process and we want to take a minute to encourage as many people as possible to apply. The deadline of Oct. 14 is quickly approaching.

We strongly believe that diverse and vibrant backgrounds, perspectives, and abilities contribute to the health, welfare, and economy of Happy Valley. This new task force will help guide the efforts of the City in undertaking strategic diversity planning and implementing longterm changes to become more diverse, equitable, and inclusive. We are looking for community members who are passionate about creating opportunities for the City of Happy Valley, and those who are open and willing to challenge themselves and learn about others.

Apply before Oct. 14 at www.happyvalleyor.gov/dei

For questions or more information, please contact Ben Bryant, Assistant City Manager at benb@happyvalleyor.gov or 503-886-8440.

Role of the Task Force

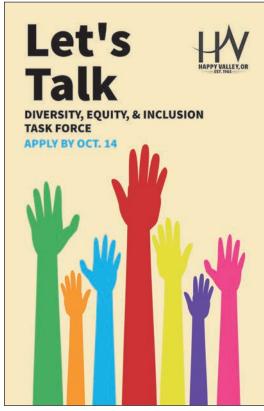
■ Help the City identify and provide services, programs, and events to all members of the community and remove barriers to those services

Assist the City's efforts to reach out to and communicate with individuals from historically marginalized groups

Act as a community voice in establishing a **DEI Strategic Plan**

■ Work with a consultant team, City staff, and elected leaders to develop a structure for DEI accountability and on-going conversations between the community and the City

In addition to the task force, there will also be regular open forums and town halls available to the general public to stay connected to the process and project.



Pleasant Valley/North Carver Comprehensive Plan update

City of Happy Valley

he Pleasant Valley/North Carver Comprehensive Plan provides guidance regarding such things as land use, transportation, parks, and environmental issues that will be instrumental to ensuring planning is successful in the Pleasant Valley and North Carver areas. City staff from the Economic and Community Development Department have been working diligently and have utilized community feedback throughout the process to help shape the direction of the Plan. Ideas from property owners, the public, neighboring cities and counties, and other stakeholders have also been included.

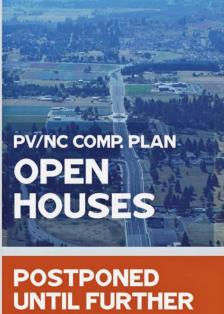
Due to the COVID-19 pandemic, the PV/ NC Open Houses and Public Hearing Meetings continue to be postponed until further notice. These gatherings had intended to offer the public a chance to view



Pleasant Valley North Carver COMPREHENSIVE PLAN

a variety of visual materials and information relating to the recommendations. The City's goal was to have the plan approved by the end of the summer, but the public health crisis endures. It is crucial members of the community have an opportunity to be part of these processes. In the meantime, City staff and consultants are continuing to compile comments and technical analysis in order to draft reports and findings in preparation for the upcoming meetings.

Please feel free to reach out to staff with any questions. The public is encouraged to visit https://hv.city/pvnc for updates.



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CITY WRITER

ΗŴ

Happy Valley News staff

This publication is a partnership between **Pamplin Media Group and** the City of Happy Valley.



Publisher's Note: Happy Valley News is always on the lookout for story ideas and suggestions from our readership. If you know of an interesting local story or a person deserving of community recognition, please forward tips to afox@clackamasreview.com and include your name and phone number for contact information.

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the City

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accessible to

all members

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that are

of the

www.

gov/dei.

The City continues to

postpone

planned PV/NC

Public Hearing

Meetings until

further notice

due to the

COVID-19

pandemic.

Residents are

encouraged to

information and

follow the City's

Facebook page

announcements

rescheduling as

they become

available

related to

visit the City

website for

more

for

Open Houses and

Force will help



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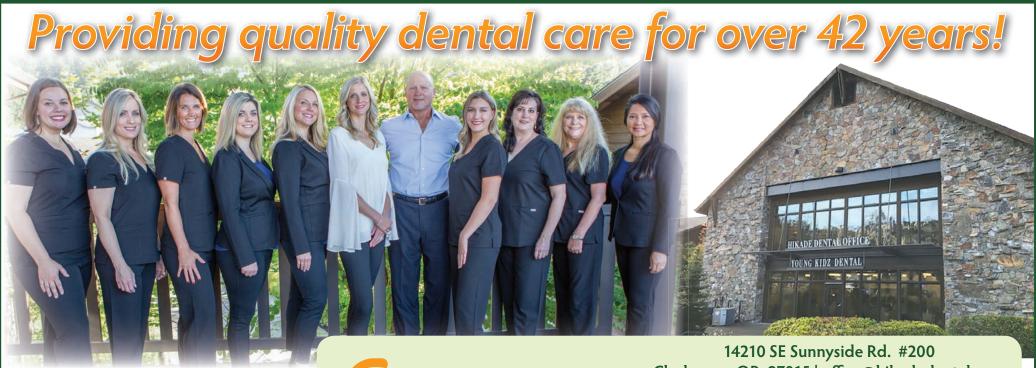


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13793 S.E. Sieben Park Way, Happy Valley, OR 97015 | 503-783-3456 | www.happyvalleyor.gov/library

October 2020 Library Events

ADULT PROGRAMS

Library Adult Programs Calendar

Genealogy Club Virtual Meeting

Monday, Oct. 26, 2-4 p.m.

Searching for family roots? All are welcome to come and share questions, strategies, and organizing tips. Insights are discovered and pathways revealed as we attempt to solve the mysteries of our ancestors' elusive stories!

HV Library Virtual Book Group

Thursday Nov. 5. 6:30-8 p.m.

Read the book selection for the month and meet to discuss the book with other readers. November's meeting we will read The Heart Is a Lonely Hunter by Carson McCullers. Contact the library for help getting the books and for the Zoom meeting information. Ask about our weekly Short Story meetings, too!

Trivia Tuesdays!

Tuesday evenings 7-7:30 p.m. The questions are trivial, the fun isn't! Join us for a fun evening, with a different theme each week. Contact the library@happyvalleyor.gov for Zoom login information

Musical "Show & Tell"

Sunday, Oct. 11, 3-5 p.m.

Calling all musicians! Looking to share the music you've been practicing at home for months? Pop in to our virtual studio, play some music, and hear what others have to share: whatever style, whatever instrument, whatever strikes your fancy!

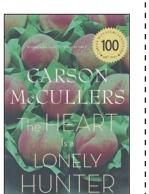
Contact the library@happyvalleyor.gov for Zoom login information.

HV Library Short Story Group

Thursdays, Oct. 8, 15, 22, & 29, 7-8 p.m. Join us for a casual discussion of a short story every Thursday night that we don't have a Book Group meeting. Find our next read on the Adult Programs page on the Happy Valley Library website.

MUSICAL "SHOW & TELL"

Let's jam! Musical Show & Tell is an opportunity to share what you've been working on and explore some new sounds.



Join the discussion at the next month's Book Group after reading The Heart Is a Lonely Hunter by Carson **McCullers.**



Ready for some brain busters? Log on virtually and get ready to have some fun.



Baby and Me Time

Tuesdays, 10 - 10:30 a.m.

Songs, lap bounces, and stories that are just right for babies. Connect with others and learn rhymes and songs you can bring into your everyday life to help your little one thrive.

Storytime

Thursdays, 10-10:30 a.m.

Join Anna, Isaac and Lisa for weekly stories, songs, puppets, and fun in Zoom.

Family Saturdays

Saturdays at 10 a.m. For K-5th graders. Sign up for family fun, games, and trivia.

Teen Meet Ups

1st and 3rd Wednesdays, 5-6 p.m.

You bring the snacks; we'll bring the games for a weekly virtual teen hang out in Zoom.

Email youthlibrary@happyvalleyor.gov for log in information for youth programs or with questions.

You can find videos of storytime songs, science projects, book reviews, and more on the library's website.



Saturdays are for fun! Students in grades K-5 can hang out for some virtual games and trivia.

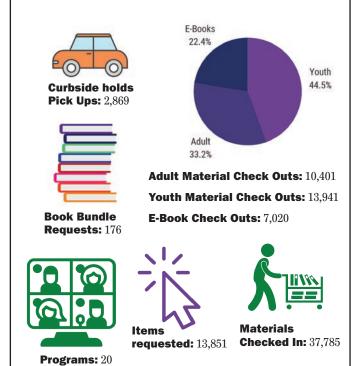




Teen Meet Ups are a great way to connect with others. Take a break and talk about music, hobbies, movies, books or and everything in between.



Here's a snapshot of what happens in one month at the library!





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Abner Naanyane Chaplain

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Hispanic Heritage Month 2020



Happy Valley Library

Hispanic Heritage Month, celebrated from Sept. 15 through Oct. 15, honors the culture and contributions of Americans with roots in Mexico, Central America, South America, the Spanishspeaking nations of the Caribbean, and Spain. During this month-long celebration, many of our Nation's cultural institutions pay tribute to the generations of Latinx and Hispanic Americans that have positively enriched our society.

Why start a month-long celebration in the middle of the month? Sept. 15 is a significant countries. It marks the date Many of these titles are availwhen the five nations of Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua celebrate their independence from Spain. In addition, Mexico celebrates their independence on Sept. 16, and Chile on September 18.

The Library endeavors to represent the diverse perspectives that make up our community and world all year long, but this month we pay special tribute to some phenomenal Latinx authors and are highlighting some recent notable titles. We hope you will find a book or two on this list to enjoy and will join us in celebrating the rich contributions that Hispanic Ameridate for many Latin American cans have made to our Nation. si.edu/spotlight/latino-artists

able in Spanish as well.

Having trouble finding one of these titles? Contact us for assistance if needed and we'd be happy to help you place a hold or check out an e-book.

To learn more about Hispanic Heritage Month, check out the following resources:

Hispanic Heritage Month, https://www.hispanicheritagemonth.gov/

Facts and Features: Hispanic Heritage Month 2020, U.S. Census, https://www.census. gov/newsroom/facts-for-features/2018/hispanic-heritagemonth.html

Latino Art and Artists, Smithsonian, https://www.

HISPANIC HERITAGE MONTH 2020 ADULT BOOKS

Afterlife

By Julia Alvarez

Children of the Land By Marcelo Hernandez Castillo

The House of Broken Angels By Luis Alberto Urrea

It Is Wood, It Is Stone

By Gabriella Burnham A Long Petal of The Sea

By Isabel Allende **Mexican Gothic** By Silvia Moreno-Garcia

HISPANIC HERITAGE MONTH 2020 CHILDREN'S BOOKS

Picture Books

Dancing Hands: How Teresa Carreño Played the Piano for President Lincoln By Margarita Engle Illustrated By Rafael Lopez

Dreamers By Yuyi Morales One is a Pinata: A Book of Numbers

By Roseanne Thong Illustrated By Jon Parra

¡Vamos! Let's Go Eat By Raul the Third

Middle Grade Novels Each Tiny Spark

By Pablo Cartaya Efrén Divided By Ernesto Cisneros

Mañanaland By Pam Muñoz Ryan

Sal and Gabi Fix the Universe By Carlos Alberta Hernandez

Teen Books

Clap When You Land By Elizabeth Acevedo

The New David Espinosa By Fred Aceves

Tigers Not Daughters Bv Samantha Mabry

We Are Not from Here By Jenny Torres Sanchez

No appointments necessary!

Happy Valley Library

Our holds pick-up process just got even better! You now have two options for getting your materials from the library.

Lots of materials to pick-up?

Schedule an appointment, so that when you arrive at the library you can simply grab and go. Head to www.happyvalleyor.gov/library

Don't want to call ahead?

Just give us a call when you arrive at the library and we'll find your materials, check them out, and bring them to you curbside. Call us at 503-783-3456.

Holds Pick-Up is available 7 days a week!

■ Friday–Monday 10 a.m. – 5:45 p.m. ■ Tuesday–Thursday 10 a.m. – 7:45 p.m.

















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OREGON WILDFIRES

Together

From Page A2

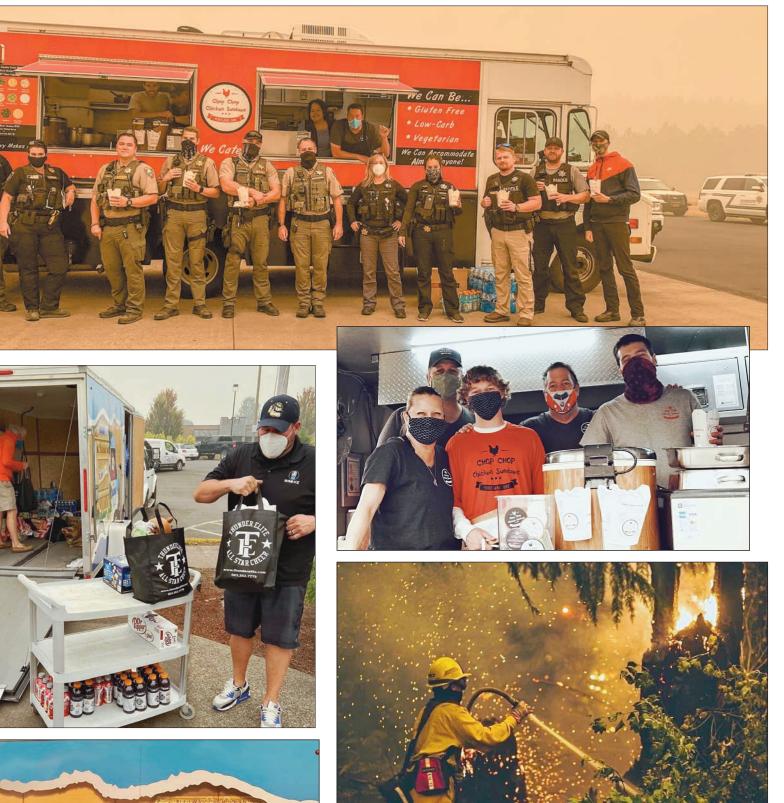
Clackamas High School junior Walker Callan felt compelled to buy supplies for people camping at Clackamas Town Center and enlisted friends to help.

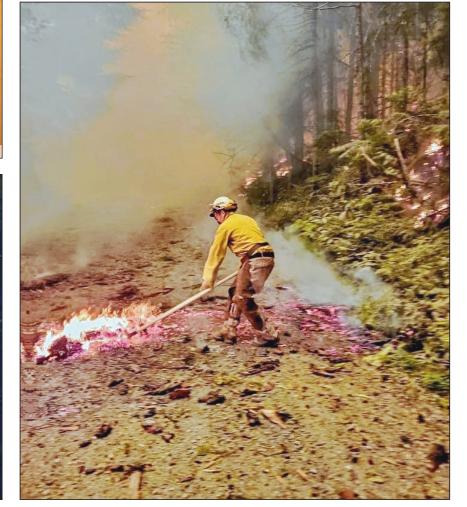
"I felt bad for the people who had to evacuate and leave their home with a maximum capacity of just a car or truckload worth of supplies, and they could only bring so much with them with the amount of time they had to evacuate," Callan said.

"I also wanted to donate because I want to help the community during this rough year of what has been happening and realize there are more people in this world that have a harder life than I do. I don't really know what their life is like, but I realize people need the extra supplies from donations to help them stay healthy and safe. So that's when I decided to start helping and do what I can to help others."













October Harvest Month!

- Over 100 Vendors
- Fall farm produce and fruits
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- Pumpkin carving station
- Hot foods, Gourmet Breads
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- Large covered seating

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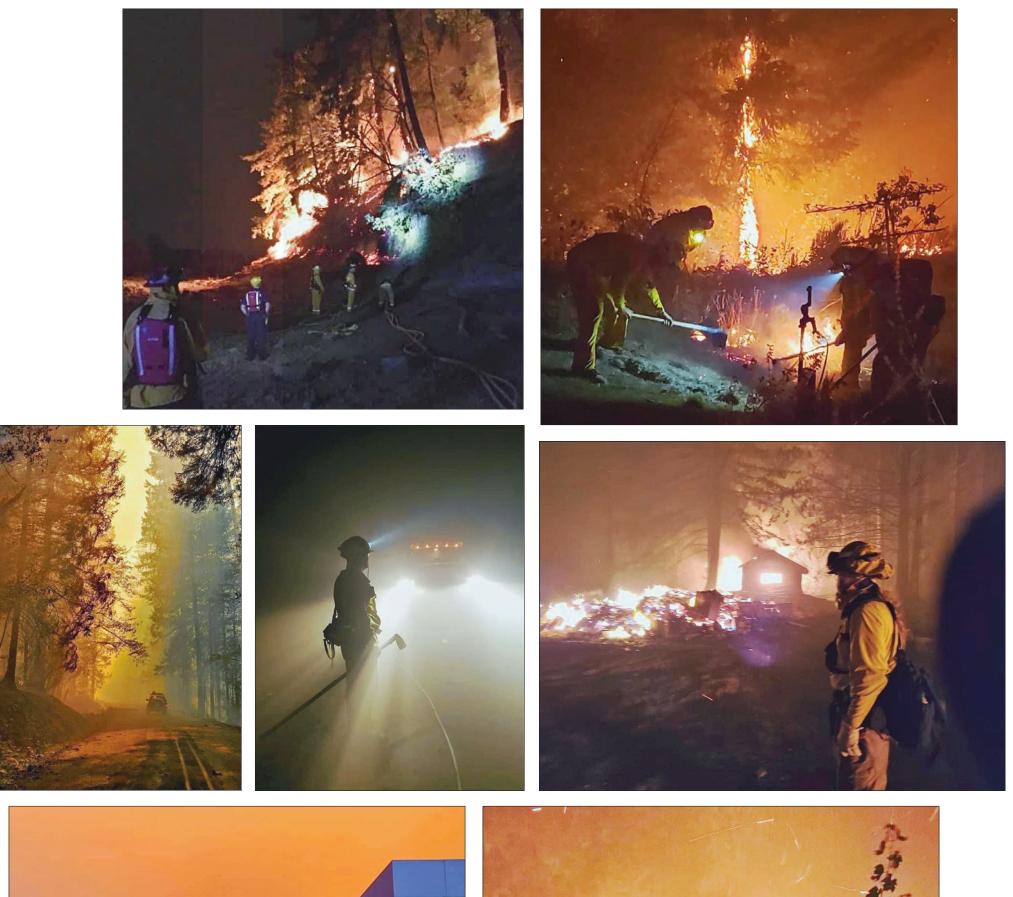


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OREGON WILDFIRES







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City assists during wildfire emergency

s the severity of the Clackamas wildfires increased in prominence, the City of Happy Valley was there to help. Whether it be a natural disaster, pandemic, or any other type of major emergency, the City stands ready to

respond and support other municipalities and government bodies whenever possible. This type of aid request is mutual between cities and counties and extended when resources are clearly needed to help the greater community.

In my role as your Public Safety Director, two of my core responsibilities include working close-

ly with law enforcement and helping create community programs that increase both public safety and quality of life for residents. In the most ideal situations, a team has ample time to cultivate these types of plans and can problem solve challenges ahead of time. During an emergency, however, this is rarely the case and when it comes to wildfire specifically, every second counts.

Initially, when the fires started gaining traction and heading to areas comprised of homes, members of the City's Code Enforcement Team and Lwere asked to assist Clackamas County Sheriff's Office deputies in ensuring residents knew it was time to evacuate. We packed our service trucks with plenty of water, grabbed our safety gear, and headed to Molalla, our first deployment location. It was 9:30am, but it literally felt like midnight. The smoke was so thick that visibility was limited to just a few feet ahead. When we later shifted our efforts to Estacada, the once expansive landscape now felt constricting, darkness casting an eerie feeling as we drove. Knocking on doors, we alerted residents in Level 3 zones of the need to leave, many of which were young families. lives interrupted by a fire nearing with every moment. Most of the residents we spoke to knew there was an urgent need to flee, but many were in shock and a state of panic, understandably scared, upset, and uncertain for what the future would hold. As we explained to the families what best to prioritize as they prepared to take refuge, we offered comfort and reassurance just as much, if not more so. Heading back to the office that day was a salient re- try Resource Center Coordinator, centers in the communities of Estaca- available to those who just one-week



As the City's Public Safety Team assisted deputies during evacuations in Molalla and Estacada, the sky glowed an ominous orange and visibility weakened with the passing moments.

On behalf of the City, I would like to extend a special thank you to the following staff members who helped during this crisis. Your willingness to step up and support the community is greatly appreciated.

Ryan Kersey Jason Thompson Todd Kennedy Stephani Hern Beth Evans Jaimie Huff

minder for all of us that life is precious and that material things can ultimately be replaced.

Our team remained in constant communication with Clackamas County Disaster Management, Clackamas Fire, and Clackamas County Sheriff's Office in the days that followed, and we continued to offer help. Most specifically, the City offered support by coordinating emergency operations and helping with recovery efforts. A couple City staff supported the County's operations, logistics and planning team, while I was tasked as the Re-en-



Back to basics: Necessities like food, toiletries, and household staples were quickly organized and prepped for dispersing to residents that had been evacuated.

organization of items and necessities needed by residents that had been displaced. The County provided items like lighting, tents, N95 masks, and hand washing stations, and local volunteers, with such grace and compassion, stepped up to help. In total, three

helping to obtain and streamline the da, Colton, and Molalla were opened to families returning home from evacuation. I was amazed at how quickly these communities came together to make this happen. Things like food, water, clothing, toiletries, cleaning items, and household goods were quickly categorized and made readily

BE PREPARED

No matter the emergency, it's important to properly plan for any type event. There are essentially four phases of an emergency which fit most any scenario. These phases are frequently discussed by personnel within **Emergency** Operation Centers, such as the one enacted during the Clackamas wildfires.

■ **MITIGATION** — activities that help prevent an emergency or reduce the damaging effects of unavoidable emergencies (i.e. purchasing flood or fire insurance)

■ PREPAREDNESS — making preparations to handle an emergency (i.e. stocking up on supplies and creating evacuation plans)

RESPONSE — actions taken to save lives and prevent further property damage (i.e. putting preparedness plans into action)

RECOVERY — actions taken to return to normal following an emergency (i.e. obtaining donations or financial assistance to help cover lost items or repairs)

prior had most of these things at their fingertips - in their pantries, refrigerators, and linen closets. Long term, these re-entry centers will serve as a resource for FEMA and insurance agencies as they continue recovery efforts in the months to come.

As firefighters tirelessly battled the raging wildfires and deputies diligently patrolled areas that had been evacuated, the smoky air served as a constant reminder to every one of us the gravity of this experience. It really wasn't until the weather changed course that most people working the emergency had had a chance to breathe and start processing what transpired. The City only helped with a fraction of what went into this historical event's emergency response and it can be hard to fathom the extent to all that contributed to keeping people safe. Many emergency personnel from a multitude of disciplines had to come together, committing to being responsive, sharing knowledge, and being able to adapt at a moment's notice. Sharing in this work, the City has made it a priority to nurture partnerships with numerous government

See PUBLIC SAFETY / Page A14





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Consider signing up for a local blood drive and help someone in need. Check out www.redcrossblood.org.

Carve out a new tradition **GIVE BLOOD!**



City of Happy Valley

Since 2013, Happy Valley has hosted 137 blood drives and collected 4.109 units from 4.567 do nors. Even during a challenging year, this summer was no different. We hosted two blood drives at the Library and three drives at City Hall. During these drives, 133 presenting donors rolled up their sleeves and donated 129 units of blood. What a wonderful and caring community we have!

The American Red Cross has a constant and ongoing need for blood and platelet donations. There is no known end date in this fight against coronavirus, and the Red Cross needs the help of blood and platelet donors and blood drive hosts to meet the needs of patient care.

Halloween Blood Drive

Saturday, Oct. 31 9:30am-2:30pm Fred Meyer Happy Valley 17005 SE Sunnyside Road

By appointment only: visit www.redcrossblood. org and enter Sponsor Code HappyVall or call 1-800-RED-CROSS

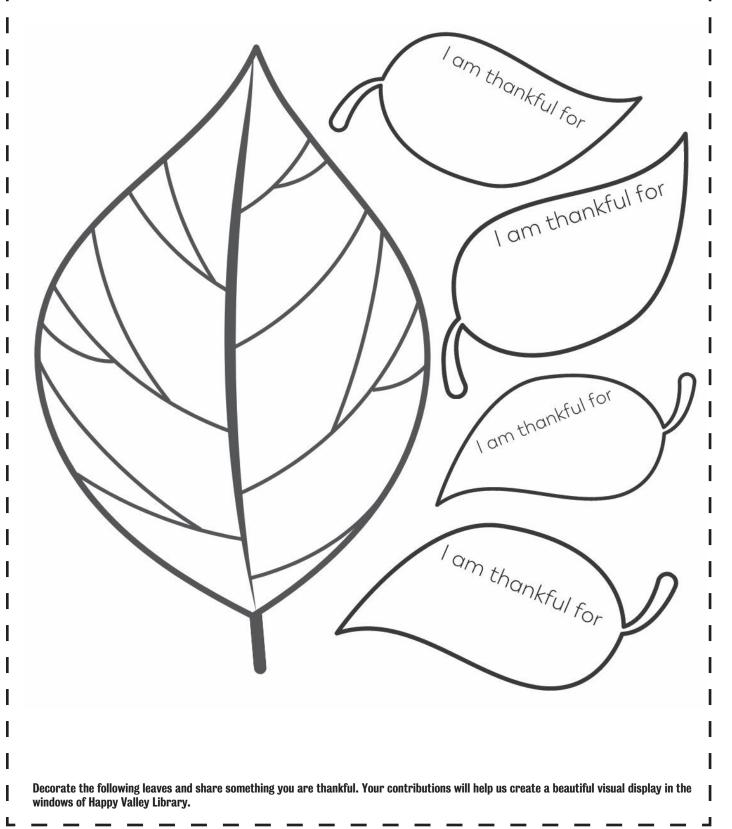
Can't make it to the Halloween blood drive? Just head to www.redcrossblood.org and enter your zip code for more options.

"You can still go out and give blood. We're worried about potential blood shortages in the future. Social distancing does not have to mean social disengagement." - U.S. Surgeon General

Giving thanks through art

City of Happy Valley

The library has and continues to be a place of connection for our community. We invite all ages to decorate a leaf and share a gratitude (or more!). Return them to the library's front desk and help us decorate the windows of our building.



HAPPY VALLEY BUSINESS ALLIANCE COMMUNITY IS OUR BUSINESS!

13

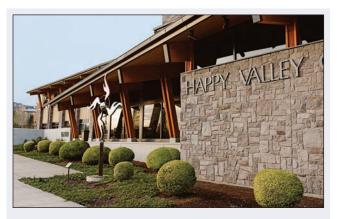


Support these local Alliance members!

Join us for a virtual meeting on Wednesday October 28th at 8:00 AM An email will be sent to members with the meeting link.



Visit www.hvba.biz for more businesses serving your community or to join the HVBA.



October 28

October 28

November 1

hour at 2 a.m.

November 2

November 3

November 3

Ballot drop

until 8 p.m.

for more

information

– see page 18

Election Day:

off boxes open

7 p.m.

7 p.m.

Parks Advisory Committee Meeting:

City Council Work

City Council Meeting:

Session: 6 p.m.

7 p.m.

Happy Valley Business

Alliance Meeting: 8 a.m.

Design Review Board:

Daylight Saving Time Ends: turn clocks back one

CITY OF HAPPY VALLEY

October 5

Parks Advisory Meeting: 6 p.m.

October 6 City Council Work Session: 6 p.m.

City Council Meeting: 7 p.m.

October 8

Traffic and Public Safety Committee Meeting: 7 p.m.

October 10

Leaf Drop: 10 a.m.-3 p.m. *Public Works Building: 13910 SE Ridgecrest Road, adjacent to Happy Valley Park)

October 12

Indigenous People's Day

October 13 **Planning Commission** Meeting: 7 p.m.

October 20 **City Council Work** Session: 6 p.m.

City Council Meeting: 7 p.m.

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Oh, baby!

City of Happy Valley

Babies and their caregivers are invited to join us at Baby and Me Time, a new free program offered by Happy Valley Library.

Our youth librarians present songs, lap bounces, and stories that are just right for babies. Connect with other parents and learn rhymes and songs you can use on the daily to help your little one thrive. We will be meeting

via Zoom, so jammies are just fine! Come for a relaxed 30 minutes of play time designed to promote early literacy and healthy childhood development. We're excited to connect with Happy Valley's newest little residents!

Baby and Me Time

Tuesdays at 10:00 am via Zoom Email youthlibrary@happyvalleyor. gov for Zoom login information or with questions.



Have a baby in the house? Know someone who has a baby or is expecting? Tell them about Baby and Me Time, a special new program offered at Happy Valley Library.



Re-entry centers in Colton, Molalla, and Estacada provided a variety of supports as recovery efforts began to take shape.

Public Safety

From Page A12

agencies at the local, state, and federal levels to stay connected and ready to help when needed. By working together and being proactive in connecting with these top of its own residents' most pressing I'm sure many of you were watching needs and has developed strategies to work in tandem with a variety of external groups.

It goes without saying that never before has our extended community been faced with something as devastating as this. Over 250,000 acres in Clackamas County were burned, including homes, outbuildings and businesses. I want to emphasize just how much I realize how entities, the City has been able to stay on this crisis impacted our own residents as

closely as this situation unfolded. Many of you likely know people directly affected, causing this to hit home that much more. Our community's youth may have been anxious, too. Times like these are a bold reminder for all of us to count our blessings, hold our loved ones close, and do what we can to prepare for possible challenges. While we can never safeguard everything, being mindful of what we can, will often make all the difference.

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MIRACLE

166

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Happy Valley's annual leaf drop to proceed as planned

City of Happy Valley

Fall is here and this is evidenced by none other than the heavy blanket of leaves that has descended upon the ground. While the autumnal landscape is beautiful, the extra leaves can lead to hazards if not properly taken care of. To make things easier for residents, Hap py Valley's Public Works Department is again offering two days this fall when you can drop off your yard debris at no cost to you.

City residents will have two Sat-

SATURDAY, OCT. 10, 2020: 10 a.m. to 3 p.m.

free recycling. The Public Works building is located at 13910 SE Ridgecrest Road, adjacent to Happy Valley Park.

Residents are responsible for unloading and de-bagging their dropoff materials on-site. Residents will also be asked to keep six feet social distance from others.

This is a residential service only which means no commercial landscaping or contractor loads will be accepted.

SATURDAY, DEC. 5, 2020:

10 a.m. to 3 p.m.





The City's FREE Leaf Drop days are an easy way to dispose of yard debris. Take advantage of this opportunity on Oct. 10 and then again on Dec. 5.

Locally grown Four youths work hard at farmers market

By Shelley McFarland

As summer jobs go, four teens, Brandon El-Khal, 16, Ave Khal, 16, Fletcher Wold, 22, and Adam El-Khal, 17, have a great gig at Happy Valley Farmers Market. Sure, three of them are related to the market owners, but the young men are showing their grit by going the extra mile for the market and their community.

"Our youth are often not recognized for their hard work and kindness," said Jamie El-Khal, Sunnyside Farmers Market owner. "These four young men have worked every Saturday at the market and should get a shout out. Not only do they set up and break down the entire market, but they also carry boxes to cars for the elderly. They help vendors when needed, clean tables and haul away all the garbage.

When two elderly vendors the vendors pack up.



were struggling to break down their booths in the searing heat, the boys noticed them and ran to help

"People come to us all the "Not many kids would give time to just say how im- up Saturdays for months like pressed they are, as they this, but they have for nine have never seen such hardworking boys," El-Khal said. function without these boys."

vears. Our market could not

FITTHESS



Don't forget, we "fall back" on Nov. 1 at 2 a.m.

What time is it?

Set those clocks back on Halloween night

11

will see a Blue Moon, something that only happens ev-

ery two-and-a-half to three

years. The moon doesn't actually present as blue, but

rather the term helps give

meaning to the rarity

of having two full

moons in one month. The

other full moon expe-

rienced this

October oc-

curred on

Oct. 1. Now,

here's the

twist: ac-

cording to

Farmer's Al-

manac, seeing one on

City of Happy Valley

Soon, we will be setting our clocks back one hour as we head into the colder months and return to standard time. For some, this is a welcomed event as it means an extra hour of sleep on the day it occurs. For others, the time adjustment is a disruption to an otherwise consistent schedule and a reminder that the sun will be setting earlier and earlier each evening. This year, we "fall back" on Nov. 1 at 2AM.

2020, even the ending of Day- cally geared to reprogram on light Savings Time is not their own by Nov. 1. If you without an interesting twist. Those who dare to look out- be an hour early to your next



and check out the Blue Moon before setting your clocks back one hour in preparation for the end of **Daylight Saving** Time.

Oct. 31 only happens every 19 years. A rare occurrence, indeed! Remember to update any As with all other events in clocks that aren't automatidon't, you might accidentally side this Halloween night appointment!

A full moon on Halloween? Grab a piece of candy

Brandon El-Khal 16, Ave Khal 16, Fletcher Wold 22 and Adam El-Khal 17 work at

Happy Vallev Farmers with on-hand duties including keeping the market clean and handing out up to 100 boxes of food

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October 2020 Parks and Recreation Programming



To register for one of these featured programs, be sure to check out www.happyvalleyor.gov/services/parks/

*In accordance with the Governor's Executive Orders, participants in all Happy Valley Parks and Recreation programs will be asked to practice physical distancing, use hand sanitizer or wash their hands frequently, and stay home when they are sick. Participants ages 5 and older must also wear a face mask when 6-foot distancing cannot be maintained.



Skyhawks Sports Academy

All Skyhawks Sports Academy classes will take place at Happy Valley Park.

Tennis

Oct. 5 - Oct. 26, 1:00p.m.-2:00p.m. Every Monday Ages 6-12 • \$84

In Skyhawks tennis programs, players learn proper grips, footwork, strokes, volleys and serves during a series of drills designed to teach skills in a fun and dynamic way. Athletes also learn the rules and etiquette that make tennis an exciting game. Due to limited court space, these programs fill quickly.

Soccer

Oct. 7 - Oct. 28, 1:00p.m.-2:00p.m. Every Wednesday Ages 6-12 • \$84

Developed over 30 years, this is the number one soccer camp for parents looking to introduce their children to the fundamentals of the world's most popular sport. Using our progressional curriculum, your young athlete will gain the technical skills and sport knowledge required for that next step into soccer.

■ Mini-Hawk (Basketball, Flag Football, Soccer)

Oct. 3 - Oct. 31, 9:00a.m.-9:45a.m. Every Saturday Ages 4-6 • \$69

This multi-sport program was developed to give children a positive first step into athletics. Basketball, flag football and soccer are taught in a safe, structured environment filled with encouragement and fun. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace.

To register for one of these featured programs, be sure to check out www.happyvalleyor.gov/services/parks/



■ Flag Football Oct. 3 - Oct. 31, 10:00a.m.-11:00a.m. Every Saturday Ages 7-12 • \$84

Flag Football is the perfect introduction to "America's Game." Campers learn skills on both sides of the football including the core components of passing, catching, and defense all presented in a fun and positive environment.



My Gym in the Park

All My Gym classes will be held at Happy Valley Park with exception of My Gym Live!

Terrific Tots

Oct. 7 - Oct. 28, 10:00a.m.-10:45p.m. Every Wednesday

Age 2 ¹/₂ - 3 ¹/₄ • \$80

Grown-up participation required. In addition to having fun with structured games, fascinating "Adventures," and pre-gymnastics, our Terrific Tots learn beginning sports skills, gain fine and gross motor proficiency, and strengthen manipulative skills. The youngsters become more independent as teachers are now interacting more directly with them. Parental involvement is gradually decreased through inviting activities with love and understanding, and the children exude pride and self-esteem as they are treated like "big kids."

■ Mighty Mites

Oct. 7 - Oct. 28, 11:00a.m.-11:45p.m. Every Wednesday Ages 3 ¹/₄ - 4 ¹/₂ • \$80

Some kids may require grown-up participation. With greater independence comes the ability to participate without the parent, and our Mighty Mites are lavished with positive reinforcement for self-reliance and following directions. Strength, flexibility, and agility are increased as our teachers introduce gymnastic skills with the safest spotting techniques and communication through language geared to build self-esteem and confidence. Sensitive to peer pressure, these 3-4-year-olds are nurtured so tenderly and always with a success-oriented approach. Relays, more complex games, and beginning sports skills lead to increased strength, enhanced manipulative ability, and improved hand-eye coordination.

Whiz Kids

Oct. 7 – Oct. 28, 12:00p.m.-12:45p.m. Every Wednesday Ages 4 ½ - 6 • \$80

These children are now ready to refine and master basic gross motor skills such as run-



Exercise while playing during My Gym's interactive movement classes that build strength, agility, and confidence. Perfect for full body conditioning and even challenging the brain!



Can't make it to the Park? Go the virtual route with My Gym's online classes from the comfort of your own home.

ning, jumping, hopping, skipping, throwing, kicking and catching. Designed to prepare a child for group sports and instill a sense of confidence in connection with physical activity, our Whiz Kids program emphasizes each of these important skills. The children build strength, balance, agility, flexibility and coordination as our instructors maintain a positive, supportive and noncompetitive atmosphere. Our Whiz Kids are showered with praise as they develop perseverance and self-control.

16

Clear Storm Drains to Protect Your Property and Our Water

Regularly clearing your storm drains of leaves and debris helps reduce flooding and property damage while protecting watershed health and the quality of our drinking water. Follow these tips:

- Find the storm drain grates in the street by your home or business and clear them of leaves and debris.
- Use a rake or pitchfork to clear leaves, limbs, and debris from the storm drain.
 Do not try to remove the grate, only the debris on top of it.
- When leaves fall into the street, rake them at least one foot away from the curb so they won't block the path of rainwater. Please do not rake or blow leaves from your yard into the street.
- Never dump anything into a storm drain.

For the more than 190,000 people living and working in Clackamas County, Clackamas Water Environment Services produces clean water and protects water quality. Providing innovative resource recovery services, stormwater management and environmental education, it's our job to ensure that residents and visitors enjoy the benefits of safe, healthy water for generations to come.

Learn more at clackamas.us/wes/education





Committee volunteers needed in Happy Valley!

City of Happy Valley

Do you care about future growth or design standards? Do you have an interest in improving public safety? What are your thoughts on public art? Are you interested in how the City spends its resources?

Happy Valley is always looking for volunteers who are interested in their neighborhoods and their community to join one of the eight advisory boards. Dedicated citizens meet on a regular basis to address current issues and look for ways to make the City an even better place to live and work.

- There are seven citizen led committees that guide these efforts, including:
- Planning Commission Design Review Board
- Traffic and Public Safety Committee
- Public Art Committee
- Parks Advisory Committee
- Library Board
- Budget Committee

These committees provide strategic guidance to the City Council. The community volunteers on these committees chart a path for implementing a consistent design style for commercial developments, create traffic solutions at key bottlenecks, and select artwork to be featured in the community.

Planning for the future isn't just about what the City Council thinks is best. It happyvalleyor.gov or 503-783-3840.

takes a collective vision from the community and cohesive action from our volunteer committees. The City is fortunate to receive guidance and input from our community volunteers on these committees.

While note every committee has a vacancy at this moment, the City is always accepting new applications. To apply for one of these appointed advisory board positions, complete and submit the Public Involvement Application. Deadline to apply is Friday. Dec. 4. For more information and an application, visit http:// www.happyvalleyor.gov/city-hall/ boards-commissions.

For questions, please contact Ben Bryant, Assistant City Manager at benb@



Participating in a committee allows residents to take a more active role in City happenings. Check out the City website to see which committees have an opening and apply online by Dec. 4.

Parks and **Recreation**

From Page A16

Super Kids

Oct. 7 - Oct. 28, 1:00p.m.-1:45p.m. **Every Wednesday** Ages 6-10 • \$80

These high-energy classes are designed to be so much fun while giving kids a safe heartbeat-raising workout. Classes focus on developing strength, stamina, and agility with conditioning exercises, yoga, sports skills, martial arts, and ninja training prep activities. Kids will be challenged mentally and physically while having a blast!

My Gym LIVE!

My Gym is excited to offer its amazing classes online, from the comfort of your own living room, backyard, or home dojo! Children will get to move along with your local teachers as they lead interactive classes streaming LIVE online via Zoom. Try a class for free! Select and class with "LIVE" in the name for Zoom classes. Class schedule available through Happy Valley Parks & Recreation website!

Venvino Art Studios Weekly Art Camps

All art camps will be held at Venvino Art Studios located at 13329 SE Misty Drive. Give your kids an opportunity to get out of the house, socialize, and get creative, while



you give yourself a few moments to work, relax, or just take a moment to breathe! In each camp, participants will do around five art projects in addition to some drawing and coloring pages. Campers are asked to bring a water bottle and lunch or snack as there will be a 20-minute break. Masks are required for kids 5+ as social distancing will be enforced. Registration is limited to a maximum of 5 kids per

class, so register early to save your spot!

October – Creepy Crafts

Oct. 4 - Oct. 28, 9:00a.m.-1:00p.m. **Every Wednesday and Sunday** Ages 5-12 \$220 for the month (4 days) \$60 daily

November – Festive Crafts

Nov. 4 - Nov. 25, 9:00a.m.-1:00p.m.

Every Wednesday and Sunday Ages 5-12 \$220 for the month (4 days) \$60 daily

December – Gifting Crafts

Nov. 29 - Dec. 30, 9:00a.m.-1:00p.m. **Every Wednesday and Sunday** Ages 5-12 • \$220 for the month (4 days) \$60 daily



- Bring a water bottle, lunch, or snack with you each camp.
- Bring your masks! · Make sure you have not had a
- new or worsening cough in the last 14 days.
- Make sure you've not had a fever in the last 14 days.
- Make sure you are not around anyone who has been diagnosed with Covid 19 in the last 14 days.
- Be prepared to have some funi

Creepy Crafts!

OCTOBER 7 OCTOBER 14 OCTOBER 21 OCTOBER 29

9 AM - 1 PM

- Halloween Blocks Craft
- Candy Apple Craft
- Smiling Witch Canvas Painting
- Monster Book Marks
- Pumpkin Guts Slime
- Zomble Rock Painting
- Popsicle Stick Haunted House
- Sugar Skull Paper Mosaics
- Spider Headband
- **Tissue Paper Pumpkin Craft**
- Coffee Filter Bats
- Flying Owl Paper Plate Craft
- Big Mouth Vampire Craft
- Paper Bag Witch Brooms
- Cutie Bat Craft
- Hanging Ghost Craft
- Paper Spider Web Craft
- Sponge painted candy corn
- and more!

*Projects will vary each week, there may be some projects that change and projects will not be guaranteed for specific weeks.

/!\

We are waiving any fees associated with missing camp because of a sickness. Please stay home if you are not feeling well

Studios will have a variety of projects for your child to complete this October, just in time for Halloween. Want to keep the fun going? The studio will offer other themed crafts in November and December,

too!

Venvino Art

17

for the road ahead.

Low auto loan payments

Our low auto loan rates help your monthly payments stay low. So whether you're looking to refinance an auto loan from another lender, need a new ride, or something used - we've got your back.

We are your easy-to-use, local solution that helps get you on the road without breaking your budget.





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Make your vote count

City of Happy Valley

You have until Tuesday, Oct. 13 to register to vote. Those hoping to participate in the 2020 election, can visit www.oregonvotes.gov to register online or download a Voter Registration Form and return to the Clackamas County Elections Office.

Once you are ready to cast your vote, Happy Valley has two convenient locations for you to drop off your official ballot. Due to safety concerns brought on by the COVID-19 pandemic, the City's drive-up locations offer you a way to drop off your ballots via contactless turn-in.

The City's official drop boxes are located at Happy Valley City Hall and the Happy Valley Library.



Check out www. oregonvotes.gov for all questions related to voting as well as details on how to register to vote. Register to vote.



The City has two official ballot drops available. The one seen here is stationed right in front of Happy Valley City Hall at 16000 SE **Misty Drive. Another** one is located in front of Happy Valley Library at 13793 SE Sieben Parkway. **Ballot boxes will** close at 8pm on Tuesday, Nov. 3.



To celebrate the end of two years of chemotherapy, Roslyn Creech opened a fundraising lemonade stand. The Happy Valley child raised over \$1500 for cancer research.

Turning lemons into sweet success

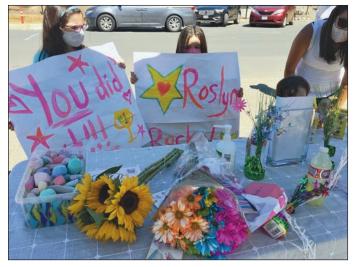
Roslyn Creech celebrates end of chemotherapy by raising money to beat childhood cancer

By SHELLEY McFARLAND

Nothing says summer better than a sweet child's lemonade stand, but one such stand stood out above the rest when a little girl named Roslyn Creech, who had been receiving chemotherapy for two years, decided to raise money for cancer research with her lemonade sales and celebrate the end of her cancer journey.

Roslyn Hope's End of Chemotherapy Lemonade stand raised \$1,651 for Alex's Lemonade Stand Foundation. The donated money will be used for leukemia research — 33 hours of research to be exact. Moreover, the Creech family has donated over 150 books to children at Doernbecher Children's Hospital.

"Our family and friends were by our side through the two-plus years of treatment, and they came through yet again by buying lemonade, to celebrate Roslyn's big accommsnment, salu Coneen Creech, Roslyn's mom. "Roslyn was met at her stand with congratulatory signs, handmade signs, cards, flowers, lots of balloons, and a huge yard card designed with her in mind," Colleen Creech said. "Roslyn was beaming with excitement the whole time and enjoyed hosting her friends. She especially enjoyed having her Chemo Pal by her side.' The family requested a Chemo Pal, sponsored by the Children's Cancer Association, after her diagnosis, with the purpose of having an age-similar buddy who also is going through chemotherapy, to be with her for appointments. The two girls have become good friends and ended the lemonade stand with a water balloon fight. Roslyn was diagnosed with acute lymphoblastic leukemia in June 2018 at age 2. In order to completely wipe out all cancer cells, a two-year regime of chemotherapy is considered free for five years.



Roslyn was surrounded with homemade signs, flowers and gifts to celebrate the end of her chemotherapy treatments.



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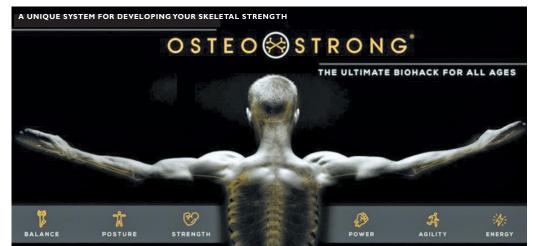
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O S T E O \Leftrightarrow S T R O N G

BONES STRENGTH BALANCE

the best course of treatment.

In January 2019, Rock Creek Middle School "adopted" Roslyn through Sparrow Clubs USA, an organization that coordinates students who volunteer hours to raise money for medical bills for local medically fragile children.

Roslvn is now 4 years old. and children in Roslyn's postchemotherapy situation only rarely relapse and are considered cured after being disease-

cancer. "We are beyond grateful for all the support and believe Roslyn Hope is the glimmer of hope, courage, strength and love we need in this time," Creech said. "By all accounts, and thanks to the great care provided by Doernbecher Children's Hospital, Roslyn is now expected to have a full life ahead of her."

For more information about Alex's Lemonade Stand Foundation for Childhood Cancer, visit: www.alexslemonade.org.

The end of the year is fast approaching-don't waste your dental benefits. Call today to schedule with one of our great Doctors! **NO INSURANCE? NO PROBLEM! ASK US ABOUT OUR MEMBERSHIP PLAN!**



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Craig Howe DDS, FAGD

Roland Nomie DMD

Rvan Donnelly DMD, FAGD