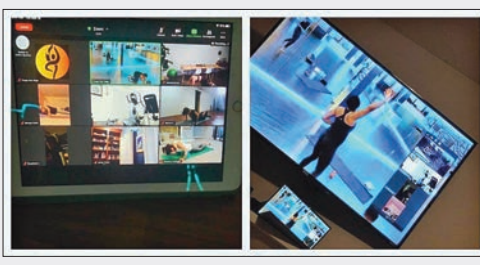


**Jalen patels  
soars with Fly  
High nonprofit**  
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**Local gyms  
offer unique  
workouts  
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pandemic**  
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January 2021  
happyvalleyor.gov



# Happy Valley NEWS

A city, community, a lifestyle — a place we proudly call home

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## A new year and 2020 reflections

City of Happy Valley

January brings the beginning of a new year. As much as I'm ready to put 2020 behind, it's important to recognize all of the City's accomplishments from this last year. Despite a global pandemic that significantly limited our ability to be out and about in the community, I'm still amazed at what we accomplished. None of the services we provide or progress towards our goals would be possible without a cohesive City Council and dedicated staff. I can't say enough how proud I am of our entire team. One day our team is doing the normal things it takes to run a city. Then the next day, we had an entire emergency operations team focused on responding to COVID-19 and making sure all city facilities, programs, and services were in compliance with new guidelines.

Specifically related to COVID-19, below are just a few of the steps the City took:

- Created a Business Task Force and Recreation Task Force consisting of business leaders, city councilors, and city staff members.
- Provided multiple rounds of small business assistance grants of

See REFLECTION / Page 2



**MAYOR**  
Tom Ellis

## BEN GREGG SHOOTs

for spot on Sports Illustrated's  
All American basketball team

*CHS senior is only  
Oregonian chosen  
by Sports Illustrated  
for elite roster*

By SHELLEY McFARLAND

Clackamas High School standout basketball player Ben Gregg has been named a candidate for Sports Illustrated's high school All-American basketball team.

"Their collective athleticism, agility and court smarts are off the charts, but what makes the 99 high school basketball seniors and five underclassmen on the 2021 SI All-American team truly special is their polish and versatility," said Jason Jordan, Sports Illustrated's Director of Basketball Recruiting. "The game is evolving in a variety of ways, particularly when it comes to the multidimensional skills of players no matter their size. But this class really stands out because there is a refinement and finesse that you'd typically expect to see at the collegiate level."

Gregg, a 6-foot-1-inch senior known for his versatile skill set and shooting from the perimeter, found out about the nomination through social media.

See GREGG / Page 2



Clackamas High School basketball standout Ben Gregg was named the Oregon Gatorade Player of the Year after averaging 21.1 points, 9.3 rebounds and 3.3 assists per game.

## Helping local families in need

*Operation Santa makes  
pit stop at City Hall*



Clackamas Fire District #1

Operation Santa is a special tradition in Happy Valley. With festive neighborhood parades and volunteers helping organize a variety of donated items, it is an important event coordinated by Clackamas Fire District #1 that serves to provide new toys and non-perishable food to community members in need.

Pivoting during the pandemic, Clackamas Fire District #1 offered several contactless drop-off events in lieu of its traditional activities.

One such event took place on Dec. 6 in City Hall's parking lot, where firefighters and even Santa himself, assisted in collecting items and spreading some holiday cheer.

Many thanks to those who participated and helped make these events memorable. Special thank you once again to Clackamas Fire District #1 for all their hard work and willingness to turn coal into candy canes despite the challenges created by the pandemic. The City continues to remain committed to supporting Clackamas Fire in this annual endeavor and looks forward to helping again in 2021.



Santa was certainly in the holiday spirit. Atop a fire engine blaring holiday tunes, Santa waved and posed for the occasional fan photo. Sisters Addison and Natalie, with their dog, Maddie, snagged a quick pic during the event.

All smiles! Clackamas Fire crew members volunteered their time to help collect food and toys — 6 feet apart, of course!

## Secret recipe for success

*Elka Bee's weathers pandemic  
with scones, coffee, tea while  
making plans for future*

By SHELLEY  
McFARLAND

Christine Richards grew up in a steel and mining town in the north of England, but the town hit a low after both industries closed.

Richards moved south for work and was fortunate to land a job in a central London hotel as a receptionist; within 18 months she was managing the hotel. After six years in the hotel industry, Richards ventured on her own and opened a cafe. In 1991, she left the food business to



See ELKA BEE'S / Page A2

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# Elka Bee's

■ From Page A1

work for a Dale Carnegie franchise in Beaverton where she owned her own training and speaking enterprise for 20 years.

"I was a specialist in sales and communications training and did presentations to more than 35,000 people," Richards said. "One day I woke up and said, 'I need a change.' I saw that Elka Bee's was for sale and fell in love with it. I only had two days before it was going to be closed. Of course, my answer was yes, and I have never looked back."

For the first three years, Richards' daughter, Alex, also was involved with Elka Bee's Coffee Haus, along with business partner Sylvia Hartman.

"I did buy the cafe also so my daughter, Alex, and I could work together. She was with me for three years, and it was great to see the cafe and the services we offered through a young person's eyes. When we were not so busy, we got to try out so many fun things," Richards said. "After three years, she decided she needed to go out and try some new things. Living and working with her mom, she needed some space."

In the six years Richards and Hartman have owned the quaint cafe, they have built a loyal clientele because of their quality foods and friendly service.

"The scones are our best seller along with the Honey Bee latte and the croissant breakfast sandwich. I built the business on the scones," Richards said. "Being from England, we like the soft texture with the crispy outside and, of course, the seasonal fruit in-



PHOTOS BY: SHELLEY MCFARLAND  
**Christine Richards and Sylvia Hartman take a moment between customers to discuss their upcoming expansion.**



**Hartman spent two years perfecting her secret scone recipe. She trained in Switzerland.**

side. We have customers come from miles to get one with a coffee.

"I can't tell how many customers have said that they don't usually like scones because they are dry. We promise them if they don't like it, we will give them another pastry for free," she said. "In six years, no one has taken us up on that offer. Most come back and say it's the best scone they have ever had and become loyal customers."

The scone recipe is a highly guarded secret that even Richards doesn't know. Hartman, who was trained in Lugano, Switzerland, and managed several Nordstrom Cafes in the Northwest, took two years to perfect the scone recipe.

Marionberry and raspberry with white chocolate is their best seller. The scones are baked fresh each morning and sell out quickly. Richards said the trick is to call early and have one set aside to ensure you don't miss out.



**With Mind the Gap stickers placed six feet apart as markers for social distancing, Elka Bee's continues to serve its loyal customer base. Both Richards and Hartman are looking forward to getting back to pre-pandemic normal.**

making sure the food orders are in or you have the right employees, and a local cafe can mean so much to our customers. Sometimes I get lucky when they take the time to remind me," she said. "We have had proposals of wedding parties, birthdays, baby showers, book signings and even funerals. It is hard work, but when you have a day when everything goes well, and you have happy customers and staff, then life is good and it's worth it."

Because of the economic recession and coronavirus restrictions, this year has been a struggle, for all small businesses, including the popular Elka Bee's.

"Starting in mid-March, Sylvia and I worked every day

from open to close to keep Elka Bee's open this year. If we did \$150, we had a good day. Since we took no wages, we were able to keep the lights on, and with the PPE loan we were able to pay the bills and bring back some of the employees," Richards said.

"Customers again have been great supporting us throughout the year. We are currently hanging in there with this latest closure by our fingertips. We are also lucky that we have a great crew that works hard to keep our customers happy."

Richards is looking forward to the post-pandemic future. Next year they will be taking over the space next to Elka Bee's to build a bakery and finally will have a full kitchen. It will double the size of Elka

Bee's, and Richards will continue the European decor throughout.

"You will think you have just stepped into a Parisian cafe and with a crepe cart. Our food to date is highly enjoyed due to the training and background of Sylvia," she said. "We also will be offering European high teas along with a bigger menu for breakfast and lunch."

"If I can coax my daughter back for a few days, we may even hold gin tastings soon. After such a grim year, we all need something to look forward to where we can take a little time and be somewhere different and enjoy our time with loved ones and friends again."

For more information, visit: [elkabeescoffee.com](http://elkabeescoffee.com).

# Reflection

■ From Page A1

fering rent/mortgage relief.

■ Conducted business and construction site check-ins to provide education on COVID-19 guidelines.

■ Examined all amenities at city facilities and parks to be in

compliance with guidance from the Oregon Health Authority.

■ Created a park ambassador position utilizing and education-first approach to compliance with guidelines from the Oregon Health Authority.

■ Transitioned library services to virtual programs and curbside pickups.

While responding to COVID-19 and adjusting to new guidelines took a considerable amount of time, the City team

still focused on moving key initiatives forward. Work continued to:

■ design and plan for a future downtown area,

■ evaluate lands to acquire for a community park and community center,

■ improve public safety following the renewal of the public safety levy,

■ manage growth in a thoughtful and strategic manner,

■ develop new parks and recreation programs following the withdrawal from NCPRD,

■ improve the transportation system through the Superblock sidewalk project and design of 172nd Ave,

■ create a Diversity, Equity, and Inclusion Task Force,

■ facilitate the peaceful march of thousands in happy Valley in response to the killing of George Floyd, and

■ assist regional partners in response to the devastating wildfires.

In addition to the key projects, the City staff team continues to provide high quality customer service while processing a record number of requests from residents in the community. This team is hard

at work throughout the year and often working after hours. They are dedicated to listening to residents and finding ways to meet the needs of our community. It's truly the quality of their work, not just in the quantity, that impresses me most. This team is passionate about what they do and enjoys helping those they serve.

I am committed to working with City Council to continue our efforts in the new year. Together, we are excited to keep the momentum going when it comes projects and events in the works. I am also very committed to working with residents. I believe residents provide a wealth of ideas and perspectives. Working in collabo-

ration with the community is a major priority for me and the Council as this year moves forward. Happy Valley is a wonderful community because of the contributions of everyone who lives and works here, and I am very proud to represent this city we call home.

As I look ahead to this exciting year, it's my hope for all residents that 2021 is ultimately filled with opportunity and joy, and that we can celebrate another year together in this beautiful city.

Thank you and Happy New Year!

— Mayor Tom Ellis



# Gregg

■ From Page A1

"I woke up the morning the Sports Illustrated article came out and had a bunch of Twitter notifications," Gregg said. "I had no clue the rankings were coming out, so it was definitely a nice surprise."

"Seeing my name on a list like that is very special to me because there are a lot of kids who play basketball across the country, and to see my name on a list like that shows that all my hard work is paying off, and I need to maintain that same work ethic so I can keep climbing that list."

The only Oregonian chosen for the SI team, Gregg waited before receiving a scholarship and signing to Gonzaga University. He chose Gonzaga over Oregon, Oregon State, Arizona, Cal and Virginia. He is ranked No. 29 in the ESPN 100 for 2021, No. 71 in the recruit class of 2021 by 247Sports, and No. 77 by Rivals.com. In an unprecedented move, Gregg has graduated high school early and will join the Gonzaga Men's program for the 2020-2021 season.

Gonzaga has special meaning for Gregg, who was born in Spokane, Washington, and has family residing in the area. Gregg's father coached in Post Falls, Idaho, before accepting the positions of assistant athletic director and head women's basketball coach at Warner Pacific 13 years ago.

"I couldn't be any more excited to get on campus at GU. I've always dreamed of playing basketball there, and to have it come true is such an honor for my family and I," Gregg said. "The one



PMG PHOTO: JIM BESEDA

**Clackamas' Ben Gregg (12) works under the basket against West Linn's Parker Durbin during the third quarter of Monday's Les Schwab Invitational consolation final at Liberty High School in Hillsboro., Clackamas Review - Sports**

thing I'm most looking forward to in being there is being closer to my grandma. I haven't been able to see her a lot due to distance, but since she lives in Spokane, I'll be able to see her as much as I want, as well as my other relatives."

Due to COVID-19 restrictions, it has been a challenging year for the senior who was looking forward to his final high school season.

"It's been difficult to stay in shape during quarantine, but, thankfully, I have found resources to stay in the gym. Whether that was getting shots up at local elementary schools' blacktops or running around the Clackamas High School track," Gregg said.

"I've been able to lift every day with my assistant coach from CHS, Brian McGill, and I

put on about 25 pounds of muscle since the beginning of quarantine," he said. "My dad has also been a huge help for me, coming with me to get shots up and help me work on my game. I can't thank him enough."

Gregg has made an impression on many, but for more than just his basketball prowess.

"In my short time as head principal of Clackamas High School, I've been fortunate to get to know Ben. The things that have impressed me so much about Ben are his work ethic, his humility, positive attitude, and how grounded he is in his values and his love for his family. Clackamas High School is proud of Ben and we wish him nothing but the best," CHS Principal Nate Munoz said.

In February, SI will narrow the candidates to 50 finalists and in April will unveil its first-, second- and third-team Sports Illustrated All-American choices. Each team will consist of five players.

For more information, visit [SI.com](http://SI.com).

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**HAPPY VALLEY CITY COUNCIL**  
Council Meetings are held  
1st and 3rd Tuesdays of the  
month at 7 p.m. at City Hall  
16000 SE Misty Drive  
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[www.happyvalleyor.gov](http://www.happyvalleyor.gov)

# Superblock Sidewalk

As many of you have seen, the City has been working to fill sidewalk gaps near Happy Valley Park. Ever since I was elected Mayor, this has been one of my top priorities. It's also a shared goal of the entire City Council.

Last year, we broke ground on Phase I of the project. That phase of the project focused on smaller gaps along Ridgecrest Road and 132nd Ave. In addition, the City installed mid-block crossings on King Road next to the schools and on 145th Ave to connect neighborhoods.

Just last month, I was joined by many of my fellow City Councilors to begin Phase 2. The most recent construction that started this December will complete sidewalk section on the south side of King Road, on the east side of 132nd Avenue, and on the south side of Ridgecrest Rd.

Providing better connections between neighborhoods, schools, and Happy Valley

Park is important for livability and safety. The City Council and I have observed residents walking in the street to get to Summer Concerts and we've heard the concerns from residents about this at City Council Meetings. To that end, we directed our staff to coordinate plans and engineering designs to fill these critical sidewalk gaps.

As you might imagine, some sections of missing sidewalk are easier to complete than others. Often, completing sidewalk gaps is more complicated because it requires the movement of power lines, improvements to the storm drainage system, and minor road work. To get as much of the project completed as soon as possible, we have been completing this project in phases.

There are still a few remaining sections that will require more coordination with adjacent property owners and utility companies. The remaining sections will be completed in a future phase over the next year. In the meantime, I hope everyone in Happy Valley can come enjoy a nice safe walk around the superblock soon!

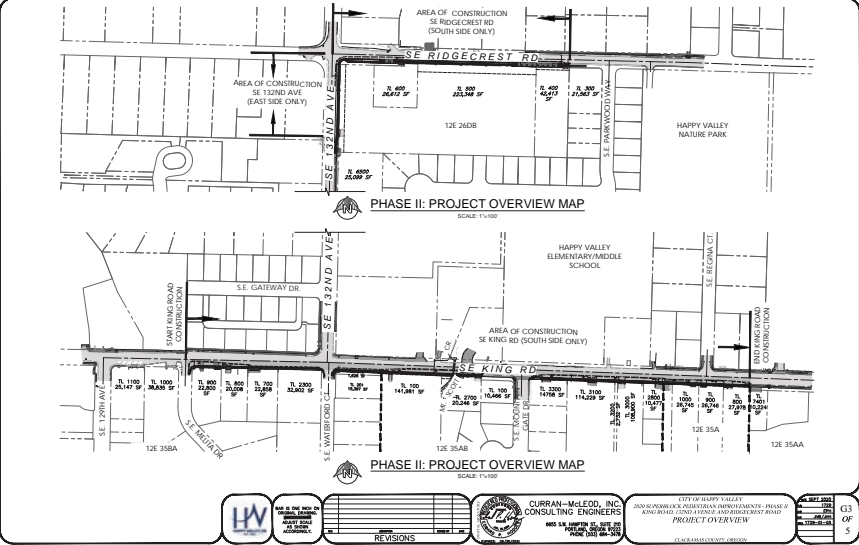
## MAYOR'S MESSAGE



TOM ELLIS



Last month, City Council celebrated the superblock project's phase II groundbreaking. When completed, the project will provide a safer area for both motorists and those traversing the area. Pictured from left: Council President Brett Sherman, Mayor Tom Ellis, Councilor David Golobay, and Councilor David Emami.



The corresponding map shows the scope of the superblock project that will create a walkable area within Happy Valley. The project aims to increase safety for both pedestrians and motorists and provide more recreational opportunities for those wanting to explore the community.

# Holiday market brings hope and a continued tradition

City of Happy Valley

The Happy Valley Procrastinator's Holiday Market celebrated its 9th season in 2020, presenting a festive marketplace filled with products from local small businesses, vendors, farmers, and artisans.

Customers picked up last minute gifts and maybe even a few for themselves as part of a holiday experience that encouraged residents and visitors alike to shop small and opt for locally sourced gifts. With over 150 vendors, shoppers sipped hot coffee, cocoa, and cider while perusing everything from crochet and wood-working crafts, to handmade jewelry, soaps, candles, gourmet treats, home-grown produce, and more. Even Santa and Mrs. Claus made a visit to the marketplace, and a special snow machine helped create a true Winter Wonderland. Affiliated with the Happy Valley



A sunny day graced visitors at the Happy Valley Procrastinator's Market on Dec. 12. Shoppers found a variety of local items during their visit.

Farmer's Market, which usually runs during Spring and Fall, the Procrastinator's Holiday Market gives the community an opportunity to get all their last-minute shopping done in one location.

Amid the pandemic, many local businesses have struggled to make ends meet and events like this one are often an efficient way for independent artisans and farmers to sell their goods. His-

torically an indoor event, the holiday market had to move outdoors to comply with Covid-19 health and safety rules if it was going to happen at all. The transition was a gamble and one market owner, Jamie El-Khal, describes as "nothing short of a miracle." To everyone's luck, the day brought clear blue skies, crisp fresh air, and lots of sun. "It was important to host it this year, El-Khal says, "to

remind everyone about the importance of community, to support our local vendors and businesses, and to provide a safe outdoor event that instills hope. It was truly a beautiful day, with so much holiday magic and we hope to be able to host for many years to come." The Happy Valley Farmer's Market returns for its regular season Saturday, Apr. 24, 2021.



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# Happy Valley Youth Council seeks new members

## YOUTH COUNCIL

Know a teen who loves to be involved or wants to be an advocate for other teens in our community?

Applications are now being accepted for teens interested in filling a vacancy on the Happy Valley Youth Council. To be eligible, candidates must reside in Happy Valley and Email completed application to Community Involvement Specialist and Youth Council Liaison, Stephani Hern, by the Friday, Jan. 15 deadline. Candidates must also be available to participate in a virtual interview on Thursday, Jan. 21. The Happy Valley Youth Council

works to promote a positive influence for their peer group and their community through safety events and participation in many of the City's community events. The group has also helped spearhead several initiatives related to mental health awareness and anti-bullying. Once your application is received and reviewed, you will receive instructions for the virtual interview. This will include Zoom credentials, interview time, and some additional information. To apply, please visit the Happy Valley Youth Council webpage or use the QR code.



### 2021 Youth Council Applications

# NOW OPEN!



## HAPPY VALLEY YOUTH COUNCIL

FOR APPLICATIONS, PLEASE VISIT THE HAPPY VALLEY YOUTH COUNCIL WEBSITE OR USE THE QR CODE ABOVE

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CONTACT US WITH QUESTIONS  
Stephani Hern  
stephanih@happyvalleyor.gov  
503.783.3819



Teens interested in joining Happy Valley's Youth Council are encouraged to apply by the Jan. 15 deadline.

Use your smartphone to scan the QR code (far left) to access the online Youth Council application.

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**Publisher's Note:** Happy Valley News is always on the lookout for story ideas and suggestions from our readership. If you know of an interesting local story or a person deserving of community recognition, please forward tips to afox@clackamasreview.com and include your name and phone number for contact information.



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# Diversity, Equity, & Inclusion Task Force

## COUNCIL CORNER

Last month, the City's Diversity, Equity, & Inclusion (DEI) Task Force met for the first time. As a City Council, we want to take this moment to thank these community members for stepping up to help guide our work on DEI initiatives. DEI related issues aren't the easiest to address. It takes courage to discuss issues and create change. We strongly believe that diverse and vibrant backgrounds, perspectives, and abilities of all types contribute to the health, welfare, and economy of Happy Valley. This new task force is a key first step in implementing long-term improvements and we are excited to see the results of their work.

### Role of the task force

- Help the City identify and provide diverse and inclusive services, programs, and events that are accessible to all members of the community
  - Assist the City's efforts to reach out to and communicate with historically marginalized groups
  - Act as a community voice in establishing a DEI Strategic Plan for the City
  - Work with a consultant team, City staff, and elected leaders to develop a structure for DEI accountability and on-going conversations between the community and the City
- If you or any of your neighbors are interested in this issue, please stay tuned. There will be open forums, town halls, and surveys that will be available to the public to stay connected to the process and project.
- For questions or more information, please contact Ben Bryant, Assistant City Manager at benb@happyvalleyor.gov or 503-886-8440.



Community leaders gather virtually for the City's first Diversity, Equity, & Inclusion Task Force Meeting.

Task Force Members:	Avi Patel	Erika Preuitt	Joey Rachid	Sara Koyano
	Blanca Johnson	Harold Fowlkes	Ly Furrow	Steve Sirkin
	Ami Shannon	Chip Dunn	Mary Kozy	Tiffany Parret
	Ankur Doshi	David Pagan	Nicole Nix	Tommy Bottom

**City Council Liaisons:** David Emami and Markley Drake      **Task Force Facilitator:** LB Hannahs

# Better Together

Isolation and loneliness is a growing health epidemic and we recognize that, especially during these trying times. Miramont Pointe is committed to creating a sense of community, providing opportunities for social connection, and encourages residents to stay engaged so they can thrive.

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# New Year Special

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\*Monthly rent refers to the monthly rental fee in effect August 1, 2020 for each unit type. Move-in special available when the residency agreement is signed by March 31, 2021. Special does not apply to second person fee, pet fee, care services or packages, or a la carte service charges.



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HAPPY VALLEY PARKS AND RECREATION

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January 2021 Programs and Events

In accordance with the Governor's Executive Orders, participants in all Parks and Recreation programs will be asked to practice physical distancing and stay home when they are sick. Participants ages 5 and older must also wear a face mask when 6-foot distancing cannot be maintained.



To register for one of these featured programs, be sure to check out [www.happyvalleyor.gov/services/parks](http://www.happyvalleyor.gov/services/parks)

VENVINO ART STUDIOS WEEKLY ART CAMPS

All art camps will be held at Venvino Art Studios located at 13329 SE Misty Drive.

Give your kids an opportunity to get out of the house, socialize, and get creative, while you give yourself a few moments to work, relax, or just take a moment to breathe! In each camp, participants will do around five art projects in addition to some drawing and coloring pages. Campers are asked to bring a water bottle and lunch or snack as there will be a 20-minute break. Masks are required for kids 5+ as social distancing will be enforced. Registration is limited to a maximum of 5 kids per class, so register early to save your spot!

January- Winter Wonderland Crafting Camp

Jan. 03 – Jan. 27, 9 a.m.–1 p.m. Every Wednesday and Sunday Ages 5-12 • \$220 for the month (4 days) • \$60 daily

February- We Are in Love with Art Camp

Jan. 31 – Feb. 24, 9 a.m.–1 p.m. Every Wednesday and Sunday Ages 5-12 • \$220 for the month (4 days) • \$60 daily



**JANUARY ART CAMP**  
WINTER WONDERLAND CRAFTING CAMP

Sunday Dates  
January 3  
January 10  
January 17  
January 24

Wednesday Dates  
January 6  
January 13  
January 20  
January 27

Register for our winter wonderland art camp! Each week we will do 5-6 winter themed art projects! We'll play in some "sensory" snow, create arctic friends, and paint wintery scenes. You can register for a few days or for all 4 camps!

Some of our projects:

- Design your own snowman
- Bead snowflake craft
- Penguin bookmarks
- Snow globe craft
- Norwhal craft
- Winter gnome craft
- Hot cocoa craft
- Paper Quilling Snowflakes
- Arctic Fox Craft & more!

RECOMMENDED AGE IS 5 - 11

Camp Time:  
9:00 am - 1:00 pm

Camp Cost:  
\$80 per day  
\$220 for all 4 days

Notes: camp arrival is from 9-10 am. Please stay home if you are feeling sick, refunds available if you are sick. Masks are required and kids will socially distance.

POLAR BEAR Watercolor Sharpie Winter Painting NO-SEW SCARF

Love is in the air with Venvino Art Studio's February line up.



Let's create a Winter Wonderland with seasonally themed crafts.

**FEBRUARY ART CAMP**  
WE ARE IN LOVE WITH ART CAMP

Sunday Dates  
January 31  
February 7  
February 14  
February 21

Wednesday Dates  
February 3  
February 10  
February 17  
February 24

If your kid loves art, then this is the camp for them! Each week we will do 5-6 Valentine themed art projects! We will make valentine cards, paint canvas, create heart garland and so much more! You can register for a few days or for all 4 camps.

Some of our projects:

- Pop up cards
- Love bug craft
- Noodle necklace craft
- Puzzle piece wreath
- Button mosaic project
- Magnets
- Collage
- Paper maché Valentine mailbox and More!

RECOMMENDED AGE IS 5 - 11

Camp Time:  
9:00 am - 1:00 pm

Camp Cost:  
\$80 per day  
\$220 for all 4 days

Notes: camp arrival is from 9-10 am. Please stay home if you are feeling sick, refunds available if you are sick. Masks are required and kids will socially distance.

SKYHAWKS SPORTS VIRTUAL WINTER PROGRAMS

All virtual classes on Zoom.

Cheerleading

Feb. 1 – Mar. 08, 4 p.m.–4:45 p.m. \*No Class 2/15, Every Monday Ages 6-9 • \$39

Skyhawks cheerleading teaches young athletes the essential skills they need to lead the crowd and support the home team. A perfect sport for the virtual environment, Skyhawks' cheerleading teaches cheers, proper hand and body movements, as well as jumping techniques. All activities are designed to be performed in the comfort of the home or backyard. Participants will enjoy an active and fun experience, while coming away with new skills!

\*Please Note – Zoom video link will be emailed to you prior to the session.

Soccer Skills

Feb. 2 – Mar. 02, 4:30p.m.-5:15p.m. Every Tuesday Ages 6-9 • \$39

Whether you are looking to sharpen your skills or learn the game for the first time, Skyhawks virtual soccer is a great way to stay active and have fun with soccer. This fast-paced, engaging program provides the perfect mix of game-based exercises and skill practice to promote agility and improve fundamental soccer skills. Ball control, dribbling, passing and shooting movements are the focus and all activities are designed to be performed in the home or backyard. Stay active with Skyhawks soccer!

\*Please Note – Zoom video link will be emailed to you prior to the session.



Cheerleading and soccer go virtual with fun, high energy classes hosted by Skyhawks Sports. Build on skills you already possess and learn new things with the help of an instructor providing interactive support.

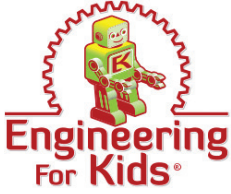
ENGINEERING FOR KIDS VIRTUAL CLASSES

All virtual classes on Zoom.

Junior Mechanical Engineering – Let's Make Toys

Jan. 12 – Mar. 02, 2:30p.m.–3:30p.m. Every Tuesday Ages 4-7 • \$200

Our youngest engineers will be introduced to fundamental concepts of energy, materials, and movement. Students will explore and construct six different toys throughout this unit, including spinners, magical boomerang cans, wind-up whirligigs, and more. Materials for class will be provided and available for pickup at Happy Valley City Hall or delivery.



Have a budding engineer in the house? Encourage your little one to develop a love for building with a fun online class that lets them create toys.

**VIRTUAL MINECRAFT**  
Medieval Machinations

Welcome to Engineering for Kids in Minecraft!

Use your creative skills to build a medieval structure!

Engineering for Kids

Inspired by the popular Minecraft phenomenon, an online course for ages 7-12 gives students the ability to build a medieval structure.

CODE TO THE FUTURE VIRTUAL CLASSES

All virtual classes on Zoom.

Success Through Chess

Jan. 13 – Feb. 24, 3 p.m.–4 p.m. Every Wednesday Ages 7-12 • \$88

Ever wanted to learn how to play chess? Ever wanted to get better at playing chess? This is the class for you! Curriculum designed by National Champion, Andrew Svehaug, you will learn not just how the game is played, but notation, tactics and strategies to make the best moves possible in each game you play.



Checkmate! Encourage your child to develop a love for chess and learn strategies to deepen their understanding of the game.

Video Game Design

Jan. 13 – Feb. 24, 3 p.m.–4 p.m. Every Wednesday Ages 7-12 • \$88

Welcome to the world of coding! Using block-based learning, students will learn how to create their own video games! If you have taken our classes before, we differentiate our lessons and allow students, both new and advanced, to get the most out of our classes.



Go behind the scenes and learn how video games are designed and built.

Educational Minecraft – Medieval Redstone Machinations

Jan. 12 – Mar. 02, 3 p.m.–4 p.m. Every Tuesday Ages 7-12 • \$200

Educational Minecraft is an expansive game that lets players design and create unique worlds with amazing structures. One of the more complicated aspects of Educational Minecraft is Redstone, which is Educational Minecraft's version of electrical circuitry. This class will introduce students to the many uses of Redstone through a Medieval themed adventure of creation, exploration, and castle besieging, with students making mine cart tracks to help them gather resources, working together to build their kingdom, and designing traps to defend their castle, all with the use of Redstone.

**VIRTUAL RECREATION**  
CENTER & RESOURCES

In a recreational rut? Check out our list of virtual recreation activities for all ages at [www.happyvalleyor.gov/services/parks](http://www.happyvalleyor.gov/services/parks)

VIRTUAL RECREATION CENTER & RESOURCES

Happy Valley P&R Website

Make sure to check out the City of Happy Valley Parks and Recreation's new Virtual Recreation Center & Resource section of their webpage! Here you will be able to scour through handfults of virtual recreation activities for youth, teens, adults, and seniors.

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HAPPY VALLEY PARKS AND RECREATION

That's a wrap!

The holidays were celebrated a bit differently in 2020, but that didn't stop Happy Valley's Parks and Recreation team from coordinating a memorable season. Despite a global pandemic, holiday cheer was felt throughout the valley.



A magical North Pole substation found its way to Happy Valley City Hall. Kids who wrote letters to Santa and dropped them off in the special mailbox received a letter back from St. Nick.



Parks and Recreation team members, Ashley Degner (left) and Stephani Hern delivered over 150 Santa Packs to kids in Happy Valley. The packs included treats, crafts, and useful trinkets from local sponsors.



Special delivery! Over 190 letters made their way to the North Pole. Santa responded to each and every one!



Parks and Rec hosted a Holiday Photo Challenge that encouraged kids to snap a photo of themselves writing their Santa letters and mailing them using the magical North Pole Substation at City Hall. Participants uploaded their photos to Instagram and Facebook, using #HVParksandRecHolidayFun. Congratulations to our winners, Avalynn Luu, Liam and Amelia Cohran, Corbin Saveren Cohen, Haylee and Sydnee Roper, and Donny Valdez.

Imagine the future: Community Center survey asks for your feedback

The City is looking into building a Happy Valley community center — a place that could include sport courts, craft rooms and other features, and potentially a home for the classes, camps and leagues that would use them. It's challenging to imagine such a place during Covid-19, but the City is looking ahead to better times — and it's requesting your help. Simply visit [www.happyvalleyor.gov/ccfs/](http://www.happyvalleyor.gov/ccfs/) to participate.

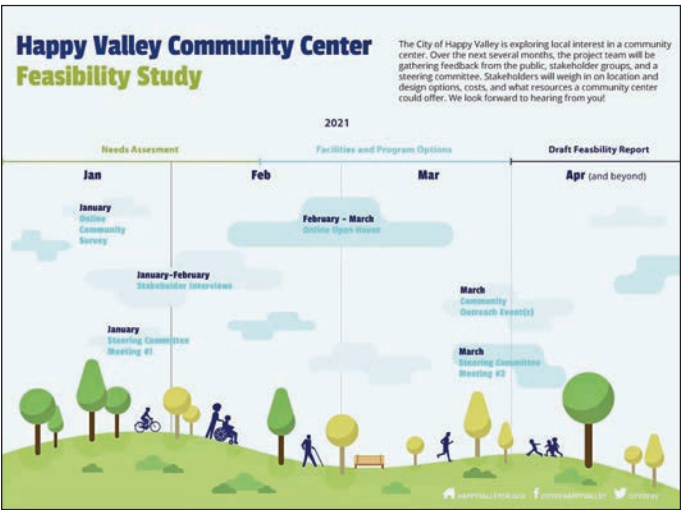
To take a few minutes' break from the present and imagine how a community center might serve your family's needs after the pandemic. Among the uses and features to consider:

- Sport courts including staples such as basketball, but also pickleball and more
- Social spaces such as a senior center, teen center, café and party rooms
- Enrichment spaces for classes and practice in arts, crafts, cooking and more
- Fitness facilities such as weights, cardio equipment and an indoor track for walking and jogging
- Pools and spas including lap pools, water slides, hot tubs and the like
- Services such as a library annex or computer center

The City hopes to hear from you now because some needs would require more space and different levels of funding. Knowing about them early could help the City decide where it would look to purchase property and what funding options may need to be considered.

The survey consists of 18-questions and the project team will use your responses and other findings in a feasibility study planned for release this coming spring.

The feasibility study will



This graphic projects the anticipated timeline for completing the Community Center feasibility study. Note, this process includes feedback from both the public and a steering committee, with more information slated to be drafted later this year following additional assessments.



Please consider taking part in the online survey to share your ideas about a Community Center. Visit [www.happyvalleyor.gov/ccfs/](http://www.happyvalleyor.gov/ccfs/) to participate.

identify space needs and preferences, present early drafts of building designs, and estimate the cost of building and operating a community center. The City plans to present it at an online open house and other future community events where you can partici-

pate further, including talking with project team members. See the timeline for the current schedule. To stay informed as things progress, sign up for email updates at [www.happyvalleyor.gov/receive-park-updates/](http://www.happyvalleyor.gov/receive-park-updates/).

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## HAPPY VALLEY LIBRARY

13793 S.E. Sieben Park Way, Happy Valley, OR 97015 | 503-783-3456 | [www.happyvalleyor.gov/library](http://www.happyvalleyor.gov/library)

## January 2021 Library Events

The library will be closed Martin Luther King, Jr. Day on Monday, January 18

### ADULT PROGRAMS

All programs are online. Email [library@happyvalleyor.gov](mailto:library@happyvalleyor.gov) for login information or with questions.

#### Trivia Tuesdays!

Tuesday evenings, 7-7:30 p.m.

The questions are trivial, the fun isn't! Join us for a fun evening, with a different theme each week.

#### HV Library Book Group

First Thursdays, Jan. 7, Feb. 4 6:30-8 p.m.

Read the book selection for the month and meet to discuss the book with other readers. We will read *Surprise Me* by Sophie Kinsella for our January meeting and *The Readers of Broken Wheel Recommend* by Katarina Bivald for our February meeting. Contact the library for help getting the books.

#### Genealogy Club Meeting

Mondays, Jan. 11 & 25, 2-4 p.m.

Searching for family roots? All are welcome to come and share questions, strategies, and organizing tips. Insights are discovered and pathways revealed as we attempt to solve the mysteries of our ancestors' elusive stories!

#### HV Library Short Story Group

Thursdays, Jan. 14, 21, & 28, 7-8 p.m.

Join us for a casual discussion of a short story every Thursday night that we don't have a Book Group meeting. Find out the title of our next read on the Adult Programs page on the Happy Valley Library website. You'll also find links for a free download of the selection for the week and all the previous stories.

### YOUTH PROGRAM

All programs are online. Email [youthlibrary@happyvalleyor.gov](mailto:youthlibrary@happyvalleyor.gov) for login information for youth programs or with questions.

#### Baby and Me Time

Tuesdays, 10 – 10:30 a.m.

Songs, lap bounces, and stories that are just right for babies. Learn rhymes and songs you can bring into your everyday life to help your little ones thrive.

#### Family Storytime

Thursdays, 10-10:30 a.m.

Join Anna, Isaac and Lisa for weekly stories, songs, puppets, and fun in Zoom.

#### Storytime To Go!

Find videos of storytime songs, science projects, book reviews, and more on the library's website.

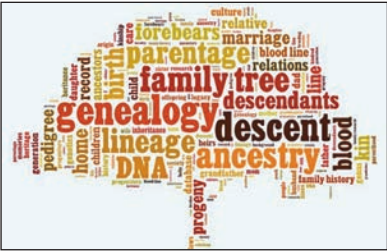
#### Teen Meet Up

Wednesdays, Jan. 6, & Feb. 3, 5-6 p.m.

Hang out with other teens for trivia, puzzles, and games.



Get a head start on February's Book Group selection, *The Readers of Broken Wheel Recommend* by Katarina Bivald.



Explore your family tree and see where your story takes you. Genealogy Club meets Mondays, Jan. 11 and 25.



Geared especially for little ones, Family Storytime and Baby and Me Time are great programs to tune into when you need some interactive play.



Need some options when it comes to what to do next with the kids? Check out Storytime To Go! by heading to [www.happyvalleyor.gov/library](http://www.happyvalleyor.gov/library). Fun songs, activities, and even science projects await.

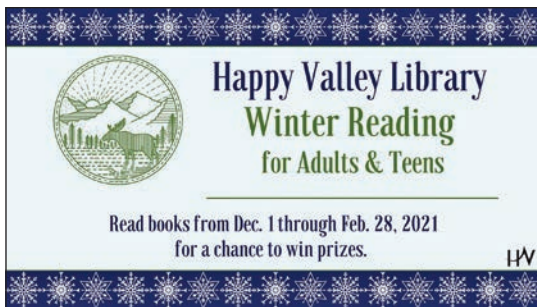
## Join the Winter Reading Challenge



### Happy Valley Library

Have you resolved to read and listen to more books this year? The cold, dark evenings of winter are perfect for spending time with a good book! The Happy Valley Library is having a Winter Reading Challenge to encourage adults and teens to keep reading this winter. There will even be prizes for some lucky participants!

Visit [happyvalleyor.gov/winter-reading](http://happyvalleyor.gov/winter-reading) to submit an entry for every book you finish reading between now and Feb. 28. Prize drawings will be held at the end of each month, with



The more you read, the more chances you'll have at winning some great prizes in the Library's Winter Reading Challenge.

final drawings on Feb. 28. Area residents ages 13 and up are eligible to participate. No internet access? Call the Library to submit your entry instead at 503-783-3455.

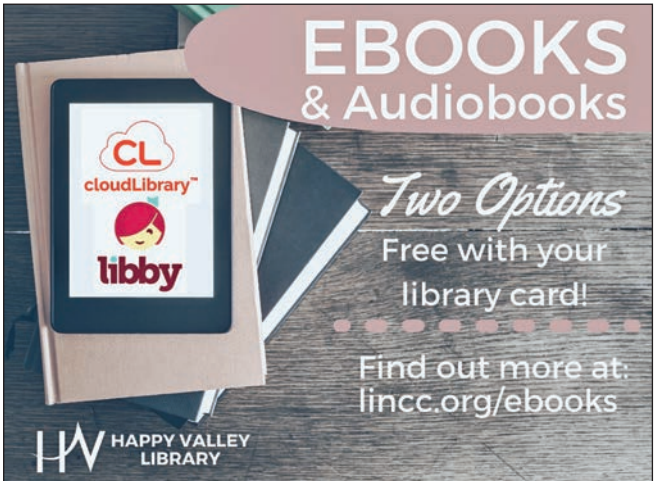
## Read and listen to books for free on your smart device

### Happy Valley Library

Take advantage of tens of thousands of titles available to download at no cost to you and start your next book whenever you're ready.

With your LINCC library card, you can download a variety of titles for free. There are so many popular eBooks and eAudiobooks available for all ages and for all types of devices and computers. The books can be downloaded, renewed, and returned anywhere you have an internet connection. Then, once a book is downloaded to your device, the internet connection is no longer needed in order to read or listen to the book. Literally, take your next read anywhere you go!

Not sure what you need to do to obtain your next eBook or eAudiobook? Visit [lincc.org/ebooks](http://lincc.org/ebooks) or call 503-783-3455 to learn more!



Take advantage of the library's digital book services, a great way to enjoy your next read.

## Wireless printing at the Happy Valley Library

### Happy Valley Library

You can now send documents to the Happy Valley Library for printing. Print jobs can be sent wirelessly from a computer, tablet, or phone for no-contact pick-up. Staff at the library will print your documents and put them in the lobby for you when you get to the library. See our website for step-by-step instructions and more details. Just head to [happyvalleyor.gov/library/printing](http://happyvalleyor.gov/library/printing)

Questions? Call the reference desk at 503-783-3455.



Send documents in need of printing from your smartphone, tablet or computer to the library. Items can be retrieved via no-contact pickup.



## WINTER Scavenger Hunt

Take a walk and see what you can

SEE HEAR SMELL TOUCH



Snowflake



Moon



Pinecone



Scarf



Pine Needles



Acorns



Pom-pom Hat



Snow Shovel



Boot Print



Berries



Twinkle Lights



Firewood



Animal Tracks



Birdfeeder



Wind

Draw a picture of something interesting you saw on a walk.

# JUST FOR FUN

Can you find these items?

Bundle up and let your senses take over as you experience the details of winter during a walk outdoors. See if you can locate the items shown in the graphic and document your adventure with a drawing of something you found.



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# Teen art contest

# Winter stories to share with children

Happy Valley Library

Each year, libraries in Clackamas County look for help from local teens to design the Teen Summer Reading promotional artwork. Young artists, ages 12 to 18, can submit their original artwork for this year's theme: **Reading Colors Your World**. The winning entry will receive a \$100 cash prize and be used in county-wide marketing materials for the 2021 Teen Summer Reading campaign. Entries may be submitted online between Jan. 2 and Jan. 31. Find more information, including the contest rules and the entry form at [lincc.org](http://lincc.org).

- What types of artwork are eligible?**  
The artwork must represent the Teen Summer Reading theme (Reading Colors Your World) in imagery only. Artwork must contain no words.
- Design must include artwork on 8 ½" x 11" paper.**
- Designs must be the original work of the entrant.**
- Designs should be in color.**
- Computer-generated images may be used, but all components must be completely original. You may not use any copied images.**
- Limit two (2) entries per contestant.**

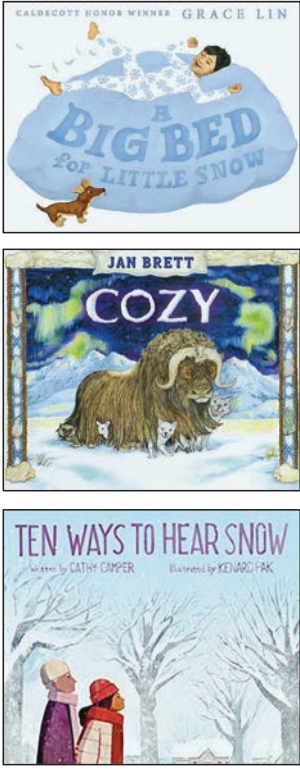


Attention teens! Don't miss the Jan. 31 deadline to submit your Teen Art Contest entry. Head to [www.lincc.org](http://www.lincc.org) for all the details.

Ready to begin?  
We can't wait to see what you come up with!

Even though we don't get snow every year, it's still fun to get cozy and share a snow themed book with a young child this time of year. We love these recent snowy day titles. All are available to place on hold and check out from the library.

- Cozy:** by Jan Brett  
The coat of a huge wooly musk ox named Cozy provides a warm and furry winter home for a growing number of Alaskan animals in this comforting cumulative tale. The winter season is the perfect time to enjoy Brett's detailed artwork and timeless storytelling.
- Ten Ways to Hear Snow:** by Cathy Camper, illustrated by Kenard Pak  
Lina discovers many ways to hear snow, from the scrape of a shovel on a sidewalk to the quiet pats of snowman-building. Local author Camper conveys the special qualities of a snowy day.
- A Big Bed for Little Snow:** by Grace Lin  
When winter comes, Mommy makes a soft bed for Little Snow to sleep on, but each night he cannot resist jumping on the bed, causing tiny feathers to fly out. A surprise ending celebrates the wonder of a child's first snow.
- A Polar Bear in the Snow:** by Mark Barnett, illustrated by Shawn Harris  
Follow a polar bear through a fantastic world of snow, ice, and Arctic animals. Stunning illustrations convey the majesty of the frozen arctic landscape.
- Penny and Her Sled:** by Kevin Henkes  
Penny the mouse has a new sled, but she wonders, will it ever snow? Perhaps Penny lives in Happy Valley! An early reader with short chapters, this book also makes a nice read aloud.
- Pedro Keeps His Cool:** by Fran Manushkin  
Pedro and his friends go to the park to have some fun in the snow. This title is just right for children who are learning to read.



# New year, new you

## Reading materials to jump start your goals

A new year has begun, and this is a time when many of us reflect upon what we might want to change or improve in the year to come. Are you interested in reducing stress, upping your parenting game, getting better sleep, or developing healthy habits? At the library, we are here to help you find books and materials that can put you on the right path to reach your goals for 2021. Give us a call or Email for book suggestions to inspire you to meet your goals! Here are some ideas to get you started.

- Better Sleep**  
**Fast Asleep:** by Dr. Michael Mosley  
**Trick Yourself to Sleep:** by Kim Jones and Sarah Brewer  
**The Sleep Revolution:** by Arianna Huffington

- Reducing Stress and Anxiety**  
**101 Ways to Stop Anxiety:** Practical Exercises to Find Peace and Free Yourself from Fears, Phobias, Panic Attacks, and Freak-Outs by Tanya J. Peterson  
**The Self-Care Prescription:** Powerful Solutions to Manage Stress, Reduce Anxiety & Increase Well-Being by Robyn L. Gobin  
**Rewire Your Anxious Brain:** How to Use the Neuroscience of Fear to End Anxiety, Panic, & Worry by Catherine M. Pittman and Elizabeth M. Karle

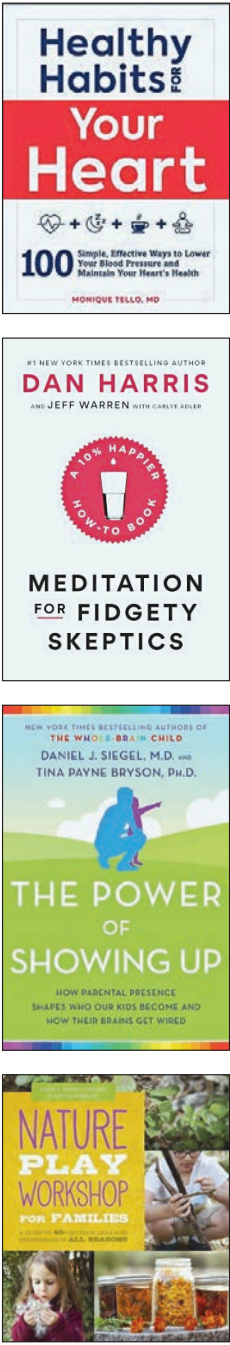
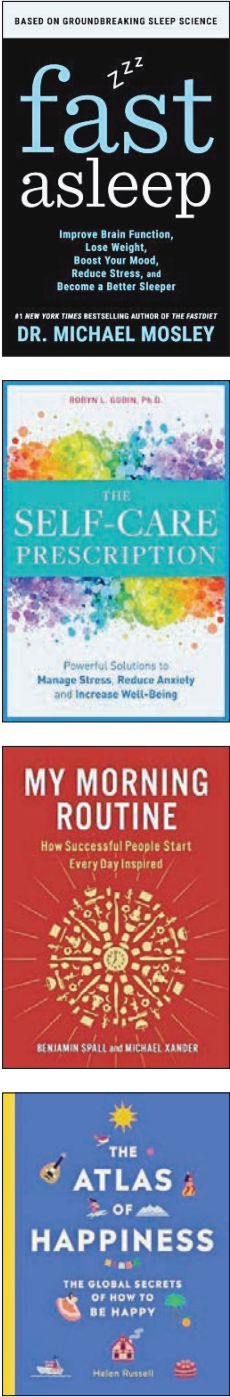
- Healthy Habits**  
**The Power of Habit:** Why We Do What We Do in Life and in Business by Charles Duhigg  
**Atomic Habits:** Tiny Changes, Remarkable Results: An Easy & Proven Way to Build Good Habits & Break Bad Ones by James Clear  
**My Morning Routine:** How Successful People Start Every Day Inspired by Benjamin Spall and Michael Xander

- Happiness**  
**The Happiness Advantage:** How a Positive Brain Fuels Success in Work and Life by Shawn Achor  
**The Atlas of Happiness:** The Global Secrets of How to be Happy by Helen Russell  
**The Art of Making Memories:** How to Create and Remember Happy Moments by Meik Wiking

- Heart Health**  
**Healthy Habits for Your Heart:** 100 Simple, Effective Ways to Lower Your Blood Pressure and Maintain Your Heart's Health by Monique Tello, MD  
**Cardiovascular Health:** Living Your Best with a Healthy Heart by Martin Juneau, M.D., M.P.s., FRCP(C)  
**Best Practices for A Healthy Heart:** How to Stop Heart Disease Before or After it Starts by Sarah Samaan

- Meditating**  
**Mindfulness for Beginners:** Reclaiming the Present Moment--and Your Life by Jon Kabat-Zinn  
**The Mindfulness Revolution:** Leading Psychologists, Scientists, Artists, and Meditation Teachers on the Power of Mindfulness in Daily Life edited by Barry Boyce  
**Meditation for Fidgety Skeptics:** by Dan Harris and Jeff Warren

- Parenting**  
**Raising Good Humans:** A Mindful Guide to Breaking the Cycle of Reactive Parenting and Raising Kind, Confident Kids by Hunter Clarke-Fields, MSAE  
**Teaching Kids to be Kind:** A Guide to Raising Compassionate and Caring Children by Rachel Tomlinson  
**The Power of Showing Up:** How Parental Presence Shapes Who Our Kids Become and How Their Brains Get Wired by Daniel J. Siegel, M.D., Tina Payne Bryson, Ph.D.  
**Nature Play Workshop for Families:** A Guide to 40+ Outdoor Learning Experiences in All Seasons by Monica Wiedel-Lubinski and Karen Madigan  
**The Board Game Family:** Reclaim your Children from the Screen by Ellie Dix  
**Screen-free Fun:** 400 Activities for the Whole Family by Shannon Philpott-Sanders



# Bookflix now available to library patrons

Happy Valley Library

The library recently started offering Bookflix. If there are young children in your life, this is something you should learn about! Super easy to use and free with your library card, Bookflix is an online collection of animated stories paired thematically with non-fiction e-books. You can watch an animated version of *Edwina the Dinosaur Who Didn't Know She Was Extinct* by Mo Willems and then read a book about a Tyrannosaurus Rex, or watch *Giggle, Giggle, Quack* by Doreen Cronin and then read about farm life. There are over 130 pairs to choose from, including more than 30 in Spanish. This resource is great for children who are learning to read, but it's also engaging as an alternative to watching a show. Everything in Bookflix is available all the time – there are no checkouts and no holds. Intrigued? Head over to [lincc.org/bookflix](http://lincc.org/bookflix), enter your library card number and PIN, and you're in!



Encourage young readers to learn more about a topic with Bookflix, a fun and educational resource that pairs animated stories with nonfiction books.

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# Stay warm this winter with these home heating safety tips

There is something about the winter months and curling up with a good book by the fireplace. But did you know that heating equipment is one of the leading causes of home fire deaths?

With a few simple safety tips and precautions you can prevent most heating fires from happening. More cost-effective methods, such as the use of wood burning stoves, space heaters, and fireplaces may be the right choice for you and your family. However, they are a major contributing factor in residential fires with half of home heating fires are reported during the months of December, January, and February. These safety tips can help you create a fire safe home this winter:

- Keep anything that can burn at least three-feet away from heating equipment, like the furnace, fireplace, wood stove, or portable space heater.
- Have a three-foot “kid-free zone” around open fires and space heaters.
- Never use your oven to heat your home.
- Have a qualified professional install stationary space heating equipment, water heaters or central heating equipment according to the local codes and manufacturer’s instructions.
- Have heating equipment and chimneys cleaned and inspected annually, especially if it has not been used for some time, and always by a qualified professional.
- Keep a glass or metal screen in front of the fireplace opening to prevent embers or sparks from jumping out, unwanted material from going in, and help prevent the possibility of burns to occupants.
- Remember to turn portable heaters off when leaving the room or going to bed.
- Always use the right kind of fuel, specified by the manufacturer, for fuel-burning space heaters.
- Do not use flammable liquids to start or accelerate any fire.
- Before you go to sleep, be sure your fireplace fire is out. Never close your damper with hot ashes in the fireplace. A closed damper will help the fire to heat up again and will force toxic carbon monoxide into the house.
- Leave furnace repairs to qualified specialists. Do not attempt repairs yourself unless you are qualified.
- Keep trash and other combustibles away from the heating system.
- Test smoke alarms monthly.



A warm fire or convenient space heater may be just what you need this winter, but remember to follow these vital safety tips.

### HEATING EQUIPMENT SMARTS

- Install wood burning stoves following manufacturer's instructions or have a professional do the installation. All fuel-burning equipment should be vented to the outside to avoid carbon monoxide (CO) poisoning.
- Install and maintain CO alarms to avoid the risk of CO poisoning. If you smell gas in your gas heater, do not light the appliance. Leave the home immediately and call Clackamas Fire District #1 or the gas company.

# Hop N Drops cooks up fundraiser for local children



On Dec. 18, Hops n Drops hosted a burger pop-up to benefit nonprofit With Love, which helps local foster kids in need. For every \$10 burger sold, \$1 was donated. Kids were treated to free hot cocoa, free gift wrapping was available and new warm clothing was accepted for donation. "We want our guests to be safe, have fun and enjoy their food discounted experience benefiting a good cause," said Tim Marion, Hops n Drops regional manager.

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Les Schwab's convenient location off Southeast 169th Avenue makes it easy for Happy Valley residents to take care of their vehicle needs. Thank you again to store manager Rob Herbel and his team for helping the city offer a tire check and chain-up clinic in December.

# Don't let snow sideline your fun this winter

City of Happy Valley

Those who travel to the mountains or snowy areas regularly likely know their way around chains and other traction devices. For the rest of us, the occasional snow day in the Metro area comes few and far between, making chains seem like a confusing jumble when it's time to pull them out from wherever you last stashed them. To help residents prepare for the prospect of wintry roads, the City teamed up with local business, Les Schwab Tire Center, last month to offer a free tire check and chain up clinic.

The popular business hosted the event at their Happy Valley location. Crew members provided step-by-step instruction on how to install tire chains

**Les Schwab Tire Center**  
13254 SE 169th Ave.  
503-427-0448



Learning how to install tire chains can seem tricky at first. With the help of crew members at Les Schwab, participants in the recent tire check and chain up clinic learned how to prep for winter weather.

for whatever winter throws our way," says Rob Herbel, manager at the Happy Valley Les Schwab location. "We are always eager to help and are available year-round to keep peace of mind when it comes to vehicle safety."

Interested in learning more

about how you can be prepared for winter weather in Happy Valley? Be sure to check out [www.happyvalleyor.gov/in-clementweather](http://www.happyvalleyor.gov/in-clementweather) and if you still need your own vehicle traction devices, consider giving Les Schwab a call to book an appointment.

## PV/NC Comprehensive Plan continues to hold the line

City of Happy Valley

The Pleasant Valley/North Carver Comprehensive Plan was slated to provide the public with two Open House events as well as Public Hearing Meetings in Spring 2020, but plans continue to be postponed at amid the COVID-19 pandemic. The Plan, which provides guidance regarding such things as land use, transportation, parks, and environmental issues is instrumental to mak-



**Pleasant Valley North Carver**  
COMPREHENSIVE PLAN

ing sure planning is successful in the Pleasant Valley and North Carver areas. The Open Houses had been intended to offer the public a chance to view a variety of visual materials and infor-

mation relating to recommendations brought forth by the Plan's Technical and Community Advisory Committees. The goal was to have the Plan approved by the end of Summer 2020, yet all has been at a standstill and will continue to be until the public health crisis has subsided. This is to ensure the community has ample opportunity to be part of the input gathering process. The community is encouraged to visit <https://hv.city/pvnc> for updates.



At the time of print, the following events were scheduled. Please check [www.happyvalleyor.gov](http://www.happyvalleyor.gov) to confirm timing of events and instructions on how to participate virtually. You can also opt in to receive notifications about upcoming meetings by visiting <https://www.happyvalleyor.gov/signup-for-notifications/>

### CITY OF HAPPY VALLEY

<b>January 4</b> <b>Parks Advisory Committee Meeting:</b> 6-7 p.m.	<b>City Council Meeting:</b> 7 p.m.
<b>January 5</b> <b>City Council Work Session:</b> 6 p.m.	<b>January 27</b> <b>Happy Valley Business Alliance Meeting:</b> 7:30-9 a.m.
<b>January 12</b> <b>Planning Commission Meeting:</b> 7-8 p.m.	<b>January 27</b> <b>Design Review Board Meeting:</b> 7-8 p.m.
<b>January 18</b> <b>Martin Luther King, Jr. Day:</b> City Hall and Happy Valley Library <b>CLOSED</b>	<b>February 1</b> <b>Parks Advisory Committee Meeting:</b> 6-7 p.m.
<b>January 19</b> <b>City Council Work Session:</b> 6 p.m.	<b>February 2</b> <b>City Council Work Session:</b> 6 p.m.
	<b>City Council Meeting:</b> 7 p.m.

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**Giving benefits the receiver and the giver. There are numerous local nonprofits and organizations where you can donate your time and resources. From The Clackamas Bookshelf to the Wichita Center to local churches to Dog Services, giving helps individual people, families and the whole community.**

# Jalen Patel soars with Fly High nonprofit

*CHS junior uses tech, STEM resources to banish health inequity worldwide*

By **SHELLEY McFARLAND**

Jalen Patel, a junior at Clackamas High School, has always been passionate about computer science, business and entrepreneurship, so when he learned that 14,000 children under age 5 die every day worldwide, he was inspired to create a nonprofit that would combine his zeal with real-world strategy to help others.

After an initial group meeting in June to brainstorm, Fly High achieved official nonprofit status in July. Besides Patel, the nonprofit team consists of seven or more members who coordinate events, logistics, social media and human resources.

“Over the brief history of the nonprofit, I’ve been so fortunate to have plenty of help,” Patel said. “I’m extremely grateful for all the people who started working with me after our initial recruitment. Some have made amazing achievements in their time here, and others are still with us to this day.”

The student-led, certified nonprofit aims to help underprivileged children and tackle health inequality issues around the world using innovative technology and STEM-driven resources. Currently, Fly High is partnered with other nonprofits across the nation and has reached students across the country through projects and Discord, a messaging and digital distribution platform.

“We aim to bridge the gap between underserved communities and access to health care and STEM learning worldwide through our virtual workshops, collaborative



**“Any impact, no matter how big or small, is so meaningful to me. I truly have so much joy when I can see I have helped improve a child’s life.”**

— Jalen Patel

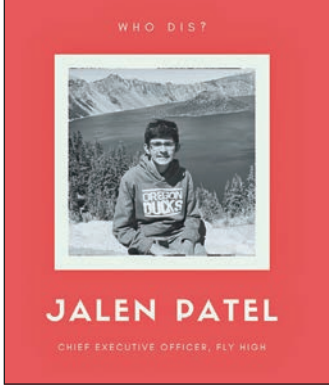
computer programing events called hackathons, speaker sessions, podcasts, self-produced mobile applications, and delivering care packages to underprivileged children in our local communities,” he said.

To raise awareness of Fly High, Patel and his family attended the Sunnyside Farmers Market every Saturday in October where they raised money by selling food and drinks and accepted donations. Patel planned the campaign, his father made the homemade chai to sell, and Patel’s sister canvassed the crowd encouraging shoppers to visit their booth. Patel said the highlight was watching “adults and kids becoming aware of the issues and inspired to help create change.”

Still in its infancy, Fly High is growing quickly and has laid the groundwork in over 30 U.S. states and 50 coun-

tries. In September, Fly High hosted a four-day technology and health care summit. In the future, the nonprofit is planning a workshop in July, delivery of care packages with clothes, food and toiletries to 500 local families, and the establishment of a mentoring program to match underprivileged mentees with mentors in hopes of providing a learning experience and advice.

“All the events and services we provide are, and will always be, 100% free,” Patel said. “We will keep having these exhilarating events for as long as we can get support from the community. All we hope to do is educate and empower the underprivileged as much as possible, which in turn, improves the conditions and environments (which are known as social determinants of health) they’re in, furthering the other part of the mis-



**Clackamas High School junior Jalen Patel has started a nonprofit to help underserved children in his own community and has his sights set on helping children worldwide.**

sion to tackle health inequity issues.”

When not in school or working on bettering the lives of others with Fly High, Patel loves coding, playing basketball, and producing and editing videos. He hopes to become a data scientist with his own tech business and will study computer science to achieve his goals. His dream college is Stanford, and he is



**Still in the early stages, the nonprofit Fly High has hosted webinars and will offer future podcasts hackathons, speaker sessions and collaborative virtual events.**

SUBMITTED PHOTOS



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## HAPPY VALLEY BUSINESS ALLIANCE

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**Giving benefits the receiver and the giver. There are numerous local nonprofits and organizations where you can donate your time and resources. From The Clackamas Bookshelf to the Wichita Center to local churches to Dog Services, giving helps individual people, families and the whole community.**

# Happy Valley Christian group makes holidays brighter

*Foster Parent's Night Out sponsors tree giveaway, farm fun for foster kids, families*

By SHELLEY McFARLAND

Five Happy Valley residents who are parishioners of the First Covenant Church of Portland coordinated an event to donate Christmas trees to struggling families.

The organization Embrace Oregon: Every Child, an ecumenical Christian ministry that coordinates and facilitates volunteer efforts in helping meet the needs of foster families formed an outreach effort called Foster Parents Night Out where volunteer organizations, usually a church, provide an activity-filled evening, including a meal for four hours, so foster parents can receive a reprieve.

Shannan Pauly is the director of Foster Parent Night Out, but says four other Happy Valley residents, Rod Sauer, Wendy Wilson, Heather Larsen and Carolynn Null are the team who have equal say in how the group runs and strategizes ways to help foster families.

First Covenant Church is in its fourth year of sponsoring these events and interacts with 18 families representing 40 children.

“The children in foster care face extremely difficult times in their young lives. We are grateful to those families who reach out and provide their care,” FPNO member Rod Sauer said. “This is our way of expressing our Christian love and concern to both the children and the parents. This year has been difficult with the COVID restrictions, so our normal activity gatherings could not be done. We have maintained contact showing we still care by sending gift cards, treat baskets, and well-wishing Thanksgiving cards.”

On Dec. 5, the FPNO held a COVID-safe Christmas tree giveaway at Pauly’s mother’s farm in rural Clackamas County.

“I was discussing with my mom how hard it has been during COVID to find ways to support our FPNO families since we can’t meet in person,” Pauly said. “She mentioned that my late dad would have loved if the families had a ‘Papa Dan’ Christmas tree, and she would like to gift trees from her farm to our FPNO families.”

Pauly’s parents, Margo and Dan Gandara have always been generous. Their most recent endeavor was providing respite care for over 24 children in the foster care system but had to stop due to Dan’s declining health. He died in August and Pauly said the Christmas tree event was a special tribute to her late father.

Six of the 18 FPNO families attended the event at the Gandara farm, and the five Happy Valley volunteer families helped the children find their perfect tree and chop it down. The group was treated to cookies and hot chocolate and played on a zipline, trampoline and a tractor.

“We had one family that couldn’t come, but we were able to deliver a tree to their home.



Kids played on tire swings, tether ball and trampolines as well as an old tractor during the tree giveaway.



At a recent tree giveaway hosted by Shannan Pauly and Foster Parent's Night Out, foster kids were able to find their perfect Christmas tree and have fun on Pauly's parent's farm.



Pauly said the event was a wonderful time to honor her late father, Dan Gandara.



Six families attended the event along with five Happy Valley volunteer families. The following week, 16 children from Wild X nonprofit came to another tree giveaway.

Rachel Glazener made tons of cookies, and we had hot chocolate and hot apple cider. The kids were excited, and the parents really appreciated the safe, fun place for the kids to get their energy out,” Pauly said.

“We heard several times how hard this year has been and how much the families appreciate the care FPNO provides. The trees were very much appreciated, but the outdoor fun seemed to be the big hit. The farm is a beautiful place and my mom’s prayer was that everyone who set foot on the property would feel Christ’s love.”

One of the FPNO families that came to the tree giveaway is part of the Portland nonprofit Wild X, a program for low-income students to experience outdoor, hands-on experiential learning. Wild X asked if their school could receive trees too, and Margo Gandara said yes.

“The following Monday, a huge bus brought 16 kids and their five teachers from Wild X out for another sunny day of fun. The kids played for over three hours and took 10 trees home,” Pauly said. “They all made sure their teachers wrote their names on the trunks of the tree so they would get the tree they picked out themselves. We provided cold drinks and cook-

ies and the kids provided tons of laughter and lots of knock-knock jokes.”

Pauly says both days of the Christmas tree giveaway was fun and reminded them all about the reason they volunteer, but it was especially healing to her family who is grieving Dan Gandara.

“Mom and Dad have tried to help the people right in front of them or anyone God brings their way. They have always cared for children, so giving to FPNO families and Wild X was just another way for mom to share her blessings with others. Our goal with FPNO is to look at yourself and see if you have anything you can offer these very vulnerable children. Maybe its baby-sitting, maybe its clothes, needed items or a Christmas tree, every little bit adds up,” she said.

“You think you are giving, but it always comes back tenfold. It has been so hard losing dad, and to have so many kids and their families having fun and feeling supported because of a Papa Dan tree has been extremely healing for our family. It has turned into a Christmas gift for us. Mom always says you can never out-give God.”

For more information, visit wildxproject.org or firstcov.com.

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# Deerfield Park is first HOA in city deemed Firewise

Happy Valley's Glen Sachet organizes neighbors in effort to prevent fires

By SHELLEY McFARLAND

When the disastrous Eagle Creek Fire raged in the Columbia River Gorge National Scenic Area in September 2017, Happy Valley resident Glen Sachet started to consider his home and the potential for fire consuming it.

"The east wind was blowing, which caused the fire to rapidly grow to the west, inundating the metro area with thick smoke, and throwing embers across the Columbia River into Washington starting spot fires. Evacuation orders were underway in East Multnomah County. This was our first summer in our 'new' home in Happy Valley," Sachet said. "The Oregonian ran a story about the Eagle Creek Fire, but also about defensible space around the homes in the evacuation zones."

For 29 years, Sachet and his wife, Debbie, a retired hospital pharmacist, lived and raised a family on 3 acres on Southeast 152nd Avenue, in unincorporated Clackamas County, just a couple miles away from his current home, where defensible space wasn't an issue. But where he lives now, in Deerfield Park, Sachet was in the middle of forested greenspaces owned by the homeowners association.

"We had large Douglas fir trees literally in our backyard," he said. "I walked out on our deck, looked around and asked myself, 'Is our home defensible?' The answer was clearly no. The underbrush was thick, there were branches from the ground up into the crowns of the larger trees, we had tree hanging over the eaves of our house, and it was dry."

Estimating a fire's potential for destruction was not a new endeavor for Sachet who retired from the U.S. Forest Service in 2016 after a 37-year career. He was a forest soil scientist/range conservationist and firefighter early in his career,



Happy Valley resident Glen Sachet organizes his neighborhood of Deerfield Park into becoming the first Firewise community in Happy Valley.

then became a public information officer and public affairs specialist.

Later, Sachet continued to serve on a national fire prevention education team and take national emergency wildfire suppression assignments. His volunteer work includes membership in the Happy Valley Parks Advisory Committee, liaison to the Happy Valley Traffic and Public Safety Committee, Deerfield Park 1 & 2 HOA secretary, Happy Valley COVID-19 Recreation Task Force and other special projects for the city and county. He has been recognized by the City of Happy Valley for his volunteer work.

"I was well-versed in wildland fire management and suppression. It was no great leap for me to look around and see the potential, especially when there was smoke in the air from a nearby wildfire," he said.

Intent on finding a fire-defensible solution for his home, Sachet became involved with the Deerfield Park 1 & 2 HOA. In 2018, he volunteered to be on the architectural and landscape committee giving him the opportunity to walk, along with the committee chair, the HOA's 5 acres of greenspaces with an arborist hired to look for hazardous trees.

"I learned about the mowing we do every year on a west-facing grassy slope below our homes, and I was able to develop a relationship and trust with our committee chair. I started talking to people with Friends of Trees, the Urban Watershed Council, the Forest Service, and



The Deerfield Park residents worked to clear out potential fuel on a greenspace in their neighborhood. SUBMITTED PHOTOS



The sloped greenspace after fuel reduction. After the fires in September, Sachet was motivated to protect his home and his neighborhood.

Oregon Department of Forestry," Sachet said. "I was also selected to the Happy Valley Parks Committee, which gave me the opportunity to meet and talk with Tom Ellis and Brett Sherman. Also, through the Parks committee, and Chris Randall, I met Fire Chief Fred Charlton."

Sachet's first idea for fire mitigation in his neighborhood was a prescribed burn on the grassy slope to reduce wildfire risk and start changing the plant community to one that could sustain periodic, low intensity fire.

He talked with the Mt. Hood National Forest fire managers about the idea of a joint exercise with Clackamas Fire District No. 1, which was interested. Sachet then approached the Oregon Department of Forestry and arranged a field meeting, which Charlton and the assistant district fire marshal attended.

"After walking the forested and grassy slope greenspaces with the ODF suppression specialist and the CFD rep, it was clear to all of us our greenspaces posed a fire risk to our homes. I have been on wildfire

assignments in Southern California and have seen how neighborhoods burn, so I understood the potential. It was a matter of explaining and convincing the others that these forests we live in can and will burn in the right conditions, and when they do, our homes will burn too," Sachet said.

On the field trip and during subsequent conversations, the group talked about using the Coffee Creek women's fire crew to cut underbrush and small trees (ladder fuels) as a chainsaw training exercise, but funds were not available.

Friends of Trees was interested in helping plant new fire-resistant species but needed to remove the grass competition first. The watershed council couldn't help because Deerfield Park is not in a riparian area.

"So, you see, everyone I talked to was interested in helping, but different challenges kept arising. The CFD fire marshal was supportive and suggested Firewise to organize and access resources," Sachet said. "By the end of the summer, I realized if we were going to do anything to reduce our fire risk, we'd have to do it ourselves."

Sachet made a presentation at the annual HOA meeting in January 2019 and it was agreed it was permissible for homeowners to start working in greenspaces around their homes to reduce fire hazards.

He then volunteered to go around and show people what the hazards were and how to treat them and identify native plants from the city's nuisance plant species list. Sachet was elected to the HOA board of directors, ensuring more influence on decision-making.

"All this is to say, it took a lot of one-on-one conversations, relationship building and hands-on work to gain the trust of our homeowners in my professional skills," Sachet said.

Firewise is a national program aimed at preventing fires by coordinating wildfire mitigation, teaching residents how to prevent fires in their neighborhoods, and providing resources. To qualify for Firewise certification, Deerfield Park needed to complete three steps: "Organize It, Plan It and Execute It."

In the organization phase, Sachet needed eight homeowners to commit to the program; he retained 11 residents initially. They then held a meeting inviting the city of Happy Valley, CFD and ODF. The meeting was held at the beginning of the COVID outbreak, so they met and socially distanced at the Happy Valley City Police Annex.

"Our first task was to define the community boundary. We chose to include our whole HOA because of the risk, and we thought it'd be better to include everyone at the beginning, and homeowners could

See SACHET / Page A15

## Keep the Wipes Out

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- **No wipes are flushable**, even if the packaging claims they are. Think about it: these wipes have sat in packaging for months, yet when you pull them out, they are still wet. The fact they don't disintegrate while being removed from the package tells you they will not disintegrate when flushed.
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# Local gyms adapt to protocols, find solutions for fitness

By Shelley McFarland

The past nine months have been difficult for gyms. Many have pivoted to keep memberships while finding new avenues to provide fitness for clients when their doors were mandated shut by the state-issued COVID-19 protocols.

From online classes to outside group sessions, learn how some of your favorite gyms are faring and what they have to offer when you're ready to lose the pandemic pounds.

## Aspire Total Fitness

The class-based setup at Aspire works well in relation to the coronavirus guidelines because of the ability to space out clients, enforce class maximums, and clean equipment and common spaces between classes.

With the ability to assign clients to certain areas in the workout room, Aspire knows exactly where each member has been and can clean accordingly. After the first shutdown, it limited class sizes, enforced mask wearing and increased cleaning.

"The recent freeze seems like a 'one-size-fits-all' approach to closing gyms, especially since we have not heard the science behind this decision," said Heidi Warneke, co-owner of Aspire Total Fitness. "Closing any gym or fitness facility seems counterproductive and harmful to our communities. People exercise for mental health just as much as physical health, and we believe taking away our ability to help people lead a healthy lifestyle is harmful to many."

When the doors are shuttered, Aspire offers virtual classes to all clients. Last spring, it began with Instagram Live workouts, then moved to Zoom, which allows the studio to offer its usual schedule of Barre, strength training, boot camp, TRX, Les Mills and HIIT classes, just virtually.

The fitness business also is attempting to offer fun classes outdoors but will keep the weather in mind as it gets colder. The owners also have rented out equipment to members during closures. Groupon specials for new members currently are available.

"Our Aspire community is like no other. They are loyal, they are caring, and we feel the love. While we did lose some people last spring, our community has stepped up big time," said Warneke who owns the business with her sister, Erica Knittel.

"They pivot and adapt right along with us. Indoors, outdoors, mask or not, they are in. We truly cannot express how much love we have for these people. Our members and clients have become our family, and we know they have our backs."

## StarCycle

Like other gyms, StarCycle has built its clientele over the years and has a dedicated following.

To adjust to the new state rules, StarCycle has rented out a portion of its bikes to clients and took the opportunity to learn something new by providing an online streaming service that includes over 250 on-demand and live shows. Plus, they turned the child care area into a holiday pop-up shop with stocking stuffers, cozy lounging sets and other items.

"Our staff and clients are so incredibly supportive, they have really stepped up during our closure and made sure we have stayed connected through social media and our online classes and have been shopping for gifts in our holiday pop-up retail store that we opened in the lobby of our studio," said Kelly Mreen, StarCycle franchise owner.

## Forge Yoga

Operating with limited capacity, Forge Yoga installed sneeze guards, upgraded its HVAC air filtration system, bought additional cleaning supplies and PPE for both customers and staff, while adjusting pricing options, memberships and class availability.

Forge Yoga retrained and adjusted its staffing and expanded classes to include virtual and on-demand options. All these changes were in response to pandemic protocols while taking in customers' wants and needs.

"We have a large library of class videos that clients can watch on demand anytime, and we also invested in upgraded



For now, virtual classes are available. Local gyms have learned to pivot to offer their clients exercise classes even when their doors are closed.



Forge Yoga is limiting the number of clients and has increased its cleaning program.

equipment and streaming services so clients can join us for a live interactive class that we offer three to four times per day," said Angela Patrick, Forge Yoga owner. "We offered outdoor classes during the warmer weather months and hosted several wildly successful outdoor events."

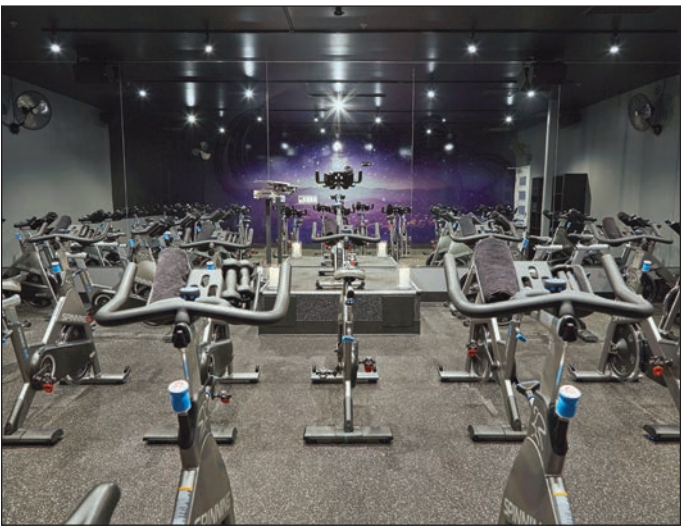
During the struggle for small businesses to remain solvent, Patrick said her Forge Yoga community has rallied behind

them. "We are so lucky and thankful we have loyal clients who have supported us through this pandemic. For those who haven't been able to come into the studio when we were open from June through November, they have enjoyed the online options," she said.

"The feedback has been wonderful. The changes we needed to make to ensure everyone's safety was worth it.



Aspire Total Fitness owners, sisters Heidi Warneke and Erica Knittel are still smiles for their customers. The duo offers an array of classes with safety precautions.



For the time being, StarCycle has rented out a few of their cycles to clients and like other gyms, is offering classes while following the state-issued mandates for safety.

Even through the masks, we can tell folks are smiling that they have the opportunity to do this even in the strangest of times."

New clients can try an introductory package of seven in-

person classes with one month of unlimited online/virtual access for \$39.

For more information, visit: [aspiretotalfitness.com](http://aspiretotalfitness.com), [starcyclecleride.com](http://starcyclecleride.com) and [forgehotyoga.com](http://forgehotyoga.com).

# Sachet

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join in as they learned more and saw results," Sachet said.

"The next step was to assess the area to identify the potential risks to our homes from wildfire and actions to mitigate the risks. At the same time, CFD conducted an independent assessment. Both assessments were submitted to ODF for review.

"ODF completed the application, documenting the 55 hours of required volunteer work, and preparing a prioritized action plan. The completed application was submitted to Firewise USA for evaluation, and we were awarded certification on June 4, 2020. Now, we're executing it and working the action plan," he said.

Sachet explained that fire doesn't follow property lines and HOA boundaries, but responds to fuel, wind and geography. For Deerfield Park to reduce the risk from wildfire, they needed more neighbors to

join in the effort.

"We hope we can be a demonstration model for other neighborhoods. We're happy to share our story to raise awareness, learn together and marshal our resources to form partnerships and collaborate," he said. "If you look at Happy Valley in Google Maps, you'll see the whole valley is laced with forested greenspaces. We need to think, plan and manage these areas as forested ecosystems instead of a collection of trees and parks.

"I believe the recent September wildfire events have shown people, it can happen here. We got lucky in Happy Valley; we didn't have multiple fire starts in our forested areas, otherwise we could have become quickly overcome by wildfire, just as the Clackamas River and North Santiam Rivers experienced. I also believe the city of Happy Valley is ready to prioritize a citywide fire risk assessment and action plan."

To retain its Firewise certification, the Deerfield Park HOA will conduct at least one community event each year and continue to work on its action plan. It recently held a virtual

meeting with 11 households where they viewed a video, reviewed the five-year action plan, discussed community engagement efforts and held a discussion airing ideas, concerns and observations.

"This ongoing effort is a community, neighborhood partnership. We all bring different interests, skills and energy working together for the betterment of our neighborhood. Our basic strategy is to work from the bottom up and top down. We do the hands-on work on the ground and around our homes to reduce the fire risk, and work at the city and community level to raise awareness, gain support and initiate change," Sachet said.

"We are in good standing with Firewise through 2021 due to our existing investment, but we know we've got a lot of work to do and look forward to working together. We will continue our risk reduction work in our greenspaces, talk to our neighbors about reducing the risk immediately around their homes, and spread the word to other neighborhoods."

For more information, visit: [nfpa.org](http://nfpa.org).

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# Kids talk about what they learned in 2020

By Shelley McFarland

Whew — 2020, the year of toilet paper panic, election madness, coronavirus misfortunes, economic recession, masks, freezes, lockdowns and enough hand sanitizer for a tidal wave, is officially over and a new year has just been unwrapped. Some of our youngest Happy Valley residents will remember 2020 as an anomaly to normal life, but they also have learned life skills. Here's what they had to say:

**Ben McAulay, age 10**

I learned that it is sad to not see your friends in, like, forever. And it gets boring if you're trapped in your house for a long time. But it gives you time to learn a lot about yourself.



BEN MCAULAY

**Natalie Kishpaugh, age 13**

This year I learned that family and friendship are extremely important. Without it, I wouldn't have been able to survive the quarantine season. My family has taught me to appreciate the things I have and to realize that others are suffering, so I have to be thankful.



NATALIE KISHPAUGH

To be honest, being with my family for months on end has been a struggle, all the arguing and complaining about no one taking showers anymore. It was starting to get to us.

Thankfully, my friends reached out to me and we started hanging out more. I realize that friendship is something most people take for granted. The importance of my friends and family really helped me get through the season and I learned that they really care for me.

**Devin Long, age 17**

I'll remember how much I missed swim team. I didn't know how much I liked swimming and being on a team! Plus, I learned how to skateboard in 2020.



DEVIN LONG

**Nova Emami, age 7**

I will remember that this year we couldn't go to school, and everyone had to wear masks because of the coronavirus. I learned how to swim and ride my bike this year.



NOVA EMAMI

**Logan Nelson, age 12**

I'll always remember not being able to hang out with my friends, having to wear a mask, not being able to spend the holidays with my grandparents, and playing lots of family board games.



LOGAN NELSON

**Lila McAulay, age 13**

This year has been crazy, but I've learned a lot about stuff that I've never really paid attention to like politics and important movements that we've had happen around the world and all the amazing and powerful people helping with them.



Lila McAulay

And I'll remember all the life-changing things that have happened this year, like my best friend moving halfway across the country and how my eighth-grade year would have been so different if this had never happened. But at the same time, I am happy it happened because I wouldn't have gotten to do a lot of stuff.

**Kiernan McMorris, age 14**

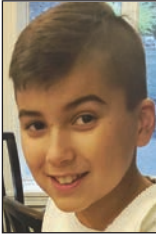
We started family movie nights during the March quarantine, with one film a night and all of them grouped by a theme or series. Beginning with "The Godfather," we've now watched almost 200. I've learned that it's actually possible to get tired of watching movies.



Kiernan MCMORRIS

**Mason Radich, age 10**

I will remember doing school online and missing my friends. Seeing them online is not the same. I learned how to have fun and do activities by myself. I also learned how to cook.



MASON RADICH

**Isaac Dunn, age 7**

I will remember that 2020 is different for sure. Home school is very hard. I didn't get recess with friends, and I miss my best friend. I got to be home with my family; I liked that. I learned about coronavirus; it's dangerous and we had to be on lockdown.



ISAAC DUNN

**Anna Osnes, age 16**

Everyone can agree that 2020 was a wild year, to say the least. With everything that went on, it was like every month it topped itself with some bad news.



ANNA OSNES

It's funny looking back to New Year's 2019 when I popped a bottle of sparkling apple cider promising to myself that this year would be different, it would be a new beginning. The 2010s was a tough decade for me personally, so I was ready to dive into 2020 a new person. But honestly, I still got what I wanted. There was another side to all this, everything that was hiding came to the surface, and there was a massive amount of growth, awakening and communities coming together.

Being in quarantine since the beginning when COVID hit, I looked at myself and went inward, focusing on healing all my past wounds and any negative beliefs I had about myself because if I could understand myself better and gain a new perspective, just maybe I could understand the world a little better. At the very least, I could understand that my mental and physical health are important, and I could stay grounded in light of everything that's been happening around us.

In my humble opinion, everyone after this year, has come out a new person. This year was a learning lesson for the world.

**Kyle McFarland, age 13**

I prefer to be at school with my friends, but 2020 has been interesting because I can be in school in my pajamas and eat, too.



KYLE MCFARLAND

I've learned about germs and viruses, more than I want to know and when I wear a mask, I don't have to smile.

**Charlie Dunn, age 11**

I will remember how hard it was for our family and a lot of other families since COVID hit. I also learned online school is harder than you think. Technology can be crazy sometimes.



CHARLIE DUNN

I also learned more about racism and that Black Lives Matter. I hope that everyone will stand up for what is right.

Even though it's all hard we have to keep fighting. Playing basketball is something I love, and I try and do that to keep my spirits up. Spending time with my family and meditating has helped a lot too.

**Eva Ujifusa, age 13**

This year has been a crazy mix of good and bad, but looking back, the two things I will most vividly remember are 1. the slow pace that I was able to enjoy even in a time that seemed, and sometimes was, chaotic, and 2. though generic, the countless (creative) hours of time that I was able to spend with my family.



EVA UJIFUSA

I believe that all of us can say that we learned how to survive months of a pandemic. Taking that into account, this year I have not just learned how to survive but to make the best out of many different and unpredictable circumstances.

**Justin An, age 10**

This is a quote I will remember for 2020. My dad told me, "These are the days that champions are made!"



JUSTIN AN

Even though COVID-19 forced us to give up so many things we love to do, it gave us time to appreciate all that we've taken for granted, practice extra hard on things that we want to get better at even when no one is looking, never quit, choose to have a great attitude no matter what, and, lastly, it taught me to adapt to different things life will throw at you. It was a tough year, but I hope to start off as a champion in 2021!

**Grace Anderson, age 8**

I will remember in the future the coronavirus. It was terrible; worst year of my life for sure. I learned to be very careful and that being away from people can make you closer to people. Being away from friends and family can make you feel closer to them because you miss them so much.



GRACE ANDERSON

**Sohelia Emami, age 9**

I will remember that we had to wear masks and go to school online. I learned new computer skills, and I miss seeing my friends in person.



SOHELIA EMAMI



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## BUSINESS SPOTLIGHT

### HAPPY VALLEY BUSINESS ALLIANCE

I wish you and your loved ones a wonderful and safe holiday season as this unbelievable year closes.

Throughout 2020, I have watched our community come together to support struggling businesses and families. Our city stepped up and helped in unrepresented ways. This year has shown us the strength and resilience of our city and most of all, it has revealed the persistent and creative character of our business community. We now know many businesses struggled to weather storms that 2020 brought; it has tested us in ways that were unthinkable, but our businesses continue to fight, and our community continues to support us in every way possible.

Happy Valley Business Alliance thanks you for your support. Like the rest of the business community, we will continue to learn to adapt and pivot with new ideas, make improvements, while dedicating to providing the best experience possible.

sible for our members. As we look to 2021, our goal will be to continue finding new ways to engage with our members and continue to be a resource to help business navigate the unique needs that lie ahead.

Looking ahead to 2021, HVBA will seize every opportunity given in the new year. We will use our agility to push forward and help rebuild our business community to an even greater height. Like many of you, I am ready to leave 2020 behind and I feel gratitude and excitement for the coming year. Most of all, I am thankful for this incredible community.


On behalf of Happy Valley Business Alliance, I would like to wish you all a wonderful holiday and a prosperous new year.

*Sincerely*  
– Ana Sarish,  
HVBA Board President

 <p>Ana Sarish President HVBA Sunrise Mortgage Group</p>	 <p>Fred Charlton Vice President Chief Clackamas Fire</p>	 <p>Alisa Pompetti Treasurer Kona Ice</p>	 <p>Daniel Swift Secretary Rivermark Community Credit Union</p>	 <p>Kathy Schaub Membership Coordinator Happy Valley News</p>
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