— See page 12



Don Greer served country during Vietnam War

— See page 17



February 2021 happyvalleyor.gov

Pamplin MediaGroup

ClackamasReview

## Happy Valley NEWS

A city, community, a lifestyle — a place we proudly call home

## VACCINES in the TATEY Frontline workers receive

doses of COVID prevention; at-risk groups next in line

n Jan. 11, Clackamas Fire District No. 1 started the process of vaccinating its frontline firefighters and paramedics with its first batch of

STORY BY **SHELLEY MCFARLAND** 

400 Moderna vaccine doses, which were provided through Clackamas County Public Health. Clackamas Fire is involved in community

distribution for at-risk groups for flu vaccination and will assist CCPH with the COVID-19 vaccinations as well.

According to the updated guidance from the Centers for Disease Control and Prevention, Gov. Kate Brown expanded COVID-19 vaccinations to include all individuals age 65 and older along with child care providers, early learning K-12 educators and staff. This group can begin receiving doses Jan. 23.

For more information, visit: Oregonhealthauthority.org.



Chief Fred Charlton receives the first dose of the coronavirus vaccine during the Group 1 inoculation schedule.

Phase 1A

Everyone in Phase 1, Groups 1,2,3 and 4

are currently eligible for the vaccine.



#### Phase 1B, 1C and Phase 2

#### Who's getting vaccinated in Oregon next

Child-care, preschool and K-12 school and school district staff will be in the first group of Phase 1B.

Subsequent groups in Phase 1B and beyond will be determined by the Vaccine Advisory Committee and shared on OHA's COVID-19 vaccine web page. These are examples of groups of people who may included:

Group 3 Critical workers in high-risk HCPs in outpatient settings settings - workers who are serving specific high-risk in industries essential to the functioning of society and Day treatment services substantially higher risk of

· People of all ages with

underlying conditions that put

them at moderately higher risk

 Non-emergency medical transport (NEMT)

Hospice programs

related services

Mobile crisis care and

Individuals working in a

correctional setting

- Caregivers of medically fragile children or adults who

#### Group 4

facilities, including HCP and All other outpatient HCPs Public health sites

 People in prisons, jails, detention centers, and similar facilities, and staff who work in

- such settings All older adults not included in Group 1A
- General population



SUBMITTED PHOTOS Firefighter Andrew Mustola from Clackamas Station 8 also receives the vaccine.



Middle schooler Quinn O'Shaughnessy has started a nonprofit to help children with cancer, even as he battles the disease himself.

### Teen creates Q-Man Strong fundraiser to help other kids with cancer

Money will go to OHSU's Onward program for pediatric leukemia research

#### By SHELLEY McFARLAND

Kellie O'Shaughnessy has always said her son, Quinn, is an observer and deep thinker, so when he recently was diagnosed with cancer, it was not surprising he immediately wanted to help

other children. With the help of family, Quinn created a fundraising campaign called Q-Man Strong for OHSU Doernbecher's Children's Hospital Onward program benefiting new research to treat childhood can-

Last June, 12-year-old Quinn complained of bone pain and an intermittent fever. Weak and fatigued, he would lounge during the day and even needed help walking up the stairs. The O'Shaughnessys thought maybe Quinn had overexerted himself playing sports or was experiencing growing pains. But when Kellie told an advice nurse about Quinn's symptoms, the O'Shaughnessys were told to take Quinn immediately to urgent care where he was put on intravenous antibiotics and blood

samples were taken for analysis. "I will never forget this moment and all the pain it will leave inside my heart forever. The urgent care doctor had me go out into the hallway to tell me all signs were pointing to a blood cancer. I didn't know how to take it; I couldn't even process it. I didn't know how to go back in the room and tell him," Kellie said.

"It was confirmed to be B-cell acute lymphoblastic leukemia. We learned it was

See Q-MAN STRONG / Page 5

Pamplin MediaGroup

Group 1

Hospitals

Urgent Care

residents

Group 2

Skilled nursing and memory

care facility healthcare

personnel (HCP) and

Tribal health programs

Health care interpreters

Other long-term care

Adult foster care

Other congregate

care sites

residents of:

Traditional health workers

Residential care facilities

Group homes for people with intellectual and

developmental disabilities

first responders

Emergency medical services

(EMS) providers and other

This publication is a partnership between Pamplin Media Group and the City of Happy Valley.



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## YEAR of the OX

By SHELLEY McFARLAND

Chinese New Year will be celebrated Feb. 12 and lasts for 16 days. It is the year of the ox, the second of the zodiac animals.

According to one myth, the Jade Emperor was deciding the sequence of the zodiac by the order in which the animals arrived at his party. Dependable Ox was about to arrive first, but Rat tricked Ox into giving him a ride. Just as they arrived, Rat jumped down and entered the party ahead of Ox.

In Chinese culture, the ox is a valued animal because of its hardworking, intelligent, reliable manner. They are an integral part of the agricultural landscape and often are seen in a positive light due to their honest na-



HAPPY CHINESE NEW YEAR 新年快乐

ture, earnestness and lack of needing praise. Considered great leaders, oxen are tough but kind and rarely lose their temper.

During Chinese New Year, you may see numerous symbols, here are the most common and their meanings

■ Fish decorations are everywhere, and the Chinese word for fish sounds like the Chinese word for abundance. By hanging up fish decorations, people are hoping that in the new year, they will have an abundance of wealth and prosperity.

■ Like the fish, tangerines and oranges sound like the words luck and wealth in Chinese. These citrus fruits are prevalent in homes during the new year to bring luck and fortune. They often are given as gifts, too.

Red lanterns are a staple

of Chinese New Year.

Celebrate Chinese New

Year starting Feb. 12

■ Plum and peach blossoms represent the start of a plentiful crop of fruit that will blossom in spring. Peach blossoms symbolize long life, romance and prosperity while plum blossoms signify a reliable person who works through adversity.

■ Get ready for noisy firecrackers that are hung to scare off evil spirts and misfortune on New Year's Eve. Chinese red lanterns light the way for the family's kitchen god to visit the Jade Emperor to ensure they have a good harvest and prosperity.

## Happiness in a bowl

Umami Ramen owner Thao Tran's savory comfort food satisfies customers of every descent

> STORY AND PHOTOS BY **SHELLEY MCFARLAND**

Happy Valley resident Thao Tran's life is uniquely American and highlights the determination of immigrants finding a fresh start in the United States.

As one of 11 children, Tran and his family left Vietnam due to political reasons in 1983 when he was in third grade. After a year in Santa Ro-California, the family found extended family in Oregon and settled in Hillsboro where Tran graduated from Glencoe High School in 1992.

"When we came here, we didn't really know who's who. After awhile we found where the Vietnamese communities were, and we found some cousins in Oregon, and we moved because we were look ing for work," Tran

"Being young, that's all you know, you grow up with hardship, so you learn to lift your

head up and keep going. For me, people say I've had a hard life, but it is normal to me. It's how I grew up, and it is part of

After high school, Tran graduated from Portland State University with a degree in accounting and information systems. During his college years, Tran worked for the Japanese restaurant Shoji's, which later



"I feel great to be able to cater to a community as a whole, not just a specific race or people."

— Thao Tran



changed

its name to Fuji's. Tran helped open Fuji's Clackamas and managed the Vancouver, Washington, location.

"I had been working in restaurants for so long, and you tend to get burned out. I lost my passion for cooking, so I went to work in the corporate world for Wells Fargo for a few years. I had kids and I cook for

For more information, visit Umami Ramen on Facebook.

#### **Umami Ramen** Address: 14638 S.E.

Sunnyside Road

**Phone:** 503-878-4980

**Hours:** 11:30 a.m. - 2:30 p.m. and 4-9 p.m. Monday-Thursday; 11:30 a.m.- 9 p.m. Friday-Sunday

More: Delivery available through DoorDash, Caviar and Postmates

them, and I found my passion for cooking again through them," Tran said.

"The thing about cooking is if you find an audience to cook for, you find someone who enjoys your food, it brings happiness to you. That is the way I found my passion again, through them. They love ramen and I wanted to find

See UMAMI / Page A11



The White Lotus Dragon and Lion Dance Association was created to help keep the Chinese dance tradition alive. The festive animals often are seen at celebrations, including Chinese New Year.

# Keeping a roaring tradition

Nhan Danh honors Chinese cultural and religious Danh said. Chinese lion. dragon dancing with White Lotus association

#### **By SHELLEY McFARLAND**

At only 20 years old, Nhan Danh founded White **Lotus Dragon and Lion** Dance Association to help preserve the cultural lion and dragon dancing of Chi-

To Danh, lion dancing is an

festivals, especially during Chinese New Year. And though Danh is Vietnamese, he feels a broader responsibility as an Asian to help preserve this art.
"At the end of the day, dis-

regarding politics, all Asians are similar in culture and traditions. We are just a group of young Asians who came together to promote our culture in the most authentic and purest form. I say authentic because there are other teams and organizations that perform the lion and dragon dance, but it's not in the correct form and gives the audiintegral part of traditional ence the wrong impression,"

When I started the team in 2015, the main goal was to do it right, not only put on a fun performance, but it exemplifies the cultural meaning and symbolism of the traditional

Danh's father introduced him to lion dancing when he was 5 years old and immediately fell in love with the art, even making his own costumes as a kid.

"I don't know what sparked it. Once my dad got me into it, it has been like an addiction, and I look for videos, and any

See DRAGON DANCING / Page A10

## **Bullish on Great Floors**

#### Franklin is gentle mascot for Happy Valley outlet

By SHELLEY McFARLAND

In honor of Chinese New Year, meet Franklin, the Brahman bull mascot at Great Floors in Happy Valley.

Yes, it is understood that Frank, born in September 2009, is not an ox, the Chinese zodiac animal for 2021, but Franklin doesn't mind (the difference has to do with castration.)

As a teenager, Brad Gilbert worked at his grandfather's building materials company, Hawley Gilbert Co. in Portland. By age 20, he began traveling around Oregon and

Washington to sell flooring. Gilbert developed a passion for the industry, and in 1978 when he was in his mid-20s, Gilbert opened his first flooring store in Portland called Great Floors. Branching out, Gilbert and his wife, Lynn, opened the Happy Valley location in 1985 where the adjacent pasture and farmhouse was a perfect setting for raising a family and running a

business.

'Around this time, my dad and mom developed a passion for Brahman catīle," daughter Angela Gilbert said. "The Happy Valley farm is five acres of timber and grass, and we have one Brahman bull there as a showpiece for our ranch and for 'Brahma Tough Carpets.' The bull's name is Franklin, and he is wellknown in the area and a large attraction at the Clackamas County Fair each summer."

The Happy Valley Great Floors and its sister store in Portland sell flooring including laminate, hardwood and

carpeting. In 2005, the Gilberts moved their operational ranch to Molalla, where daughter Angela manages the 80-acre cattle enterprise. In 2006, the Gilbert's brought on a purebred Angus herd and eventually started a crossbreeding program, which resulted in F-1 Brangus cattle.

"We utilize both new and older genetics to produce functional, top-quality cattle. We strive for calving ease, quiet disposition, and do-ability," Gilbert said. "The F-1 program capitalizes on the

See GREAT FLOORS / Page A14



PHOTOS SUBMITTED

Franklin, a Brahman bull, is seen with his family — Great Floors owners Brad and Lynn Gilbert, their daughter, Angela Gilbert Rose, and her husband, Kyle Rose.



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Tom Ellis 503-783-3800



**Brett Sherman** Council President 503-783-3800



**Markley Drake** Councilor 503-290-6023



**David Golobay** Councilor 503-807-2979



**David Emami** Councilor 503-783-3800

HAPPY VALLEY CITY COUNCIL

Council Meetings are held 1st and 3rd Tuesdays of the month at 7 p.m. at City Hall 16000 SE Misty Drive Happy Valley, OR 97086 (503) 783-3800 www.happyvalleyor.gov

# City's small business program offers another round of support

n my message from last June, I outlined an emergency small business assistance program the City Council and I developed. Since the initial program was launched, the City has continued to provide strategic assistance with the goal of helping our small businesses stay afloat during these uncertain

Rather than providing blank checks to local businesses, the City paid the rent/mortgage on behalf of local businesses directly to their landlord. Only

businesses that were closed or had limited services as a result of the Governor's Executive Orders were eligible. Businesses were also required to sign an agreement stating they met certain criteria and plan to reopen as soon as allowed.

In the first round of assistance last Spring, the City issued awards to 48 local businesses. Most impressively, approximately 50 percent of the awards went to business owners of historically disadvan-





TOM ELLIS

While the program was initially established using resources from the City's general fund, I'm pleased to report a large portion was reim-

bursed through the federal CARES Act. Over the Summer, the City also received limited funding from the State of Oregon to provide a few of the grants. Combined, this covered a substantial amount of the costs for the program. Happy Valley local busi-

nesses contribute so much to our community. They provide places for us to gather to eat, drink, work out, and shop. Many of them provide necessary health, financial, or legal services. For some of us, they provide jobs.

Several Happy Valley businesses have been sponsors of programs, events, and other causes in the community. Just as they have been there for us in the past, I'm grateful we could be there for them during this challenging time.



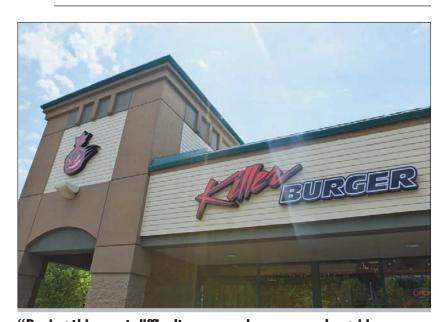
"The efforts of the City to support small, local business is above and beyond anything we could hope for. Club Pilates Happy Valley is looking forward to reopening safely when the time is right thanks to your continued support. Thank you for your assistance and thank you for everything your team does to create an amazing community."

- Club Pilates Happy Valley



"We have been part of this community for over 25 years now, and the City of Happy Valley truly stepped up to the plate on communicating and advising us through these tough times. These grants that were issued are a lifesaver for us to continue to thrive and maintain our businesses. So fortunate to be a part of this wonderful community that has shown us nothing but love from the conception of our business."

— La Costita



"During this most difficult year you have come alongside businesses in your community with grants to help each of us keep our doors open. That is remarkable and most appreciated!! Words cannot express our true appreciation for all that you do in supporting the community of Happy Valley.'

Killer Burger



## PV/NC Comprehensive Plan awaits opportunity for community feedback



City of Happy Valley

The Pleasant Valley/North Carver Comprehensive Plan provides guidance regarding such things as land use, transportation, parks, and environmental issues that will be instrumental to ensuring planning is successful in the Pleasant Valley and North Carver areas.

City staff from the Economic and Community Development Department have been working diligently and have utilized community feedback throughout the process to help shape the direction of the Plan. Ideas from property owners, the public,

neighboring cities and counties, and other stakeholders have also been included.

Due to the COVID-19 pandemic, the PV/ NC Open Houses and Public Hearing Meetings are postponed until further notice. These gatherings had intended to offer the public a chance to view a variety of visual materials and information relating to the recommendations. The City's goal was to have the plan approved by the end of the summer 2020. It is crucial members of the community have an opportunity to be part of these processes. In the meantime, the public is encouraged to visit https://hv.city/ pvnc for updates.

### We're moving in!

### Our Oak Grove Branch opens early 2021!

At Clackamas you'll find a friendly face and neighbor dedicated to improving people's lives. We have been passionately serving our members and community for over 60 years, and we're proud to be moving into the neighborhood.

You'll find the best checking options in the area and great rates on loans and deposits with Clackamas. We're people helping people and opening your account has never been easier. Visit clackamasfcu.org, or give us a call at (503) 656-0671 to get started.

We're here to help when the going gets tough.



## Community Center Survey

#### **COUNCILCORNER**

e want to thank residents who have already completed the community center feasibility study survey! If you haven't had a chance to provide your input.





Sherman Council President



Markley Drake Councilor



**David** 



the hundreds of

don't worry. The survey will stay open until Feb. 7. The feedback we receive through the survey will be instrumental in helping us determine if

there is enough interest for the City to build a community center, and if **Brett** so, what amenities it should include. By way of

background, a few years ago, the City developed a Parks and Recreation Master Plan utilizing input from citizens throughout Happy Valley. Based on the feedback we received, a new community center was identified as the #1 priority.

This came as Golobay no surprise. Councilor Over a decade ago, Happy Valley voters agreed to join the North Clackamas

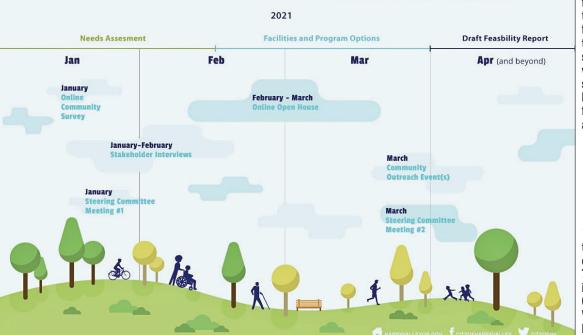
Parks and Recreation District (NCPRD) based Emami on a promise Councilorfor a new community center.

Unfortunately, that didn't happen and is one of the reasons that led to the City's withdrawal from NCPRD. Now that the City is the provider of parks and recreation

### **Happy Valley Community Center**

**Feasibility Study** 

The City of Happy Valley is exploring local interest in a community center. Over the next several months, the project team will be gathering feedback from the public, stakeholder groups, and a steering committee. Stakeholders will weigh in on location and design options, costs, and what resources a community center could offer. We look forward to hearing from you!



■ The graphic projects the anticipated timeline for completing the **Community Center** feasibility study. Note, this process includes feedback from both the public and a steering committee, with more information slated to be drafted later this year following additional assessments.

**▼** Please consider taking part in the online survey by Feb. 7 to share your ideas about a **Community Center.** Visit www. happyvalleyor.gov/ ccfs/ to participate.

This publication is a partnership between **Pamplin Media Group and** the City of Happy Valley.



**Publisher's Note:** Happy Valley News

and suggestions from our readership.

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If you know of an interesting local story

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**PUBLISHER Angela Fox** afox@clackamas review.com

**Happy Valley News staff** 

**CITY WRITER** Stephanie Warneke SWarneke@

happyvalleyor.gov

**COMMUNITY** 

**Shelley McFarland** 

shelley.mcfarland@

gmail.com



**ADVERTISING Kathy Schaub** kschaub@ clackamas review.com 503-805-9930



**Brittany Martin** bmartin@clackamas review.com



**Molly Filler** mfiller@ PamplinMedia.com

**CREATIVE SERVICES:** Cheryl DuVal (manager), Chris Fowler, Dwayne Stowell, Linda Vondrachek, Josh Bradley

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Portland, OR 97222 503-684-0360 www.clackamasreview.com

#### services, the City Council made a feasibility study of a community center one of our top priorities. This is just one step in a more comprehensive process to determining the potential for this project. We know it's challenging

to imagine such a place during Covid-19, but the City is looking ahead to better times. Among the uses and features to consider:

- Sport courts including staples such as basketball,
- but also pickleball and more ■ Social spaces such as a senior center, teen center,

café and party rooms

- Enrichment spaces for classes and practice in arts, crafts, cooking and more
- Fitness facilities such as weights, cardio equipment and an indoor track for walk-
- ing and jogging ■ Pools and spas including lap pools, water slides, hot tubs and the like
- Services such as a library annex or computer

The City hopes to hear from you now because some needs would require more space and different levels of



funding. Knowing about them early could help the City decide where it would look to purchase property and what funding options may need to be considered.

The survey results will be included in a feasibility study planned for release this com-

ing spring. In addition, the feasibility study will identify space needs and preferences, present early drafts of building designs, and estimate the cost of building and operating a community center. The City plans to present it at an online open house and other

future community events where you can participate further, including talking with project team members.

To stay informed as things progress, sign up for email updates at www.happyval leyor.gov/receive-park-up

## **Q-Man** Strong

From Page A1

the most common childhood cancer and the most treatable, with a 90% success rate if undergoing standard treatment. And, what's more, nearly 90% of children reach remission at the end of the first one-month (induction chemotherapy)

phase.' But Quinn did not reach remission in the first month, and it was becoming clear that standard treatment might not be enough for him. Diagnosed with a high-risk leukemia due to numerous factors, Quinn received chemotherapy while undergoing a recently approved FDA treatment called CAR T cell therapy at Doernbecher's where his T-cells could be engineered to search out and attack

cancer cells. "We feel blessed to live so close to a hospital that offers CAR T. A bone marrow transplant is also an option, but a tough one because the process is hard on the body and there's a greater risk of side effects," Kellie said. "His medical team is currently in the process of locating a close, if not perfect, match through the donor registries both here and abroad in case we end up going that

Quin has endured many nights in the hospital, endless needle pokes, general anesthesia 10 times, pills, X-rays, CT scans, ultrasounds, anemia, echocardiograms, injections, COVID-19 tests, seven lumbar punctures, nausea, fatigue, pain and more.

"He is one brave boy. Braver than I'll ever be. I wish this weren't his reality, and I would do it for him in a heartbeat if I could. I don't wish this reality on anyone, and we are still fighting," Kellie said.

One night, Quinn overheard his mother and father, Jake, talking about how to give back in some way. Quinn entered the conversation with "we should help other kids like me who have cancer so that we can find a cure.'

"I heard my parents talking about raising awareness and wanting to donate to a good

cancer research gets enough funding. So, that's why all the money is going toward OHSU's cer is the leading cause of iuna, which includes research find a cure for other kids like me," Quinn said.

Serendipitously, the family chose OHSU's Onward program because of their focus on new treatments, like CAR T, even though they didn't know at the time Quinn would be using that specific treatment.

'This was the new treatment that might save Quinn when he wasn't responding to traditional treatment. This treatment would not have been available to Quinn without the research efforts to make it possible. His only other option would be to have a bone marrow transplant," Kellie said.

"A classmate of Quinn's has a mom who designs T-shirts. We got in touch with her to see if she would be willing to draw up a few designs. She said she'd be honored to and refused to accept payment for her designs," she said.

"Meanwhile, my sister-in-law was trying to create a cause to draw attention and support to Quinn while helping raise funds for a donation once we had narrowed down the cause," Kellie said. "The two of them joined forces to create the shirt, website and support our cause."

The O'Shaughnessy family is trying to reach its \$5,000 goal through either shirt purchases or donations.

"As you can imagine, this mission means a lot to our family. Our hopes are that OHSU's Doernbecher Children's Hospital will save our son's life. We certainly hope they will also save every other child in this fight. Along with our fundraising efforts, our family would also like to increase childhood cancer awareness," Kellie said.

"As many cancer families have felt, 'you don't know how strong you are, until being strong is your only choice.' Childhood cancer families have no idea it could be their child until it is. It adversely affects every member of the family. Family members can suffer mental health effects such as anxiety, PTSD and depression during diagnosis and with the traumatic events that ensue."

According to the American Cancer Society, over 11,000 children under age 15 will be

cause. I don't think children's diagnosed with cancer in America and the numbers are growing. After accidents, can-Onward pediatric leukemia death in children age 1 to 14 ears oid. Less than 4% of the to make better treatments and federal budget earmarked for cancer research is applied to childhood cancers.

'Cancer is a very scary word that no person or family should have to make a part of their reality," Kellie said. "Our hopes are to increase funding for research into the root causes and better treatments for all chil-

dren who are battling cancer.' Even though Quinn is distance learning like all students enrolled in North Clackamas area schools, he is finding encouragement from his numerous friends.

"I am missing my friends very much. My friends have been supportive since I found out about my cancer, much more supportive than I thought. After being sent home from my first hospitalization, some of my friends and family lined up on my street to greet me as I was coming home. It was a

great surprise," Quinn said. "My friends and family also made me an amazing video to show their support. Some of my friends have bought my shirt and sent pictures wearing it to show their support, and it makes me feel good to see them wearing it because I know I'm not fighting this alone."

Quinn, who celebrated his 13th birthday Nov. 13, enjoys cooking with his mom and trying new foods. As a family, the O'Shaughnessys love family nights, including games or movies, and both Quinn and his younger brother, Avery, play basketball, football and baseball, plus the family has traveled extensively.

For now, the family is focusing on health and forging a fundraising program to help fight the disease that took them by surprise.

Quinn finds deeper meanings to things and seems wiser than his years," Kellie said. "He is a loyal friend and family member who will always have your back and is all-inclusive with friends and family where 'the more the merrier' is his mantra. Finding humor a good medicine, Quinn is soft and sensitive, a gentle soul and has often received awards in grade school for citizenship. He understands we're better when we help others.'

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Our dedicated team is here as you explore senior living options. We are committed to delivering a platinum lifestyle, while also focusing on health, safety, and well-being for residents. Looking ahead, we've taken steps that will allow residents, and team members, to receive the COVID-19 vaccine. We invite you to join a senior living community that puts safety first and makes every effort to come out stronger on the other side.



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\*Monthly rent refers to the monthly basic service fee in effect January 1, 2021, for each unit type. Move-in special available when the residency agree is signed by March 31, 2021. Move-in special does not apply to second person fee, pet fee, care services or packages, or a la carte service charges.



#### HAPPY VALLEY PARKS AND RECREATION

To register, check out www.happyvalleyor.gov/services/parks



## February 2021 Programs and Events In accordance with the Governor's Executive Orders, participants in all Parks and Recreation programs will be asked to practice physical distancing and stay home when they are sick. Participants ages 5 and older must also wear a face mask when 6-foot distancing cannot be maintained.

## February 2021 Parks and Recreation Programming



To register for one of these featured programs, be sure to check out www.happyvalleyor. gov/services/parks

#### **VENVINO ART STUDIOS WEEKLY ART CAMPS**

All art camps will be held at Venvino Art Studios located at 13329 SE Misty Drive.

Give your kids an opportunity to get out of the house, socialize, and get creative, while you give yourself a few moments to work, relax, or just take a moment to breathe! In each camp, participants will do around five art projects in addition to some drawing and coloring pages.

Campers are asked to bring a water bottle and lunch or snack as there will be a 20-minute break. Masks are required for kids 5+ as social distancing will be enforced. Registration is limited to a maximum of 5 kids per class, so register early to save your spot!

#### **FEBRUARY**

#### We Are in Love with Art Camp

Jan. 31 - Feb. 24, 9 a.m. - 1 p.m. **Every Wednesday and Sunday** Ages 5-11 \$220 for the month (4 days) \$60 daily

#### MARCH

#### **Spring into Color**

Mar. 3 - Mar. 28, 9 a.m. - 1 p.m. **Every Wednesday and Sunday** Ages 5-11 \$220 for the month (4 days) \$60 daily

#### **APRIL**

#### Let's Grow our Creativity

Apr. 7 - May 2, 9 a.m. - 1 p.m. **Every Wednesday and Sunday** \$220 for the month (4 days) \$60 daily

#### MAY

#### **Creating Our Own Sunshine**

May 12 - June 06, 9 a.m. - 1 p.m. **Every Wednesday and Sunday** Ages 5-11 \$220 for the month (4 days) \$60 daily

**▶** Share the love and create something special at Venvino Art Studios. Spots remain for kids to take nart in this month's activities.







Venvino Art Studios

Paint · Party · Play

► Keep the kids busy throughout Spring and make plans now to include your child in these future camps at Venvino Art Studios.





March will be here before you know it! Act quickly to ensure your kids are signed up for next month's crafting activities.

#### 10% OFF RENTALS AT NEXT ADVENTURE!

The City of Happy Valley Parks and Recreation is excited to partner up with Next Adventure to offer residents 10% off their next rental! Whether you are looking for snowshoes, ski's, or snow boots, as you plan your next trip up the mountain, make sure to scan the QR Code shown here to take 10% off one rental item and secure them for pick-up. Discount offer available at:

#### **Next Adventure Sandy** store location at:

38454 Pioneer Blvd. Sandy, OR 97055

This store is open 7 days a week,

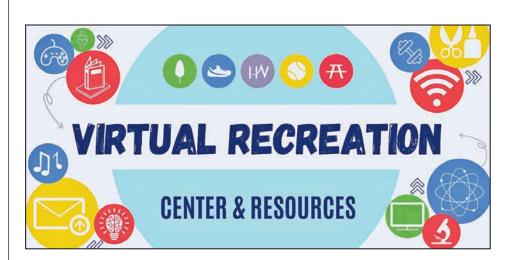
- *Mon-Fri*: 7:30 a.m. 7 p.m.
- *Sat-Sun*: 6:30 a.m. 7 p.m.



#### **VIRTUAL RECREATION CENTER & RESOURCES**

**Happy Valley Parks and Recreation Website** 

Make sure to check out the City of Happy Valley Parks and Recreation's new Virtual Recreation Center & Resource section of their webpage! Here you will be able to scour through handfuls of virtual recreation activities for youth, teens, adults, and seniors.





#### HAPPY VALLEY PARKS AND RECREATION

Skyhawks

TODAYII



#### VIRTUAL WINTER **PROGRAMS**

All virtual classes on Zoom.

#### Cheerleading

Feb. 1 - Mar. 8, 4 p.m. - 4:45 p.m. \*No Class 2/15 **Every Monday** Ages 6-9 • \$39

Skyhawks cheerleading teaches young athletes the essential skills they need to lead the crowd and support the home team. A perfect sport for the virtual environment, Skyhawks' cheerleading teaches cheers, proper hand and body movements, as well as jumping techniques. All activities are designed to be performed in the comfort of the home or backyard. Participants will enjoy an active and fun experience, while coming away with new skills!

\*Please Note - Zoom video link will be emailed to you

prior to the session.

#### Soccer Skills

Feb. 2 - Mar. 2, 4:30 p.m. - 5:15 p.m. **Every Tuesday** Ages 6-9 • \$39

Whether you are looking to sharpen your skills or learn the game for the first time, Skyhawks virtual soccer is a great way to stay active and have fun with soccer. This fast-paced, engaging program provides the perfect mix of game-based exercises and skill practice to promote agility and improve fundamental soccer skills. Ball control, dribbling, passing, and shooting movements are the focus and all activities are designed to be performed in the home or backyard. Stay active with Skyhawks soccer!

\*Please Note – Zoom video link will be emailed to you prior to

#### **IN-PERSON SPRING PROGRAMS!**

All in-person camps/classes held at Happy Valley Park.

Mini-Hawk Camp (baseball, basketball, soccer)

Mar. 22 - Mar. 26, 9 a.m. - noon Spring Break Mon. - Fri.

Ages 4-6 • \$139

This multi-sport program was developed to give children a positive first step into athletics. Baseball, basketball. and soccer are taught in a safe, structured environment filled with encouragement and fun. Through games and activities, campers explore balance, hand/eye coordination, and skill devel-

#### **Tennis Camp**

Mar. 22 - Mar. 26, 9 a.m. - noon Spring Break Mon. – Fri. Ages 7-12 • \$139

opment at their own pace.

In Skyhawks tennis programs, players learn proper grips, footwork, strokes, volleys and serves during a series of drills designed to teach skills in a fun and dynamic way. Athletes also learn the rules and etiquette that make tennis an exciting game. Due to limited court space, these programs fill quickly.

#### **Multi-Sport Camp** (basketball, flag football, soccer)

Mar. 22 - Mar. 26, 9 a.m. - 3 p.m. Spring Break Mon. - Fri. Ages 7-12 • \$175

Our multi-sport camp is designed to introduce athletes to a variety of differ-



ent sports in one setting. For this program we combine Basketball, flag football, and soccer into one fun-filled week. Athletes will learn the rules and essentials skills of each sport along with vital life lessons such as respect and teamwork.

#### Mini-Hawk Class (basketball, flag football, soccer)

Apr. 10 - May 8, 9 a.m. - 9:45 a.m. Saturday Ages 4-6 • \$75

This multi-sport program was developed to give children a positive first step into athletics. Basketball, flag football and soccer are taught in a safe, structured environment filled with encouragement and fun. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace.

#### Flag Football

Apr. 10 - May 8, 10 a.m. - 11 a.m. Saturday Ages 7-12 • \$89

Skyhawks Flag Football is the perfect

introduction to "America's Game" or a great refresher those who want to brush up on their skills preparing for league play. Through our "skill of the day" exercises, campers will learn skills on both sides of the ball including the core components of passing, catching, and de-flagging or defensive positioning – all presented in a fun and positive environment. The week ends with the Skyhawks Super Bowl, giving participants a chance to showcase their skills on the gridiron!

#### Mini-Hawk Class (baseball, basketball, soccer)

May 15 - June 19, 9 a.m. - 9:45 a.m. Saturday Ages 4-6 • \$75

This multi-sport program was developed to give children a positive first step into athletics. Baseball, basketball, and soccer are taught in a safe, structured environment filled with encouragement and fun. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace.

#### **Multi-Sport Class** (baseball, basketball, soccer)

May 15 - June 19, 10 a.m. - 11 a.m. Saturday Ages 7-12 • \$89

Our multi-sport program is designed to introduce athletes to a variety of different sports in one setting. For this program, we combine soccer, baseball, and basketball into a series of clinics. Athletes will learn the rules and essentials skills of each sport along with vital life lessons such as respect and team-

#### **MAD SCIENCE CAMPS**

All camps & classes held at Happy Valley Park.

#### **Junior Science Explorers**

Mar. 22 - Mar. 26, 9 a.m. - noon Spring Break Mon. – Fri. Ages 5-7 • \$140

Decipher the world all around us in this exciting camp designed just for your young scientist! Campers will develop their earth awareness and explore this world as junior naturalists be-

fore heading for space as junior tronauts. Campers will also explore just why their big toe is important and how to find their center of gravity when they investigate the science of sports!

#### **Rocket Lab Camp**

Mar. 22 - Mar. 26, 1 p.m. - 4 p.m. Spring Break Mon. - Fri. Ages 7-12 • \$140

3...2...1...Blast Off! This camp is rockets, rockets and more rockets! Build and launch a rocket everyday as you learn all about, you guessed it, rockets! Your child is in for an action-packed week focused entirely on rockets and the physics of rocket flight. Campers will learn the importance of teamwork in launching rockets and will have the opportunity to try their hand at each role.



Have a budding scientist at home? Encourage their inquisitive nature at one of our upcoming Mad Science camps.

#### **Brixology LEGO® Engineering**

Apr. 10 - May 15, 10 a.m. - 11 a.m. Saturday Ages 7-12 • \$90

Brixology sets the foundation for our next generation of makers! Learn about the exciting field of engineering as a Mad Scientist guides you and your team to accomplish engineering-themed projects using LEGO® bricks and other materials. Aerospace, structural, water, learn about engineering the Mad Sci-



All classes held at Happy Valley City Park.

#### **Gymsters/Terrific Tots**

Mar. 17 - May 26, 10 a.m. - 10:45 a.m. Wednesday

Ages 23 months - 3 1/4 • \$80

Grown-up participation required. We will have fun with structured games, fascinating "Adventures," pre-gymnastics, and beginning sports skills while gaining fine and gross motor proficiency and strengthening manipulative skills. The youngsters become more independent as teachers interact more directly with them. Parental

involvement is gradually decreased through inviting activities with love and understanding, and the children exude pride and self-esteem as they are treated like "big kids."



with My Gym. These action-packed camps encourage the development of such skills as balance, strength, and flexibility.

#### **Mighty Mites**

Mar. 17 - May 26, 11 a.m. - 11:45 a.m. Wednesday

Ages 3 ¼ - 4 ½ • \$80

Some kids may require grown-up particiation. With greater independence comes the ability to participate without the parent. Our Mighty Mites are lavished with positive reinforcement for self-reliance and following directions. Strength, flexibility, and agility are increased as our teachers introduce gymnastic skills with the safest spotting techniques and communication through language geared to build self-esteem and confidence. Sensitive to peer pressure, these 3-4-year-olds are nurtured so tenderly and always with a success-oriented approach. Relays, more complex games, and beginning sports skills lead to increased strength, enhanced manipulative ability, and improved hand-eye coordination.

#### **Learn and Play Mini-Camp**

Mar. 17 - May 26, 12:30 p.m. - 2:30 p.m. Wednesday Ages 3 - 5 • \$220

Potty training required. This program marries the best of My Gym's games, relays, and physical fun with STEAM project-based learning (Science, Technology, Engineering, Art and Math)! No two classes are the same, as themes and project focus change weekly. Kids will love exploring outer space, superheroes, under the sea, Jurassic times, and

#### Whiz Kids

Mar. 17 - May 26, 3:30 p.m. - 4:15 p.m. Wednesday Ages 4 ½ - 6 • \$80

These children are now ready to refine and master basic gross motor skills such as running, jumping, hopping, skipping, throwing, kicking, and catching. Designed to prepare a child for group sports and instill a sense of confidence in connection with physical activity, our Whiz Kids program emphasizes each of these important skills. The children build strength, balance, agility, flexibility, and coordination as our instructors maintain a positive, supportive, and noncompetitive atmosphere. Our Whiz Kids are showered with praise as they develop perseverance and self-control.

#### **Super Kids**

Mar. 17 - May 26, 4:30 p.m. - 5:15 p.m. Wednesday Ages 6 - 10 • \$80

These high-energy classes are designed to be so much fun while giving kids a safe heartbeat-raising workout. Classes focus on developing strength, stamina, and agility with conditioning exercises, yoga, sports skills, martial arts, and ninja training prep activities. Kids will be challenged mentally and physically while having a blast!



To register, visit: www.happyvalleyor.gov/services/parks





#### **HAPPY VALLEY LIBRARY**

13793 S.E. Sieben Park Way, Happy Valley, OR 97015 | 503-783-3456 | www.happyvalleyor.gov/library

### **February 2021 Library Events**

The library will be closed Feb. 15 in honor of President's Day. Find programs and more on our website.

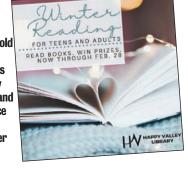
## Cozy up with a book this winter

The cold, dark evenings of winter are perfect for spending time with a good book! The Happy Valley Library Winter Reading Challenge is open for one more month to encourage adults and teens to keep reading. There will even be prizes for some lucky participants!

Visit www.happyvalleyor.gov/winter-reading to submit an entry for every book you finish reading between now and Feb. 28. The final prize drawing will be held at the end of the month. Area residents ages 13 and up are eligible to participate. No internet access? Call the Library to submit your entry

A good book on a cold winter day is the perfect way to pass the time. For every book read, adults and teens have a chance to win a prize with the Library's Winter Reading Challenge.

at 503-783-3455.



### Stay up-to-date with a Library newsletter that fits your interests

With information about Library programs, service updates, and book recommendations, you'll get library news right to your email inbox. We offer four different newsletters to choose from: Library News and Highlights, Play and Learn (all about 0-5 year olds), It's Elementary (for the K-5th grade set), and Teen Space. Find the sign-up link on our website at happyvalleyor.gov/library.

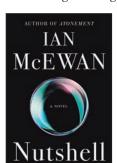


Check out the Library website and select newsletter that's right

## Library's Book Group celebrates eight years

This month marks the eightyear anniversary of the Happy Valley Library Book Group and members will be discussing their 89th book at the next meeting. To celebrate, Happy Valley Librarians and group co-leaders, Doug Jones and Isaac Rains, asked the group's members to share their thoughts as they reflect on what the group has meant to them. Here, the group shares some of their favorite reads and discus-

I began co-leading the Happy Valley Book Group in March 2019 when we read and discussed Nutshell by Ian McEwan. This book and the discussion we had about it illustrate one of my favorite things about getting to talk



about books with people. I did NOT enjoy reading this book! Thankfully, the book was quite short, and I powered through it. However, my enjoyment for the discussion more than made up for my dislike

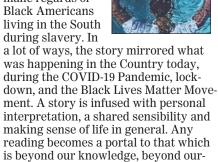
for the selection. Quite a few people loved reading the book and thought it was fantastic while a respectable number of people agreed with my perspective. It was fascinating to hear and understand why people liked a book that I struggled to finish, and it was cathartic for me to air my grievances against the book. All of this occurred in a friendly, safe atmosphere where everyone felt okay to disagree about something without getting upset. Imagine that!

> — Isaac Rains, Librarian and Book Group co-leader

I am new this year to the Book Group and I have enjoyed reading and participating in discussions with the group members. The book that moved, im-

COATES

pressed, and inspired me most was The Water Dancer by Ta-Nehisi Coates. A fictional account, the story highlighted the living conditions and inhumane regards of **Black Americans** living in the South



selves and our experiences. I am in-

spired to read on and to explore differ-

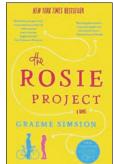
— Nearia T.

The Happy Valley Library Book Group has read a lot of great books over the last eight years and there are very few that I would not recommend. We don't read many titles by well-known authors and it's rewarding to dig up some literary gems that may otherwise be overlooked. I'm so impressed by the open minds and thoughtfulness people bring to our discussions. Once in a while, as I'm reading our selection for the month, I think "Oh my, I wonder what people are going to think of this!" but I've found that when we read something I worry could make people uncomfortable, that often leads to great conversations.

> — Doug Jones, Librarian and Book Group co-leader

The Happy Valley Library's book group has been such a delight to participate in! After retirement, I was looking for ways to connect with people in my own community, and ways to stay intel-

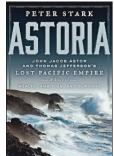
lectually stimulated. Participating in a library group broadened my reading horizons considerably due to the wide variety of participants and the expertise of the library staff. One of my favorites was The Rosie Project, told in first person by an autistic savant Professor of

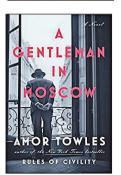


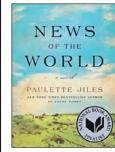
Genetics who has never been on a second date. He creates a 16-page survey to evaluate potential partners. I laughed out loud so many times. Or check out Astoria, A Gentleman from Moscow, The Traveling Cat Chronicles, or News of the World. Better yet, check out the library's website and join us next time!

— *Liz K*.









### **EXCEPTIONAL HOSPICE CARE** IN YOUR LOCAL COMMUNITY

We are prepared to safely provide care for your loved one



Jennifer Berlingen, Sarah Nichols, Vanessa Noonan, Chelsea Smith, Dana Miller, Beth Keown, Joseph Croft

### Hospice is...About Living

Our team's mission is that all patients and families entrusted to our care will be treated with the highest level of compassion, respect and quality of care.

Virtual visits can replace in-person visits when necessary.

#### Hospice Focuses on the Person, not the Disease

During this time we are STILL admitting residents to hospice care, we can STILL offer exceptional care and support through virtual methods and we can STILL safely enter your facility to provide the care that is necessary.

Do not hesitate to call us with a question or referral, we are here to help.

503-698-8911 bristolhospice-oregon.com



THE PLACE OF THE BRIDGE™-"Love is the bridge between you and everything."
-Rumi

When Happy Valley announced the beginning of a new book club, I jumped at the chance. I am one of the "Old Dogs" that have remained involved with this book group, and I also participate in the short story discussion group the Library coordinates. Why

- 1. It makes me read outside my comfort zone. Some of my favorite books are ones I
- 2. Great exchange of ideas the good, the bad, the ugly.

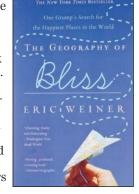
3. Wonderful people.

4. I'm lazy, I don't have to seek out a book to read.

- Katie C.

Interesting enough, my favorite discussion was the first book I read when I joined the Happy Valley Book Group in June 2013. The Geography of Bliss was so engaging, revealing, and entertaining. I had moved to Oregon two years prior and had been in a book club for seven years

with friends in the



Seattle area before moving here. I was so happy to reconnect with other avid readers to stretch our minds, delve into unknown topics, and enjoy diverse discussions.

— Jeanne A.

## B00K $\mathsf{CLUB}$

Want to learn more about the Happy Valley Library Book Group? Head to happyvalleyor.gov/library for information about book selections and how to join the discussion virtually. You can even peruse past reading selections from previous months.

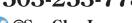
**Book Group meets the first Thursday of** 

each month at from 6:30 p.m. — 8 p.m.

Make sure your family stays comfortable this winter and call Sun Glow today to get your furnace ready.



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## Books to read during African American History Month

Here are some recent notable books by African American authors that reflect upon and celebrate Black culture and history.

#### **Picture Books**

#### All Because You

by Tami Charles, illustrated by Bryan

This is a heart-lifting love letter to Black and Brown children everywhere that reminds them how much they matter!

#### I am Every Good Thing

by Gordon C. James. illustrated by Derrick With powerful text

and energetic portraits, this title celebrates and affirms Black boyhood. Magnificent

#### Homespun Brown by Samara Cole Dovon

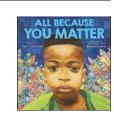
With earth toned illustrations and poetry, this title explores family and the natural world navs homage to the many hues of the color brown. and celebrates being at home in

#### vour own skin **Overground** Railroad

by Lisa Cline-

A young girl tells the story of her family's train jour ney from North Carolina to New

York City as part of



MAGNIFICENT

OVERGROUND RAILROAD

### From the Desk

Aspiring baker Zoe letter on her twelfth birthday from her imprisoned father. The letter sends Zoe and her best friend on a quest to solve the mystery of the crime for which her father was convicted.

#### Ways to Make **Sunshine** by Renee Watson

The Hart family of Portland, Oregon, faces many setbacks after Ryan's father loses his Rvan tries to bring sunshine to her loved ones.

#### What Lane?

by Torrey Maldonado Multiracial sixth-grader Stephen questions the limitations society puts on him after he notices the way strangers treat him when he hangs out with his white friends and learns about the

#### Clean Getaway by Nic Stone Join William "Scoob"

CROM THE DESA

RENÉE WATSON

MAKE

Lamar on a wild road trip through The South with his unconventional G'ma, along the way he learns about the history of the Jim Crow South and starts to wonder about just what G'ma is unplanned adventure

#### of Zoe Washington

**Chapter Books** 

job, but no matter what,

**Adult Romance** 

by Kate Stayman-London

Plus-sized and fabulous

blogger Bea shakes off

Prejudice, and Other

by Sonali Dev

Party of Two

heartbreak by becoming

the lead on a reality dating

A brilliant neurosurgeon on

the outs with her family

chef with a chip on his

mine Guillory

Going against her better

judgement, LA lawyer Olivia

Monroe secretly starts dat-

ing a hotshot júnior senator

until their romance is made

meets an up-and-coming

One to Watch

Black Lives Matter

#### **Young Adult**

#### Clap When You Land by Elizabeth Acevedo When their father

unexpectedly dies, two daughters discover their father's secret life, two families, one in New York, and the other in the Dominican Republic: their grief, anger and different perspectives are told in verse.

#### Legendborn

by Tracy Deonn Deonn's debut is a well-crafted contemporary fantasy with roots in Arthurian legend and traditions of the African American

#### **Punching the Air** by Ibbi Zoboi and Yusef Salaam Zoboi

and Exonerated Five member, Yusef Salaam Explore criminal injustice with the story of Amal, an aspiring artist and poet, who is iailed after being accused of assaulting

#### Stamped: Racism. Antiracism, and You

a White boy.

and Jason Reynolds This exploration of racism and antiracism shines a light on the history and many insidious forms of racist ideas in America, and on ways to identify and stamp out racist thoughts in our own lives.

Its Urgent Lessons for Our by Eddie S. Glaude Jr.

#### by the failure of the civil rights movement to force America to confront its lies about race. In frontation feels more urgently needed than ever, what can we learn from his struggle?

### by Martha S. Jones

of African American women to achieve equality and political power by examining the lives and work of black women, including Maria Stewart, Frances Ellen Watkins Harper, and Fannie Lou Hamer.

#### The Compton Cowboys: The New Generation of Cowboys in America's Urban Heartland

by Walter Thompson-Hernandez This is the story of The Compton Cowboys - a group of African American men and women who defy stereotypes and continue the proud, centuries-old tradition of black cowboys in the heart of one of America's most notorious

The former U.S. poet laureate shares a personal memoir about the brutal murder of her mother at the hands of her former stepfather, and how this profound experience of loss shaped her as an adult and an artist.

#### Adult Non-Fiction

AGAIN

EDDIE'S, GLAUDE JR

HOW BLACK WOMEN

VANGUARD

#### Begin Again: James Baldwin's America and

James Baldwin grew disillusioned our own moment, when that con-

#### Vanguard: How Black Women Broke Barriers, Won the Vote, and Insisted on Equality for All

Vanguard examines the struggle

#### **Memorial Drive:** A Daughter's Memoir

#### **Adult Fiction**

#### Deacon King Kong by James McBride

In the aftermath of a 1969 Brooklyn church deacon's public shooting of a local drug dealer, the communi ty's African American and Latinx witnesses find unexpected support from each other when they are targeted by violent mobsters.

#### The Vanishing Half by Brit Bennett

Separated by their embrace of different racial identities, two mixed-race identical twins reevaluate their choices as one raises a black daughter in their southern hometown while the other passes for white with a husband who is unaware of her heritage.

#### It's Not All Downhill from *Here* by Terry McMillan

Confident that her best days are still ahead, a successful businesswoman relies on close friends and her resourcefulness when an unexpected loss turns her world upside down. By the best-selling author of Waiting to Exhale.

#### by Yaa Gyasi

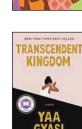
A novel about faith, science, religion, and family that tells the deeply moving portrait of a family of Ghanaian immigrants rav aged by depression and addiction and grief, narrated by a sixth-year candidate in neuroscience at Stanford school of medi cine studying the neural circuits of reward seeking







### Transcendent Kingdom



## Romance reads for February

Whether you're single, attached, or simply in the mood for a good love story. here are some recommended reads to celebrate love.

#### **Teen Romance**

#### By the Book by Amanda Sellet

A 19th century lit nerd tries to apply advice from classical heroines results.

#### **Charming** as a Verb

by Ben Philippe Henri uses his charm in business, friendship and school, but her archrival (and upstairs neighbor) isn't falling for it.

#### I'll Be the One by Lyla Lee

Skye Shin loves to dance and sing, even though fat-shaming naysavers, her mother included, tell her she shouldn't.

#### Super Fake Love Song

by David Yoon A self-proclaimed total nerd takes on his rock band cool older broth er's persona to charm a girl. What could go wrong?



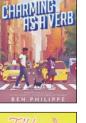
#### public and her life falls under intense media scrutiny, jeopardizing everything.

A Rogue of One's Own by Evie Dunsmore Lady Lucie and her band of Oxford suffragists have finally scraped together enough capital to control one of London's major publishing houses. But who

could have predicted that

the one person standing

between her and success is her old nemesis Lord



#### A Duke, The Lady and a Baby

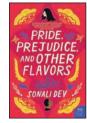
Ballentine?

by Vanessa Rilev West Indian heiress Patience Jordan guestions her English husband's mysterious suicide, and sparks fly when a wounded military hero investigates.

#### Sex and Vanity by Kevin Kwan

A glittering tale of love and longing as a young woman finds herself torn between two worlds - the WASP establishment of her father's family and George Zao, a man she is desperately trying to avoid falling

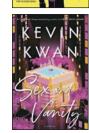












## Explore the traditions of the Lunar New Year

IBRAM X

Lunar New Year, an important celebration in many cultures, takes place on Feb. 12. Since the Lunar New Year follows the movements of the moon, the calendar date changes from year to year. Each year features a different animal of the Chinese zodiac, with this year being the Year of the Ox.

There are many ways to enjoy the holiday, from crafting paper lanterns to gifting envelopes. Families wanting to learn more can check out some of these books recommended by our Library staff and for more suggestions, including access to videos, check out the Library's blog. Just head to happyvalleyor.gov/library/blog.

#### **Lunar New Year**

#### The Animals of the Chinese New Year

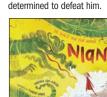
by Jen Sookfong Lee In this dual-language book (Simplified Chinese and English), 12 animals race

to represent the new year.



#### Nian, the Chinese New Year Dragon: A Beastly by Viriginia Loh-Hagan

Explore the origins of many Lunar New Year traditions in this retelling of in a new town. the story of a menacing dragon and a young girl



#### Mindy Kim and the Lunar Year of the Rat New Year Parade by Grace Lin by Lyla Lee

Acclaimed author Lin shares the story of a Mindy, a young Korean Taiwanese American family American girl, is excited to enjoy the traditions of the as they face the challeng es and adventures of a holiday, even though she's



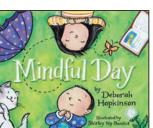
## READ, PLAY, CREATE: **Sharing Mindfulness With Children**

#### The Library has a blog!

Our vouth services librarians blog about parenting, books, at-home activities, educational resources, and more! Here's an excerpt from our recent post, Sharing Mindfulness With

Children: "Take a breath! Raising a small

child can be a bit of a blur. There are so many wondrous moments, but there is also plenty of frustration, tedium, worry, and exhaustion. One of the books I turned to in my daughter's first few years of life was The Inner Work of Mindful Parenting. As my daughter grew out of infancy, I looked for books to introduce her to mindfulness and there wasn't much. Recently, it has been a joy to see so many new titles published in this area. These books encourage children (and their grownups) to slow down and bring their awareness to the present moment. Mindfulness for kids might mean taking time to explore a flower or to taste a single strawberry. Just like grownups, being mindful can support children in navigating strong emotions or worry. These mindful titles encourage us all to take a breath with awareness, to be in the moment, and to practice kindness to ourselves and others.'









discover more at

happyvalleyor.gov/

library/blog

Mindful Walk ith Grandma

## A Beautiful Smile Begins With Taking Better Care of your Teeth!

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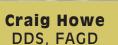
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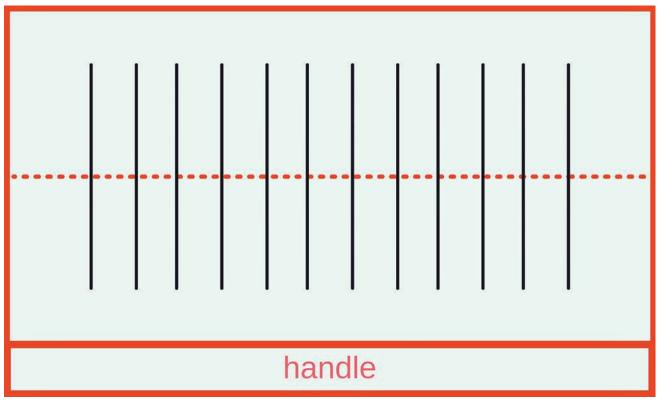


Mt Scott Family Dental

Est. 1998

**Ryan Donnelly** DMD. FAGD

## DIY paper lanterns inspired by the Lunar New Year



Use this template to create your own paper lantern.

City of Happy Valley

These Lunar New Year inspired paper lanterns are fun to make and a great way to commemorate the occasion. Follow the directions below using the template provided or some paper of you own.

#### Directions

- Cut out the lantern and the handle by cutting along the thick red lines.
- Fold the lantern along the dotted line.
- Cut along the solid lines
   careful not to cut all the
  way to the edge!
   Roll along the long edge
- and tape or staple at the top and the bottom.

  Tape or staple the han-
- dle to the lantern, and you're done!

  Do you have any colored string or ribbon? At-

tach some to the lantern to

make it even prettier!
■ And remember, this is a pretend lantern – not for

lighting. Happy New Year!





Try replicating the template using some colorful construction paper from home. You could even experiment making various sizes and trying more intricate designs!

## Dragon dancing

"We started

this team to

promote lion

dancing in its

most authentic

form, so I will

thinking in the

mind about the

always be

back of my

lions I am

bringing to a

show and how

it would look if

I'm trying to

portray this

purest form."

— Nhan Danh

art in its

■ From Page A2

snippet of lion dancing I will replay. Something about it stuck with me, and I learned how to drum and dance. I joined a team in fourth grade and a Buddhist youth group where there's always a lion dance team at a temple. I was on two teams and learned so much from both," he said

With his knowledge, cided to start his own team. Startup costs were expensive with lion heads ranging from \$400 to \$1,500. Currently, White Lotus has over 30 lion and dragon heads and they are generally retired after one or two seasons.

Lion dancing requires two dancers, whereas dragon dancing requires eight people with poles to hold up the costume. During the Hok San-style dance, which lasts only a few minutes, the animals mimic their animalistic spirits. The lion acts like a playful or curious cat that paws and sniffs the way a living cat would, while the dragon shows his fierceness by stomping and acting menacing.

White Lotus works to "hook the crowd with their lion's playful antics." The dancing, accompanied with loud drumming, is interactive with showgoers and confetti is sprayed at the

"The older generations of Asians can be superstitious with regard to what color lions are used. All white lions are meant for funerals, black lions like warriors, so they are there to scare. They are meant to be strong and tough, but black is an unlucky color so older generations don't like to see the black lions. Seeing a black lion at a business opening can be auspicious. We save them for competitions," Danh said.

"Mostly people want to see the red, pink, yellow and orange lions. You can never go wrong bringing red and gold lions to any event because these colors symbolize luck, love, prosperity and wealth. During Chinese New Year, you see

these colors everywhere."

Danh, who is a sales manager for West Coast Street Wear, puts consideration into the shows his team attends and the older-generation Asians who understand more of the symbolism of the traditional dance.

"We started this team to proays a lion dance team at a teme. I was on two teams and
arned so much from both," he
id.

With his knowledge, Danh dewith grade and a Buddinst

"We started this team to promote lion dancing in its most authentic form, so I will always be
thinking in the back of my mind
about the lions I am bringing to a
show and how it would look if I'm

trying to portray this art in its purest form," he said. "During Chinese New Year I have brought out the two black lions, and some older Asians felt it was auspicious. Younger crowds are more open, but I don't want to reflect any bad luck."

Participants of the

40-member team range in age from 9 to 29. Besides hired shows, the group is starting to compete as a part of the U.S. Dragon and Lion Dance Sports Association. They perform roughly 100 paid shows a year from business openings to parades, weddings and cultural events. Most of their shows are in January and February during Chinese New Year.

Happy Valley resident Viet Vo starting lion dancing for White Lotus in 2016 when he was 8 years old. Though he is no longer with the organization, he has fond memories and even danced at Happy Valley Middle School during a Chinese New Year celebration.

"It was actually fun dancing for White Lotus because my friend and I were the only kids on the team at that point," Vo said. "We went to many places to dance, like the convention center, and the older guys got to dance at the Portland Trail Blazer's halftime show. We also danced at weddings."

Today, even during the pandemic, White Lotus is still booking events and looking forward to the time when there are people-filled events where they can showcase their lion dancing.

For more information, visit: whitelotusliondance.com.

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PHOTO SHELLEY MCFARLAND Black Garlic Tonkotsu is the most popular dish at Umami Ramen, inspired by Thao Tran's customers and his family.

### Umami

From Page A2

healthier options for them rather than packaged ramen.'

Tran settled on ramen because of his family's love of the dish and his experiences in Japanese restaurants.

Ramen is not a new fad. When I worked for Fuji's, I had a Japanese exchange student customer who would tell me she never had good ramen in Portland. She would ask me to cook ramen for her, and I learned more experience through her feedback. It's about customers and their focus," Tran said. "When I cooked at home, it was mostly soy sauce based, but I researched and found things we liked to eat."

Cooking for his three daughters — Kaley, Emma and Sophie — along with his wife, Vivian, Tran was inspired to earn a living in the food industry again, but this time on his own. He opened the Miso Ramen food truck in the Cartlandia food cart pod on Southeast 82nd Avenue and Johnson Creek Boulevard. After two years of success with the cart, Tran took the daunting step to open a brick-and-mortar restaurant in 2017 in Happy Valley called

"It was intimidating and exciting at the same time opening up Umami Ramen," he said. "It's the first time without anybody else's help that I opened my own restaurant, which is a high-risk venture. I was nervous, but the excitement pushed me along, and I like seeing people enjoying their meals; it drives me."

Today, Tran can be found at Umami Ramen serving up his delicious ramen dishes. When Umami Ramen opened, the Umami Bowl was the most popular, but after talking with customers and hearing their desires, Tran developed the Black Garlic Tonkotsu and the Spicy Tonkotsu bowls, which are now customer favorites. The menu also features chicken and pork gyoza, shrimp or vegetable tempura, rice

"I feel great to be able to cater to a community as a whole, not just a specific race or people. When I opened Umami Ramen, my mindset was: if I can satisfy 70-80% of the taste buds regardless if they are Asian or Caucasian descent, that would be a successful model for me," Tran said.

## NCEF gives unprecedented \$12,000 in first quarter

Reading, music programs among grant recipients

By SHELLEY McFARLAND

Each year, the North Clackamas Education Foundation gives numerous classroom enrichment grants to innovative teachers across the North Clackamas School District.

In 2020's final quarter, NCEF awarded more than \$12,000 in grants prioritizing reading and music and for projects intending to keep students engaged in distance learning.

NCEF is an equity-focused community foundation serving more than 17,000 students in 31 North Clackamas schools through classroom enrichment grants, programs for food-insecure families and scholarships.

With a school year unlike any other, NCEF has doubled its commitment to funding projects by eliminating grant deadlines for the 2020-21 school year, reaching out to teachers through new media platforms, and giving over \$12,000 in awards in just the first three months of the



DREAMSTIME PHOTO

In just a few months, the North Clackamas **Education Foundation has awarded more than** \$12,000 in teacher grants. In comparison, NCEF gave \$29,000 for the entire 2019-20 school year.

school year. In comparison, for all of last year, NCEF awarded over \$29,000 in enrichment grants, which helped fund a suicide prevention club, buy new PE equipment and aid a computer

"Our teachers and students need our support. no matter what setting they are in," said NCEF Executive Director Stephanie Rose. "Whether they're learning in person or via distance learning, NCEF must be there to ensure they have what they need for a successful and engaging educational experience."

Projects paid for by NCEF this quarter include Every Student Reads, a four-teacher initiative spanning multiple first-grade classrooms that paid for new take-home books for students who otherwise lacked access to new reading materials, increasing BIPOC authors in eight North Clackamas Middle School classrooms, and funding Putnam High School's Kingsman Thunder Drumline, which needed backing to operate virtually so members can train remotely in classes on music, drill and design.

"Many of the grants we're giving out now will still be relevant once in-person school is back in session," Rose said. "But distance learning has created some new needs for students and teach-

ers, so we're trying to address those as well." For more information, visit nc-foundation.org.

## Beware of mail and identity theft at tax time

City of Happy Valley

Tax season is upon us and while gathering documents and crunching numbers may not be your idea of a fun night in, this time of year is a popular one with scam artists and thieves looking to get their hands on your personal information. By being mindful and vigilant, you can help keep fraudsters away from your hard-earned cash.

#### **Unsolicited phone calls**

While those dreaded robocalls have become a daily nuisance, it's likely scammers will up the ante and use additional fear tactics to try to get you to give up your information this time of year. Calls about how law enforcement is going to suspend or cancel your Social Security number (SSN) due to taxes owed is a typical ask, but please know it is completely bogus. Hang up the phone, block the number, or better yet, screen unknown callers by sending them straight to voicemail. A person's SSN will never get suspended. Never, ever! Only will the Internal Revenue Service (IRS) contact you should there be an issue related to your SSN or tax payments and even then, agents would never demand immediate payment and ask you to provide debit or credit card information, or set up wire ate new identities, tap into your Report. To complete this, you'll

transfers over the phone. The Happy Valley Police Department is not going to show up at your door and take you away. When in doubt about the validity of a call, simply contact the IRS directly at 1-800-829-1040 for verification.

#### **Suspicious Emails**

The Internet is another place to do your due diligence. Be on the lookout for Emails that claim you need to click on a link or enter personal information to take care of a tax issue. The IRS will not communicate with you over Email and under no circumstances will agents ask you to give up bank account numbers, credit card numbers, or passwords. Look closely at the Email account the correspondence is coming from. The name and address domains will not match up with anything related to official IRS or Social Security sites. Scammers are simply phishing for your information and might also be attempting to infect your computer with malware in order to steal other personal data, too.

A SSN is gold for a bad guy, but a document that displays this along with your name, birthdate, and salary, such as your W-2, well, that's like winning the lottery. With it, thieves can open credit cards, crebank accounts, and drain your life savings. Thieves will also be on the lookout for refund checks, which they can manipulate and forge in order to cash in. Be extremely diligent about keeping tabs on your mailbox and pick up your mail every single day. Sadly, Happy Valley is not immune to mail theft and our police respond to calls of mail theft all too often. If you will be gone for an extended amount of time and can't check your mailbox, you can always contact the US Post Office and place a hold on your mail delivery. Just head to www.usps.com and create an online account. From there, you can set up a mail hold for only the dates you need. You can also sign up for Informed Delivery. With this free service, you can opt in to receive digital previews every day that shows general mail that is scheduled to arrive each day. This is great to have throughout the year and worth looking into, for sure.

#### What to do if a thief gets hold of your personal information

Acting quickly is imperative to reducing the effects of identity theft. Immediately put a fraud alert on your credit report and contact your bank and credit card companies. It's also a good idea to contact the Federal Trade Commission (1-877-438-4338) and create an Identity Theft



Protecting yourself from mail fraud and identify theft may feel like one more thing to worry about, but taking some precautions now may help keep your information safe.

need to contact your local law enforcement office and file a report. In Happy Valley, you can use the nonemergency number (503-655-8211) to get ahold of us. Most importantly, if your Social Security number was comprised, make sure you contact the Social Security Administration (1-800-269-0271) and Internal Revenue Service (1-800-829-0433).

Take precautions and keep tabs on your personal information. As always, please look out for one another and let us know if you notice suspicious activity in your neighborhoods, especially around mailbox areas. Call 9-1-1 anytime you see suspicious activity or a crime in progress. Again, you can also call the non-emergency number at 503-655-8211 to provide information or make a report.



## HAPPY VALLEY BUSINESS ALLIANCE

**Support these local Alliance members!** 

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# The Clackamas Bookshelf gives away milestone 100,000th book

Nonprofit works to foster love of reading in kids

By SHELLEY McFARLAND

Through the Gladstone School District's Adopt a Family program, The Clackamas Bookshelf gave away its 100,000th book.

Started in 2014 by former teacher Katy Preston, a carefully selected board of direc-

tors and a crew of dedi"I have said cated volunteers, The a million Clackamas times that Bookshelf nonprofit fos- we truly ters a love of have the reading in best kids by providing free volunteers." books to chil-Katy Preston, The dren living in Clackamas low-income Bookshelf, situations executive director throughout

County. The nonprofit was started when Preston recognized a need and realized that having age-appropriate books in the home can help improve kids' reading ability, school performance and success.

Clackamas

On a shoestring budget, Executive Director Preston received support from teachers, friends, businesses and school administrators.

Today, The Clackamas Bookshelf is run out of a twounit building at Kraxberger Middle School. One side houses the donation part of the nonprofit, which accepts books and monetary donations. The children's books are cleaned and sorted by volunteers and distributed in Clackamas County.

All other books, such as cookbooks, adult fiction and nonfiction, are alphabetized in the second unit, which operates as a bookstore to generate



COURTESY PHOTOS: THE CLACKAMAS BOOKSHELF

Volunteers work at The Clackamas Bookshelf every Saturday. The bookstore has thousands of titles in every category and most cost 25 cents.



Although closed for reorganization and cleaning in January, The Clackamas Bookshelf store has reopened and appointments are required for shopping.

kids through various programs, such as Backpack Budmoney to buy more children's dies, Head Start, The Wichita began, The Clackamas Book-

books, which are distributed to Center and school giveaways. Since last March, when coronavirus-mandated restrictions



shelf has given away over porch pickups, and the books are left to sit for several days 20,000 books. Preston said incoming book donations now before being brought into the

are organized as contactless store or to the crew members

Started in 2014 by former teacher Katy Preston, the nonprofit serves underprivileged children in **Clackamas** 

who clean the books in their

"To keep everyone safe, we have several volunteers who are working, independently, on various tasks like pickup, delivery, cleaning, store organization, sales and surprise bags," Preston said. "It is a benefit to everyone involved. Although our community of volunteers loves to be together, everyone understands that now is not the time and that the work is more critical than ever. I have said a million times that we truly have the best volunteers.'

Currently, the bookstore is offering shopping experiences by appointment and almost all books are 25 cents each. The store is organized by category and has thousands of books to choose from.

"The store is thriving. Appointments are made online, five people per hour, masks are required, windows and doors are open and there is an age restriction of 12 and older. The surfaces are cleaned between each session." Preston said. "We offer home delivery of surprise bags, which has also been successful. We have received positive feedback on both in-store shopping and the surprise bags. The store will be closed in January for cleaning and reorganization, but February appointments are available on our website."

Looking to the future, Preston hopes to expand the nonprofit and reach more children.

"Our five-year plans include increasing giveaways to Head Start programs all throughout Clackamas County and continue to serve all 10 school districts," she said. "We will increase the number of books given away each year, including more books with typically underrepresented characters. In the 2019-20 school year, we gave away 21,096 books, so we will continue to do more each

For more information, visit theclackamasbookshelf.org.



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Juliet Panganiban 🛨

"My child started taking piano lessons at Happy Valley Arts Academy just three months ago, and it's amazing how much he has learned and grown. He spent two years taking lessons at another music school, and it just never clicked-- he was rarely excited about practicing or learning new pieces, and was not making progress. We were ready to give up, but thought we'd try your school, and suddenly everything changed. The system at Happy Valley Arts Academy really works! My son is now reading music, and is motivated to practice every day. He gets excited about his lessons! Thank you! :-)"

Patti Duncan  $\star \star \star \star \star \star$ 







"We adore the staff!!! My kids look forward to every visit. The instructors and front office are very professional. My daughter has learned music theory, can read music notes on a sheet, and plays the piano with proper form within 2 months. I highly recommend this place. A great investment in your child's future."

Vanessa Nichole Zawaski ★★★★

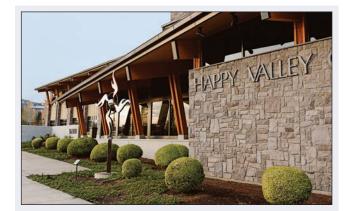
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At the time of print, the following events were scheduled. Please check www.happyvalleyor.gov to confirm timing of events and instructions on how to participate virtually. You can also opt in to receive notifications about upcoming meetings by visiting https://www.happyvalleyor.gov/signup-for-notifications/

#### CITY OF HAPPY VALLEY

#### February 8

DEI Task Force Meeting: 6-8 p.m.

#### February 9

Planning Commission Meeting: 7-8 p.m.

#### February 15

President's Day – City Hall and Happy Valley Library Closed

#### February 16

City Council Work Session: 6 p.m.

City Council Meeting: 7 p.m.

#### February 24

**Happy Valley Business Alliance Meeting:** 7:30-9 a.m.

Design Review Board Meeting: 7-8 p.m.

Parks Advisory Committee Meeting: 6-7 p.m.

City Council Work Session: 6 p.m.

City Council Meeting: 7 p.m.

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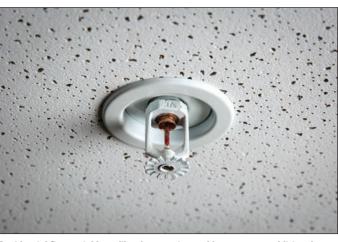
# Are you living with residential fire sprinklers?



CLACKAMAS FIRE DISTRICT #

Whether you live in an apartment complex, a townhome, or a house, a wellmaintained fire prevention system is essential in preventing unnecessary damage, injury, and death. A residential fire sprinkler system is easy to maintain, and surprisingly, many homeowners are unaware that they even have fire sprinkler systems within their homes.

#### Did you know?



Residential fire sprinklers, like the one pictured here, are an additional safety mechanism that could help keep your family from harm in the event

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3. Only the fire sprinkler head closest to the fire will ac-

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5. Water damage from a fire sprinkler head is minimal with 26 gallons per minute; however, the water damage from a fire hose is 250 gallons per min-

If you have questions regarding your fire sprinkler system, please contact the Clackamas Fire District #1 Fire Marshal's Office at: (503) 742-2660 or visit our website: http:// www.clackamasfire.com/fireprevention/.



**Great Floors,** located at 15221 S.E. 152nd Ave. Happy Valley, sells all types of flooring and Franklin the hull can be seen out back.

### Great **Floors**

From Page 2

qualities of both the Angus and Brahmans creating a hybrid-vigor animal. We take Franklin, he is content to be for their gentle personalities, quality care of our cattle so that we can provide a quality product to our customers. We not only raise cattle for breeding purposes, but also make hay for them on our ranch and in the surrounding areas."

Currently, the Molalla ranch has 35 Brahman and five Brangus cattle. As for said. "Brahmans are known bertfarms.org.

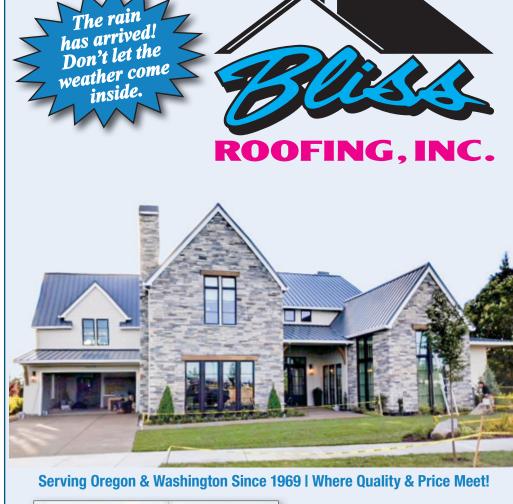
the star attraction at Happy Valley Great Floors where he hump on his back.

"Brahmans are unique animals. They are extremely intelligent and are made for warm climates. However, they are adaptable to our climate here in Oregon," Gilbert

and because Brahmans are heat tolerant, they have the is recognizable by the large large hump on their backs and extra loose skin to help them cool down on hot days. Brahmans can find their way into the hearts of many people from all walks of life.'

For more information, visit: greatfloorspdx.com or gil-







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## **LOVE IS**

A few kind words can go a long way and the Happy Valley Library staff have sure been feeling the love. The team is proud to offer meaningful resources and services, especially during these unprecedented times.





#### Note From the Library to You



"It seems that everything has been different this past year, but one thing that has been constant is the

support of our community. Whether you're attending programs or picking up holds, we see you and appreciate you! Thanks, Your Library Friends"

### Books



"The library staff has done a tremendous job of keeping its resources available to the residents of our community. You deserve praise and gratitude in the face of this pandemic."

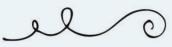


### Holds



"Thank you so much! 'ou folks are getting us through this time at home with joy and the world at our fingertips."

### Connection



"I don't know what I would hav done without the library. You all deserve for providing ways for us to safely pick up our holds and for conveying relevant info here on Instagram. Happy New Year to the best library staff!!!"





### **Bundles**



"Thank you so much for offering this service. Books are a joy and escape for me. I'm excited to see what you provide."

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## We love our small businesses

City of Happy Valley

The City of Happy Valley encourages the community to shop locally. Amid the COV-ID-19 pandemic, small businesses throughout the nation are being impacted financially and the repercussions are certainly being felt close to

Happy Valley storefronts and businesses have had to pivot drastically over since the onset of the pandemic, many altering operating hours, delivery methods, and workforce numbers throughout it all.

The City of Happy Valley continues to keep a comprehensive list of current businesses that remain open and ready to serve the community on the City website. Head to www.happyvalleyor.gov for more information.

When you shop locally, not only does more money remain in the local economy, but you are helping to support local em**SHOPS AND** 







Happy Valley is committed to supporting its local businesses. Please consider patronizing a local business or sharing some kind words about a local business on your social media.

ployees and business owners who have been among those most financially affected by the pandemic.

The City acknowledges this is a challenging time for many of our residents as well, so if you are able, please consider showing your support by ordering take out, curbside pick-up, or delivery from a local restaurant,

or shop at one of our community storefronts. If you use social media, please take a moment to like your favorite businesses on Facebook and Instagram, and if you can, share posts or leave a kind comment on their page. Word of mouth is a great way to encourage others to do the same and might just help a local business gain a new customer.

## Diversity, equity and inclusion: Share your thoughts

City of Happy Valley

The City of Happy Valley believes that diverse backgrounds, perspectives, and abilities contribute to the health, welfare, and economy of Happy Valley. As we become increasingly more diverse, we want to ensure that every voice is heard and can contribute to the future of the City.

We have been working with Tangible Development, a diversity, equity, and inclusion (DEI) consulting firm, to help become more of a community where everyone feels welcomed and valued.

As we continue this journey of organizational change to benefit the entire City, we now need to hear from you, the residents of Happy Valley.

The results of the survey will inform our strategic direction as we work with Tangible Development to set



Take the City's DEI survey online today! Responses will help the City better understand resident ideas and thoughts.

goals and plans.

To access the survey and learn about how we are ensuring your anonymity, please visit: www.happyvalleyor. gov/dei

If you cannot access the survey or have other challenges, please contact Jaimie Huff at 503-783-3828.

Take the Survey!

In this step, we need to collect the most honest, complete, and accurate data about how the residents of Happy Valley feel about the City as it relates to diversity, equity, and inclusion.





Today more than ever, it's important for seniors to ask if it's better to live alone or in a community with access to nutrition, social interaction and precautions that lower the risk of infection.

For many, choosing MorningStar has made a remarkable difference:

"MorningStar of Happy Valley has been a godsend for Mom and me! She is flourishing under their care."

-Family member

**\$2500** Community Fee WAIVED

**OFF RENT** 

REIMBURSEMENT for packing & moving



ASSISTED LIVING & MEMORY CARE of HAPPY VALLEY

**503.496.7643** 14391 SE Princeton Village Way MorningStarSeniorLiving.com

## Community Garden prepares for upcoming season

City of Happy Valley

This dark, dreary weather won't last forever, and Spring will be here before you know it. Whether you are an avid gardener or simply enjoy dabbling in the activity as a hobby, consider taking part in Happy Valley's Community Garden.

The Community Garden officially opens Apr. 1 and extends through mid-November. Located next to Happy Valley Park, the Community Garden is a great place to grow your own fruits, vegetables, herbs, and flowers. It is also a great way to meet other residents with a passion for gardening. To participate, residents must apply for the opportunity to tend to a raised bed garden plot, which are available at no cost and come in two sizes (5'X5' or 5'X10').

Between Feb. 1 through Feb. 14, current community gardeners in good standing are plot map can be found on the city website eligible to renew their plot at the Happy Valley Community Garden, however a re-

newal application MUST be received by the Feb. 14 deadline or plots will be released and reassigned to residents looking to join.

The Happy Valley Community Garden will then accept NEW applications starting Feb. 15 (no earlier) thru Mar. 15 or until all plots are filled. Applications must be filled out completely to be considered and plots will be assigned on a first come, first served basis following that Feb. 15 open application date. Please note, all Spring/Summer planting must be completed by June 1. Community gardeners who have not tended to their plots by that deadline will be reassigned.

For further information about the Community Garden, contact Sheri Bartholomew at (503) 783-3844 or Email sherib@happyvalleyor.gov . Application forms, gardener rules and expectations, and a garden at https://www.happyvalleyor.gov/community/programs/community-garden/.



Help plants blossom and grow at Happy Valley's Community Garden. While current community gardeners have the option to renew their plots for another year, should any not be reclaimed, residents are welcome to apply starting Feb. 15. The garden is located behind the Public Works shop that adjoins the southeast border of Happy Valley Park located at 13770 S.E.



DECA students Kylie Schmidt and Kellen Akers are finding success teaching younger students, even through the

## Teens' DECA project fine-tunes online learning

CHS seniors Kylie Schmidt, Kellan Akers find new ways to engage students

#### By SHELLEY McFARLAND

Clackamas High School seniors Kylie Schmidt and Kellan Akers have adapted to distance-learning restrictions by offering their DE-CA workshops online to younger

Distributive Education Clubs of America works with marketing students to develop business and leadership skills through academic conferences and competitions. Schmidt and Akers, who placed first in their Oregon DECA competition last year, are offering these workshops as part of their DECA project.

"We understand the challenges all students, teachers, peers and family members are going through this year, especially with younger students, and we just want to help," Schmidt said. "Al"The things we learn are given to us in a bland, repetitive and dry format.

... We plan to get students engaged in games that are unique and educational."

- Kylie Schmidt

though our project may look a little bit different, we still plan to teach students through interactive activities and equip them with skills to help them get the most out of their education on-

Schmidt is a member of the officer board at Sabin-Schellenberg DECA. She continuously volunteers and tutors at local elementary and middle schools.

"We realize how valuable learning real-life skills is, however, our current education system does not require a curriculum that includes such skills. Yet, the things we learn are given to us in a bland, repetitive and dry format

especially when all we can do is look at a screen and listen,' Schmidt said.

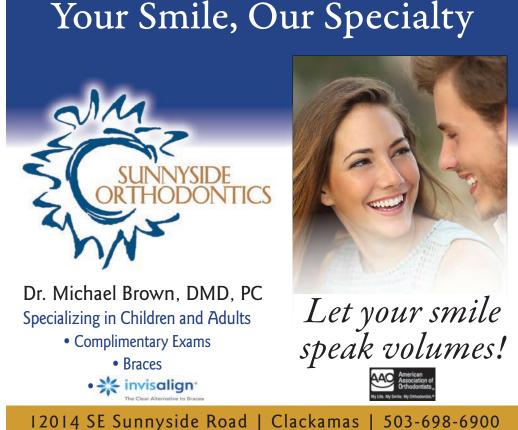
"Through our project, we plan to tackle both these problems in our school district, starting with young students, by getting these students engaged in games that are unique and educational.'

After offering DECA workshops last year, the duo received feedback from teachers and students, which helped improve their workshops. The five main skills they teach students are: professionalism (which includes email formatting), customer service, future thinking, "Shark Tank" skills and teamwork. They have four planned live sessions at schools in North Clackamas School District and opportunities for prerecorded versions.

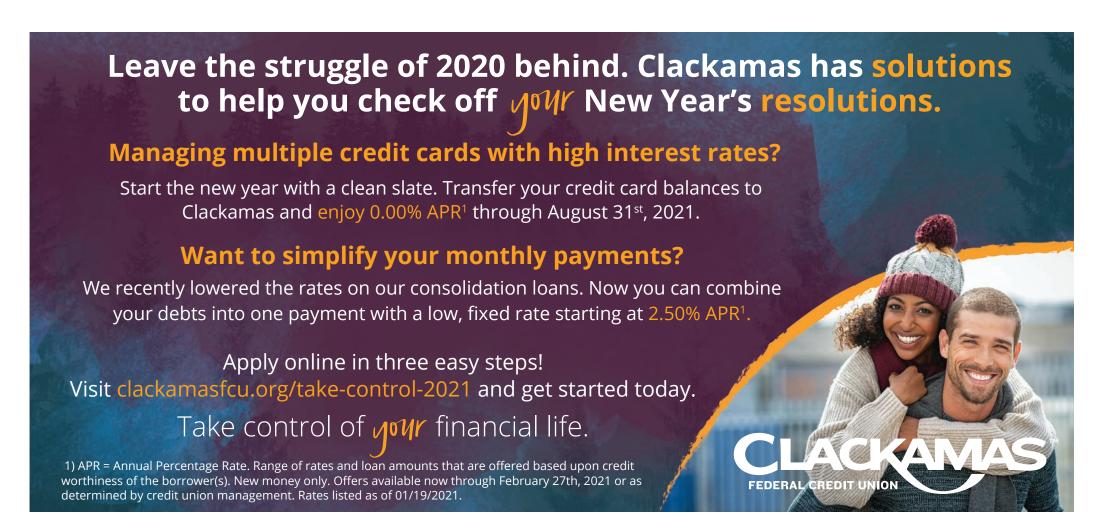
"We realized how important these skills are for everyone to learn. It is awesome to see kids engaging with our lessons, getting excited to learn, and forming a general idea of what they want their future to look like," Schmidt

For more information, visit Insthat most students zone out from tagram: ssc\_careerdevelopment.





In Sunnyside Marketplace | www.Sunnysideortho.com



## Navy vet was aboard USS Frank Knox when it ran aground

Don Greer gained experience, education while serving country during Vietnam War

taxpayers."

By SHELLEY McFARLAND

n the darkened hours on the morning of July 18, 1965, in the South China Sea, the USS Frank Knox ran aground on the Pratas coral reef, and for the next month. was stranded with crew until it could be extricated.

It was a formative moment for all the sailors aboard the Gearing-class destroyer, many of whom stayed with the ship through the removal and repair

Don Greer was born in San Jose, California, during the last year of WWII, in 1944.

His father was in the U.S. Army, serving at "People the Presidio in San thank me for Francisco. Greer's mother later remarmy service. ried, this time to an but I should Air Force serviceman who had hopes his be thanking stepsons would join them because the Air Force. they are the

As it turned out, Greer joined the Navy while his brother joined the Army. A high school dropout, Greer enlisted in 1963 at age 18. In 1964, af-

ter the Gulf of Tonkin incident, his ship, the USS Frank Knox Congress passed a resolution giving President Lyndon B. Johnson authority to increase military presence in the region.

"I went to high school at Petaluma and my stepfather had a medical discharge. He and I didn't see eve-to-eve. I was going to high school and working, and he wanted me to pay rent. I moved out into a hotel. Kind of tough for a teenager living by himself like that and going to school," Greer said.

"As soon as I turned 18, I joined the Navy and got a good education. I didn't want to be in the infantry, and I was interested in engineering, and the Navy had what I wanted. Initially, I wanted to be an electrician, but they didn't need any, so I became a boiler technician, and I learned a good trade," he

Greer attended basic training for three months at Naval Base San Diego and had an especially challenging time.

The difficult part was I got pneumonia. We were doing exercises outside at 5 a.m. rain or shine, and I came down with pneumonia, but we didn't know that. I went to the sickbay where I was given a shot of penicillin, and I'm allergic to penicillin," Greer said.

"The doctors thought I had meningitis, and I was paralyzed from the waist down because of the penicillin. They hauled me off to the hospital and quarantined the company because they thought I was contagious

> and come to find out it was just pneumonia and an allergic reaction. Those 80 guys had to spend another week there, and they weren't too happy."

After three weeks in the hospital, Greer was discharged with full mobility and was able to finish boot camp. With boot camp completed, Greer, now a fireman apprentice, was shipped off to Yoko-

suka, Japan, where

(which was built the year Greer was born) was docked. He would be on the USS Frank Knox two years before the fateful night it ran aground.

'I just got off watch in the boiler room at midnight and crawled in the rack and about 2: 30 in the morning we hit the reef," he said. "It was on a Sunday morning, so much for the weekend. Couldn't go anywhere anyhow because we were out at sea. It shook everything up pretty good. I had no idea what it was because I hadn't experienced anything like that before. Two years on the ship and we had been through that area many times before."

This time, the USS Frank Knox was 28 miles off course. The navigator had miscalculated while taking a reading of the stars with a sextant and wasn't able to receive a LORAN



Navy veteran Don Greer holds a photo of himself when he enlisted at the age of 18. Greer would spend a total of 26 years in the service and was on the USS Frank Knox when it ran aground on the Pratas Reef in

radio navigation reading. At 165 miles southeast of Hong Kong, the Pratas Reef was charted; there is even a Chinese underwater demolition team building at the end of the reef on a small island.

"We hit it dead center. They (Chinese) sent a rowboat out and told us to get off their reef. We'd just as soon leave and were headed for Taiwan for liberty," he said. "There was a lot of flooding, and we had to shut the boiler down because we had a 3,000-degree fire going to make the steam. Everything forward of the boiler rooms flooded including the sonar room, ammunition room — we pulled the ammunition out of the magazines before it flooded.

"After three days we had a lot of support from the fleet with tugboats and barges. We put the ammunition on one of the barges and tied it down right before a typhoon came."

Of the 250 men aboard the ship, 95 stayed, including Greer. For 37 days, the USS Frank

Knox endured two typhoons and one tropical storm. It was known there were sharks in the water, and in case they needed to abandon the ship, each man had a service knife for protec-

There were enough provisions, and they often ate sandwiches. During moderate nights sailors would sleep on the top deck of the ship, but during inclement weather they would have to wade through seawater to get to their bunks.

Salvage companies brought liquid Styrofoam, which Greer helped mix and set into the flooded compartments. The Styrofoam expanded pushing the water out of the compart-

We would have sunk once we came off the reef if we had all the water weight. Without the water, we were still buoyant. At low tide we were sitting in 13 feet of water, and we needed 19 feet to float the ship. At high tide, which was 18 to 19 feet, a destroyer called the USS

Cogswell came at us at full speed, and before they got to the reef, they turned and created wake and the wave gave us extra lift," Greer said.

"Five tugboats had cables rigged and they pulled us off once we got the extra lift. Everybody was happy and excited, and I had been up all night watching cables. It was a big party without the booze."

There were a few injuries, but no loss of life during the ordeal. Greer traveled with the ship to Taiwan for one month where the damaged parts were welded, then to Yokosuka, where the ship was fully repaired in dry dock over 18

In 1966 Greer, now a petty officer second class, left the Frank Knox after one year in dry dock and joined the Seabees (U.S. Naval Construction Battalions) at Chu Lai Air Base in Vietnam for three months.

"I saw a few things with the Seabees. We were next to the First Marine Division. I was in the Naval Support Detachment where we helped take care of the warehouses and unloaded ships when they came in," he said. "Between us and the Marine Division was the Fuel Hospital, where lots of casualties came in; lots of helicopters flying in day and night. I felt sorry for them. I was fortunate I was in a secure area."

Boiler technicians were needed in Southern Vietnam at Vung Tau, and Greer worked in the engineering department.

"I was supposed to be there a year, but they needed boiler technicians in southern Vietnam, so that's where I went," he said. "We were in the harbor swinging from an anchor (moored and swinging with the tides) doing repair work on the river patrol boats and swift boats. Lots of fuel and water on there, I kept track of the 700,000 gallons of diesel, and when they needed fuel they would come and see me, and I'd get it to

Greer left Vietnam and attended boiler engineering school in Philadelphia where he earned another stripe. When he picked up another ship in Vietnam, the USS Tutuila, a Luzon-class internal combustion engine repair ship, he over-

saw the boiler room.

Greer would leave the Vietnam War theater in 1967 to return to the states to attend engineering school. After another stint in Vietnam on a ship, Greer was injured when a steel hatch smashed his hand. Greer also eventually would get cancer from Agent Orange used to spray fields while at Chu Lai. Today, he is cancer-free.

"We were doing shore bombardment and I was stationed in the boiler room. I took a break, and I came up out of the boiler room just as a wave washed up on the main deck and slammed the hatch shut. It caught me across the wrist and cut all the nerves and tendons,' he said. "I was patched up on the ship, and a few days later, I saw a surgeon in Da Nang harbor, and he ran a needle clear through my hand and I couldn't feel it. The surgeon did a great job, and the feeling returned and no side effects.'

In all, Greer spent 26 years serving his country — nine years in active duty and 17 vears in the reserves, retiring as boiler technician chief. He earned his GED while at sea and his associate degree from Mt. Hood Community College.

He married and remarried, and his wife, Irene, died in 2013 after 26 years together. With his engineering expertise, Greer worked for various companies working in machinery repair, even working two years in Saudi Arabia and a stint in Hawaii before retiring from civilian work in 2008.

Greer said the time he spent in the Navy was exciting, and he treasures his memories and shares his experiences with the Happy Valley Veterans Group and the Frank Knox Reunion

"People thank me for my service, but I should be thanking them because they are the taxpayers, and I received an education for it. There's no place like home. I should thank them because I got the education, the experience and to see the world," he said. "I've been to Africa, the Persian Gulf, across the Indian Ocean, all over the Pacific, to Australia, Alaska, all over Asia. I've done a lot and seen a lot and the taxpayers

## Clean Up After Your Pet for Healthier Water

Clackamas County has almost 100,000 dogs of all shapes and sizes. The Food and Drug Administration estimates that the average dog produces approximately three quarters of a pound of waste per day. That adds up to over 13,000 tons of pet waste in our county per year!

#### **Reasons to Scoop:**

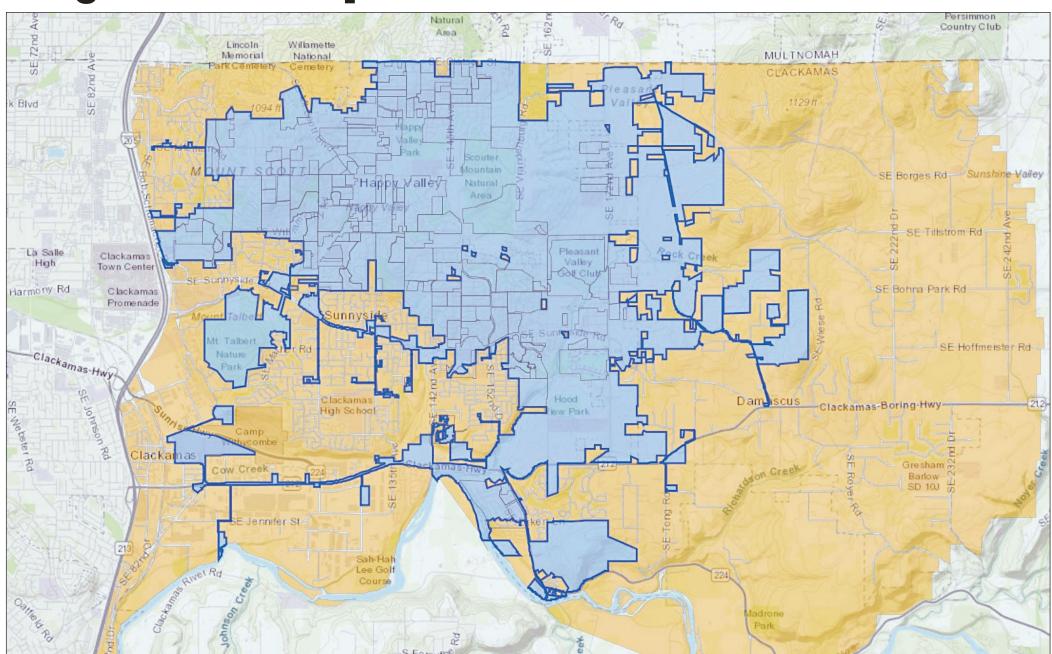
- When it rains, storm runoff carries pet waste and other pollutants directly into waterways.
- Animal waste adds nitrogen to the water. Excess nitrogen depletes the oxygen in water necessary for beneficial aquatic vegetation, wildlife and fish.
- Animal waste may contain harmful organisms such as Giardia, Salmonella and E. coli that can be transmitted by ingesting contaminated water.
- Roundworms and hookworms deposited by infected animals can live in the soil for long periods of time and be transmitted to other animals and humans.
- Cleaning up after your pet is always the right thing to do.

For the more than 190,000 people living and working in Clackamas County, Clackamas Water Environment Services produces clean water and protects water quality. Providing innovative resource recovery services, stormwater management and environmental education, it's our job to ensure that residents and visitors enjoy the benefits of safe, healthy water for generations to come.





## City limits explained Did you know that the city listed in your address does not necessarily mean that you live within that city?



Donning the Happy Valley city name on your postal address doesn't always mean your residence is located within city limits. This online map might be able to help. Check out www.happyvalleyor.gov/hvcitylimits for more information.

City of Happy Valley

For any resident, it is important to know if you are in fact located within the city limits or in an unincorporated area of the county.

Confusing matters, city boundaries often do not exactly match those defined by the United States Postal Service (USPS). When it comes down to it, addresses simply help the USPS narrow down what post office in the vicinity would most efficiently handle your incoming mail and other deliveries. This means some properties in unincorporated Clackamas County take the name of Happy Valley as its city for easier mailing and directional purposes. In other words, some people whose address includes Happy Valley, OR 97086 live outside city limits.

#### How do I know if I live in Happy Valley?

You are only considered to live within the city limits if you or your rental property owner pays property taxes to the City of Happy Valley. A quick way to double check this is to look at your most recent property tax statement. The section on the righthand side of your statement itemizes general government taxes that are assessed. If City of Happy Valley isn't listed, then you do not reside within Happy Valley city limits. You can also think back to your voting ballot. If the option to vote for City related levies or City Council elections have not been presented, then you are also not a resident within Happy Valley city limits. If your tax statement is not handy, you can always check it out online at www.clackamas.us/at/statement.html for more details.

**BUSINESS**SPOTLIGHT

**Face It Aesthetics** 

Arianna Stute, Genelle Hulob, Desi Aamodt

Face It makeup and skincare is en-

We have Faceologists that know all things Face IT and are ready to help you with sampling and sales....Don't let the size of Face It fool you. We are a locally owned small big business...that anyone can come

Face It carries all skincare and makeup wants of today's

woman. We are a cruelty free

company that does not believe in

waste. In addition to being box free,

our packaging is 93% recyclable.'

dorsed by several Oregon doctors and

has been featured in national maga-

Artist Magazine.

Faceitskin.net

#### Why does this matter?

Unincorporated areas of Clackamas County are only bound by the laws of Clackamas County. In addition, they are only served by Clackamas County. If you have a request for services such as street sweeping, road repair, code enforcement, park maintenance, and many more, it can only be addressed by the proper jurisdiction. If your address is outside the city limits, the Happy Valley team isn't able to help and you will need to contact Clackamas County.

#### Still not sure if your residence is within Happy Valley city

A helpful resource available on the City's website is a zoning map that quickly can help you determine if your home or business is located within the City of Happy Valley. Check out www. happyvalleyor.gov/hvcitylimits and simply enter your address in the top left-hand corner. If the address you entered is within city limits, an information box will display that indicates Happy Valley as the city of jurisdiction.



#### Community is our business

#### www.hvba.biz

Genelle Holub, owner of Face It Aesthetics realized after working many years as a Pro Makeup Artist doing runways shows and photo shoots, that her passion as an Esthetician was product development.

"My focus is on merging great, easy to use, skin care and healthy makeup with you as the focus! Your sense of well-being and results driven outcome are most important!

My favorite client is you! I created a mineral makeup line and minimalist skin care line. Face It Mineral Makeup



is healthy (European registered), easy to use with a wide array of colors.

Face It SKiN Luxe skin care is about "ingredients to benefit greater gorgeous skin". Word has

gotten out, even a couple Hollywood Celebs pop in for services.

Check out my custom boutique products that are local and made with love. My skincare is organic, made in Oregon, while Face It Mineral Makeup is made on the east coast right where all the big brands are made.



DR. LAURA BODINE Nurse Practitioner DNP, APRN, FNP-BC, NP-C PRP, Botox & Filler Injections

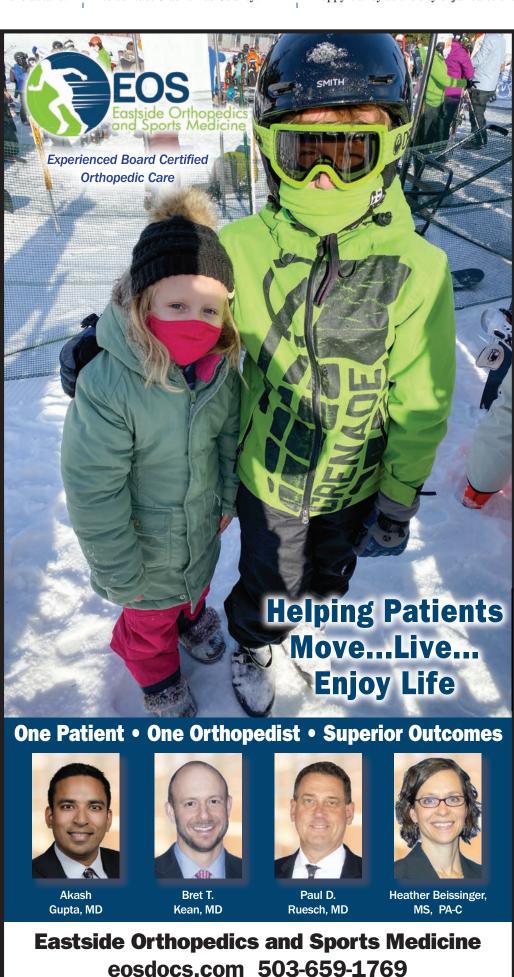


**ZOE DEL CASTILLO** Faceologist

Face It is by appointment only.

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