

Car Care Clinic for new drivers

Learn about everything from tires and fluid checks to lights and road safety.

See Page 16



Ready to run

Happy Valley Fun Run set to return next month

See Page 4



April 2022
happyvalleyor.gov



Happy Valley NEWS

A city, community, a lifestyle — a place we proudly call home

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c'mon get HAPPY

City of Happy Valley

Since 2013, the United Nations General Assembly has celebrated International Day of Happiness on Mar. 20. The day serves to signify the importance of happiness in the lives of people around the world and invites people of all backgrounds to celebrate together.

With our world facing a plethora of unprecedented challenges, wellbeing

matters now more than ever. The City of Happy Valley, in response, has made it a priority to create opportunities for residents to find their own little slice of happy by celebrating this day with fun activities that promote connectivity and joy. This year, International Day of Happiness was one for the record books in the City with not one, not two, but three days devoted to spreading cheer.

See HAPPY / Page 2



Celebrating International Day of Happiness was a multi-day extravaganza. Here, attendees smile as they display happy face buttons created at one of the events.



Get ready to shop! Happy Valley Farmers Market opens soon and with new vendors. Come out and say hello to your neighbors.
SUBMITTED PHOTO

Sunnyside up!

Happy Valley Farmers Market opens 11th season May 7

By SHELLEY McFARLAND

Cabbages, carrots and cupcakes, oh my! Happy Valley residents, get your canvas tote and put on your walking shoes because the Happy Valley

Farmers Market is gearing up to open from 9 a.m. to 2 p.m., Saturday, May 7, in a season that will last until Oct. 29.

"It is my hope that we have more families supporting our local vendors," said Jamie

El-Khal, local resident and owner of the Happy Valley Farmers Market. "The past two years have been challenging, and our farms need more support than ever. All

See MARKET / Page 13

Keeping kids out of harm's way

By SHELLEY McFARLAND

The Happy Valley Elementary School's Parent Teacher Organization saw a problem — too many cars and too much chaos getting students to and from school.

Safety was a big concern, especially after a student was hit by a car in the crosswalk. The PTO banded together, listened to parents and, with the help of the City of Happy Valley, worked to solve it.

"We had a meeting set already to talk about the Fun Run event in the spring. The week before we met is when the student was hit by the car. As parents who were involved with the school, we knew it was a nightmare ... and we reached out to the



SUBMITTED PHOTO

Happy Valley Elementary School Parent-Teacher Organization decided to act after a student was hit by a car in a crosswalk in front of the school. Shown: Angela Dewey, Irene Scruggs, Tawna Thomas and Laura Sears.

city to see if we could do something together about the situation," PTO co-President Tawna Thomas said.

"Steve Campbell, our connection, loved it, and that's

See TRAFFIC / Page 19



GiGi's Playhouse ready to educate, empower in HV

By SHELLEY McFARLAND

GiGi's Playhouse is looking to open its first brick-and-mortar site in the Pacific Northwest in the Happy Valley area.

The nonprofit began in 2003 when Nancy Gianni created a safe and educational space for her daughter, GiGi, who was born with Down syndrome. Gianni discovered there was a need for a center to welcome kids with Down syndrome that offered re-

sources along with career training, therapeutic and educational programs. The positive response was immediate and 19 years later, there are 55 locations across the United States and Mexico with over 200 inquiries to start locations worldwide.

Though Down syndrome is the largest chromosomal disability in the country, it is the least funded. Families often are left adrift to find resources for their children. GiGi's Playhouses feature a fun

zone for kids to play and explore, along with giving families opportunities for daily achievement and lasting acceptance without cost.

"(When) my son was born, I found out about GiGi's Playhouse through Facebook. Like others, I searched for topics on Down syndrome and found out about it," said GiGi's Playhouse co-lead Kristal Watts, whose son, Thom-

See GiGi / Page 18



Kristal Watts, seen with her family, got involved with GiGi's Playhouse after learning about the organization which offers a space for kids with Down Syndrome. She is working with Co-Lead Justine Hively to bring the national nonprofit to Happy Valley, the first in the Pacific Northwest.
SUBMITTED PHOTO

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Happy

■ From Page 1

A team effort

Leading this year's International Day of Happiness events was the City's Happy Valley Parks and Recreation Department. The team created a multi-day extravaganza that not only offered entertainment, but also summoned the beautiful community spirit the City is known for. Over the course of three days, residents got the chance to head outside and partake in board games and crafts, engage in a nature themed scavenger hunt, and even contribute to a community art project. With Kona Ice serving colorful sweet treats, the experience was catapulted to even greater heights.

A day so nice, we celebrated it thrice!

The Happy Valley RecMobile traveled throughout the Valley on Mar. 21, Mar. 22, and Mar. 23. Each day hosted a different activity in a new location and local fan favorite, Kona Ice, joined at each site with complimentary shaved ice, courtesy of Happy Valley Parks and Recreation.



If you made it to a Happiness Day event, chances are you were welcomed by the Happy Valley Parks and Recreation team. (Pictured left to right) Stephani Hern, Ashley Degner, and Emily Duran coordinated the fun and made sure the events went off without a hitch.



Kona Ice served up all the flavors with their signature shaved ice treats.



“This was so much fun. I colored my happy face button it with all my favorite colors.”

—Ethan, age 6

HAPPINESS 101

Over 2,500 years ago, early philosophers such as Confucius, Socrates, Aristotle, and Buddha explored the concept of happiness extensively, devoting their lives to its pursuit. Today, we know happiness is beneficial to our health and wellbeing – mind, body, and soul. It contributes to lower stress levels and an increased sense of purpose. But happiness isn't something you simply stumble upon. It is an active choice to consider happiness and one that involves some deliberate practice.



Residents rejoice

By providing the community with activities like these, the Happy Valley Parks and Recreation team hopes to offer residents meaningful opportunities to create happy memories that will last a lifetime.

Let happiness shine

Ultimately, International Day of Happiness is an important day that reminds us to appreciate the good things in life and embrace happiness as an integral part of the human experience. It is also a time to cultivate positivity and brighten the lives of others. Hope, joy, and sense of community have the power to create lasting camaraderie amongst residents as well as a shared love for where we live, work, and play. There are so many other ways to cultivate happiness and even more ways to encourage it for others. What will you do to spark joy?

“This has been great. It's nice to have something all my kids can take part in, and I like that we didn't have to venture too far from home.”
—Juliana, parent



Participants on day three worked diligently to decode the clues in a scavenger hunt at Hidden Falls Nature Park.



Need some ideas to jump start your own happiness journey? Give some of these a try!

- Express gratitude by writing down the things you are most thankful for. Give yourself a moment to reflect on your list and truly focus on the things you hold near and dear.
- Try some physical activity! Too many thoughts racing through your brain? Try taking a walk outside or challenge yourself to a new cardio exercise to really get your blood pumping. You'll likely find your mood is elevated and you can focus better.
- Read a book about happiness. There are a number of books that can inspire your quest. Dalai Lama's The Art of Happiness and Sonja Lyubomirsky's The How of Happiness are two guides that teach you how to understand and implement the art of joy.
- Pay it forward by buying the coffee for the person behind you in line. This simple act of kindness is sure to put a smile on the recipient's face. And who knows...that person may do the same for the person behind them, igniting a chain of happiness all around!

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At the time of print, the following events were scheduled. Most meetings have options to attend in-person or virtually. Please check www.happyvalleyor.gov to confirm timing of events and instructions to participate virtually. You can also opt in to receive notifications about upcoming meetings by visiting www.happyvalleyor.gov/signup-for-notifications

CITY OF HAPPY VALLEY

- Apr. 19**
City Council
Work Session:
6 p.m.

Apr. 22
Friends of Trees Arbor
Day & Earth Day event:
(see page X for details)

Apr. 27
HV Business
Alliance Meeting:
7:30 a.m. City Hall

Apr. 30
RX Drug Take
Back Event:
10 a.m.-2 p.m.
City Hall Parking Lot
(see page 5 for details)
- May 2**
Parks Advisory
Committee
Meeting: 6 p.m.

May 4
City Council
Work Session:
6 p.m.

City Council
Meeting:
7 p.m.

READY TO RUN

Happy Valley Fun Run set to return next month

The Happy Valley Fun Run is back! This popular event encourages adults and kids alike to lace up their running shoes and help support programs for local students. This year's run is scheduled for Saturday, May 21.

The race, organized by Happy Valley Elementary School's PTO, is a professional event, complete with race shirts, timing chips, and sponsor booths.

Participants can choose from three events which include a kids' one-mile dash, a 5k run/walk, or a 10k run.

The kids dash will begin at 8 a.m. while the 5k and 10k races will begin at 8:30 a.m.

This is a fantastic, family-friendly event with proceeds helping support a variety of educational services and items.



HAPPY VALLEY FUN RUN

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BRINGING HAPPY BACK

MAY 21ST 2022

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- 5K RUN/WALK OR 10K RUN.....8:30 A.M. (CHIP TIMED)
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HAPPY VALLEY FUN RUN

WHEN: Saturday, May 21

WHERE: Happy Valley Elementary School

WHAT: Races for every level – one-mile kids dash, 5k run/walk, and 10k run

REGISTER AT: <https://runsignup.com/race/or/happyvalley/hvfunrun>

And they're off! Participants at the 2019 Happy Valley Fun Run gave it their all, from start to finish.

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Safety first when it comes to backyard burning

Clackamas Fire District #1

Mar. 1 marked the first day of the 2022 residential outdoor burning season. Backyard debris burning is strictly regulated by DEQ and operation hours are updated daily by Clackamas Fire District #1.

Also referred to as open burning, backyard burning is the burning of organic yard debris and requires a formal permit by the City of Happy Valley. To avoid smoldering, backyard burning materials must be dried to the greatest extent possible and loosely stacked. If the smoke or odor emission affects others, the fire must be extinguished. Materials prohibited from burning include, but are not limited to; garbage, plastic, rubber, petroleum treated materials and any material that creates dense smoke and noxious odors.



While Backyard Burning season has officially begun, it is important to follow current rules and ensure safety remains top priority.



Residents must possess a minimum of one acre to be eligible for a permit and the City's Community Service Officers will provide inspection of the property prior to any burning being allowed. Important to note, the activity is only allowed on property located outside of the DEQ Burn

Ban Area and is not recommended in compact housing developments. Furthermore, all backyard burning fires must be constantly attended and extinguished by the fire-out time, which means no flames or smoke beyond the end of the established burn hours. Please be aware that health concerns may be relevant for some community members when it comes to backyard burning. Smoke inhalation can

cause upper respiratory symptoms and create breathing challenges. Responding to out-of-control burns and smoke complaints also distracts from first responders' ability to provide emergency medical care. As a result, the City encourages residents to be mindful of these concerns. Perhaps consider an alternative to burning your on-site debris. This might include composting yard debris or hauling debris to a recycling site.

Backyard Recreational Fires

Please note, backyard burning permits do not apply to recreational fires (campfire, cooking fire or warming fires). Recreational fires are small and to be no larger than three feet in diameter and two feet high. As always, please exercise caution when enjoying fires of a recreational nature. For more information on Backyard Burning, associated rules, best burning practices, and all other types of regulated burning, please visit the City's website at www.happyvalleyor.gov/backyardburning for details. Residents are also encouraged to contact the Clackamas Fire District #1 Burn Line at 503.742. 2945 to confirm if burning is allowed. Open burning season will run tentatively until June 15.

Happy Valley Youth Council to hold RX Drug Take Back event

The Happy Valley Youth Council is once again gearing up for its annual Rx Drug Turn-In event. Offered as a way to not only raise awareness on the dangers of medications getting into the wrong hands, this event also highlights the Youth Council's commitment to encouraging a safe community for all. Over the years, the event has collected well over 5,000 pounds of drug items and has ensured their safe disposal via the support of the event's community partners.

The Happy Valley Youth Council will be holding their Annual RX Drug Take Back Event on Saturday, April 30 from 10 a.m. to 2 p.m. in the City Hall parking lot. All drug materials will be accepted - no questions asked. Simply drive by and drop off your unwanted or outdated prescriptions, over-the-counter medications, or drugs.

HAPPY VALLEY YOUTH COUNCIL

RX DRUG TAKE BACK

Drive by and drop off any unwanted or outdated prescription or over the counter drugs. No questions asked.

HV

HAPPY VALLEY OR

SATURDAY

APRIL 30

10AM-2PM

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 - Happy Valley Community Service Officers
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HAPPY VALLEY CITY COUNCIL
Council Meetings are held
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www.happyvalleyor.gov



Tree City USA

Friends of Trees volunteers pose for a group photo before heading out for a tree planting event in March. To further demonstrate the City's commitment to protecting the tree canopy, Council adopted a proclamation, recognizing Apr. 22 as Earth/Arbor Day.

CITY COUNCIL

As a City Council, we are honored to announce that Happy Valley has once again been designated a Tree City USA. 2022 marks the 18th consecutive year the City has been awarded this designation, a status cities must apply for through the Arbor Day Foundation. This

national program started in 1976 and encourages cities to actively promote and expand tree growth. Becoming a Tree City USA requires actions at all levels from the City and our community partners. Starting with the City Council, tree preservation is made a priority. Over the years, the City Council has adopted specific tree preservation and replacement requirements. The

City's Public Works Department invests considerably in urban forestry on public lands. More recently, in the wake of the 2020 Labor Day wildfires, the City has undertaken a significant effort to evaluate and mitigate wildfire risk on public and private property inside the City. In addition to specific actions from the City, we rely on community partners such as Friends of Trees for organiz-

ing volunteer tree plantings. Every year, tree plantings in Happy Valley are one of the first events to fill up with volunteers in the entire region. We'd like to thank everyone for lending a hand at these events! For more on Friends of Trees and recent/upcoming volunteer opportunities, see page 18. In just a few weeks, the world will celebrate international Earth/Arbor Day. Giv-

en the City's status as a Tree City USA, the Council adopted a proclamation highlighting the importance of the City's tree canopy and recognizing Apr. 22 as Earth/Arbor Day. The natural environment is one of the best parts of Happy Valley. As a City Council, we will continue to prioritize its protection and take steps to ensure growth remains playful and congruent with community needs.



Paving work is slated to begin on S.E. 129th Avenue in April. The City will post updates on its website and Facebook page with scheduling information as it is known.

Paving planned for S.E. 129th Avenue

City of Happy Valley

The stretch of roadway between SE Mountain Gate Rd. north to SE Scott Creek Lane is slated to temporarily close this month to accommodate paving efforts that could not be completed during the project's initial work.

A traffic detour will again be enacted to redirect vehicles during this time. Once paving is carried out, only a handful of additional safety improvements for this long-awaited project will remain. The road is anticipated to remain open at that time with periodic

flaggers utilized to direct traffic. One of the few major thoroughfares leading into an established area of the City, this project serves to increase travel safety for all modes of transport along this particular roadway. To learn more about this project, check out www.happyvalleyor.gov/129thavenue. Residents are also encouraged to refer to the City's website at www.happyvalleyor.gov or follow the City's Facebook page for specific road closure updates. The City will provide additional information regarding road closure dates once scheduling is confirmed.

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13880 SE Falcon Ave	4	2.1	Pending		\$699,900		
15876 SE Kingbird Dr	3	2.1	Sold	7	\$484,900	\$475,000	11/19/2021
13679 SE Kingfisher Way	3	2.1	Sold	16	\$553,100	\$548,000	11/30/2021
13684 SE Siskin Ln	3	2.1	Sold	3	\$539,950	\$551,000	12/3/21
13562 SE Siskin Ln	3	2.1	Sold	4	\$509,000	\$555,000	3/8/22
13551 SE Siskin Ln	3	2.1	Sold	7	\$569,000	\$576,500	1/25/22
13588 SE Nightingale Ave	4	2.1	Sold	27	\$585,000	\$580,000	3/16/22
13884 SE Falcon Ave	4	3	Sold	3	\$675,000	\$713,000	1/18/22
13893 SE Nightingale Ave	5	3	Sold	91	\$813,300	\$759,900	12/10/21
13837 SE Nightingale Ave	4	2.1	Sold	1	\$729,900	\$760,000	1/12/22

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Veterans Memorial



MAYOR'S MESSAGE



TOM ELLIS

Fifty years ago, I volunteered to join the U.S. Coast Guard. The same week I reached this milestone, the City was awarded a grant to purchase and install a permanent art sculpture at the Veterans Memorial next to City Hall. In addition, the City's plans call for a war timeline to be engraved on existing walls within the Memorial. I couldn't be more humbled to honor local veterans with these additions.

Just last year, we celebrated the official opening of the Veterans Memorial. It was designed with significant input from local veterans, Parks Advisory Committee members, and Public Art Committee members. If you haven't been already, the Memorial includes a labyrinth to signify a "walk with veterans." Surrounding



Located next to City Hall, the Veterans Memorial is a place for reflection and remembrance.

the labyrinth are benches and lighted flags for each branch of military. Two years ago, the Oregon Parks and Recreation Commission provided \$75,000 for the Veterans Memorial. Oregon Parks and Recreation has stepped up once again to provide \$58,000 for a permanent veteran themed sculpture and help fund the war timeline engraving. On behalf of the City Council, I want to express my sincerest appreciation.

I'd also like to thank those who partnered in the City's grant proposal to the Oregon Parks and Recreation Commission. Letters of project support were submitted by the Veterans of Foreign Wars Post No. 1324; Senator Chuck Thomsen, Oregon Senate District 26, co-chair of the Senate Committee on Veterans and Emergency Preparedness; Happy Valley City Council; Happy Parks Advisory Committee; Happy Valley Parks and Recreation Foundation; Happy Valley Public Art Advisory Committee; Clackamas County Arts Alliance; and the Rotary Club of Clackamas and its Happy Valley satellite club.

As a veteran, I have always found Happy Valley to be a welcoming and supportive community. It is my hope, as Mayor, that the Veterans Memorial will be an integral landmark in Happy Valley, ensuring that other veterans in our community are remembered. Join me this month in celebrating our local veterans and this new addition to our community! To find out more about the Happy Valley Veterans Memorial, go to happyvalleyor.gov.

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This publication is a partnership between Pamplin Media Group and the City of Happy Valley.



Publisher's Note: Have an idea for a story? We are always on the search for new people, places, and things to write about. If you have an idea for an uplifting story that would benefit the community, then we want to hear from you!

To submit your idea, please head to hvbn@pamplinmedia.com and include as many details as possible, so our publication team can review your proposal. Our best stories highlight the spirit and values of the Happy Valley community and showcase meaningful happenings in the lives of residents and local businesses. We invite you to include anecdotes in your story proposal that are funny, astonishing, heartwarming, and inspiring. If we think your story idea is a good fit, our community writer will get in contact with you to discuss the possibility of it being featured in an upcoming issue.



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Community Center Steering Committee Recommendation

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Al Matecko
Diane Morrow
Mark Aasland
Janice Kiser
Erin Bell
Jen Anderson
Doris (Dee) Bedsole
Mardi Wing
Josh Callahan
LizBeth Hale
Blanca Johnson
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Kerri Mozena



City of Happy Valley

Since taking over parks and recreation services less than two years ago, developing plans for a new community center has been one of the City's top priorities. Rather than making assumptions about what a new community center should look and feel like, the City has been seeking feedback from local residents. So far, the City has conducted a community survey, held several focus group meetings with key leaders, and convened a volunteer-led Steering Committee. Based on the collective input, the Community Center Steering Committee made a set of recommendations.

- What amenities should be prioritized?**
1. Indoor Recreation Pool
 2. Double Court Gymnasium
 3. Indoor Walk/Jog Track
 4. Group Exercise Room
 5. Weight/Cardio Space
 6. 200 Person Community Room + Kitchen
 7. Reservable room for gatherings (i.e. celebrations, meetings, etc.)
- What's next?**
1. Develop a conceptual design/plan for a community center
 2. Continue efforts to purchase property for a future community center
 3. Develop a Financial Analysis/Strategy
 4. Seek additional input via a community survey with information about the potential

costs and tax impacts

5. Possible additional Steering Committee discussions
6. Parks Advisory Committee Review and Recommendation
7. City Council Direction

Completing these steps may take several months. To stay informed, visit <https://www.happyvalleyor.gov/community-center-feasibility-study-2>.



Amenities such as an indoor walk/jog track, group exercise room, and indoor recreational pool are prioritized for inclusion in a future Community Center.




In addition to active spaces, the Steering Committee has recommended reservable gathering areas be included in upcoming design plans which could be used for meetings or celebrations.

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Burning down the house

By SHELLEY McFarland

Neighbors near the house on the corner of Southeast Walnut Drive and Tyler Road might have wondered what all the activity was about.

For two weeks, the Clackamas County Sheriff's Office conducted training exercises in a house slated for removal due to a planned development. In a mutually beneficial relationship, CCSC and Clackamas Fire District #1 were able to use the structure for training followed by a practice burn on March 25.

"There are many benefits from having homes and structures donated to perform training on and in," said Izak Hamilton, Clackamas Fire District #1 public information officer. "One of the biggest benefits is it gets us into an unfamiliar structure and allows us to practice performing our skills in more of a real-world scenario."

"What you have seen going on in Happy Valley is what we call Rapid Intervention team training. These drills are spe-

"I've watched them train and it's impressive. We look to give them those opportunities any chance we can."

— Gerald Rowlett, Westlake Development Group owner

cifically designed to teach the firefighters how to locate and remove an injured or downed firefighter from a dangerous situation, much like a house fire, quickly, safely and effectively," he said.

"If a firefighter is injured or trapped inside a dangerous situation, their self-contained breathing apparatus will sound an alarm or, if they can, they will call 'mayday' over the radio. From that point, the RIT team springs into action to locate and remove that firefighter from the situation."

Gerald Rowlett, owner of Westlake Development Group, offered the house for training. He joked that he eats, breathes and lives Happy Valley. For 30



SUBMITTED PHOTO
The house at Southeast Walnut Drive and Tyler Road gave both law enforcement and the fire department an opportunity for situational training. The house was donated from Westlake Development Group.

years, he has helped create livable developments in the city where, according to the U.S. Census, 87% of residents identify as family dwellers.

"I've donated houses in other cities, too," Rowlett said. "The organizations get an opportunity to have a live run-through and practice in environments they don't often get

to practice in. They can use the rooms and create situations they can't duplicate in books or an open field. It's an opportunity for both departments to run drills in a real house, something they don't often have. I've watched them train, and it's impressive. We look to give them those opportunities any chance we can."



UPDATE



City of Happy Valley

The Pleasant Valley/North Carver (PV/NC) Comprehensive Plan provides guidance regarding such things as land use, transportation, parks, and environmental issues that will be instrumental to ensuring planning is successful in the Pleasant Valley and North Carver areas. The City has been working with advisory groups, stakeholders, and community feedback since 2018 to help shape the direction of the Plan.

Benefits to having a Comprehensive Plan include:

- Housing options and livable neighborhoods
- A well-planned parks and trails system
- Strategies for addressing congestion and road safety
- Local employment opportunities

The Planning Commission held a series of public hearings to review the draft plan with input from the community before forming a recommendation to the City Council. With nearly 185 people in attendance, the first hearing on Feb. 8 summarized the draft plan and provided an opportunity to hear the community's thoughts.

Approximately 70 people also attended the second hearing on Mar. 8 where the Planning Commission provided direction on a number of key issues and listened to public testimony before voting to recommend approval of the Pleasant Valley/North Carver Comprehensive Plan to the City Council. The recommendation included a number of changes that staff will be making over the next few months.

In the upcoming months, property owners in the Plan area will receive another mailed notice of the revised Plan and an invitation to participate in the City Council review. The notice will



Visualization of the Carver Riverfront District

The Pleasant Valley/North Carver Comprehensive Plan includes ideas for a prospective downtown area. An artist rendering give perspective to the possibilities.

also be emailed to those that have participated in the review process and posted on the project website. The City Council will hold a public hearing to elicit more citizen feedback and de-

cide if the Plan should be adopted and if any additional changes are needed. For ongoing updates about the Plan and upcoming events, visit <https://hv.city/pvnc>.

INTERACTIVE ZONING MAP: A interactive Draft Zoning Map associated with the PV/NC Plan is now on the City's website. Head to www.hv.city/pvnc.


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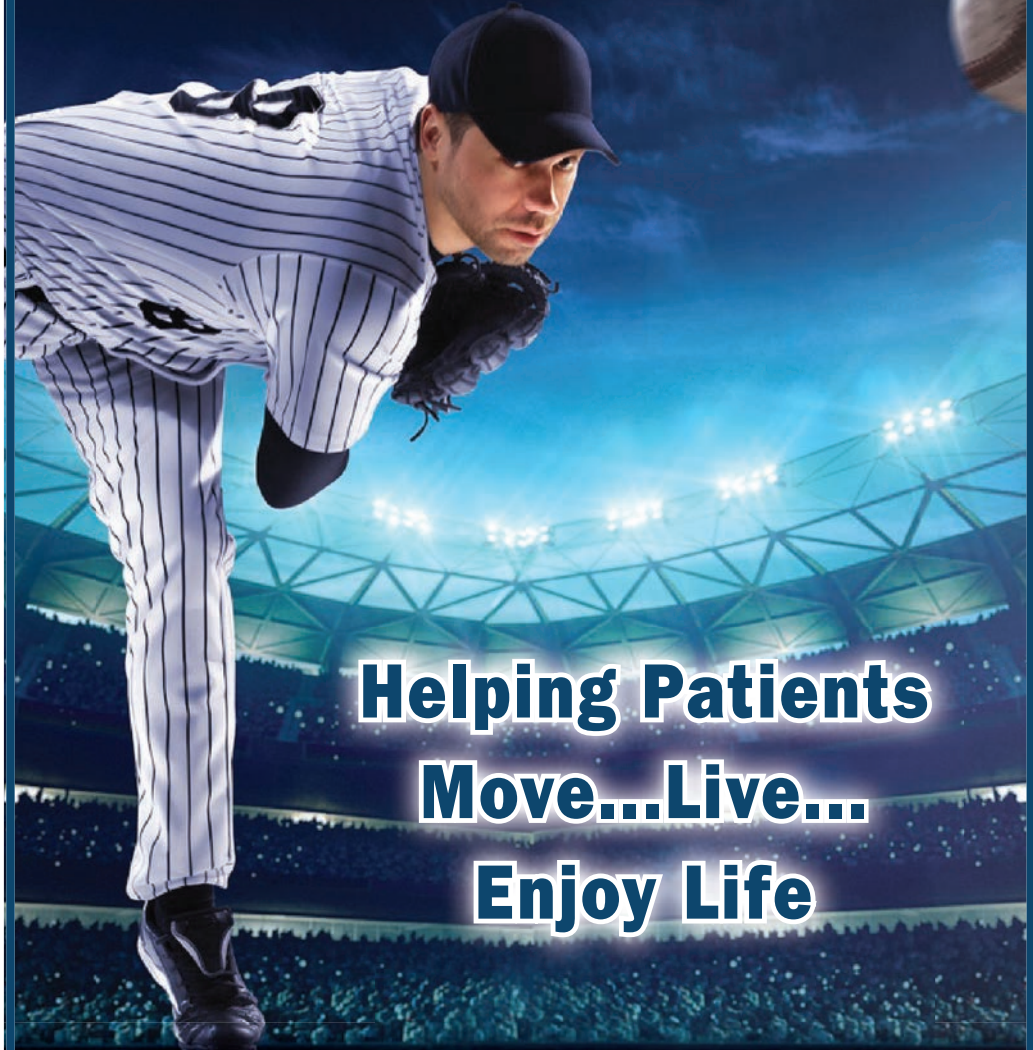
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SUBMITTED PHOTOS
Abigail and Kiera Cooney, shown with their mom Rachel, baked treats to raise money for cancer. It is their fourth year holding the fundraiser.

Raising funds to crush cancer

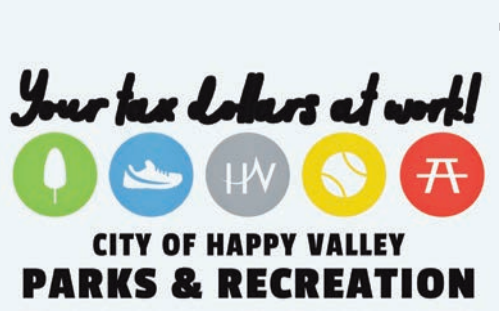
By SHELLEY McFARLAND

Now in their fourth year raising money to fight cancer, Abigail and Kiera Cooney baked 317 items for their Treats for a Cure sale. Along with cousins Evelyn and Lyla, the girls also collected cans for bottle return funds. In doing so, they raised \$1,320, which they donated to Willamette Valley Cancer Foundation and Seeds of Hope Foundation.



They may be small, but mighty and with big hearts. The girls were joined by their cousins who helped sell the baked goods.

Too much STUFF?



Save the date because the City's annual Dumpster Day event returns to Happy Valley on Saturday, June 11. Now is as good a time as any to start getting your items sorted and ready. Residents will have the opportunity to dispose of junk, donations, paper shredding, and tires – all in one spot and FREE of charge. Stay tuned for all the details in an upcoming issue of HV News or follow us on social media to stay-in-the-know. Event will take place at Happy Valley Park from 8 a.m.-noon.

PLEASE NOTE: Due to collection volume and space limitations, this event is limited to Happy Valley* residents. For more information about this and to confirm your address is within City limits, please head to www.happyvalleyor.gov/city-limits-explained.



Dumpster Day returns June 11! This popular City event gives residents the chance to dispose of a variety of items all in one place.

HONORING OUR VETERANS

City of Happy Valley

The City of Happy Valley would like to recognize community veterans and active military each month in Happy Valley News. If you have served or are currently serving in one of our country's armed forces, please consider sharing your story. Articles might focus on your military experience, what you've

learned from your travels, or anything interesting or inspiring.

The City is encouraging you to reach out directly if interested and nominations from family and friends are welcomed. Please contact the City's Communication Specialist, Stephanie Warneke, at swarneke@happyvalleyor.gov or our Community Writer, Shelley McFarland at shelley.mcfarland@gmail.com.



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LEARNING TO SELL

SSC students achieve success through hands-on learning at Bizmart

By SHELLEY McFARLAND
Hampered after a long COVID-19 closure, Bizmart, the student-run store at Sabi-Schellenberg Professional Technical Center is open again for business, and students are back to learning business skills to prepare them for college and careers. SSC services students in the North Clackamas School District with career programs and technical education.

“Something that I love about this class is how it prepares me for what I want to do later,” said Denise Zavala-Rodriguez, a student member of the operations team. “Managing Bizmart gives me real experience that I can use in future jobs.”

Students are supervised by Carol Pauli, the CEO and technical assistant who runs the store as a learning lab. There also are third-year interns to help with supervision.

“It’s great to have all the students back in person learning the skills and confidence they need for their part-time or summer jobs and into their careers,” Pauli said. “Students are learning teamwork and building relationships with each other again, and it’s such a positive experience for all of us.”

First-year students work in small groups as cashiers and baristas during daily shifts. The second-year students make small business management decisions in various departments, including finance, human resources, operations, marketing and information management. Bizmart sells primarily food and beverages. Top sellers are custom coffee drinks, lemonade, tea, smoothies and flavored energy drinks. The store also sells packaged snacks and fresh items like yogurt parfaits, fruit cups, pizza bread and



Who ordered the smoothie? One of the more popular items at the shop are fresh smoothies.



Students at Sabi-Schellenberg Professional Technical Center are learning how to run a retail business. This includes inventory control, balancing ledgers, food safety, and customer service.



Though students think it’s a blast, they are learning career skills they can apply after school.

“Giving out scholarships grants a purpose to our store, and we’re learning at the same time.”

— Quinton Crain

breakfast burritos.

With record sales this year and a new location and equipment paid for through a bond measure, Bizmart has increased its daily sales average by 35%. The extra revenue will be used for training, employment certifications and student scholarships. The store is on pace to offer \$7,000 in college scholarships and provide another \$3,000 to help

offset costs for travel to international business competitions with DECA, an association of business and marketing students.

“I feel like it’s a very great opportunity for students to enjoy learning and also give to others, because of how hard they work,” said Quinton Crain, a member of the human resources team. “Giving out scholarships grants a purpose to our store, and we’re learning at the same time.”

Bizmart welcomes visitors with advance notice. If you would like to schedule an appointment to see students in action, contact teacher Grace Saad at saadg@nclack.k12.or.us



Any extra revenue earned from Bizmart will be used for training, employment certifications, and student scholarships.



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PHILANTHROPY’S FINEST

La Salle Prep students reach out to help folks with food insecurity, medical bills

By SHELLEY McFARLAND

Giving is woven into La Salle Prep students’ high school experience. The Falcons recognize a need, especially after the holiday season, and follow through with philanthropic endeavors.

The school provides weekly food boxes filled with fruit, vegetables and snacks to Lot Whitcomb Elementary School students through the school year. Lot Whitcomb is located near La Salle’s campus, and the Falcons currently provide food for 94 families.

Approximately 1 million, or 1 in 4, Oregonians experienced food insecurity in 2020 according to a study from the School of Public Policy at Oregon State University.

“I think it’s important we do it year-round,” said Mia Kritzer, La Salle’s Officer of Service. “We are just trying to help people because we know they are struggling.”

“Students at Lot Whitcomb are very excited to receive their Backpack Buddies food each week,” said Brianna Rosen-Fischer, who coordinates the distribution of food donations at Lot Whitcomb. “Our school community is so grateful to have this wonderful support so that our students get the food they need to thrive at home and in school.”

Students often personalize their donations by drawing notes and writing words of inspiration on the paper sacks stuffed with food and snacks. Many students also pray for the little ones who will open the bags at home.

“During these trying times, those working hard to make ends meet are being hit the hardest,” said Sarah Maher, La Salle’s Director of Service. As Lasallians, she said, “It is



Showing compassion and courage, La Salle Prep students embraced two opportunities to help their community. At a freshman assembly in Canby, the Falcons met Evelyn Perez through Sparrow Clubs USA. The student body all stood for Evelyn to show her they will help pay for her medical bills.

“It means a lot to me to see these kids; it’s moving, and I’m glad my mom has been with me for it all.”

— Evelyn Perez

our responsibility to build relationships, grow in empathy and help where we can.”

Sparrow Clubs USA

During an emotional moment during the Freshman Retreat, ninth graders met their Sparrow, Evelyn Perez. La Salle Prep “adopts” a Sparrow each year through Sparrow Clubs USA. Organizer Laura Queen pairs a school’s student body with a medically fragile child in the hopes of garnering emotional and monetary support for the Sparrow. In their 27-year history, Sparrow Clubs USA has raised over \$8 million to help more than 1,300 Sparrow children.

Sparrow Clubs USA started in 1992, in Kirkland, Washington, after junior high teacher Jeff Leeland received devastat-



Evelyn and the school played a game to get to know her better and build friendships. As Evelyn battles thyroid and lung cancer, the students at La Salle Prep will be earning money for her care.

ing news: His 9-month-old son, Michael, needed a bone marrow transplant to survive the leukemia he was battling. Leeland and his wife, Kristi, were faced with the reality of not be-

ing able to afford the expensive procedure, which cost \$197,000.

One of Leeland’s students, Dameon, listened to his teacher talking one day in class about Michael and the difficulty the family was confronting. The next day, Dameon returned to the school with his entire savings — \$60 — which he gave to Leeland. Other students recognized the kindness and compassion Dameon showed, and they, too, brought in their savings to help Michael. The students and staff started fundraising.

In four weeks, they raised \$227,000 to pay for Michael’s transplant. From Dameon’s snowballing act of kindness came an avalanche of love from a community banding together to help a child. Michael survived because of the kindness Dameon started and currently lives in Redmond, Oregon, with his wife.

Sadly, Dameon died from an



Bags of food are delivered monthly from La Salle Prep to students at Lot Whitcomb Elementary School.

infection two years after helping Michael. His gift was more than just money. It was an act of love and compassion that manifested into Sparrow Clubs USA, which to date has helped children nationally. The organization helps nearly 65 medically fragile children nationally every year by partnering with schools and local businesses.

With Dameon as their example of compassion, La Salle students each donate at least one hour of volunteer work. Kids are raising money for other kids and the funds raised are donated to their adopted Sparrow. Students earn \$10 for every hour worked through partnerships with local businesses.

Sparrow Evelyn Perez is a 16-year-old sophomore who attends McDaniels High School. Shy and friendly, she loves

driving and her 8-month-old baby sister. In March 2021, Perez sought medical attention after finding a lump on her neck. At the time, the doctor wasn’t worried about it, but subsequently, she was diagnosed with thyroid cancer. In December 2021, she had surgery to remove the thyroid and several lymph nodes.

“Seeing each of the La Salle kids stand up and say they will work for Evelyn is amazing,” Kimberly Perez, Evelyn’s mom said. “It’s something we never expected, especially from kids that don’t even know Evelyn. It is amazing and a blessing.”

“It means a lot to me to see these kids; it’s moving and I’m glad my mom has been with me for it all,” said Evelyn as she left to receive her first radiation treatment.

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The Rebstock house along what is now King Road, date unknown

Courtesy: The Rebstock family

A new book looks to feature Happy Valley history. If you have information or photos to share, contact Mark Hurlburt.

Local historian seeks interviewees for Happy Valley book

Did your family set root in Happy Valley long before Sunnyside Road or Clackamas Mall came to fruition?

Do you have connections to those that called Happy Valley home way back when? If so, you might hold the key to some interesting slices of history. Historian Mark Hurlburt, who works in collaboration with the City of Happy Valley is in process of authoring a book and currently is looking to interview individuals that might have a glimpse to these early days. To connect, email Mark at mwhurlburt@gmail.com.

HISTORIAN, MARK HURLBURT ■ [MWHURLBURT@GMAIL.COM](mailto:mwhurlburt@gmail.com)

Ellsworth named Metro East princess for Rose Fest court

Junior is first to represent Nelson High, Oregon's newest school

By **RAYMOND RENDLEMAN**
Pamplin Media Group

Isabella Ellsworth, a junior from Nelson High School, was named Metro East princess for the 2022 Rose Festival Court.

Metro East's third contestant is from Lake Oswego. The winning princess, to be announced Feb. 28, will receive a \$3,500 scholarship.

Ellsworth is among the first class of students to attend the North Clackamas School District's newly constructed high school named for Oregon Supreme Court justice Adrienne C. Nelson. Ellsworth said she'd like to be Nelson's first Rose Festival princess to encourage girls in the years ahead to participate.

"In addition, the city of Happy Valley is a growing community that is full of generous and supportive people, and I would love to represent



ISABELLA ELLSWORTH

them," she said.

A member of the new school's softball team, Ellsworth is an active volunteer as a member of the Scrub Club, National Honor Society, Key Club and Nelson Student Council. During middle school she served on the Peer Assurance Crew to help sixth graders on their first day. She repeated the task, helping freshmen on their first day of school this year.

Ellsworth currently is tutoring a third grader. She's been volunteering since her sophomore year for PDX Concierge, an organization that shops and delivers groceries to the elderly and immune-

compromised. Ellsworth's favorite event is the Rose Festival's Junior Parade.

"My aunt and uncle participated, my mother marched in her school band and, finally, it was my turn. I was so proud to continue our family legacy," she said.

After graduation from high school, Ellsworth plans to attend a four-year university to become a pediatric nurse or a sports broadcaster.

Following the interviews conducted through Zoom, nearly 40 girls across the Portland area vied for the 15 princess positions and, ultimately, to be crowned queen of the annual civic celebration.

Students from 4A to 6A schools in the tri-county area who had a GPA of 3.0 or higher and 20 hours of verifiable community service were eligible. The contestants were chosen from Portland Public Schools; Metro East, including Clackamas and East Multnomah counties; and Metro West, including Washington County schools.

The 2022 Portland Rose Festival Queen will be chosen June 10.

GOT BIKES?

City of Happy Valley

Have your kids outgrown their bikes? Consider donating them to Free Bikes 4 Kidz at an upcoming drop off event that will benefit children in need. Bikes of all sizes are welcome.

Donated bikes are checked for safety and repaired as needed before being delivered to local non-profits that serve youth and teens in the community.

DONATE BIKES

DROP OFF LOCATION:
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ADDRESS: 16180 S.E. Sunnyside Rd.

DATE: Saturday, Apr. 30

COLLECTION TIME: 9 a.m.-1 p.m.



Have old bikes collecting dust?
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► **Saturday, April 30, 9 a.m. - 1 p.m.**
Happy Valley Medical Plaza

Free Bikes 4 Kidz collects used bikes of all sizes, refurbishes them with the help of volunteers, and gives them to kids in need through community partners. Goodbye dust, hello smiles and adventure!

Questions? Call 503-975-4052

THANKS TO OUR WONDERFUL SUPPORTERS



FB4K
FREE BIKES 4 KIDZ



PROVIDENCE
Sports Medicine



Rotary
District 5100

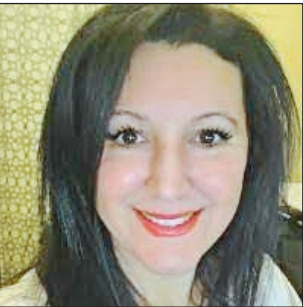


THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS



TREK

If you have a bike no longer in use, consider donating it to the upcoming drop off event later this month.



"The more support this market gets, the more farms we can host."

— **Jamie El-Khal**, Happy Valley Farmers Market owner

Happy Valley Farmers Market

Where: 13231 S.E. Sunnyside Road, Happy Valley

Hours: 9 a.m.-2 p.m. Saturdays, May 7-Oct. 29

More: 503-504-8615; www.sunnysidefarmersmarkets.com

Market

■ From Page 1

our farms have been selected carefully — all the fruits and vegetables are not sprayed and are pesticide-free and fresh picked."

El-Khal has made a few changes to the market entering in its 11th season, which she hopes people will enjoy, including more farm and woodworking vendors, a magician and live music. The

food court will be expanded for additional seating, too.

"The more support this market gets, the more farms we can host," she said. "Many of your favorites are returning, such as Brain Freeze Shave Ice, Garry's Meadow Fresh Jersey Milk, Martson Farm Highland Cattle, Fulton Family Farms, Pablo Munoz Farm, Martinez Family Farm, Bay Flowers, Fabulicious Cakes & Sweets, CeCe's Gyros and Falafel, Bombay Crochet, Amy's All Natural Soaps, TNT KettleKorn, plus over 100 more vendors."

The market will accept SNAP, WIC and Double Up Food Bucks and will be working with a new farm to bring food boxes to the market. Families who qualify will be able to preorder online and pick up at the market.

Taking a swing at the glass ceiling

Clackamas Youth Baseball selects two local women to coach federal teams

By **SHELLEY MCFARLAND**

Staci Sigala isn't new to sports. She was a standout in softball and basketball at her high school in Lakeview, Oregon, and earned recognition at Lewis & Clark College as an honorable mention All-American in softball as a center fielder. She graduated in 1994 and was inducted into the Lewis & Clark sports hall of fame for both softball and basketball.

Immediately out of college, Sigala coached La Salle Prep girls basketball. She also coached Mt. Hood Community College softball but couldn't continue due to her job as a news producer at KATU-TV.

"Once I had my son, Adam, I was excited that I could pursue my love of sports again. Adam has played for Clackamas since he was 5 years old. I assisted on all his baseball teams, and I coached his Little Hoopers basketball teams," said Sigala, who also has worked as a wildland firefighter. "Prior to COVID, I was asked to be an assistant on Adam's federal team, including last year. When the high schools split, I was then asked to be the head coach. I am grateful Clackamas Youth Baseball chose me to coach this team. There are a lot of talented female coaches in Happy Valley."

Currently, Sigala is coaching the sixth grade federal team. Clackamas Youth Baseball has three categories: national, American and federal, with federal being the top tier. Sigala coaches the Clackamas High affiliate team but there is a Nelson High affiliate, too.

The season officially started in March and there will be a jamboree April 16 at Hood View Park at Adrienne C. Nelson High School where all ages will participate.



Above: Coach Staci Sigala laughs with son Adam after a game. She and Coach Kelly Halstad (right) have been named head baseball coaches with Clackamas Youth Baseball. The first women named to their respective positions.

"I'm so proud of the support I've received from the community and especially from other coaches, commissioners and board members," Sigala said.

"I'm being uplifted to be successful. I'm not naive to the fact that I know we might be up against others who are hoping we fail because there's a woman standing on third base. "They're asking, 'Who is this mom?' not knowing my background. It's breaking stereotypes," she said. "I'm not trying to be a guy or anything other than me. I love the kids, and it's all about the kids. I'm thankful for this opportunity."

Kelly Halstad also grew up playing softball. A local, she played for the Clackamas Little League and Clackamas High School before graduating in 1999 and furthering her softball career as a catcher at Linfield College. She coached nine seasons of varsity softball at Newberg High School and is comfortable on the diamond.

"It feels fantastic to be named head coach of the minor federal team," Halstad said. "It shows that women can work with kids and coach kids just as well as men can. Oftentimes we need to know how to work with and teach kids — women can do it, too."

Clackamas High School Cavelettes



Clackamas High School Cavelettes danced their way into a state championship win last month competing against 11 teams at the competition which was held at Oregon City High School. It is their 10th championship banner. "I will always remember the absolute shock that washed over single girl on the team at the same exact moment when we found out we were state champions," Mahina Bailey, senior said. "I'll remember the bond that we all had with each other and how, above all, we were just grateful to even have the opportunity to dance together. Every competition we could feel the passion and love every girl had for the team, and for dance. That is something I will never forget. These girls have become my best friends over the past seven months and I will never fully be able to express how lucky I feel to have experienced such an incredible moment with them."

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April 2022 Library Events

Please check our website for the most up-to-date hours and services.

ADULT PROGRAMS

Book Group, Genealogy Club, Understanding Alzheimer's, and Gardening programs can be attended in-person or online. Email library@happyvalleyor.gov for virtual login information, or with questions

Mah Jongg

Fridays, starting Apr. 1, 12:30-3:30 p.m.

Those who enjoy playing American Mah Jongg are invited to join our fun and friendly group! Be sure to bring your current National Mah Jongg League cards. Contact the library if you would like to learn to play.



Genealogy Club Meeting

Monday, Apr. 11, 3-5 p.m.

Searching for family roots? All are welcome to come and share questions, strategies, and organizing tips. Insights are discovered and pathways revealed as we attempt to solve the mysteries of our ancestors' elusive stories!

Understanding Alzheimer's and Dementia

Wednesday, Apr. 13, 3:30-5 p.m.

Alzheimer's disease is not a normal part of aging. Join us to learn about the impact of Alzheimer's, the difference between Alzheimer's and dementia, stages and risk factors, current research, and treatments available for some symptoms, and Alzheimer's Association resources.

Gardening 2.022: Tips for a Healthy Garden

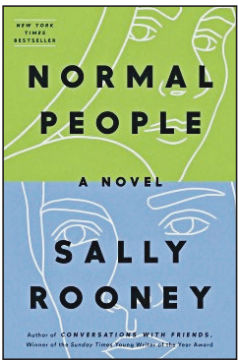
Tuesday, Apr. 19, 6:30-7:45 p.m.

Gardeners are having to adjust our tactics to account for a changing climate, and we have more capacity to make changes than the plants we grow. This presentation will address specific actions that we can take to ensure that our plants don't fry this summer. From vegetables to evergreen trees, shrubs to lawns, we will cover our relationships to the plants we maintain--and which maintain us.

HV Library Book Group

Thursday, May 5, 6:30-8 p.m.

Read or listen to the best-selling novel *Normal People* by Sally Rooney and meet to discuss it with other readers. Contact the library for help with getting the book or to be added to our book group mailing list.



YOUTH PROGRAM

All programs are online. Email youthlibrary@happyvalleyor.gov for login information for youth programs or with questions.

Family Storytime

Wednesdays, 10-10:30 a.m.

Enjoy stories, songs, puppets, and fun in this interactive, virtual storytime.

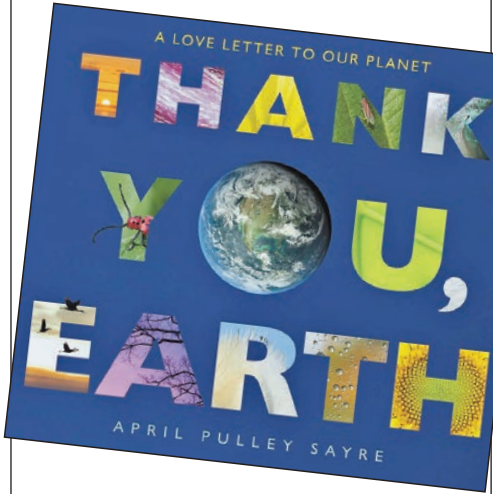


Take a stroll, share a story

Each month the Happy Valley Library shares a different book in the windows of the Community Room. Families can walk along the outside of the building to read along with the story. Look for this month's story *Thank You, Earth* by April Pulley Sayre.

At the end of the StoryWalk you'll find a way to enter a drawing to win your own copy of the book!

The StoryWalk® Project was created by Anne Ferguson of Montpelier, Vermont and developed in collaboration with the Kellogg-Hubbard Library. StoryWalk® is a registered service mark owned by Ms. Ferguson.



Thank You, Earth by April Pulley Sayre will be on display in the windows of Happy Valley Library for the month of April. Be sure to enter the drawing for a chance to win your own copy.



Looking for a way to reduce your library fines? Consider donating a non-perishable food item (or two) and help someone in need.

Food For Fines

Have overdue fines?

During National Library Week (Apr. 3-9) you can bring in non-perishable food items and get \$1.00 off your overdue fines for each item donated. All food collected will be donated to local food pantries.

Please note: Only overdue fines are waived. This does not apply to lost or damaged material charges. Please, no damaged or expired food items, and no ramen.

BOOK PICKS TO HELP YOU CELEBRATE EARTH DAY

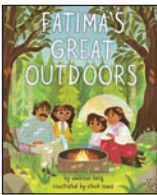
Friday, Apr. 22 is Earth Day, and this is a great time to increase our environmental awareness and deepen our understanding of the impact that humans have on our planet. With this in mind, we are highlighting books for all ages about climate change, living with less, hiking, gardening, and more.

EARLY CHILDHOOD

Fatima's Great Outdoors

by Ambreen Tariq

On Fatima's first camping trip, she helps set up a tent, build a fire, and settles down to sleep surrounded by the sounds of the forest.



How to Find a Fox

by Kate Gardner; photographs by Ossi Saarinen

Explore different landscapes and seasons in search of the graceful and elusive red fox.



Look What I Found in the Woods

by Moira Butterfield

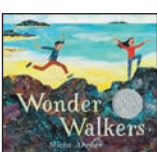
A fact-filled guide to the natural world depicts a fun-filled hike and treasure hunt in the wilderness.



Wonder Walkers

by Micah Archer

Two curious children go for a walk, asking imaginative questions about the natural beauty that surrounds them.

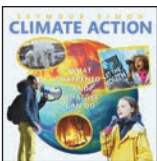


KIDS

Climate Action: What Happened and What We Can Do

by Seymour Simon

Learn how our behavior and actions have led us to this point, hear from kids around the world dealing with extreme storms, wildfires, and sea level rise, and discover what scientists, youth activists, and ordinary citizens are doing to protect their communities.



The Last Straw: Kids vs. Plastics

by Susan Hood

Learn about the growing plastic problem and meet young activists who are standing up and speaking out for change.



Let's Save our Planet: Forests

by Jess French; illustrated by Alexander Mostov

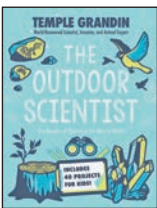
Explore different forest types around the world, and learn about the causes, effects and solutions to deforestation.



The Outdoor Scientist: The Wonder of Observing the Natural World

by Temple Grandin

Dr. Temple Grandin, scientist and autism spokesperson, shares experiences from her childhood, introduces scientists, and gives kids tools for exploring the world around us, asking questions and making sense of what we see.

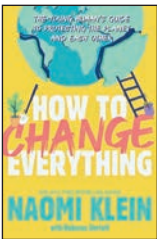


TEENS

How to Change Everything: The Young Human's Guide to Protecting the Planet and each other

by Naomi Klein with Rebecca Steff

Klein presents an empowering guide for young adults to understanding and tackling climate change.



No one is too Small to Make a Difference

by Greta Thunberg

Brings together the groundbreaking speeches of Greta Thunberg, the young climate activist who has become the voice of a generation, including her historic address to the United Nations.



No Planet B: A Teen Vogue Guide to the Climate Crisis

edited by Lucy Diavolo

Teen Vogue brings a collection of essays on climate justice that makes an urgent argument for intersectional activism.

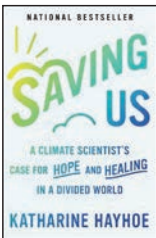


ADULTS

Saving Us: A Climate Scientist's Case for Hope and Healing in a Divided World

by Katharine Hayhoe

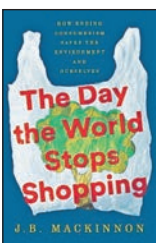
Drawing on interdisciplinary research and personal stories, the chief scientist for the Nature Conservancy shows how small conversations can have extraordinary results as we all play a role in pushing forward for change.



The Day the World Stops Shopping: How Ending Consumerism Saves the Environment and Ourselves

by J. B. MacKinnon

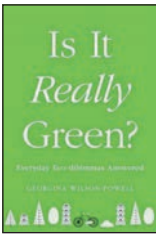
Consuming less is our best strategy for saving the planet-but can we do it? In this thoughtful and surprisingly optimistic book, journalist J.B. MacKinnon investigates how we might achieve a world without shopping.



Is It Really Green?: Everyday Eco-Dilemmas Answered

by Georgina Wilson-Powell

This book gets to the heart of 140 eco-conundrums. Interrogate your instincts and make informed decisions to reduce your ecological footprint.



Say Goodbye to Plastic: A Survival Guide for Plastic-free Living

by Sandra Ann Harris

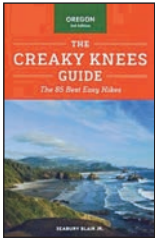
Plastic pollution activist and entrepreneur Sandra Ann Harris invites us to say goodbye to plastic, room by room. Opportunities abound to simplify our lives by rethinking our waste-habit--we just need to learn to recognize them.



The Creaky Knees Guide: Oregon: The 85 Best Easy Hikes

by Seabury Blair Jr.

This bestselling guide features 85 of the best low-impact day hikes in Oregon, perfect for aging baby boomers, seniors, those traveling with small children, and anyone else interested more in a stroll than a climb.



Urban Hikes Oregon: A Guide to the State's Greatest Urban Hiking Adventures

by Adam Sawyer

A guide to the landmarks and hot spots that shape the state's cities and towns. From arboretum trails to picturesque waterfront walks, this guide explores the 40 best urban hiking trails throughout the state.



Grow More Food: A Vegetable Gardener's Guide to Getting the Biggest Harvest Possible from a Space of Any Size

by Colin McCrate and Brad Halm

The owners of the Seattle Urban Farm Company explain how to boost garden productivity through interactive tools that can help home gardeners know how, when and what to plant, evaluate crop health and store the harvest.



Attracting Beneficial Bugs to Your Garden: A Natural Approach to Pest Control

by Jessica Walliser

Learn how to fill your garden with the right plants to support the beneficial predatory insects that control common garden pests.



APRIL IS NATIONAL POETRY MONTH!

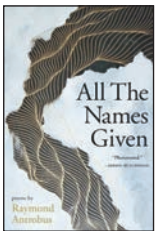
Happy National Poetry Month! There is a poem out there for everyone. Do you ever find yourself feeling intimidated when thinking of reading poetry? Try reading it out loud to a friend, family members, or just to yourself. Here are a few suggestions to try. Have fun!

ADULTS

All The Names Given

by Raymond Antrobus

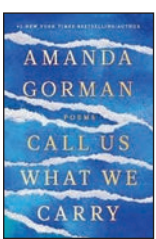
On the heels of his much-lauded debut collection, Antrobus continues his essential investigation into language, miscommunication, place, and memory, while simultaneously breaking new ground in both form and content.



Call Us What We Carry: Poems

by Amanda Gorman

The presidential inaugural poet--and unforgettable new voice in American poetry--presents a collection of poems that includes the stirring poem read at the inauguration of the 46th President of the United States.



Clarity & Connection

by Yung Pueblo

The celebrated author of Inward describes how intense emotions accumulate in our subconscious and condition us to act and react in certain ways. In his characteristically spare poetic style, he guides readers through the excavation and release of the past that is required for growth.

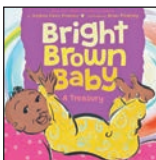


EARLY CHILDHOOD

Bright Brown Baby: A Treasury

by Andrea Davis Pinkney; illustrated by Brian J. Pinkney

Cuddle up with your little one and read these five beautiful poems that celebrate the tender, cozy, early days between parent and child.



Dear Treefrog

by Joyce Sidman

A poetic celebration of the joys of finding a kindred spirit that follows the experiences of a lonely girl who encounters a tiny treefrog in her new home.



KIDS

The Dirt Book: Poems about Animals that Live beneath our Feet

by David Harrison; illustrated by Kate Cosgrove

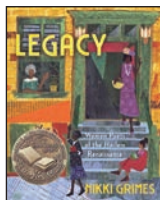
A collection of fun fact-filled poems about dirt and the many organisms that live there such as grubs, moles, earthworms, and doodlebugs.



Legacy Women Poets of the Harlem Renaissance

by Nikki Grimes

Award-winning author Grimes presents a "Golden Shovel" anthology of poems inspired by women writers of the Harlem Renaissance, in a volume complemented by illustrations from African American women artists.



Ain't Burned All the Bright

by Jason Reynolds; artwork by Jason Griffith

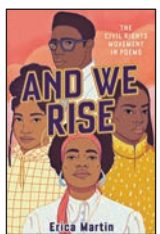
This unique collaboration between artist and writer captures what it is to be Black in America--and what it means to REALLY breathe.



And We Rise: The Civil Rights Movement in Poems

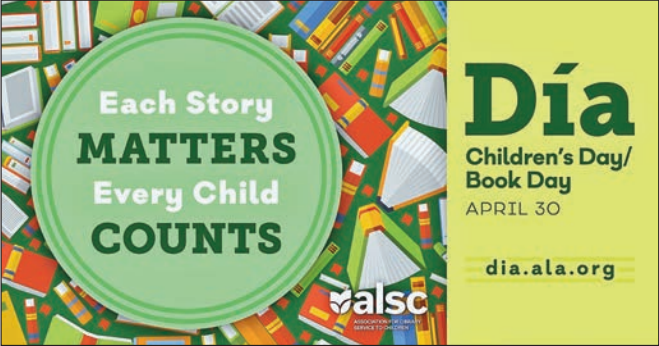
by Erica Martin

Explores the American Civil Rights Movement of the 1950s-1960s in verse with historical photos interspersed throughout.



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Celebrate Día



For the first time, Happy Valley Library is bringing El día de los niños/El día de los libros (Children's Day/Book Day) to our community. Día encourages a love of reading for kids of all linguistic and cultural backgrounds.

Joined by partners from Metropolitan Family Services and North Clackamas School District, the Library is bringing crafts, games, and free books for kids to Village Green Park on Saturday, Apr. 30 from 1-3 p.m. Program will take place rain or shine.

Día Celebration

Saturday, April 30
1-3 p.m.
Village Green Park
13786 S.E. Sieben Park Way

El día de los niños/El día de los libros (Children's Day/Book Day), commonly known as Día, is a nationally recognized initiative that emphasizes the importance of literacy for all children from all backgrounds.

CULTURAL PASSES: Your Pass to Springtime

It's prime time for exploring some of Oregon's gorgeous gardens. What's even better is exploring them for free with Cultural Pass Express from your library! Use your library card to access free passes for museums, gardens, and other local venues. See what's available today or make a reservation for a future visit. Passes can be printed or, in most cases, downloaded and displayed on a phone.

Check out passes to local attractions including: Crystal Springs Rhododendron Garden, Evergreen Aviation Museum, Lan Su Chinese Garden, The Oregon Garden, Oregon State Parks, and the Portland Japanese Garden. The Cultural Pass program is funded in part by the Friends of Happy Valley Library. Visit lincc.org/culturalpass to reserve a pass today!



Open the door to exploration, learning, and fun with Cultural Pass Express. Experience a variety of local venues at no cost to you.

Happy 10th Birthday, Happy Valley Library!

It's been ten years since the library opened at its current location. There have been many changes (including the name!), but being a part of a supportive, enthusiastic community has been constant. From kittens to reptiles, beautiful artwork to shelves full to explore, you shared some of your favorite library moments.



Rosie attends the Library's grand opening.



▲ The beautiful paintings found on the library's walls were created by artist, Sophie Franz.
► Special events, such as presentations by Creature Feature, have led to some amazing moments.



During the library's construction, workers arrived one morning to find some kittens on the seat of an excavator. Rest assured, all found a good forever home.



▲ A look at the library before and after the remodel.



◀ A monumental event! A patron receives his first library card.

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Happy Valley NEWS

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-Rumi

HAPPY VALLEY PARKS AND RECREATION

ADVENTURES WITHOUT LIMITS

See listings for locations.

Mother's Day Weekend Kayak Trip

May. 7, 10 a.m.-1 p.m. • Saturday • Ages 6+ • \$83

Grab your mom or loved one, push off from shore and spend Mother's Day discovering a world of calm waters and relaxed paddling. Estacada Lake is a dammed portion of the Clackamas River that is accessible from Milo McIver State Park. This paddle route travels along a forest-lined river that extends through a river canyon with seasonal waterfalls pouring from the sides. It's not uncommon to spot osprey, eagles and other wildlife from the river. This paddle is great for beginners or those looking for a tranquil paddle on flat water. Although motorized boats are permitted, the paddle has plenty of opportunities for solitude and quiet moments.

*AWL provides all of the paddling equipment necessary, including safety gear and lifejackets. Participants are asked to bring water, lunch, and appropriate clothing for the day.



Father's Day Weekend Rock Climbing

Jun. 18, 10 a.m.-1 p.m. • Saturday • Ages 6+ • \$99

Grab your dad or loved one and learn the ropes of outdoor rock climbing. Our destination today is the beautiful French's Dome located on the side of Mount Hood. Spend the afternoon with our expert guides learning how to rock climb, tying knots and helping others climb through a process called belaying. For those that make it to the top, you'll be rewarded with endless views of pine forests and the snowy peak of Mount Hood. No experience necessary, just a sense of adventure! This trip is perfect for beginners to more experienced climbers!

*AWL provides all of the climbing equipment necessary, including safety gear and harnesses. Participants are asked to bring water, lunch, and appropriate clothing for the day.



BLOOD DRIVE

Happy Valley Community Church
Location: 10601 S.E. 129th Ave.
Monday, Apr. 25, 12:30 p.m.-6:30 p.m.
Register online: <https://www.redcrossblood.org/give.html/drive-results?zipSponsor=HappyValleyComm>

Upcoming Blood Drive
at Happy Valley Community Church

Monday, April 25th
12:30pm-6:30pm

To schedule your appointment or for more information, call **1-800-RED-CROSS**
OR visit www.redcrossblood.org
Sponsor Code: **HappyValleyComm**

HEADED TO MT. HOOD?
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ENJOY 10% OFF ONE RENTAL

10% OFF RENTALS AT NEXT ADVENTURE!

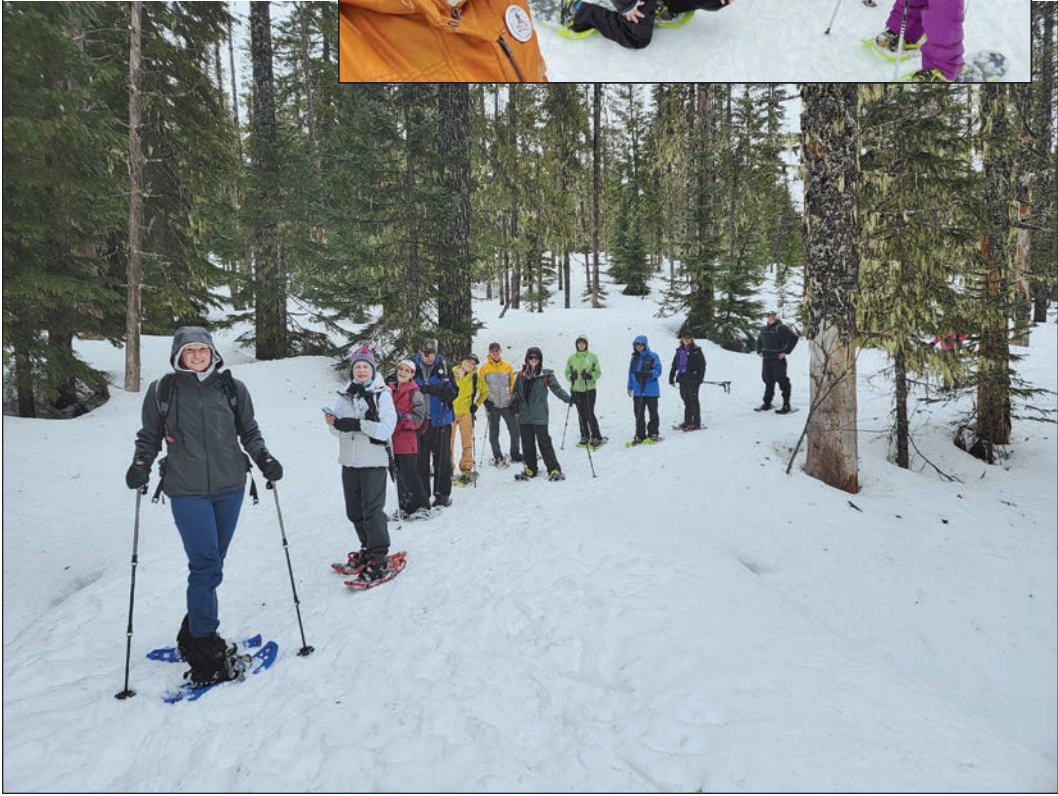
The City of Happy Valley Parks and Recreation is excited to partner up with Next Adventure to offer residents 10% off their next rental! Whatever your needs might be as we head into spring, as you plan your next trip up the mountain make sure to scan the QR Code shown here to take 10% off one rental item and secure them for pick-up. Discount offer available at the Next Adventure Sandy store location at: 38454 Pioneer Blvd. Sandy, OR 97055. This store is open 7 days a week, Mon-Fri: 7:30 a.m. – 7 p.m. & Sat-Sun: 6:30 a.m. – 7 p.m.



Crosstown Trail Snowshoe Tour Recap

A little rain couldn't stop this group!

Last month, Parks and Recreation got the opportunity to take registered hikers outside the valley to play in some snow and venture out on the Crosstown Trail via snowshoes! With a full bus in tow and trail mix in pockets, snowshoers set out to tackle the 2.7 mile journey from the east end of Government Camp to the west. Although the rain graced our paths, our group of fierce Oregonians braved the wet weather, enjoying the peaceful, snow laced scenery. The finish line rewarded us with a fabulous lunch from The Ratskeller, where snowshoers shed their rain gear, warmed their toes with fresh socks, and came together to sing a few participants a Happy Birthday melody! With great food and drinks, we ended the day swapping stories of our experiences in the snow that morning. What an amazing day! For upcoming trip announcements, follow us here or visit www.happyvalley-or.gov/parks



GET OUT AND MOVE!!

<http://www.hvhikers.com/>

HV Hikers are back in action! Their goal is to encourage you to experience the beauty of the area, to get a little exercise, and to make new friends. All hikes are free, no RSVP required. If it's on the calendar, they'll be there. Groups walk frequently in the area bordered by Sunnyside (on the south), Valley View Terrace (on the west), Clatsop (on the north) and 172nd (on the east). This is a varied group, and since all are welcome to show up without RSVP, we see new faces all the time. Interested in join a group hike around the valley? Be sure to visit the HV Hikers newly updated webpage for a calendar view of all upcoming group hikes.

EARTH DAY VOLUNTEER OPPORTUNITY

Celebrate Earth Day with Friends of Trees! The goal of this event is to mulch hundreds of native trees and shrubs that were recently planted at this popular Happy Valley Park. We may also take out some weedy introduced plants if time allows. Note: there will be no tree-planting at this event, and this is physically demanding work (great for folks looking for a workout!). Our Tree Care events help to ensure the highest level of plant survival through the PNW dry summer months ahead. Register online at: <https://friendsoftrees.org/event-calendar>.

*At the time of print, this event was full to volunteers, but residents are encouraged to check for new openings as things can and do change.

CELEBRATE EARTH DAY WITH US!

Volunteers will place mulch around previously planted trees to ensure the highest survival rates through the hot, dry summer. May include other stewardship activities. Gloves, tools, and planting guidance are provided -- all you need to do is show up dressed for the weather wearing sturdy shoes or boots, and be ready to have fun!

HAPPY VALLEY PARK
FRIDAY, APRIL 22ND
8:45AM - 1PM

REGISTER AT:
[HTTPS://FRIENDSOFTREES.ORG/EVENT-CALENDAR/](https://friendsoftrees.org/event-calendar/)

VIRTUAL RECREATION CENTER & RESOURCES

VIRTUAL RECREATION CENTER & RESOURCES
Happy Valley Parks and Recreation Website

Make sure to check out the City of Happy Valley Parks and Recreation's Virtual Recreation Center & Resource section of their webpage! Here you will be able to scour through hand-fuls of virtual recreation activities for youth, teens, adults, and seniors.

GIGI'S PLAYHOUSE RUN/WALK AIMS TO RAISE AWARENESS

Join the community as GiGi's Playhouse brings its popular fund-raising event to Happy Valley. With a new center slated to open in the Happy Valley/Clackamas area soon, GiGi's Playhouse offers consistent delivery of free educational, therapeutic-based and career development programs for individuals with Down syndrome, their families, and the community. Be part of the fun by participating in this family friendly event to be held at Happy Valley Park.

ACCEPTANCE CHALLENGE

5K FUN RUN **1 MILE WALK** **KIDS DASH for DOWN SYNDROME**

A Physical and Social Movement for Acceptance

Happy Valley Park All Abilities Playground
13770 SE Ridgecrest RD, Happy Valley
Saturday, April 23, 2022

7:00 am Registration
8:30 am 5K Run Starts
9:30 am Free Kids Dash
10:00 am 1 Mile Walk

\$40 5K per person
\$21 1 mile walk - adult
\$15 1 mile walk - child

Inflatables, DJ, Face Painting, and more!
Bring your whole family!

The event is FREE for individuals with Down syndrome and 5 years old and under
5K price includes: Professional Timing, T-shirt and Medal
1 mile walk price includes: T-shirt
\$10 for additional shirts -Size guarantees available until April 13th

REGISTER or SPONSOR:
<https://gigisplayhouse.org/portland/acceptance-challenge>

HVN Story Ideas
Attn: Publisher
6605 SE Lake Rd
Milwaukie, OR 97222
hvn@pamplinmedia.com

Help distracted driving take a back seat

City of Happy Valley

April is Distracted Driving Awareness Month and safety organizations across the nation are encouraging people to commit to keeping our roads safer.

According to the National Safety Council, more than 700 people are injured in distracted driving crashes every day and roughly 3,000 deaths occur annually because of it, says the National Highway Transportation and Safety Administration. Distractions range from talking on a cell phone (both hand-held and hands-free), texting, eating, applying make-up, and anything else that diverts your attention away from driving.

To prevent tragedies due to distracted driving, the U.S. Department of Transportation urges motorists to do the following:

- Turn off electronic devices and put them out of reach before starting to drive.
- Be good role models for young drivers and set a good example. Talk with your teens about responsible driving.
- Speak up when you are a passenger and your driver uses an electronic device while driving. Offer to make the call for the driver, so his or her full attention stays on the driving task.



“It is an honor to partner with members of our community to help raise awareness to this dangerous, possibly fatal, activity, and create opportunities for safer travel for all.”

Rich Sheldon, Happy Valley Police Chief

■ ALWAYS wear your seat belt. Seat belts are often the best defense against unsafe drivers.

Many people think of texting or talking on a cell phone as distracted driving, but it really can be anything. Scanning radio stations, reaching for something behind you, adjusting your car’s control knobs, talking to a passenger, or simply focusing on thoughts other than driving are all examples of distractions. To keep Happy Valley’s roads safe, we must

all do our part to make a conscious decision to focus on the road ahead. Unfortunately, cell phone use while driving is rampant and one of the main causes of distraction. To make matters worse, cell phone use is usually seen as the cause of an auto accident AFTER it has already occurred, making it all the more important to ensure cell phones are stowed away while operating a vehicle.

Happy Valley Police use education and enforcement to address traffic violations. Dis-



Distracted driving can have a lasting impact. Please remember to focus on the road when driving and encourage loved ones to do the same.

tracted driving is a cause of many of the crashes investigated in the City, so deputies are asking YOU to help get the word out about distracted driving. Encourage conversations amongst your family and friend groups. Remind drivers in your household how important it is to stay focused when behind the wheel.

Working together

In partnership with Happy Valley Elementary’s PTO, the City is making a concerted ef-

fort to further encourage safety when it comes to school zones. Highlighting the school’s PTO Take30 safety campaign, the City and Happy Valley Police have joined forces to further encourage both drivers and pedestrians to take an active role in establishing safe habits and routines when using the roads. This extends to not only distracted driving, but also includes issues related to speed and crosswalk safety.

“One of our primary goals is

It takes a village

Drivers aren’t the only ones needing to pay attention. Pedestrians and bicyclists are also reminded to focus on their surroundings. Everyone plays a vital role in establishing safe practices and making the roads a safe place for travel.

to keep our community’s roads safe by helping educate residents about the effects of dangerous driving behaviors,” says Happy Valley Police Chief, Rich Sheldon. “It is an honor to partner with members of our community to help raise awareness to this dangerous, possibly fatal, activity, and create opportunities for safer travel for all.”

To learn more about Happy Valley Elementary PTO’s Take 30 safety campaign, check out the story on page 1 and look for more information throughout the month at www.happyvalleyor.gov/school-zone-safety/.

We all want to be able to drive, bike and walk safely in Happy Valley. Ultimately, distracted driving is preventable and sometimes we all just need a reminder of the risks and dangers. Please join us this month and commit to helping keep our community’s roads safe.

Traffic

■ From Page 1

how our collaboration started.”

“I was pleased to hear from the PTO and thrilled to partner on the safety campaign. It’s a grass-roots effort. I love when our residents take an active role in community safety,” said Steve Campbell, director of community services and public safety for the City of Happy Valley.

Ironically, the PTO was about to be disbanded at the start of the 2021-22 school year. At a meeting, Thomas reluctantly raised her hand

and said, “if no one else will, I might be able to.” She was emailed later that afternoon with congratulations; the position was hers, sharing it with co-President Angela Dewey. Laura Sears is secretary, and Irene Scruggs is the treasurer.

With COVID-19 protocols still in place, running a PTO with only four members was difficult. Fundraising was limited, meetings were virtual, money was dwindling, and the fun events school kids and their parents loved were canceled. A byproduct of the pandemic was school bus ridership was at an all-time low.

“Normally, ridership in Happy Valley is 15% compared to 75% in Milwaukie.

But with the pandemic, very few people put their kids on the bus because it seemed that’s where any extra COVID exposure was happening. It’s nice to have the luxury to take your kids to school, but it creates problems with traffic,” Thomas said. “We saw what needed to be done.”

The PTO contacted the city and asked for more police presence to enforce no parking in the bike lane and to catch speeders. Together with city officials, they are working to reduce the speed limit from 35 miles per hour to 20 and to have the school zone lights turned on continuously during school hours.

The city also is working to move the lighted crosswalk

east from Southeast Regina Court to Rolling Meadows Drive where the majority of students cross King Road.

“As moms, we do what can. Because of our traffic campaign, we have had numerous parents tell us they appreciate our efforts trying to fix the problem. We have seen a difference with speeders and traffic infractions,” Thomas said.

The PTO spent \$800 on signage to help guide parents where to pick up their children. There are no-parking signs, and all signage was approved by Principal Heather Hull. The PTO members said they were impressed with the pick-up system former Principal Dianne Ngai originally put

in place. Currently, three staff members coordinate the daily drop-offs and pick-ups.

“The city put us in contact with Metro, Safe Routes to School and Chief of Police Rich Sheldon. We’ve had two meetings, and they are allowing us to utilize their resources for our May 20 event — National Walk and Roll to School Safely, which will start at 7 a.m. at Happy Valley Park,” Thomas said.

The event will include Happy Valley Middle School and will show parents the options for getting their children to school safely.

“We want parents to know they have options to walk to school safely. They can park at the park and cut through

the fields. At our event, we will have incentives, coffee and treats,” Thomas said. “The park is quiet in the mornings, and it’s good for the kids to walk, especially in early fall and spring. I’d like to see kids riding the bus again; it will help with the traffic.”

“We were very happy with the response of the city. At first, we thought it was a fat chance even asking, but Steve Campbell and Stephanie Warneke were excited to help. They appreciated that we were willing to help.”

Currently, the PTO also is working on a video, produced by HVMS, to educate families about safety during morning and afternoon transitions.

You Can Help Prevent Water Pollution!

Keeping your lawn free of weeds involves many choices—some are hazardous to our families, pets, and waterways.

Safest

Annually aerate, de-thatch and over-seed bare spots in spring. This will keep the lawn dense and healthy, which keeps out weeds. Use a long-handled weed removal tool for easy weed removal. Fertilize only in fall with a slow release fertilizer, if at all.

Next Best

If you choose a weed or insect control product, look for the OMRI label which helps identify less hazardous chemicals. Always read and follow the label, as even natural/organic products can be harmful. Only apply products when multiple dry days are forecast. Spot spray only the individual weeds you really can’t live with!

Important Measures You Can Take

Do not apply pesticides, herbicides or fertilizers under windy conditions, or when rain, snow or hail is predicted within the next 48 hours.

Consider hiring an ECOBIZ certified landscaper! See www.ecobiz.org

Clackamas Water Environment Services produces clean water and protects water quality. It’s our job to ensure that residents and visitors enjoy the benefits of safe, healthy water for generations to come.

Learn more at clackamas.us/wes/education

We're here for you so you can

be here.





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The Pinecone Kid, Cody Tiede

The Pinecone Kid, Cody Tiede, raised \$811 selling decorated pinecones back in December at the Procrastinator's Market. Today, he delivered his hard-earned money to the local Ronald McDonald House. Tiede, who is a 6th grader in Happy Valley has previously raised nearly \$10,000 while living in Bakersfield, California.



Preventing window falls Tips to keep kids safe



Clackamas Fire District #1

You can protect your child from falling from a window. Window falls are predictable, therefore preventable. We need your help to reduce the risk of injury to children. According to the Consumer Product Safety Commission, about eight children under the age of five die each year from falling out a window, and more than 3,300 are seriously injured enough to go to the hospital. The Window Safety Task Force offers these suggestions to help protect children:

- Teach children to play away from windows
- Teach caregivers and children that screens keep bugs out, but they don't keep children in
- For any windows that are six feet or higher from the ground, install window stops or guards, limiting open windows to no more than four inches
- Keep windows closed and locked when not in use
- Keep furniture or anything a child can climb on away from windows

- Always supervise children and ask about window safety when your child visits other homes
- Lessen the potential impact of injury from a fall through strategic landscaping – use wood chips, grass, or shrubs beneath windows

For more information on window stops or guards, and how to install them, visit www.stopat4.com. The safety stores located at Randall Children's Hospital and Doernbecher Children's Hospital carry safety devices for windows as well.



April is window fall prevention month. Take a moment to ensure your child knows the dangers and do what you can to safeguard your space.

WASHMAN

THE WORKS CAR WASH

ONLY \$5 **YOU SAVE \$9**
(GOOD THROUGH 5/22)



NOW OPEN

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