

SeaSweets Poke brings the islands to the valley

See Page 2



Code Corner debuts with helpful information from your HV Community Services Officers

See Page 5



# Happy Valley NEWS

A city, community, a lifestyle — a place we proudly call home



ClackamasReview



City Councilor, David Emami, made sure his vehicle was winter ready and took advantage of the complimentary tire chain application refresher.

## Gear up for snow before you hit the road



Those who travel to the mountains or snowy areas regularly likely know their way around chains and other traction devices. For the rest of us, the occasional snow day in the Metro area comes few and far between, making chains seem like a confusing jumble when it's time to pull them out from wherever you last stashed them. To help residents prepare for the prospect of wintry roads, the Happy Valley's Parks and Recreation Department teamed up with local business, Les Schwab Tire Center, last month to offer a free tire check and chain up clinic.

The popular business hosted the event at their Happy Valley location. Crew members provided step-by-step instruction on how to install tire chains and then gave participants an opportunity to practice attaching them independently.

With so many in our community exploring the outdoors, the clinic not only offered a chance for residents to obtain the items necessary for a quick mountain getaway, but it also encouraged a life-long skill that could come in handy.

**INTERESTED IN LEARNING MORE ABOUT HOW YOU CAN BE PREPARED FOR WINTER WEATHER IN HAPPY VALLEY?**

Be sure to check out [www.happyvalleyor.gov/inclementweather](http://www.happyvalleyor.gov/inclementweather) and if you still need your own vehicle traction devices, consider giving Les Schwab a call to book an appointment.

Les Schwab Tire Center  
13254 SE 169th Ave.  
(503) 427-0448



Located off 169th Ave., Les Schwab is a convenient location in Happy Valley for many vehicle needs. Thank you again to store manager, Rob Herbel, and his team for helping the City offer this educational event for the third year in a row.



Mayor Tom Ellis taps the ceremonial firkin at 2022's return of Oktoberfest. An opening cheer, the ceremony illustrates a new beginning and the start of something joyous. Similarly, as 2023 unfolds, Mayor Ellis wants to wish all residents a Happy New Year and a time of peace, health, and happiness.

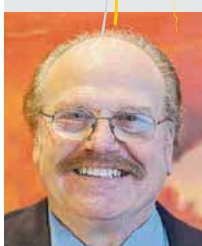
PMG PHOTO

# Happy New Year Happy Valley!

January is the start of a new beginning for Happy Valley and I am excited for what's to come.

From our beautiful parks, welcoming neighborhoods, entertaining events, and thriving businesses, Happy Valley is home to a variety of services and amenities that are truly one of a kind. Between activities, shops, and our community's people, Happy Valley really is one of the most desirable places to reside.

Happy Valley has kept its small-



BY MAYOR  
TOM ELLIS

town feel where you can still rely on a community event or visit to a local business to reconnect you with a familiar face. It is the best of both worlds, with new experiences always around the corner yet there is a feeling of consistency and comfort in our surroundings.

Not only have the City staff made significant progress on the City Council's priorities, they continue to provide high quality customer service while processing a record number of requests from residents in the

community. This team is hard at work throughout the year, often working after hours and coming in early to prepare for community events. They spend countless hours talking to residents, listening to concerns, and finding ways to meet the needs of our community. Their quality of work is second to none and I am constantly impressed with the passion they have when it comes to helping those they serve.

I am committed to working with City Council to continue our efforts in the new year. Together, we are excited to keep the momentum going when it comes projects and events in the works. I am also very committed

to working with residents. I believe residents provide a wealth of ideas and perspective, and working in collaboration with the community is a major priority for me and the Council as this year moves forward. Happy Valley is a wonderful community because of the contributions of everyone who lives and works here, and I am very proud to represent this city.

As I look ahead to this exciting year, it's my hope for all residents that 2023 is ultimately filled with opportunity and joy, and that we can celebrate another year together.

Thank you and Happy New Year!

-Mayor Tom Ellis

## Willamette Valley Vineyards opens in HV

One of the region's leading wineries, WVV opens stunning 5,000 square foot Tasting Room at Cross Roads East

By SARAH LAMARCHE  
Pamplin Media Group

Stepping into the newly opened Willamette Valley Vineyards Tasting Room & Restaurant, you're immediately struck by its simple elegance. It's evident in the architecture – in the entry a gorgeous, dark wrap-around bar draws you in, and matching hardwood floors guide your eyes down the hall to the formal dining area. In the center of the dining area is a substantial granite boulder that has been carved into an open-air fireplace. There are floor-to-ceiling glass garage doors that can be raised in the summer, and they open onto a stone patio space with a cascading water feature and outdoor fire pit. But the creative design doesn't stop there, with seating



PMG PHOTO: SARAH LAMARCHE

VINEYARD / Page 2

The bar and dining area of the newly opened Willamette Valley Vineyards Tasting Room and Restaurant in Happy Valley.

Pamplin  
Media Group

This publication is a partnership between Pamplin Media Group and the City of Happy Valley.



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# Vineyard

■ From Page A1

throughout that includes cozy booths designed to look like wooden wine barrels. Every design element is smooth and refined with only the cleanest of lines.

Scott Edwards served as architect for expansion into Happy Valley and drew design inspiration from the character found at Willamette Valley Vineyards in South Salem Hills.

Headquartered on a sprawling, 67-acre Salem estate, Willamette Valley Vineyards moves further into the off-site tasting room and restaurant combination in the metro area. They opened locations in Lake Oswego and Vancouver earlier this year and a new Bend location is in the works.

### A year of growth as a company

“This has been a year of growth as a company,” said Happy Valley Tasting Room manager Dana Doggett. “We want to provide the winery experience to more people. We want to provide a different kind of hospitality, an elevated dining experience.”

But don’t just come for the atmosphere, or the friendly and attentive wait staff, come for the vast selection of rare wines. Willamette Valley Vineyard’s earned the title, “One of America’s Great Pinot Noir Producers” from Wine Enthusiast Magazine.

“Pinot noir is our sweet spot,” said Doggett.

### Pacific Northwest-inspired cuisine



COURTESY PHOTOS: WILLAMETTE VALLEY VINEYARDS  
ABOVE: The new restaurant will have a variety of tasty food options to pair with Willamette Valley Vineyards wine selections. TOP RIGHT: The new storefront is located in Happy Valley Cross Roads East Complex. BOTTOM RIGHT: The dining area is the perfect atmosphere for enjoying wine with friends and family.

### and sustainably grown wines

Their Pacific Northwest-inspired cuisine is carefully designed to go with their sustainably grown wine. The menu features flights and wines by the glass, in addition to their pairings, which range from light to medium to bold. Their cheeses, meats and produce are sourced from local farms and creameries. They also have charcuteries, chutnies and jam, and crackers made in-house. Need more incentive to come in often—they change their menu frequently.

“We take seasonality seriously.” Said Doggett.

Of the Tasting Room and Restau-

rant opening, Doggett said, “It’s been incredibly well-received.”

“We’re focused on being part of the community and being a destination to go to,” said Jim Bernau, founder and CEO of Willamette Valley Vineyards. “Wine enthusiasts and lovers like convenience and like us being where they live.”

For the wine enthusiasts, they also offer a wine club. Members pay a monthly fee for wine club credit to use towards wine purchases, and they also receive discounts and benefits. It also grants early access to events. For more information, visit their website: [www.wvv.com/Visit-Us/Happy-Valley](http://www.wvv.com/Visit-Us/Happy-Valley).



# SeaSweets Poke



### SEASWEETS POKE - CLACKAMAS

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[www.seasweetspoke.com/](http://www.seasweetspoke.com/)  
Open Daily from 11am-8pm



SeaSweets Poke owners David Lo and Ian Hung at their new Happy Valley location  
PMG PHOTO

## OWNERS DAVID LO & IAN HUNG BRING QUICK, HEALTHY & DELICIOUS POKE TO THE VALLEY WITH ‘MAINLANDED,’ CUSTOMIZABLE FLAVORS OF THE ISLANDS.

By Pamplin Media Group

In 2017, David Lo & Ian Hung opened their first restaurant together in Southeast Portland, SeaSweets Poke. In 2019, they opened their second location in Beaverton. And in 2022 – just slightly setback from schedule – they opened their newest location in Happy Valley, sandwiched between Safeway and Rite Aid at 122nd and Sunnyside.

Hung had gone to the Culinary Institute of America and spent time working in restau-

rants in Hawaii, while Lo had always had a passion for healthy, delicious food. His wife’s family was in the restaurant industry, and it seemed forces were moving him toward it as well.

“Ian and I would be hanging out and all we would do was talk about food and restaurant concepts,” Lo said. “Finally, we just decided to jump in and this is the result of that.”

Poke was starting to make mainland inroads in big cities such as New York, LA & Seattle, Lo says, but wasn’t yet a common offerings in the Port-

land Metro area.

They were always looking for something quick, something fresh, something healthy...back when they began there weren’t many options other than pizza & fast food.

### Your poke, your way!

But just what is poke? Poke is a traditional Hawaiian dish typically made of ahi tuna, marinated in sesame oil, soy, ginger, scallions and seaweed. Lo says It’s usually served as an accompaniment, like a side dish or an appetizer. What they

do at SeaSweets - putting poke in in bowl form, allowing customers to add a couple sides and to top it off with their own seasoning or crunchiness or heat – helps to make the unfamiliar familiar.

At SeaSweets, beyond the offering of traditional Ahi poke, they offer Shoyu Ahi, Truffle Salmon, Miso Wasabi Ahi, Garlic Salmon, Spicy Albacore, Cumin Lime Shrimp and Spicy Tuna. They even offer a vegan Tofu poke. All of their pokes are gluten free and made fresh in house. Customers have the choice of a regular (one scoop)

or large (two scoops) when building their bowl.

After choosing a base, selecting from white or brown rice, kale salad or a mix of each, select your poke, add sides & toppings such as seaweed salad, kimchee corn, li-hing cabbage slaw, Hijiki edamame, house pickled beans sprouts or lemon pepper krab. Add some optional premium add-ons and customize with toppings and sauces and you’ve got a custom flavored poke bowl just how you want it!

“A lot of this stuff is unfamiliar to people. It’s familiar in the

sense that it’s similar to sushi, but it’s unfamiliar. Our staff is more than happy to explain everything, teach them how to build their bowls,” says Lo.

SeaSweets is available on all the food delivery platforms, can be ordered for pickup online or ordered in-store for those looking to understand a little better before placing their order.

“When people come in they should expect a meal that’s fresh, delicious and healthy,” Lo said. “We train our staff to be very knowledgeable and give great service.”



COURTESY PHOTOS: SEASWEETS POKE

All of SeaSweets bowls are customizable, with choice of poke and sides including seaweed salad, Kimchee corn, Li-Hing cabbage slaw, Hijiki edamame, House pickled bean sprouts and more!





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**HAPPY VALLEY CITY COUNCIL**  
Council Meetings are held  
1st and 3rd Tuesdays of the  
month at 7 p.m. at City Hall  
16000 SE Misty Drive  
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[www.happyvalleyor.gov](http://www.happyvalleyor.gov)

# Welcome Joshua Callahan

## CITYCOUNCIL

If you were to look up the word community in the dictionary, I believe you would see a picture of Happy Valley. From the abundant green spaces to the ball fields and farmers markets, Happy Valley brings families and friends together every day. I personally love the 4th of July celebration at Happy Valley Park with all the rides, activities, and snacks one can enjoy after the neighborhood parade. From there, the music and fire-

works take the stage and make the entire day a celebration to remember. Another thing I love about our community is the connection between neighborhoods with the trail system that keeps expanding. My kids can jump on their scooter or bike and navigate to a friend's house that they would otherwise have to cross a few busy streets to get to. I also really love the message boards and social media groups that keep us up to date on current events and happenings, along with a solid safety watch that every neighbor can be a part of.

A few years back, I decided I wanted to be involved in the future of Happy Valley, so I volunteered to be on the Planning Commission for the City. That turned into working on some of the steering committees and boards where I have been part of the decision-making process for our future community center and downtown area. I want my kids to feel a pull to Happy Valley when they leave, so that they might come back and raise their own families here one day. Beyond coaching kids sports teams and volunteering where I can, I decided to run for City Council to

try and make an even larger impact in this community I love so much. I can't wait to get to work and keep making this amazing community so desirable for families to come and raise their young ones. I love this place and believe it lives up to its name - Happy Valley!



CALLAHAN

# What would you do as mayor?

Students get a chance to pitch their big ideas

## IF I WERE MAYOR

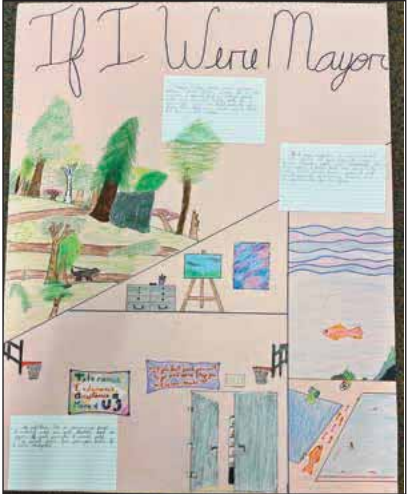
A CONTEST FOR STUDENTS GRADES 4-12!

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POSTERS (GRADES 4-5)   ESSAYS (GRADES 6-8)  
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DEADLINE FOR ENTRY SUBMISSION IS MARCH 10 AT 5PM  
CHECK OUT [WWW.HAPPYVALLEYOR.GOV/IF-I-WERE-MAYOR](http://WWW.HAPPYVALLEYOR.GOV/IF-I-WERE-MAYOR)

Now a student with big ideas, a compassionate heart, and interest in making the community a better place? The City of Happy Valley is again participating in the Oregon Mayors Association (OMA) If I were Mayor, I would... contest. Here, students are invited to share their creative ideas about how they would govern the City of Happy Valley. Winning entries from local contests throughout Oregon are then submitted to a statewide competition. Last year, Brynn Walter and Grover Nickel were recognized for their winning submissions at the City level. The contest will once again be carried out in virtual format. At its core, If I Were Mayor gives students the opportunity to take a closer look at their community and share their thoughts about safety, the environment, health, social services, youth programs and anything else they think is vital to the City. For students, this is a great way to stay connected to learning and spark some creativity. For all the details, including contest guidelines and how to submit an entry, simply head to [www.happyvalleyor.gov/if-i-were-mayor](http://www.happyvalleyor.gov/if-i-were-mayor). The deadline for submitting your finished product is 5 p.m. Friday, Mar. 10.



What would you do as Mayor? Students in Happy Valley are encouraged to enter the City's annual contest that gives them a chance to share their ideas. This submission, created by Brynn Walter won the City's poster category in 2022.

### GENERAL CONTEST FORMAT

- There are three categories based on student grade:
- **ELEMENTARY SCHOOL** (grades 4-5) - Poster
  - **MIDDLE SCHOOL** (grades 6-8) - Essay
  - **HIGH SCHOOL** (grades 9-12) - Digital Media Presentation

The winner of each age group in the Happy Valley contest will be awarded a \$100 gift card and recognized at an upcoming City Council Meeting. The winning submissions will then be entered in the statewide contest where there will be a chance to compete for an additional prize.

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Moles are traditionally made for special occasions, Friday is the end of a long work week, come and celebrate with us by eating specially made moles from different regions of Mexico every Friday of the week. Other chile sauces (stews) will be available as well.

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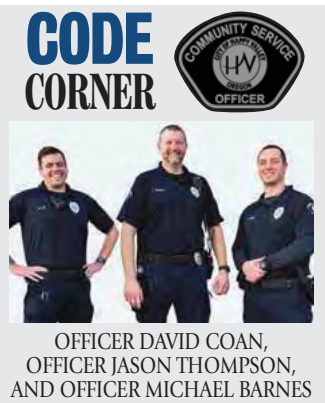
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# RING THE ALARM:

## Keep false alarms at bay and make sure your permit is up to date



OFFICER DAVID COAN,  
OFFICER JASON THOMPSON,  
AND OFFICER MICHAEL BARNES

**FACT:** If police respond to your alarm, and you don't have an alarm permit, you could be subject to a \$500 fine. Make sure you comply by completing your alarm application if you haven't already.

ment that you obtain a formal permit from the City.

### Malfunctions and mishaps

Home security systems offer protection for your loved ones and property, and often provide peace of mind whether you're home or away. Depending on the company you use and the features you select, alarm systems can be as basic or complex as you desire. With this said, it is important to keep in mind that if you have a home or business alarm system, it is a require-

In Happy Valley, police respond to all home and business alarm calls, but excessive false alarms can place a significant burden on our law enforcement resources and tax dollars. It is the responsibility of the alarm user to be able to manage the system and use it correctly. Malfunctioning sensors and careless use can be troublesome and lead to unnecessary visits by police. Should your home or business



Do you utilize a home alarm system? Make sure you have an up-to-date permit on file with the City by heading to [www.happyvalleyor.gov/alarmsystems/](http://www.happyvalleyor.gov/alarmsystems/)

alarm be triggered unnecessarily more than twice, you WILL be subject to citation. Please help us keep false alarms to a minimum and be mindful of any training you, your family, or employees may require to effectively use any systems in place.

### Benefits to YOU when you complete the permit process:

- Police will be relayed important information about any medical concerns, presence of animals, and any premise hazards that might apply to your residence or business.
- Emergency contact num-

bers will be on file with the City in case emergency personnel cannot get a hold of you right away.

### Apply for a permit

Alarm permits are issued at City Hall and can be applied for in person or by mail. Alarm permits cover a two-year period, beginning the date the permit is issued. Users simply need to head to [www.happyvalleyor.gov/alarmsystems/](http://www.happyvalleyor.gov/alarmsystems/) to download the alarm permit application. Follow the directions and submit the completed application with accompanying fee (\$60 for residen-

tial, \$100 for business). Once your permit is received, it should be displayed physically upon the premises and available for inspection.

**Please note:** For residents 65 years of age or over, or resident military/veteran, an alarm permit must be submitted, however the permit fee is waived.

### Have questions about the alarm permitting process?

Reach out to Code Enforcement Administrative Assistant, Christine Beltz at [cbeltz@happyvalleyor.gov](mailto:cbeltz@happyvalleyor.gov). You can also contact her by phone at 503-783-3800.

## UPDATE



### City of Happy Valley

The Pleasant Valley/North Carver Comprehensive Plan (PV/NC Plan) provides guidance regarding such things as land use, transportation, parks, and environmental issues that will be instrumental to ensuring planning is successful in the Pleasant Valley and North Carver areas. The City has been working with advisory groups, stakeholders, and community feedback since 2018 to help shape the direction of the Plan.

Benefits to having a Comprehensive Plan include:

- Housing options and livable neighborhoods
- A well-planned parks and trails system
- Strategies for addressing congestion and road safety
- Local employment opportunities

The Planning Commission held a series of public hearings to review the Draft PV/NC Plan with input from the community before forming a recommendation that the City Council approve the proposal with several changes based on the public testimony, property owner requests and Planning Commission consideration and evaluation received. Staff will be making amendments over the next few months.

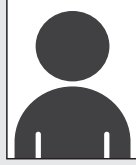
Once the revised PV/NC Plan is ready for City Council review, property owners in the PV/NC Plan area will receive another invitation to participate in the City Council review in the mail. The notice will also be emailed to those that have participated in the review process and posted on the project website. The City Council will hold a public hearing to elicit more citizen feedback and decide if the PV/NC Plan should be adopted and if any additional changes are needed. For ongoing updates about the PV/NC Plan and upcoming events, visit [hv.city/pvnc](http://hv.city/pvnc).

**INTERACTIVE ZONING MAP:** A interactive Draft Zoning Map associated with the PV/NC Plan is now on the City's website. Head to [www.hv.city/pvnc](http://www.hv.city/pvnc).

### Happy Valley News staff



**CITY WRITER**  
**Stephanie Warneke**  
[SWarneke@happyvalleyor.gov](mailto:SWarneke@happyvalleyor.gov)



The HVN is seeking experienced writers.  
Email [hvn@pamplinmedia.com](mailto:hvn@pamplinmedia.com) for more information

This publication is a partnership between Pamplin Media Group and the City of Happy Valley.



**Publisher's Note:** Have an idea for a story? We are always on the search for new people, places, and things to write about. If you have an idea for an uplifting story that would benefit the community, then we want to hear from you!

To submit your idea, please head to [hvn@pamplinmedia.com](mailto:hvn@pamplinmedia.com) and include as many details as possible, so our publication team can review your proposal. Our best stories highlight the spirit and values of the Happy Valley community and showcase meaningful happenings in the lives of residents and local businesses. We invite you to include anecdotes in your story proposal that are funny, astonishing, heartwarming, and inspiring. If we think your story idea is a good fit, our community writer will get in contact with you to discuss the possibility of it being featured in an upcoming issue.



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At the time of print, the following events were scheduled. Most meetings have options to attend in-person or virtually. Please check [www.happyvalleyor.gov](http://www.happyvalleyor.gov) to confirm timing of events and instructions to participate virtually. You can also opt in to receive notifications about upcoming meetings by visiting [www.happyvalleyor.gov/signup-for-notifications](http://www.happyvalleyor.gov/signup-for-notifications)

CITY OF HAPPY VALLEY

- January 16**  
**Martin Luther King Jr. Day – City Hall and Happy Valley Library Closed**

**January 17**  
**City Council Work Session:** 6pm

**City Council Meeting:** 7pm

**January 10**  
**Library Board Meeting:** 6pm
- January 25**  
**Happy Valley Business Alliance Meeting:** 7:30am-9am

**February 7**  
**City Council Work Session:** 6pm

**City Council Meeting:** 7pm

# Happy Valley year in review

Every year, our team puts together an Annual Report detailing the work we have accomplished as a group. As always, I can't believe the progress the City made in 2022. An extensive amount of work was accomplished towards meeting the City Council Goals, improving the City's infrastructure, and responding to the day-to-day needs of building and maintaining a community. Below are just a few of numerous projects the City has been working on this

MAYOR'S MESSAGE



TOM ELLIS

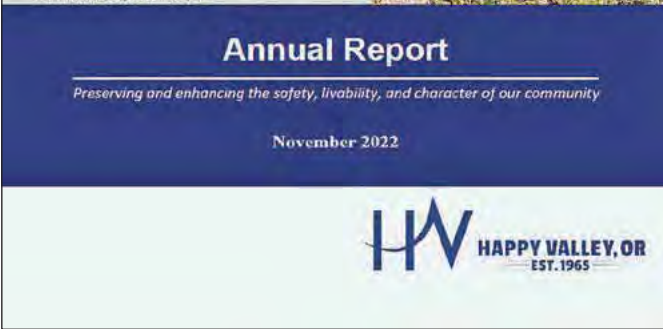
past year:

- Entered into an agreement to purchase 40 acres for a future community center and park;
- Installed additional all abilities playgrounds throughout the

- City;
- Received a grant to fund a sculpture at the Veteran's Memorial;
  - Passed the parks levy with over 75% approval;
  - Identified land and developed plans for a future downtown;
  - Completed 50% design for the library expansion, paving the way for construction in 2023;
  - Welcomed new businesses; and
  - Re-started world class city events following a break due to COVID-19

In addition to the projects above, the City continued to respond with the highest standards of customer service to record levels of applications, permits, requests, and other daily tasks of running the City.

I cannot say enough how impressed I am with how our entire team. Everyone at the City has played a significant role: from the City Council to our staff and volunteers. Let me say to all our volunteers, City Council members, and staff: thank you! I am proud of what we have accomplished and excited for the year ahead.



The 2022 Annual Update Report is available for viewing on our City website. Check out [www.happyvalleyor.gov/annual-report](http://www.happyvalleyor.gov/annual-report).

# Stay warm this winter with these home heating safety tips



There is something about the winter months and curling up with a good book by the fireplace. But did you know that heating equipment is one of the leading causes of home fire deaths? With a few simple safety tips and precautions you can prevent most heating fires from happening. More cost-effective methods, such as the use of wood burning stoves, space heaters, and fireplaces may be the right choice for you and your family. However, they are

a major contributing factor in residential fires with half of home heating fires are reported during the months of December, January, and February. These safety tips can help you create a fire safe home this winter:

- Keep anything that can burn at least three-feet away from heating equipment, like the furnace, fireplace, wood stove, or portable space heater.
- Have a three-foot "kid-free zone" around open fires and space heaters.
- Never use your oven to heat your home.
- Have a qualified professional install stationary space heating equipment, water heaters or central heating equipment according to the local codes and manufacturer's instructions.
- Have heating equipment and chimneys cleaned and in-



A warm fire or convenient space heater may be just what you need this winter to stay cozy, but remember to follow these vital safety tips.

spected annually, especially if it has not been used for some time, and always by a qualified professional.

- Keep a glass or metal screen in front of the fireplace

opening to prevent embers or sparks from jumping out, unwanted material from going in, and help prevent the possibility of burns to occupants.

- Remember to turn portable heaters off when leaving the room or going to bed.
- Always use the right kind of fuel, specified by the manufacturer, for fuel-burning space heaters.
- Do not use flammable liquids to start or accelerate any fire.
- Before you go to sleep, be sure your fireplace fire is out. Never close your damper with hot ashes in the fireplace. A closed damper will help the fire to heat up again and will force toxic carbon monoxide into the house.
- Leave furnace repairs to qualified specialists. Do not attempt repairs yourself unless

- Keep trash and other combustibles away from the heating system.
- Test smoke alarms monthly.

HEATING EQUIPMENT SMARTS

- Install wood burning stoves following manufacturer's instructions or have a professional do the installation. All fuel-burning equipment should be vented to the outside to avoid carbon monoxide (CO) poisoning.
- Install and maintain CO alarms to avoid the risk of CO poisoning. If you smell gas in your gas heater, do not light the appliance. Leave the home immediately and call Clackamas Fire District #1 or the gas company.

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# The most wonderful time of the year, indeed

City of Happy Valley

Residents and friends gathered once again at City Hall on Dec. 4 as Happy Valley’s annual Tree Lighting Ceremony helped jump start the holiday season. Cheerful music, warm cocoa and the wintry air got everyone into the spirit of the event. The beautiful lights and festive decorations added to the family friendly celebration.

We would like to acknowledge those who helped this year’s event come to fruition: Thank you to the City’s Public Works team for installing all the lights and to the City’s Parks and Recreation Supervisor, Stephani Hern, for organizing this beloved event. We’d also like to recognize the Happy Valley Library for putting together complimentary craft kits for youth. Additional thanks to Miss Oregon Teen USA, Isabella Ellsworth, who served as our guest emcee for the night. A resident and Nelson High School senior, we are so proud to have you in our midst.

Community members enjoyed holiday performances by Rock Creek Middle School’s band, Happy Valley Middle School’s choir and the high school jazz band of Adrienne C. Nelson. Our vendors, Country Coffee, TNT Kettle Korn, and Moondrops Bavarian Roasted Nuts kept community members satiated with all the decadent treats. It was truly an enchanting evening.

We would also like to extend a heartfelt thank you to our sponsors, Rivermark Community Credit Union, EarthWise Pet Supply, and iQ Credit Union. We can’t thank you enough for your contributions and willingness to support our community.

We absolutely could not have carried this out without the behind the scenes support of the Happy Valley Youth Council and National Charity League, Inc. Sunnyside Chapter. Your partnerships mean the world to us, and we appreciate everything you do.

Finally, thank you to Clackamas Fire for teaming up with us once again to bring cheer to local families in need. Through Operation Santa efforts, we are proud to give back to the community.

To the Happy Valley community, thank you for spending the evening with us. We wish you peace, joy, health, and happiness. We hope everyone enjoyed their holiday season with loved ones.



CITY OF HAPPY VALLEY  
PARKS & RECREATION



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-Rumi

Community Health Access Program

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REAL ESTATE TEAM

WHAT'S HAPPENING IN YOUR NEIGHBORHOOD?

THIS MONTH'S  
FEATURED NEIGHBORHOOD:

BURGUNDY ROSE

Address	Beds	Baths	Sq Ft	Status	List Price	Sold Price
12568 SE BLACKSTONE AVE	4	2.1	2127	Sold	\$549,900	\$539,900
12791 SE 155TH AVE	4	2.1	2954	Sold	\$719,900	\$725,000
15750 SE CHELSEA MORNING	3	2.1	2333	Sold	\$624,000	\$695,000
12439 SE ANDORRA AVE	4	2.1	2965	Sold	\$677,900	\$701,000
16037 SE PEACE CT	4	2.1	2313	Sold	\$579,000	\$598,000

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- OAR, NAR, PMAR
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Harcourts  
RE Network Group

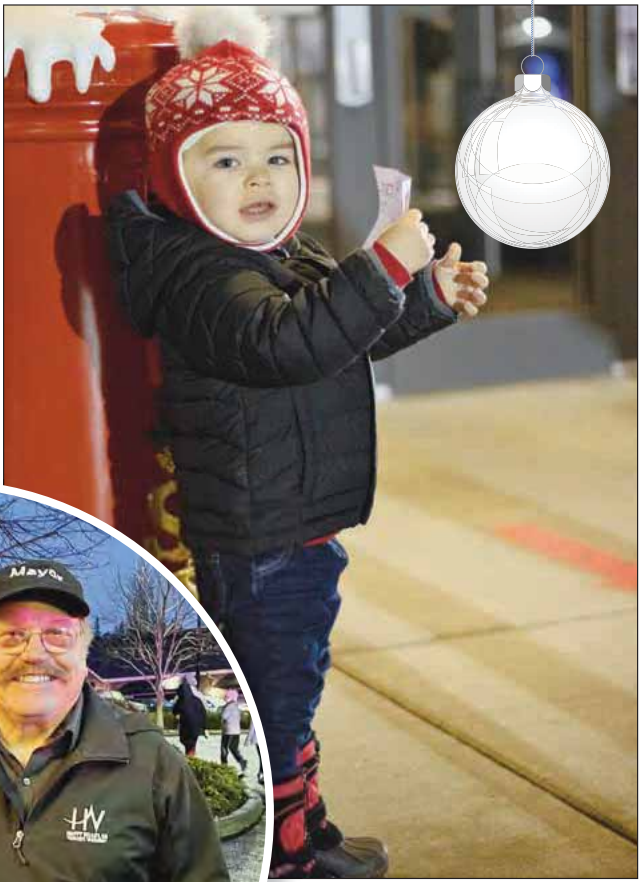
503-780-6607





► Children and families had a chance to get creative with a designated craft area inside City Hall.

▼ Santa listened carefully to children's hopes and wishes for the holiday.



▲ A North Pole substation was available for kids to mail letters to Santa.



► Mayor Tom Ellis, right, and emcee, Isabella Ellsworth (Miss Oregon Teen USA) kicked off the event with an official welcome.



▲ Families took festive photos in front of the City tree.



► Outdoor activities were fun for kids and teens.



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**SUNNYSIDE MEADOWS**  
a memory care neighborhood

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You good?

Reach out to a friend about their mental health.

Find more ways to help at [SeizeTheAwkward.org](http://SeizeTheAwkward.org)

**SEIZE THE AWKWARD**



WELCOME to the neighborhood

Did you know the Mayor, City Council, and members of the Happy Valley Business Alliance frequently partake in ribbon cutting ceremonies as a way to officially welcome new businesses to the City? For nearly 15 years, the City has been offering this opportunity as a way to engage new businesses and connect residents to some of the best spots in town.

Happy Valley businesses contribute significantly to our local community by providing many of the goods and services we all need and enjoy. They offer places for us to gather, workout, eat, drink, and shop, and provide jobs which boost the economy and contribute to a city that thrives. The City of Happy Valley not only encourages new businesses to set up shop, but it is happy to highlight them with pomp and circumstance. By partnering with the Happy Valley Business Alliance to offer commemorative ribbon cutting ceremonies, the City aims to celebrate one slice of the American Dream.

### UPCOMING RIBBON CUTTING CEREMONIES

\*Please note that ceremonies can and do get rescheduled. Please check with the individual business to confirm.

■ **WILLAMETTE VALLEY VINEYARD:** Wednesday, Jan. 26 at 4 p.m. (located in the new Crossroads East Complex off SE 172nd Ave.)

■ **EARTHWISE PET SUPPLY:** Friday, Jan. 27 at noon (located next to Valley Public House off SE 162nd Ave.)



LEFT: Join the City and Happy Valley Business Alliance as they welcome new businesses. ABOVE: In December, the City and HVBA helped celebrate the grand opening of Therapydia. Located next to Stickmen Brewing Company, this physical therapy clinic offers a client centered approach.



In December, the City joined the North Clackamas Chamber in celebrating new business, Luxus Aesthetics, located near Valley Public House off SE 162nd Ave.



## Public Art Committee members celebrated

At last month's Public Art Committee meeting, committee members were recognized for their service and contributions. In addition to attending regular art committee meetings, these volunteers also participate in a variety of other ways, such as serving on the Community Center Task Force, Veterans Memorial Task Force, a Clackamas County Arts Alliance advisory table, and (presumably) a forthcoming exercise with Parks Advisory to continue planning for more art in our parks. Members have also participated in public engagement (Oktoberfest children's activities, City Council work sessions), and provided a letter of support for our recent grant proposal to the Metro Community Placemaking grant program (relating to equity and city events). We can't thank this group enough for their hard work and passion for the arts.



Left to right: Councilor David Emami, Dee Bedsole, Chair Ray Fager, Janice Kiser, and Vice Chair Bill Taylor.

# Learn about the 172nd Ave widening and infrastructure improvements project



**CLACKAMAS COUNTY**

To keep pace with the City's growth and future needs, and to reduce congestion and improve safety for vehicles, bicyclists, and pedestrians, the City is working with Clackamas County to improve infrastructure on 172nd Ave. between Sunnyside Road and Maple Hill Lane.

**Project details include:**


- Widening 172nd Ave to five travel lanes between Misty Dr. to Maple Hill Ln. to include bike lanes, landscape strips and

sidewalks

- Adding a traffic signal at Trogue Road
- Adding a multi-lane roundabout at Hemrich Road and at the future 190th Ave intersection
- Expanding the single-lane roundabout at Scouters Mountain Road to a multi-lane roundabout
- Moving existing utilities underground
- Adding street lighting

Project design will continue through spring 2026. Construction is planned from summer 2026 to summer 2028.

**PLEASE NOTE**, while this is a Clackamas County project and the County manages 172nd Ave., the City of Happy Valley will assist with project coordination and review, and will fund the effort via the City's Urban Renewal District which helps ensure growth pays for growth. Clackamas County will manage and lead the design and construction activities. Together, Clackamas County and the City of Happy Valley recognize this project as a top priority.



**MORE INFORMATION:**

**VISIT** [www.clackamas.us/engineering/172nd-ave](http://www.clackamas.us/engineering/172nd-ave) for updates and to sign up for the email list.





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– Liza Trammell ★★★★★

“Super duper music studio. Experienced staff that will make sure the students progress and enjoy playing and singing music. If you want to enjoy your music lessons, this is the place for you.”  
– Scott Whitfield ★★★★★

## WHAT MAKES US SO POPULAR



### Piano, Guitar, Drums, Voice & Violin ALL IN ONE convenient location

This saves our students time and money, as one family can take multiple instruments, but we are the only one to offer all of the most popular instruments in a high-quality, convenient environment.

The Widest Range of Music Lesson Times Available. We Offer The Widest Range of Music Lesson Times Available!!



Arts Academy is the largest music school in the state of Oregon!

### The Largest and Most Qualified Teaching Faculty in Oregon

We have an amazing team of music teachers, all with either college training or professional performance experience. Our music teachers are dedicated to learning about your personal musical goals and helping you to achieve them. With fully committed, educated, and inspiring teachers, we are confident that we have the right teacher to meet your music needs. In addition to their teaching credentials, our teachers have warm personalities, are extremely friendly and dedicated to teaching you the style of music that you want to learn in your music lesson.



### A Proven Track Record of Excellence Since 2009

When students take lessons with us, they tend to stick around for a long time. Arts Academy has a proven track record of offering quality music, guitar, voice, singing, piano, and drum lessons in Happy Valley year-round. Our full-time mission is teaching music lessons trusted by over 1000 families for over 10 years.

### Free Music Recitals Every 6 Months in a Convenient Location

Every parent just wants to know how their child is doing and if they are really progressing. The best way for a parent to understand if their investment in lessons is really worth it is to have their child participate in a recital. In June and November, many of our students choose to perform in our biannual recitals. These recitals are free, and unlike many schools in Portland, we do not charge recital participation fees.

### Month to Month Lessons

When you sign up with us, you are not required to sign a contract for a whole term or semester. We offer month to month agreements because we believe that we have to prove our value to you every month.

### We Give Away More Awards & Surprises Than Any Other School

Every month there is an opportunity to earn awards and prizes. Whether it is a coloring contest or guessing how much candy is in the jar, students can win gift cards to their favorite yogurt place or another restaurant.

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info@HappyValleyArtsAcademy.com  
14654 SE Sunnyside Rd  
Happy Valley, OR 97015



# Pints with Purpose offers hope, warm meals for homebound seniors



Through the Meals on Wheels People program, Happy Valley Parks and Recreation provides warm, nutritious meals to some of our community's most vulnerable seniors while offering friendly visits to those who may otherwise feel isolated or have difficulty getting out and about. To bring awareness to this vital cause, HV Parks and Recreation

teamed up with local tap houses this past November to offer Pints with Purpose, a special campaign that raises funds for the City's Meals on Wheels People program. Participating venues selected a beer to be designated for Pints with Purpose promotion and donated \$1 for every selected pint sold. Monies raised aimed to make a positive impact in the lives of local seniors in need by providing well-balanced meals. Over the course of the campaign, over \$1,600 was raised, all of which will

go directly to Happy Valley's Meals on Wheels People program. Recipients of the program are often on fixed incomes or lack the ability to shop for and prepare meals on their own. Meals are delivered by volunteers who not only bring the food, but also offer positive human interaction. These social contacts are vital to many of the program's recipients, who are typically homebound. Thank you to our local partners for joining Parks and Recreation for Pints with Purpose.



Community helping community. Program recipient, Dolores (left) and Meals on Wheels People volunteer, Michael Morrow, have formed a positive relationship during their weekly visits.

**STILL WANT TO HELP?**

You can always give directly to the City's local Meals on Wheels People program by visiting our designated webpage at [www.happyvalleyor.gov/meals-on-wheels](http://www.happyvalleyor.gov/meals-on-wheels). From there, you can submit a tax-deductible donation in the amount of your choice online. Your gift will support homebound seniors right here in Happy Valley who would otherwise not have consistent access to wholesome, nutritious meals.

## Planning Commission Committee Members awarded for service

At the Dec. 13 meeting, Planning Commission Chair Michael Morrow and Vice Chair Naomi Turrentine presented Joshua Callahan (center) a Certificate of Appreciation for his service. Also receiving a certificate for his years of service that evening was resident, Frank King, who was not present. On behalf of the City, we'd like to extend our appreciation to these Planning Commission Committee members who have volunteered their time to help contribute to the community. Thank you for all your hard work and dedication.



Planning Commission Chair, Michael Morrow (left), Joshua Callahan (center), and Vice Chair Naomi Turrentine (right).

### Fishing for more business?

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Reach over 22,000 residents and businesses every month in Happy Valley, Damascus and the surrounding Clackamas, Milwaukie, Oak Grove and Gladstone by advertising in the Happy Valley News. Print ads or inserts!

## HAPPY VALLEY BUSINESS ALLIANCE

# COMMUNITY IS OUR BUSINESS!

# Happy New Year 2023!

**"We provide Businesses with support, knowledge, networking opportunities, and involvement in our community events. We encourage you to support your local business and shop local."**

**- Your Happy Valley Business Alliance Board**

**Join us in person for our next meeting, at Happy Valley City Hall (16000 SE Misty Drive). Wednesday, January 25th, 7:30 am**

Visit [www.hvba.biz](http://www.hvba.biz) for more businesses serving your community or to join the HVBA.





## HAPPY VALLEY LIBRARY

13793 S.E. Sieben Park Way, Happy Valley, OR 97015 | 503-783-3456 | [www.happyvalleyor.gov/library](http://www.happyvalleyor.gov/library)

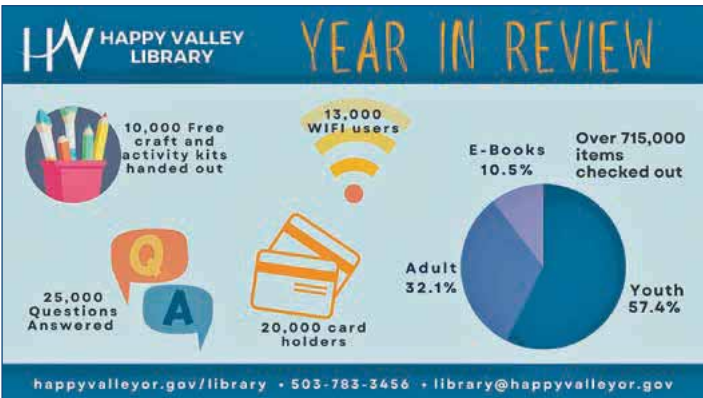
## January 2023 Library Events

The library will be closed Jan. 1 and 16

# Year in Review

The Happy Valley Library had a busy 2022! In-person programming for all ages returned with storytimes, live music, and more. The library increased outreach to area schools and senior care facilities, bringing much needed services to those who cannot come to the library. This summer brought entertainment and activities to area parks. The library also

received a state grant to hire a teen intern to help with the Summer Reading Program. The intern developed and led their own project, teaching coding and robotics to kids at the library. The library's mascot, Gladys the Goose took a summer trip, hiding around the area in a community-wide scavenger hunt. This year marked ten years at the library's current location. Thanks to the Friends of



The Happy Valley Library wrapped up a busy year of sharing and celebrating with the community.

the Library for their continued support of library programs and the community for

years of reading, learning, and sharing with the Happy Valley Library.



Happy New Year to all our community members who celebrate Lunar New Year! For those unfamiliar with this holiday, Lunar New Year, also called Spring Festival, begins with the first new moon of the lunar calendar, and ends on the first full moon of the lunar calendar, 15 days later. This year, the Happy Valley Library is sharing a week of special programs to celebrate.

### Taiko Drumming

Tuesday, Jan. 17, 7 p.m.

For all ages. Hear the amazing sounds of international taiko performer Takumi Kato of Japan as he shares his traditional drumming with the library. He will also share a Shishimai dance to celebrate the New Year.



Mr. Kato brings his taiko drumming to the library as part of his goal to share 1,000 performances in 50 states in 5 years.



Jing Lu will perform Jan. 19 at Happy Valley Library. Chinese Hammered Dulcimer Concert Thursday, Jan. 19, 6:30 p.m.-7:45 p.m.

Jing Lu began studying YangQin (Chinese hammered dulcimer) at age four, and she was quickly identified as a child prodigy. She is one of the few Chinese Dulcimer musicians to have performed at Carnegie Hall. Showcasing music of the YangQin, she and her students will perform different styles of Chinese music to celebrate the Chinese New Year.

### Spring Couplets

Saturday, Jan. 21, 10:15 a.m.-12:15 p.m.

For adults. Chinese couplets are one of the oldest traditions to celebrate the Lunar New Year. Use ink, paper, and brushes to create a couplet for your home with instructor Terri Hsing. Register at <https://go.lincc.org/hvsignup>.



Participants will create their own spring couplet to display in their home, like the one shared by instructor Terri Hsing.

### Lunar New Year Celebration

Saturday, January 21, 1:30-3 pm

All are welcome to celebrate the lunar new year with crafts, games and food. The White Lotus Dragon & Lion Dance company will also share a special celebration lion dance at 2 p.m.

## YOUTH PROGRAMS

### For 5 and Under

#### Storytimes

To see our full listing of storytimes and playtimes visit our web-site, or [go.lincc.org/hvbirthto5](http://go.lincc.org/hvbirthto5)

#### Stretch, Dance, Play

Thursday, Jan. 5 & Feb. 2, 10:15 a.m.

Join Iris Nason for dance, yoga, singing, sign language and play! For 2-5-year-olds and their caregivers.

#### Sign & Sing

Friday, Jan. 10, 10:15 a.m.

Sing, dance, and learn simple sign language with Shira Fogel of Tiny Talkers. For 2-5-year-olds and their caregivers. Find out more at [go.lincc.org/hvsign](http://go.lincc.org/hvsign).

#### Tallulah's Daddy

Saturday, Jan. 28, 10:15 a.m.

Drop in for some musical fun with our favorite bass playing dad! For 2-6-year-olds and their caregivers.

### K-5th Graders

#### Homeschool Club: Investigating Crayfish

Thursday, Jan. 19, 10:15 a.m.-11:30 a.m.

Meet up with other homeschool families and get up close to examine and observe live crayfish! Learn about the part they play in freshwater ecosystems. For K-5th graders and their families.

#### Science Lab: Investigating Crayfish

Sunday, Jan. 29, 1:30 p.m. - 2:30 p.m.

Get up close to examine and observe live crayfish with Rick Reynolds! Learn about the part they play in freshwater ecosystems. For K-5th graders and their families.



Scientist Rick Reynolds brings live crayfish to two different programs at the library for kids to explore up close.

### TEENS PROGRAMS

#### Teen Advisory Board

Saturday, Jan. 7, 1 p.m. - 2 p.m.

Support the library while earning volunteer hours. Hang out with new friends, do hands-on projects, and share ideas about how to make the library a welcoming place for teens. A safe space for all to be themselves. Drop-ins welcome. The Teen Advisory Board meets monthly on the first Saturday of the month. For teens in grades 6-12.

## Resolution Reading

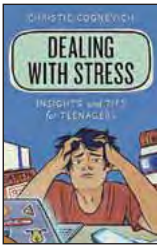
A new year has begun! This is a time when many of us reflect upon what we might want to change or improve in the year to come. Are you interested in reducing stress, increasing self-care, getting better sleep, or developing healthy habits? At the library, we are here to help you find books and materials that can put you on the right path to reach your goals for 2023. Give us a call or email for book suggestions for inspiration and instruction! Here are some ideas to get you started.

### TEENS

#### Dealing with Stress: Insights and Tips for Teenagers

by Christie Cognevich

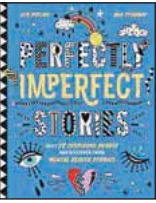
Discover coping strategies, useful resources, and insight from fellow teenagers to help you recognize and manage stress.



#### Perfectly Imperfect Stories: 28 Inspiring People Share their Mental Health Stories

by Leo Potion

Meet 28 pop icons, discover how they have dealt with mental health issues, and learn why it's okay to not be okay.



#### The Self-Love Revolution: Radical Body Positivity for Girls of Color

by Virgie Tovar

A respected body-image expert and activist helps teens cultivate body positivity, covering subjects ranging from unhealthy media beauty standards to tools for countering negative a self-image.



### ADULTS

#### Fitness for Every Body: Strong, Confident, and Empowered at Any Size

by Meg Boggs

Equally uplifting and enlightening, this body-positive fitness guide will inspire you to love your body no matter your size and to approach food and exercise in a way that benefits both mental and physical health and wellbeing.



#### 15 Minute Stretch: Four 15-Minute Workouts for Flexibility, Posture, and Strength

by Suzanne Martin

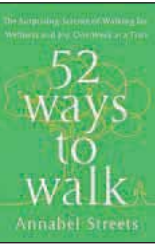
A Doctor of Physical Therapy and a certified Pilates expert provides four 15-minute, step-by-step, illustrated stretching routines for beginners to help inspire readers to make exercise a part of their weekly routine and enjoy increased strength and flexibility.



#### 52 Ways to Walk: The Surprising Science of Walking for Wellness and Joy, One Week at a Time

by Annabel Streets

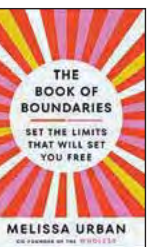
Encourages and inspires readers to improve how they walk, where they walk and who they walk with to attain the full range of mental and physical benefits of walking and get more out of life one step at a time.



#### The Book of Boundaries: Set the Limits That Will Set You Free

by Melissa Urban

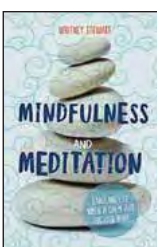
The CEO of the Whole30 and an authority on helping people create lifelong healthy habits shows how establishing boundaries is the key to better mental health and self-confidence, improved productivity, greater energy and more fulfilling relationships.



#### Mindfulness and Meditation: Handling Life with a Calm and Focused Mind

by Whitney Stewart

Provides guidance on how to cultivate calmness, decrease feelings of anxiety, and enhance the ability to focus through mindfulness and meditation practices.



#### The Power of Style: How Fashion and Beauty are Being Used to Reclaim Cultures

by Christian Allaire

Christian Allaire, a fashion obsessed Ojibwe teen, explores the connections between fashion, history, culture, politics, and social justice.



#### Sensory: Life on the Spectrum: An Autistic Comics Anthology

edited by Bess Ollerton

Thirty autistic creators explore topics such as life pre-diagnosis, how to explain autism to someone who isn't autistic, and how to soothe yourself when you're feeling over-stimulated.



#### Not Drinking Tonight: A Guide to Creating a Sober Life You Love

by Amanda E. White

This judgment-free and relatable book that isn't a program to stop drinking helps you address the root issues that cause you to reach for a drink and create a life you love—one that is not perfect but is one you are fully present for.



#### Finance for the People: Getting a Grip on Your Finances

by Paco De Leon

This book is for anyone who feels unseen, ignored, or bored to death by the way personal finances are approached and taught, and is ready to go on a journey of self-discovery and step into their financial power.









**To register for one of these featured programs, be sure to check out [www.happyvalleyor.gov/parks](http://www.happyvalleyor.gov/parks)**



**WEEKLY ART ENRICHMENT PROGRAM**

EVERY SATURDAY 9AM - 11AM

**FUN & CREATIVE ART EXPLORATION**  
PAINT, CRAFTS, CLAY, SENSORY PLAY, GAMES, AND MORE!



VENVINO ART STUDIOS

All art classes will be held at Venvino Art Studios located at 13329 SE Misty Drive.

**Weekly Art Enrichment Program**

Jan. 7 – Jan. 28, 9 a.m.-11a.m.  
Saturday • Ages 4-8  
\$30/ 2-hour session

Kids aged 4-8yrs can be dropped off at the studio on Saturday between the hours of 9:00am and 11:00am for some fun structured crafts and art play! We'll have several projects for them to create plus coloring, games, stories, sensory play, and more! Give them some time to socialize and play while you take some time for yourself! Your kiddos will learn important skills such as following directions, working together, thinking outside the box, and being creative. Plus, this is a great way for them to build self-confidence and fine motor skills!



CREATE AND LEARN SERIES



**CREATE AND LEARN**

**MAKE YOUR OWN VISION BOARD**

FRIDAY, JANUARY 6 | 6:00 - 8:00 PM

A vision board is a collage of images, photographs, affirmations, and quotes that help you visualize your goals and dreams. Most of us have dreams, but they often get lost in the endless stream of our daily thoughts. This is where vision boards come in. They help you to put your focus back on what matters. Your registration will include an 11" x 14" framed sign board, white board sticker, inspiration images, and all the supplies and materials to create your own unique board!

Make Your Own Vision Board

Jan. 6, 6 p.m.-8 p.m. • Friday • Ages 16+ • \$20/ 1.5-hour session

Open to ages 16+. A vision board is a collage of images, photographs, affirmations, and quotes that help you visualize your goals and dreams. Most of us have dreams, but they often get lost in the endless stream of our daily thoughts. This is where vision boards come in. They help you to put your focus back on what matters. Your registration will include an 11" x 14" framed sign board, white board sticker, inspiration images, and all the supplies and materials to create your own unique board. Bring a friend and make an evening out of it!



**CREATE AND LEARN**

**CANDLE MAKING**

FRIDAY, FEBRUARY 3 | 6:00 - 8:00 PM

Candles have been used as a source of light and to illuminate celebrations for more than 5,000 years. Homemade candles usually last longer because they are made from higher-quality wax. Plus, you can add your own scents, and colors, and decorate your jars! Each registration includes your choice of a glass jar and enough candle wax, essential oils, color pigment, and any additional additive provided to create your own custom candle.

Candle Making

Feb. 3, 6 p.m.-8 p.m. • Friday  
Ages 16+ • \$20/ 1.5-hour session

Open to ages 16+. Candles have been used as a source of light and to illuminate celebrations for more than 5,000 years. Homemade candles usually last longer because they are made from higher-quality wax. Plus, you can add your own scents, and colors, and decorate your jars! Each registration includes your choice of a glass jar and enough candle wax, essential oils, color pigment, and any additional additive provided to create your own custom candles. Bring a friend and make an evening out of it!



**CITY OF HAPPY VALLEY PARKS & RECREATION**

Youth Open Gym Basketball Nights

**Location:** Scouters Mountain Elementary School  
10811 SE 172nd Ave.

Jan. 3 – Feb. 28, 6:30 p.m.-8 p.m.  
• Tuesday • Ages 10-17 • FREE

Happy Valley Parks & Recreation is excited to offer open gym nights! Open gym is an opportunity for youth to practice their basketball skills, shoot hoops with their friends and stay active! Bring your own basketball and water bottle. Open to youth ages, 10-17yrs, available on a first-come, first-served basis. A liability waiver must be completed for each participant. To provide a safe environment, there will be a maximum of 30 participants in the gym at a time. Open gym is welcome to all Happy Valley residents. No organized groups allowed during open gym night.



HAPPY VALLEY PARKS AND RECREATION

To register, check out [www.happyvalleyor.gov/parks](http://www.happyvalleyor.gov/parks)



**CITY OF HAPPY VALLEY PARKS & RECREATION**

Jan-Feb. 2023 Programs & Events

In response to guidance from the Oregon Health Authority, face masks are optional for participants in Happy Valley Parks and Recreation programs. Participants are encouraged to use hand sanitizer or wash their hands frequently and stay home when they are sick.

SOCCER SHOTS

All classes held at Happy Valley Park.



Soccer-Classic

Feb. 5 – Mar. 5, 3:50 p.m.-4:25 p.m.  
• Sunday • Ages 3-4 • \$89

Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing, and shooting. We also highlight a positive character trait each session such as respect, teamwork, and appreciation.

Soccer-Classic

Feb. 5 – Mar. 5, 3 p.m.-3:35 p.m.  
• Sunday • Ages 4-5 • \$89

Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing, and shooting. We also highlight a positive character trait each session such as respect, teamwork, and appreciation.

Soccer-Premier

Feb. 5 – Mar. 5, 2 p.m.-2:45 p.m.  
• Sunday • Ages 5-8 • \$89

Soccer Shots Premier focuses on individual skill, fitness, and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Children will



also be introduced to competition in a developmentally appropriate manner.

RECS PICKLE BALL CLASSES

**Location:** RECS  
17015 SE 82nd Dr.  
Clackamas, OR 97015



Open Play • Monday – Friday, 1 p.m.-3 p.m. • Ages 65+ • \$2

Are you age 65+ and looking for others to play with? Weekdays between 1-3 p.m. we have 65+ open play. Your play could be partially if not fully covered through Silver and Fit or Renew Active. Spots will fill up QUICK as the weather begins to change so sign up today online through court reserve or give us a call at 503-655-PLAY.

Did you know if you are age 65+ your membership can be partially or even FULLY paid for by your insurance through the Renew Active and Silver & Fit programs? Ask your healthcare provider to see if you have this benefit or give us a call and we can help check for you. RECS features pickleball clinics, Open Play sessions, leagues, and tournaments, as well as private events. Check out [www.WeareRECS.com](http://www.WeareRECS.com) for more info or call 503-655-PLAY.

MAD SCIENCE

Classes will be held at Happy Valley Annex: 12519 SE King Rd.



Crazy Chemworks

Jan. 16, 9 a.m.-noon • Monday (Non School Day)  
• Ages 5-12 • \$38.50

Eliminate the mystery in chemistry! Explore one of the most exciting and fundamental sciences as you hop on board the chemistry express for a high-speed science experience full of quick reactions and hands on fun!

Planets, Moons & Stars

Jan. 16, 1 p.m.-4 p.m. • Monday (Non School Day)  
• Ages 5-12 • \$38.50

Explore Earth, the Moon, Mars and beyond! This stellar program is your ticket to the stars! Watch star dust burn, journey through a soapy galaxy, and investigate the life cycle of a star journey to the farthest reaches of our solar system and create a lunar eclipse while learning about planetary order, size, and

orbit. This class is one of four in our NASA Academy of Future Space Explorers Series.

Mechanical Engineers

Feb. 20, 9 a.m.-noon • Monday (Non School Day)  
• Ages 5-12 • \$38.50

Flex your engineering muscles while learning about levers, screws, and other simple machines. Experiment with rubber band powered cars using the scientific method as your guide, and build your own Mad Science Drag Racer!

Slippery Science

Feb. 20, 1 p.m.-4 p.m. • Monday (Non School Day)  
• Ages 5-12 • \$38.50

From the everyday to the extraordinary, Polymers are all around us. Learn what makes these maverick molecules so unique and so very important. Explore, create, and play with some polymers you may already know. Students will create slime using the Mad Science recipe and participate in the Slime Olympics.

SNOWFLAKE SCAVENGER HUNT

Happy Valley Park – 13770 SE Ridgecrest Rd.

Snowflake Scavenger Hunt

Jan. 16 – Jan. 31 • All Ages

Did you know that no two snowflakes are alike? These different snowflakes are hidden throughout Happy Valley Park. Find one, cross it off or take a photo, and leave it behind for a friend! Can you find them all? Participants who spot all six (6) snowflakes can turn in their Scavenger Hunt gameboards at City Hall to redeem a prize!

\*Scavenger Hunt Gameboards found at City Hall or online at: [www.happyvalleyor.gov/parks](http://www.happyvalleyor.gov/parks)



ENGINEERING FOR KIDS

Classes will be held at Happy Valley Annex – 12519 SE King Rd.



Engineering Club!

Jan. 5 – Feb. 9, 3 p.m.-4:30 p.m.  
• Thursday • Ages 5-12 • \$200

Engineers play an important role in society. Almost everything not man-made that you can perceive with your senses- touch, sight, smell, hearing, taste-has been engineered in some way. From the handle on a door, to the carpet on the floor, and the pencil you may be holding in your hand - an engineer has had a role in either the design or production of the object, or even taken on both roles! Engineers use science and math to make technology that makes technology that makes our lives easier. It's also true that engineers work with more than machines-biomedical engineers are seeking ways to vaccinate the world and prevent contagious diseases, civil engineers build roads and bridges, and marine engineers use their knowledge to help preserve and rebuild underwater habitats for sea animals.

The activities covered in this class include various aspects of Engineering: Straw Rocket (Aerospace Engineering), Flashlight Builder (Electrical Engineering), Marshmallow Bridge (Civil Engineering), Green Boating (Environmental Engineering), Cartesian Diver (Marine Engineering) and Candy Catapults (Mechanical Engineering).



FIRST AID/CPR/AED TRAINING

Classes held at Happy Valley City Hall

First Aid/CPR/AED Training

Friday Jan. 27, 9 a.m.-4 p.m. • Ages 10+  
• Resident \$70 / Non-Resident \$175

Our in-person CPR/First Aid Training course combines lecture with hands-on skills sessions. Perfect for those who learn best in a traditional classroom setting, our in-person class gives you ample time to ask questions and become comfortable with the latest techniques. Students will learn how to recognize and care for a variety of first aid emergencies such as burns, cuts, scrapes, sudden illnesses, head, neck, back injuries, heat and cold emergencies and how to respond to breathing and cardiac emergencies for victims. The skills you'll learn during the process can make all the difference to someone in need. Whether you require certification, or you simply want to learn how to respond in the event of an emergency, our in-person learning courses make it easy to get First Aid/CPR/AED certified to be prepared for the moments that matter.

\*Scholarships available through the Happy Valley Parks Foundation: [www.hvprf.org](http://www.hvprf.org)



**CITY OF HAPPY VALLEY PARKS & RECREATION**



BABYSITTER TRAINING COURSE

Classes held at Happy Valley City Hall

Babysitter Training

Feb. 25, 9 a.m.-4 p.m. • Ages 10 - 16  
• Resident - \$50 / Non-resident - \$75

Our in-person CPR/First Aid Training course combines lecture with hands-on skills sessions. Perfect for those who learn best in a traditional classroom setting, our in-person class gives you ample time to ask questions and become comfortable with the latest techniques. Students will learn how to recognize and care for a variety of first aid emergencies such as burns, cuts, scrapes, sudden illnesses, head, neck, back injuries, heat and cold emergencies and how to respond to breathing and cardiac emergencies for victims. The skills you'll learn during the process can make all the difference to someone in need. Whether you require certification, or you simply want to learn how to respond in the event of an emergency, our in-person learning courses make it easy to get First Aid/CPR/AED certified to be prepared for the moments that matter.

\*Scholarships available through the Happy Valley Parks Foundation: [www.hvprf.org](http://www.hvprf.org)



**CITY OF HAPPY VALLEY PARKS & RECREATION**



ASTRONOMY: SOLAR SYSTEM, STARS, AND GALAXIES

All classes held at Happy Valley Parks and Recreation Annex: 12915 SE King Rd.



**CITY OF HAPPY VALLEY PARKS & RECREATION**



Astronomy: Solar System, Stars, and Galaxies

Feb. 6-Mar. 27, 7p.m.-8p.m.  
• Monday • Ages 18+ • \$70

Come gain a better understanding of the basic facts of astronomy and walk away with a greater awareness of the Earth and how it fits within the solar system and universe! This condensed evening astronomy course is taught by Derek Sears, an Emeritus professor and currently Senior Research Scientist at NASA. This is an adult course intended for those with no previous knowledge within a friendly, informal atmosphere. The course will be taught within a lecture and conversational format along with opportunities for stargazing at the end of each class. The first 4 weeks will focus on the solar system, and the second 4 weeks will concentrate on the stars and galaxies.

\*Scholarships available through the Happy Valley Parks Foundation: <https://www.hvprf.org/>

PARK AFTER DARK

Walk held at Scouters Mountain Nature Park: 11000 SE Honorable Way.

Scouters Mountain Nature Park – SAVE THE DATE!

Mar. 16. – DETAILS COMING SOON!  
• Thursday • FREE

Follow us online for details coming soon – [www.happyvalleyor.gov/parks](http://www.happyvalleyor.gov/parks)



**CITY OF HAPPY VALLEY PARKS & RECREATION**



FIELD TRIP FRIDAYS

Meeting location: HV City Hall – 16000 SE Misty Dr.

Come enjoy a new experience and leave the driving to us! The group will meet at Happy Valley City Hall where participants can hop on the RecMobile to enjoy an afternoon exploring a handful of Oregon's social, educational, and inspiring gathering spots, all while getting to know members of your community! Spots will be limited. To check out featured field trips, visit: [www.happyvalleyor.gov/parks](http://www.happyvalleyor.gov/parks)



**CITY OF HAPPY VALLEY PARKS & RECREATION**



Movie and Lunch at McMenamins Kennedy School

Jan. 27, 11a.m.-4p.m. • Friday • Ages 18+ • \$15-Resident / \$37.50-Non-Resident

Join us for lunch and a flick as you spend the afternoon in this reincarnated schoolhouse. Comfy old sofas, armchairs, and tables for two make for memorable movie-going experiences at Kennedy School. And we're not talking about science class documentaries, either. Nowadays, this former school auditorium is home to nightly showings of second-run feature films and more. The auditorium features murals representing the remarkable history of Kennedy School and its surrounding neighborhood.

\*Note: The name of the movie will be released on the Tuesday before the outing.

Mt. Angel Volksfest!

Feb. 3, 10a.m.-4:30p.m. • Friday • Ages 21+ • \$25-Resident / \$62.50 Non-Resident

Celebrate Mount Angel's German heritage at Volksfest, where you will find the best hand-crafted German sausages and plenty of other great food! Enjoy dancing, games, demonstrations and live German music from Bavarian Echos, Polkaticians, Festival Brass, Doppelbock, Roman Giberson & the Long Haul & Hit Machine!

\*Note: There will be a lot of walking on this trip.



## HAPPY VALLEY PARKS AND RECREATION



### ADVENTURES WITHOUT LIMITS WINTER TRIPS

**Location:** View registration for meeting location details.

#### Snowshoe Mt. Hood

Jan. 21, 10:15 a.m.-2:30 p.m. • Saturday • Ages 6+ • \$99

#### Moonlight Snowshoe Trip

Feb. 4, 3:30 p.m.-7 p.m. • Saturday • Ages 6+ • \$105

#### XC Ski Trip

Feb. 18, 10 a.m.-3 p.m. • Saturday • Ages 6+ • \$105

Escape into the snow-covered winter wonderland of Mount Hood National Forest to discover a world of tranquility and crisp winter air. Strap on your snowshoes or XC ski's and join Adventures Without Limits expert guides as they share their favorite trails and tricks and tips to getting outside in the winter. No experience necessary, just a sense of adventure and a love for being outdoors!

For detailed trip information, visit: [www.happyvalleyor.gov/parks](http://www.happyvalleyor.gov/parks)

\*AWL provides all the equipment necessary, including winter attire upon request. Participants are asked to bring water, lunch, and appropriate clothing for the day.



### VALENTINE'S DAY CARE CARDS

Card kits can be picked up from the Happy Valley Library:  
13793 SE Sieben Park Way & Happy Valley City Hall: 16000 SE Misty Dr.

#### Valentine's Day Care Cards

Card kits available for pick-up starting Jan. 9 • All ages

Show a senior you care this Valentine's Day by making a Valentine's Care Card! Pick up your supplies at the Happy Valley Library or Happy Valley City Hall and return your cards back to either place. All cards will be delivered to local senior living facilities and homebound seniors to show them some extra love this season! Write them a kind message like "I hope you have a nice Valentine's Day!" or "I'm sending you love and happiness." Kits can be picked up starting Jan. 9. All completed cards must be returned to either the Library or City Hall by Friday, Feb. 10.

**WHAT'S INSIDE:** TWO blank cards, heart stickers, heart shaped doilies, construction paper

Want to make your own card? Great! A kit is not needed to drop off a Valentine card. Just make sure to turn it in by Feb. 10.



### HV HIKERS

**Get out and Move!**



[www.hvhikers.com](http://www.hvhikers.com)

HV Hikers are back in action! Their goal is to encourage you to experience the beauty of the area, to get a little exercise, and to make new friends. All hikes are free, no RSVP required. If it's on the calendar, they'll be there. Groups walk frequently in the area bordered by Sunnyside (on the south), Valley View Terrace (on the west), Clatsop (on the north) and 172nd (on the east). This is a varied group, and since all are welcome to show up without RSVP, we see new faces all the time. Interested in join a group hike around the valley? Be sure to visit the HV Hikers newly updated webpage for a calendar view of all upcoming group hikes.



### USWC TAEKWONDO

#### Self-defense Training Class

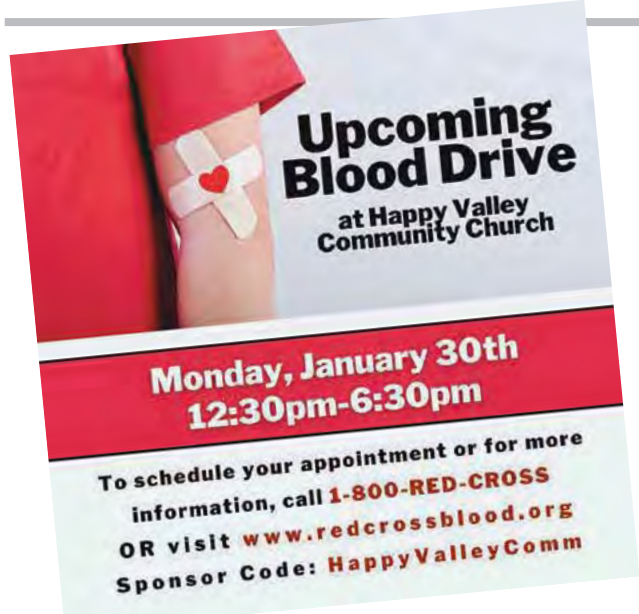
Class held at  
16126 S.E. Happy Valley Town Center Dr. #110

Saturday Jan. 28, 12:30 p.m.-1:40 p.m. • Teens ages 12+ • FREE  
Details & registration online:  
[www.happyvalleyor.gov/parks](http://www.happyvalleyor.gov/parks)



### 10% OFF RENTALS AT NEXT ADVENTURE!

The City of Happy Valley Parks and Recreation is excited to partner up with Next Adventure to offer residents 10% off their next rental! Whatever your needs might be as we head into winter, as you plan your next trip up the mountain make sure to scan the QR Code shown here to take 10% off one rental item and secure them for pick-up. Discount offer available at the Next Adventure Sandy store location at: 38454 Pioneer Blvd. Sandy, OR 97055. This store is open 7 days a week, Mon-Fri: 7:30 a.m. - 7 p.m. & Sat-Sun: 6:30 a.m.- 7 p.m.



#### BLOOD DRIVE

**Happy Valley Community Church**


**Location:** 10601 SE 129th Ave.

Monday, Jan. 30, 12:30 p.m. - 6:30 p.m.  
Register online: [www.redcrossblood.org](http://www.redcrossblood.org)

### LET'S CONNECT!


Happy Valley Parks and Recreation Website









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GRESHAM 25050 SE Stark St. Bldg 4, #301

On the campus of Mt. Hood Medical Center


# SPOT A STROKE™

# F.A.S.T.




## FACE

Drooping




## ARM

Weakness



## SPEECH


Difficulty



## TIME

to Call 911

**StrokeAssociation.org**



**American Stroke Association**  
A division of the American Heart Association  
**Together to End Stroke®**

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# 2022: YEAR IN REVIEW!

## A Banner Year For New Business (particularly places to eat) in Happy Valley

From Crisp Salads to HV Food Hall, Backyard Bird Shop to Honolulu Fish Grill to Fern Hill Vet... here are just a sampling of some of Happy Valley's newest businesses to open in 2022

### BENNY'S DONUTS

**WHERE:** 15723 S.E. Happy Valley Town Center Drive, Happy Valley  
**COST:** From \$2.49 per doughnut/\$22.50 dozen  
**VISIT:** [happyvalley.bennysdonuts.com/](http://happyvalley.bennysdonuts.com/)



▲ Ben Augeri and Dom DeCarlo bring Benny's Donuts to Happy Valley as the first franchise in the valley. The two met in college at Oregon State University

◀ Employess craft and box up donuts at Benny's Donuts.

### CRISP SALADS

**WHERE:** 15932 S.E. Happy Valley Town Center Drive, Happy Valley  
**COST:** From \$5.49 for soup up to \$15.90 for full-sized salads  
**VISIT:** [www.crispsaladsnw.com/](http://www.crispsaladsnw.com/)

**"It's important to me that my food be healthy and taste delicious. It's my goal in opening Crisp Salads to see more people eat vegetables."**  
— Emma Dye, Crisp Salads owner

► Crisp Salads Owner Emma Dye opened her popular salad restaurant with the hopes of encouraging people to eat more vegetables and to serve the growing number of diners who want fresh and healthy fast food.



### HONOLULU FISH GRILL

**WHEN:** 11 a.m.-3 p.m. and 4-7 p.m. Tuesday-Sunday  
**WHERE:** 15934 S.E. Happy Valley Town Center Drive  
**MORE:** 503-855-3272; Instagram @HonoluluFishGrill; delivery available through Uber Eats



▲ Onolicious! Honolulu Fish Grill serves up authentic Hawaiian dishes like poké. Chef/co-owner Peter Meghinasso grew up in Hawaii and is proud to bring Hawaiian food to his residence of Happy Valley.

### CAPRIOTTI'S SANDWICH SHOP

**WHERE:** 13140 S.E. 172nd Ave. Ste. 134, Happy Valley  
**MORE:** 503-333-6851; [www.capriottis.com](http://www.capriottis.com)



◀ Dale Campbell opened Capriotti's in September and employees about 20 at the Happy Valley shop. He is planning to open two more locations.

### FERN HILL VETERINARY CARE

**WHEN:** 9 a.m.-6 p.m. Monday-Friday; 9 a.m.-2 p.m. Saturday  
**WHERE:** 12930 S.E. 162nd Ave. Ste. 101, Happy Valley  
**MORE:** 503-821-7070; [fernhillvet.com](http://fernhillvet.com)



▲ Dr. Yvonne Roberts became a certified acupuncturist in 2008 and serves on the Portland Veterinary Medical Association Board. Dr. Shana Downes has worked in emergency and critical care for more than a decade followed by general practice. Dr. Alicia Zambelli has been a DoveLewis senior staff veterinarian for seven years.

**"We are trying to recreate the experiences in excellence we've had from decades of experience but more than that, we are trying to build a sense of family and community."**  
— Dr. Alicia Zambelli, Fern Hill Veterinary Care

### BACKYARD BIRD SHOP

**WHEN:** 10 a.m.-6 p.m. Monday-Saturday; 10 a.m.-5 p.m. Sunday  
**WHERE:** 13200 S.E. 172nd Ave., Happy Valley  
**MORE:** 503-445-2699 (press 6); [backyardbirdshop.com](http://backyardbirdshop.com)



▲ Backyard Bird Shop owner Amanda Jordan-Brainard stands beside the feed bins, which her husband built. The owners keep their product fresh and hope to educate customers about successful backyard bird watching.

### YOLOTL TRADITIONAL MEXICAN CUISINE

**HOURS:** 11 a.m.-9 p.m. Thursday-Saturday; 11 a.m.-8 p.m. Sunday  
**WHERE:** 3140 S.E. 172nd Ave. #122, Happy Valley  
**MORE:** 503-855-4732; [yolotlmexcuisine.com](http://yolotlmexcuisine.com)

**"Our menu at Yolotl reflects where I'm from and I'm proud of my background."**  
— Maria Garcia, owner



► Maria Garcia loves the vibrant colors seen throughout Mexico and decorated her restaurant with them. Yolotl is open for breakfast, lunch and dinner and offers a full bar.



The Happy Valley News is hiring

# COMMUNITY WRITERS

- aspiring journalist? - retired from a related field?  
- know the Happy Valley community inside & out?

**We'd love to hear from you!**

Send an email to [hvn@pamplinmedia.com](mailto:hvn@pamplinmedia.com) and tell us what interests you about this position, a resume, your writing experience and a few writing examples.

Happy Valley NEWS

A city, community, a lifestyle — a place we proudly call home



# Beat winter blahs with outdoor fun

## Gear up, travel prepared, and get outside and have some fun!

From the PMG archives

Mount Hood in winter, bathed in alpenglow and beckoning with fresh snow, awaits skiers, snowboarders and snowball fights. But Mount Hood (and particularly the resorts) are just one of many places for adventure, and you don't have to wait for it to snow in the valley to enjoy the season.

### Mount Hood

Mount Hood offers many choices. Ski day or night on 34 fully lit runs, 65 runs total and a vertical drop of 1,500 feet. There's also cosmic tubing. Mt. Hood Meadows is one of Oregon's largest ski resorts catering to snowboarders. Timberline offers the longest ski season in North America and boasts 3,690 vertical feet. The lodge, a National Historic Landmark completed in 1938 under the Works Progress Administration, is a refuge for nonskiers. It was used for the exterior hotel shots for the movie "The Shining."

Don't forget ski shoeing, snowshoeing and cross-country skiing on the mountain, too. Teacup and Trillium Lakes are a perfect destination.

For more information, visit:



Join the Happy Valley Parks and Recreation snowshoe tour on Mt. Hood's Crosstown trail Jan. 21st.

[www.timerlinelodge.com](http://www.timerlinelodge.com), [www.skibowl.com](http://www.skibowl.com) and [www.skihood.com](http://www.skihood.com).

### Snowshoe Tour

Join the Happy Valley Parks and Recreation snowshoe tour on Mt. Hood's Crosstown Trail Jan. 21st. Snowshoe into Government Camp and explore businesses, eat and drink at local eateries and en-

joy the day with other Happy Valley residents on a 2.7-mile trail. No experience or equipment needed. For more information, visit: [www.happyvalleyor.gov](http://www.happyvalleyor.gov).

### Cross-Country Skiing

Located at Mt Hood Meadows, the Nordic Center offers more than 15 km of groomed and set tracks meandering through meadows and forests over a variety of terrain. Get skiing for the first time with special first-timer packages, improve your skills with lessons or purchase a season pass to ski as much as you can throughout the winter. Visit [www.skihood.com/the-mountain/nordic-center](http://www.skihood.com/the-mountain/nordic-center) for more information. The Nordic Center at Mt Hood Meadows is also the beginning point for the Sahalie Falls snowshoe trail.

Looking to venture out for a little more backcountry experience, try the trails at Teacup Nordic Snow Park just down highway 35, with 24 km of groomed trails of varied terrain. Operated by Teacup Nordic, a non-profit organization, day passes cost just \$20 with an adult season pass costing \$150. For more information, visit <https://teacupnordic.org/>



The Nordic Center at Mt. Hood Meadows offers more than 15 km of groomed and set tracks meandering through meadows and forests over a variety of terrain.

### Winter hiking

In Happy Valley, there are numerous hiking options. Mount Talbert Nature Park is a volcanic cinder cone rising 740 feet and features over four miles of hiking trails and numerous species of wildlife including deer, coyotes and birds.

Have you ever been in the hidden cave on Mount Talbert? Few have.

Though it once housed a Boy Scout camp lodge, today, Scouters Mountain Nature Park offers year-round hiking where visitors are treated to sightings of delicate trillium. Ever see a waterfall in snow? Hidden Falls is not so hidden any longer and is the perfect place to venture out on a snowy day. Plus, Happy Valley's interconnected trails are an excellent way to see the city and meet your neighbors while getting in your steps.

For more information, visit: [www.happyvalleyor.gov](http://www.happyvalleyor.gov) and [www.oregonmetro.gov](http://www.oregonmetro.gov).

### Rock climbing

Tie off and climb on Madrone Wall, a 120-foot basalt wall that used to be the location of a quarry and was named for the numerous madrone trees in the area. With

views of the Clackamas River, the location also is perfect for bird watching, where peregrine falcons often nest. But hurry, Madrone Wall closes Jan. 31 to protect the nesting habitat of Peregrine Falcons and reopens July 16.

For more information, visit: [www.clackamas.us](http://www.clackamas.us).

### Clackamas River

Known for winter steelhead runs, the Clackamas River is a bounty of seasonal recreation. Between the winter and summer runs, steelhead anglers take home more than 4,000 hatchery-born fish, based on records from Oregon Department and Wildlife records.

More than just a great fishing hole, the Clackamas River boasts cold-weather kayakers and rafting from McIver State Park to ... well, you decide. Various recreation outfitters rent boats, kayaks and rafts, even in winter.

Or maybe it's just a walk around the neighborhood, or a visit to your local park to throw the football around. Getting outside and connecting with friends and family – without the screens – can be just what we all need to beat the winter blahs!



The Clackamas River is known for its winter steelhead runs. Beyond fishing, winter is a great time for kayaking and rafting.

# Clean Up After Your Pet for Healthier Water

Clackamas County has almost 100,000 dogs of all shapes and sizes. The Food and Drug Administration estimates that the average dog produces approximately three quarters of a pound of waste per day. That adds up to over 13,000 tons of pet waste in our county per year!

### Reasons to Scoop:

- When it rains, storm runoff carries pet waste and other pollutants directly into waterways.
- Animal waste adds nitrogen to the water. Excess nitrogen depletes the oxygen in water necessary for beneficial aquatic vegetation, wildlife and fish.
- Animal waste may contain harmful organisms such as Giardia, Salmonella and E. coli that can be transmitted by ingesting contaminated water.
- Roundworms and hookworms deposited by infected animals can live in the soil for long periods of time and be transmitted to other animals and humans.
- Cleaning up after your pet is always the right thing to do.

Clackamas Water Environment Services produces clean water and protects water quality. It's our job to ensure that residents and visitors enjoy the benefits of safe, healthy water for generations to come.

Learn more at [clackamas.us/wes/education](http://clackamas.us/wes/education)



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