ClackamasReview

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# OH, HAPPY DAY

City of Happy Valley

Ince 2013, the United Nations General Assembly has celebrated International Day of Happiness on Mar. 20. The day serves to signify the importance of happiness in the lives of people around the world and invites people of all backgrounds to celebrate together.

It is an important day that reminds us to appreciate the good things in life and embrace happiness as an integral part of the human experience. That's why the City of Happy Valley has made it a priority to celebrate the occasion and create opportunities for residents and community partners to find their own little slice of happy. With fun activities that promote connectivity and joy, Happy Valley aims to boost our collective bliss.

Leading this year's International Day of Happiness event was Happy Valley Parks and Recreation. The team organized a festive extravaganza that offered personalized visits to Les Schwab

See HAPPY / 2



Amid rainbows and shaved ice, Happy Valley Parks and Recreation brings cheer to residents and local businesses.



It was a quick pit stop at Les Schwab Tire Center in Happy Valley, where shop staff and patrons enjoyed some Kona Ice. Les Schwab has consistently supported the community, whether it be at Dumpster Day, the Car Care Clinic, or offering complimentary winter chain and tire educational events.



Even pups got in on the fun with special Kona Ice treats made with bone broth. Be sure to check out the cute canines at Clackamas County Dog Services by visiting www. clackamas.us/dogs.

# New Face at Spring Mountain Elementary School

**By EMMA DAVIS**Pamplin Media Group

Spring Mountain Elementary has a new and fun-loving principal at the helm in Joel Dunn. He has been in the education field for 27 years, formerly teaching high school in Woodburn and Canby, and then made the jump to administration as an associate principal in North Salem.

A few years later, he decided to transition to working at the elementary school level. He is currently in his second year of being an elementary principal and is only in his first school year at Spring Mountain Elementary. To Dunn,

See DUNN / 2



Principal Dunn with a student who made a nametag to match his.

# ON YOUR MARK, GET SET, GO!

Happy Valley Fun Run returns in May

City of Happy Valley

Dust off your sneakers because the Happy Valley Fun Run is headed your way! This popular annual event encourages adults and kids alike to lace up their running shoes and help support programs for local students. This year's run is

scheduled for Saturday, May 20.

The race, organized by Happy Valley Elementary School's PTO, is a professional event, complete with race shirts, timing chips, and sponsor booths.

Participants can choose from three events which include a kids' one-mile dash, a 5k run/walk, or a 10k run.

The kids dash will begin at 8:15 a.m. while the 5k and 10k races will begin at 8:45 a.m. This is a fantastic, family-friendly event.



#### HAPPY VALLEY FUN RUN

When: Saturday, May 20 Where: Happy Valley Elementary School What: Races for every level – one-mile kids dash, 5k run/walk, and 10k run

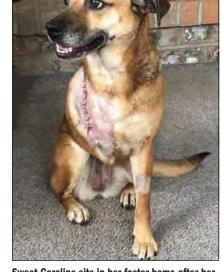


Sign up now to participate in this year's Happy Valley Fun Run. Carried out by the HVE PTO, all proceeds benefit and fund programs at Happy Valley Elementary.

#### REGISTER AT:

https://runsignup.com/race/or/happyvalley/hvfunrun Early registration is open now through April 30 with prices increasing May 1.

# Community comes together to help 'Sweet Caroline'



Sweet Caroline sits in her foster home after her amputation procedure.

Happy Valley residents come together to help a stray dog get the care she needs.

**By EMMA DAVIS**Pamplin Media Group

Found running around on a dislocated elbow back at the end of January, a skiddish and frightened dog given the name 'Sweet Caroline' has endured quite the trauma in the last few months. However, the Happy Valley community has done what it does best and banded together to make sure that she will get the best recovery possible.

When she was first found, Sweet Caroline was limping and afraid, scared of anyone who would try to approach her. But eventually, she let her guard down and allowed people to help her.

See CAROLINE / A2

Pamplin Media Group

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**2** April 2023 **Happy Valley News** 

## **Community service worthy of Gold**

By EMMA DAVIS

Pamplin Media Group

Being a part of the community has always been important to Adrienne C. Nelson High School student, Emmersyn Bernhard. She has been a part of the Girl Scouts organization since she was in the third grade as a brownie and still living in California but continued with it. Now in her junior year of high school, she is now eligible for the Girl

and is a very big deal. The Gold Award is the Girl Scout equivalent of an Eagle Scout award. If granted, the recipient receives scholarship money for college and the honor of earning this high achievement.

Scouts Gold Award, which is

given out to very few people

For this award, the girls pick a community service project that betters the community in one way, shape or form. Emmersyn decided to work closely with the Happy Valley Library in their decade-old tutoring program for young students. "My specific part of the project is sort of revamping the promotional part of the teen tutoring program at the library," Bernhard said. "I decided we should probably have a more of a presence in social media for the program."

She had prior tutoring experience with her peers during the pandemic, but Emmersyn's responsibilities in her project doesn't involve her in the actual tutoring, but handling the back-end promotions online for elementary schools that might need to know about this resource. "I contact schools and get the information needed to post on their peach jar, which is like an email that goes out to all the parents of students at that particular school," Bernhard said. "Just schools that I think would benefit best from tutoring, so I look at the district statistics and see what the students are struggling in the most.

Alongside her, she had the help of program tutor and Clackamas High School student, Abby Wong. The two had met while Emmersyn was starting the project, and Abby helped out by spreading the word with her. "I was chosen to be teen tutor coordinator because I really like working with kids," Wong said. "It is a fun way for me to help them with their schoolwork and stuff like that."

Although this is the project Emmersyn decided to pursue, there were others that didn't pan out due to the difficulties in the COVID-19 pandemic among other issues. "The very first project I sort of brainstormed when I was a freshman was a Guide Dog project where mv idea was to like raise a guide dog," said Bernhard. "I couldn't really figure out how to set up something at school for a guide dog, and then it kind of just fizzled out and I didn't feel as passionate about it." Over the course of 2021 and 2022, she had the chance to brainstorm more and decided on the tutoring help.

For both Emmersyn and Abby, the whole project and program that the library provides has given both girls a rewarding

Teen with the tutoring program helps a young student with reading.

experience. "For me, since I'm more doing the back work and not so much the tutoring, it's kind of interesting, seeing all the work that I've been doing with the help of Abby to like get it started, was really cool," Bernhard said. "Like seeing what it was going to look like with the extra promotion and the end result."

Emmersyn will continue working on the project in collaboration with Abby and Happy responsibilities as a Girl Scout, school's softball captain.



Emmersyn Bernhard works with the Happy Valley

Library to achieve the Girl Scouts Gold Award.

Abby Wong and Emmersyn Bernhard in front of the Happy Valley Library sign.

Valley librarian Anna Bruce a member of ANHS's National

while maintaining her other Honor Society and as the high

## Нарру

■ From Page 1

Tire Center, Clackamas County Dog Services, and Glenmoore Gracious Retirement Living. These stops aimed to give some of our hardworking local businesses and beloved community partners an opportunity to visit with the crew and enjoy some Kona Ice, courtesy of Happy Valley Parks and Recreation.

The day's activities culminated at Village Green Park where all Happy Valley residents and passersby were invited to partake in board games and crafts. With Kona Ice serving colorful shaved ice, the afternoon continued to bring the fun to everyone around.

#### Residents rejoice

By providing the community with activities like these, the Happy Valley Parks and Recreation team hopes to offer residents meaningful opportunities to create happy memories that will last a lifetime.

Let happiness shine Ultimately, International Day of Happiness is a time to cultivate positivity and brighten the lives of others. Hope, joy, and sense of community have the power to create lasting camaraderie amongst residents as well as a shared love for where we live, work, and play. There are so many other ways to cultivate happiness and even more ways to encourage it for others. What will you do to spark joy?



Making an effort to connect with the city's senior population, the team visited with residents at Glenmoore Gracious Retirement Living



Residents joined the fun at Village Green Park for games and treats in celebration of **International Day of Happiness.** 







## Caroline

■ From Page 1

At first, the City of Happy Valley Community Service Officers, Jason Thompson and Michael Barnes were contacted regarding the dog. "We responded to the dog call on January 25th at 1 p.m.," said Thompson. Their team followed her around town and chased her down, but Caroline was unwilling to approach so she took off.

Natalija Kokorova, a resident of Happy Valley initially saw the dog wandering around her property on a camera at her home at the end of February. "She would show up on our camera at random times of night mostly, or early in the morning," said Kokorova. "We would see her really quickly and then she would just run away, and we couldn't really trace her.'

Caroline was referred to as a "ghost dog" because of how elusive she was. When Natalija realized there was no way they were going to be able to catch her without scaring her away, she and her neighbors came up with a plan. "We started contacting animal shelters and I think my neighbor initiated something," she said. "Then we didn't see her for a while, so we thought maybe she was picked up."

Kimber Hysell at Waggin' Tails shelter was called to set a comfortable "trap" to catch Caroline and take her to a place where she would be safe, but the pup was in bad shape when she was brought in.

"This poor dog's elbow has been dislocated for a long time and nobody corrected it," Hysell said. "The vet went ahead and did a procedure to put it back in place and as soon as they brought her out of anesthesia and she went to walk on it, it

dislocated again." Because the reattachment was



Caroline in the trap set by Waggin' Tails shelter.



Caroline enjoying the sunshine.

unsuccessful, Caroline needed she's eating and drinking and to get surgery to amputate her leg. She was put on a surgery list and was able to be moved up to get the surgery, but the cost was not light. Luckily for her, Waggin Tails started fundraiser by Waggin' Tails to cover the

Caroline had her procedure done on March 21st and has been moved to a long-term foster where she is getting around-theclock care and all the love she

"She just wants to cuddle and website www.waggintails.org

just getting lots of love with their foster," Hysell said. "She's doing great.

Caroline has a long road to recovery but with the help of the community and a lot of rest, she is going to be just fine.

To keep up with Caroline's recovery or if you are looking to adopt a new furry friend, you can visit the Waggin' Tails Facebook at www.facebook.com/waggintailssearchandrescue, their Instagram @waggintailssar and



Principal Dunn provides a group of kindergarteners a clue for their scavenger hunt around the school.

## Dunn

From Page 1

leaping to elementary was a bit of a shift, but a fun one at that.

"The elementary principal job is never dull, and it is always with what the students bring," he said. "It is dynamic," he said. "They're little, they're learning a lot and they're excited to come into school. It's fun to be present when all that is happening.'

With his experience at this level, Dunn has seen the fun aspects that teaching lower grades brings because the spirit and energy that the children bring are much more enthusiastic.

Dunn finds a lot of enjoyment as the district's fresh new face, but there are also some challenges that he encounters from the community.

"I understand why there's a lot of skepticism from staff, students and families," he said. "But Spring Mountain has been great and really welcoming.

Interacting with students students the education they and families is very important to Dunn. He tries to engage with everyone that walks through the doors in the morning and makes an effort to get to know students at any chance he gets. "When they come through the door, I really like to check in," he said. "Have short little conversations, notice when it's their birthday and ask them how things are going."

Since joining the Spring Mountain in August of 2022, Dunn has devoted much of his time to his goal of ensuring students and families that it is a safe, nurturing, and fun school that can be trusted. "I hope that Spring Mountain will be and become somewhere that students will always have a safe place to go," he said. "This is a school where we will meet students where they are and respect and celebrate them for who they are.'

Dunn also has goals on improving his skills around elementary education and adapting to its learning styles. He and his supportive staff

dedicate themselves to giving

fifth graders, you could feel a good energy," he said. "It felt great. Like this is our Spring Mountain.'

With his passion for education, dedication to students and staff, and commitment to bettering the school, there is no doubt that Spring Mountain Elementary is in good hands with Principal Joel Dunn.

need at every level. "The work

that we're doing is so students

get a good learning foundation,

so they are prepared when they

are released to middle and high

Dunn has experienced many

memorable moments but the

one he often looks fondly upon

is when the entire student body

and faculty were all together at

an assembly at the beginning of

the year. It was special to him

because it was the first time in

a long time that everyone in the

school was in the same space.

short assembly but being in

the same spot together look-

ing at each other, from little,

tiny kindergarteners to the

"It was a very simple and

school," he said.

**Everyone all together** 

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**DAVID GOLOBAY** Councilor 503-807-2979



**JOSHUA CALLAHAN** Councilor 503-783-3800

#### **HAPPY VALLEY CITY COUNCIL**

Council Meetings are held 1st and 3rd Tuesdays of the month at 7 p.m. at City Hall 16000 SE Misty Drive Happy Valley, OR 97086 (503) 783-3800 www.happyvalleyor.gov

COUNCIL CORNER



It takes a village! The Happy Valley community is steadfast in its commitment to keeping trees a priority. The City celebrates its 19th year as a Tree City USA this month.

# Tree City USA

TREE CITY USA

City of Happy Valley

As a City Council, we are honored to announce that Happy Valley has once again been designated a Tree City USA. 2023 marks the 19th consecutive

year the City has been awarded this designation, a status cities must apply for through the Arbor Day Foundation. This national program started in 1976 and encourages cities to actively promote and expand tree growth.

Becoming a Tree City USA requires actions at all levels from the City and our community part-

ners. Starting with the City Council, tree preservation is made a priority. Over the years, the City Council has adopted specific tree preservation and replacement protection and take steps to ensure growth requirements. The City's Public Works Department invests considerably in urban

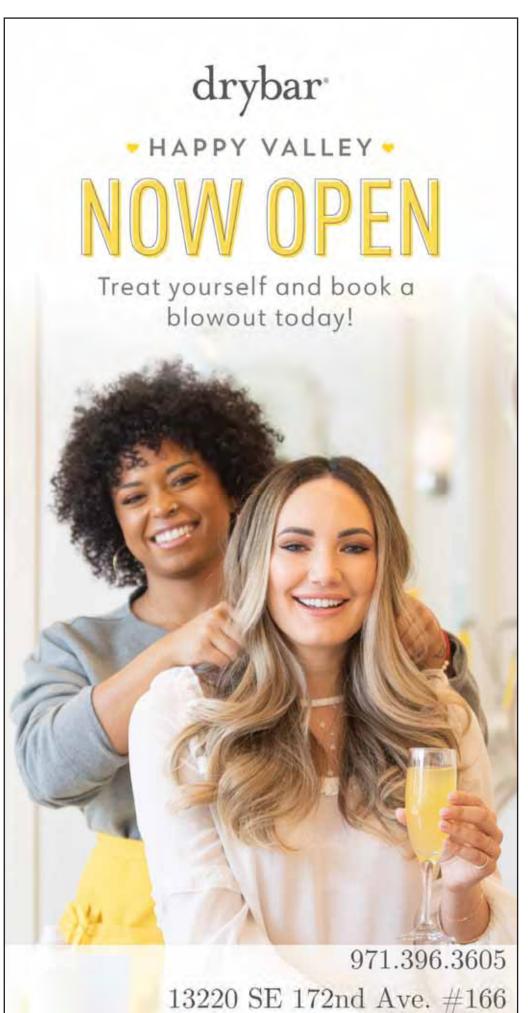
forestry on public lands. More recently, in the wake of the 2020 Labor Day wildfires, the City has undertaken a significant effort to evaluate and mitigate wildfire risk on public and private property inside the City. In addition to specific actions from the

City, we rely on community partners such as Friends of Trees for organizing volunteer tree plantings. Every year, tree plantings in Happy Valley are one of the first events to fill up with volunteers in the entire region. We'd like to thank everyone for lending a hand at these events! For more on Friends of Trees and recent/upcoming volunteer opportunities, see page 7.

The natural environment is one of the best parts of Happy Valley. As a City Council, we will continue to prioritize its remains planful and congruent with com-



In March, volunteers helped plant over 1,100 trees and shrubs within Happy Valley Park at a Friends of Trees event, Projects like these help keep our local tree canopy healthy as the City works to preserve our natural areas and keep





#### MAYOR MESSAGE

# **Local Input Matters**

Turn on the local news and you will see that communities across our state are facing a housing crisis. You see it. I see it. Even MAYOR our legislators see OF HAPPY it. Broad coalitions of public and private **VALLEY** sector leaders are forming to address

the need for more housing. Unfortunately, the City has been made aware of numerous legislative proposals that concern me regarding

the future of Happy Valley and our neighborhoods. input Happy Valley residents Some proposals have called for cities to approve any residential development proposals on commercial land, taking away future local job opportunities.

Other bills have called for an that charts a path forward for elimination of development fees that ensure growth pays its fair share towards new roads and

parks. Another concept proposes that cities approve any variance request for residential development regardless if the variance would negatively impact natural resources. The list of these types of bills continue.

Most concerning is that these bills take away local control. They erode decades of

provided to develop Happy Valley's Comprehensive Plan. This is a plan that aims to balance growth with maintaining our small-town feel. A plan

Tom Ellis

the necessary infrastructure that is needed to accommodate growth so that our roads, parks, and schools don't get even more overcrowded.

It's no secret that Happy Valley has been one of the fastest growing cities in Oregon for several years. While growth is not always welcome news, it's part of living in the metro region. Since my early days on the Planning Commission and City Council, Happy Valley has made a conscious effort to be mindful when it comes to community growth by balancing the impacts of development with environmental stewardship and livability.

While I fully understand the current housing crisis, as Mayor, I'll continue to fight



A view of the Oregon State Capitol building. Mayor Ellis and City Council pledge commitment to working with legislators as they voice concerns over recent bill proposals that could affect Happy Valley.

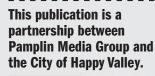
one of these bills is presented, my fellow Councilors and I have

for local control over how cities oppose these concepts. Instead, plan for the future. Each time we are asking policy makers to partner with cities like Happy Valley to identify and address written letters and contacted the true barriers to addressing our legislators asking them to our housing crisis.

Stephanie Warneke SWarneke@ happyvalleyor.gov



**HAPPY VALLEY NEWS STAFF** 





Publisher's Note: Have an idea for a story? We are always on the search for new people, places, and things to write about. If you have an idea for an uplifting story that would benefit the community, then we want to hear from you!

To submit your idea, please head to hvbn@pamplinmedia. com and include as many details as possible, so our publication team can review your proposal Our best stories highlight the spirit and values of the Happy Valley community and showcase meaningful happenings in the lives of residents and local businesses. We invite you to include anecdotes in your story proposal that are funny, astonishing, heartwarming, and inspiring. If we think your story idea is a good fit, our community writer will get in contact with you to discuss the possibility of it being featured in an upcoming issue.



**Publisher** Aaron Breniman abreniman@ pamplinmedia.com 971-204-7789



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# **Happy Valley Youth Council seeks** new members

#### Know a teen who loves to be involved or wants to be an advocate for other teens in our community?

Applications are now being accepted for teens interested in filling a vacancy on the Happy Valley Youth Council. The applications must be completed and submitted to City Hall by Friday, May 12 at 5 p.m. Applicants must then be available to attend the May 17 Happy Valley Youth Council meeting at 5 p.m. at City Hall, where each applicant will participate in a panel interview.

The 10-member Youth Council works to promote a positive influence for their peer group and their community through safety events and participation in many of the City's community events. Any Happy Valley teen resident teen who will be at the freshman through senior academic level for the 2023-2024 school year is eligible to apply and serve. Visit www.happyvalleyor.gov/youth-council for the application or more information.

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**DEADLINE: FRIDAY, MAY 12** 

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**Applications for Happy Valley Youth Council vacancies must be** received by Friday, May 12 at 5 p.m.

STEPHANIH@HAPPYVALLEYOR.GOV

## Nelson HS Grad Party **Seeks Donations**

Committee raising money for Grad Party for Adrienne C. Nelson High School's first senior class

By EMMA DAVIS Pamplin Media Group

Graduating high school only happens once so it is important to celebrate. The 2023 graduating class of Adrienne C. Nelson High School's graduation party committee needs the help of the community in order to make their last hurrah as a class as memorable as possible. They have a fundraising goal of \$30,000 and are accepting donations, sponsorships and fundraising involvement. All the funds will go straight to getting a venue, refreshments, decorations, activities, entertainment, transportation, and more to make for a safe, alcohol and drug free, fun overnight experience for the class.

To make a donation or contribution, you can go to the Nelson High School graduation party website at www. nelsongradparty.com.











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A6 April 2023 **Happy Valley News** 



#### City of Happy Valley

At the time of print, the following events were scheduled. Most meetings have options to attend in-person or virtually. Please check www.happyvalleyor.gov to confirm timing of events and instructions to participate virtually. You can also opt in to receive notifications about upcoming meetings by visiting www.happyvalleyor.gov/ signup-for-notifications

**Events Calendar** 

#### Apr. 13

**■** Traffic and Public **Safety Committee** Meeting: 6 p.m at City Hall

#### Apr. 18

**■** City Council Work Session: 6 p.m. at City Hall

**■** City Council Meeting: 7 p.m. at City Hall

#### Apr. 22

Friends of Trees Arbor Day & Earth Day event: (see page 7 for details)

#### Apr. 22

■ Rx Drug Take Back Event: 10 a.m.-2 p.m. at City Hall Parking Lot (see page 6 for details)

#### Apr. 25

**■** Library Board Meeting: 6 p.m. at Happy Valley Library

Apr. 26 **■ HV Business** 

#### **Alliance Meeting:** 7:30 a.m. at City Hall

May 2 **■** City Council Work Session: 6 p.m.

at City Hall **■** City Council Meeting: 7 p.m.

at City Hall



# **Happy Valley Youth Council** to hold Rx Drug Take Back event

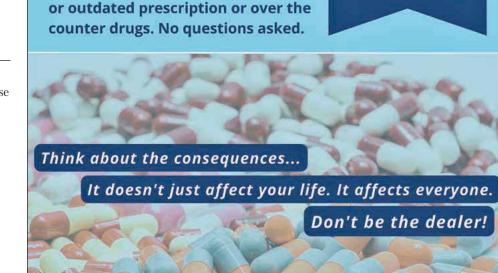
City of Happy Valley

The Happy Valley Youth Council is once again gearing up for its annual Rx Drug Tack Back event. Offered as a way to not only raise awareness on the dangers of medications getting into the wrong

hands, this event also highlights the Youth Council's commitment to encouraging a safe community. Over the years, the event has collected well over 5,000 pounds of drug items and ensured their safe disposal through the support of community partners.

The Happy Valley Youth Council will be holding their Annual Rx Drug Take Back Event on Saturday, Apr. 22 from 10 a.m. to 2 p.m. in the City Hall parking

Intra-venous solutions, injectables, syringes or medical waste are NOT to be collected. Any type of prescription and/or over the counter medications are acceptable collections - no questions asked. Simply drive by and drop off your unwanted or outdated prescriptions, over-the-counter medications, or drugs.



**HAPPY VALLEY** 

YOUTH COUNCIL

Drive by and drop off any unwanted

Happy Valley Youth Council will hold its Annual Rx Drug Take Back Event once again this month. This no questions asked event aims to keep unused prescriptions and over the counter medications off the street and out of the wrong hands

A big thank you to our community partners for their continued support and assistance!

- Clackamas County Sheriff's Office
- Happy Valley Police
- Happy Valley Community Service Officers
- Providence Health & Services



# UPDATE

City of Happy Valley

On Mar. 7, City Council unanimously approved the Pleasant Valley/North Carver Comprehensive Plan during a public hearing. Nearly 200 participants attended the hearing in person with an additional 50 attendees joining the event online.

The Plan shapes the future of approximately 2,700 acres along the east side of Happy Valley with a balance of housing options and livable neighborhoods, well-planned parks and trails, safe and efficient streets, environmental protections, and local employment and business opportunities. Led by the Happy Valley Plan updates in future issues of HV News.

Economic and Community Development Department, the Plan took over five years to fine tune and included countless hours of preparation to complete. A wide variety of input received from property owners, prospective developers, existing residents of Happy Valley, and residents from the Damascus area helped shape the final vision.

**SATURDAY** 

**APRIL 22** 

**10AM-2PM** 

**Happy Valley City Hall** 

16000 SE Misty Dr.

All materials, including the finalized Comprehensive Plan and Zoning Map can be found online at www. hv.city/pvnc.

The decision to approve the Plan may be appealed by Mar. 30, however at the time of print, such a request had not been filed. The City will continue to provide

An interactive draft zoning map associated with the PV/NC Plan is now on the City's website. Head to www.hv.city/pvnc.







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### **BUSINESS**SPOTLIGHT

Introducing



#### Hi Emma! Where are you from?

I'm from Sherwood, OR. I'm originally from Portland, then lived in New Orleans, then moved back to Sherwood when I was 7 and have lived there ever since.

#### What brought you to this role as Happy Valley Community Writer?

After graduating from the School of Journalism at University of Oregon, I wanted to go into reporting, but there wasn't much opportunity, so I went into digital marketing. After two years at the same company, I felt like I needed a new place to go. The opportunity with Happy Valley News appeared itself to me and I saw that as a chance for me to jump headfirst into journalism.

#### What's your favorite thing about your job so far?

I really like talking with people and getting to know them. Not just as somebody I'm interviewing, but getting to know their stories. I do a lot of stories on small businesses, and I like to get to know the people there. It's my favorite thing so far. I love telling their stories. Believe it or not, I'm actually extremely introverted and this was never something I thought I'd be doing because it's so frightening to me. Talking and interviewing people was so outside my comfort zone, but over time, I've grown to love it.

#### What's your favorite place you've been to in Happy Valley so far?

Oh wow! I've been to so many places since I started. I really loved the Happy Valley Station food carts. I loved the variety of food there, and they had really good Thai (shoutout to Thai Sunflowers! I got the biggest portion of Pad Thai and it was so

#### What do you like to do outside of working at Happy Valley News?

I love music. If you ask anyone, I'm a big fan of Taylor Swift. I have been since I was a kid. I love to read. I often can read three books a week if I'm determined and the book is good. I also spend a lot of time with my best friend and now coworker, Bren Swogger: I also have a cat. Her name is Juni and she's loud.



Have a story idea for Happy Valley News? Reach Emma Davis via email or phone at edavis@pamplinmedia.com or 971-762-1169 Happy Valley News April 2023 🛕

# Preserving the tree canopy in Happy Valley



pring is in the air and that means rejuvenation, growth, and new beginnings. In Happy Valley, this signifies the perfect time to plant and begin welcoming an influx of budding flowers, pollinating insects, and a new group of woodland creatures. Maintaining and preserving a healthy tree canopy is paramount to this and that means being proactive in ensuring our open spaces remain vibrant and nurtured.

Happy Valley is fortunate to have a great partner in Friends of Trees, a local organization dedicated to inspiring community stewardship of our urban forests by bringing people together to plant and care for trees and natural areas. Through their support, multiple community plantings or tree care events are held in Happy Valley each year. The City of Happy Valley has partnered with Friends of Trees for over a decade to improve water quality and habitat for wildlife at Happy Valley Park. Residents of all ages and experience levels are encouraged to participate.

While Arbor Day is officially Apr. 28, here in Happy Valley, we are celebrating this designation on Apr. 22 (Earth Day) with a special project that commemorates Arbor Day and Earth Day. Just one of several springtime tree care events, the occasion serves to commemorate the amazing and far-reaching benefits of trees and encourage local communities to be part of the solution.

#### Other ways the City makes trees a priority

The City has a robust tree replacement requirement and tree permits are required for any type of tree removal. Additionally, if a developer is dividing land, the City requires the developer complete a Planned Unit Development (PUD) if more than 10% of the site is in environmentally constrained areas. This ensures a minimum of 20% of the final site contains open space, which in turn results in more preservation of natural areas compared to traditional subdivisions found in other cities.

To further ensure that Happy Valley's tree canopy remains healthy, the City spent \$5.85 per capita on urban forestry in 2022. Things like tree pruning, tree maintenance, plantings, and removal of hazardous trees on City property are covered by these funds. These efforts help curb erosion, aid in stormwater management, create cleaner air, and even boost property values.



Happy Valley boasts an abundance of trees and a commitment to keeping our tree canopy and native plant life healthy and cared for. At a recent tree care event last month, volunteers helped plant new seedlings at Happy Valley Park.

#### SPECIAL ARBOR DAY/EARTH DAY EVENT! HAPPY VALLEY PARK TREE CARE

When: Saturday, Apr. 22, 8:45am - noon

Where: Happy Valley Park, 13770 SE Ridgecrest Rd

**Register online:** www.friendsoftrees.org/event-calendar.

Celebrate Arbor Day and Earth Day by mulching hundreds of native trees and shrubs that were planted this past winter. **Note:** There will be no tree-planting at this event. Activities for this project are considered more physically demanding and would be great for folks looking for a workout!

The only participation requirements are to dress for the weather, wear sturdy/closed-toe shoes, and be prepared to have fun! Residents of all ages and experience levels are encouraged to participate.

Pre-registration for individuals is required. To sign up for any Friends of Trees event, you can register online by

checking out the events calendar through www.friendsof trees.org/event-calendar. Click on the project you would like to attend and fill in your information.

TREE CITY USA

Volunteer leaders with planting expertise will guide small groups of volunteers, demonstrate how to plant and mulch, and help throughout the morning. These volunteer events are a fun way for families, service groups, or individuals to get outside and help improve their local natural area. Friends of Trees will provide tools and gloves.







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**A8** April 2023 **Happy Valley News** 



The service and sacrifice our military community members make is important. With the support of Mayor Tom Ellis and City Council, the City of Happy Valley would like to share the stories of those who have served or are actively serving. Please contact us so we can highlight our local heroes.

# Welcome to the neighborhood

Did you know the Mayor, City Council, and members of the Happy Valley Business Alliance frequently partake in ribbon cutting ceremonies as a way to officially welcome new businesses to the City? For nearly 15 years, the City has been offering this opportunity as a way to engage new businesses and connect residents to some of the best spots in town.

Happy Valley businesses con-

community by providing many of the goods and services we all need

They offer places for us to gather, workout, eat, drink, and shop, and provide jobs which boost the economy and contribute to a city that thrives.

The City of Happy Valley not only encourages new businesses to set up shop, but it is happy to offer commemorative ribbon cuttribute significantly to our local Happy Valley Business Alliance to Dream.

#### STARTING A BUSINESS IN HAPPY VALLEY?

Reach out to Stephani Hern to discuss celebrating your grand opening with an official ribbon cutting. Email stephanih@happyvalleyor.gov to connect.

highlight them with pomp and cir-ting ceremonies, the City aims to cumstance. By partnering with the celebrate one slice of the American



Join the City and Happy Valley **Business Alliance** as they welcome new businesses. Stav tuned for new businesses headed our way.





**Jaret Moss & Joe Moss** Agency Producer and Agency Owner

# Coverage for the things you care about

Call 503-344-6513 today!

### **Moss Insurance Agency**

Your local Happy Valley agency 12550 SE 93<sup>RD</sup> Ave Ste 230, Clackamas, OR 97015 jmoss2@farmersagent.com



April 2023 A9 **Happy Valley News** 

# Step by step: Keep your property's sidewalks clear and ready for use



idewalks offer pedestrians safety and mobility, and help support an active community. That's why it is so important to maintain sidewalks and ensure they are free from obstacles and other hazards. Things like broken sidewalk concrete or an overhanging branch can make it difficult for someone to maneuver and could lead to serious accidents and injuries.

In Happy Valley, the responsibility for repairing sidewalks and keeping them clear is that of the property owner. That means if you as a property owner neglect to repair your damaged sidewalk or fail to keep these areas clear of debris or other obstructions, you could be cited by a Community Service Officer for being in violation. In most cases, a Community Service Officer will first talk

with you about a concern before it reaches the level of receiving a citation. We would much rather see your efforts focused on remedying a problem and are happy to assist you in understanding the necessary steps toward compliance. Something to keep in mind, however, is you could be held liable for any accidents that occur should someone get hurt because of failing to keep these areas in good condition.

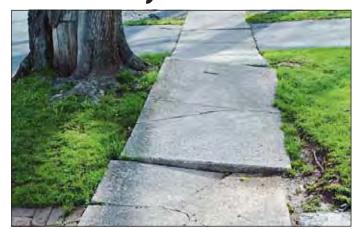
#### What contributes to sidewalk damage?

- Natural weathering, such as ice or erosion
- Tree roots pushing up and out of the pavement
- Heavy foot traffic and general wear and tear
- Improper installation or maintenance
- Vehicle accidents or acts of vandalism

Be on the lookout for tripping hazards, concrete that is breaking apart or cracking, and areas that show a tendency toward being unstable. These are all signs a problem may be on the horizon.

#### What should I do if I need to repair my sidewalk?

Get a permit: Before making a repair, you must apply for a Right of Way permit through the City's Engineering Department. If damage to the sidewalk is due to a tree and the tree needs to



Watch out! Sidewalk concrete that has become disjointed, cracked, broken and uneven is a hazard. In Happy Valley, property owners are responsible for ensuring sidewalks adjacent to their homes and businesses remain in good working condition.



gov/engineering-permits for

Hire wisely: The City cannot

endorse any business or person

for work done on your property,

is required should it need be removed, then a Type A Tree but we highly encourage you Removal Application is also to reach out to a professional required. Visit happyvalleyor. with experience who can help you with a proper evaluation and diagnosis. Always seek out reputable professionals who are licensed to do business in Happy

Valley as this increases your

**Tree roots can sometimes** break, so it is imperative to keep tabs on any property trees that might be encroaching and creating damage. If a tree needs to be removed for this reason keep in mind that not only is a permit required to repair sidewalk damage, but a tree removal permit

can pose a challenge to livability, so can the effects of overgrown shrubs, branches, and other vegetation that encroach into walkable spaces and lines of sight.

requires you:

■ Trim or remove vegetation



chances that repairs are done correctly.

Aside from avoiding potential liability issues, there are some great benefits to maintaining a safe and secure sidewalk, so it's worth your while to take care of any issues. These include enhanced property value, increased curb appeal, and an improved aesthetic which ultimately makes the city a more attractive place to live, work, and visit.

#### **Branch out**

Just as damage to a sidewalk Keep in mind that City code

that overhangs or obstructs streets or sidewalks. Allow at least a 7-foot clearance over sidewalks and a minimum 11 foot clearance over streets so that cars, the City street sweeper, and emergency vehicles don't collide with overhanging material. On arterial roads, the clearance must be at least 14 feet.

■ At corners and intersections, trim so that the view of the intersection is not obstructed by property vegetation. Overgrown bushes and hedges are frequent culprits that can make seeing oncoming traffic more difficult.

■ Clear vegetation that obscures traffic or parking signs.

By taking the time to ensure your property's sidewalks are clear and vegetation is under control, vou'll help contribute to a neighborhood that is more accessible for everyone.

# April is window fall prevention month

more information.



Ensure your home's windows are safeguarded from falls as children are at most risk for injuries and death.

from a window. Window falls are predictable, therefore preventable. We need your help to reduce the risk of injury to children. According to the Consumer Product Safety Commission, about 12 children under the age of 10 years old die each year, and more than 4,000 are treated in hospital emergency rooms for window fall-related injuries.

The Window Safety Task Force offers these suggestions to help protect children:

- Teach children to play away from

You can protect your child from falling screens keep bugs out, but they don't keep children in

- For any windows that are six feet or higher from the ground, install window stops or guards, limiting open windows to no more than four inches
- Keep windows closed and locked when
- not in use ■ Keep furniture or anything a child can
- climb on away from windows ■ Always supervise children and ask about window safety when your child visits other homes
- Lessen the potential impact of injury ■ Teach caregivers and children that from a fall through strategic landscaping



CLACKAMAS FIRE DISTRICT #1

use wood chips, grass, or shrubs beneath windows

For more information on window stops or guards, and how to install them, visit: www.stopat4.com. The safety stores located at Randall Children's Hospital and Doernbecher Children's Hospital carry safety devices for windows as well.

# ou Can Help Prevent er Pollution!

#### Keeping your lawn free of weeds involves many choices—some are hazardous to our families, pets, and waterways.

#### Safest

Annually aerate, de-thatch and over-seed bare spots in spring. This will keep the lawn dense and healthy, which keeps out weeds. Use a long-handled weed removal tool for easy weed removal. Fertilize only in fall with a slow release fertilizer, if at all.

#### **Next Best**

If you choose a weed or insect control product, look for the OMRI label which helps identify less hazardous chemicals. Always read and follow the label, as even natural/ organic products can be harmful. Only apply products when multiple dry days are forecast. Spot spray only the individual weeds you really can't live with!

#### **Important Measures You Can Take**

Do not apply pesticides, herbicides or fertilizers under windy conditions, or when rain, snow or hail is predicted within the next 48 hours.

Consider hiring an ECOBIZ certified landscaper! See www.ecobiz.org

Clackamas Water Environment Services produces clean water and protects water quality. It's our job to ensure that residents and visitors enjoy the benefits of safe, healthy water for generations to come.

Learn more at clackamas.us/wes/education





A10 April 2023 **Happy Valley News** 



'My kids have been taking lessons for about 18 months and they have learned so much. The owners are wonderful people. The staff is very prompt in responding to emails and inquiries. Recitals are wellorganized. Everyone is just super supportive of each other.

– Liza Trammell ★★★★★

"Super duper music studio. Experienced staff that will and singing music. If you want to enjoy your music lessons, this is the place for you." – Scott Whitfield ★★★★★

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When students take lessons with us, they tend to stick around for a long time. Arts Academy has a provent track record of offering quality music, guitar, voice, singing, piano, and drum lessons in Happy Valley year-round. Our full-time mission is teaching music lessons trusted by over 1000 families for over 10 years.

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Every parent just wants to know how their child is doing and if they are really progressing. The best way for a parent to understand if their investment in lessons is really worth it is to have their child participate in a recital. In June and November, many of our students choose to perform in our biannual recitals. These recitals are free, and unlike many schools in Portland, we do not charge recital participation fees.

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When you sign up with us, your are not required to sign a contract for a whole term or semester. We offer month to month agreements because we believe that we have to prove our value to you every month.

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#### **HAPPY VALLEY**

14654 SE Sunnyside Road Happy Valley, OR 97015 HAPPYVALLEY@ARTSACADEMY.COM

#### **TIGARD**

15605 SW 116th Avenue King City, OR 97224 TIGARD@ARTSACADEMY.COM

April 2023 **A11 Happy Valley News** 

# Drybar "Experience" introduces new Happy Valley community writer

Our new community writer, Emma Davis, gives her introduction and stops by Drybar salon for a fun 'full experience"

By EMMA DAVIS Pamplin Media Group

Hello! I'm Emma Davis and I'm the new community writer for the Happy Valley News. Since this is my first month with the HVN, we thought it would be neat to take this chance to introduce myself and share a little bit about me with our readers. I have a journalism background with a bachelor's degree from the University of Oregon School of Journalism and Communication.

I am not new to the writing field as I have previously worked as a copywriter for a digital advertising company, in addition to writing about music for an independent publication. Since beginning my new position, I have loved every second I have spent getting to know everyone in the community.

To feel like a true member of the community of Happy Valley, I want to immerse myself in as many experiences as possible. I had the chance to tour around the city during my first week to meet a number of people and get familiar with your town. I wandered into new businesses, including the new blowout salon, Drybar. At the front desk was the owner, Karly Anderson.

#### The full experience!

Karly was very friendly and extended an opportunity to come in to experience all that her salon had to offer. Now mind you, I have never had my hair done like this before, so I was



Seats at the marble bar, fixed in front of a television.

Visit: www.drybarshops.com

@ drybarshops\_happyvalley

intrigued the second I walked

in. The salon is bright, with

splashes of yellow and grey

against a modern, white interior.

Seats are placed at a long marble

bar with all the different tools

that perform the various styles

I was eager to see what my hair could be transformed

into, so I happily took her up

on that offer and scheduled an

At my appointment, I was

they can give customers.

appointment.

on Instagram



Emma before her hair blowout.

and was immediately asked if I wanted anything to drink. When getting your hair done at Drybar, you have the option to get a refreshment and they have many, including wine, various coffees, tea, mimosas, and more. I got a latte and sipped on it throughout my time.

I was then introduced to one of the salon's talented stylists and shop educators, Khiana Phongluangtham. She led me over to my seat at the bar and gave me a "look book" of the selection of styles I could greeted with a smile from Karly choose from. There were several



Emma after the hair blowout.

options, but I ended up going with a beach wave look titled "The Mai-Tai." I was then taken to get my hair washed and rejuvenated, which was nice and relaxing. When escorted back to my seat, I sipped on my latte and struck up a conversation with both Khiana and Karly.

#### A place to relax and be pampered

I learned that Karly opened the business because she wanted to give people a place to go to relax and feel pampered, even if it's for a short time.



Khiana washes Emma's hair, getting the full experience.



Stylist, Khiana, prepping Emma's hair for her blowout.

"I used to be a wedding and event planner and I love crafting experiences for others," she said. "It gives me a place to provide a positive, bright and happy space for people to enjoy."

Having only been opened since January of this year, Drybar has already made a name for itself, gaining a lot of popularity and regular customers.

While my hair was being turned into luscious and voluminous beachy waves, we continued to chat. Drybar offers services including blowouts, up-tinis, dry styling and more!

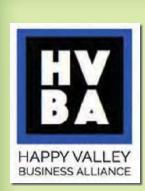
After about 45 minutes, Khiana took the rollers out of my hair and turned me around to face one of the many mirrors on the wall. My jaw dropped and I was speechless. "That's the exact reaction we want to

get from customers," said Karly. "I wish we had a camera to have gotten that!"

The waves brought volume and personality to my once flat and uninteresting blonde hair. I loved it. I felt a sense of confidence wash over me and I couldn't stop smiling; I felt great! I finished my drink, thanked Khiana for her beautiful work and Karly for her graciousness in providing me with this experience, and went on my way back to the HVN offices.

Drybar is not only a place to get your hair done but also a place to get away from the hustle and bustle of life in a welcoming and relaxing environment, surrounded by friendly people.

To make an appointment, you can use the Drybar app or call in. You won't regret it.



### HAPPY VALLEY BUSINESS ALLIANCE

## Support these local Alliance members!

Join us for the next meeting, Wednesday April 26th, at 7:30AM at Happy Valley City Hall (16000 SE Misty Drive Happy Valley, OR 97086)

#### **NEW MEMBERS:**

Travel with Jena **USWC Taekwondo Happy Valley** Unitus Community Credit Union - Boyd Carroll



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#### **RENEWALS:**

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Visit www.hvba.biz for more businesses serving your community or to join the HVBA.

A12 April 2023 **Happy Valley News** 

# City thanks Winter Storm Response **Team following snowstorm**

When snow and ice made an appearance in Happy Valley in February, City staff jumped into action, spending several days monitoring the roads, and working proactively around the clock to ensure community safety. The storm, which has since been described as bringing residents the snowiest day in the metro area since 1943, created many challenges for travelers throughout Happy Valley as snowflakes descended in mass amounts within record time.

We would like to thank our Team for being at the ready. These do to prepare for a winter storm.

individuals are comprised of a group of dedicated public servants that include Public Works, Community Services, Police and Public Safety. Together, this team kept priority roads maneuverable for emergency vehicles and helped residents stay informed about ongoing safety developments.

Want to learn more about how the City manages inclement weather events? Be sure to follow us on Facebook and head to www. happyvalleyor.gov/inclement weather for more information about what to expect from the City's entire Winter Storm Response response team and what you can



By working around the clock and driving the City snowplows and deicers non-stop, the Public Works team was able to keep major roads accessible to residents and emergency vehicles. Here, King Rd. is shown one day after the massive snowfall.



One of the most significant storms in recent vears. February's rapid snowfall gave the City's Winter Response Team a challenging task of helping clear roads and keep residents in the know about latest

developments.

## Venvino Art Studios celebrate 5 Year Anniversary!

Ianice Kiser, coworkers throw party for community to celebrate

By EMMA DAVIS Pamplin Media Group

Celebrating five years in operation is a big deal for any small business, but for Venvino Art Studios it meant so much more. Janice Kiser opened the studio back in 2018 and has since seen great success. However, it hasn't always been great.

Just when things were going well, the pandemic hit and Venvino had to temporarily shut things down. "We completely had to change everything about what we did," Kiser said. They made art kits for families and children with the hopes they can stay in business, and they did, thanks to the community.

To celebrate the five years, Venvino held a party at the studio and invited the several events throughout



Janice Kiser with patrons at the

community to attend. There were activities like crown making, painting, and a coloring contest for all of the kids. "The party was incredibly gratifying," she said. "It was really great because we've all worked so incredibly hard." so all the people that were here at some level had a relationship with our studio and with our staff, and it was very rewarding.

Venvino Art Studios holds

#### **VENVINO ART STUDIOS**

- 13329 SE Misty Dr, Happy Valley, OR 97086
- Sunday-Saturday 10am-6pm venvinoartstudios.com
- @venvinoartstudios
- on Facebook

@venvinostudio on Twitter

the year for people of all ages, including wine nights for the

adults, camps and classes for children, and others. Come by Venvino to get in touch with your creative side!

# Happy Valley Farmers Market set to open May 13th

Pamplin Media Group

The regular season is only around once per year and you don't want to miss it. Jamie El-Khal started The Happy Valley Market back in 2012 with the hopes that the community could come together every weekend and have a place to shop from local businesses and farms.

Held May 13th to October 28th, The Happy Valley Farmers Market has vendors galore and there is something for everyone to enjoy. "We have a variety of vendors. We have everything from farms to fresh foods to baked goods," El-Khal said. "We have artisans such as woodworking, and crochet, and also have a coffee truck each week." The market also has shaved ice, kettle corn, and a lot of specialty items like salsa, pies, jams, meat and seafood vendors, and so much

the market every weekend to out an application.



Vendor booths at the Happy Valley Farmer's Market.

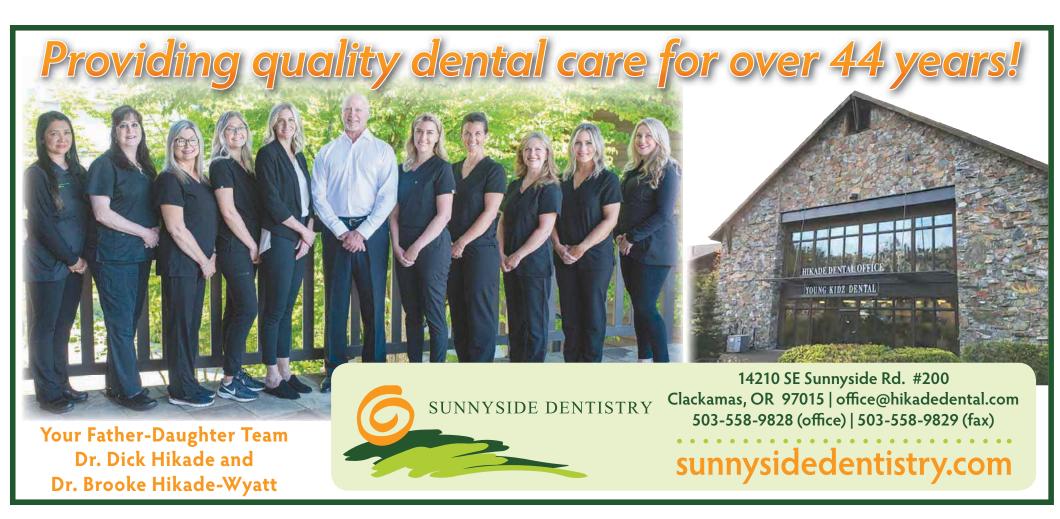
greet customers with smiles and friendly faces as they wander and see what its many vendors have to offer.

If you can't make it during the regular season, there is also a Halloween and holiday market later this year.

If you want to become a vendor at the Happy Valley Market, you can go to its website at www.sunnyside Jamie and her family are at farmersmarkets.com and fill

#### **FARMERS MARKET**

- 13231 SE Sunnyside Rd, Clackamas, OR 97015
- Saturdays 9am-2pm, May through October
- www.sunnysidefarmers
- markets.com
- @SunnysideFarmersMarket
- on Facebook ■ @happyvalleyfarmersmarket on Instagram





Happy Valley News April 2023 A13

# Spring Fit Tips for any Age

Now is the time to start moving your body to ensure you're ready for warm weather and Summer activities

**By JAMES KENNETH PRESLEY** For Pamplin Media Group

Many of us know the phrase, "Summer bodies are made in the Winter." However, for the fifty-five and older community, getting in shape this time of year can be pretty intimidating. Whether it be the hilly landscape of Happy Valley, unpredictable weather, or even the lack of gym access, keeping your body active so that you can enjoy the Summer ahead can sometimes feel daunting. Luckily, we spoke with local fitness trainer Nicki Bachman who encourages the more seasoned community to stay active by applying a few simple strategies.

#### **Getting Started**

"First off, having a buddy is better," says Bachman. "Carving out 15-20 minutes with a friend or family member to do simple at-home exercises like a plank or assisted reverse lunges will help give the power of accountability. All you would need is a small space in your house with a soft surface and a chair."

Bachman, who first entered the fitness game due to her admiration for celebrity fitness guru Jillian Michaels, drives home the idea that the most effective workouts do not require the biggest machines, a lesson she learned during the COVID-19 pandemic

"Using your body as the machine allows you to be more functional," she says. "It's way more realistic to how it transfers to real-world activities like picking up groceries, walking your dog, lifting up your grandchildren, etc."

However, if you are seeking some simple and easy-to-find fitness equipment that offers many functions, Bachman suggests the following items that will give you the best bang for your buck

"A pair of light dumbbells' for shoulder presses and bicep curls, resistance bands for pressing and pulling motions, and a yoga mat for stretching and core movement would be the three best items I would suggest for light at-home workouts that will help your overall quality of life," she says. "The older we get we lose a lot of muscle mass so these will help you recover some of it while also elevating your heart rate which will help reduce many health risks in the long run."



Personal trainer Nicki Bachman poses for the camera: Walking long sets of stairs can be a killer cardiovascular workout.



COURTESY PHOTOS

Nicki Bachman starting a core workout: Yoga mats will help prevent injury by adding comfort to your back and joints.

#### **Running up that hill**

While there are many options for strength training within the safety of your own home, cardio is something that does often require the use of the outdoors. The question is, what is more effective: shorter walking workouts amongst the hilly landscape of Happy Valley, or a long walking workout on a more level ground such as Happy Valley Park?

best bang for your buck.

"A pair of light dumbbells' for shoulder presses and bicep curls, resistance bands for pressing and pulling motions, and a yoga mat for stretching and core movement would be the three best items I would sugminutes if you are able to," Bachman says.

Ultimately, movement is the medicine we all need, especially after a long Winter of staying still in the comfort of our homes. Training the body now, even with these simple exercises will give us a foundation of fitness that will transfer to many different aspects of our own everyday lives.





Courtesy photos from the Inter-generational paint night hosted by Sunnyside Meadows with support from Venvino Art Studios.

# Inter-generational Paint Night a fun success!

By Pamplin Media Group

appy Valley 8th grader Olivia Pompetti's creative inter-generational paint night, a part of her 8th grad capstone project, proved a fun success bringing together the generations.

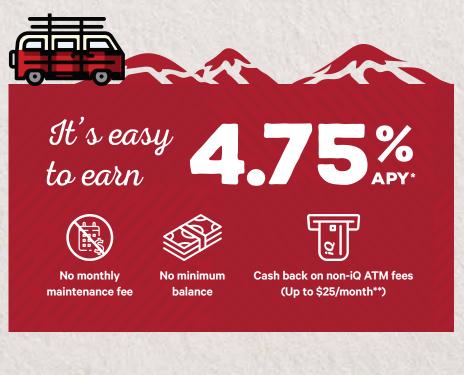
The event was held recently at Sunnyside Meadows, with great support from Tanya Rosequist, Marketing Director at Sunnyside Meadows Memory Care and Janice Kisor, owner of Venyino Art Studios.





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\*APY = annual percentage yield. Rate good as of February 1, 2023. All rates subject to change. No monthly fee. To earn the Intelligent Checking rate of 4,75%. APY on balances up to and including \$25,000, and 0,25%. APY on balances over \$25,000, you must meet the following monthly requirements: twelve (12) debit or credit card transactions; direct deposit of \$100 or more per month, log in to online banking at least once per month; and receive e-Statements. If account requirements are not met, the non-qualifying rate will be 0,05%. APY. New accounts will receive the qualifying dividend rate for the first statement cycle. Existing accounts converted to Intelligent Checking may qualify to receive the qualifying dividend rate beginning on the first day of the month following the month in which the account is converted. All requirements must be met with transactions posted and cleared by the close of business on the day before the last day of the month. ATM transactions do not count toward the 12 debit card transactions. Dividend paid on the last day of the month in which it is earned. Qualifiers must all be on the same account. \*\*Yonly accounts that meet the Intelligent Checking criteria are eligible for the \$25 ATM fee refund. Visit www.iQcu.com for details about how the ATM fee refund is calculated and other limitations.

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A14 April 2023 Happy Valley News

# Help distracted driving take a back seat

pril is Distracted
Driving Awareness
Month and safety
organizations across the
nation are encouraging people
to commit to keeping our roads
safer.

According to the National Highway Transportation

PUBLIC



Chief Rich Sheldon

and Safety
Administration,
distracted driving
killed 3,142
people in 2020.
Distractions
range from talking
on a cell phone
(both hand-held
and hands-free),
texting, eating,
applying make-up,
and anything else
that diverts your

attention away from driving.
To prevent tragedies due to distracted driving, the U.S.
Department of Transportation urges motorists to do the following:

■ Turn off electronic devices and put them out of reach before starting to drive.

■ Be good role models for young drivers and set a good example. Talk with your teens about responsible driving.

■ Speak up when you are a passenger and your driver uses an electronic device while driving. Offer to make the call for the driver, so his or her full attention stays on the driving task.

■ ALWAYS wear your seat belt. Seat belts are often the best defense against unsafe drivers.

Many people think of texting or talking on a cell phone as distracted driving, but it really can be anything. Scanning radio stations, reaching for something behind you, adjusting your car's control knobs, talking to a passenger, or simply focusing on thoughts other than driving are all examples of distractions. To keep Happy Valley's roads safe, we must all do our part to make a conscious decision to focus on the road ahead. Unfortunately, cell phone use while driving is rampant and one of the main causes of distraction. To make matters worse, cell phone use is usually seen as the cause of an auto accident AFTER it has already occurred, making it all the more important to ensure cell phones are stowed away while operating a vehicle.

#### IT TAKES A VILLAGE

Drivers aren't the only ones needing to pay attention.

Pedestrians and bicyclists are also reminded to focus on their surroundings. Everyone plays a vital role in establishing safe practices and making the roads a safe place for travel.

#### Cell phones and the law

According to the Oregon Revised Statutes (ORS) 811.507, driving refers to operating a motor vehicle on premises open to the public (i.e. public roads and parking lots) and while temporarily stopped because of traffic, at a red light or stop sign, or any other momentary delays.

When it comes to cell phone use, drivers must utilize a "hands-free accessory" that gives a person the ability to always keep both hands on the steering wheel while using it. Drivers may only touch the mobile electronic device momentarily, via a swipe or tap, to activate or deactivate a function of the device

A person commits the offense of driving a motor vehicle while using a mobile electronic device if the person holds a mobile device in their hand or on their person at any time or touches a mobile device for any reason other than to momentarily swipe or tap an otherwise mounted hands-free device, even when temporarily stopped at a light.

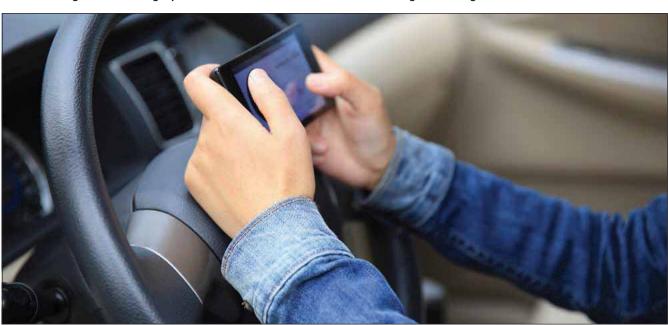
#### What can you do?

Happy Valley Police use education and enforcement to address traffic violations. Distracted driving is a cause of many of the crashes investigated in the City, so deputies are asking YOU to help get the word out about distracted driving. Encourage conversations amongst your family, teens, and friend groups. Remind drivers in your household how important it is to stay focused when behind the wheel.

We all want to be able to drive, bike and walk safely in Happy Valley. Ultimately, distracted driving is preventable and sometimes we all just need a reminder of the risks and dangers. Please join us this month and commit to helping keep our community's roads safe.



Distracted driving can have a lasting impact. Please remember to focus on the road when driving and encourage loved ones to do the same.



COURTESY PHOTO: DREAMSTIME.COM / © LZF

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- Improve wildfire mitigation and protection
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PROFESSIONAL FIREFIGHTERS
OF CLACKAMAS COUNTY SUPPORT

April 2023 A15 **Happy Valley News** 

# CLIMBING TO THE TOP

#### ■ Clackamas HS grad Josiah Van Hoy plans to run mountaineering business, return to Himalayas

By RAYMOND RENDLEMAN

Pamplin Media Group

"When surrounded by the Himalayas, you sometimes look directly up in the sky thinking you're looking at clouds, but later realizing they are mountains towering over you," said Josiah Van Hoy, a 2016 graduate of Clackamas High School and a longtime employee of the Starbucks at the Oregon City **Shopping Center.** 

Van Hoy, 25, soon hopes to recapture the magic of visiting the Himalayas, where he plans to climb the world's tallest mountains. He is no stranger to climbing tall peaks, having summited Mount Hood at age 10 with his father, and he's been climbing several taller mountains in the 15 years since.

"My recent trip to the Himalayas really opened up new doors for me and reminded me how much I have a passion for trekking/climbing as I am being surrounded by some of the most beautiful scenery nature has to offer," he said.

In the next year or so, Van Hoy plans to move from his current home in Clackamas to small-town Sedro Woolley — Washington state's gateway to the North Cascades and take over his father's business GoTrek, which leads groups on mountain climbing expeditions all over the world.

'Being up in the mountains gives you an appreciation for the simple things we have and is a great way to wake up from such a distracted world we live in," he said.

Van Hoy was born in Clackamas and has lived here most of his life, with the exception of living in various parts of Washington state between the ages of 12 and 16. As a Starbucks employee benefit, he is enrolled in the coffee company's College Achievement program to receive 100% tuition coverage for a first-time bachelor's degree through Arizona State University's online program.

graduating with ASU's class of 2023 years," Van Hoy said.

with a bachelor's degree in business and tourism. He said that he came back from Mexico with \$15 in his pocket in 2017 and chose to work at Starbucks because he needed a job with good benefits.

"Although it wasn't easy at first, I've been able to manage studying full time, along with working 40+ hours a week, all while traveling to Mexico on and off for over four years," he said.

While spending most of the summer after high school exploring Mexico, Van Hoy met Damaris Lopez, who would eventually become his wife, at a bus station in Guadalajara.

"I was about to take a bus to Puerto Vallarta, and she was sitting across and I couldn't stop thinking about how beautiful she was," Van Hoy said. "I built up the courage and decided to try to talk to her with my terrible Spanish. We ended up talking for an hour and before I caught my bus, she gave me her number and we kept in touch.'

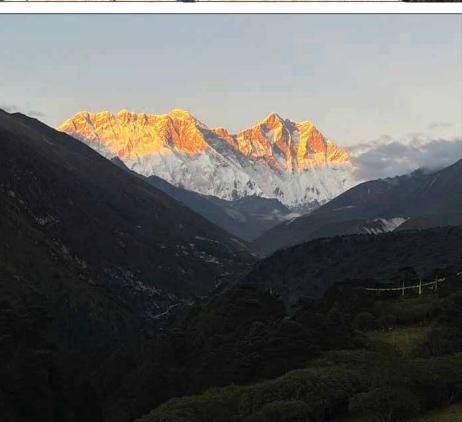
Van Hoy and Lopez kept up a long-distance relationship three years before Van Hoy proposed marriage in fall 2019. Shortly after, they applied to the federal government for a fiancé visa, and U.S. Citizenship and Immigration Services officials gave her an initial interview date for March 2020, which ended up being delayed by two years due to COVID. Van Hoy was thankful to Starbucks for being flexible with time off, so the couple's visits could range anywhere from 24 hours to six months.

'She was granted a one-way ticket to the U.S. and we got married March 2022, after countless nights of video chats, and about 48 trips to Mexico within six years," Van Hoy said.

Van Hoy's father, Craig, has been climbing since the late 1970s and his climbing achievements include 450 summits of Mount Rainer and summitting the highest peak on each of the seven continents including

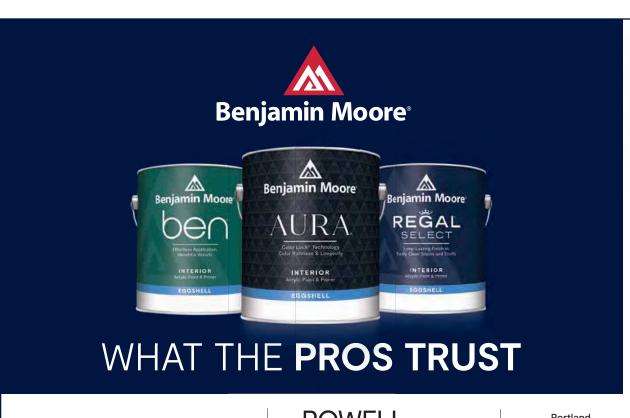
"Although I have a ways to go to even consider an attempt of the summit of Everest, I'm making it a This spring, Van Hoy plans on goal to climb over the next 10-15





COURTESY PHOTO: CRAIG VAN HOY Josiah Van Hoy's father took this photo in front of Mt. Everest while they were trekking recently through the Himalayas.

COURTESY PHOTO: JOSIAH VAN HOY Clackamas resident Josiah Van Hoy, an employee at the Starbucks in the Oregon City Shopping Center, took this photo while recently visiting the





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A16 April 2023 **Happy Valley News** 

# La Salle HS Skiers: Small Team, Big Results

For La Salle senior Stefano Au, the term 'victory' has more than one singular meaning when it comes to what the La Salle ski team accomplished at State

By JAMES KENNETH PRESLEY For Pamplin Media Group

As the saying goes, "It's not the size of the dog in the fight but the size of the fight in the dog," or in this case... the falcon. La Salle High School, which is still relatively new when it comes to its men's ski team, has a history of being overlooked when it comes to its athletic accomplishments. However, as stated best by senior Stefano Au, being the underdog is nothing new.

"When compared to the other big giants in our league like Lakeridge, Lincoln, and Lake Oswego we for sure have one of the smaller teams," Says Au. "La Salle has had people go on to individual ski achievements in the past but this is the first year during my time where we qualified for State as a team. We compete in the Three Rivers League, which is probably the toughest league of all the leagues that go to State.

Au, who took an interest in skiing thanks to some lessons with his dad at a younger age as well as his admiration for the Winter Olympics, credits the efforts of team leader and good friend Elias Kean, who was the team's most consistent athlete. Equally, Au gives credit to Kean's younger brother Liam for helping get the team over the edge with both his and his brother's club racing backgrounds, especially during such tough conditions during this year's State.

"For slalom, our course had really poor visibility and the course was really rudded, making it tough to be aggressive," says Au.

Luckily for Au and the La Salle Men's Ski Team, comradery and teamwork are two key factors that helped give La Salle a competitive

groups we obviously spend a lot more time together and have a tight dense network, which might be lost



Stefano Au goes over the game plan with his coach: One last pep talk before taking on a challenge that's, quite literally, the size of a mountain.

"Even though it takes an individual effort, the support of your team goes a long way."

#### The Brazilian Bullet

However, while teamwork and practice helped secure La Salle's 9th-place finish, perhaps Stefano was also assisted with one specific good-luck charm.

"Since sophomore year I've coined the nickname the 'Brazilian Bullet'. as my mom is from Brazil and I have a Brazilian passport," says Au. "Our coach Lloyd Scroggins is actually the Olympic coach for the Brazilian ski team and just happened to have an edge.

"Being one of the more tight-knit gifted it to me last year. The suit was an amazing offt and I loved being able to wear it the past two seasons."

However, like many seniors comin bigger team settings," says Au. pleting high school, the world of college looming, Stefano Au is future college plans, but he plans on need assistance.



La Salle Men's Ski Team: Celebrating in a photo finish from what can be considered a

La Salle High School senior Stefano Au and Sadie Fabrizio Carson of Nelson High School: Training group members put their rivalry aside to root each

an amazing gift and I loved being able competitive sports is coming to a considering a future in analytics helping his coaches, Willy Scroggins, close for Au, who is currently set- with an intended major in data sciting his sights on future goals. With ence. Ski might not be a part of his whenever he's in town and if they

Lloyd Scroggins, and Samuel Meyer

# Boys Team Charity looking for new members

By EMMA DAVIS

Pamplin Media Group

There are many ways to get involved in Happy Valley, but the Boys Team Charity League is a great option, especially for boys and their parents. The league is the first and only chapter in Oregon providing boys in grades 6-12 a chance to give back to the community and gain leadership skills. Founder of the chapter James Sorenson, and his team, provide these boys the opportunity to participate in various philanthropy events around Happy Valley yearly.

"We help on Dumpster Day, at the Willamette National Cemetery, flag placement on Memorial Day, Race Across America, and around the holidays we do a lot for the hungry," Sorenson said. "We also do things for the elderly community by doing Meals on Wheels and kind of help with

#### **GET INVOLVED**

The Happy Valley Boys Team Charity League holds a new member information meeting on Tuesday, April 4th at the Happy Valley Library community room at 6:30 p.m. All are

fundraisers for them."

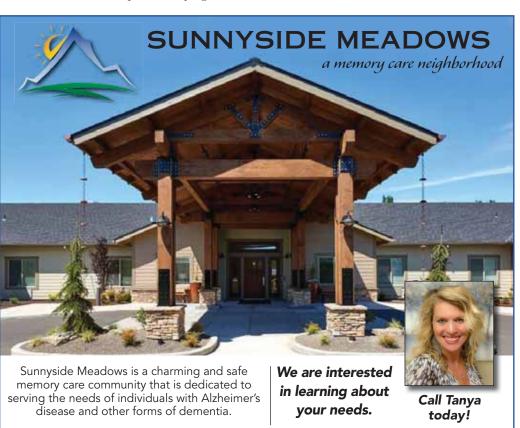
Starting during the pandemic in 2021 just as things were starting to open back up again, Boys Team Charity gave its members a chance to regain their socialization skills through these events and even start their own events.

Happy Valley Boys Team Charity League is now looking for more new members and families to join their organization. For more information, you can go to www.boysteamcharity. com and fill out an application or contact James Sorenson via email at president.btc.happyvalley@gmail.com.





ABOVE: Members help with St. Francis Center Food Drive. LEFT: Members of the boys team charity league at the memorial flag placement.



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April 2023 A17 **Happy Valley News** 

# Councilor Emami represents Oregon during White House Nowruz celebration

Oregon's first Iranian American member of a city council visits Washington DC for Persian new year celebration

By RAYMOND RENDLEMAN Pamplin Media Group

**Happy Valley Council** President David Emami represented Oregon at the White House by attending the March 20 presidential reception for Nowruz, which is the celebration of the Persian new year.

In 2019, Emami became the first Iranian American member of a city council in Oregon history. Attendance at the White House event included President Joe Biden, First Lady Jill Biden, Vice President Kamala Harris and Second Gentleman Doug Emhoff.



During the White House celebration of Nowruz on March 20, Happy Valley Council President David Emami meets NASA astronaut Jasmin Moghbeli, who will command the next mission to the International Space Station.

political event by any means, but worldwide," Emami said. they did touch on the Woman Life Freedom Movement, and it was cool to see them recognize a holiday that is celebrated "It definitely was not a by over 300 million people

At the celebration, Emami

met NASA astronaut Jasmin Moghbeli, who will command the next mission to the International Space Station.



Happy Valley Council President David Emami arrives at the White House on March 20 to find a table traditionally set for the Persian new year

# Teen Car Care Clinic returns April 22



#### **Know a licensed** teen driver?

Check out page 19 for more information about this important educational event geared specifically for high school students.



# Classics, Barn Finds, & **Plain Old Hoopties**





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15622 SE VIVIAN WAY	3	2.1	1836	Pending	\$445,000	
15732 SE MISTY DR	3	2.1	1513	Sold	\$454,950	\$455,000
12997 SE 155TH AVE	3	2.1	1978	Sold	\$430,000	\$430,000
15742 SE MISTY DR	3	2.1	1513	Sold	\$449,999	\$449,999
15640 SE VIVIAN WAY	3	2.1	1942	Sold	\$480,000	\$480,000

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## Help us highlight the spirit and values of Happy Valley



We are always on the search for new people, places, and events to write about. If you have an idea for an uplifting story that would benefit the community, then we want to hear from you!

TO SUBMIT YOUR STORY OR EVENT, please send an email to hvn@ pamplinmedia.com and include as many details as possible, so our publication team can review your proposal. The best stories and events highlight the spirit and values of the Happy Valley community and showcase meaningful happenings in the lives of residents and local businesses.

We invite you to include anecdotes in your story proposal that are funny, astonishing, heartwarming, and inspiring. If we think your story or event idea is a good fit, our community writer will get in contact with you to discuss the possibility of it being featured in an upcoming issue.







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#### APRIL 2023 LIBRARY EVENTS

Please check our website for the most up-to-date hours and services.

#### LIBRARY CALENDAR

#### **Youth Programs**

Special Event for Families

#### Día Celebration

Saturday, Apr. 29, 10:30 a.m. - noon

Creek Middle School at 11 a.m.

We're celebrating kids, books, and reading! Drop in for crafts, games, and free books. There will also be a special dance presentation by El Ballet Folklorico de Alder



#### For 5 and Under

#### **Storytimes**

To see our full listing of storytimes and playtimes visit our website, or go.lincc.org/hvbirthto5

#### Stretch, Dance, Play

Thursdays, Apr. 6 and May 4, 10:15 a.m.

Join Iris Nason for dance, yoga, singing, sign language and play! For 2-5-year-olds and their caregivers.

#### **Duplo Play**

Monday, Apr. 10 and Friday, Apr. 28, 10:15 a.m.- 11:45 a.m.

For ages 0-5. Let's build together with Duplo blocks! Drop in to play and see what we can make.

#### Sign & Sing

Friday, Apr. 14, 10:15 a.m. Sing, dance, and learn simple sign

language with Shira Fogel of Tiny Talkers. For 2–5-year-olds and their caregivers. Find out more at go.lincc.org/hvsign.

#### Tallulah's Daddy

Saturday, Apr. 22, 10:15 a.m.

Drop in for some musical fun with our favorite bass playing dad! For 2-6-year-olds and their caregivers.

#### For K-5th Graders

#### Science Lab: Worm Bin Magic

Saturday, Apr. 8, 1 p.m.-2 p.m.

Explore the magic/ science of worms with Rick Reynolds. Each family will go home with their own working worm bin to

For K-5th graders and their families.

help with composting! While supplies last.

#### **Family Crafternoon**

Sunday, Apr. 16, 2:30 p.m.-4 p.m.

For K-5th graders and their families. We'll provide a variety of craft supplies. puzzles, games, and more for you to relax and play with your family.

#### **Cat Kid Comic Club**

Monday, Apr. 17, 2:30 p.m.-4 p.m.

Come join the club! We'll provide the drawing supplies; you create the comics.

#### Let's Build!

Thursday, Apr. 19, 4 p.m.-5:30 p.m.

For K-5th graders and their families. Join our LEGO experts for a LEGO building challenge

#### **Homeschool Club: Worm Bin Science** Thursday, Apr. 20, 10:15 a.m.-11:30 a.m.

For K-5th graders and their families. Hey homeschool families! Explore the magic/ science of worms with Rick Reynolds. Each family will go home with their own working

#### For Teens

#### Teen Homeschool Club: Game Day

worm bin to help with composting!

Thursday, Apr. 13, 1 p.m.-2 p.m.

Hey homeschooling families with middle and high schoolers! This month you choose -we'll have lots of board games and puzzles to choose from.

#### **Teen Advisory Board**

Saturday, Apr. 15, 1 p.m.- 2 p.m.

Support the library while earning volunteer hours. Hang out with new friends, do hands-on projects, and share ideas about how to make the library a welcoming place for teens. A safe space for all to be themselves. Drop-ins welcome.

#### For teens in grades 6-12.

#### Slime Lab

Saturday, Apr. 15, 2 p.m. - 3 p.m.

Make your own slime! We'll have all the ingredients to make slime, plus a slime bar where you can choose some extras to add a little sparkle and flair to your slime. For teens in grades 6-12.

#### **Adult Programs**

#### Mah Jongg

Fridays, 12:30 p.m.-3:30 p.m.

Those who enjoy playing American Mah Jongg are invited to join our fun and friendly group! Be sure to bring your current National Mah Jongg League cards. Contact the library if you would like to learn

#### String-Along

Sundays, Apr. 9 & 23, 2 p.m.-5 p.m.

Bring your acoustic guitar, fiddle, ukulele or other stringed instrument to the Happy Valley Library and share some tunes with other musicians. Adults of all skill levels are invited to drop in and play some music in a casual, jam-style setting. Bring a song you

#### **Genealogy Club**

**New York Times Online** 

arts to sports, business to real estate, The New York Times covers it all

each and every week. Go to go.lincc.org/nyt or contact the library for access instructions.

Happy Valley area residents now have online access

to the New York Times, free with a library card! Now

you can enjoy unlimited articles on NYTimes.com

and in the New York Times app. Find something for

everyone — from coverage of critical issues to sports

to opinions. Access exclusive features and newsletters,

along with early access to new media releases. From the

Monday, Apr. 10, 3 p.m.-5 p.m.

Searching for family roots? All are welcome to come and share questions. strategies, and organizing tips. Insights are discovered and pathways revealed as we attempt to solve the mysteries of our ancestors' elusive stories!

#### Creating Year-Round Color in the Garden

Thursday, Apr. 13, 3:30 p.m-4:30 p.m.

A garden that looks good all year round, takes some planning. Come be inspired and learn the key steps to achieving a garden that has the structure to support a year-round show of color, shape, and texture. Learn how to use design principles so you can enjoy a unique, beautiful garden space every season of the year.

Presenter Bio: Laura Eyer has been on **OSU Extension Service Master Gardener** volunteer since 1992. As she dove into her role as an OSU Master Gardener, she quickly found that she enjoyed ornamental gardening, composting, soils and landscape design. In 1997 she began a landscape consulting business. Now retired she enjoys her own garden and sharing her knowledge and love of gardening with



#### Miniature Handmade Plants

Saturday, Apr. 15, 10:30 a.m. - noon

Do realistic miniatures bring you a sense of whimsy and wonder? Come create your own unique, tiny potted plants with artist Iris Nason. No green thumb necessary! Registration required. Register at go.lincc.org/hvsignup

#### **Books, Uncovered**

Thursday, Apr. 20, 6:30 p.m.-7:45 p.m.

Gather with fellow readers and talk books! This meeting will begin by discussing the most beautifully written books we have read. You'll leave with new ideas for your "to read" list and perhaps uncover your next favorite book!

#### **Waterlily Paintings**

Monday, Apr. 24, 10:15 a.m. - 12:15 p.m.

Create a serene waterlily scene with watercolors and inks with instructor Terri Hsing. Registration required. Register at go.lincc.org/hvsignup

#### Happy Valley Library Book Group Thursday, May 4, 6:30 p.m.-8 p.m.

Read the book selection for the month

and come to the library to discuss the book with other readers. This month we'll be discussing the provocative debut novel Such a Fun Age by Kiley Ried. Did you like it or not? Did something surprise you



or make you think twice? Come share your thoughts!

#### **POETRY**

April is National Poetry Month, an occasion to celebrate poets and poetry, and to mark poetry's importance in our lives. To that end, we suggest some new poetry titles for children and adults to explore, recite, and share with friends.

#### Youth

#### **Book of Questions:** Selections = Libro de las Preguntas: Selecciones

by Pablo Neruda; illustrated by Paloma Valdivia

Share the work of Chilean poet and Nobel Prize winner, Pablo Neruda, with children through this first bilingual, fully illustrated selection of Book of Questions, which invites us to wonder at the natural world and the myriad mysteries it contains.

#### **Marshmallow Clouds: Two Poets at Play** among Figures of Speech

by Ted Kooser and Connie Wanek; illustrated by Richard · =

YELLOW DOG

VINEGAR

THILL

COLM TORMS

These poems explore figures of speech with a spirited touch, inviting your imagination out to play.

#### The Real Dada Mother Goose: A Treasury of **Complete Nonsense** by Jon Scieszka

This anthology of absurdity takes 36 classic nursery rhymes and turns them upside-down, backwards, and every which-way, creating clever new works sure to get kids laughing and thinking

#### **Yellow Dog Blues** by Alice Faye Duncan; illus-

creatively.

trated by Chris Raschka

In a lyrical journey across the Mississippi Delta, Bo Willie searches blues landmarks like Dockery Farms and Beale Street for his missing dog.

#### **Adults**

#### **Weaving Sundown in Poems for Fifty Years** by Joy Harjo

In this gemlike volume, Harjo selects her best poems from across fifty years, beginning with her early discoveries of her own voice and ending with moving reflections on our contemporary moment.

#### Vinegar Hill

by Colm Toibin

In this rich collection of poems written over the course of several decades. the best-selling author explores the liminal space between private experiences and public events, and touches upon such themes as politics, queer love, COVID, and mortality.

#### Time Is a Mother

second poetry collection, of his mother's death, embodying the paradox of sitting within grief while being determined to survive beyond it.

#### Poetry 2022

edited by Matthew Zapruder Chosen from print

and online magazines, from the popular to the little-known, this collection of 75 poems showcases the year's most brilliant, striking and innovative poems, along with comments from the poets themselves lending insight into their work.

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need to do to set up your next eBook or eAudiobook? Visit lincc.org/ebooks to learn more!

#### **EARTH DAY**

April 22, Earth Day, marks the anniversary of the birth of the modern environmental movement in 1970. Today, Earth Day is widely recognized as the largest secular observance in the world, marked by more than a billion people every year as a day of action to change human behavior and create global, national, and local policy changes to benefit the earth

increasing our environmental awareness and deepening our understanding of the impact that humans have on our planet. With this in mind, we are highlighting books for all ages about the natural world, climate

#### **Youth**

#### The Global Ocean

information, stunning visucreate their own ripples of change to help heal the global ocean, and ultimately our planet.



Embark on the journey of a lifetime to 20 of the world's wildest places! ers who are working to

#### Only One

by Deborah Hopkinson

showcases the unique beauty of our one-andand the precious life it contains.

#### **Where Wonder Grows** by Xelena González

her special garden with her granddaughters. Wonder grows everywhere but Grandmother especially loves to show it in her story garden.

by Greta Thunberg Gathering together

us with the knowledge we disaster, showing there is hope, but only if we listen to the science before it's too late.

# Climate Change, from

by Eugene Linden

science journalist looks at the last forty years of climate change and the shocking failure by governments and key business interests to address the issue despite the evidence

The spiritual leader of Tibetan Buddhists revolution that encourages

Featuring the works of

Wallace Stegner, Annie Proulx, Ernest Hemingway, Margaret Atwood, L Frank Baum, William Faulkner, North American outdoor contemporary-summons our close and imagined encounters with all things

and its people.

change, living with less, hiking, and more.

#### by Rochelle Strauss





Explore each environment and learn about the keeppreserve them for future generations.

only universe--its galaxies, stars, and planets--as well as our one-and-only Earth,

#### **Adults**

#### The Facts and the Solutions

the wisdom of over 100 experts, the world's leading climate activist arms need to combat climate

# 1979 to the Present

#### Wilderness Tales: Forty Stories of the North **American Wild**

















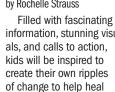


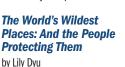




# Earth Day is a good time to commit to

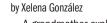








This picture book



A grandmother explores

The Climate Book:

#### Fire and Flood: A People's History of

An award-winning

#### Heart to Heart: A **Conversation on Love** and Hope for Our **Precious Planet** by Dalai Lama XIV and Patrick McDonnell

and the cartoonist and award-winning author of MUTTS join forces to call for a compassionate everyone to work together to heal our relationships with each other and with the planet.

# edited by Diana Fuss

and Ray Bradbury, this

masterful collection of short stories about life-both classic and



# Languages

Did you know that the Happy Valley Library has books in seven different languages? For readers of Chinese, English, Korean, Russian, Spanish, Ukrainian and Vietnamese, we have quite a lot to choose from. From picture books and early readers to chapter books and engaging nonfiction, what will you discover at your library?

Children's Day

**Book Day** 



# Niños/ Día de los Libros **MATTERS**

El día de los niños/El día de los libros (Children's Day/Book Day) is a national celebration of books. families and reading across cultural and linguistic backgrounds! Last year was the library's first Día program, held in Village Green Park, with crafts, games, and free books.

bigger! With help from community partners like Metropolitan Family Services and local Girl Scout Troop #13003, families can enjoy free crafts and activities, from decorating a bag to beading a keychain buddy. Each child will

This year the party is even

Every Child

The Library Celebrates Día de los

This year will also feature a special dance presentation by El Ballet Folklorico de Alder Creek Middle School at 11 a.m. All activities take place at the

get to pick a free book to keep.

Happy Valley Library on Saturday, Apr. 29, from 10:30 a.m.-noon.

## **The Best American**



Not sure what you



#### HAPPY VALLEY PARKS AND RECREATION

TO REGISTER, CHECK OUT WWW.HAPPYVALLEYOR.GOV/PARKS



#### APRIL 2023 PROGRAMS & EVENTS

\*In response to guidance from the Oregon Health Authority, face masks are optional for participants in Happy Valley Parks and Recreation programs. Participants are encouraged to use hand sanitizer or wash their hands frequently and stay home when they are sick.

### PARKS & REC EVENTS



Youth Open Gym Basketball Nights

Location: Scouters Mountain Elementary School - 10811 SE 172nd Ave.

Date: Apr. 4 - May 23, Tuesdays; 6:30 p.m.-8 p.m. Ages: 10-17

Cost: FREE

Happy Valley Parks and Recreation is excited to offer open gym nights! Open gym is an opportunity for youth to practice their basketball skills, shoot hoops with their friends, and stay active! Bring your own basketball and water bottle. Participation is available on a first-come, first-served basis, with a maximum of 30 in the gym at a time. A liability waiver MUST be completed for each participant. Open gym is welcome to all Happy Valley residents. No organized groups allowed during open gym night.

**Car Care Clinic** Date: Apr. 22, 9 a.m.-3 p.m.; Saturday

Cost: FREE - Register for one 1.5hr timeslot Register Online: www.happyvalleyor.gov/parks

Calling all licensed teen drivers! Let our experts show you how to take care of your vehicles! Everything from tires, fluid checks, maintenance, lights, and road safety is included during this multi-station event. Preregistration REQUIRED. You will drive your own car to visit each station where you'll receive practical, hands-on education by some of the best in the industry. This event will give you the confidence to maintain your car and be safe and prepared

on the road.



#### **Dumpster Day – SAVE THE DATE!**

Date: Jun. 10, 8 a.m.-noon; Saturday

Cost: FREE - City of Happy Valley Residents ONLY

What better way to finish up your spring cleaning than to take your unwanted items to Happy Valley's Dumpster Day event. Details coming soon! Follow us for more information online at www.happyvalleyor.gov/parks



#### **Nature Walks**

#### **Backyard Bird Shop Spring Walks**

Date: Apr. 5. 10 a.m.-noon: Wednesday, at Scouter's Mountain Nature Park, 11000 SE Honorable Way. Date: Apr. 22. 8 a.m.-10 a.m.: Saturday, at Mt. Talbert Nature Park, 10945 SE Mather Rd.

Cost: FRFF Ages: 10+

Join Backyard Bird Shop in celebrating Spring with our feathered friends on these guided trail walks with naturalist Elaine Murphy. Watch for Western gray squirrels, Pileated and Harry woodpeckers, White-breasted nuthatches, and migrating songbirds in the forests and fields using both sight and sound.

#### Warbler Walk

Date: May 3, 7:30 a.m. -9 a.m.

Location: Scouters Mtn. Nature Park

Wednesday FREE Ages 10+ For many bird watchers, warblers are the highlight of the migration season! Join Johnson Creek Watershed Council on this trail walk to learn more about these colorful songbirds. Although small, warblers are active feeders, brightly colored, and highly vocal in the spring. As their name indicates, be prepared to hear some beautiful songs.

#### Field Trip Fridays

Meeting location: HV City Hall - 16000 SE Misty Dr.

Eniov a new experience and leave the driving to us! The group will meet at Happy Valley City Hall where participants can hop on the RecMobile for an afternoon exploring a handful of Oregon's social, educational, and inspirational gathering spots, all while getting to know members of your community! Spots will be limited. To check out featured field trips, visit: www.happyvalleyor.gov/parks

#### Angels Rest Day Hike

Date: Apr. 28, 8:30 a.m.-3:30 p.m.; Friday

Ages: 18+ Cost: \$20

Our group will visit the Vista House at Crown Point where participants can take in breathtaking views on one of the most beautiful scenic points on the Historic Columbia River Highway. Participants can soak in rich history about the house from a handful of educational exhibits inside. From there we will continue up Hwy 84 to our destination at the Angels Rest Trailhead. Angel's Rest is a moderate, 4.5 mile out-and-back hike, the perfect mix for hikers looking for moderate elevation gain, relatively short distance, and incredible reward at the summit with 360-degree views of the Columbia River Gorge and Portland's northern metro.

#### **Tom McCall Point Wildflower Hike**

Date: May 12, 8:30 a.m.-3:30 p.m.; Friday Ages: 18+

Cost: \$20

This moderate level out-and-back 4-mile hike offers exceptional views of the Columbia Gorge, as well as Mount Adams and Mount Hood. When the Spring wildflowers are in bloom, this is one of the most stunning vistas in the Gorge! Wildflowers such as lupine, paintbrush, foxglove, wild rose, and arrow root can be viewed. Bring a picnic to enjoy on the side of the trail or save your appetite for our stop in Hood River on the way back to town.

**Venvino Art Studios Location:** All art classes will be held at Venvino Art Studios – 13329 SE Misty Drive

#### Weekly Art Enrichment Program

**Date:** Apr. 1 – Apr. 29, 9 a.m.-11 a.m.; Saturdays **Ages:** 4-8

Cost: \$30/ 2-hour session

Participants can be dropped off at the studio on Saturday between the hours of 9 a.m. and 11 a.m. for some fun structured crafts and art play. We'll have several projects for them to create plus coloring, games, stories, sensory play, and more! Give them



some time to socialize and play while you take some time for yourself. Your kiddos will learn important skills such as following directions, working together, thinking outside the box, and being creative. Plus, this is a great way for them to build self-confidence and fine motor skills.

#### **Create and Learn Series - String Art**

Date: Apr. 7, 6 p.m.- 8 p.m.; Friday

Ages: 16+

Cost: \$25/ 2-hour session

If you have been too intimidated to try string art, then this is your chance! We will show you all the tips and tricks for creating a beautiful string art project. Utilizing a simple shape, this project is less intimidating. We'll have several different designs to choose from. Paint your plaque any color and select the color of your string for your project. Customize it to reflect your own unique style or home décor.

#### **Create and Learn Series - Paper Dahlias**

Date: May. 5, 6 p.m.- 8 p.m.; Fridays

**Ages:** 16+

Cost: \$25/ 2-hour session

It is believed that paper flowers were used to decorate during the winter when flowers were less available. These are so much fun to make and always turn out so beautifully! You choose the colors, and we will show you how to create large, bright beautiful flowers that you can hang in your home year-round. Your registration includes all the supplies, materials, and instruction to make at least one large flower to take home.



#### Monday, April 24th 12:30pm-6:30pm

To schedule your appointment or for more information, call 1-800-RED-CROSS OR visit www.redcrossblood.org Sponsor Code: Happy Valley Comm

#### **Blood Drive**

Location: Happy Valley Community Church 10601 SE 129th Ave Date: Monday, Apr. 24, 12:30 p.m.-6:30 p.m. Register online: www.redcrossblood.org



#### First Aid/CPR/AED Training

**Location:** Happy Valley City Hall Date: Friday, May 19, 9 a.m.-4 p.m.

Ages: 15+

Cost: Resident \$70 / Non-Resident \$105 Our in-person CPR/First Aid Training course combines lecture with hands-on skills

sessions. Perfect for those who learn best in a traditional classroom setting, our in-person class gives

you ample time to ask questions and become comfortable with the latest techniques. Students will learn how to recognize and care for a variety of first aid emergencies such as burns, cuts, scrapes, sudden illnesses, head. neck, back injuries, heat and cold emergencies and how to respond to breathing and cardiac emergencies for

victims. The skills you'll learn

during the process can make





all the difference to someone in need. Whether you require certification, or you simply want to learn how to respond in the event of an emergency, our in-person learning courses make it easy to get First Aid/CPR/AED certified to be prepared for the moments that matter.

\*Scholarships available through the Happy Valley Parks Foundation: www.hvprf.org



#### Let's Connect!

Happy Valley Parks and Recreation Website: www.happyvalleyor.gov/parks

#### **Soccer Shots**

Location: All classes held at Happy Valley Park

#### **Soccer-Premier**

Date: Mar. 12 - May 21, 2 p.m.-2:45 p.m.; Sunday

#### **Ages:** 5-8

Soccer Shots Premier focuses on individual skill, fitness, and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Children will

also be introduced to competition in a developmentally appropriate manner.

#### Soccer-Classic

Date: Mar. 12 - May 21, 3 p.m.-3:35 p.m.; Sunday **Ages:** 4-5

#### Cost: \$209 Soccer-Classic

Date: Mar. 12 - May 21, 3:50 p.m.-4:25 p.m.; Sunday

**Ages:** 3-4 Cost: \$209

Soccer Shots Classic utilizes creative and

imaginative games to focus on basic soccer skills like dribbling, passing, and shooting. We also highlight a



positive character trait each session such as respect, teamwork, and appreciation.

#### Soccer-Mini

Date: Mar. 12 - May 21, 4:40 p.m.-5:10 p.m.; Sunday **Ages:** 2-3

Cost: \$199

Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active.

\*Parent/guardian participation is required for Mini programs so group sizes are limited to nine (9) children per cohort. For health reasons, only one parent/guardian can participate with each child.

#### My Gym in The Park!

Location: Classes held at Happy Valley Park

#### **Parent and Me Class**

Date: May 5 - May 26, 10 a.m.-10:45 a.m.; Fridays Ages: 1 1/2 - 3 1/2 Cost: \$80 per 4 weeks

Grown-up participation required. Your child will sing, dance, play games, watch puppet shows, and even have "Surprise Time!" Our youngsters feel great about themselves as they learn basic tumbling and sports skills in a fun and positive setting. Our curriculum keeps these active little ones engaged and captivated while improving their fine and gross motor

proficiency and increasing strength and agility. Running, jumping, and spatial awareness are milestones in this program. Our caring teachers will build up your little one's confidence and self-esteem with gentle encouragement. This

helps children develop social skills, learn to follow directions, and cooperate in a group of their peers. Above all else, we make sure your child's self-esteem will soar!

#### **Mighty Mites**

Date: May 5 - May 26, 11 a.m.-11:45 a.m.; Fridays Ages: 3 ½ - 5 ½

Cost: \$80 per 4 weeks

Some kids may require grown-up participation. Mighty Mites are transitioning from toddlers to big kids! The children participate independently with their teachers while parents can watch and cheer them on. This is a huge milestone we don't take lightly, as confidence and self-reliance are cornerstones of this curriculum. In this

program, you'll see your child's strength, flexibility, and agility increase as our teachers coach the kids through relays, basic gymnastics, and sports skills. Positive reinforcement abounds-and we promise your child will leave class with feelings of pride, accomplishment, and success!

#### **RECS Pickleball Classes**

Location: RECS - 17015 SE 82nd Dr. Clackamas, OR 97015 Date: Open Play, Monday - Friday, 1 p.m.-3 p.m. Ages: 65+

Cost: \$2

Are you age 65+ and looking for others to play pickleball with? Sign up ahead of time to reserve your spot at RECS pickleball open play. Your participation could be partially if not fully covered through Silver and Fit or Renew Active. Sign up online through court reserve or give us a

call at 503-655-PLAY.

Did you know if you are age 65+ your RECS membership can be partially or even FULLY paid for by your insurance through the Renew Active and Silver & Fit programs? Ask your healthcare provider to see if you have this benefit or give us a call and we can help check for you. RECS features pickleball clinics, open play sessions, leagues, and tournaments, as well as private events. Check out www.WeareRECS.com for more info or call 503-655-PLAY.

#### **Skyhawks Sports Classes**

Location: Programs held at Happy Valley Park

#### SoccerTots

Date: Apr. 15 - May 20, 9 a.m.- 9:30 a.m. **Ages:** 3-4

**Cost:** \$89

SoccerTots

Date: Apr. 15 - May 20, 9:45 a.m.-10:15 a.m. **Ages:** 4-5

**Cost:** \$89 Playable on almost any surface, these soccer-themed motor skill classes are very

easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence; older classes focus more on developing core soccer skills and personal focus and introduce an element of light competition. Instructor-to-student ratio is kept small to maximize individual development, and

#### above all else we promote fun, fun, fun! Mini-Hawk (basketball & soccer)

Date: Apr. 15 - May 20, 10:30 a.m.-11:15 a.m.

**Ages:** 5-7 Cost: \$99

This multi-sport program was developed to give children a positive first step into athletics. Basketball, and soccer are taught in a safe,

structured environment filled with encouragement and fun. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace.

#### Basketball

Date: Apr. 15 - May 20, 11:30 a.m.-12:30 p.m. Ages: 8-12

Cost: \$119

This fun, skill-intensive program is designed with the beginning to intermediate player in mind. Using our progressional curriculum, our basketball staff focus on the whole player, teaching **Skyhawks** your child the skills needed both on and off the court to be a better athlete. Each day will start with a "skill

of the day" and progress into drills and games. After a week of passing, shooting, dribbling, and rebounding, your child will show you why this is one of our most popular programs.

#### **Hoopster Tots**

Date: Apr. 15 - May 20, 12:45 p.m.-1:15 p.m.

Ages: 3-5yrs **Cost:** \$89

Learning basketball has never been more fun! These classes focus on dribbling, shot technique, passing and teamwork. Adjustable hoops and appropriately sized basketballs are used to always provide just the right amount of challenge.

#### Happy Valley Park Tree Planting

Date: Apr. 22, 8:45 a.m.-noon; Saturday Location: Happy Valley Park - 13770 SE Ridgecrest Rd.

Register Online: https://friendsoftrees.org/event-calendar/



#### **HV Hikers**

#### Get out and Move!

Visit: www.hvhikers.com

HV Hikers are back in action! Their goal is to encourage you to experience the beauty of the area, to get a little exercise, and to make new friends. All hikes are free, no RSVP required. If it's on the calendar, they'll be there. Groups walk frequently in the area bordered by Sunnyside (on the south), Valley View Terrace (on the west), Clatsop (on the north) and 172nd (on the east). This is a varied group, and since all are welcome to show up without RSVP, we see new faces all the time. Interested in joining a group hike around the valley? Be sure to visit the HV Hikers newly updated webpage for a calendar view of all upcoming group hikes.

#### **Adventures Without Limits Winter Trips**

Location: View registration for meeting location details

Earth Day White Water Rafting **Location:** TBD

Date: Apr. 22, 9 a.m.- TBA; Saturdays Ages: 6+ Cost: \$99

Oregon is known for its snow-capped mountains and rocky coastlines, but it is the rivers that connect these landscapes and provide a home for some of the most iconic wildlife in the Pacific Northwest. Oregon alone has over 110,000 miles of rivers of which nearly 2,000 miles are designated Wild and Scenic. Grab a paddle and join our expert guides as we navigate class II+ rapids. Along the way enjoy the scenic landscapes and watch for fish darting through the crystal-clear waters beneath us. With the perfect combination of calm floats and excitement, this paddle is great for first time rafters and seasoned paddlers alike!

\*AWL provides all the paddling equipment necessary, including safety gear and lifejackets. Participants are asked to bring water, lunch, and appropriate clothing for the day.



A20 April 2023 Happy Valley News

# Break out the flip flops and sunglasses Summer events are headed your way!

City of Happy Valley

The 2023 Happy Valley Parks and Recreation Summer Events line up is official and we're so excited to have the community join us once again for music, celebrations, and fun, right here in Happy Valley! For now, mark your calendars and get ready for another season of fun in the sun.



Dumpster Day: Saturday, June 10 4th of July Family Festival: Tuesday, July 4 Concerts in the Valley: Thursdays, July 13-Aug. 24 National Night Out: Tuesday, Aug. 1

Happy Valley Parks and Recreation will be unveiling more event details soon, including special activities planned for the celebration of the 25th anniversary of Summer Concerts

Follow Happy Valley Parks and Recreation on Facebook and head to www.happyvalleyor.gov/parks for all the latest when it comes to event information. And don't forget to check out the Parks and Recreation insert in next month's issue of HV News for their 2023 summer programming guide.



Summer is about to neat up. Let the countdown begin to the summer happenings of 2023.

# Parks to welcome new play structures this summer

Your tax dollars at work!

CITY OF HAPPY VALLEY PARKS & RECREATION

City of Happy Valley

Visitors to Ashley Meadows Park and Southern Lites Park will notice work crews at these locations as current play structures are removed and the area is prepped for new equipment. Although the project is anticipated to be completed this summer, timing for this will largely depend on weather, as some stages of the installation process will require drier weather to proceed. Schedule coordination between the various crews will also impact timing and residents may notice occasional periods when work ceases between tasks.

Last year, new playground equipment was installed at Happy Valley Park and most recently, Village Green Park also celebrated the arrival of new play structures. While the former structures at each location were functional, evaluations concluded that they were rapidly reaching an end of useful life condition and would soon need major safety updates.

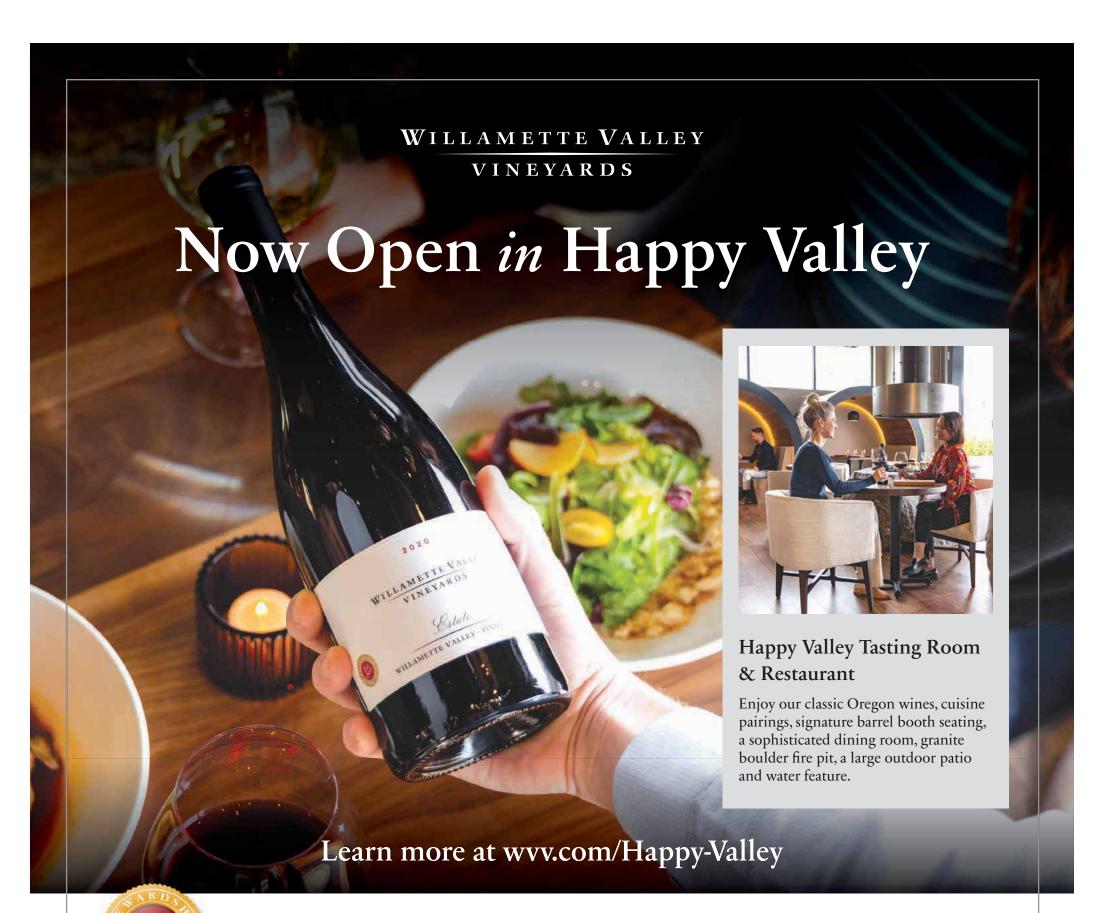
Stay tuned for additional updates as we get closer to unveiling the new spaces. Updated features are set to include ADA and all abilities options, with funding provided by Parks Levy dollars.



Artist rendering of new play structure at Ashley Meadows Park.



Artist rendering of new play structure at Southern Lites Park.



WEDNESDAY – SUNDAY 11 AM – 8 PM

13220 SE 172nd Ave., Ste #160 · Happy Valley, OR 97086 · (503) 427-2430 · happyvalley@wvv.com  $\label{eq:final_state} \textit{Jim Bernau, Founder/CEO}$