Pamplin MediaGroup

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# An Army Medic

COURTESY IMAGE FROM EMMA MERRILL

Emma Merrill and her buddy Isaac.

By EMMA DAVIS Pamplin Media Group

urrently residing in the Portland area, Emma Merrill, a former Army Medic originally from Plano, Texas, is penning a new chapter in her life's story. At Clackamas Community College, she's working toward becoming a nurse, much like her mother was when she was growing up. Emma's journey is a testament to the transformative power of determination and education, highlighting the abundant opportunities she has ahead of her.

the Army, enlisting as a medic. She had always known she wanted to get into the healthcare field, so the role of "medic" seemed like the best option for her in the military. However, when deciding to enlist, she had a few influences. "The institutionalization started young," she said. "They caught my eye when I was in fifth grade and my mom was a nurse, so I was just like 'I'll be an army nurse,' and it kind of just started

Being an Army medic isn't what most people would think. "There's like health care specialists, medic, and then combat Immediately after graduating from medic, but no one ever uses the combat

high school in 2016, Emma entered medic because we're not in a whole lot of combat these days," she says. "For me, I revived my buddies, you know I looked out for them left and right and be there to hopefully uplift or bring some spirit because our job doesn't always require revival."

She recalls that training though, was a bit worse than basic training for other soldiers. "They were very nice with medics, but they kind of wanted you to hold yourself up to a standard," she said. Some of the things she went through during training were vigorous physical activity, including one of the more

See MEDIC / A2

## **NOVEMBER 16-26** FOR EVERY DESIGNATED PINTSOLD, PARTICIPATING PARTNERS WILL DONATE \$1 TO HAPPY VALLEY'S MEALS ON WHEELS PEOPLE PROGRAM TO HELP BUY MEALS FOR LOCAL HOMEBOUND SENIORS PARTICIPATING **PARTNERS:** STICKMEN BREWING COMPANY. HAPPY HOLLOW VALLEY Support local seniors this holiday season. Through the Meals on Wheels People program, Happy Valley Parks and Recreation provides warm, nutritious meals to some of our community's most vulnerable seniors.

2023 Pints with Purpose runs Nov. 16-Nov. 26 at participating venues.

## **PURPOSE**

Help make a difference in the life of a local homebound senior this holiday season





City of Happy Valley

Through the Meals on Wheels People program, Happy Valley Parks and Recreation provides warm, nutritious meals to some of our community's most vulnerable seniors while offering friendly visits to those who may otherwise feel isolated or have difficulty getting out and about.

As we approach the holidays, now is a good a time as ever to help spread some cheer and support this vital program. From Nov. 16 through Nov. 26, a variety of local taphouses and eateries will join Happy Valley Parks and Recreation for Pints with Purpose, a special campaign to raise funds for the City's Meals on Wheels People program.

See PINTS / A2

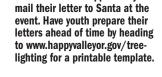
## **EMBRACING** THE HOUDAY

City's Tree Lighting Ceremony returns Sunday, Dec. 3



City of Happy Valley

Get ready to ring in the holiday season with the much-anticipated Tree Lighting Ceremony, scheduled for Dec. 3. This heartwarm ing event promises to be a festive extravaganza, bringing the community together to create unforgettable memories. Attendees will once again experience a Winter Wonderland with activities taking place outside in the main parking lot of Happy Valley City Hall as well as inside the main building. Peruse beautiful lights and decorations while lively music fills the air and visit community booths while you catch up with friends and neighbors. Of course, the evening wouldn't be complete without some warm cocoa and a special appearance from Santa.



Kids will have an opportunity to

Presented by Happy Valley Parks and Recreation, this event is sure to get everyone into the holiday spirit. The wonder of the season is just around the corner. Consider

joining us at this family-friendly event and together, let's promote a community of peace, love, and hope.



COURTESY IMAGE FROM CITY OF HAPPY VALLEY The Happy Valley community gathers for the official lighting of the City Tree. Consider joining us at this year's Tree Lighting Ceremony on Sunday, Dec. 3

Pamplin Media Group

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This publication is a partnership between Pamplin Media Group and the City of Happy Valley. **CONTACT US** 

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## Lighting

■ From Page A1

## **Activities & Events**

- City Tree Lighting (lights will illuminate shortly after sunset)
- Holiday crafts coordinated by Happy Valley Library and the City's Public Art Committee
- Live musical performances
- Photo opportunity with Santa
- Hot cocoa and coffee ■ North Pole substation (kids can mail their letter to
- Santa!) ■ Operation Santa
- donation drop off and more!

## **Tree Lighting Ceremony**

Sunday, Dec. 3 4 p.m.-6 p.m. Happy Valley City Hall 16000 SE Misty Drive Some activities will take place in the main parking lot

- please dress for the weather! Please note, parking in the City Hall lot will be limited due to the nature of the event. Please plan on giving yourself extra time to park and



COURTESY IMAGE FROM CITY OF HAPPY VALLEY

please be considerate of resi-

Visit with Santa before the evening ends.

dents when parking in nearby neighborhoods.

For more information about the event, visit www.happyvalleyor.gov/tree-lighting or scan the QR code with your smart device.

In addition to celebrating the season, attendees will once again be able to contribute non-perishable food and new toys as part of the community's efforts to support Clackamas Fire District #1's Operation Santa Claus donation drive. See cover page for more information about this important cause.

## Can't make it to the event?

The holidays are a unique

PAPA MURPHYS



time of year and the City is committed to keeping the magic of the holidays alive throughout the season. The City Tree will be decorated with its traditional lights and available to view every evening through the beginning of the

## THE 2023 TREE LIGHTING CEREMONY SPONSORED BY:



















Spend local. Give local

without.

**Pints** 

From Page A1

Participating venues will select a beer to be designated

for Pints with Purpose promo-

tion and will donate \$1 for every

selected pint sold to Happy

Valley's Meals on Wheels People

for the duration of the campaign.

Monies raised will specifically

help make a positive impact in

the lives of local seniors by pro-

viding well-balanced meals to

those who would otherwise go

The best thing about Pints with Purpose is that each dollar from any of the designated beer selections purchased will stay within this community, supporting seniors right here, in Happy

Recipients of the program are often on fixed incomes or lack the ability to shop for and prepare meals on their own. Meals are delivered by volunteers, like Michael Morrow, who not only bring nutritious food, but provide friendly conversation to those who might not have a strong social network. "I find so much fulfillment in being a Meals on Wheels People volunteer," begins Michael, "especially because many of the recipients are in a similar stage of life as I am. It's not just about delivering nutritious meals; it's about forging connections and ensuring that our senior neighbors don't feel isolated. I cherish the moments when we exchange stories, share smiles, and simply connect. It's a wonderful feeling to know that I'm not just delivering meals, but I'm also delivering companionship and care, week after week."

Each Tuesday, Michael reports to the Meals on Wheels Ambleside Center where he



COURTESY IMAGE FROM CITY OF HAPPY VALLEY

Volunteers Michael Morrow (left) and Arnie give of their time each week to help deliver meals to homebound seniors.

is greeted by Arnie, a jovial program volunteer who helps organize distributions before they are loaded for transport. For Arnie, a retiree, it is absolutely the people that make the program so great. He sees his time spent helping others as a fulfilling way to give back to the community and is happy to be in a position to do so. "Everyone at Meals on Wheels is so helpful and I truly look forward to being part of the group effort that happens behind the scenes. It's a great program."

Michael and Arnie have developed a friendly rapport as they see each other on a regular basis. Together, they help ensure seniors in Happy Valley have all the items they need for the week

ahead Richard is one recipient who understands the importance of Meals on Wheels People. Retired from the Air Force and legally blind due to a car accident, Richard receives consistent meals that guarantee he always has something within reach. "It's a great program and I know I can always count on it," he says. Richard is also quick to share how thankful he is. Despite his challenges, he takes great pride in his family and home, and is grateful to his son who helps him get out and visit friends – some whom are in care facilities and may not have the comforts of home like

he does. As he reminisces about his life experiences, his kind and joyful outlook is inspiring. With programs like Meals on Wheels People helping facilitate human connections, our senior residents remain a significant part of the Happy Valley community and are often given the opportunity to continue enjoying their independence.

As we head into the 2023 holiday season, we'd like to thank the participating partners joining Parks and Recreation for Pints with Purpose: Stickmen Brewing Company, Happy Hollow Wood Fire Pizzeria, HV Station, and Valley Public House.

Can't make it to one of the participating venues, but still want to help? You can also give directly to the City's local Meals on Wheels People program by visiting our designated webpage at www.happyvalleyor. gov/pints-with-purpose. From there, you can submit a tax-deductible donation in the amount of your choice online. Your gift will support homebound seniors right here in Happy Valley who would otherwise not have consistent access to wholesome, nutritious meals.

Help give the gift of hope this holiday season. Please consider donating or participating in Pints with Purpose. Together, we can help make a difference in our local community.

## Medic

■ From Page A1

difficult things she endured: trying to carry a 200-pound man with armor several miles at a time. "It was definitely a test of my physical strength and mental fortitude," she said. She trained for 19 weeks before going off to Europe.

For two years in the Army, she lived in Germany and Poland, among others, like Romania and Bulgaria, and had several experiences while there. "We would walk lots of miles in convoys that would go for three to four days with an average of 12 to 15 hours of driving each day," she said. "We'd also exercise our skills or help treat locals and practice treating injuries.' In 2019, she came back to the

training unit she was at in Fort Sill, Oklahoma, coming full circle.

Though she wanted to go somewhere else, but didn't know where; so, she decided to chance it. "I kind of covered my eyes and put my finger on the map and it ended up in Oregon," she said. "It's beautiful so I stayed.'

Once here, she originally attended the Oregon Institute States and went back to the of Technology for Medical

Imaging, but realized it wasn't fast-paced or exciting enough for her. This was when she started applying to various nursing programs and she eventually landed in the Clackamas Community College nursing program. "I was at OIT for about two years and now I'm currently at CCC and I've been here for about one year exactly,"

While she does want to get into nursing, her aspirations things come through and I'm the end of the day."

go into gynecology possibly, I'm not sure yet, but I feel like women are the most underserved in the gynecological specialty," she said. "We'll see if that happens." Until then, once she graduates from her program, she anticipates going into emergency department nursing. "[In the ER] I can really get a taste for everything," she said. "It's just where all the craziest

span beyond that. "I want to looking forward to some stories." "I also just want to have a job that I like once I'm done at CCC," she added.

Emma just wants to make a difference in the healthcare system and help people while doing it and her experience in the Army helped her further pursue her career choice. "People's well being's are important," she said" "As cliché as it is, I want to make sure people open their eyes at



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12621 SE WHISPER CT Happy Valley	4	3	2965	SOLD	\$760,900	\$760,900
12718 SE DREAM WEAVER CT Happy Valley	4	4	3090	SOLD	\$747,950	\$720,000
12613 SE 155TH AVE Happy Valley	4	3	2965	SOLD	\$683,000	\$670,000
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MAYORS MESSAGE

## VETERANS MEMORIAL SCULPTURE UPDATE

City of Happy Valley

As Mayor, I believe it is important to recognize our community's veterans. Honoring city veterans and recognizing their dedicated service not only pays

MAYOR OF HAPPY **VALLEY** 



Tom Ellis

geous men and women who have selflessly defended our nation. but it also underscores the values of gratitude, respect, and unity within our

tribute to

the coura-

community. Being able to publicly acknowledge the sacrifices and contributions of our veterans, we not only express our unwavering support and appreciation, but also set a powerful example for future generations.

In 2021, a Veterans Memorial was dedicated adjacent to Happy Valley City Hall. Construction on the Memorial was limited in scope at the time due to funding availability but plans for a second installment were reserved to incorporate some artistic elements at a future date. The City has since received a grant from the State to continue enhancing the Memorial which means some exciting additions will soon be integrated. With these funds, the City is preparing to install a sculpture and improve the existing retaining walls. There are also plans to construct a new pathway to better connect the Memorial space to the pedestrian sidewalk network.

Approximately 50 artwork proposals were considered for this feature, with a sculpture from Oregon City artist,



COURTESY IMAGE FROM CITY OF HAPPY VALLEY

Artist Travis Pond sits next to the sculpture in progress. Measuring nearly 11 feet by 11 feet, this Veterans Memorial sculpture will depict an eagle and pay homage to the commitment and sacrifices of community veterans via repurposed steel.

On behalf of the City of Happy Valley, I extend my heartfelt gratitude to the brave men and women who have served our nation with unwavering dedication and valor. Your sacrifices have safeguarded our freedom, and today, we stand together as a city to honor your courage and commitment. Happy Veterans Day to all and thank you for your service.

- - Mayor Tom Ellis

placement in the Memorial. As proposed, the sculpture will depict an eagle in flight, representing the pride, bravery and courage needed to be a soldier and serve our country. The eagle will be comprised of repurposed steel from the community, military surplus items,

Travis Pond, commissioned for and other metals. While the individual pieces will remain recognizable (e.g., dog tags, repurposed steel, etc.), pieces will be welded together to form a larger-than-life composition. The sculpture will be mounted on a six-sided base, representing the different military branches.

The Memorial improvements veterans for their unwavering are anticipated to be completed after the new year. Once finalized, the City will officially commemorate the space.

As both the Mayor of this great city and a former member of the United States Coast Guard, I want to extend my and for being a source of inspiheartfelt gratitude to our city's ration to us all.

service and steadfast commitment to the principles of duty, honor, and sacrifice. As Veterans Day approaches, I also want to thank you, veterans, for your incredible contributions, bravery, and resilience,

## **HAPPY VALLEY NEWS STAFF**



City writer Stephanie SWarneke@ happyvalleyor.gov



This publication is a partnership between **Pamplin Media Group and** the City of Happy Valley.





Publisher's Note: Have an idea for a story? We are always on the search for new people, places, and things to write about. If you have an idea for an uplifting story that would benefit the community, then we want to hear from you!

To submit your idea, please head to hvbn@pamplinmedia. com and include as many details as possible, so our publication team can review your proposal. Our best stories highlight the spirit and values of the Happy Valley community and showcase meaningful happenings in the lives of residents and local businesses. We invite you to include anecdotes in your story proposal that are funny, astonishing, heartwarming, and inspiring. If we think your story idea is a good fit, our community writer will get in contact with you to discuss the possibility of it being featured in an upcoming issue.



**Publisher** Aaron Breniman abreniman@ pamplinmedia.com 971-204-7789



Advertising Assistant Bren Swogger bswogger@ pamplinmedia.com



**Molly Filler** PamplinMedia.com

Chris Fowler (Manager), Dwayne Stowell, Megan Smith

hvn@pamplinmedia.com

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DAVID **GOLOBAY** 503-807-2979



**JOSHUA CALLAHAN** Councilor 503-783-3800

## **HAPPY VALLEY CITY COUNCIL**

Council Meetings are held 1st and 3rd Tuesdays of the month at 7 p.m. at City Hall 16000 SE Misty Drive Happy Valley, OR 97086 (503) 783-3800

www.happyvalleyor.gov

## COUNCIL CORNER

## Uniting in support of Youth Council's empowering initiatives

City of Happy Valley

City Council is throwing its wholehearted support behind the upcoming annual Youth Town Hall, organized by the City's very own Youth Council. The event, a testament to the incredible commitment and vision of our young leaders, is set to address pressing issues of mental health and wellness among our community's students.

As City Council, we have immense pride in witnessing the enthusiastic efforts of the Youth Councilors, who have consistently demonstrated their dedication to amplifying the voices of Happy Valley's youth. The annual Youth Town Hall has become a hallmark event that underscores the importance of giving a platform to the young minds who are the future of our community.



The Youth Town Hall offers local teens a chance to convene and share ideas

The theme of this year's commitment to the well-being event reflects the pressing need to address the challenges faced by our youth in an increasingly complex world. It highlights the

of their peers and the broader community.

Happy Valley's Youth Council. which is comprised of high school Youth Council's unwavering students who reside in the City, the lead in this regard. The upcoming Youth Town Hall aims to equip teenagers with the tools needed to recognize concerns and provide support to their peers when needed. It will feature discussions, workshops, and guest speakers who are experts in the field of mental health. Ultimately, the event emphasizes Happy Valley's commitment to fostering a caring and supportive environment for its young residents.

The Happy Valley Youth Council's dedication to making a difference in the lives of young people is a shining example of youth empowerment and community engagement. As they prepare for the annual Youth Fown Hall, we can all take pride in knowing that our city's future is in the capable hands of these dedicated young leaders.

Learn more about this upcomare paramount concerns, and it's ing event on page 5 in this issue inspiring to see our youth take of Happy Valley News.

## City Committees seek new members

City of Happy Valley

Do you care about future growth or design standards? Do you have an interest in improving public safety? What are your thoughts on public art? Are you interested in how the City spends its resources? Happy Valley is always looking for volunteers who are interested in their neighborhoods and their community to join one of the eight advisory boards. Dedicated citizens meet on a regular basis to address current issues and look for ways to make the City an even better place to live and work. There are seven citizen led committees that guide these efforts, including:

## **Planning Commission Design Review Board**

- Traffic and Public Safety Committee
- Public Art Committee
- Parks Advisory Committee
- Library Board
- Budget Committee

These committees provide strategic guidance to the City Council. The community volunteers on these committees chart a path for implementing a consistent design style for commercial developments, create traffic solutions at key bottlenecks, and select artwork to be featured in the community. Planning for the future isn't just about what the City Council thinks is best. It

takes a collective vision from the community and cohesive action from our volunteer committees. The City is fortunate to receive guidance and input from our community volunteers on these committees. While not every committee has a vacancy at this moment, the City is always accepting

new applications. To apply for one of these appointed advisory board positions, complete and submit the Public Involvement Application. Deadline to apply is Friday, Dec. 1. For more information and an application, visit www.happyvalleyor.gov/city-committees.

For questions, please contact Ben Bryant, Assistant City Manager at benb@happyvalleyor.gov or 503-783-3840.



have consistently shown their

ability to identify and address

critical issues facing our commu-

nity. Mental health and wellness

Participating in a committee allows residents to take a more active role in City happenings. Check out the City website to apply online by Dec. 1.

**□**▼ HAPPY VALLEY **B** A BUSINESS ALLIANCE

**HVBA** 

**MEMBER** 

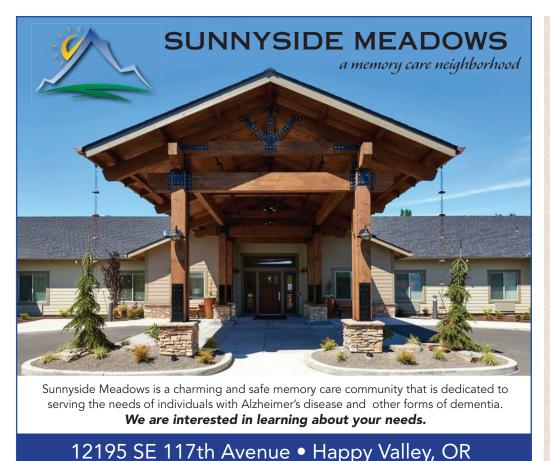
**MEETING** 

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## YOUTH COUNCIL

## TEENS UNITE | Youth Town Hall set for Nov. 15

City of Happy Valley

Happy Valley area high school students are encouraged to attend an informative and interactive event at City Hall that will focus on youth mental health and wellness. Discussion topics will focus on ways teens can get more involved in the community and support their peers who may be struggling.

The Happy Valley Youth Council, which has become known throughout the State as the model for bringing the youth voice to the forefront, is responsible for several youth-focused initiatives including a Rx Drug Take Back event, Car Care safety event, and several community forums. The Youth Council's work has been recognized nationally for its innovation and topical relevance, with youth councilors launching an annual Youth Summit that focuses on a variety of topics and traveling

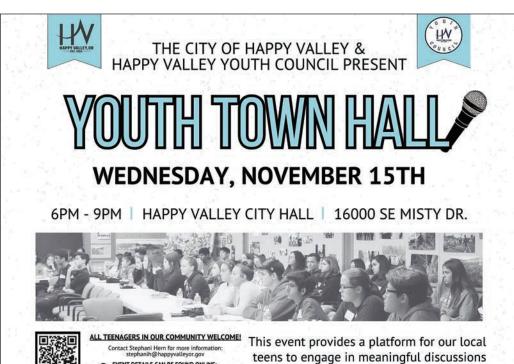
to Washington, D.C. to participate in important legislative conversations.

At the upcoming Youth Town Hall, community leaders and experts from Clackamas County Health Services and the National Alliance on Mental Illness (NAMI) will join the discussion and engage participants in open dialogue. The hope is that by encouraging communication amongst community vouth, attendees will not only be better able to recognize and help others who may be struggling, but they will also find ways to ask for help should they find themselves in need of support. In addition to activities aimed at helping teens connect and get to know one another, discussions will specifically focus on issues related to the health implications of vaping, the dangers of drug and alcohol use, the importance of mental health, and suicide prevention.

continues to be a beacon of leadership, and their dedication to addressing issues that directly affect our youth is commendable," says Happy Valley Youth Council Advisor and Director of Community Services, Steve Campbell. "We believe in the power of youth to enact positive change, and we stand firmly behind their efforts to talk about these concerns'

Happy Valley Youth Council's Town Hall event is slated to take place Nov. 15. Event begins at 6 p.m. with an opportunity for participating teens to meet and interact. A panel presentation will begin at 7 p.m. Dinner is included. For planning purposes, teens interested in participating are asked to register for this FREE community event.

The City of Happy Valley would like to invite all teenagers in our community to join the Youth Town Hall. Let's work together to create Youth Council a brighter and healthier future



Local teens are encouraged to participate in the upcoming Youth Town Hall event, slated for Nov. 15.

for our youth.

updates, please visit www.happy valleyor.gov/youth-town-hall Teens can register for this valleyor.gov.

and follow the Youth FREE event by connecting with For more information and Council Facebook page Stephani Hern at 503-783-3800 (@HappyValleyYouthCouncil). or by email stephanih@happy

about important topics affecting them.

## If I were Mayor Contest Returns

Winner to receive \$100 gift card and council recognition

City of Happy Valley

Know a student with big ideas, a compassionate heart, and interest in making the community a better place? The City of Happy Valley is once again participating in the Oregon **Mayors Association** (OMA) If I were Mayor contest, so tell students to mark their calendars and prepare to submit their entries by March 1.

The winner of each age group in the Happy Valley contest will be awarded a \$100 cash gift card and recognized at an upcoming City Council Meeting. More information and official entry forms can be found at www.happyvalleyor. gov/if-I-were-mayor.



COURTESY IMAGE FROM CITY OF HAPPY VALLEY What would you do as Mayor? Students are encouraged to start thinking about the 2023-2024 If I Were Mayor contest.

## Recognizing **Grant Roper**

After 23 years of service, formal retirement ceremony held.

City of Happy Valley

Recently, Air National Guardsman and Happy Valley resident, Grant Roper, celebrated his retirement at a formal ceremony. In attendance was Mayor Tom Ellis and **Council President David** 

Roper served 23 years in the Oregon Air National Guard where he ultimately was the Senior Enlisted Leader (SEL) for the 142nd Operations Support Squadron and 123rd



COURTESY IMAGE FROM CITY OF HAPPY VALLEY

From left to right: Mayor Tom Ellis, Brigadier General Neal Unruh (Commander Oregon Air National Guard), Senior Master Sergeant Grant Roper (Ret) (123rd Fighter Squadron / 142nd Operations Support Squadron Senior Enlisted Leader), Council President David Emami.

Roper advised commanding hanging out with his wife officers on readiness, training, health, morale, welfare and quality of life for the two squadrons. His work additionally included various deployments overseas and within the United States where he managed the overall security requirements and compliance for deployed

In Happy Valley, Roper is a family man and a familiar face around town, often this community. We wish you Fighter Squadron. As an SEL, volunteering when he isn't all the best in your retirement.

and two daughters. His support for the City extends to positions as the Chairman of the Traffic and Public Safety Committee and member of the Budget Committee where his input is highly regarded and appreciated.

The City of Happy Valley would like to extend its gratitude to Grant for his commitment to service and





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November 2023



At the time of print, the following events were scheduled. Most meetings have options to attend in-person or virtually. Please check www.happyvalleyor.gov to confirm timing of events and instructions to participate virtually. You can also opt in to receive notifications about upcoming meetings by visiting www.happyvalleyor.gov/ signup-for-notifications

City of Happy Valley Community **Calendar November 2023** 

**City Council** 

City Hall, 7 p.m.

**November 22** 

**Business Alliance** 

City Hall, 7:30 a.m.

**November 23** 

Day: City Hall and

**Thanksgiving** 

Library closed

**November 24** 

City Hall and **Library CLOSED** 

**December 1** 

**Happy Valley** 

check www.

parade: please

clackamasfire.

com for the parade

route and time. This

is a non-collection

event. Please, no

December 2

10 a.m.- 3 p.m.

Building: 13910

Road, adjacent to

Happy Valley Park

Ceremony: City Hall

Parking Lot, 4 p.m.

- 6 p.m. (See cover

page for details)

donations.

**Leaf Drop:** 

Public Works

SE Ridgecrest

**December 3** 

**Tree Lighting** 

**Operation Santa** 

**Happy Valley** 

Meeting:

Meeting:

## November 4

**Leaf Drop:** 10 a.m. 3 p.m.Public Works Building: 13910 SE Ridgecrest Road, adjacent to Happy Valley Park (See page 9 for details)

## **November 5**

**Daylight Savings** Ends: turn clocks back 1 hour

## **November 7**

**Election Day:** Ballot boxes open until 8 p.m. (see page 8 for details)

**City Council Work** Session: City Hall, 6 p.m.

**City Council** Meeting: City Hall,

## **November 10 Veterans Day**

Observed: City Hall closed

## **November 11**

**Veterans Day:** Library closed

## **November 15 Youth Town Hall:**

City Hall, 6 p.m. (see page 5 for details)

## November 16-26 **Pints with Purpose:**

locations vary (see page 1 and 2 for details)

## **November 21 City Council**

**Work Session:** City Hall, 6 p.m.



Clackamas Fire District #1

Clackamas Fire reminds residents to be safe while cooking and gathering this holiday season. Thanksgiving is the number one day of the year for home cooking fires in the U.S., and unattended cooking is by far the leading contributing factor in cooking fires and fire deaths. Other holiday-related home fires involve heating and electrical sources.

How to be safe in the kitchen: Check on food regularly while cooking and set timers. Never leave cooking unattended.

Keep children and pets at least three feet away from the stove.

Keep your cooking area clean. Remove items, such as towels, oven mitts, and food

packaging away from the stove. Keep handles for pots and pans turned toward the back of the stove.

Don't wear loose fitting sleeves or clothing while cooking.

If a fire starts on the stove top, cover it with a lid or metal cookie sheet and turn the stove off. Do not throw water on a grease fire.

If there is an oven fire, keep the



Keep an eye on cooking appliances this holiday season and practice safe habits in the kitchen.

door closed and turn off the oven. If you experience a fire beyond the pan that has spread, get outside, and call 9-1-1 immediately.

you have working smoke alarms in kitchen.

your home. Test the alarms once a month to ensure they are functioning

Keep your holiday season happy As a reminder, make sure that and safe by preventing fires in the

## Operation Santa Claus

## Celebrates 49 years of giving back to community

City of Happy Valley

For many, the holidays are some of the best times of the year, yet for some in our community, these celebrations are a reminder of serious financial hardship. If there is one thing that is certain, the community of Happy Valley is generous and eager to help those less fortunate experience a holiday season filled with hope. That's where Operation Santa comes in. An annual toy and food drive, Operation Santa is coordinated through the efforts of firefighters at Clackamas Fire District #1.

Operation Santa will be collecting toys and non-perishable food items at this year's Tree Lighting event with donations benefitting local families in need. Those interested in contributing are asked to bring non-perishable food and new, unwrapped toys. Staff and volunteers will collect your donations at a designated area at the event. Learn more about Operation Santa at www. clackamasfire.com. Additional drop off locations throughout greater Clackamas County are anticipated

to be announced.

Save the date: Clackamas Fire will also conduct a non-collection parade com. For this activity, residents in the Happy Valley area on the are simply encouraged to enjoy the evening of Friday, Dec. 1. Again, no festive lights and sounds of the decdonations will be collected during orated fire engines.

Lighting Ceremony. See cover page for details.

the parade. Parade route information can be found at www.clackamasfire.



COURTESY IMAGE FROM CITY OF HAPPY VALLEY A community tradition, Operation Santa is heading into its 49th year! Bring a new, unwrapped toy, or non-perishable food item to this year's Tree

## Furnace need a fixing? SunGlow can help!



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## OKTOBERFEST CELEBRATES FALL IN HAPPY VALLEY

City of Happy Valley

Residents and visitors enjoyed a fun-filled day at Happy Valley Park on Saturday, Oct. 7 with the return of Oktoberfest. Happy Valley Parks and Recreation, in partnership with Rotary Club of Clackamas, created an event to remember as pumpkins, children's crafts, dog races, and a lively beer garden set the backdrop to a perfect day in the Valley.

## **Presented by**



In partnership with





Ami Shannon of Valley Public House (far right) helps lead a packed dance floor in the popular Chicken Dance under the spacious Oktoberfest tent.

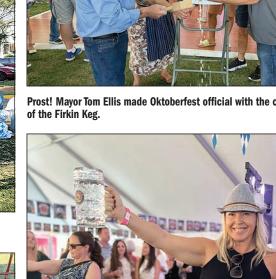
Special thank you to members of the Rotary Club of Clackamas, National Charity League, and Boys Team Charity for



Hands down, the most hilarious event of the day was the Tractor Pedal Races.



Prost! Mayor Tom Ellis made Oktoberfest official with the ceremonious tapping



A Stein Hoisting competition had attendees battling it out to be named the



**COURTESY IMAGES** FROM CITY OF HAPPY VALLEY A pumpkin decorating booth coordinated by Venvino Art Studio let attendees get creative



Fitz, a winner of the youth pie eating contest, was all smiles after the



Pumpkins everywhere! Kids had an opportunity to pick out a pumpkin to keep thanks to generous sponsor Embold Credit Union.



A petting zoo welcomed kids of all ages.

## SPECIAL THANKS TO EVENT SPONSORS:

helping clean up after the event.























## **Communities connected:** City meets with local school principals

City of Happy Valley

On Oct. 12, the City of Happy Valley convened the first of three meetings of the 2023-24 school year which will serve to bring City department representatives together with each of the area's school principals. The meetings provide an opportunity for City staff and other community partners to build relationships with school leaders and discuss relevant happenings. Topics covered include updates related to capital projects and

development in the city, as well as upcoming community program offerings and events that may be of interest to students and teachers. Principals also have an opportunity to share the latest developments at their respective schools. Through these meetings, both entities can help support one another and find ways to work efficiently and in the best interest of the City's students.

Any principal from a school that serves students in the City of Happy Valley is invited and very much encouraged to attend.



COURTESY IMAGE FROM CITY OF HAPPY VALLEY Principals from the City's local schools met with representatives from the City to discuss topics like traffic safety and

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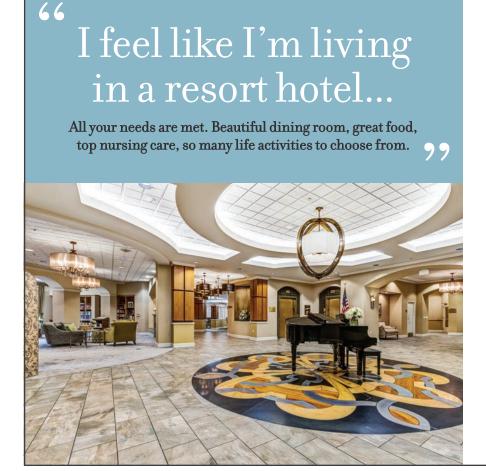
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Statement provided by a resident at a senior living community managed by The Goodman Group, which might not be the managed community referenced in this advertisement



CODE CORNER

## The hidden benefits of a tidy yard, cultivating safety and community pride

City of Happy Valley

Fall brings a new set of responsibilities, particularly when it comes to maintaining your yard and areas that affect the public right of way. Fallen leaves, branches, and wet piles of vegetation can easily accumulate and create a plethora of challenges. Residential tree branches that hang over walkways or obstruct traffic signs also pose significant safety hazards, especially

as daylight hours become scarce this time of year. A tidy yard, sidewalk, and parking strip therefore play a crucial role in the safety and livability of the entire community.

**JASON** 

**THOMPSON** 

**MICHAEL** 

## Benefits to clearing yard debris on a regular basis:

## **Reduce risk of falls**

Wet leaves and fallen bits of branches can become a trip hazard and cause a serious accident. Raking and disposing of these items could save you from creating a situation that leads to personal liability should someone fall and become injured as a result.

## **Prevent fire hazards**

Once dry, leaves, twigs, and other debris that accumulate in your yard can become kindling for wildfires. Dispose of potentially hazardous items now, so you don't have to worry about it later.

## **Keep pests under control**

Piles of leaves and overgrown vegetation are ideal habitats for rodents and insects. These pests can quickly become a nuisance for your neighborhood. Regular yard maintenance that includes cleaning up fallen leaves and branches helps reduce these concerns.

## Preserve property values and promote community

A well-maintained yard contributes to the overall appeal of your neighborhood. When homes in a community take pride in their appearance and maintain tidy yards, sidewalks, and parking strips, property values tend to remain stable or even increase. Well-kept vegetation can also help curb crime and ensure an enjoyable place to live.

We would like to encourage residents to take advantage of the complimentary leaf drop events organized by Happy Valley Parks and Recreation. This is a great way to get rid of surplus yard debris at no cost you. For details, be sure to check out the Leaf Drop announcement on page 9 in this issue of HV News.

It is important to note that the City's Municipal Code requires maintenance and/or the removal of vegetation that poses a hazard to traffic, safety, and community health. Whenever possible, our team will work with property owners to address safety concerns that arise, but ultimately, it is the responsibility of the property owner to remedy those concerns. If safety concerns are ignored, property owners may find themselves facing a citation. Together, we hope to encourage your partnership in helping keep Happy Valley a beautiful and safe city this season.



A tidy yard supports neighborhood safety and livability, especially in the fall when fallen leaves and branches tend to pile up. Be sure to take advantage of one of the upcoming yard debris recycling events.



Vegetation like fallen leaves, twigs, and other accumulated debris is not only an evesore, but it can attract pests and cause a fire hazard once dried.



By keeping your property's landscape tidy, you can help decrease safety concerns and promote a positive community.

COURTESY IMAGES

## IMPORTANT TO KEEP IN MIND

Emergency vehicles, garbage and delivery trucks, the City streetsweeper, and pedestrians should all be able to pass an area easily without running into barriers. This means:

■ Tree limbs over a sidewalk

must be at least 7  $\frac{1}{2}$  feet above the surface.

- Tree limbs over a residential street must be at least 11 feet above the surface.
- Tree limbs over an arterial street must be at least 14 feet above the surface.



COURTESY IMAGE FROM CITY OF HAPPY VALLEY
From left to right: Public Safety Director Steve Campbell, Clackamas Fire Lt. Nate
Hon, Police Chief Rich Sheldon, Mark Montalbano, Dale Guenther, Shelley
McFarland. Ana Sarish. Grant Roper, Administrative Supervisor Beth Evans.

## Meet your Traffic and Public Safety Committee

City of Happy Valley

The City's Traffic and **Public Safety Committee is** tasked with advising City Council on a variety of safety priorities and related programs. To do this, the group works closely with City staff, Community Services Officers, Clackamas Fire District # 1, and the Happy Valley Police to help shape service delivery and better understand resident needs. Their efforts often help reduce traffic accidents, promote pedestrian safety, and foster a sense of security among residents and local businesses.

Traffic and Public Safety Committee meetings are open to the public and residents are especially encouraged to attend when guest speakers and other safety experts are slated to present information. From explanations about local traffic engineering studies to general safety topics affecting residents, these opportunities are educational, eye-opening, and often excellent ways to join the City's collective efforts in keeping Happy Valley a safe place to live, work, and play. These consistent updates and presentations ultimately allow the committee to convey the urgency and importance of various traffic and safety initiatives when it comes to seeking the Council's support and funding.

The Committee has most recently worked on several pedestrian and motorist safety

improvements throughout the City, as well as partnered with the school district to address relevant traffic concerns. The Committee is also vital to discussions related to Happy Valley's Public Safety Levy, which is voted on by residents every five years. Their work has been instrumental in ensuring the City's contract with the Clackamas County Sheriff's Office remains not only fiscally responsible, but up to par when it comes to the needs of residents.

## Traffic & Public Safety Committee Members:

- Grant Roper, Chair
- Dale Guenther, Vice Chair
- Marya Choudhry■ Ana Sarish
- Shelley McFarland
- Mark Montalbano■ Paul Rosenow
- Richard Sheldon Police Chief
- Nate Hon Clackamas Fire District #1Steve Campbell City liaison
- David Golobay Council Liaison
- Joshua Callahan- Council Liaison

mount in Happy Valley.

Thank you to the Traffic and Public Safety Committee for ensuring safety remains para-

If you are interested in sharing your time and talents with the City, please visit the Boards and Commissions page of Happy Valley's website at www.happy-valleyor.gov/city-committees and complete the Public Involvement Application.



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## A THRILLING CENTURY for LAVON PLEASANT

woman celebrated her 100th adventure and fearless activity left Corvallis and moved up enthusiast.

**STORY BY** 

Emma

Davis

PHOTOS BY

Aaron

Breniman

Lavon's zest for life has taken her to all corners of the world, including Australia, Spain, New Zealand, and various states around the country, exploring new horizons and thrilling experiences. From tandem skydiving, parasailing, horseback riding,

ziplining, and more recently riding in a motorcycle sidecar, she has embraced adventure with a contagious enthusiasm and determination.

She was born in Nebraska to a family consisting of her mother, father, sister, and brother, and moved to Oregon by the time she was ten years old. After her father lost his business during the Great Depression, her family ventured out here to the further south town of Corvallis. From there her childhood and family life were as one would expect in her 100 years of living, but she recalls it being rather normal. "It was just ordinary," she said. "I started babysitting early and by that time we only had one high school so there wasn't much going on."

Shortly after high school, Lavon got married at 19 to her

husband. She then had two chilwho dren, a daughter (Terry) and a son (Dick). Her husband went birthday on September to the war for two years and in 30th, is nothing short of an 1948, after he returned, they

> to Portland. "We had a normal happy life," she said. While raising her children, Lavon took up sewing and made most of the clothes that her daughter Terry wore to school. "I loved to sew. I can remember when [Terry] was in grade school and high school, I made a lot of them," she

said. Lavon also made Terry's wedding dress but had to give up the hobby once she started having arthritis.

Fast forward a couple of decades, and Lavon found another love: traveling. After her husband passed away, is when she decided to embark on more adventures. "I had a friend whose husband died about the same time as mine did, so we got together and we would travel together," she said. "We went to Australia, New Zealand, Fiji, Spain, Portugal, Hawaii and all over." Lavon also traveled nationwide with a close friend's bowling team. "I didn't bowl, but I went as their 'mascot', so I got to go to all these different cities in the United States every year," she said. "I would just go for the fun of it.'

When she was traveling



Lavon was all smiles celebrating her 100 years.

around to different countries, Lavon was inspired to try different excursions. They first started as "touristy" activities, like going on bus tours and seeing the sights, but they soon turned into what someone would call "thrill-seeking."

On her 82nd birthday, her daughter took her on a hot air balloon ride, which sparked her enthusiasm and eagerness to engage in more of the thrilling activities. She has since been tandem sky diving, ziplining several times, indoor sky diving, and more recently horseback riding, all of which have been in her 90s. At her 100th birthday celebration with her family, she was surprised with a motorcycle ride in a sidecar, which is something she has always wanted to do.

If there was one word to describe Lavon Pleasant, it



Lavon was surrounded by her loved ones at her 100th birthday party. Lavon Pleasant getting strapped in for

her surprise motorcycle ride.

would be: Fearless. She lived a rather simple life growing up as well as raising her family, but her life was anything but. When asked why she does the activities that most people would think terrifying, she said, "It's available for me to do, so why not do it while my health is good?"

What ultimately makes it all worthwhile for Lavon, is the happiness it brings her. "It makes me happy and it's something for me to look back on," she said.

SATURDAY, NOVEMBER 4TH



"It's something, you know, I can myself and I'm going to do them remember doing and enjoying for as long as I can."

## FREE Leaf Drop events for residents | Make your vote count

City of Happy Valley

Fall is here and this is evidenced by none other than the heavy blanket of leaves that has descended upon the ground. While the autumnal landscape is beautiful, the extra leaves can lead to hazards if not properly taken care of. To make things easier for residents, Happy Valley Parks and Recreation is again offering the opportunity for you to drop off your yard debris at no cost to you.

City residents will have two Saturday opportunities to drop off seasonal yard debris (leaves, woody debris, and grass clippings) at the Public Works building for free recycling.

**■ Saturday, Nov.4:** 10 a.m. to 3 p.m. ■ **Saturday, Dec. 2:** 10 a.m. to 3 p.m.

The Public Works building is located at 13910 SE Ridgecrest Road, adjacent to Happy Valley Park. Residents are responsible for unloading and de-bagging their dropoff materials on-site.

This is a residential service only which means no commercial landscaping or contractor loads will be accepted.

■ Remember to bring proof of residency with you to the event.









CITY OF HAPPY VALLEY **PARKS & RECREATION** 

City of Happy Valley

The City of Happy Valley has two official ballot drop boxes in the city. Happy Valley City Hall, located at 16000 SE Misty Drive and the Happy Valley Library, located at 13793 SE Sieben Park

Please note, the ballot drop box at the Library is located inside the building due to current construction. City Hall's ballot drop box remains outside, in front of the entrance steps. Please note, ballots must be postmarked or received at an Official Ballot Drop Site by 8 p.m. on Election Day, Nov.

For more information about site by scanning the QR code.



November's Special Election, head to the Clackamas County Elections web-

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## Portland Cider Co. rebrands for a new experience

Pandemic sees Clackamas cidery close for several months, then reopen

By EMMA DAVIS Pamplin Media Group

**Nestled in Clackamas** County right off I-205 Portland Cider Co. has been making waves with its array of ciders and now, an exciting

addition to its repertoire. With a welcoming tap room that embraces families of all ages, this local cidery has become a hub for the community. The team at Portland Cider Co. not only prides itself on crafting innovative and delicious ciders but also on remaining deeply rooted in the city they love. Unveiling a new menu offering a variety of delectable foods, this local gem continues to grow while maintaining its steadfast commitment to providing great

togetherness.

On Thursday, Oct. 5, I had the opportunity to take a tour of the headquarters of the beloved cidery. I got an inside look at how the cider is made, from fermentation in the big tanks to packaging the cans to be shipped off to local stores. I was also able to experience the location's new and improved cider taproom, complete with rotating ciders on tap, as well as their new dining menu filled with different kinds of foods.

The tap room at the cidery's headquarters in Clackamas has been around for about seven years, beginning very small with limited cider options and hardly any food. "We had really basic food, and that's how we've been doing it in the post-pandemic world," said Marketing Director Helen Lewis. "We wanted to rebrand a little bit to welcome a broader group of people."

To seize the vision, the company decided to shut down for a couple of months to renovate

completely revamped the kitchen, which is where the majority of our renovations were," Lewis said. Because of that, they were able to expand their menu and add a new chef named Vinny.

"He moved to Portland for family reasons, and we were fortunate to be able to find him and work with him," she said. "He's brought a whole new level of dining here; it's amazing, he's making everything from scratch, like the meats in the sausage casing and the fondue and the pizza; just everything.'

On the menu, the cidery features everything from fondue cheese and a wide selection of pizzas to sourdough pretzels and more. It also has traditional bar food, such as burgers, sandwiches and fries. The extensive options Portland Cider Co. provides cater to just about everyone who steps into the establishment.

"This is a brand-new space that used to have very small tables

ciders and fostering a sense of and reimagine the space. "We and basic elements, but now we have a completely new vibe to it," Lewis noted. "The whole point is the rebranding during the pandemic. We elevated our look from a packaging standpoint and decided that the taproom needed to match that from a food and look the part, too."

The growth of the food selection has been incredibly important for the success of the tap room by making it more accessible and enjoyable for customers in the Portland area and beyond. "Vinny is bringing a level of food that is quality and not easily found in this area right here," Lewis said. "And also, our seasonal ciders bring a lot of people in, too. But the food now gives more people a reason to come in and experience what we have to offer.'

With the escalation in design, cider and menu options, there is also potential for the local business to grow and expand to other locations. However, though it may seem that Portland Cider Co. is a big brand, it is still at its

COURTESY PHOTO: PORTLAND CIDER CO.

Two Portland Cider Co. employees enjoy new cider and food off the menu.

**TERROIR OF OREGON WINE** 

Wednesday, Nov. 8, 7:00 p.m.

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www.bakercabin.org

heart, a small business. "Keeping place where camaraderie and those Portland ties and having collaborations with local businesses is the most important to us, and when we start talking about expanding outside of that market, we keep our locals at the forefront."

Portland Cider Co. is a

delicious foods and beverages come together. With its expansive new food menu, impeccable ciders, and employees who love the community they serve, the local business will continue to make waves while staying true to its Portland roots.

## **NEWS BRIEFS**

## **North Clackamas Watershed Hosts Evening Workshop Series**

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the next steps you can take to support wildlife on your property, and in our watersheds.

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Get to Know North Clackamas Watersheds: What and where the North Clackamas waterprotect them both individually and in working affected these watersheds, and dive into the best ways to steward these streams.

Wildlife in the North Clackamas Watersheds: Continue getting to know the North Clackamas

watersheds with an introduction to the wildlife that live here, where to spot them, and the challenges they face from

urbanization and climate change. Let's bust some myths and learn how we can help and support the wildlife in our watersheds.

North Clackamas Watersheds, People, and Place: How our watersheds are, and how to sheds affect us. Continue getting to know the North Clackamas watertogether. We'll discuss sheds by exploring the how urbanization has connections between



North Clackamas Watersheds, People, & Place



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human and watershed why canopy and nature health. From birth are crucial to our shared

For more information, visit: https://ncurbanwatershed.wordpress.com

## **'Terroir of Oregon Wine' Presentation** by Dr. Scott Burns at the Pioneer **Church in Carver**

On Wednesday, Nov. 8, at 7:00 p.m., the Baker Cabin **Community Lecture Series** continues with a talk by Dr. Scott Burns about "The terroir of wine - the relation

of geology to wine flavors in Oregon." Terroir is a term wine enthusiasts use to describe the complete natural environment in which a

particular wine is produced, including factors such as the soil, topography and climate. Oregon's wines are uniquely affected by the soil our grapes are grown in. As an expert in geology, a wine connoisseur, a dynamic lecturer and award-winning educator, Dr.

Burns is uniquely qualified to speak about the factors that make Oregon's wines distinctive.

Dr. Scott Burns is a Professor Emeritus of Geology and Past-Chair of the Dept. of Geology at Portland State University. He was also Associate Dean of the College of Liberal Arts and Sciences at P.S.U. from 1997-1999. Scott has been teaching for more than 50 years, with past positions in Switzerland,

New Zealand, Washington, Colorado and Louisiana. Dr. Burns specializes in environmental and engineering geology, geomorphology, soils, and Quaternary geol-

ogy. Scott has won many awards for outstanding teaching and was chosen to be a fellow of the Geological Society of America (2004) and a fellow with the Kellogg National Fellowship Program (1990 – 1993).

The talk is open to the public. Suggested donation at the door.



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## New Clackamas High School Principal

## 'invested' in student success

## After stint as associate, Alyssa Engle takes on reins as head of CHS

**Bv EMMA DAVIS** 

Pamplin Media Group

Alyssa Engle, the principal of Clackamas High School and a resident of Clackamas County, is not just an educational leader; she's also a devoted parent who deeply understands the North Clackamas School District. With her two children having graduated from this very district, she carries a unique perspective and an ardent ambition to cultivate inclusivity

Originally wanting to be an accountant, she attended Willamette University as a business economics major, and while there landed an internship with then Senate President John Kitzhaber. "I did some research in my internship and landed an assistant position doing whatever people needed," she said.

While that was a fulfilling job, Engle wanted to do more. She was commuting to Salem every day for her work, and she loved her alma mater, so she decided to go back to school for her master's degree in education.

At that time, she completed her master's program and started teaching math and technology to middle school students full-time at McLaughlin Middle School, then at Alder Creek Middle School. Then Engle started thinking about what else she could do. She loved teaching and being in a leadership role, so she started working in an instructional position while also teaching classes.

"I transferred over to Alder Creek Middle School as a math teacher and a few years later I was approached to consider taking on more of an instructional leadership position," she said.

During the pandemic in 2020, she was the associate director of teaching and learning in the district, but she wanted to be back in a classroom. For three years, she was the associate it's also important to me that students principal of Clackamas High School, see educators that look like them and



COURTESY IMAGE FROM ALYSSA ENGLE Clackamas High School Principal, Alyssa Engle

and as of this year, she is now the head of the school as principal.

Being involved in the students' lives as well as her faculty is incredibly important to Engle and has been since she started her education career. She strives to make them feel like they are engaged in every lesson as well as feeling comfortable sharing their thoughts and passions within the school community, whether that be in the classroom or in school

"I love teaching and I love getting students involved in their classes and engaging in the lessons with their teachers," she said. "I also want to be involved because I want to know what they're learning and what they're doing and see them have confidence in what they're passionate about. Even in extracurriculars too, like theater, music and other clubs. If students don't see a club with their interests, Engle works to make sure there is one.

"We are a very diverse school and

know that they aren't alone," she said. "I want students to see that they can approach teachers and build that trust in them which I think is very important as well."

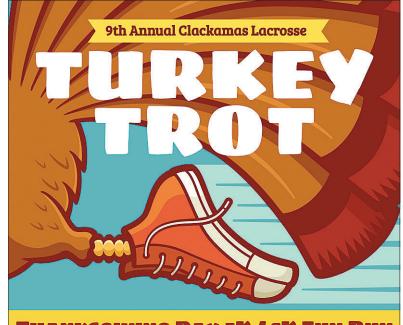
As a mother of children who went through this district, she knows how meaningful that is to them and their families. "I want them prepared for whatever they want to do, whether it's a trade school, entrepreneurship, or college, I want them to leave here feeling like they've got the skills for wherever their journey takes them and explore what they're passionate about," she said.

Building community and unity is something Engle works to bring into the school's environment. She finds that co-collaboration with herself and staff members is vital in making that happen. "We are all learning how to grow with everyone's life experiences in mind and I think that's important in expanding the CHS community," she said. "Living in the community helps me a lot because it allows me to be more involved and collaborate with others to make our school better and welcoming.

She makes a conscious effort to live in the moment as she takes on her new role as the head of Clackamas High School. "I'm really invested, and I always want to make things better," she said. "I want to be in the moment and enjoy every day with students, whether it's good or bad.'

Engle cares about the school, her faculty, the community and, most importantly, the students.

"I plan on being here for a long time, and being more invested and growing along side the students and staff is a long term goal for me to make CHS a better place for everyone,' she said."I want each community to be seen and heard, but I also want everybody to bring their interests, their passions, and their identities and know they are everything that makes up a Cavalier.'



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City of Happy Valley

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## **Governor Appoints Happy Valley Attorney** to Clackamas County Circuit Court

Thanh Tran becomes first Vietnamese American to sit on bench in Clackamas County

By EMMA DAVIS Pamplin Media Group

In the crisp October air, Happy Valley witnessed a groundbreaking moment as Thanh Tran, a prominent Vietnamese American lawyer, was officially sworn in as a Circuit Court Judge at the Clackamas County Courthouse

Tran will fill the vacancy created by the retirement of Judge Thomas J. Rastetter. He assumed his new role as a harbinger of diversity within the judicial system, embarking on a journey poised to enrich the local courts with fresh perspectives and a wealth of legal expertise.

Tran has had a passion for helping people for as long as he can remember, but law wasn't the first thing he thought of when he was choosing a career path.

going to be some type of engi-



**COURTESY PHOTO: THANH TRAN** Newly-appointed Happy Valley judge

did great in chemistry and calculus, but I didn't understand college physics, so I thought about what else I enjoyed doing and I remembered enjoying debate and kind of went from

Then a student at the University of Washington, Thanh switched his major to speech communications with an emphasis on interpersonal communications as well as public speaking and First Amendment issues, with the intent of apply-

ing to law school. Thanh graduated with his "I originally thought I was undergraduate degree and continued his education at neer or doctor because I did very well in high school," he said. "I in its law school. While there, to help the whole community for this opportunity."

he found out he was the first and county. Another reason he ever Vietnamese American to attend and eventually graduate from the school's law program, making history and starting his career on the right note.

"In law school, I was able to do some trial work for the City Attorney's office as a prosecutor," he said. "Then went to a firm doing insurance defense work for a couple of years after I graduated." He did more trial work and worked for private

One big thing that was important to him, though, was representing the Vietnamese community through his practice. "I thought the best way for me was to represent or help them and as well as help my career would be to open my own practice," he said. "I did that in 2002 and so it's been 20-plus years on my own." However, as he moves into his judgeship, he cannot practice anymore, so he recently closed both of his practices in Washington and

It wasn't until six to eight years ago that he was thinking about advancing his career to the higher level of being a judge to reach a larger demographic of people. With his love of serving his clients, there were only so many people he could help;

decided to pursue this career was representation.

"Every time I went into the courtroom and looked at the judge or wall of sitting judges, there aren't many of color," he said. "Maybe it's not a person of color, but someone who is from limited means ... I don't know if they would walk into that room and feel like this person might understand what I go through. This person might understand my story and this person may be empathetic to me a little bit more because they look a little more like me ... that's the way

Being a judge who comes from an Asian American background as well as being the first Vietnamese American to graduate from the University of Washington's law program, diversity always played a key role in his career. He now can represent a vast group of people from all walks of life.

Thanh knows, though, that he would not be here without the help of his mentors and colleagues, and the support of his family and the community.

"I don't think of this as an individual accomplishment at all, it's a group effort to get me here," he said. "I stand on the shoulders of the many that came before me, and I am very excited



Steve Campbell and Stephani Hern were recognized at the City Council meeting on Oct. 17 for their outstanding leadership and work with local students. Earning the Civic Education Award by the League of Oregon Cities, Campbell and Hern have tirelessly dedicated their time and expertise to empower Happy Valley's youth and foster active engagement in local

## City staffers receive statewide award for civic education

City of Happy Valley

We are pleased to announce that Happy Valley staff members, Steve Campbell and Stephani Hern, mentors to the Happy Valley Youth Council, received the statewide Civic Education Award on Oct. 13 at the League of **Oregon Cities 98th Annual** Conference. The Civic **Education Award recog**nizes educators who have promoted local government education in Oregon schools.

Operating as a team, Steve and Stephani have developed a broad reaching Government Awareness Program focused on early civic education for elementary-aged students, a model Youth Council program, and a diversion program for youth offenders. The efforts undertaken by Steve and Stephani have also had statewide impacts, from organizing the first annual Oregon Youth Summit in Salem, which drew 100 Youth Advisory Committee members from across the state, to assisting other communities to establish their own Youth Advisory Councils.

Going beyond civic education, Steve and Stephani have placed a special emphasis on hands-on experience. Youth practice sitting behind Recreation Foundation.

the City Council dais to run a meeting; they are equipped to identify current community challenges and mentored to design and implement solutions; they are supported in directly lobbying their elected officials; and they are invited to work shoulder-to-shoulder with public staff to better understand the weight of personal decision-making.

Through this action-oriented methodology, Steve and Stephani normalize civic responsibility from an early age, teaching students to be problem solvers and community builders. These skills are reinforced into adulthood, whereby participants continue to be thriving and vibrant members of community.

Several community groups partnered with the City of Happy Valley to endorse Steve and Stephani's nomination. Special thanks are extended to House Representative Lori Chavez-DeRemer (HD-5), the Happy Valley Youth Council, cities of Gladstone, Hillsboro and Lake Oswego, North Clackamas School District #12, Happy Valley Elementary Parent Teacher Organization, Beatrice Cannady Elementary Parent Teacher Organization, Happy Valley Business Alliance, and Happy Valley Parks and

## Highlighting our Heroes

By CITY OF HAPPY VALLEY Pamplin Media Group

The City of Happy Valley would like to recognize our community's veterans and active military. To do this, Happy Valley News aims to share the story of people in our community who have served or are currently

serving in one of our country's armed forces each month. Stories might focus on your military experience, what you've learned from your travels, or anything interesting or inspiring.

to reach out to us directly if tact the City's Communication interested and we additionally and Public welcome nominations from Coordinator,



The City is encouraging you family and friends. Please con-

Warneke, at swarneke@happyvalleyor.gov or our Community Relations Writer, Emma Davis at edavis@ Stephanie pamplinmedia.com.



## HAPPY VALLEY BUSINESS ALLIANCE

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## In conversation with conversation coach Chris Trani

In a world often marked by misunderstandings and miscommunications, conversation can be key

By EMMA DAVIS Pamplin Media Group

Chris Trani, a compassionate conversation coach who has called Happy Valley home for the past decade has a profound dedication to her community. She has been an unwavering guide, helping people all walks of life navigate the challenging terrain of difficult conversations. In a world often marked by misunderstandings and miscommunications, Chris stands as a beacon of support and clarity for those seeking effective dialogue and connection.

Right out of college, she became a her job had a communication emphasis, less stress in their life." registered nurse with her first specialty

back in the 1970s when cancer seemed like it was an automatic death sentence, she noticed that there was so much difficulty in them talking to their families about what was going on, and also with the hospital staff. So, she took it upon herself to do what she could to help make things easier.

Once she got the job as nurse manager for a Denver hospital, her nursing staff was having a hard time on her that the people she was counmaking the transition into nursing and the business side of it and she saw that as another way to utilize conversational skills. "I facilitated conversations around what they were dealing with and helped them have an easier transition to what health care had been and where it was going," she said. Much of

which she loved, so she decided to go being in oncology nursing. During her back to school to get a master's degree time working with cancer patients in counseling psychology. From there, she realized that

all her experience with this in health care, she could take it to other work environments as well. "I had an internship at an employee assistance program in Denver where we had contracts with about 30 different companies to do short-term counseling with their employees," she said.

It was then that it dawned seling had the same troubles as her healthcare employees did. "Nobody knows how to talk about situations where trust has been broken," she said. "It seemed to me like there were four or five kinds of universal needs that people had relative to better communication and how to be more effective and have

When she turned 50, she left her position as vice president of leadership and communication coaching. "I felt a yearning to pull all of my experiences together, my nursing experience, financial services, healthcare, my interest in communication and a very deep interest in yoga and mindfulness," she said. "I thought that maybe there was a way that I could integrate those and start my own counseling and consulting practice that can offer something unique based on those."

For the first few years though, she wasn't sure where to go with her practice, but when she moved to Oregon in 2013, that changed. "I thought 'All right, nobody knows me here, I'm going to get really clear about all of the work I've done and teach people," she said. "I came up with this idea of "I help people have hard conversations," and that ended up being the tagline for my practice, Another Possibility.'

However, she does several kinds of coaching, from team building and leadership coaching to relationships and life coaching, "When people ask me those questions, I always respond with that I can do anything, but the difference is that I look through it through a lens of conversation," she said. "I don't have to be an expert in a certain topic to help someone, but I can help navigate them through it to make the conversation easier; I try to decrease personal stress and increase effectiveness."

One thing that all the positions she's had over the years have in common is helping people and making things easy for others. "I have a very strong service orientation, probably as far back as when I was a nurse, I wanted to take care of and help people," she said. "Life is beautiful, but also difficult and I think I feel most proud of my work when I know, and I hear from people that what I did for or with them made life easier

## Fall recipes to satisfy your autumnal cravings From pumpkin soup to beef stew to sugar cookies, cook for the season

**By JAMES KENNETH PRESLEY** 

For Pamplin Media Group

recipe is only as strong as the person who executes it, which is why we wanted to dive into a collection of easy autumn recipes that utilizes local and easy ingredients that are specific to this magical time of year.

Care to learn a few secrets that will surprise your guests this autumn?

Let's face it, Fall is the non-official season of soup, where the kitchen is our canvas and our instruments of art are our soup pot and whatever we decide to throw in it. However, when considering a Fall dish that's easy to prepare ahead, there's one simple soup we might recommend, and it involves an ingredient that's as popular as it is symbolic this time of year.

Pumpkin soup: a smooth, creamy soup that will wake up the palate and will let your guests know that Fall is here. It's perfect as an appetizer as well as a main course.

First, you will use some of that pumpkin puree that we all then take it out. Don't worry,

that in a pot and slowly bring it up to medium heat with some added chicken stock, about two parts stock to three parts pumpkin. Then, add a couple of tablespoons of pumpkin pie seasoning, followed by a tablespoon or so of local honey as well as some salt and pepper to taste. If you like your soup to have a kick, add a touch of either chili flakes or some chipotle sauce. Lastly, throw in a good spoonful of creme fraiche (or sour cream). For garnish, we recommend some chopped chives and some toasted pumpkin seeds for texture. It's easy, cheap, and a winner every time, especially in the Fall.

Beef stew: Now, don't be intimate as it's easier than you might think.

First off, buy a package of beef chunks and throw some salt and pepper on them. At the same time, get a pot or preferably a Dutch oven really hot with some canola oil at the bottom, about two tablespoons. Once ready and hot, throw in the beef until it has had a chance to brown on all sides, love to use from a can. Throw the beef will still be tough and



**CHRIS TRANI** 

COURTESY IMAGE: COOKING CLASSY Pumpkin soup: it's simply Fall in a

uncooked but we got the exterior flavor we need.

Now, drain the grease from the pot but keep the good brown bits left behind from the beef searing process. Now add some chopped carrots, onions and fingerling potatoes that are cut in half with a nice drizzle of olive oil. Season this layer with some salt and pepper, too. You can even add a packet of the beef stew seasoning packets found at most stores at this

After about 10-12 minutes of stirring periodically, throw in ready to serve it to your guests. extract. Once incorporated, cookie you'll be decorating.



and stir constantly for about

5 minutes on medium heat to

At this point, throw the beef

and its resting juices back into

the pot. Now, add about 2-3

cups of quality red wine and let

the pot come to a boil. Let the

wine reduce in half and then add

beef stock till the ingredients

are nearly covered. Throw in a

couple of bay leaves, some fresh

thyme and rosemary, and cover

the pot. You can now throw it

in the oven at around 275-300

degrees for about 3-5 hours.

Once the beef is tender, you're

cook out the bitterness.

A hearty beef stew will feed the entire family on a budget.

COURTESY IMAGE: ONCE UPON A CHEF

If you like a thicker gravy some minced garlic. Now, with from the stew, feel free to make the veggies in the pot, throw in a spoonful of tomato paste a slurry, or two tablespoons

> ished product and stir until it has been incorporated and the texture is to your liking. Cookie recipe: for those who enjoy a sweet treat during the Halloween season, you simply must try these sugar cookies, perfect for making ahead of

each of flour and water that's

been shaken into a thick like

substance. Pour into the fin-

time and having a decorating First, mix or beat ½ cup soft butter, ½ cup shortening, 1 cup of sugar, 2 room temperature eggs and 1 teaspoon of vanilla

whisk together in a separate bowl your dry ingredients: 2 ½ cups of all purpose flour, 1 teaspoon of salt (unless the butter is salted) and 1 teaspoon of baking powder. Slowly incorporate the dry ingredients into the wet, making sure to scrape down the sides of the bowl periodically. Once it comes together, chill the dough in the fridge for about an hour.

Now, set your oven to 400 degrees while you take out your dough. Use some flour and a rolling pin to spread your dough across a surface, rolling it out to 1/8 or 1/4 inch thickness. Using your favorite Halloween cookie cutters, carve them out of the dough and place on a greased cookie sheet and set in the oven for about 6-9 minutes

For the icing, we love to use about 2-3 cups of powdered sugar, a teaspoon of softened butter, a tablespoon or so of milk or a non-dairy option, and about 2 teaspoons of almond extract. Blend together until it's the consistency you like. Feel free to add in your favorite food coloring to match the



## Let's NOT keep all the good HV stories SECRET!

We are always searching for new people, places, and things to write about for our monthly issues. Our best stories highlight and showcase some of the great parts of our community and we want to feature all of the meaningful happenings going on in Happy Valley.

If you have an article idea, whether that be about a local business you love or know someone with a heartwarming or "feel-good" story, please contact hvn@pamplinmedia.com to discuss the possibility of it being featured in our next issues!











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## Twilight Continues to Sink Its Teeth at the Carver Cafe Fifteen Years Later

October is the fifteenth anniversary of Twilight's theatrical release, first major Hollywood franchise film based on the popular fiction series

By JAMES KENNETH PRESLEY for Pamplin Media Group

ifteen years ago, Summit Entertainment released the first film in their Twilight franchise, which would spawn four future sequels thanks to the first film's success to the likes of over \$400 million, and while the hype surrounding the movie itself might be in the rearview, the spirit and legacy of Twilight lives on through the fans who seek out the filming locations across Oregon and Washington, including the Carver Café which sits

only 10-minutes from Happy Valley. "They filmed at our location for about three days," says Carver Café owner Kris Stafford. "They only filmed inside the restaurant for one day but then they had to do a bunch of secondary scenes on the exterior. One full day was dedicated to just doing the décor inside and outside."

Stafford, who purchased the Carver Café in 2005, spent some time discussing her family's business and how important the role of the community played to the Carver Café long before the Twilight crowd came along.



Twilight 2008 theatrical poster by Summit **Entertainment** 

"I've had several employees throughout the years but most of them have been my grandchildren," says Stafford. "Me and the lady who originally bought this place had worked here for seven years prior so I had a good idea of how operations flowed. We have always been steady and as the community has grown so has the business, from Estacada to Happy Valley to Boring, we get people from everywhere."

The café, which seats about fifty guests, is located right off HWY 224 and offers a fare of both breakfast and lunch options alike, open Wednesday-Sunday

COURTESY IMAGE FROM JAMES KENNETH PRESLEY

The Carver Café: From vampires to werewolves, all are welcome!

## "It's been a fluid experience for us to have Twilight fans come in over the years."

Kris Stafford, Owner of the Carver Café.

said, while the café certainly has its fair share of regulars and patrons, the Twilight community undoubtedly helped give this quaint and cozy café a boost in reputation that perhaps not even Stafford could have predicted.

"During the second lockdown

from 8:00 a.m.-2:00 p.m. That being during COVID-19 I had to put up a small GoFundMe account and the 'Twilighters' really came through and helped me," says Stafford. "I put up a GoFundMe for \$10,000 and they generated just over \$18,000. One fan set up a campaign that raised over \$6,000

proceeds went to our business."

This movement with the Twilight community underscored what Stafford already knew about them, encouraging her to continue offering those who choose to seek a Twilight experience one of their own, as demonstrated by an unlimited amount of YouTube videos of fans visiting the café, sitting at the corner table where actress Kristen Stewart sat and starting their Twilight tour off with a delicious breakfast, topped off with a piece of Bella Swan's famous berry cobbler.

We started a Twilight guest book shortly after the movie was released, where fans of the film can sign it and tell their own story," says Stafford. "It's been a fluid experience for us to have Twilight fans come in over the years and ever since they helped me through COVID-19 I wanted to give back."

The Carver Café, still decorated with multiple pieces of Twilight memorabilia, still hones in on that small-town café identity while welcoming all who want the true movie experience.

"I don't really care if they want to come in and film a video or take photos, I think it's quite wonderful," says Stafford. "All I ask is that they keep the staff out of the pictures and videos."

Just as we were wrapping up our interview with Stafford a collection of, as she puts it, 'Twilighters' entered the café and immediately dashed to the open corner table where multiple scenes were shot, proving that community can be established from a range much wider and another fan made t-shirts and all the and further than one's backyard.

## Welcome to the neighborhood

City of Happy Valley

Did you know the Mayor, City Council, and members of the Happy Valley Business Alliance (HVBA) frequently partake in ribbon cutting ceremonies as a way to officially welcome new businesses to the City? For nearly 15 years, the City has been offering this opportunity as a way to engage new businesses and connect residents to some of the best spots in town.

Happy Valley businesses contribute significantly to our local community by providing many of the goods and services we all need



gather, workout, eat, drink, and shop, and provide jobs which boost the economy and contribute to a city that thrives. The City of Happy Valley not only encourages new businesses to set up shop, but it is happy to highlight them with pomp and circumstance. and enjoy. They offer places for us to By partnering with the Happy Valley



COURTESY IMAGE FROM CITY OF HAPPY VALLEY Pura's team of experienced Skin Therapists is dedicated to providing personalized care and tailoring every treatment to address your unique needs and goals.

Business Alliance to offer commemorative ribbon cutting ceremonies, the City aims to celebrate one slice of the American Dream.

## **Recent ribbon cutting ceremonies**

Pura Skincare | Christilla Commons Complex: 12930 SE 162nd Ave. STE 103

**Upcoming ribbon cutting ceremonies** 

Scouter's Mountain Apartments: 11386 SE Pleasant Valley Parkway

Wednesday, Nov. 15: Open House begins at 5 p.m. with ceremonial ribbon cutting at 6 p.m.

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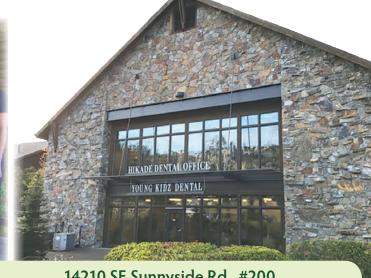
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14210 SE Sunnyside Rd. #200 Clackamas, OR 97015 | office@hikadedental.com 503-558-9828 (office) | 503-558-9829 (fax)

sunnysidedentistry.com



## HAPPY VALLEY PARKS AND RECREATION

TO REGISTER, CHECK OUT WWW.HAPPYVALLEYOR.GOV/PARKS

## **NOVEMBER 2023 PARKS AND RECREATION PROGRAMMING**

To register for one of these featured programs, be sure to check out www.happyvalleyor.gov/services/parks

## PARKS & REC EVENTS



To register for one of these featured programs, be sure to check out www.happyvalleyor.gov/ services/parks, or scan the QR code.



## **Providence's Basecamp Prevention + Wellness** Classes are held virtually.

Affiliated with Providence Heart Institute, Providence's Basecamp Prevention + Wellness programs offer free movement and education classes so that everyone can live their best, healthiest lives. Take the next step and register for FREE today!



## **Tai Chi: Moving for Better Balance** (Beginners)

Tuesday/Thursdays, 8:30 a.m.-9:30 a.m. • FREE This introductory class welcomes those wishing to learn the initial

forms of the Tai Chi practice with a desire to gain confidence, stability, strength, and mobility in a fun and supportive environment. www. welcometobasecamp.org/taichibeginners

## **Tai Chi: Moving for Better Balance** Tuesdays/Thursdays, 9:30 a.m.-10:30 a.m. • FREE

Participants will build upon their knowledge from our Tai Chi Beginners class and continue to gain confidence, stability, strength, and mobility in a fun and supportive environment. www.welcometobasecamp.org/taichi

## **Chair Yoga**

Tuesdays/Thursdays, 9:30 a.m.-10:30 a.m. • FREE

A wonderful chair-based yoga practice for those who prefer to stretch and move their bodies while staying off the floor. Classes combine gentle movement and intentional breath in both seated and standing poses. www.welcometobasecamp.org/chairyoga

## **Gentle Yoga** Wednesdays at 10 a.m. • FREE

The practice of gentle yoga combines mindful movement and breath with standing, seated, and restful floor-based practices to nourish the body, mind, and heart. www.welcometobasecamp.org/

**Providence's Fall Prevention Event Location: Providence Happy Valley Rehab Clinic** 16180 SE Sunnyside Rd

## **Fall Prevention Event**

Nov. 11, 10 a.m.-noon • Saturday • FREE

Balance, strength, and overall health can change as you age, putting you at risk of falling. Join us for a free educational presentation on how to reduce this risk which includes a short, active introduction to Tai Chi. This event is powered by Providence Senior Health and Providence Heart Institute. Register online at: https://bit.ly/stayinghealthy-happyvalley. Event is limited to 25 participants.

## Youth Open Gym Basketball Nights

**Location: Scouters Mountain** 10811 SE 172nd Ave. Tuesday • Nov. 7 - Dec. 12, 6:30 p.m.-8 p.m. Ages 10-17 • FREE

Open gym is an opportunity for youth to practice their basketball skills, shoot hoops with their friends and stay active! Bring your own basketball and water bottle. Open to youth ages, 10-17yrs, available on a first-come, first-served basis. A liability waiver must be completed for each



CITY OF HAPPY VALLEY

**PARKS & RECREATION** 

participant. To provide a safe environment, there will be a maximum of 30 participants in the gym at a time. Open gym is welcome to all Happy Valley

residents. No organized groups allowed during open gym night.

## Field Trip Fridays

Field trips depart from Happy Valley City Hall.

Enjoy a new experience and leave the driving to us! Hop on the RecMobile to enjoy an afternoon exploring a handful of Oregon's social, educational, and inspiring gathering spots, all while getting to know members of your community! Spots are limited. To check out featured field trips, visit: www.happyvalleyor.gov/parks



## Portland Holiday Market & Lunch! Nov. 17, 11:30 a.m.-5p.m. • Friday • Ages 18+ \$15-Resident / \$22.50 Non-Resident

Join our group for lunch at Happy Valley Station before we make our way to the Portland Expo Center for a unique holiday shopping experience. There are more than 100,000 square feet of display space filled with hundreds of exhibitors offering food items, gifts, artwork, jewelry, home décor, clothing, spirits, craft items, books, ornaments, leather goods, bath and body, and much, much more!

**6000** 

Let's Connect!

Happy Valley Parks and Recreation Website - www. happyvalleyor.gov/





## **HV Hikers – Get out and Move!**

http://www.hvhikers.com/

HV Hikers are always on the move exploring within the valley! Their goal is to encourage you to experience the beauty of the area, to get a little exercise. and to make new friends. All hikes are free, no RSVP required. Be sure to visit the HV Hikers newly updated webpage for a calendar view of all upcoming group hikes.

## **Skyhawks Sports Clinics**

Location: Beatrice Morrow Cannady Elementary School - 18031 SE Vogel Rd.

## Mini-Hawk Basketball

Nov. 7 - Dec. 12, 5 p.m.-5:30 p.m. • Ages 5-7 • Tuesdays • \$98 A positive first step into athletics, this

program is taught in a safe, structured environment filled with encouragement and fun. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace.



## Basketball

Nov. 7 - Dec. 12, 5:45 p.m.-6:30 p.m. • Tuesday • Ages 6-12 • \$98

This fun, skill-intensive program is designed for beginning to intermediate players. Participants will learn the fundamentals of passing, shooting, ball handling, rebounding, and defense through skill-based instruction and small-sided scrimmages.



## SoccerTots Nov. 8 - Dec. 13, 5:00 p.m.-5:30 p.m. • Cubs ages 2-3.5

Nov. 8 - Dec. 13, 5:45 p.m.-6:15 p.m. • Cubs ages 3.5-4.5 Wednesday • \$98

These soccer-themed motor skill classes are very easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence while older athletes will focus on developing core soccer skills and engage in light competition. The instructor-to-student ratio is kept small to maximize individual development.

## Mini-Hawk Basketball & Soccer Nov. 8 - Dec. 13, 6:15p.m.-7:15 p.m. • Ages 5-7 • Wednesday

Perfect for beginners, youth will learn the fundamentals of basketball and soccer via a mixture of fun and applicable skill building. Through games and activities, campers explore balance, hand/eye coordination,



## Venvino Art Studios -

**In-Studio Classes** 

Location: Venvino Art Studios - 13329 SE Misty Drive.

**Weekly Art Enrichment Program** Nov. 3 - Nov. 17. 9 a.m.-11a.m.





## **Create and Learn Series - Fall Fabric Flowers** Nov. 3, 6 p.m.-8 p.m. • Friday • Ages 16+ • \$25/ 2-hour session

We'll show you how to make adorable fabric flowers that you can put on display all year long. No sewing, no watering. Come enjoy a fun time creating a beautiful fall display!

## **Create and Learn Series – Mason Jar Gifting**Dec. 1, 6 p.m.-8 p.m. • Friday • Ages 16+ • \$25/ 2-hour session

Our talented studio artist will guide you step-by-step through your project with easy-to-understand instructions. Price includes all supplies to create one hot cocoa mason jar gift and an idea page to inspire additional gifting.



## RECS Pickleball

Location: RECS - 17015 SE 82nd Dr. Clackamas, OR 97015

**Open Play**Monday - Friday, 1 p.m.-3 p.m. • Ages 65+ • \$2

Are you age 65+ and looking for others to play pickleball with? On weekdays, between 1 p.m.-3 p.m. we have 65+ open play. Your play could be partially if not fully covered through Silver and Fit or Renew Active. Spots will fill up QUICKLY, so sign up today online through court reserve or give us a call at 503-655-PLAY.



Ask your healthcare provider to see if you have this benefit or give us a call and we can help check for you. RECS features pickleball clinics, Open Play sessions, leagues, and tournaments, as well as private events. Check out www.WeareRECS.com for more info or call 503-655-PLAY.



## The Y After School Enrichment Classes **Location: Class location varies**

**Invent It, Build It** 

Nov. 7 - Dec. 12, 3:30 p.m.-5 p.m. • Tuesday • Ages 6-12 • \$160

Happy Valley Parks and Recreation has partnered with the Y to offer this After School Enrichment (ASE) class. Each class poses a new design challenge to solve. Some are just for fun, and others tackle real-world problems. Kids will design, test, and tweak their inventions while working through the scientific method. Sample challenges include a confetti launcher, a car that can be powered without a motor, or a speedy emergency shelter. The sky's the limit with a little creativity! \*Class will be held at the Happy Valley Annex - 12915 SE King Rd.

**Kitchen Chemistry**Nov. 8 - Dec. 13, 4 p.m.-5:30 p.m. • Wednesday • Ages 6-12 • \$160

Ignite your curiosity and explore the magical world where science and cooking collide. Each day campers will use the scientific method and kitchen items to create amazing experiments. Bubbles, slime, volcanoes and more! Get ready to stir, sizzle, and experiment your way to becoming a Kitchen Chemistry connoisseur! \*Class wil be held at the Happy Valley Annex - 12915 SE King Rd.



## **Y Chef Around the World Winter Break Camp** Dec. 18 - Dec. 22, 8:30 a.m.-2:30 p.m. • Monday - Friday Ages 6-12 • \$320

No passport is required to take this culinary journey around the world! utensils all while cooking new and exciting cuisine from all around the world. In addition, our chefs will learn about a country every day through crafts and activities. \*Camp held at the Sunnyside Grange - 13130 SE Sunnyside Rd.

## 10% OFF **RENTALS** AT NEXT ADVENTURE!

The City of Happy Valley Parks and Recreation is excited to partner with Next Adventure to offer residents 10% off their next equipment rental! Whatever your needs might be this fall, as you plan your next trip up the



mountain, make sure to scan the QR Code shown here to take 10% off one rental item and secure it for pick-up. Discount offer available at the Next Adventure Sandy store location at: 38454 Pioneer Blvd. Sandy, OR 97055. This store is open 7 days a week, Mon-Fri: 7:30 a.m. – 7 p.m. & Sat-Sun: 6:30 a.m.- 7 p.m.

## Tree Lighting Ceremony SAVE THE DATE!

Sunday, Dec. 3, 4 p.m. - 6 p.m. • Happy Valley City Hall • FREE See cover page of this issue for more information or

visit www.happyvalleyor.gov/tree-lighting-ceremony





## **HAPPY VALLEY LIBRARY**

13793 S.E. SIEBEN PARK WAY, HAPPY VALLEY, OR 97015 | 503-783-3456 | WWW.HAPPYVALLEYOR.GOV/LIBRARY

## **NOVEMBER 2023 LIBRARY EVENTS**

Please check our website for the most up-to-date hours and services. The Library will be closed Saturday, Nov. 11, Thursday, Nov. 23, and Friday, Nov. 24

## NATIVE AMERICAN BOOKLIST

In honor of Native American Heritage Month, the library is highlighting recent books by Indigenous authors for children, teens, and adults. Here you'll find fiction and nonfiction by authors from some of the over 500 Federally recognized American Indian tribes and Alaska Native villages. Celebrate Native American Heritage Month with reading!

## **Picture Books**

Grandma's Tipi:

My Powerful Hair

illustrated by Steph Littlebird

illustrated by Michaela Goade

by Carole Lindstrom;

before her.

Remember

by Joy Hario:

by S. D. Nelson

## **Contenders: Two Native Players, One World Series**

by Traci Sorrell; illustrated by Starr Arigon In this true story of the first two Native pro-baseball players to face off in a World Series, readers learn how they didn't let the supposed rivalry created by the media or the racism they faced within the stadium stop them from breaking barriers.

A Present-Day Lakota Story

Clara spends her summer

visiting her grandma and cousin

where Clara and her family set up

the ancestral tipi and grow closer together as they tell stories, sing

songs, and learn about their Lakota

After generations of short hair

in her family, a little girl celebrates

growing her hair long to connect to

her culture and honor the strength

and resilience of those who came

The beautiful picture book adap-

tation of the U.S. Poet Laureate's

iconic poem urges readers to pay

close attention to who they are, the

world they were born into, and how

everyone on Earth is connected.

on Standing Rock reservation,



GRANDMA'S

POWERFUL

## people's inheritance. **Adults Nonfiction**

Warrior Girl Unearthed

With a rising number of missing

Indigenous women, her family's

involvement in a murder investiga-

tion, and grave robbers profiting off

her Anishinaabe tribe, Perry takes

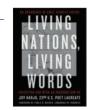
solve the mystery and reclaim her

matters into her own hands to

by Angeline Boulley

## **Living Nations, Living** Words: An Anthology of **First Peoples Poetry** by Joy Harjo

Joy Harjo, the first Native poet to serve as U.S. Poet Laureate, signature laureate project gathers the work of contemporary Native poets.



## Carry: A Memoir of Survival on Stolen Land

by Toni Jensen

A powerful, poetic memoir about what it means to exist as an Indigenous woman in America, told in snapshots of the author's encounters with gun violence.



## Dog Flowers: A Memoir

by Danielle Geller

A daughter returns home to the Navajo reservation to retrace her mother's life in a memoir that is both a narrative and an archive of one family's troubled history.



**Braiding Sweetgrass** 

Robin Wall Kimmerer, botanist and member of the Citizen Potawatomi Nation, embraces the notion that plants and animals are our oldest teachers.



## by Robin Wall Kimmerer

**Gathering Moss: A Natural** 

and Cultural History of Mosses

In a series of linked personal

describes the lives of mosses and

how they are intertwined with the

lives of humans and other beings.

essays, biologist Kimmerer



## **Kids**

## She Persisted: Deb Haaland by Laurel Goodluck

Learn about the life story of Deb Haaland, an enrolled member of the Pueblo Laguna nation, one of the first two Native American women to be elected to Congress, and the first Native American in history to become a cabinet

**Heroes of the Water Monster** 

stepbrothers, work with a young

confront their past and save the

world from a monstrous, enormous

Enemy that is stealing water from

A young hunter is confronted by

a terrifying eagle god and led on a

harrowing journey during which he

learns unexpected lessons about

the natural world in this retelling of

the story of the Iñupiaq Messenger

Feast, a Native Alaskan tradition.

Wesley's hopeful plans for

asking her crush to the dance) go

Indigenous family and community

all wrong--until she finds herself

surrounded by the love of her

at the intertribal powwow.

Indigenous Peoples' Day (and

water monster named Dew to

Edward and Nathan, two Navajo

by Brian Young

the Navajo Nation.

**We Still Belong** 

by Christine Day

by Nasug rag Rainey Hopson

**Eagle Drums** 



HEROES

## **Adults Fiction**

by Robin Wall Kimmerer

## **Bad Cree**

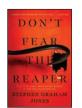
by Jessica Johns

A voung Cree woman wakes up with a severed crow's head in her hands before returning to her rural hometown in Alberta seeking answers about her sister's untimely

Don't Fear the Reaper



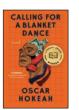
by Stephen Graham Jones In 1862 Idaho, Jade Daniels is released from prison into a dangerous world where a convicted serial killer is seeking revenge for thirty-eight Dakota men recently



## hanged.

**Calling for a Blanket Dance** by Oscar Hokeah

A young Native American boy in a splintering family grasp for stability and love, making all the wrong choices until he finds a space of



## his own.

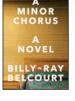
**A Minor Chorus** 

A debut novel from a rising star that brings the modern queer and Indigenous experience into sharp relief.



## by Billy-Ray Belcourt

Woman of Light

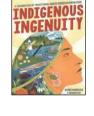


## **Teens**

## Indigenous Ingenuity: A **Celebration of Traditional** North American Knowledge

by Deirdre Havrelock and Edward Kay

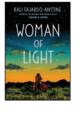
This wide-ranging STEM book, which includes fun-filled, simple activities and experiments, celebrates the countless discoveries and technological inventions from Indigenous North Americans, ronmental responsibility and the interconnectedness of all life.



Belong

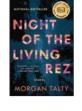
by Kali Fajardo-Anstine In 1930s Denver, Luz "Little Light"

Lopez, a tea leaf reader and laundress, is left to fend for herself after her older brother, Diego, a snake charmer and factory worker, is run out of town by a violent white mob.



## Night of the Living Rez by Morgan Talty

In twelve striking, luminescent stories, author Morgan Talty-with searing humor, abiding compassion, and deep insight—breathes life into tales of family and a community as they struggle with a painful past and an uncertain future.



## A History of my Brief Body by Billy-Ray Belcourt

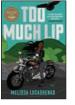
The youngest ever winner of the Griffin Prize mines his personal history in a brilliant new essay collection seeking to reconcile the world he was born into with the world that could be



## **Too Much Lip**

by Melissa Lucashenko

A gritty and darkly humorous novel quaking with life that follows a queer, First Nations Australian woman as she returns home to face her family and protect the land of their ancestors.



## **Construction UPDATE**

Construction for the Happy Valley Library continues with big equipment now on site. While efforts are being made to minimize disruption of library services, some construction work may be noisy and dusty. Find more information about the plans, including drawings of the new space at go.lincc.org/hvlibconstruction and turn to page 18 in this issue of HV News for some additional details.

> Construction for the library's expansion continues with groundwork being laid for future work.



## Lucky Day How-To

Waiting is not easy! And sometimes library items can have really long holds due to people waiting in line for their chance to check out an item. That's why our library has also purchased extra copies of popular books and movies that help you skip the line. If you're in and the popular item is in, it's your Lucky Day! Lucky Day copies can't be put on hold and have a 2-week checkout period with no renewals. Usually, people are so excited to read or watch them that it's not a problem! When you're in, swing by the Lucky Day display to see what hot items are available.



Browse the display of popular titles for a chance to skip the holds line and check out without the wait!

## LIBRARY CALENDAR

## **Youth Programs**

**Storytimes** 

and play!

To see our full listing of storytimes and playtimes for ages birth to five, visit our website or go.lincc. org/hvbirthto5

Stretch, Dance, Play Thursday, Nov. 2, 10:15 a.m.

For 2-5-year-olds and their grownups. Join Iris Nason for dance, yoga, singing, sign language

**Homeschool Club** 

Friday, Nov. 3, 10:15 a.m.-11:30 a.m.

Hey homeschool families! We'll have projects big and small to share to try your hand at sewing.

**All Together Now: Coloring** Monday, Nov. 6, 3 p.m.-4:30 p.m.

Everyone's welcome to decorate a giant coloring sheet! We'll have big pieces of paper, markers, pencils and crayons. All Together Now programs are designed as intergenerational programs, with people of all ages coming together to create and

play together. Sign & Sing

Friday, Nov. 10, 10:15 a.m.

For 2-5-year-olds and their caregivers. Sing, dance, and sign with Shira Fogel of Tiny Talkers.

Let's Build

Tuesday, Nov. 14, 4 p.m.-5:30 p.m.

Saturday, Nov. 25, 10:30 a.m.-noon For K-5th graders and their grownups. Drop in for

some free LEGO building fun. Tallulah's Daddy

Saturday, Nov. 18, 10:15 a.m.

For ages 2-6 and their caregivers. Drop in for

some musical fun with our favorite bass playing



Join us for a special Chinese Storvtime presented in Mandarin with stories, songs and activities for all ages.



## **Duplo Play**

Monday, Nov.20, 10:15 a.m.-11:30 a.m.

For ages 0-5. Let's build together with Duplo blocks! Drop in to play and see what we can make.

All Together Now: Puzzle Marathon! Tuesday, Nov. 21, 10 a.m.-5 p.m.

Everyone's welcome to put together puzzles! We'll have puzzles of all different sizes for just the right challenge. All Together Now programs are designed as intergenerational programs, with people of all ages coming together to create and play together.

## **Tweens & Teens**

For teens in grades 6-12. **Teen Advisory Board** 

Saturday, Nov. 4, 1 p.m.-2 p.m. Support the library while earning volunteer hours. Hang out with new friends, share ideas, and make stuff. A safe space for all to be themselves.

## Manga and Anime Club

Thursday, Nov. 9, 6:30 p.m.-7:30 p.m.

Hang out with fellow manga and anime fans -- chat about favorites, browse new number ones, eat snacks. make stuff, and watch anime.

## **Adult Programs** Register or RSVP for programs at https://go.lincc.org/hvsignup

Genealogy Monday, Nov. 13, 3 p.m.-5 p.m.

Searching for family roots? All are welcome to come and share questions, strategies, and organizing tips. Insights are discovered and pathways revealed as we attempt to solve the mysteries of our ancestors'

## Mah Jonng

elusive stories

Fridays, 12:30 p.m.-3:30 p.m.

Those who enjoy playing American Mah Jongg are invited to join our fun and friendly group! Be sure to bring your current National Mah Jongg League cards. Contact the library if you would like to learn to play.

## **String Along**

Sundays, Nov. 12 & 26, 2 p.m.-5 p.m.

Bring your acoustic guitar, fiddle, ukulele or other stringed instrument to the Happy Valley Library and share some tunes with other musicians. Adults of all skill levels are invited to drop in and play some music in a casual, jam-style setting. Bring a song you know to share.

## **Happy Valley Book** Group

Thursday, Dec. 7, 6:30 p.m.-8 p.m.

Read the fiction title, Counterfeit by Kirstin Chen, and discuss it with other readers. Did you like it or not? Did something surprise you or make you think twice? Come share your thoughts!



## Happy Valley Local History Book Talk Wednesday, Nov. 8, 6:30 p.m.-7:30 p.m.

Join author Mark W. Hurlburt as he traces the origins of Happy Valley in his new book Happy Valley, Oregon: A Brief History. Happy Valley's transformation from an isolated, rural farming community to one of the most popular places to live in the Portland metro area didn't happen all at once. With its fertile volcanic soil, it was once the ideal place to settle for many families coming to the Oregon Territory, including the Deardorff's and the Talbert's. As the town slowly grew, residents like James Robnett, the first mayor and Ed Rebstock, known as "Mr. Happy Valley," left their marks on the locals and the land. When the town's population exploded in the 1990s, newcomers brought prosperity and growing pains as they sought a balance between green spaces and urban amenities.

## **Bayocean: Atlantis of Oregon**

Thursday, Nov. 16, 6 p.m.-7 p.m.

Most of Bayocean sank below the sea long ago. The rest lies buried beneath the shore pine, salal, and beach grass covering the four-mile-long spit that protects Tillamook Bay from the Pacific Ocean. Researcher and author Jerry Sutherland chronicles the half-century this Oregon resort town existed, tells the stories of people who lived there, and explains its demise. Registration is not required, but RSVP to get an email reminder and let us know you'll be there.

showing readers how to embrace the mindset of reciprocity, envi-

## **Harvest House** by Cynthia Leitich Smith

When strange things start happening at night near a new, supposedly haunted, rural attraction, including a creepy man stalking young Indigenous women, Hughie Wolfe and his friends set out to discover the truth in order to protect themselves and their community.

## Rez Ball by Byron Young

When the varsity basketball team members take him under their wing, Tre Brun, representing his Ojibwe reservation, steps into his late brother's shoes as star player but soon learns he can't mess up - not on the court, not in school and not in love





## Library expansion update

Located in the bustling Portland-Metropolitan region, Happy Valley Library is a regional hub for literacy, cultural, and community programming. Recognizing the need to offer more community-based learning spaces, a project is currently in the works for a 10,000+ squarefoot expansion to be added to the existing Library building. Improvements will enable the City to provide a 300-person community room, kitchen, and quiet study rooms, creating a welcoming place for all to use, gather, and celebrate our unique and shared cultural experiences.

In the past month, some major utility work was completed. This included the relocation of the library's generator. A crane was time to time. Construction of brought in to relocate the generator and PGE relocated the transformer. Conduits were also bored and pulled underground from the existing electrical room to the new pad/vault location by scanning the OR code with which had to be created from your smart device.



scratch. Crews worked quickly to ensure this was completed with only minimal disruption to Library services and programming

## **Upcoming activities:**

- Undergrounding utilities, plumbing, and electrical to
- Digging for footings, crews to begin forming the new foundation

The library will continue to remain open throughout the construction process, though some interruptions and/or temporary closures or reduced hours may be necessary from the library expansion project is anticipated Fall 2024. Learn more about the expansion project online at www.happyvalleyor.gov/library-expansion or



A new pad is poured for the generator and transformer.



A crane lifts the generator and begins moving it to its new location.



## High school students work together to support local community

City of Happy Valley

Looking for another way to give back this season? Winter Blitz is a popular donation drive

that serves local families in need. Students from Clackamas High School and Adrienne C. Nelson High School's respective **Key Clubs are once** again combining efforts to help make the holiday season a little brighter for local families in need. Your donation to Winter

and accessible.

Blitz will help those who are struggling this season by ensuring essential items are available

The community can help by making a financial donation to the program or donating gently used clothing, blankets, bedding, toys, games, books, and household items, as well as NEW hygiene and toiletry items and non-perishable foods.

For more information about items needed and ways to contribute to this cause directly, scan the corresponding QR code with your smartphone.



COURTESY IMAGE FROM CITY OF HAPPY VALLEY Winter Blitz, a Community Service Project that is planned, organized and run by high school students, has been helping connect local families with essential items during the holidays for 25 years.

## **Connecting over coffee**

Happy Valley Police join community at local event

City of Happy Valley

**Happy Valley** residents and police deputies gathered over cups of coffee and pastries at Peet's Coffee on Oct. 4 during the department's recent Coffee with a Cop event.

Residents and members from law enforcement spent the time talking about a variety of subjects and deputies listened to safety concerns shared by residents. It was a great opportunity for both residents and members of the Happy Valley Police Department to exchange ideas and for residents in particular to hear more about what these first responders do in the City.

Events like Coffee with a Cop help increase community policing and provide a platform for productive conversations between police officers and the communities they serve. By breaking down barriers and creating a casual

forum for conversation, there is more opportunity to learn about safety needs in the community as well as help residents feel heard. Ultimately, cultivating opportunities for

residents to engage law enforcement in positive ways is key to bolstering safe neighborhoods and strengthening relationships with community.

In Happy Valley, residents experience dedicated police



Resident Hanna Grishkevich (center) connected with Community Service Office Kimberly Petersen (left) and Deputy Van Wormer.

services. These unique services are offered through a partnership with the Clackamas County Sheriff's Office and are funded completely through a Public Safety Levy, which is voted on every five years.

Want to learn more about the Happy Valley Police Department? Be sure to follow the team on Facebook at @ HappyValleyPoliceDepartment or check out their designated City webpage using the QR code.

## **Planning for the Future:** Clackamas Area Interceptor Improvement Project

Clackamas Water Environment Services (WES) owns and operates the sewer infrastructure transporting wastewater from homes and businesses in Happy Valley and the unincorporated areas around it to our water resource recovery facilities. The existing Clackamas Area primary sewer line (interceptor) serves unincorporated Clackamas County, Happy Valley and Carver. Improvements and upsizing are needed for WES to continue to provide a resilient, reliable sanitary sewer system to serve our community in the future.

The Clackamas Area Interceptor Improvement Project will replace existing pipes with larger, more resilient pipes to increase capacity. In some cases, the pipes may be relocated to improve the overall connections of the system. The design process for the improved system has begun, with construction anticipated to begin in 2026.

## You're Invited!

Join us for a virtual meeting to hear more about this project and how you can stay up to date from start to finish.

When: December 5 Time: 6:30 p.m. to 7:30 p.m. Scan below to register!



https://bit.ly/WESCAIIP



Learn more about the project at clackamas.us/wes/caiip

**Questions or concerns?** wescustomerservice@clackamas.us Phone: 503-742-4567

For the more than 190,000 people living and working in Clackamas County, Clackamas Water Environment Services produces clean water and protects water quality. Providing innovative resource recovery services, stormwater management and environmental education, it's our job to ensure that residents and visitors enjoy the benefits of safe, healthy water for generations to come.

