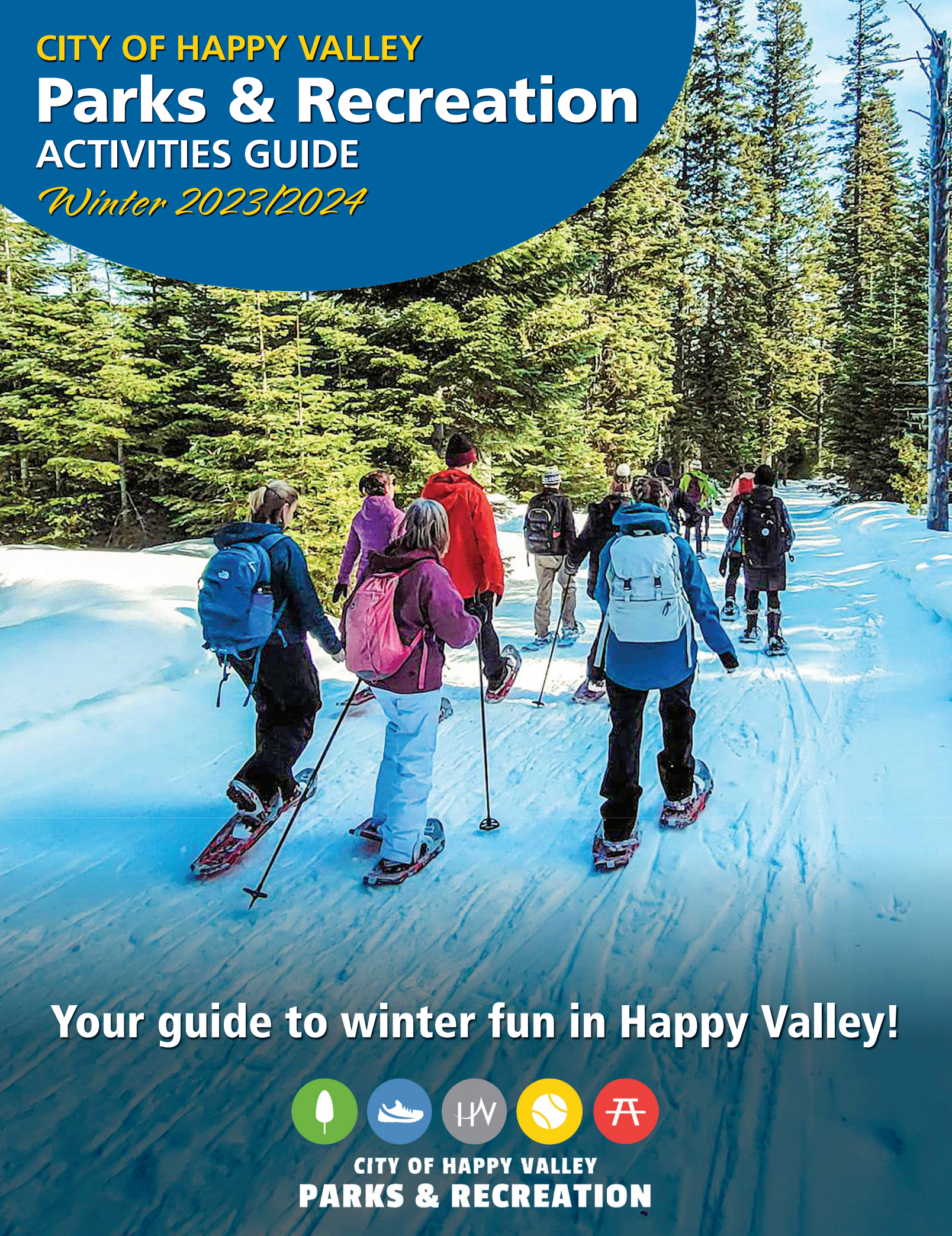


CITY OF HAPPY VALLEY

# Parks & Recreation

ACTIVITIES GUIDE

*Winter 2023/2024*



**Your guide to winter fun in Happy Valley!**



CITY OF HAPPY VALLEY  
**PARKS & RECREATION**



## December 2023 - February 2024 Winter Parks and Recreation Programming

To register for one of these featured programs with our team or one of our recreation partners, be sure to check out [www.happyvalleyor.gov/parks](http://www.happyvalleyor.gov/parks) or scan the QR code with your smart device.



## Excursions



### Field Trip Fridays

Meeting location: Happy Valley City Hall

Enjoy a new experience and leave the driving to us! Hop on the RecMobile to enjoy an afternoon exploring a handful of Oregon's social, educational, and inspiring gathering spots, all while getting to know members of your community! Spots are limited. To check out featured field trips, visit: [www.happyvalleyor.gov/parks](http://www.happyvalleyor.gov/parks)



### CARSON HOT SPRINGS AND BACKWOODS BREWING

Jan. 26, 8:30 a.m.-4:30 p.m.

Friday • Ages 18+

**\$50-Resident / \$75 Non-Resident**

Visit a 1930's bathhouse for a spa experience like no other. Authentic and traditional clawfoot tubs and vintage stylings welcome you as

world-renowned mineral water envelopes you for an all-natural, healing bath followed by a swaddling wrap treatment to warm, purify and energize your cells as you rest. Head to the sauna to complete your experience before visiting Backwoods Brewing for lunch.

### COOPER SPUR SNOWSHOE TOUR & TASTING

Feb. 9, 8:30 a.m.-4 p.m. • Friday • Ages 21+

**\$65**

Join us for an adventurous day at Cooper Spur Mountain Resort located amid the magnificent Mt. Hood National Forest. We will start the day at the Nordic Center where everyone will get fitted with snowshoes before we head out on a guided tour through 6.5km of trails on varied terrain surrounded by pine trees and open meadows. Afterward, we'll settle into the cozy, warmth of the Crooked Tree Tavern and Grill for a curated wine/beer tasting accompanied by a selection of local, small plates. Non-alcoholic drinks will be available as well.



**FRIDAY, FEBRUARY 9TH | 8:30AM - 4:00PM**

JOIN US FOR AN ADVENTUROUS DAY AT COOPER SPUR MOUNTAIN RESORT LOCATED AMID THE MAGNIFICENT MT. HOOD NATIONAL FOREST!

SCAN FOR DETAILS AND GET REGISTERED!



### Adventures Without Limits Winter Trips

Location: View registration for meeting location details.



### SNOWSHOE MT. HOOD

Jan. 20, 10 a.m.-2 p.m.

Saturday • Ages 6+

**\$90**

Strap on your snowshoes and join expert guides as they share their favorite trails, tricks, and tips as you explore Mount Hood National Forest. No experience necessary. \*AWL provides all the

snowshoeing equipment necessary, including winter attire upon request. Participants are asked to bring water, lunch, and appropriate clothing for the day.



### CROSS COUNTRY SKI TRIP

Feb. 10, 10 a.m.-2 p.m.

Saturday • Ages 6+

**\$115**

Lace up your boots, strap in your skis and join expert guides as they provide a lesson on cross country skiing and share a day full of adventures along their favorite trails. No experience

necessary. \*AWL provides all the equipment necessary, including winter attire upon request. Participants are asked to bring water, lunch, and appropriate clothing for the day.



### FULL MOON SNOWSHOE TOUR

Feb. 24, 3 p.m.-5 p.m.

Saturday • Ages 6+

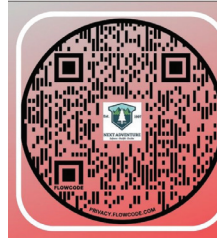
**\$105**

Grab your snowshoes and join expert guides as you experience Mt. Hood National Forest under the light of the full moon. No experience necessary. \*AWL provides all the snowshoeing equip-

ment necessary, including winter attire upon request. Participants are asked to bring water, lunch, and appropriate clothing for the day.

### HEADED TO MT. HOOD?

VISIT NEXT ADVENTURE'S SANDY STORE!



ENJOY

**10% OFF ONE RENTAL**

### 10% OFF RENTALS AT NEXT ADVENTURE!

The City of Happy Valley Parks and Recreation is excited to partner with Next Adventure to offer residents 10% off their next equipment rental! Whatever your needs might be this fall, as you plan your next trip up the mountain, make sure to scan the QR Code shown here to take 10% off one rental item and secure it for pick-up. Discount offer available at the Next Adventure Sandy store location at: 38454 Pioneer Blvd. Sandy, OR 97055. This store is open 7 days a week, Mon-Fri: 7:30 a.m. - 7 p.m. & Sat-Sun: 6:30 a.m. - 7 p.m.



**Let's CONNECT!**

STAY UP TO DATE WITH THE LATEST HAPPENINGS AND NEVER SKIP A BEAT! MAKE SURE TO FOLLOW US ON SOCIAL MEDIA, SIGN UP FOR NOTIFICATIONS VIA OUR WEBSITE TO FOLLOW THE LATEST PROGRAMS AND EVENTS!



[WWW.HAPPYVALLEYOR.GOV/PARKS](http://WWW.HAPPYVALLEYOR.GOV/PARKS)



@CITYOFHAPPYVALLEY



@HAPPYVALLEYPARKSANDREC





## Community Activities



### Volunteer Opportunity!

Location: Happy Valley Library - 13793 SE Sieben Park Way

### TEEN VOLUNTEER PARTY CARE CARD KIT ASSEMBLY

Dec. 28, 3 p.m. – 5 p.m.

Thursday • Students in grades 6th – 12th welcome

**FREE**

Calling all teens! We need your help assembling this year's Valentine's Day Care Card kits for an upcoming community activity. Join us as we prepare the kits for disbursement next month.



### Valentine's Day Care Cards

Card kits can be picked up from the Happy Valley Library:  
13793 SE Sieben Park Way & Happy Valley City Hall: 16000 SE Misty Dr.

## VALENTINE'S DAY CARE CARDS

All ages can participate

Show a senior you care this Valentine's Day by making a Valentine's Care Card! Pick up your supplies at the Happy Valley Library or Happy Valley City Hall and return your cards to either location. All cards will be delivered to local senior living facilities and homebound seniors to show them some extra love this season! Write them a kind message like "I hope you have a nice Valentine's Day!" or "I'm sending you love and happiness." All completed cards must be returned to either the Library or City Hall by Wednesday, Feb. 7. What's inside: TWO blank cards, heart stickers, heart-shaped doilies, crayons, and construction paper. Want to make your own card? Great! A kit is not needed to drop off a Valentine's card. Just make sure to turn it in by Feb. 7.

**Kits  
available  
Jan. 3**



### Lunar New Year Dragon Hunt

Location: Happy Valley



### LUNAR NEW YEAR DRAGON HUNT

Jan. 10 – Feb. 10

All ages

**FREE**

Help us celebrate Lunar New Year & the Year of the Dragon with a dragon hunt throughout Happy Valley! In the weeks leading up to Lunar New Year (Feb. 10), see if you can spot the dragon hidden in various locations throughout the valley.

Follow us on Facebook & Instagram for a new clue each week. More details to follow online – [www.happyvalleyor.gov/parks](http://www.happyvalleyor.gov/parks)



HV Hikers encourages you to experience the beauty of the area and make new friends. All hikes are free, no RSVP required. If it's on the calendar, they'll be there. Be sure to visit [www.hvhikers.com](http://www.hvhikers.com) for details.



## FREE TO DO IN HAPPY VALLEY!



GET ON A TRAIL WITH HV HIKERS!



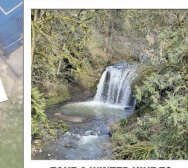
LIGHT UP THE VALLEY! SHOW YOUR HOLIDAY SPIRIT WITH LIGHTS AND DECORATIONS #LIGHTUPTHEVALLEY



ATTEND THE TREE LIGHTING CEREMONY!



FEBRUARY - SHOW A SENIOR YOU CARE! PARTICIPATE BY MAKING A VALENTINE'S DAY CARE CARD



TAKE A WINTER HIKE TO HIDDEN FALLS!



JOIN A WINTER LIBRARY PROGRAM



## Enrichment Classes and Activities



### FREE Craft Activity!

Location: Happy Valley Library - 13793 SE Sieben Park Way



### SOLSTICE STARS AND LANTERNS

Dec. 21, 10:15 a.m. – 11:45 a.m.

Thursday • All ages

**FREE**

Happy Valley Parks and Recreation is partnering with the Happy Valley Library for a Solstice Stars and Lanterns Making event! Join us for a fun and communal activity that combines art and a sense of celebration. Get in touch with your creative side and

mark the changing of the season in a meaningful way.



### The Y Winter Break Camp

Location: Sunnyside Grange –  
13130 SE Sunnyside Rd. Clackamas, OR 97015



### CHEF AROUND THE WORLD

Dec. 18 - Dec. 22, 8:30 a.m. - 2:30 p.m.

Monday - Friday • Ages 6-12

**\$245**

No passport is required to take this culinary journey around the world in this Winter Break Camp brought to you by The Y and Happy Valley Parks and Recreation! Our chefs will learn about creating recipes, nutrition, and using cooking utensils all while cooking new and exciting cuisine from all around the world! In addition, our chefs will learn about a country every day including crafts and activities.

To register for one of these featured programs, be sure to check out [www.happyvalleyor.gov/parks](http://www.happyvalleyor.gov/parks)





## Astronomy II: Stars and Galaxies

All classes are held at Happy Valley Parks and Recreation Annex: 12915 SE King Rd.



### ASTRONOMY II: STARS AND GALAXIES

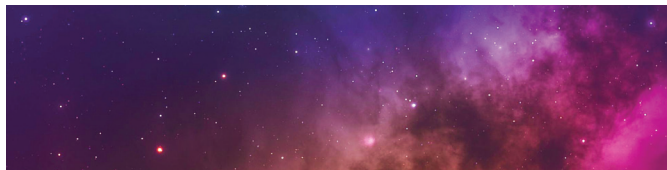
Feb. 5-Mar. 25, 7p.m.-8 p.m.

Monday • Ages 16+

**\$100**

Learn about astronomy and walk away with a greater awareness of the Earth and how it fits within the solar system and universe! This evening astronomy course is taught by Derek Sears, an

Emeritus professor and current Senior Research Scientist at NASA. This is an adult course intended for those with no previous knowledge within a friendly, informal atmosphere. The course will be taught within a lecture and conversational format along with opportunities for stargazing at the end of each class. This in-depth 8-week course will focus on the stars and galaxies. \*Scholarships available through the Happy Valley Parks Foundation: [www.hvprf.org](http://www.hvprf.org)



## Health and Wellness



### First Aid/CPR/AED Training

Classes held at Happy Valley City Hall.



### FIRST AID/CPR/AED TRAINING

Jan. 19, 9 a.m.-2:30 p.m.

Friday • Ages 15+

**Resident \$70 / Non-Resident \$105**

Our in-person CPR/First Aid Training course combines lectures with hands-on skills sessions. Students will learn how to recognize and care for a variety of first aid emergencies and how to respond to breathing and cardiac emergencies. \*Scholarships

available through the Happy Valley Parks Foundation: [www.hvprf.org](http://www.hvprf.org)



### Babysitter Training

Classes held at Happy Valley City Hall.



### BABYSITTER TRAINING

Feb. 2, 9 a.m.-4 p.m.

Friday • Ages 10 - 16

**Resident \$50 / Non-Resident \$75**

Our in-person babysitter classes give you access to the latest information on childcare, offer tips, and can answer all your questions so that you're ready to start your own babysitting business. With lectures and class activities, these courses are engaging,

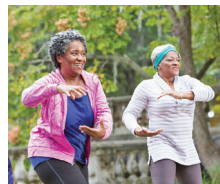
informative and fun. Topics covered include: Basic Care for Infants and Children, Basic First Aid, Child Behavior, Age-Appropriate Activities, Emergency Protocols, Professionalism, Leadership, and Growing Your Business. \*Scholarships available through the Happy Valley Parks Foundation: [www.hvprf.org](http://www.hvprf.org)



### Providence Basecamp Prevention + Wellness

Classes held virtually

Affiliated with Providence Heart Institute, Providence's Basecamp Prevention + Wellness programs offer free movement and education classes so that everyone can live their best, healthiest lives. Take the next step and register for FREE today!



### TAI CHI: MOVING FOR BETTER BALANCE (BEGINNERS)

Tuesday/Thursdays, 8:30 a.m.-9:30 a.m.

**FREE**

This introductory class welcomes those wishing to learn the initial forms of the Tai Chi practice with a desire to gain confidence, stability, strength, and mobility in a fun and supportive environment. [www.welcometobasecamp.org/taichibeginners](http://www.welcometobasecamp.org/taichibeginners)



### TAI CHI: MOVING FOR BETTER BALANCE (ADVANCED)

Tuesday/Thursdays, 9:30 a.m.-10:30 a.m.

**FREE**

Participants will build upon their knowledge from our Tai Chi Beginners class and continue to gain confidence, stability, strength, and mobility in a fun and supportive environment. [www.welcometobasecamp.org/taichi](http://www.welcometobasecamp.org/taichi)

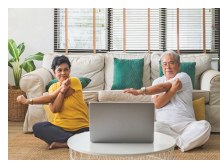


### CHAIR YOGA

Tuesdays/Thursdays 9:30 a.m.-10:30 a.m.

**FREE**

A wonderful chair-based yoga practice for those who prefer to stretch and move their bodies while staying off the floor. Classes combine gentle movement and intentional breath in both seated and standing poses. [www.welcometobasecamp.org/chairyoga](http://www.welcometobasecamp.org/chairyoga)



### GENTLE YOGA

Mondays/Wednesdays/Fridays, 9 a.m.-10 a.m.

**FREE**

The practice of gentle yoga combines mindful movement and breath with standing, seated, and restful floor-based practices to nourish the body, mind, and heart. [www.welcometobasecamp.org/gentleyogaonline](http://www.welcometobasecamp.org/gentleyogaonline)



## Art Classes



### Crochet with Passion Classes

All classes are held at the HV Annex located at 12915 SE King Rd.

Crochet with Passion classes teach patience and promote positive self-talk through the challenges and mistakes encountered during the crochet learning process. Register online at: All supplies are provided. [www.happyvalleyor.gov/parks](http://www.happyvalleyor.gov/parks)

#### BEGINNING CROCHET I

Mondays: Dec. 11, Jan. 8, Feb. 5

5 p.m.-6 p.m. • Ages 12+

**\$45 / class**

This is an introductory class designed to teach individuals the fundamental skills and techniques required to start crocheting. This class is perfect for those who are new to the craft and want to learn the basics of crocheting.



#### BEGINNING CROCHET II

Thursdays: Dec. 14, Jan. 11, Feb. 8 • 5 p.m.-6 p.m. • Ages 12+

**\$45 / class**

This is a follow-up class that builds upon the foundational skills taught in Beginning Crochet I. This class is designed for individuals who have already completed a basic crochet course or have a basic understanding of crochet fundamentals.

#### INTERMEDIATE CROCHET I

Mondays: Dec. 18, Jan. 22, Feb. 9 • 5 p.m.-6 p.m. • Ages 12+

**\$45 / class**

This is designed for individuals who have already mastered the basics of crochet and are ready to explore more advanced techniques and projects. This class typically builds on the foundational skills learned in Beginning Crochet I & II and delves into more intricate patterns and stitches.

#### INTERMEDIATE CROCHET II

Thursdays: Dec. 21, Jan. 25, Feb. 22 • 5 p.m.-6 p.m. • Ages 12+

**\$45 / class**

This is a continuation of crochet instruction designed for individuals who have completed Intermediate Crochet I or have a solid foundation in intermediate-level crochet techniques. In this class, participants will build upon their existing skills and explore more advanced crochet patterns, stitches, and projects.





**Venvino Art Studios – In-Studio Classes**  
Location: Venvino Art Studios - 13329 SE Misty Drive.



### WEEKLY ART ENRICHMENT PROGRAM

Dec. 2 – Dec. 23, 9 a.m.-11a.m.  
Saturday • Ages 4-8

**\$30/ 2-hour session**

Kids can drop in at the studio for some fun structured crafts and art play!



### CREATE AND LEARN SERIES – MASON JAR GIFTING

Dec. 1, 6 p.m.-8 p.m.

Friday • Ages 16+

**\$25/ 2-hour session**

Our talented studio artist will guide you step-by-step through your project with easy-to-understand instructions. Price includes all supplies to create one hot cocoa mason jar gift and an idea page to inspire additional gifting.



### CREATE AND LEARN SERIES – ACRYLIC PAINTING HOW TO PAINT TREES

Jan. 5, 6 p.m.-7:30 p.m.

Friday • Ages 16+

**\$25/ 1.5-hour session**

Learn how to paint snowy trees with guided instruction that focuses on the basics of using acrylic paints, brushes, and techniques as you create a beautiful winter scene. Each registration includes a 1.5-hour lesson and an 8" x 10" canvas panel.



### CREATE AND LEARN SERIES – ACRYLIC PAINTING HOW TO PAINT BIRDS

Feb. 2, 6 p.m.-7:30 p.m.

Friday • Ages 16+

**\$25/ 1.5-hour session**

Learn how to paint birds with guided instruction. You'll learn the basics of using acrylic paints, brushes, and techniques as you create beautiful birds in a tree. Each registration includes a 1.5-hour lesson and an 8" x 10" canvas panel.



## Sports



### Youth Open Gym Basketball Nights

Location: Scouters Mountain Elementary School –  
10811 SE 172nd Ave.



Dec. 5 & Dec. 12, 6:30 p.m.-8 p.m.  
Tuesday • Ages 10-17

**FREE**

Open gym is an opportunity for youth to practice their basketball skills, shoot hoops with their friends and stay active! Bring your own basketball and water bottle. Open to youth ages, 10-17yrs, available on a first-come, first-served basis. A liability waiver must be completed for each participant. To provide a safe environment, there will be a maximum of 30 participants in the

gym at a time. Open gym is welcome to all Happy Valley residents. No organized groups allowed during open gym night.



### Skyhawks Sports Camps

See registration pages for camp locations.



### BASKETBALL CAMP

Dec. 5 & Dec. 12, 6:30 p.m.-8 p.m.  
Ages 6-12

**\$179 - 9 a.m.-noon \$279 - 9 a.m.-3 p.m.**

This fun, skill-intensive program is designed for beginning to intermediate players. Participants will learn the fundamentals of passing, shooting, ball handling, rebounding, and defense through skill-based instruction and small-sided scrimmages.



### Jordan Kent Winter Basketball Clinic

Location: Dalzell Community Gym -  
17951 SE Hemrich Rd, Damascus, OR 97089



### JORDAN KENT BASKETBALL CLINIC

Dec. 18, 9 a.m.-1 p.m.

Monday: Dec. 18, 9 a.m.-1 p.m.

**\$39.95**

One-day clinic offering beginning to intermediate fundamental sports training where your camper will participate in skill training, agility training, games, and nutrition education, all while basking in our exciting and engaging camp atmosphere! Each

clinic includes a t-shirt or drawstring bag.



### Soccer Shots Clinics

See registration pages for program locations.



### SOCCER-MINI

Jan. 6 -Feb. 24, 4:40 p.m.-5:10 p.m.

Saturday • Ages 2-3

**\$159**

Soccer Shots Mini is a high-energy program introducing children to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs

and positive reinforcement, children will begin to experience the joy of playing soccer and being active.

### SOCCER-CLASSIC

Jan. 6 -Feb. 24, 3:50 p.m.-4:25 p.m., ages 3-4

Jan. 6 -Feb. 24, 3:00 p.m.-3:35 p.m., ages 4-5

Saturday

**\$167**

Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing, and shooting. We also highlight positive character traits each session such as respect, teamwork, and appreciation.



### SOCCER-PREMIER

Jan. 6 -Feb. 24, 2:00 p.m.-2:45 p.m.

Saturday • Ages 5-7

**\$167**

Soccer Shots Premier focuses on individual skill, fitness, and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Children will

also be introduced to competition in a developmentally appropriate manner.



### Kidokinetics Camps

See registration pages for camp locations.

### 3-DAY WINTER BREAK CAMP

Monday – Wednesday: Dec. 18 -Dec. 20

4yrs – 1 p.m.-1:45 p.m.

3yrs – 2 p.m.-2:45 p.m.

2yrs – 3 p.m.-3:45 p.m.

**\$69**

This camp is a fun introduction to sports that gets little ones moving and builds confidence. Activities include a warm-up, an introduction to a new sport or activity, free play, cool down, and an age-appropriate anatomy and physiology lesson. \*Camp will be held outdoors at Pleasant Valley Village Park in the large, covered basketball court located at - 16710 SE Pleasant Valley Pkwy.



### MLK FUN DAY CAMP

Monday: Jan. 15

3-4yrs – 10:30 a.m.-12:30 p.m. • 5-6yrs – 1 p.m.-3 p.m.

**\$55**

A fun introduction to sports designed to help kids get moving and build confidence! Our camp features a warm-up, an introduction to several sports/activities, a cool-down, and an age-appropriate anatomy and physiology lesson. \*Camp will be held at Dalzell Community Gym - 17951 SE Hemrich Rd, Damascus, OR 97089

### PRESIDENT'S DAY CAMP

Monday: Feb. 19

3-4yrs – 10:30 a.m.-12:30 p.m. • 5-6yrs – 1 p.m.-3 p.m.

**\$55**

A fun introduction to sports designed to help kids get moving and build confidence! Our camp features a warm-up, an introduction to several sports/activities, a cool-down, and an age-appropriate anatomy and physiology lesson. \*Camp will be held at Dalzell Community Gym - 17951 SE Hemrich Rd, Damascus, OR 97089.



### RECS Pickleball

Location: RECS - 17015 SE 82nd Dr. Clackamas, OR 97015



### OPEN PLAY

Monday – Friday, 1 p.m.-3 p.m.

Ages 65+

**\$2**

Are you age 65+ and looking for others to play pickleball with? Join the fun at RECS as you learn the game, perfect your skills, and meet other residents interested in this popular sport.



# Exploring New Horizons: Exciting Partnership with the Y Unveils Opportunities for Learning and Fun

*Happy Valley Parks and Recreation is thrilled to announce a new partnership that is bringing an array of high-quality programming to Happy Valley residents. The YMCA, or the "Y", has joined forces with Parks and Recreation to offer some truly exciting opportunities for our community.*

## STEM-Powered After-School Enrichment Programs

In the Fall, the Y introduced two after-school enrichment programs rooted in the exciting world of STEM. These programs aim to spark curiosity, encourage critical thinking, and inspire a love for learning. Classes not only engage children's interests but foster a deeper understanding of concepts through relatable situations and hands-on experiments. After all, the Y firmly believes that learning should be as fun as it is educational, and these programs reflect that philosophy.

## Winter Break Camp – Y Chef Around the World

In addition to the after-school enrichment classes, the Y is excited to offer a fantastic Winter Break Camp later this month that not only gives kids something to do during their extended down time, but also encourages them to explore their culinary talents. Learning the fundamentals of cooking, nutrition, and meal planning are essential life skills and this introductory event is perfect for kids as they learn their way around a kitchen. To complement instruction, participants will delve into the heritage and traditions of a different country every day as they partake in crafts and other fun activities designed to keep kids entertained.



## A Proven Leader in Enrichment Programs

The Y, with a rich history dating back to 1844, has been a steadfast global community organization, dedicated to promoting youth development, healthy living, and social responsibility for generations.



It is also nationally recognized as a leader in providing top-notch enrichment programs for youth. With an extensive history of helping children learn, grow, and thrive, you can trust that your child is in capable hands. The Y's track record of success and positive impact on youth is a testament to its commitment to fostering personal development and community involvement.

"The YMCA is thrilled to be back in East County, offering programs to the community," says Kelly Ace, Executive Director of YMCA Columbia-Willamette. "We couldn't be more thrilled with how warmly Happy Valley has embraced us. We are confident that with such a supportive community behind us, we will be able to seize all the exciting opportunities that come next."

A partnership between Parks and Recreation and the Y benefits city residents by providing a wider range of high-quality recreational and educational programs, allowing families to access a diverse array of opportunities for personal growth and enjoyment. This collaboration not only promotes a healthier and more active lifestyle but also strengthens community bonds by fostering shared experiences and events. Moreover, it maximizes resource utilization and ensures efficient delivery of services, making the most of available facilities here in the City and staff expertise.

The Parks and Recreation team is so excited to extend this legacy to the Happy Valley community. Together, Happy Valley Parks and Recreation and the Y are combining their expertise and passion to bring you and your families enriching experiences that will last a lifetime. Get ready for a journey of exploration, growth, and fun as we continue to work together for years to come.





# Teaching Life Skills Through Sports with Skyhawks Sports Academy

*What started as a regional soccer program is now a thriving multi-sport curriculum that ensures every child can experience the joy and benefits of athletics. Between classes, camps, clinics, and leagues, kids have access to skills-focused training in not only soccer, but basketball, flag football, volleyball, and baseball. Instruction helps kids learn sports fundamentals and strategy, but more importantly, provides them exposure to the importance of sportsmanship, teamwork, and winning and losing with grace. Ultimately, Skyhawks programs aim to encourage personal development and support young athletes as they are challenged to grow and learn.*

Mike Alarcon has been the proud franchise owner of Skyhawks Sports Academy in Oregon since 2019, where he combines his passion for youth development and sports. Born and raised in Klamath Falls, Mike is an Oregon State University alumnus with a bachelor's degree in business. He currently resides in Tigard with his wife Kristin and their beloved cat, Moon. With strong ties to Happy Valley—where much of his extended family lives and his wife Kristin grew up—Mike considers the community an extension of his home. Soccer runs through his veins, whether he's coaching the next generation of athletes or cheering for his favorite teams, the Portland Timbers and Manchester City, the sport is a constant source of inspiration and excitement for him.

Josh Kaiel, who is also a proud franchise owner of Skyhawks Oregon, is no stranger to the area. He grew up in Portland and played all the sports, though soccer was his main passion. He even went on to play at Gonzaga University, where his college coaches, who started Skyhawks Sports Academy recruited him to play soccer and coach kids camps as a college student where he traveled all throughout the northwest. He discovered a love for coaching and teaching, and ultimately taught in elementary education for 14 years. He also coached soccer locally before extending his talents as a trainer in Washington, and Idaho.



Josh Kaiel

A youth-centric organization, Skyhawks emphasizes the importance of community in helping shape young athletes to be the best they can be. Strength, accuracy, balance, and coordination are all concepts regularly practiced as part of its sports programming, but Skyhawks believes it is also important to instill an understanding of respect, responsibility, and leadership. These tenants help augment lessons

the next generation needs to be successful whether that's on or off the court and field.

Participants of Skyhawks programs and their families have consistently said they highly recommend signing up for a class or camp. Parents have noted that their child learned a lot and that the coaches were kind and patient. Josh knows how important it is for programs to feel organized and meaningful and is proud that Skyhawks offers families and kids an opportunity to really get a feel for whichever sport they have chosen to explore. In doing so, Skyhawks ultimately aims to encourage kids to be people of integrity and positivity.

When it comes to Happy Valley Parks and Recreation, Skyhawks is also one of the original businesses the team joined forces with. Camps and classes focusing on a variety of sports have been a staple offering throughout the year, with opportunities for kids ages four years old all the way to middle school. The Skyhawks SoccerTots program even gives toddlers as young as two an introduction to the field.

As a Happy Valley Parks and Recreation partner, local businesses have a unique opportunity to showcase their work with the support and encouragement of the City. Recognizing that small businesses are the backbone of the local economy, Parks and Rec staff are excited to find ways to bring the talents of our community members to the forefront and help connect residents to what they do. This kind of partnership not only gives businesses a chance to shine, but it gives access to quality recreational experiences that residents and visitors to the City might not know about. By partnering with entities like Skyhawks, Happy Valley Parks and Recreation can easily support local programming, all while encouraging more choices for the community.



## What will your kids try next?

A list of upcoming camps and classes can be found in this insert and online at [www.happyvalleyor.gov/parks](http://www.happyvalleyor.gov/parks).



## Want to partner with Parks & Recreation?

Interested in teaching a class for Happy Valley Parks and Recreation? Contact our Parks and Recreation Supervisor, Stephani Hern at [stephanih@happyvalleyor.gov](mailto:stephanih@happyvalleyor.gov) today!

We're proud to partner with local businesses and organizations to bolster programming and offer a variety of classes, camps, and activities. Our collaborative efforts help keep your costs down and give you access to some of the best instructors and active programming around.





# Embrace the colder weather: Get out and play



Ashley Meadows



Pleasant Valley Villages



Southern Lites



Exercise Station

Exciting news for our community! The City of Happy Valley is thrilled to announce the completion of brand-new playground installations at Ashley Meadows and Southern Lites Parks. The fresh equipment, coupled with all-weather rubber surfacing, is now ready for your enjoyment. These inclusive playgrounds have been designed to cater to individuals of all abilities, emphasizing accessibility and providing endless fun for residents and families. Funding for these enhancements was provided by tax dollars generated by the Happy Valley Parks Levy. So, despite the chillier weather settling in, there's no reason to stay cooped up indoors. Head over to Ashley Meadows and Southern Lites Parks with your family and friends and experience the joy of play and recreation.

For more opportunities to get active and enjoy the great outdoors, don't forget to explore Pleasant Valley Villages Park. While some final landscaping

touches are still underway, the Parks and Recreation team is excited to bring you a host of recreational programming soon at this site, making it an even more dynamic community space.

And for those fitness enthusiasts seeking an opportunity to practice body weight training and stay in shape, be sure to visit the exercise stations at Happy Valley Park. These new facilities provide the perfect setting to work up a sweat and keep your health and wellness a top priority.

Happy Valley is committed to promoting an active lifestyle, so make the most of these fantastic resources and keep those winter blues at bay!

*Your tax dollars at work!*



**CITY OF HAPPY VALLEY  
PARKS & RECREATION**

## Sports field replacement update at Happy Valley Park

*The Happy Valley Park sports field replacement project continues to progress. At present, the fields have been hydroseeded and the grass is thriving, and crews are diligently working on finishing the irrigation system. Residents may have spotted the recently installed tanks near the Public Works building; these large vessels are a crucial addition, as they will serve as a water reserve for the new fields, capable of producing an impressive 120 gallons per minute during waterings.*



This critical funding not only helps maintain our beloved recreational amenities but allows for their long-term accessibility by residents and visitors alike.

The fields will gradually open for light recreational use this summer as the grass continues to take hold, however there will be no leagues or competitive play permitted on the field until at least next fall.

For more information, including who to contact should questions or concerns arise, please visit our dedicated project webpage at [www.happyvalleyor.gov/field-replacements](http://www.happyvalleyor.gov/field-replacements). The City will provide updates on that page should anything change regarding scheduling.

Parks improvement projects, such as this one, are fully funded by the Happy Valley Parks Levy, which is voted on by residents every five years.

**This improvement project serves to replace the current fields with new grass and amenities that include:**

- Updates to irrigation and drainage lines
- Fencing and sign modifications
- Infield upgrades to baseball field
- Newly leveled soccer fields and grass

*Your tax dollars at work!*



**CITY OF HAPPY VALLEY  
PARKS & RECREATION**

**SCHOLARSHIP**



The Happy Valley Parks and Recreation Foundation works collaboratively with the City's Parks and Recreation Department to help bolster park amenities and vital programming. Check out [hvprf.org](http://hvprf.org) for more information and scholarship opportunities.