## Happy Valley NEWS

March 2024

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## RED BARN



### North Clackamas FFA hosts 6th annual Red Barn Baby Day

By EMMA DAVIS

Pamplin Media Group

f you consider yourself a fan of baby animals, you may have heard about Red Barn Baby Day, a public event hosted by the North Clackamas FFA and its students. The event was held on Monday, Feb. 19, at the Land Lab in Milwaukie. Students from Clackamas, Nelson, Rex Putnam and Milwaukie high schools, all part of the North Clackamas FFA chapter, come together through Sabin Schellenberg to plan, organize and execute the day's event.

Planning for Red Barn Baby Day starts in the fall, at the beginning of the school year. When it comes to the time for the event, the students get to see the outcome of all their hard work that successfully unites people of all ages, from young children to elderly people.

"We developed our Red Barn Baby Day and

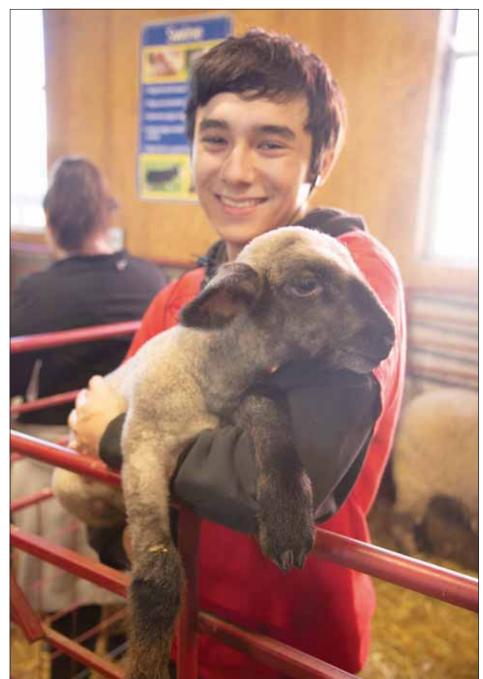
A trio of piglets takes a nap after socializing with attendees.

wanted to have an experience for people in the community to bring their children, their parents and their grandparents, to just experience a little bit of the farm," said Sabin Schellenberg teacher Kathy Mayfield. "And for our students, give them an opportunity to maybe help educate people."

Across the country, FFA chapters including the North Clackamas chapter observe FFA Week to celebrate what the program does, what it stands for and to bring the community awareness to the organization.

Red Barn Baby Day is a completely student-led and planned event where FFA members from the four high schools have an opportunity to showcase all the leadership skills they have gained. "FFA in general has been really fun for me and I've had so many, fun memories with my friends and the people

See BARN / A2



PMG PHOTOS: EMMA DAVIS



One-day-old quail chicks in incubation were on display.



One of the many lambs featured at the Red Barn Baby Day.

## **More Friends of Trees projects** coming soon to Happy Valley

City of Happy Valley

In April, Friends of Trees will be coordinating two mulching projects in the Happy Valley area to encourage restoration of natural areas and habitats, and improve watershed health. These projects will help ensure the highest level of plant survival through the Pacific Northwest dry summer months ahead. Volunteers of all ages and experience levels are welcome at these community events. The main requirements are to simply dress for the weather, wear sturdy, closed-toe shoes, and be prepared to have fun!

Registering for projects is



Volunteers at a Happy Valley Friends of Trees event in February helped plant a variety of native plants.

highly recommended as this gloves and tools to be used helps ensure there are enough supplies. The team at Friends of Trees will bring any necessary

during the events. Projects are perfect for

See TREES / A2

## Sandy Area Metro line expands

## its route

Sandy Area Metro line extends into Happy Valley, other surrounding areas

By EMMA DAVIS Pamplin Media Group

As of Jan. 12, the Sandy Area Metro route has expanded its services, bringing a range of benefits to the county, as well as the cities of

Happy Valley and Sandy. The expansion couldn't have come at a better time, offering additional stops and services that make commuting to work or accessing medical facilities easier than ever before. With improved accessibility and convenience, the expansion helps



Be on the lookout for this bright blue bus when wanting to take SAM's new

enhance the lives of Clackamas County residents by providing important and necessary connections to employment opportunities and essential health care services, making it easier for residents and non-residents to get from one place to

Sandy Area Metro is a public transit system operated by the city of Sandy, created in 2000 after the city removed it from

service by TriMet. Recently, the transit system, otherwise known as SAM, expanded its route from just the Sandy and Gresham areas to surrounding cities, including Happy Valley, Boring and Damascus.

"We had people reach out to us in Boring and some of these other places for transit options and that's kind of how this new route came about," said Andi

See METRO / A2

Pamplin Media Group

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#### Barn

#### From Page A1

in the chapter-and a lot of different learning and leadership opportunities, too," said Clackamas High School senior Noah Reyes.

This event also emphasizes the love FFA students have for the organization and why they do what they do. "It's bringing me a lot of happiness and I've gotten to do things that I've never been able to do before," said Becca Hunker, a junior at Clackamas High School. "I would have never thought to show animals until I joined this program and it's my favorite thing now."

Red Barn Baby Day, hosted by the North Clackamas FFA, was an enjoyable showcase of baby animals, community spirit and student leadership. Under the guidance of Sabin Schellenberg instructors Mayfield and Casev Lunceford, as well as after-school supervisor Cindy Ettestad, the students poured their hearts into creating an experience that resonated with people of all ages.

From its initial beginning in 2018 to today, Red Barn Baby Day has epitomized the essence of FFA values and principles. As part of FFA Week celebrations nationwide, this event highlighted the importance of agricultural education and community engagement. For the students involved, it was more than just a day of fun — it was an opportunity to showcase their leadership skills, create lasting memories and share their passion for FFA with the

wider community. For the many students in NCFFA, the experience in the chapter has not only brought them joy and fulfillment but also opened doors to new experiences and opportunities they never thought possible. Through events like Red Barn Baby Day, the North Clackamas FFA continues to inspire and empower the next generation of leaders in agriculture and beyond.



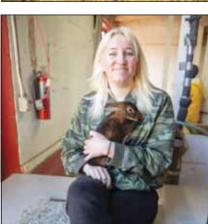
PHOTOS BY; EMMA DAVIS



A baby lamb snuggles next to its mom.



A young attendee pets to a baby calf at the event.



Milwaukie High School junior Anza Schmidt holds Hop the rabbit for people

#### Metro

#### ■ From Page A1

Howell, Transit Director for the City of Sandy.

The recent expansion of the route brings a multitude of accessibility improvements, catering to the diverse needs of Clackamas County residents. Starting from Sandy, the route allows passengers to ride conveniently within the town, mirroring the functionality of the Gresham route. By veering off the highway onto Orient Drive, the route now serves previously underserved communities, addressing the transportation challenges faced by residents commuting to work or accessing essential services.

The route goes through Boring, stops in front of local businesses and continues through Damascus along Highway 212 and onto 172nd Avenue. It makes stops in front of Safeway in Damascus and AG Food Specialties, further enhancing access to essential groceries and services for residents in these areas.

Additionally, expansion

ensures seamless connectivity to Sunnyside by following the established TriMet route. where riders can then transfer over to the TriMet line for their next destination if needed. This integration with existing transit corridors not only enhances regional connectivity but also streamlines travel for passengers navigating between different parts of Clackamas County, including easier access to Clackamas Town Center and medical facilities.

The route also accommodates those with disabilities.

With this new expansion comes many community benefits, with residents and the local economies. "The purpose of the route is to give residents more options as far as employment, recreation, and medical access," Howell said "Our mission is to provide a safe and efficient alternate method of transportation to our residents.'

By extending its reach beyond established boundaries, it also benefits areas not covered by the TriMet district, providing vital transit options for residents and businesses alike.

"Anybody that might live out

further to the east can use that transit to go to locations that were previously not served by transit of any kind," Michael Walter of the city of Happy Valley said. "There was no public transit, and so it really kind of fills a need unaddressed by TriMet. SAM is providing these routes as far East talking about, so they're giving the services to people in those areas who don't have the ability to travel outside of those limits."

Ultimately, the new expansion provides many benefits to the county, but most importantly its residents by bridging the gap between all of the cities (in rural and urban areas) within. "We are trying to meet the needs of people," Howell said. "I think that it's a good thing for people to know about, especially those in rural areas, and for them to know this is a resource for them to use to get to where they need to."

For more information on the new expansion, its route and how to utilize it, go to ci.sandv.or.us/transit/page/ routes-and-services.

The Sandy Area Metro dispatch number is 503-668-3466.

### **Trees**

#### ■ From Page A1

individuals or groups. If you've been looking for a way to give back or get involved in a worthwhile cause, assisting with a Friends of Trees project might be a great option. Volunteers under 18 years of age are welcome, too! The organization does require a youth waiver to be filled out and any youth under 15 years of age will need to be accompanied by an adult.

Again, there will be no tree-plantings at these upcoming events. Activities for this project are considered more physically demanding and would be great for folks looking for a workout!

Getting involved in an upcoming Friends of Trees project is simple. To RSVP for any of the dates scheduled in Happy Valley, you can register online by checking out the events calendar



Looking for a fun volunteer project that directly supports our environment? Consider signing up for a Friends of Trees event.

through www.friendsoftrees. would like more details, Email attend and fill in your information. That's it!

If you have any questions or might have as well.

org/event-calendar. Click on volunteer@friendsoftrees.org or the project you would like to call 503-595-0213. The team at Friends of Trees can assist with any special accommodations you

#### **Happy Valley Friends of Trees Projects**

#### **Windswept Waters Stewardship**

When: Saturday, Apr. 13, 8:45 a.m.-noon Where: SE Quartz Ln. & SE Windswept Waters Dr.

#### **Special Earth Week Event!**

#### **Village Green Park Stewardship**

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## ON PATROL:

## Keeping Happy Valley safe and sound

Through partnership with the Clackamas County Sheriff's Office, Happy Valley residents benefit from round-theclock patrols

City of Happy Valley

The patrol deputies of the **Happy Valley Police Department** serve as frontline defenders, ensuring the safety and security of residents, businesses, and visitors alike. Their role encompasses a variety of tasks aimed at deterring crime, enforcing laws, and fostering positive community relationships. Their consistent presence serves as a powerful deterrent and helps demonstrate to anyone who visits that the community takes pride in the safety and well-being of the city. Through a dedicated partnership with the Clackamas County Sheriff's Office, residents of Happy Valley benefit from round-the-clock police patrols, ensuring a steady and robust presence every day of the year. These services are funded entirely by a special Public Safety Levy which is voted on by

residents every five years. Needless to say, police patrols play a crucial role in ensuring the everyday safety of the city. Deputy Sheriff Daniel Moyer, a seasoned law enforcement veteran, utilizes a strategic approach to his daily work. He prioritizes areas commonly targeted by criminals to deter potential crimes and safeguard residents. "When patrolling city parks, for example, we're vigilant for signs of criminal activity, especially vehicle break-ins, and we take the initiative to confront concerns right away," he says. "Even as we patrol neighborhoods or commercial areas," he adds, "we're proactively taking note of anything that could impact resident safety." Deputy Sheriff Moyer says he typically responds to calls related to property thefts, trespassing, domestic disturbances, and mental health crises, and because there is such strong communication with other patrol deputies through frequent briefings, he's often able to provide



COURTESY PHOTOS: HAPPY VALLEY POLICE DEPARTMENT

**Deputy David McCarthy** 

"Our presence not only deters crime, but I believe it also instills a sense of confidence and unity within the community,"

- Deputy David McCarthy, HVPD

quick follow up to concerns without skipping a beat.

Deputy David McCarthy, drawing from his extensive experience in law enforcement, provides further insights into patrol duties. "Our patrols also include efforts to keep criminal activity from entering the city in the first place." He emphasizes the importance of understanding Happy Valley's geographic layout and knowing its access points and potential hot spots for mischief. This proactive approach includes keeping a close watch on construction sites to deter criminals from targeting the area and even monitoring the county line to prevent issues in neighboring areas from spilling over into Happy Valley. "Patrolling is crucial," he says, "and it requires familiarity to recognize normal activity and identify any suspicious behavior." Deputy McCarthy says this familiarity not only aids in his ability to apprehend criminals, but also allows for coordinated responses with other deputies, which further ensures the ongoing safety and security of Happy Valley

Of course, patrols aren't solely

about visiting locations and assessing for potential harm. They are also about forging bonds with the community, actively listening to concerns, and building trust. Deputy Sheriff Moyer emphasizes the importance of community engagement in fostering a secure environment. "Engaging with the community is paramount to building trust and getting the most helpful information we can. It enables residents to report crimes and concerns, and gives us a chance to address them

Deputy McCarthy echoes this sentiment, stating, "Without robust communication and trust from our community, our efforts would be in vain. Dialogue with community members allows us to identify emerging trends, prioritize concerns, and tailor our patrols to address specific needs." The partnership with Clackamas County Sheriff's Office very much ensures that Happy Valley benefits from dedicated deputies who possess detailed knowledge of the city, enabling them to provide tailored and effective law enforcement services that prioritize the safety of residents.



**Deputy Sheriff Daniel Moyer** 

In addition to proactive policing, Deputies Mover and McCarthy make community from potential threats an effort to collaborate with local businesses and schools to enhance overall safety in Happy Valley. in Happy Valley helps keep communication lines open between law enforcement and community partners, and generally allows for more consistent information sharing.

The work of patrol deputies is ultimately important for keeping Happy Valley safe and connected. "Our presence not only deters crime, but I believe it also instills a sense of confidence and unity within the community," Deputy McCarthy, HVPD. Through proactive policing, vigilance, and unwavering dedication, patrol deputies like Daniel Moyer Sheriff's Office.

and David McCarthy safeguard the all while nurturing that small-town atmosphere that makes Happy Valley so unique. Together, they embody Having dedicated patrol deputies the spirit of service and protection, ensuring that Happy Valley remains a secure and thriving place for all who

> For additional insight and information about police services and the Public Safety Levy in Happy Valley, residents are encouraged to visit www.happyvalleyor.gov/police. This online resource offers a deeper understanding of the Happy Valley Police Department's commitment to community safety and the additional services included as part of our partnership with the Clackamas County

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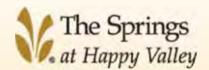
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#### **HAPPY VALLEY CITY COUNCIL**

Council Meetings are held 1st and 3rd Tuesdays of the month at 7 p.m. at City Hall 16000 SE Misty Drive Happy Valley, OR 97086 (503) 783-3800 www.happyvalleyor.gov

COUNCIL CORNER

## Partnering with the leaders of tomorrow

City of Happy Valley

The City Council and the Happy Valley Youth Council are joining forces in a collaborative effort to address the impact of flavored tobacco products being targeted to youth.

At the Feb. 6 City Council meeting, we formally added our support to a resolution created by the Youth Council to encourage the State Legislature to restrict the sale of flavored tobacco. This partnership underscores the dedication of both councils to safeguard the well-being of Happy Valley's younger population and stems from the Youth Council's impassioned drive to raise awareness about the dangers of drug and alcohol use. This effort also joins similar actions taken by numerous neighboring cities.

Happy Valley's Youth Council has consistently demonstrated a commitment to advocating for the health and safety of community youth. Recognizing the issue of flavored tobacco marketing targeting the youth demographic, the Youth Council has taken the initiative to shed light on the associated health efforts and impact.



City Council posed for a photo with members of the Youth Council at the Feb. 6 general meeting where they supported a resolution encouraging the State Legislature to restrict the sale of flavored tobacco. Also pictured: Jamie Zentner (third from left) and Marc Czornij (second from right) from Clackamas County Health and Jamie Dunphy (far right) from the American Cancer Society.

risks and work towards keeping these products out of the hands of impressionable teenagers.

The collaboration between the City Council and the Youth Council is a testament to the City's commitment to bring the youth voice to the forefront. By joining forces, we hope to amplify the Youth Council's

behind this joint effort is the Youth Council's recognition of the link between substance abuse and mental health challenges faced by their peers. By addressing the root causes of these issues and fostering an environment that promotes healthy coping mechanisms, they are striving dangers of flavored tobacco but efforts on Page 6 of this issue.

One of the driving forces to create a more resilient youth also fostering an environment population.

We believe our collaboration with the Youth Council is a proactive step towards building a community that prioritizes the health and well-being of our City's youth. By working together, we are not only raising awareness about the

where Happy Valley's young leaders actively contribute to the development of policies that protect the health of future generations.

We look forward to seeing the Youth Council continue in their advocacy and encourage you to read more about their

## Community Center update, conversations continue

City of Happy Valley

A survey conducted by DHM Research last fall revealed that residents are very eager to build a community center and are interested in seeing construction begin sooner than later.

As you may recall, last year, the City purchased 40 acres east of 172nd Avenue to provide the site for this future construction. In late January, the Community Center Steering Committee met to discuss the survey findings and gain an overview of the work the City has completed so far to help bring the project to fruition.

The next steps include working community-center.

with utility providers to extend infrastructure services (roads, water, sewer, electricity, etc.) to the site, developing more detailed architectural and construction drawings, establishing a timeline for referring a bond measure to the voters of Happy Valley, and seeking potential community partners to assist with construction and/or operations of the center.

Stay tuned as we continue to move forward with bringing a community center to Happy Valley and provide updates on new developments. You can also learn more about this project and see the full survey results at happyvalleyor.gov/



Members of the Community **Center Steering** Committee met in January to review the City's recent work in helping bring a Community Center to fruition.

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### **MEET Coach** LIZBETH HALE

LizBETH is widely recognized leader in business coaching with Forward Coaching and the Principal broker of Tree City Real Estate. Known for her ability to implement winning strategies for her clients, she's a luxury home sales specialist who manages a team of seven real estate professionals. A former Mortgage broker and now a loan originator for Rocket Mortgage with 30 years of experience in real estate and financing, she has been featured on HGTV's "Good Buy, Bad Buy"

A marathon runner, public speaker and former television actress, Lizbeth is able to visualize complex concepts and bring them to life. She has developed countless innovative solutions for clients using her deep awareness of the psychology of marketing, leadership, sales and recruiting.

Her unparalleled work ethics, willingness to roll up her sleeves and dive into problems, and access to cutting-edge continuing education help her excel in client service and problem-solving.

LizBeth has an extensive background as a mortgage broker and real estate broker that has enabled her to objectively look at issues and formulate solutions that get her clients the best possible outcomes. Her real estate company is a minority-owned, woman-owned Company.

Lizbeth loves to teach children and taught Spanish at a School for two years and is now mentoring high school students to be the best they can be in their community. Lizbeth is involved in her community with the Rotary club of Clackamas as a past president and past president and founding member of the Happy Valley Business Alliance.

> 503-757-1869 Lizbeth@TreeCityHomes.com TreeCityRealEstate.com

MAYOR'S MESSAGE

## If I Were Mayor Contest

s Mayor of Happy Valley, I am committed to engaging with residents of all ages and listening to their ideas. Connecting with our youth is especially important, as their perspectives are often

MAYOR OF HAPPY



valuable to understanding and shaping our city's future. The "If I Were Mayor" contest, organized by the Oregon Mayors Association, is a wonderful

Tom Ellis opportunity for students to express their ideas for our city. This contest not only educates students about local government and the role of the mayor, but also encourages them to think

critically about issues affect-

ing our community such as

safety, the environment, and



PHOTO COURTESY OF WWW.HOLLANDSTUDIOS.COM In February, Mayor Ellis visited 4th and 5th graders at Happy Valley Elementary School to promote the "If I Were Mayor" contest. A community tradition, the contest encourages youth to think about what they would do if they were leaders. Pictured: Happy Valley Elementary's 5th grade students with Mayor

infrastructure.

I had the privilege of visiting several 4th and 5th grade classes at Happy Valley Elementary, Verne Duncan Elementary, and Scouters Mountain Elementary last month to introduce the contest and inspire student participation. It was truly

great to see the enthusiasm and passion displayed by our young residents as they shared their ideas for a better Happy Valley

I extend my gratitude to the principals and teachers for welcoming me into their schools and supporting this initiative. Together, we can



COURTESY OF CITY OF HAPPY VALLEY

Mayor Ellis also visited students at Verne Duncan Elementary School. Can you spot Mayor Ellis amid the 4th grade students?

#### **MORE INFORMATION**

The "If I Were Mayor" contest is open to City of Happy Valley students in grades 4 through 12 attending home, public, or private schools. The contest is divided into categories based on grade level and one winner from each age group in the Happy Valley contest will be awarded \$100 and recognized at an upcoming City Council Meeting. While this year's contest deadline has passed, we hope you will check out a future issue of HV News when we announce our City's winners.

empower our youth to become continue to encourage creactive participants in shaping the future of our city. Let's

ativity and civic engagement among our students.

#### **HAPPY VALLEY NEWS STAFF**



SWarneke@ happyvalleyor.gov



This publication is a partnership between **Pamplin Media Group and** the City of Happy Valley.



Publisher's Note: Have an idea for a story? We are always on the search for new people, places, and things to write about. If you have an idea for an uplifting story that would benefit the community, then we want to hear from you!

To submit your idea, please head to hvbn@pamplinmedia. com and include as many details as possible, so our publication team can review your proposal. Our best stories highlight the spirit and values of the Happy Valley community and showcase meaningful happenings in the lives of residents and local businesses. We invite you to include anecdotes in your story proposal that are funny, astonishing, heartwarming, and inspiring. If we think your story idea is a good fit, our community writer will get in contact with you to discuss the possibility of it being featured in an upcoming issue.



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**Creative Services:** Chris Fowler (Manager), Dwayne Stowell, Megan Smith

## Hot off the press! Check out the Happy Valley Magazine

#### Special publication includes directory

City of Happy Valley

Distributed to residents annually, the Happy Valley **Magazine and Business** Directory is a special publication made possible through a joint effort between the Happy Valley Business Alliance, City of Happy Valley, and Pamplin Media.

The magazine sheds light on local events, showcases a variety of feature stories, and includes a complete directory of local businesses.

Be sure to check out this year's publication and learn more about what makes Happy Valley the best place to live, work, and play.

We hope you enjoy this



complimentary resource and find it fun and informative.

View it online using the corresponding QR code. Additional copies of the magazine are available for pick up at City Hall.



**Learn about City** services, business happenings, and upcoming events in HV Magazine. COURTESY OF CITY OF



VICTORIA WRIGLESWORTH

REAL ESTATE TEAM

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14358 SE VILLAGE SLOPE CT	1450	3	2.5	PEN	2/8/2024	\$434,950	-
14906 SE PIONEER DR	1771	3	2	PEN	1/2/2024	\$575,000	-
14662 SE SIEBEN CREEK DR	2209	4	2.5	PEN	1/11/2024	\$624,950	-
14271 SE VILLAGE SLOPE CT	1261	2	1	SOLD	9/27/2023	\$415,00	\$415,000
14452 SE TERRITORY DR	1511	3	2	SOLD	11/24/2023	\$549,900	\$515,000

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#### City of Happy Valley

At the time of print, the following events were scheduled. Please check www.happyvalleyor.gov to confirm timing of events and instructions on how to participate virtually. You can also opt in to receive notifications about upcoming meetings by visiting www hv.city/notifications.

#### **March Community** Calendar

#### Mar. 10

■ Daylight Savings Time: Starts (Spring forward 1 hour!)

**■ Planning Commission** Meeting: City Hall, 6 p.m.

#### Mar. 19

**■** City Council Work Session: City Hall, 6 p.m.

**■ City Council Meeting:** City Hall, 7 p.m.

#### Mar. 20

■ International **Day of Happiness:** (Learn more on page 8)

**■** Design Review **Board Meeting:** City Hall, 6 p.m.

#### Mar. 25-29

■ Spring Break Activities: (Learn more on page 20)

#### *Mar.* 27

**■ HV Business Alliance Meeting:** 

#### City Hall, 7:30 a.m - 9 a.m.

**■ City Council Work Session:** City Hall, 6 p.m.



Scan QR code to sign up

## **Guardians of Tomorrow:** The 2024 Oregon Youth Summit brings collaboration, impact

Youth Councilors throughout the State convene for annual event

City of Happy Valley

Excitement was in the air on Friday, Feb. 2, as youth councilors from Happy Valley and Lake Oswego collaborated to present the 2024 Oregon Youth Summit. This innovative partnership signified a united commitment to nurturing the well-being and future of Oregon's youth leaders. By combining resources, expertise, and passion, the summit aimed to be an impactful and transformative experience, addressing the concerns and aspirations of the state's young leaders.

Over 90 youth gathered at Willamette University as the summit kicked off with a powerful keynote address by Oregon's Kid Governor, Zova Shah. She focused on the critical topic of youth mental wellness and helped set the tone for the event, inspiring attendees to engage in meaningful discussions and action.

A highlight of the summit was the Youth Panel Update, where one member from each youth council in attendance shared updates on current projects and initiatives they are working on. This interactive session allowed for the exchange of ideas, from NAMI, Clackamas County rized what their small groups



COURTESY PHOTOS: CITY OF HAPPY VALLEY Oregon's Kid Governor, Zoya Shah (front row, center), with summit

inspiring attendees to reflect and even think about how programs happening in other cities might be integrated into their own communities. Following this, the How Do You Do That session provided a unique opportunity for attendees to ask questions and gain insights from others on the youth panel.

Eight separate table topics awaited participants in the Youth Wellness Sessions. Substance Use, Houselessness, Depression / Anxiety, Racism, Advocacy, Parental / Academic Pressure, Therapy Awareness, and Media Consumption each received attention. During the exercise, youth council members broke up into smaller groups and brainstormed solutions to issues they see their gener-



Happy Valley Youth Councilor, Ariya, presented during the Youth Council

Health, NW Family Services, Metro, and American Cancer Society, participants explored challenges and devised creative solutions, fostering a collaborative approach to addressing crucial issues affecting the well-being of Oregon's youth.

As the summit concluded, ation facing. Guided by mentors selected members summa-



Happy Valley Youth Council gathered for a group photo during the event.

had learned during the Youth Wellness Sessions and reported their insights to the greater group. This aimed to highlight the collaborative efforts and innovative ideas generated throughout the event.

Ultimately, the 2024 Oregon Youth Summit offered a unique cils and advisors to actively community.

participate in discussions that directly impact the lives of young people in Oregon. It will continue to serve as a platform to share experiences, learn from peers, and advocate for positive change. Together, we can empower tomorrow's leaders and pave the way for opportunity for youth coun- a stronger and more resilient

## Highlighting our HEROES

City of Happy Valley

The City of Happy Valley would like to recognize our community's veterans and active military.

To do this, Happy Valley News aims to share the story of people in our community who have served or are currently serving in one of our country's armed forces each month.

Stories might focus on your military experience, com.

what you've learned from your travels, or anything interesting or inspiring.

The City is encouraging you to reach out to us directly if interested and we additionally welcome nominations from family and friends. Please contact the City's Communication and Public Relations Coordinator, Stephanie Warneke, at swarneke@happyvalleyor.gov or our Community Writer, Emma Davis at edavis@pamplinmedia.





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#### **CODE CORNER**

## Park it! Don't let a parking citation ruin your day

City of Happy Valley

Parking rules are necessary to properly manage and maximize the space available on our City streets. Safety is always the primary goal when it comes to having these rules and when adhered to, they contribute to things running smoothly around town and help promote the City's livability.

For example, when a vehicle parks in an area that is designated No Parking (i.e. in a crosswalk or facing the wrong way), it creates a hazard for other vehicles and pedestrians. The same goes for instances when a vehicle is parked for an extended period on public roads. That's why it is one of the responsibilities of Community Service Officers to ensure that drivers comply with local parking laws and ordinances. By keeping in accordance with City rules and working with residents,



Community Service Officers aim to help keep Happy Valley chugging along.

**THOMPSON** 

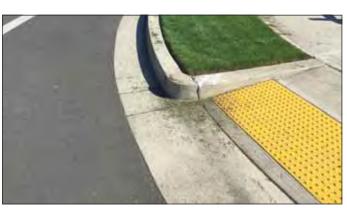
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Common reasons for a parking

- Parking on a sidewalk or
- in the right of way ■ Parking where NO
- PARKING signs are posted Parking next to a yellow
- or red curb
- Double parking

COAN

- Blocking driveways
- Blocking ADA ramps ■ Parking more than 12
- inches from the curb ■ Parking in the unlawful
- direction of traffic ■ Parking in the park after closing (as indicated on posted
- Parking over 72 hours on
- a residential street ■ Abandoned or unlicensed vehicles left for 48 hours on a
- residential street ■ Trailers parked on street
- that are not attached to a vehicle includes utility vehicles, campers, enclosed trailers, etc.
- Parking in disabled space without having or displaying a disabled parking permit
- Parking in a bike lane ■ Parking within 10 ft. from
- a fire hydrant ■ Parking within 12 ft. from
- a mailbox Community Service Officers will issue a citation if there has been a violation and when



COURTESY OF CITY OF HAPPY VALLEY ADA ramps, like the one seen here, are vital to providing persons with

disabilities easy access to street crossings. Bike lanes must also be free from parked vehicles. These are designated by a bicycle icon at their beginning and end but marked consistently by a bold white line.

deemed necessary, may arrange for a vehicle to be towed at the owner's expense. Citations vary in amount, depending on the infraction. Once a citation has been issued, the City's Municipal Court will be alerted and you may have to appear in front of the Judge.

As with any City ordinance, Community Service Officers strive to help residents and visitors comply with expectations. When appropriate, officers may provide education about a potential parking related concern before issuing a formal citation, but it is ultimately the

#### Read more about vehicle

**FOR MORE INFORMATION** 

parking and towing rules in Happy Valley by heading online. Simply use your smartphone to access this QR code.



responsibility of the vehicle's owner to follow the rules.

Want to learn more about parking enforcement in Happy Valley or let us know about an abandoned vehicle? Our team welcomes questions or concerns and is happy to help explain things in more detail. Simply give us a call at City Hall and ask to speak to a Community Service Officer by dialing 503-783-3800.

#### **CLACKAMAS FIRE**

## **Smoke alarms save lives**

What to know about smoke alarms

roperly installed and maintained smoke alarms play a vital role in reducing fire deaths and injuries. If there is a fire in your home, smoke spreads quickly and smoke alarms give you time to get out.

Here's what you need to know:

- A closed door may slow the spread of smoke, heat, and fire. Install smoke alarms in every bedroom and outside each separate sleeping area. Install smoke alarms on every level of the home.
- Smoke alarms should be interconnected. When one sounds, they all sound.
- When smoke alarms sound, get outside, and stay outside.
- Test smoke alarms once a month to ensure they are functioning properly. ■ Replace all smoke alarms in your

home every 10 years.



DREAMSTIME PHOTO



Make sure

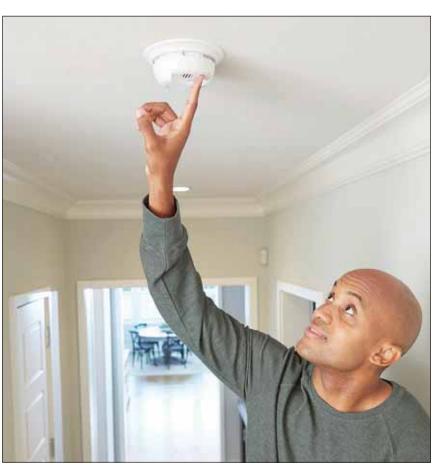
your smoke

functioning

CLACKAMAS FIRE DISTRICT #1

#### **TEST YOUR ALARMS TWICE A YEAR!**

A good habit is to test your smoke alarms each year when you adjust your clocks for daylight savings. This year, on Mar. 10, when you turn your clock forward, test your alarms.



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#### **RIBBON CUTTING**

## Welcome to the neighborhood

### New businesses celebrate in Happy Valley

City of Happy Valley

Did you know the Mayor, City Council, and members of the **Happy Valley Business Alliance** (HVBA) frequently partake in ribbon cutting ceremonies as a way to officially welcome new businesses to the City? For nearly 15 years, the City has been offering this opportunity as a way to engage new businesses and connect residents to some of the best spots in town.

Happy Valley businesses contribute significantly to our local community by providing many of the goods and services we all need and enjoy. They offer places for us to gather, workout, eat, drink, and shop, and provide jobs which boost the economy and contribute to a city that thrives. The City of Happy Valley not only encourages new businesses to set up shop, but it

**Happy Valley** 

Parks and

Recreation

will host a

community

Village Green

event at

Park on

Mar. 20 to

celebrate

Happiness.

Day of

International



COURTESY PHOTOS OF CITY OF HAPPY VALLEY

For more than 50 years, Windermere has put integrity and professionalism at the heart of their business. The new Windermere office is located off of Sunnyside Road in the NW Self Storage

is happy to highlight them with pomp offer commemorative ribbon cutting

and circumstance. By partnering with ceremonies, the City aims to celebrate the Happy Valley Business Alliance to one slice of the American Dream.



State Farm Agent, Russel Williams, is here to ensure vour insurance needs are met with care and attention. His office is also located in the NW Self Storage building.





#### **Recent ribbon cutting ceremonies**

Windermere Happy Valley: 13255 SE 130th Ave. Suite 400

State Farm Insurance - Russel Williams: 13255 SE 130th Ave. Suite 300

## INTERNATIONAL DAY OF HAPPINESS



at Village Green Park for a family-friendly celebration!

## Connect with community on International Day of Happiness

Celebrate with neighbors and friends at a gathering in Village Green Park

City of Happy Valley

Since 2013, the United Nations General Assembly has celebrated Mar. 20 as International Day of Happiness. The day serves to signify the importance of happiness in the lives of people around the world and invites people of all backgrounds to celebrate together.

In Happy Valley, the day offers its own traditions, with the Happy

fun activities to help commemorate closer to the event. the occasion each year. Between sweet treats, children's activities, and special visits with community partners, the City recognizes the day as a time to give back and encourage positivity.

This year, International Day of Happiness will include a community craft that will call upon everyone to

Valley Parks and Recreation team and Recreation on Facebook or check taking the helm to bring a variety of out www.happyvalleyor.gov as we get

#### **International Day of Happiness**

Wednesday, Mar. 20

- Village Green Park
- 3:30 p.m. 5 p.m.
- Dress for the weather

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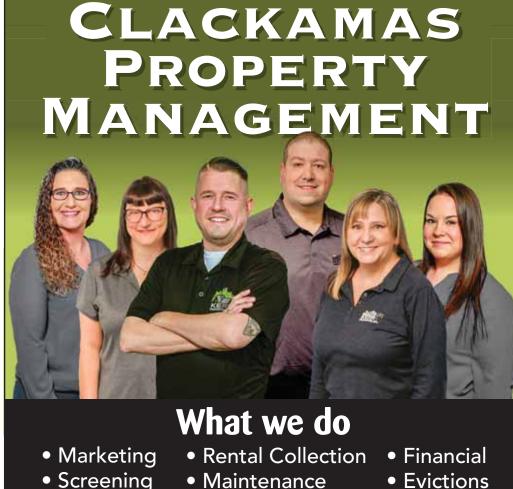
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## The ADVENTURE ofa TARAME



An Antarctic penguin walking alongside a U.S. Coast Guard ship.

## Mayor Tom Ellis recalls his time in the United States Coast Guard and the adventures he had

By EMMA DAVIS Pamplin Media Group

A committed public servant and United States Coast Guard veteran, Mayor Tom Ellis has had experiences with stories that could amaze. His enlistment took him around the world, taking in everything from places such as Hawaii, Alaska, South America, New Zealand, and Antarctica while working closely with scientists and fellow servicemen. He looks back on his many experiences with fondness, viewing them as both a lifetime adventure and a monument to his dedication. Now as the respected Mayor of Happy Valley, Ellis brings his vast experience to serve the city and its residents with determination and strong commitment.

He began his Coast Guard journey immediately out of high school in 1972. With the odds of being drafted high, he and his buddies decided that if they were going to get called, they wanted to choose where they went. With a history of family members being in some sort of sea service, he felt more inclined to join the Coast Guard.

The first ship I was on was a cutter, and those were 255 feet; they had a big gun on them and everything we needed onboard," he said. "And mainly what the Coast Guard used them for was search and rescue, which was at the time our top priority." Ellis was on two cutters for roughly a year before being transferred to an icebreaker ship, beginning his embarkment on his Coast Guard service around the world.

Out of the destinations he hit, his trip to Antarctica held



A U.S. Coast Guard ship.



At the 2021 Veterans Memorial dedication event, Mayor Tom Ellis is photographed with two service members after addressing the crowd. Throughout his tenure, Mayor Ellis has made it a priority to honor our local veterans and those actively serving.

significant memories, both professionally and recreationally. While there, the main mission was to get the freighter and the tanker down to McMurdo Station to work alongside scientists and assist them in their work. "I remember one time they put a net over the side and kind of used our ship like a fishing boat and dragged the bottom and brought this stuff up," he said. "There was stuff in there that I'd never seen before. It was like science fiction."

There was other native wildlife he crossed paths with, including seals, killer whales. and most enjoyably, penguins. Because the Antarctic is quite barren, there was only so much to do "for fun", but every so often, the icebreakers would stop for the men to play some recreational football and sometimes the penguins would try to join in.



A U.S. Coast Guard ship and a U.S. Coast Guard Icebreaker in Antarctica

"The Adélie Penguins were very curious, and they would always come around," he recalls. "A lot of times they'd be trying to steal the ball. They weren't afraid of people, so they would come up right next to you with no fear."

He also ventured up to the Arctic and experienced other kinds of animals that one could only dream of seeing in the wild. "There were walruses, and seals and lots of polar bears," he said. "When we'd be cruising in the ice, off in the distance you'd see a polar bear running around the ice and sometimes we'd get right up next to them and look right down at them.... And then the walrus, they would lay on big pieces of ice that were floating around and sun themselves, so they'd be hanging around all the

While on all the months long trips, the icebreaker visited many places. "We went to Hawaii. Then we went to two places in New Zealand, Auckland, and Christchurch, then we went down to Antarctica," he said. "On the way back, we stopped in Valparaíso, Chile. Then we went to Lima, Peru. Then we went to Mazatlan, Mexico, San Diego, and then back to Seattle.' Although there was occasional recreation and downtime, he continued with his duties of radar and navigation as well as assisting the scientists.

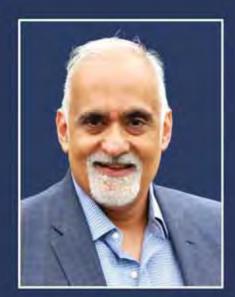
While serving, he crossed the Equator, the International Dateline, and the Arctic and Antarctic Circles, awarding him plaques for each.

After four years of serving, he returned to work for a few years before relocating to Massachusetts, where he resided for a decade. In the early 1990s, he moved back to Oregon, settling in Gresham. Approximately 20 years ago, he made another move, this time to Happy Valley. There, he became involved in local governance, first serving on the Planning Commission for around six years. In 2011, he was appointed to the City Council, and later, in 2018, he was elected to the position of

mayor of Happy Valley.

Mayor Tom Ellis has led a remarkable life serving his country and community. From his early days in the Coast Guard, where he traveled the globe, to his current role as the mayor, Ellis has always approached his duties with commitment. Reflecting on his experiences, he cherishes the memories of his service. While he may not have seen combat like some of his fellow veterans, Ellis found fulfillment in his many encounters, never harboring regrets. "It's something I can look back on and be proud of," he said. "And I'm too old now, but if they called me and asked, 'You want to go to Antarctica?' I couldn't get on the plane fast enough."

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## MIND, BODY and SPIRIT

Breathe Yoga unites Happy Valley through serenity, wellness and a sense of belonging

n Happy Valley, Breathe Yoga is the newest establishment that uses yoga to promote inclusivity, serenity, and a renewed sense of peace. This studio, which was founded and launched by former registered nurse Angela Aponte-Reid, opened its doors on January 12th, offering a place for

togetherness, fitness, and mindfulness to people from all walks of life and backgrounds. Angela has a simple vision: to establish a warm, accepting space where everyone feels welcome and

may find solace and support through the **STORY BY** practice of yoga. At Emma Breathe Yoga, people can experience the Davis harmonious blend of mind, body, and spirit within a friendly, com-

fortable, and inviting atmosphere. After years of owning businesses in the Clackamas area, including Bridgetown Chiropractic and Wellness with her husband, Aponte-Reid decided it was time to expand its services. With a background in healthcare spanning just over two decades, including 25 years as a nurse educator at Legacy Health System, she had been at the forefront of promoting resilience and wellness, especially during the challenging times of the pandemic. Once leaving Legacy, it prompted a period of self-reflection, leading to a vision during a road trip: to integrate a yoga studio into their wellness center. "I explored what was happening here in Happy Valley with the lack of a yoga studio," she said. "The more I learned and the more research I did, I really

out here in this area." With Aponte-Reid's background in healthcare and understanding of what things people can be faced with, Breathe Yoga stands apart from other typical studios. "I really believe in empowering individuals to really take part in their wellness," she said. Her stance for creating a neutral and inclusive space plays a role in that as well.

identified the need for a yoga studio



Breathe Yoga owner, Angela Aponte-Reid RN

inclusive of all belief systems. When we come together in this space, we're all here for the same reason," she said. "We're going to support and embrace each other in this setting right here."

The studio also embraces that a place to practice wellness but also a place where we can learn to be better people and gain awareness in our daily lives. "There are many aspects of yoga that not everybody has wrapped their mind around quite yet," she said. "The awareness piece is a part of yoga and there's a lot of crossovers into everything that we do to just simply be good people."

Breathe Yoga has nine teachers, just as passionate as Aponte-Reid, who offer a variety of classes for individuals of all skill levels from beginning to advanced practices. Some classes offered are early morning classes at 6:30 AM and 7:30 AM called "Rise and Shine," multiple Vinyasa flow and power yoga, live stream or Zoom classes on Monday, Wednesday, and Friday, weekend "Mindful Flow" classes focusing on intentional mindfulness practices, yoga foundations series for beginners, stretch and strengthen class, Yin and restorative for deep stretching and relaxation and more. The studio does not offer hot yoga, though.

There are various options for attending classes, including a one-time drop-in and different membership options. "People can come in as a drop-in for "For me, really creating a space that is a one-time class just to check out the all of it."



**Equipment at Breathe Yoga** 

**BREATHE YOGA** 

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Website: https://breatheyogapnw.com

studio and then we have a new member special that we've been running and that's \$59.00 for unlimited yoga for a full month. That's a really good way to explore the classes and all the different teachers," she said The studio also has an unlimited ongoing auto-pay type of membership and a limited membership (or mini membership) which is five

visits/classes per month. Founded on the idea of creating a neutral and welcoming space for people in the community of all backgrounds and skill levels through yoga, Breathe Yoga does just that and more. With community support, the studio will continue to grow and thrive in Happy Valley, providing that sense of belonging, serenity, and mindfulness. "The Happy Valley community has been so supportive from just everyone," she said. "The reception has been amazing, and I can't say how much I appreciate



## HAPPY VALLEY **BUSINESS ALLIANCE**

## HAPPY VALLEY BUSINESS ALLIANCE

## Support these local Alliance members!

Join us for the next meeting, Wednesday March 27, at 7:30AM at Happy Valley City Hall (16000 SE Misty Drive Happy Valley, OR 97086)

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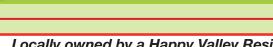
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Happy Valley NEWS

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## A Horse of a Different Color

The story of a local couple who happened upon two horses that stumbled onto their property

> "There are so many people that stop by, either on foot or in their car, who just have to comment and say kind things like 'we love your little horses!'."

By JAMES KENNETH PRESLEY For Pamplin Media Group

You can tell a lot about a home and the people living in it based on the presentation of their front yard. How a yard is kept, maintained, and even decorated can establish the personality of those who inhabit the space and, for one pair of area residents, it can even be a sanctuary for those who seek refuge and rest, looking to find others of their kind and live in harmony amongst a patch of grass as warm and inviting as those who own it.

Located just off 126th and Sunnyside lies the residence of Regina Paulsen-Egbert and her husband Ron.

Regina, stepmother to three stepkids and multiple granddaughters who live in the UK, began to speak a bit about the innocence of these children and how she wanted to do something fun for them when they would visit in the summer.

"I got two horses to put in our front yard," says Regina. "Now, these are magical, by the way, and I know this because two of them ran off a while back.'

Keeping that very magic alive she first demonstrated when she attained these small horses for her granddaughters, Regina gave us a tour around her yard and showed us her collection of horses, each with their own name and place.

"Today we have Peanut, Little Whitey, Anabella, Studly Stan, Spirit, and Sparkles," says Regina. "Some of them I got but the others just keep showing up and we don't know from where or why! They have been here now for close to a decade."



COURTESY OF JAMES KENNETH PRESLEY Radiant beasts: The sun shines down on these marvelous creatures.

The irony of this community phenomenon is neither Regina nor her husband share a real connection to the equestrian world, noting how she's actually a little afraid of big horses given their size and power.

"They're so beautiful but they do scare me," says Regina.

Now, those who live near this cute home will notice how these horses, for no rhyme or reason, will tend to move around the yard on almost a daily basis.

'Šome of them even wind up in our neighbor's yard," says a laughing Regina. "They always come back, though."

Regina also went on to share how one time, perhaps after New Years Eve, how she found one of her small horses tipped over on its side with an empty wine bottle placed next to it.

There are so many people that stop by, either on foot or in their car, who just have to comment and say kind things like 'we love your little horses!'," says Regina. "Everyone has so much fun with them, watching them multiply and move



COURTESY OF JAMES KENNETH PRESLEY

Leading the charge: Apparently we have a Husky fan here.

around as the days and seasons change. Also, no horse is turned away, so if one decides to show up in our yard we always welcome new additions."

your way home from work or even picking up the kids from school, maybe take a turn on 126th and Sunnyside and take a gander for yourself at this fun So, next time you are on display of "magical" horses.

Spring is well on its way and who knows what fun positions and stations these small animals might take to celebrate the sunshine and warm weather that's soon to come.





## **Community wishes** local seniors a

City of Happy Valley

To celebrate Valentine's Day, the Happy Valley Parks and Recreation team, in partnership with Happy Valley Library, once again enlisted the help of the community to bring love and cheer to local seniors. Over 500 handmade cards were delivered to memory care centers and assisted living facilities throughout Happy Valley as part of a community wide effort.

Prior to the big day, volunteers helped assemble card kits that could be picked up at the Library and City Hall. Anyone could take a kit, which included festive cardstock, stickers, and decorative paper.

In its third year, this activity highlights the significance of kindness and community-building across the lifespan. Residents in care facilities often face isolation and struggle to connect with the broader community. Through Valentine's Day greeting cards, Happy Valley Parks and Recreation, along with Happy Valley Library, provide a meaningful opportunity for community members to engage with our local

special, 6-year-old Happy the residents of Happy Valley,



COURTESY OF CITY OF HAPPY VALLEY Kindergarten student, Crosby, delivers cards to residents at Miramont Pointe.



PPY VALLEY LIBRARY

Valley Elementary student, Crosby Warneke, helped hand deliver the haul.

Happy Valley Parks and Recreation would like to To make the occasion extra extend a special thank you to

the Happy Valley Library, and the students and teachers at Scouters Mountain, Spring Mountain, Mt. Scott, and Verne Duncan Elementary Schools for helping make this such a fun and memorable

The team would also like the thank the staff at Miracle Heights Memory Care, MorningStar Assisted Living & Memory Care, Princeton Village Assisted Living, Miramont Pointe Assisted Living, The Springs Living, and Glenmoore Gracious Retirement Living for helping facilitate the deliveries.



Card recipients gushed over the kind words and handmade art.



COURTESY OF CITY OF HAPPY VALLEY

Spreading kindness and joy to seniors on Valentine's Day has become an annual tradition for the City.

## Interested in helping improve watershed quality?

By EMMA DAVIS

Pamplin Media Group

Applications are now being accepted for the RiverHealth **Stewardship Program Grants** for 2024-2025 and will close on April 18, 2024.

Groups looking to improve the quality of watersheds in the surface water areas that Clackamas Water Environment

Hola!

Services (WES) services can apply for grants

of up to \$30,000. Applications are welcomed from businesses, nonprofits, schools, service groups, neighborhood or business associations, faith-based

organizations, and community groups. The goal of the program is to enhance the health of the watershed by:

■ Improving the vegetation along streams by adding more width to the stream buffer or swapping native species for invasive kinds.

■ Lowering the number of pollutants and runoff from paved areas.

■ Using Low Impact

Development Approaches (LIDA) to manage stormwater. ■ Providing information on how

to enhance water quality for those who reside and work in the surface water districts that WES serves.

lacktriangle Offering partner opportunities and watershed health education to historically marginalized and underprivileged populations.

For the 2022-2023 year, there were many

accomplishments from the Grant recipients

■ Removed 44 acres of invasive plants. ■ Planted 2,021 native trees, 13,724

shrubs, and 825 herbaceous plants ■ Enhanced a total of 9,500 linear feet of

streams over 56 acres ■ Involved 667 volunteers with 2,041

hours of volunteer time ■ Gave 30 different lessons,

field trips, or other educational ■ Provided watershed health education to 398 stu-

dents and 71 adults ■ Conducted 12 public

Agricultural landowners have been assisted by the Small Grant Program in abiding to

Agricultural Water Quality Management Area Plans, which are intended to guarantee that agricultural activities safeguard water quality. Over 75% of the program's initiatives have provided support for the plans.

The Small Grant Program has given over 2,600 projects more than \$16 million since it began in 2002.

Before submitting an application, candidates should speak with Gail Shaloum, the Clackamas Water **Environment Services Grant** Program Manager.

Contact Shaloum at 503-793-4264 or gshaloum@clackamas.us.

grants/pages/grant-programs.aspx

For additional details, go to https://www.oregon.gov/oweb/

pronunciator:

Language learning made easy with your library card!

go.lincc.org/hvpn







WWW.DREAMSTIME.COM

## Clackamas County Arts Alliance plans second annual Writing Contest

**By RAYMOND RENDLEMAN**Pamplin Media Group

Following the success of last year's event, the Clackamas County Arts Alliance has announced the opening of its second annual

Writing Contest.
As before there are four genres for writers to enter: Short Story, Essay, Poetry and Playlet. To encourage a broad range of entries in 2024, there is no specific theme.

CCAA's Literary Arts Committee, led by Bob Sterry, thanked a list of sponsors who have allowed the Alliance to award \$250 prizes to winners and \$100 to runners up in each genre. The entries will be assessed by two judges for each

Winners and runners up will be announced May 18 at the Clackamas Community College "Compose" conference organized by the college English Department, which will again donate free conference registration for the winners and finalists.

"I and my colleagues are very excited to see this idea come to pass once again," Sterry said. "It comes at a time when we are all still emerging out of the nightmare of COVID and need to find ways of connecting with each other again. Tapping into



CLACKAMAS COUNTY ARTS ALLIANCE'S 2024 WRITING CONTEST

Deadline for entries: 11.59 p.m. on April 12 Sponsors: R&B Leas

Sponsors: B&B Leasing, Bob & Anne Louise Sterry Entertainment, Karen Martini, Nancy Winklesky, David & Cyndy Smith-English for Clackamas Repertory Theatre, Milwaukie Poetry Series, White Rabbit Books & Gifts

More information about the contest, prizes and guidelines: clackamasartsalliance.org/writingcontest2024

the creative talents of writers in the county is one way we can do that."

Last year Brittany West took the top prize in the essay competition, Barbara Froman took first place in the short story category, Paul Lyons won the poetry competition and first prize for a playlet went to Leslie Hayertz.

## Education is the Foundation

Stephanie Rose shares her journey from roots in Milwaukie to role as director of the education foundation

**By EMMA DAVIS & BREN SWOGGER**Pamplin Media Group

Public education has always been very important to Stephanie Rose. Born in Milwaukie, Rose has her roots in the North Clackamas School District. Her own mother was a special education teacher in the district. She attended Rex Putnam High School, and now, as a mother herself, she has her own kids in the district as well.

After earning her associates at Clackamas Community College, and her bachelor's in public administration at Portland State University, along with a minor in civic lead-

ership, Rose laid the groundwork for a passion for public education that emerged as she witnessed changes within her children's schools.

"When my oldest son was in kindergarten coming back to the schools, I just saw so much had changed from the time that I was in school. They had lost so much," Rose said, "and it just didn't feel right anymore."

In 2006, Rose started volunteering with the grassroots public education advocacy group Stand for Children, helping elect pro-education officials who are supportive of students into office.

In 2014, while working on the Clackamas Community College Bond campaign, someone with the North Clackamas Education Foundation board recommended Rose for an open position with the foundation. Though the position was supposed to be temporary, Rose stayed on, and in 2017, took over the role of executive director for NCEF, where she has remained since.

"It's a great spot for me to be," Rose said.
"I have always done so much education advocacy and almost all my political work revolved around public education and school funding. So, it just really fit because I get to be in this role now where we're supporting teachers and students and their families, all the way from pre-K through to college."

Founded in 1992, NCEF was founded by a group of parents, educators, and district staff people in the community that wanted to build equity in education for students. "It's really grown over the years out of that," Rose said. "Our mission is bridging the gap to ensure students are engaged and ready to learn."



The Milwaukie Rotary at the WILMA awards. COURTESY OF

Through enrichment grants and scholarships, food pantries, clothes closet, as well as programs like Ready Set Go and Backpack Buddies, the foundation makes sure that

students and their families have what they need to set them up for success. The foundation also supports teachers with grants for books, supplies, and tools that students need to have an enriching environment.

"We just got done wrapping up the last round of grants," Rose said. "We've right now at this point done \$25,000 in grants, and we'll prob-

ably end the year at around 30 to \$35,000 in grants to teachers."

Rose's deep connection to her community and unwavering dedication to education

drives her work, making a profound impact

STEPHANIE ROSE

on the lives of students and families in North Clackamas. "I feel honestly really blessed to be in the position I'm in," Rose said. "Not everybody gets to do something that affects what

they're passionate about."

One event that Rose spearheads every year for NCEF is the annual gala, which

this year is happening on April 4th.
"Our theme this year is Future is Calling,"
Rose said. "We're going to be focusing on
a lot of the high school programs in our
district. A lot of the ones at the SabinSchellenberg Center, our career technical
center, as well as a couple of other programs
throughout the high schools that we've sup-

ported over the years."

The Gala will feature auctions of various items made by kids in programs throughout the district that the foundation has helped to fund, with proceeds going directly back to the programs. There will also be music performances, and a ballet performance from a program at Alder Creek.

"It's just a really great time for everybody to come together and celebrate the out.





Get more info on the NCEF Gala

successes of our students as well as the successes of the foundation and our school district," Rose said.

The registration deadline for sponsors is March 15th, and tickets will be available until March 29th or until the event sells out.

## Help Protect Our Watersheds!

#### **The RiverHealth Stewardship Program Grants**

support community groups, businesses, and property owners who want to improve the health of watersheds within the surface water areas served by Clackamas Water Environment Services (WES).

#### What kinds of projects are eligible?

- Install a rain garden, swale, porous pavement or a cistern for rainwater harvesting
- Replace pavement and landscaped areas with water quality facilities
- Plant and care for native trees and shrubs in streamside areas
- Create a native vegetation rain garden to attract pollinators and visitors
- Hold a watershed education or stewardship event

#### Who is eligible?

Community groups, businesses, schools, nonprofits, student groups, faith organizations, neighborhood or business associations, and service groups conducting projects in the WES surface water service area. Projects conducted to meet permit obligations, required mitigation, or penalty payments are not eligible.

#### Applications Due April 18, 2024

All funds (\$30,000 maximum) per applicant must be spent between July 1, 2024 and June 30, 2025
Get program details and application at clackamas.us/wes
Questions? Contact Gail Shaloum at gshaloum@clackamas.us





## Newly Discovered Flavors We're Now Obsessed Over

Tamale Boy has food that provides flavors everyone will love.

By JAMES KENNETH PRESLEY For Pamplin Media Group

t was a surprising vet welcome announcement when we learned a few years back that Brian and Ami Shannon, owners of the once beloved Valley Growlers, were planning to open the Valley Public House off 162nd and Sunnyside, giving this town a new flavor from the palate of those who understand the community. So, when it came time to announce which restaurant partners would be joining this eclectic space, us locals were on our hands and knees just hoping for something new and different. Luckily, we were given just that.

Originally a 2008 catering company called Mayahuel Catering, Tamale Boy is the creation of Jaime Soltero Jr. whose passion for affordable yet divine authentic Mexican cuisine has evolved over the years to multiple locations, including one in Happy Valley inside the Valley Public House. This shapeshifting menu plays to the favorites of those loval while also changes based on the season, ingredients, and popularity, making sure that each experience, while consistent in both effort and quality, is also different

As many of us locals have already experienced, Tamale Boy presents itself right when you walk through the main Tamale Boy.



Tamale Boy window: Enter with curiosity, leave with satisfaction.

doors of the Public House, sharing a space (albeit separate kitchens and ordering windows) with Ranch Pizza, almost like two roommates in a college dorm that shouldn't play well together but somehow do, with each option complimenting its counterpart as demonstrated by the filled tables we witnessed, where all patrons could enjoy a little bit of both offerings.

But Ranch Pizza will deservingly one day have their time in the sun. Today is all about

First off, while looking over cast your rod out to the seasonal the menu, we recommend grabbing a quick snack like some chips, guacamole, and salsa to begin to understand Tamale Boy's mesh of flavors, specifically the kiss of dried chile oil that makes the guacamole taste both familiar vet special. Next, it's time to choose your main entree. Now, while there are many classic dishes that cater to those wishing to play it safe, such as tacos, burritos, bowls,

and others, we recommend you

go for the big fish in the sea and

section of Tamale Boy's menu.

For our recommendation, we sunk our teeth into their Gordita Roja, or masa cakes filled with succulent carnitas and jack cheese, topped with queso fresco, avocado, onions, and crema. Everything played nicely together as the crema and avocado were just cool enough ingredients to tame some of the spice of the dried chile. As well, we also tried the Norteño Tamale, specifically their tinga de pollo. The tamale, made from yellow corn masa and steamed inside a corn husk, was filled with warm juicy chicken and complemented with onions, garlic, and chipotle sauce.

That being said, please don't take just our word for it. What do other patrons of Tamale Boy think?

"I'm obsessed with it," says an enthusiastic local Lily Stephens. 'The burrito bowl is my absolute favorite. I love sitting outside by the fire and sipping on a margarita while eating... very strong!"



Brunch, anyone? Tell me you don't want a bite of this ASAP.

Of course, Lily Stephens isn't the only one who plays musical dishes when visiting the Valley Public House. There's no shame in grabbing an order number from all three upstairs locations, bar included, and waiting for a collection of diverse flavors that are all sure to complement the other, especially with the sunshine not too far ahead.

Oh, and did we mention you can get brunch, too? That's right, from Huevos Rancheros to Chilaquiles, there's sure to be a brunch item on the menu that piques your interest.

So, the next time you're in search of some of Happy Valley's finest Mexican cuisine, then look no further than Tamale Boy and be appreciative that they expanded to our area... others in Oregon won't be as lucky to taste such incredible and authentic goodies.

Tamale Boy at the Valley Public House is open from Monday through Friday from 11AM-9:30PM, on Saturday from 10AM-9:30PM, and on Sunday 10AM-8:30PM.

## **Spring tree care tips** — Get ready for the upcoming season

City of Happy Valley

As spring emerges and the local flora and fauna return, it's time for homeowners to assess the trees on their property, including those in parking strips. Leslie Gover, the City's contracted arborist, helps shed some light on this topic and offers some helpful points to consider:

1. Stakes and Ties Duration: When it comes to supporting young trees with stakes and ties, it's crucial to strike a balance between providing stability and allowing for natural growth. stakes and ties in place for no more than 1-2 years, ensuring they are loosely tied to allow the tree to move gently. After this period, additional support may hinder the tree's ability to develop its own stability mechanisms, potentially impeding its growth.

2. Response Growth: Response growth refers to the tree's natural reaction to wind or pruning. This growth is essential for strengthening

the tree and improving its resilience to external stressors. While response growth is generally beneficial for the tree, it's essential to provide appropriate care and maintenance to ensure optimal development.

3. Minimal Yearly Pruning: Yearly pruning is a vital aspect of tree maintenance, focusing on the removal of deadwood, crossing, or rubbing branches, and redundant branch systems. Removing these elements not only improves the tree's appearance but also enhances its health and structural integrity. By conducting minimal yearly Leslie recommends keeping pruning, homeowners can promote the growth of healthy, vibrant trees while minimizing the risk of disease and structural failure.

4. Understanding Tree **Architecture:** Tree architecture refers to the structural layout of a tree, including the arrangement of branches and trunk. Ideally, trees will have evenly spaced strong branching angles, with branches positioned at environmental stimuli, such as approximately 45 degrees from the trunk. This balanced structure promotes stability and



COURTESY PHOTOS: CITY OF HAPPY VALLEY

Who is holding up whom? This tree is ready to stand on its own. If tethered too long or too tightly, tree ties will eventually cut into the bark. A tree staked loosely on both sides will still have support, but will still be able to move and develop long term strength.

longevity, reducing the risk of account and incorporating branch failure and other issues. them into their spring tree

By taking these factors into care routine, homeowners can



Weakened branch systems, as seen in this photo, show tight angles and redundancies. Poor pruning over time can significantly lead to tree vulnerability and failure.

growth, or conducting minimal environment.

ensure the health and vitality yearly pruning, investing time of their trees for years to come. and effort in tree care is an Whether it's adjusting stakes investment in the beauty and and ties, promoting response sustainability of our natural

Manage your alarm permit, dog license, and even apply for a building permit



HV Vorks!

City of Happy Valley

Exciting news! HV Works, the City's new online permitting and licensing portal, is now up and running! With just a few clicks, residents can apply and submit payments for various licenses and permits from the comfort of home, the office, or on the go!

Easily manage tasks like applying for dog licenses, alarm permits, building permits, and even apply for or renew City business licenses hassle-free. Check out the new platform today by heading to hvworks.com and registering as a new user. If you have questions or need assistance getting your account set up, just give us a call at 503-783-3800.







## ATHLETES OF THE WEEK



### Clackamas High School



## Jaslyn Kieu, Cheer

Jaslyn, a powerhouse junior and second-year cheerleader, embodies the Cavalier spirit with her infectious enthusiasm and natural leadership. Her positive attitude lights up the squad, making her a true asset both

on and off the mat. Congratulations, Jaslyn, for being a Sun Glow athlete of the week!

#### Congrats, Jaslyn! Go Cavs!

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#### Karina Yoder, Senior **Varsity Girls Wrestling**

Karina made school history being the first district champion for the Clackamas High School Girls Wrestling Progam! Karina is a three-time district placer as well as a three-time team captain. She has capped off her senior year with a district championship before

competing at the state tournament. She is also the winningest girl's wrestler in CHS history!

#### Congrats, Korina! Go Cavs!

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#### Cyrus Ngan, Senior Varsity Boys **Swimming**

Cyrus won the 50 Free at the MHC district swim meet. He also took 2nd in the 100 Free. Cyrus is an automatic qualifier for the state swim at the Tualatin Hills Aquatic Center.

#### Congrats, Cyrus! Go Cavs!

--- Proudly Sponsored & locally owned by David & Dawn Golobay ---





#### Sean Baker, **Junior Varsity Boys** Basketball

Sean Baker has been playing some of his best basketball this season, averaging over 10 rebounds a game. He is a hard-working spark for the Cavaliers. During the season he has demonstrated his relentless

pursuit of the ball and ability to knock down the triple over and again.

#### Congrats, Sean! Go Cavs!

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### Adrienne C. **Nelson H5**



#### Love Forde, Freshman **Varsity Girls** Baskethall

Love had 18 points and 13 rebounds against Clackamas and followed it up with 24 points against Gresham.



#### Way to go, Love! Go Hawks!

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#### Mason Hopper, Senior **Varsity Boys Swimming**

Mason Hopper set a new David Douglas pool record in the 200IM with a time of 1:55.08.

Congratulations Mason on being a Sun Glow Athlete of the Week!



#### Way to go Mason! Go Hawks!

--- Proudly Sponsored & locally owned by David & Dawn Golobay ---



#### **Cadence Payton,** Freshman **Varsity Girls** Wrestling

Cadence won girls regional title, 130lbs. Cadence was one of two Freshmen in the region to win their brackets. Congratulations on being a Sun Glow Athlete of the Week!



#### Way to go Cadence! Go Hawks!

--- Proudly Sponsored & locally owned by David & Dawn Golobay ---



### Mason Hopper, **Varsity Boys Swimming**

OSAA 6A Gold Medalist 100 Freestyle

OSAA 6A Gold Medalist 200 Freestyle

OSAA 6A Swimmer of the Year



#### Way to go Mason! Go Hawks!

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## The Springs Living at Happy Valley Celebrates first year

19th community for company celebrates a year in Happy Valley

The Springs at Happy Valley marked its one-year anniversary with a celebration full of delightful surprises.

With nearly every common area of the community hosting a nod to the celebration, the evening included an interactive photography tour, foam snow blowers, an internationally-inspired feast for the eyes and tastebuds, and even a mermaid in the swimming pool.

There was also a presentation featuring Mayor Tom Ellis, Executive Director Tim Watson and The Springs Living Founder and CEO Fee Stubblefield. The Happy Valley Business Alliance and North Clackamas Chamber of Commerce also participated in the event that hosted nearly 200 people on Jan. 22nd.

The Springs at Happy Valley, which is The Springs Living's 19th community, provides independent living, assisted living and memory care services, and is the first senior living building to be designed to Fitwel Certification for senior housing.







**COURTESY PHOTOS** 

ABOVE: The Springs Living Founder Fee Stubblefield cuts the ribbon at The Springs at Happy Valley one-year celebration event.

**LEFT: Residents and guests** feast at the anniversary celebration.

LEFT: The Springs Living at



## Clackamas Rotary Foundation Selects Golf Tournament Beneficiaries

Over the years, event has raised more than a million dollars for charitable organizations

Courtesy Clackamas Rotary

Four nonprofit organizations and Clackamas **Community College were** recently selected as beneficiaries of the 32nd Annual **Clackamas Rotary Golf** Classic on Friday, June 21 at **Stone Creek Golf Club.** 

Over the years, the event has raised more than a million dollars for groups that have enriched the lives of young people, families, and citizens in Clackamas County and around

the world. This year's tournament ben-

eficiaries include: ■ Parrott Creek Child and Family Services – serves low-income children and families involved in juvenile justice, child welfare, substance misuse and behavioral health systems in Clackamas and Multnomah

■ Clackamas Women's Services – helps individuals and families experiencing and healing from domestic and sexual violence, child and elder abuse, stalking, dating violence and trafficking. Works with survivors to help heal from trauma in their past.

■ Clackamas HS/Adrienne YoungLives – outreach to and becoming a healthy, strong



Nelson HS Winter Blitz - provides 200+ families with holiday gifts for children, clothing, household items and food bas-

kets (a joint project with the Lions and Elks clubs).

adolescent moms in Clackamas County with unconditional love, support, and community. It's a ministry designed to empower and equip teen moms with life skills by finishing high school, ■ Greater Clackamas taking steps into the work force, mom for their child.

Additional tournament proceeds also support projects and crisis needs such as recovery funding to people displaced by local wildfires, construction of an all-abilities recreational space in Happy Valley Park for children, construction of a maternity hospital in The Gambia, Africa, purchasing and installing smoke alarms for low-income households in Clackamas, and purchasing a shower cart for unhoused individuals.

The Clackamas Rotary Foundation was founded in 1986 with the purpose of creating and managing funds to support the charitable work of The Rotary Club of Clackamas.

#### **INFO BOX**

**CLACKAMAS ROTARY GOLF** CLASSIC

WHEN: FRIDAY, JUNE 21

WHERE: STONE CREEK GOLF CLUB, 14603 S. STONERIDGE

DR, OREGON CITY Visit: clackamasrotarygolf.com







## ATHLETES OF THE WEEK



### Clackamas High School



## Jazzy Davidson, Varsity Girls Basketball

In a victory against Willamette the junior captain had a double double, scoring 24 points and 10 rebounds.

Against Central Catholic Jazzy had another impressive game scoring 30 points, getting 10 rebounds, and had 6 steals in the league opener.

#### Congrats, Jazzy! Go Cavs!

--- Proudly Sponsored & locally owned by David & Dawn Golobay ---





## Jeremiah Wachsmuth, Varsity Boys Wrestling

Wachsmuth has been dominate this season, losing only to a top ranked wrestler and another at the 5A classification. He is a team captain, and has done the right things to put himself in a spot to win another state title.

#### Congrats, Jeremiah! Go Cavs!

--- Proudly Sponsored & locally owned by David & Dawn Golobay ---



### Adrienne C. **Nelson HS**



## Dominic Macon,

Varsity Boys Wrestling

Dom took 1st place at the McMinnville tournament and has gone undefeated this year.

Dom is a 3rd-year wrestler working on achieving his wrestling goals on the mat and becoming the best wrestler he can be.

#### Way to go Dom! Go Hawks!

--- Proudly Sponsored & locally owned by David & Dawn Golobay ---



## Cadence Payton,

**Varsity Girls Wrestling** 

Cadence brings a toughness and competitive mentality to our wrestling room. Cadence has been willing to face any competitor in her weight class and has placed in three tournaments this year. Kelly Bledsoe invitational 1st place, Tigard invitational 1st place, Southridge girls tournament 3rd place. Her record is 12-3



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#### MARCH 2024 LIBRARY EVENTS

The library will be closed on Tuesday, Mar. 19.

#### LIBRARY CALENDAR

#### Spring Break Fun

No school? No problem! Together, with Happy Valley Parks and Recreation, we've got a full week of fun planned for all ages. Be sure to check page 20 of this issue of HV News for additional details.

#### **Duplo Play**

Monday, Mar. 25, 10:15 a.m.-11:30 a.m.

For ages 0-5. Let's build together with Duplo blocks! Drop in to play and see what we can make.

#### **Super Smash Bros Tournament**

Monday, Mar. 25, 3 p.m.-4:30 p.m.

For ages 10-18. Hey gamers, join us for an afternoon of Super Smash Bros. Snacks provided.

FOR ALL AGES

Get creative during Spring Break with a bookmark or

#### **Bookmarks & Buttons**

Tuesday, Mar. 26, 10:15 a.m.-11:45 a.m.

For all ages. Drop in for some bookmark and button making fun! Make a bookmark and/or button to keep with special paper, markers, string and more. With Happy Valley Parks & Recreation.

#### **Wall Decor**

Wednesday, Mar. 27, 3 p.m.-4:30 p.m.

For ages 10-18. Use sticks, paper punches, and other items to create wall decor. Registration required. Register at go.lincc.org/hvteenprograms.

#### **All Together Now: Puzzles**

Thursday, Mar. 28, 10 a.m. - noon

For all ages. Puzzles of all different sizes for lots of challenging fun.

Friday, Mar. 29, 10:30 a.m.-noon

For K-5th graders and their caregivers. Drop in for some free LEGO building fun.

#### **Youth Programs**

#### **Storytimes**

Let's Build

To see our full listing of storytimes and playtimes

for ages birth to five, visit our website or go.lincc.org/ hvbirthto5. Please note we will be on storytime break: Mar. 19 through Mar. 27.

#### Stretch, Dance, Play

Thursday, Mar. 7, 10:15 a.m.

For 2-5-year-olds and their caregivers. Join Iris Nason for dance, yoga, singing, sign language and play!

#### Sign & Sing

Friday, Mar. 8 10:15 a.m.

For 2-5-year-olds and their caregivers. Sing, dance, and sign with Shira Fogel of Tiny Talkers.

#### Cuentos, música y manualidades / Spanish **Storytime**

Saturday, Mar. 9, 10:30 a.m.-11:30 a.m.

¡Los invitamos a la Biblioteca de Happy Valley a disfrutar de una hora de cuentos, música y manualidades

We invite you to Happy Valley library to enjoy stories, music and crafts in Spanish!

#### Chinese Storytime / 中文故事时间 Saturday, Mar. 9, 2 p.m.-3 p.m.

Mandarin with stories, songs and activities for ages 0-6. 欢迎加入我们特别为孩子们举办的中文故事时 ,用普通话呈现适合所有年龄层的故事、歌 曲和活动

Join us for a special Chinese Storytime presented in

#### Let's Build

Tuesday, Mar. 12, 4 p.m.-5:30 p.m.

some free LEGO building fun.

Friday, Mar. 29, 10:30 a.m.-noon For K-5th graders and their caregivers. Drop in for

#### Tallulah's Daddy

Saturday, Mar.16, 10:15 a.m.

For ages 2-6 and their caregivers. Drop in for some musical fun with our favorite bass playing dad!

#### **Duplo Play**

Monday, Mar. 25, 10:15 a.m.-11:30 a.m.

For ages 0-5. Let's build together with Duplo blocks! Drop in to play and see what we can make.

#### **Tweens & Teens**

For teens in grades 6-12.

Manga and Anime Club Thursday, Mar. 14, 6:30 p.m.-7:30 p.m.

Hang out with fellow manga and anime fans -- chat about favorites, browse new number ones, eat snacks. make stuff, and watch anime.

#### **Teen Advisory Board**

Saturday, Apr. 6, 1 p.m.-2 p.m.

Support the library while earning volunteer hours.

Hang out with new friends, share ideas, and make stuff. A and play some music in a casual, jam-style setting. Bring safe space for all to be themselves.

#### **Adult Programs**

RSVP for programs at https://go.lincc.org/hvRSVP

#### Mah Jonng

Fridays, 12:30 p.m.-3:30 p.m.

Those who enjoy playing American Mah Jongg are invited to join our fun and friendly group! Be sure to bring your current National Mah Jongg League cards. Contact the library if you would like to learn to play.

#### **Happy Valley Book** Group

Thursday, Apr. 4, 6:30 p.m.-8

Read the wise and witty title Deacon King Kong by James McBride, and discuss it with other readers. Did you like it or not? Did something surprise you or make you think twice? Come share your thoughts!

#### **String Along**

Sunday, Mar. 10, 2 p.m.-5 p.m. Bring your acoustic

guitar, fiddle, ukulele or other stringed instrument to the Happy Valley Library and share some tunes with other musicians. Adults of all skill levels are invited to drop in

a song you know to share.

#### Genealogy

Monday, Mar. 11, 3 p.m.-5 p.m.

Searching for family roots? All are welcome to come and share questions, strategies, and organizing tips. Insights are discovered and pathways revealed as we attempt to solve the mysteries of our ancestors' elusive stories!

#### **Black Futures Farm**

Wednesday, Mar. 13, 6:30 p.m.-7:30 p.m.

Learn about the ongoing volunteer opportunities, partnerships, and projects at the farm, where all people can come to share food, knowledge, culture, and experiences. RSVP recommended

#### **Oregon Digital Newspapers**

Saturday, Mar. 16, 2 p.m. - 3:30 p.m.

Historic Oregon Newspapers is a free database of digitized newspapers from all over the state of Oregon from 1846 to the present. It provides access to local history, family research, politics, culture, and much more. Come learn about how to use the database and make the most of its features for your own research. RSVP recommended.

#### **Chinese Knot Tying**

Sunday, Mar. 17, 2:30 p.m.-4:30 p.m.

Join artist Terri Hsing in this hands-on workshop on traditional Chinese knot tying. Space is limited and registration is required. Register at go.lincc.org/hvsignup



Lead farmer, Daniel Grady, will share work happening at the farm, from CSA programs to community-building and regenerative agriculture practices.

## Women's History Month **IS YOUR DOG**

The Happy Valley Library has collected books for kids, teens, and adults, both fiction and nonfiction that chronicle the lives of extraordinary women, examine historical movements, and address feminist issues. You can find the lists at go.lincc.org/hvwh.



Celebrate Women's History month by reading about the lives of women past and present.



## Vacation closer to home!



Willamette Valley







Oregon Coast

Bend

**Portland** 

Rediscover Oregon is a new streaming television channel highlighting all the great things to do and places to visit in Oregon. From Oregon escapes, tips on places to hike and play, where to eat or find wine, or cities to explore - Rediscover Oregon is your destination for those wanting to get out and enjoy everything Oregon has to offer.



Powered by EO Media Group and Pamplin Media Group







www.rediscoveror.com

#### APPY VALLEY LIBRARY









## **DESIGN A BOOKMARK!**

We're celebrating our birthday with custom bookmarks created by our Happy Valley Library community! Artists of all ages and grownups too, are invited to submit up to two originally designed bookmarks for consideration.

Library staff will review the submissions and pick at least one bookmark design from each age group. We'll print all of those selected and hand them out in the library.

You can pick up an entry form in the library or download it from our webpage. All entries are due by 6 p.m. on Sunday, Mar. 31. We can't wait to see what



Last year, 20 different bookmarks were selected to be printed, including ones created by these community members.

#### **Design a Bookmark**

- Scan the QR Code with your phone and print out the the submitable bookmark
- Entries are due March 31 by 6 p.m.
- Submit up to two bookmark designs online or drop off at the Library

### **Happy Valley Library FEBRUARY RECAP**

**SO MUCH FOR A QUIET LIBRARY LIFE!** 

The Happy Valley Library was busy in February with programs, construction, and moving books. Take a look at some of the highlights.



Over 450 community members joined the library for making paper dragons, sampling treats, going on a dragon scavenger hunt, and creating beautiful cut paper art, shown here with artist Kenny Chen, to celebrate the Lunar New Year.



Library staff pitched in to move over 12,000 books over 8 hours. The Mystery, Science Fiction, and paperback books all moved to their new home in Adult Fiction in a move that required a lot of logistics and math



Attendees got to hear from Third Eye Books co-owner Charles Hannah and learn about their early days from selling a box full of books out of their car to becoming Oregon's largest Black-owned independent bookstore. Hannah also shared how Powell's Books helped them promote their bookstore through their social media platform and how they made Oprah Winfrey's list of 133 Black-Owned Bookstores in America.

## **Library expansion UPDATE**

Construction efforts at the Happy Valley Library are really starting to pick up and take shape! Steel installation began, alongside ongoing framing activities. Already, framing of the basement walls has been completed, and the first-floor deck and sheathing has been installed. Additionally, Glulam beams for the roof and joists are being installed, while underground plumbing and electrical work are underway.

Upcoming tasks include pouring the lobby slab, followed by the continuation of roof framing and first-floor framing.

The library will continue to remain open throughout the construction process, though some interruptions and/or temporary closures or reduced hours may be necessary from time to time. Completion of the library expansion project is anticipated in Fall 2024. Learn more about the expansion project online at www.happyvalleyor.gov/library-expansion or by scanning the QR code with your smart device.



stability to the overall construction project.



Framing of the expansion's basement walls.

# City joins Vietnamese Lunar New Year festivities

City of Happy Valley

On Feb. 17, the City joined residents, visitors, and community partners at Clackamas High School to celebrate the Vietnamese Lunar New Year.

Happy Valley Parks and Recreation, along with the Happy Valley Library, hosted a craft area, helping attendees create origami fish and festive bookmarks.

Additional booths showcased Vietnamese foods and art, and several local organizations and community leaders joined in the fun as well. It was a joyous occasion that truly brought community together.









visitors, and friends gathered to celebrate the Vietnamese **Lunar New Year** at Clackamas **High School on** 

Residents.

# Are you ready for Spring Break? Whappy Valley Library





Parks & Recreation and the Library join forces for a full week of engaging community activities

City of Happy Valley

Staying in town for Spring Break and wondering how to keep the kids busy? You're in luck. Happy Valley Parks and Recreation, in collaboration with the Happy Valley Library, is gearing up for an exciting spring break filled with diverse activities. From creative crafts to physical activity options and educational events, the City aims to keep students entertained during the upcoming break. This partnership emphasizes a shared commitment to encourage students to stay active and engaged during a time that could otherwise be filled with "I'm bored," and "There's nothing to do," type sentiments.

Throughout the week, kids and families can meet up with either the Parks and Rec crew or the Library staff for a themed activity. The line-up ensures different experiences each day, keeping things fresh and accommodating to many family schedules. From Lego building and interactive science activities, to soccer, nature crafts, and puzzles, there is something for everyone.

Be sure to check out the **2024 Spring Break Activity Guide insert for details** and complete schedule.

#### **SPRING BREAK**

Leave the planning to us and encourage the kids to do something fun this Spring



Enjoy a hike with the HV Hikers!

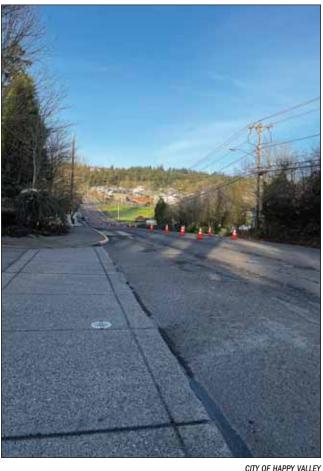




Crafts are always a hit with kids. Check the schedule for events that encourage students to get creative.



And they're off! A scavenger hunt is a great activity for practicing problem-solving.



CITY OF HAPPY VALLEY A view of King Rd. in late February as Superblock Phase III efforts begin to

## **UPDATE:** Superblock Phase III

¦ Final phase of project expected to be fully completed later this year

City of Happy Valley

The final phase of the Superblock project includes the addition of curbs, sidewalks, and street improvements such as streetlights between Regina Ct. and 132nd. Work will also include undergrounding power, construction of a stormwater detention facility, and improvements to the Mt. Scott Creek Bridge.

In February, residents likely noticed crews from NW Natural on site as they worked to relocate the gas line. Preparatory work fully commences this month as crews tend to general utility work and begin construction of the stormwater system on King Road. Mt. Scott Bridge improvements and construction of the stormwater detention facility will take place in conjunction with the stormwater system installation.

Undergrounding of utilities is anticipated to take place late spring/summer 2024, followed by paving and creating the final segment connections. Project is anticipated to be fully completed in winter of 2024. Two-way traffic on King Road will be maintained throughout the course of the project, though some minor delays are anticipated.

## Now Enrolling Our New Milwaukie Campus!

Learn more and schedule a tour at sunstonemontessori.org



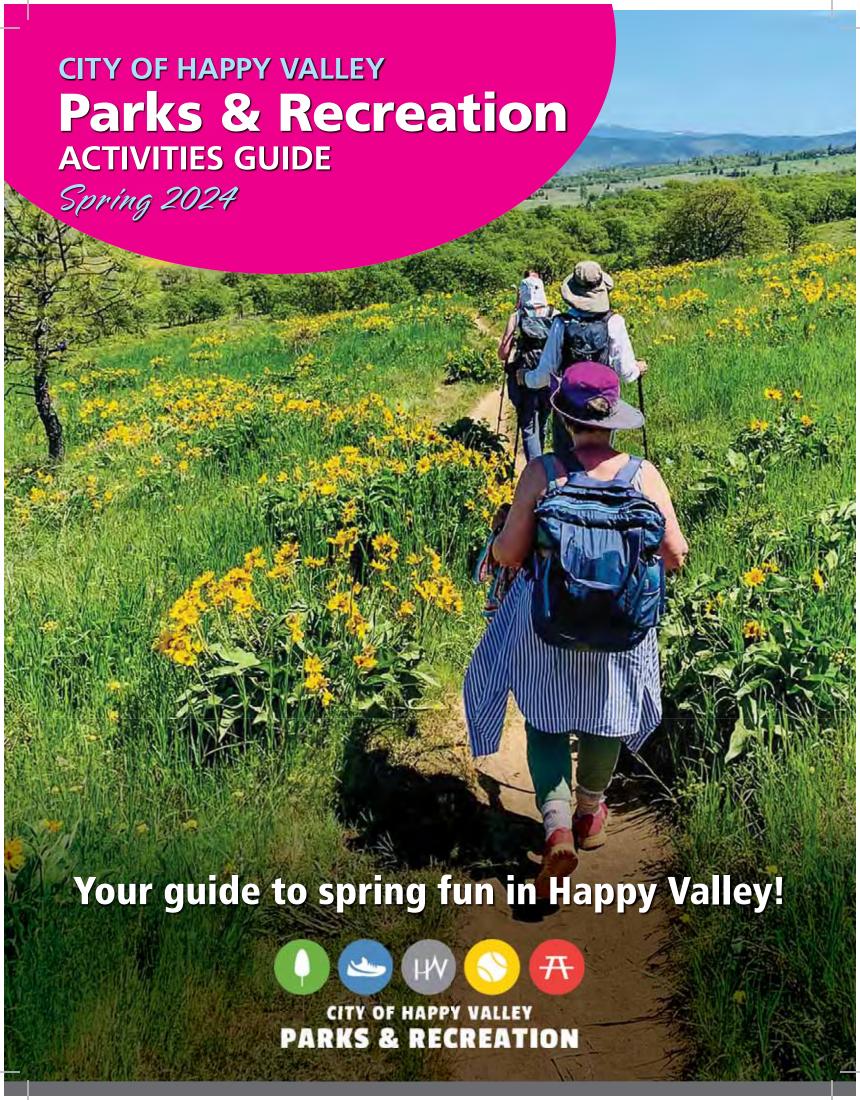


Our new 12-acre campus houses a nurturing community and a working farm!



**Toddler Program** 16 months to 3 years old

Middle School 12 to 15 years old



#### March - May Spring 2024 Parks and Recreation Programming

To register for one of these featured programs with our team or one of our recreation partners, be sure to check out **www.happyvalleyor.gov/parks** or scan the QR code with your smart device.



#### **Excursions**



#### **Field Trip Fridays**

Meeting location: Happy Valley City Hall

Enjoy a new experience and leave the driving to us! Hop on the RecMobile to enjoy an afternoon exploring a handful of Oregon's social, educational, and inspiring gathering spots, all while getting to know members of your community! Spots are limited. To check out featured field trips, visit: www.happyvalleyor.gov/parks



#### **OREGON COAST AQUARIUM DAY TRIP**

Mar. 15, 8 a.m.-5 p.m. Friday • Ages 18+

#### \$36-Resident / \$52-Non-Resident

While visiting the Oregon Coast Aquarium we'll journey from seafloor to shore! Shake hands with a moon jelly, hug an urchin, and get splashed by a puffin! The Aquarium is home to some of Oregon's most unique wildlife and experiences. Afterwards

we will head to Rogue Bayfront Public House for delicious lunch and beverages amidst beautiful views of the bay.

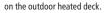


#### **OREGON GARDENS**

Apr. 19, 9 a.m.-2:30 p.m. Friday • Ages 18+

#### \$15-Resident / \$22.50-Non-Resident

Join us as we tour the 80-acre botanical garden, featuring more than 20 specialty gardens. Afterwards we will head to the beautiful quaint town of Silverton to the historic Mac's Place for delicious lunch and beverages, complete with a view of Silver Creek





#### **WAHKEENA WATERFALL LOOP**

Apr. 5, 9 a.m.-4 p.m. Friday • Ages 18+

#### \$15-Resident / \$22.50-Non-Resident

Enjoy breathtaking views on this beautiful scenic hike that starts at the Wahkeena Falls Trailhead. This popular loop is a waterfall lover's paradise with FIVE official waterfalls and countless other water features. Bring a lunch or save your appetite for our stop

at Sugarpine Drive-In before we head back to town. This cute spot serves up delicious, unique sandwiches, salads, and soft-serve sundaes. \*This hike is considered a moderate/difficult route and is recommended for experienced hikers.



#### **WILDFLOWER HIKE**

May 10, 8:30 a.m.-3:30 p.m. Friday • Ages 18+

#### \$15-Resident / \$22.50-Non-Resident

The Tom McCall Point Trail offers exceptional views of the Columbia Gorge as well as Mount Adams and Mount Hood. When the spring wildflowers are in bloom, a paved overlook near the top of the high bluffs offers one of the most stunning vistas

in the Gorge! Wildflowers like lupine, paint brush, fox glove, wild rose, and arrow root create a wonderful photo op. Bring a lunch or save your appetite for our pit stop at Ferment Brewing in Hood River on the way back to town.



#### **Owl Prowl**

Event held at Scouters Mountain Nature Park - 11000 SE Honorable Wy.

#### **OWL PROWL**

Mar. 14, 7 p.m.-8:30 p.m. Thursday • Ages 10+

#### FREE \*Registration Required.

As the sun sets over Scouters Mountain at dusk, join us for an Owl Prowl with naturalist, Elaine Murphy. Learn about the different kinds of owls found in the area and how to identify them. \*Minors must be accompanied by a registered adult.





Ages 10+

#### **Bird Walks**

#### **BACKYARD BIRD SHOP SPRING WALKS**

Apr. 11, 10 a.m.-noon -

Scouter's Mountain Nature Park - Thursday May 11, 8 a.m.-10 a.m. –

Mt. Talbert Nature Park - Saturday

#### FREE \*Registration Required.

Join Backyard Bird Shop in celebrating Spring with our feathered friends on a guided trail walk with naturalist Elaine Murphy. Learn how to discover local wildlife using both sight and sounds. \*Minors must be accompanied by a registered adult.





#### **Get out and Move!**

www.hvhikers.com

HV Hikers are always on the move exploring within the valley! Their goal is to encourage you to experience the beauty of the area, to get a little exercise, and to make new friends. All hikes are free, no RSVP required. Be sure to visit the HV Hikers newly updated webpage for a calendar view of all upcoming group hikes.





#### **Enrichment Classes and Activites**



#### **Engineering For Kids**

All classes will be held in the HV Annex – 12915 SE King Rd.



#### INDUSTRIAL ENGINEERING – A-LINE PRODUCTIONS

Mar. 5 – Apr. 9, 3 p.m.-4:30 p.m. Tuesday • Ages 7-12

#### \$187.50

During the Industrial Engineering classes, students use the Engineering Design Process to design, create, test, and refine efficient systems for production. Students explore foundational

concepts of industrial engineering such as assembly lines, safety, stamping, sorting, and distributing materials. Students see just how fun and creative industrial engineering can be as they create their ice cream factory and 3-D copies of designs.



#### ORBITERS AND LANDERS (AEROSPACE ENGINEERING)

Apr. 16 – May. 14, 3 p.m.-4:30 p.m.

#### Wednesday • Ages 7-12

#### \$187.50

During this class, students will take a comprehensive look at NASA's landers and orbiters that are currently conducting important research on Mars. Examine their anatomy and gain a

deeper understanding of how they assist in the work of NASA's scientists and engineers. Each class will use the EFK's Engineering Design Process to engage in exciting, hands-on STEM challenges with real-world connections to NASA and aerospace engineering.



#### **Enrichment Classes and Activites**



The Y Enrichment Classes

Location: HV Annex - 12915 SE King Rd.



#### STOP MOTION ANIMATION

Apr. 17 -May 22, 3:30 p.m.-5:30 p.m. Wednesday • K - 5th Grade

#### \$198

Animation is not only fun to watch, but also create! With stop motion animation, everything around you can come alive. In this class, we'll explore the basics and work together to develop stories, build props and characters, animate them, and craft our

very own animated short film.



#### **LEGO ENGINEERING CORE CONCEPTS**

Apr. 18 -May 23, 3:30 p.m.-5:30 p.m. Thursday • K – 5th Grade

#### \$198

Using Legos, this class helps teach the kids about motors, pulleys, gears, and the science of building machines and toys. These Lego engineering classes use battery-powered motors to make moving projects.





#### **Community Activites**



🚺 😂 🔞 🔘 🚳 International Day PARKS & RECREATION of Happiness

Mar. 20 • Wednesday

#### **Family Friendly Event**

SAVE THE DATE! Help us celebrate International Day of Happiness. \*Event details coming soon! Follow us at: www.happyvalleyor.gov/parks for more info.



#### 🕕 😊 🍿 🖰 🚳 Spring Break Activities

See Activity Guide for event locations.

#### Mar. 25 - Mar. 29 • Monday - Friday

Throughout the week, kids and families can meet up with either the Parks and Rec. crew or the Library staff for a themed activity. The line-up ensures different experiences each day, keeping things fresh and accommodating to many family schedules. From Lego building and interactive science activities, to soccer, nature crafts, and puzzles, there is something for everyone. See below for the calendar of events!



#### My Gym in The Park!

All classes held at Happy Valley Park.

#### **EGGSTRAVAGANZA 2024**

Mar. 23, 10 a.m.-1 p.m. Saturday • Ages 6 months to 10 years \$20

Join My Gym in the park for their annual Eggstravaganza! This intimate event will feature spring-themed songs, dances, relays, games, and puppets, finished off with an egg hunt! All eggs will be pre-filled with non-food items. Bags will be provided, but you are welcome to bring your own basket.

Register for a 30-minute time slot to guarantee your space. Walk-ins will not be accepted due to very limited capacity. The event will be held at the Happy Valley Park gazebo.

10:00 a.m. - 10:30am • 10:45 a.m. - 11:15am 11:30 a.m. - noon • 12:15 p.m. - 12:45 p.m.

Learn more about My Gym and their partnership with Parks and Rec in this insert.









## 024 SPRING BREAK ACTIVITY GUIDE

#### ALL ACTIVITIES ARE FREE! 🔷 DETAILS ONLINE: WWW.HAPPYVALLEYOR.GOV/PARKS

#### MONDAY: 3/25

PARKS & RECREATION

LIBRARY

PLEASANT VALLEY PARK:

RECMOBILE GAMES ALL AGES

KIDOKINETICS - AGES 3-5YRS

SUPER SMASH BROS TOURNAMENT AGES 10+ 3PM - 4:30PM

TUESDAY: 3/26

PARKS & RECREATION

HV LIBRARY

HV LIBRARY:

**800KMARKS & BUTTONS!** ALL AGES 10:15AM - 11:45AM

#### WEDNESDAY: 3/27

PARKS & RECREATION

MEET @ HV LIBRARY: HIKE W/ HV HIKERS PIONEER PARK ALL AGES 2PM - 3PM

LIBRARY

HV LIBRARY-

HV LIBRARY

HV LIBRARY: WALL DECOR ABES 10+ 3PM - 4:30PM

\*REGISTRATION REQUIRED DOLLINCO DRO/HVS

PARKS & RECREATION

HV LIBRARY

HV LIBRARY:

#### FRIDAY: 3/29

PARKS & RECREATION

HIDDEN FALLS NATURE

PARK: SCAVENBER HUNT ALL AGES

LEGOS -K-5TH GRADE 10:30AM - NOON 1PM - 3PM





#### THURSDAY: 3/28

VILLAGE GREEN PARK

SOCCER SHOTS - AGES 2-BYRS RECMOBILE GAMES - ALL AGES

IPM - 3PM

**PUZZLES** ALL AGES 10:00AM - NOON

#### **Health and Wellness**



#### Pet First Aid / CPR Class

Class held at Happy Valley Park - 13770 SE Ridgecrest Rd.



#### **PET FIRST AID & CPR CLASS**

May 21, 5 p.m.- 8 p.m. Wednesday • Ages 18+ **\$90** 

Dogs are NOT permitted to attend, but participants are encouraged to bring stuffed animals for the hands-on portion of class. Learn basic first aid and how to perform CPR should your dog ever have an emergency. Each participant will receive a pet first aid pocket-sized handbook to take home.

TO BASECAME



#### Providence Basecamp Prevention + Wellness

Classes held virtually

Affiliated with Providence Heart Institute, Providence's Basecamp Prevention + Wellness programs offer free movement and education classes so that everyone can live their best, healthiest lives. Take the next step and register for FREE today!



## TAI CHI: MOVING FOR BETTER BALANCE (BEGINNERS)

Tuesday/Thursdays, 8:30 a.m.-9:30 a.m.

**FREE** 

This introductory class welcomes those wishing to learn the initial forms of the Tai Chi practice with a desire to gain confidence, stability, strength, and mobility in a fun and supportive environ-

ment. www.welcometobasecamp.org/taichibeginners



#### TAI CHI: MOVING FOR BETTER BALANCE (ADVANCED)

Tuesdays/Thursdays, 9:30 a.m.-10:30 a.m.

FREE

Participants will build upon their knowledge from our Tai Chi Beginners class and continue to gain confidence, stability, strength, and mobility in a fun and supportive environment. www.welcometobasecamp.org/taichi



Tuesdays/Thursdays 9:30 a.m.-10:30 a.m.

#### FREE

A wonderful chair-based yoga practice for those who prefer to stretch and move their bodies while staying off the floor. Classes combine gentle movement and intentional breath in both seated and standing poses.

www.welcometobasecamp.org/chairyoga



#### **GENTLE YOGA**

Mondays/Wednesdays/Fridays, 9 a.m.-10 a.m. **FREE** 

The practice of gentle yoga combines mindful movement and breath with standing, seated, and restful floor-based practices to nourish the body, mind, and heart.

www.welcometobasecamp.org/gentleyogaonline





#### **Health & Wellness Classes**

Classes are held at Happy Valley City Hall.

#### NUTRITION FOR HEALTH – WITH NATURAL GROCERS

6 p.m. - 7 p.m. • Thursday • Ages 18+ Looking to experience more mental clarity, healthy energy levels, a healthy body composition, a positive mood, digestive health, skin health, and more? Join the upcoming health series where each class delves into a new topic and provides a healthy challenge to

implement. Visit happyvalleyor.gov/parks for class descriptions.

Mar. 28, Nutrition for Health: Eat for Your Health (and the Planet's Health) Apr. 25, Nutrition for Health: Kick Sugar Cravings

May. 30, Nutrition for Health: Detoxify Your Life

FREE \*Registration Required



#### **HealthyU Nutrition**

Classes are held at the Sunnyside Grange - 13130 SE Sunnyside Rd.



Apr. 29 – May 20, 6 p.m.-7:30 p.m. Monday • Ages 18+

FREE \*registration required Sponsored by Happy Valley Parks and Recreation Foundation

Parks and Recreation Foundation Gain cooking skills and a better understanding of eating for health and wellness in this nutrition and food demonstration class series. DASH (Dietary Approaches to Stop Hypertension) is an eating

pattern that promotes overall health and wellness, as well as supports the management of several chronic health conditions. \*This course will not be allergen friendly. Wheat may be used or cross-contamination with wheat will be likely. Eggs, dairy, and nuts may be used as well.



#### First Aid/CPR/AED Training

Classes held at Happy Valley City Hall.



#### FIRST AID/CPR/AED TRAINING

May 17, 9 a.m.-2:30 p.m. (Non-School Day) Friday • Ages 15+

#### Resident \$70 / Non-Resident \$105

Our in-person CPR/First Aid Training course combines lectures with hands-on skills sessions. Students will learn how to recognize and care for a variety of first aid emergencies and how to respond to breathing and cardiac emergencies. \*Scholarships

available through the Happy Valley Parks Foundation: www.hvprf.org



#### **Babysitter Training**

Classes held at Happy Valley City Hall.



#### **BABYSITTER TRAINING**

Apr. 12, 9:30 a.m.-4 p.m. Friday • Ages 10 – 16

#### Resident \$50 / Non-Resident \$75

Our in-person babysitter classes give you access to the latest information on childcare, offer tips, and can answer all your questions so that you're ready to start your own babysitting business. With lectures and class activities, these cours-

es are engaging, informative and fun. Topics covered include: Basic Care for Infants and Children, Basic First Aid, Child Behavior, Age-Appropriate Activities, Emergency Protocols, Professionalism, Leadership, and Growing Your Business. \*Scholarships available through the Happy Valley Parks Foundation: www.hvprf.org

#### **Art Classes**



#### Venvino Art Studios – In-Studio Classes

Location: Venvino Art Studios - 13329 SE Misty Drive.



#### CREATE AND LEARN SERIES – ACRYLIC PAINTING HOW TO PAINT FLOWERS

Mar. 1, 6 p.m.-7:30 p.m. Friday • Ages 16+

#### \$25/ 1.5hour session

Learn the basics of using acrylic paints, brushes, and techniques for creating a beautiful painting of flowers in a vase. Each registration includes your 1.5-hour lesson and an  $8" \times 10"$  canvas panel.



#### CREATE AND LEARN SERIES – ACRYLIC PAINTING HOW TO PAINT OCEAN WAVES

Apr. 5, 6 p.m.-7:30 p.m. Friday • Ages 16+

#### \$25/ 1.5hour session

The dynamic and ever-changing nature of waves on canvas involves understanding the interplay of light, color, and motion. Learn this and the basics of using acrylic paints, brushes, and

techniques for creating hypnotic waves. Each registration includes your 1.5-hour lesson and an 8  $^{\prime\prime}$  X 10  $^{\prime\prime}$  canvas panel.





#### **CREATE AND LEARN SERIES – ACRYLIC** PAINTING HOW TO PAINT WILDFLOWERS

May 3, 6 p.m.-7:30 p.m. Friday • Ages 16+

#### \$25/ 1.5hour session

Wildflowers provide an endless source of inspiration. Immerse yourself in the intricate details of petals, stems, and the unique characteristics that make each wildflower a living work of art. Each

registration includes your 1.5-hour lesson and an 8" x 10" canvas panel





#### **Birdy Bungalow Build**

Event held at Scouters Mountain Nature Park -

11000 SE Honorable Wy

#### **BIRDY BUNGALOW BUILD**

May 24, 11 a.m.-1:30 p.m. Friday • All Ages

#### \$20

Let your imagination run wild as you build and decorate your very own birdhouse and learn about the species of birds that call Happy Valley home. Children 8 years old and younger FREE with a registered adult, and will get to decorate their own craft birdhouse. \*Minors must be accompanied by a registered adult.







#### **Chinese Calligraphy Classes**

All classes will be held in the HV Annex - 12915 SE King Rd.

#### **INTRODUCTION TO CHINESE CALLIGRAPHY**

Apr. 10 - May 29, 7 p.m.-9 p.m. Wednesday • Ages 18+

#### \$225

Immerse yourself in the exquisite world of Chinese Calligraphy with experienced instructor Terri Hsing. Her artwork has been shown at Yuan Ru Art Center in Bellevue, Washington as well as at Lan Su Chinese Garden

in downtown Portland. This 8-week series will introduce you to the fundamentals of this ancient art form and delve into the intricacies of six different scripts. All materials provided.



#### **Sports**



#### Soccer Shots Clinics

See registration pages for program locations.

#### **SOCCER-MINI**

Saturday: Mar. 16 – May 18, 4:50 p.m.-5:20 p.m. Thursday: Mar. 21 – May 23, 3:45 p.m.-4:15 p.m. Ages 2-3

#### \$205

Soccer Shots Mini is a high-energy program introducing children

to fundamental soccer principles, such as using your feet, dribbling and the basic rules of the game. Through fun games, songs and positive reinforcement, children will begin to experience the joy of playing soccer and being active.

#### **SOCCER-CLASSIC**

Saturday: Mar. 16 – May. 18, 4 p.m.-4:35 p.m. Ages 3-4 Thursday: Mar. 21 – May. 23, 4:30 p.m.-5:05 p.m. Ages 3-4 Thursday: Mar. 21 - May. 23, 5:20 p.m.-5:55 p.m. Ages 4-5

\$215

Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing, and shooting. We also highlight positive character traits each session such as respect, teamwork, and appreciation



#### **SOCCER-PREMIER**

Mar. 16 - May 18 Ages 5-6: 3 p.m.-3:45 p.m. Ages 6-7: 2 p.m.-2:45 p.m. Saturday \$215

Soccer Shots Premier focuses on individual skill, fitness, and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Children will also be introduced to competition in a developmentally appropriate manner.



#### Skyhawks Sports Camps

See program details online

#### MINI-HAWK CAMP (BASEBALL, BASKETBALL & SOCCER)

Mar. 25 – Mar. 29 9 a.m.-noon Ages 4-6

#### \$165

Learn a variety of sports in a safe, structured environment filled with encouragement and fun. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace. \*Camp will be held at Pleasant Valley Village Park



Mar. 25 - Mar. 29 9 a.m.- noon • Ages 6-12

This program is designed to introduce athletes to a variety of different sports in one setting. Here, we combine baseball and basketball into a series of clinics where athletes learn the rules and essential skills of each sport along with vital life lessons such as respect and teamwork. \*Camp will be held at Pleasant Valley Village Park - 16710 SE Pleasant Valley Pkwy.

#### **SOCCERTOTS (CUBS)**

Apr. 13 - May 18, 9 a.m.-9:30 a.m. • Ages 3-4 \$99

Playable on almost any surface, these soccer-themed motor skill classes are very easy for youngsters to get into. Instructor-to-student ratio is kept small to maximize individual development, and above all else we promote fun, fun, fun!

#### **SOCCERTOTS (BEARS)**

Apr. 13 - May 18, 9:40 a.m.-10:10 a.m. • Saturday • Ages 4-5 \$99

Little ones will enjoy soccer-themed motor skill classes that focus on developing motor skills and self-confidence. Instructor-to-student ratio is kept small to maximize individual development, and above all else we promote fun, fun, fun!

#### **MINI-HAWK (BASKETBALL & SOCCER)**

Apr. 13 - May 18, 10:20 a.m.-11:05 a.m. • Saturday • Ages 5-7 \$99

This multi-sport program was developed to give children a positive first step into athletics. Basketball, and soccer are taught in a safe, structured environment filled with encouragement and fun. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace.

#### OUTDOOR BASKETBALL

Apr. 13 - May 18, 11:15 a.m.-12:10 p.m. • Saturday • Ages 8-12 \$99

Participants will learn the fundamentals of passing, shooting, ball handling, rebounding, and defense through skill-based instruction and small-sided scrimmages.

#### HOOPSTER TOTS

Apr. 13 - May 18, 12:20 p.m.-12:40 p.m. • Saturday • Ages 3-5yrs

Learning basketball has never been more fun! These classes focus on dribbling, shot technique. passing and teamwork. Adjustable hoops and appropriately sized basketballs are used to always provide just the right amount of challenge.



#### **Kidokinetics Camps**

See program details for class/camp location.

#### **SPRING BREAK POP-UP**

Mar. 25

Monday • 3-5yrs – 1 p.m.-2 p.m.

#### FREE

A fun introduction to sports designed to help kids get moving and build confidence! Our camp features a warm-up, an introduction to several sports/activities, a cool-down, and an age-appropriate anatomy and physiology lesson. \*Pop-up will be held at Pleasant Valley Village Park - 16710 SE Pleasant Valley Pkwy.



#### "NOTHING BUT NETS" CAME

Mar. 26, - Mar. 28, 9:30 a.m.-11:30 am. Tuesday - Thursday • Ages 5-12yrs

#### \$105

A combination of lacrosse, basketball, hockey, and tennis creates a one-of-a-kind experience that is everything but ordinary. We'll focus on hand-eye coordination, cardiovascular endurance, and of course, the introduction to techniques required to play all four of these incredible sports! \*Camp will be held at Happy Valley Park – 13770 SE Ridgecrest Rd.

#### SPORTSPLAY CLINIC

Mar. 14, - Jun. 6, 4 p.m.-4:45 p.m. - Thursday Mar. 17, - Jun. 9, 4 p.m.-4:45 p.m. - Sunday Ages 3-12yrs

#### \$89

A fun introduction to sports designed to help kids get moving and build confidence! Sportsplay includes a different sport every week, including - volleyball, football, soccer, lacrosse, frisbee, and more! \*Clinic will be held at Pleasant Valley Village Park - 16710 SE Pleasant Valley Pkwy.

## Moving and learning with My Gym

A children's fitness center, My Gym gives kids a chance to have fun through challenging and captivating activities. Of course, the colorful play equipment may be the focal point of the excitement, but there is so much more to My Gym than meets the eye. In addition to giving children a way to burn energy, it also encourages them to develop physical strength, improve social skills, and increase their confidence. My Gym is ultimately a place where kids can become their best selves as coaches offer support and guidance in an inclusive setting that truly inspires success.



My Gym owner, Jen Anderson-Vue

Gym owner, Anderson-Vue, initially forged a career in the nonprofit world, but stepped away to raise her three children. Recognizing the importance of family, she saw My Gym as a business that could benefit the community. It would offer kids a safe, contained environment for

play, while simultaneously encouraging parents to be part of the action and share in their children's development.

My Gym is also one of the original partners to team up with Happy Valley Parks and Recreation. Jen's ability to adapt and flex to the changing demands following the pandemic created an opportunity for her to extend her reach within the community. Her classes currently are offered through Parks and Recreation on a seasonal basis, and there are always opportunities to join a class at her gym. Classes and activities are geared towards youth ages 3 months to 10 years and there are a variety of formats to choose from.

As a Happy Valley Parks and Recreation partner, local businesses have a unique opportunity to showcase their work with the support and encouragement of the City. Recognizing that small businesses are the backbone of the local economy, Parks and Rec staff are excited to find ways to bring the talents of our community members to the forefront and help connect residents to what they do. This kind of partnership not only gives businesses a chance to shine, but it gives access to quality recreational experiences that residents and visitors to the City might not know about. By partnering with entrepreneurs like Jen, Happy Valley Parks and Recreation can easily support local programming, all while encouraging more choices for the community.

What will your child learn? Check out an upcoming My Gym class in this insert and encourage





Often with a booth at community events, My Gym's interactive equipment is always a hit with the kids.



Burn that energy! My Gym's classes in the Park guarantee little ones stay active.



My Gym's activities and games encourage your child's fine motor skills, coordination, and self-confidence.

"The City of Happy Valley works so hard to make our city a fun, safe, family friendly place. I have watched the city grow, add more services and programs, and develop their amazing community events and I have seen the plans and incredible potential it has and am so blessed to be a small part of that."

"We have been a part of the community here for 6 years now and I can say what has kept me going through the hard times is hearing what a difference we have made in the lives of so many children and families. Kids who I saw take their first steps, jumps, and cartwheels at the gym are now thriving as elementary and middle school students. Kids who may have had developmental challenges as infants and toddlers are now thriving with confidence at school, sports and so many other activities they choose to do."

My Gym is a place where families can watch their children grow and thrive. Whether it be at their physical gym location or during a class at Happy Valley Park, Jen knows her business has the ability to allow families to experience some major milestones. She's witnessed children take their first steps at the gym, learn how to jump, and make new friends.

As a local Happy Valley resident, Jen has the privilege of seeing firsthand the impact her work has on the community. She believes that businesses are here not just to make a living, but also foster a community and strengthen connections. She prides herself on getting to know the families she works with and prioritizes giving back whenever possible. You've probably even seen her hosting a variety of community booths at Happy Valley events where her interactive, hands-on games give kids something to take part in.

your child's love of movement and fun. As a bonus, My Gym will also hold their Eggstravaganza event at Happy Valley Park again this year on Saturday, Mar. 23 in partnership with Happy Valley Parks and Recreation.



Ready, set, go! Sign up for My Gym's Eggstravaganza spring themed event.

#### Want to partner with Parks & Recreation?

Interested in teaching a class for Happy Valley Parks and Recreation? Contact our Parks and Recreation Supervisor, Stephani Hern at stephanih@happyvalleyor.gov today!

We're proud to partner with local businesses and organizations to bolster programing and offer a variety of classes, camps, and activities. Our collaborative efforts help keep your costs down and give you access to some of the best instructors and active programming around. Learn more at hv.city/program-instructors



## TGIF! FIELD TRIP FRIDAYS OFFER ADVENTURE, NEW EXPERIENCES

Happy Valley's Field Trip Fridays takes residents on exciting excursions to various locations around the metro area and beyond. These outings provide a stress-free way for Happy Valley residents to explore new places and experience an array of seasonal events. From snowshoeing to exploring a museum, to even taking a day trip to Willamette Valley Vineyard, residents can embark on journeys without the burden of planning itineraries or making reservations. "We joined our first field trip to Carson Hot Springs Resort and thoroughly enjoyed the experience," says Happy Valley resident, Hanh Nguyen. "Staff were friendly and professional, it was well-organized, and it was a fun group to be with. We will definitely join more trips and would encourage other families to participate, too."

Events include all transportation, making these excursions accessible for individuals and groups of friends who want to sit back, relax, and take in the sights around them. Registration also covers the cost of entrance to the destinations and many of the related activities set to occur. This gives participants more ability to enjoy the day and keep incidentals to a minimum. Sometimes, participants also enjoy special price breaks and included activities at



A hike along Angel's Rest Trail.



A guided tour of the Evergreen Air & Space Museum



Tour participants delve into eerie tales and haunted history of downtown Portland.

cost, courtesy of the coordination and planning efforts by the Parks and Recreation Team. This helps keep outings affordable and amenable for just about any budget.

Field Trip Fridays can be educational, socially stimulating, or relaxing. They can even be a little of all three depending on what you desire. That's because many excursions offer participants choices when it comes to different activities available at the destination. Some give you an opportunity to hang back at a cozy mountain lodge, for example, while others let you take a leisurely stroll throughout a festive holiday market. Many Field Trip Friday participants are repeat customers who love exploring new places and getting to know other Happy Valley locals. "There's nothing better than a literal hike in the woods with this diverse group of neigh-

bors and the Happy Valley Parks and Recreation staff," says Roger Hough, a Happy Valley resident. "They make it so much FUN!" Residents Steve and Lori Yeadon. who have gone on several Field Trip Friday adventures over the years, highly recommend others join in on the experience. "From hiking in the Gorge to snowshoeing on Mt. Hood, our trips have

always been fun, adventurous, and beautiful!" Between meeting new people, relaxing on the bus or over lunch, and taking in the gorgeous venues, they find the outings well worth it.

The Parks and Recreation team is dedicated to keeping Field Trips fresh and exciting. When planning an excursion, they consider community interests, age demographics, and activities that give a participant the most bang for their buck. Feedback and surveys often help shape destination choices as does taking into account travel time, safety, and cost. Staff's ultimate goal is to create engaging, inclusive experienc-



Savoring the sights and sips during wine tasting in the Willamette Valley.

es that reflect community preferences and foster recreation. education, and community bonding. Team members, Ashley Kacy & Ashley Degner and



Kacy Cullen, coordinate every last detail and lead each event from start to finish. True hosts, they not only ensure participants have a memorable experience, but that everyone feels welcomed and encouraged to try something new.

"I am extremely proud of our Field Trip Friday program," says Ashley. "It's a wonderful

> way for folks in our community to get out and meet people they may not otherwise cross paths with." Kacy agrees and adds that she eniovs seeing residents pursue a new opportunity. "It's rewarding to coordinate a new trip each month," she begins, "and watch members of our community learn or experience something new, all while creating lasting memories

with one another."

What are you

waiting for?

A day trip is just a

sign-up away with

Happy Valley Parks

and Recreation.



An outing to the Portland Holiday Market.



Flowers everywhere during a Spring hike.



Amid snowshoeing Cooper Spur, participants posted for a group photo.

What's Next? With each trip carefully curated to offer varied experiences, Happy Valley residents can anticipate new events to be offered every month. This spring, Field Trip Fridays is set to include several outings that bring nature to the forefront. Iconic destinations like the Oregon Coast Aquarium and the enchanting Oregon Gardens promise a unique blend of learning and leisure. For those yearning for a breath of fresh air, a trip in May will entail a hike amongst wildflowers, timed perfectly with blooms in season. Be sure to check out the upcoming Field Trip Friday opportunities in this insert and head to www.happyvalleyor.gov/parks to register for your next adventure.

## Take a hike! Get out and move with HV Hikers

HV Hikers has been making strides for nearly two decades as the local community hiking group. Its mission is to create a supportive environment for individuals of all fitness levels to come together and experience the City's trails. Their guided hikes, which are free to join, have gained popularity as an excellent way to stay active, make new friends, and appreciate the beauty of Happy

Participating in a HV Hikers' trek not only provides a chance to explore the various trails and neighborhoods of Happy Valley, but it offers an opportunity to connect with other residents. Whether you're a seasoned hiker or a beginner just venturing out, everyone is welcome to participate. Many a friendship has been formed between members and for those who enjoy having some motivation to get moving, the consistent scheduling of hikes is a sure-fire way to ensure a hiking buddy will provide some encouragement.

Brett Sherman, City Councilor and unofficial hike leader, has appreciated and enjoyed the support of the community. "I never would have guessed back in 2006, when we first started, that almost 18 years later we'd still be adding new members and going out every week." At last count, there are around 400 hikers subscribed to the e-mail reminder list, with another 800+ following the group on Facebook. "I love that putting out a regular schedule and offering exercise rain-or-shine has encouraged so many to get out and explore!"

The group's robust calendar offers a helpful synopsis about each hike's planned event, including difficulty level and any terrain challenges. Since hikes happen frequently, it's easy to find one that suits your interests and physical needs. Many hikes are actually great for all ages and abilities, and there are stroller-friendly, and pup approved hikes, too.

To stay updated on upcoming hikes and HV Hikers related events, be sure to visit their website at www.hvhikers.com. The website serves as a hub for information and includes just about any detail you could think of as you get ready to head out. Plus, using the group's route maps, you can try a hike on your own anytime you want.

Happy Valley Parks and Recreation is proud to support the efforts of HV Hikers. As a partner in their initiative to promote awareness of Happy Valley's extensive trail system and getting outdoors, we encourage you to be on the lookout for special hikes that pair our groups together. Learn more by visiting www.happyvalleyor/parks and following our dedicated Happy Valley Parks and Recreation Facebook page!













Experience a variety of hikes with the HV Hikers, a community group that encourages everyone to get out an explore.

### Sports field replacement update at Happy Valley Park

The Happy Valley Park sports field replacement project is continuing to take shape. The system's irrigation control and pump system are in process of being installed, but making strides in nearing completion. That is the critical connection to our well system and will provide water for the fields without using our domestic water source. Aside from this, residents can expect to see the fields remain fenced as the grass continues to complete its next germination cycle in preparation for use. The project is anticipated to be completed in full later this summer.



The fields will gradually open for light recreational use this summer, however there will be no leagues or competitive play permitted on the field until at least next fall.

For more information, including who to contact should questions or concerns arise, please visit our dedicated project webpage at www.happyvalleyor.gov/field-replacements. The City will provide up-



dates on that page should anything change regarding scheduling.

Parks improvement projects, such as this one, are fully funded by the Happy Valley Parks Levy, which is voted on by residents every five years. This critical funding not only helps maintain our beloved recreational amenities but allows for their long-term accessibility by residents and visitors alike.

This improvement project serves to replace the current fields with new grass and amenities that include:

- Updates to irrigation and drainage lines
- Fencing and sign modifications
- Infield upgrades to baseball field
- Newly leveled soccer fields and grass





The Happy Valley Parks and Recreation Foundation works collaboratively with the City's Parks and Recreation Department to help bolster park amenities and vital programming. Check out hyprf.org for more information and scholarship opportunities.