THE SKY'S THE LIMIT Y LET YOUR LEADERSHIP SOAR

2020 OREGON YOUTH

WHERE YOUTH LEADERS COME TOGETHER

SPECIAL THANKS TO WILLAMETTE

<u>SCHEDULE</u>

8:00am-Registration/Check-in begins 9:00am-Special Guest - Governor Kate Brown **Welcome by Willamette University** Youth Motivational Speaker - Eric Post Airplane - Hot Topics Take Flight 10:15am- Break (Head to the flight path and record your idea) 10:30am- Youth Council Panel - 5 minutes each (Representative from each Council share local programming & initiatives) 11:30am- Break 11:45am-Flight Recorder Discussion / Hot Topic Solutions Noon-Lunch Guest Speakers - Dan Devaney and Walter Bailey "Positive Attitude brings you to a Higher Altitude" 1:30pm- Group Photo End of Program - State Capitol visit on your own

WELCOME GOVERNOR KATE BROWN



<u>Motivational Speaker</u>

ERIC POST YOU HAVE ONE LIFE. LIVE IT.

Entrepreneur, investor, adventurer, competitor. Not necessarily in that order.

Eric enjoys spending his free time volunteering, reading, training for triathlons, and other physical challenges. He has recently completed a 100-mile mountain bike race, multiple 70.3 Ironman competitions and even trekked to the top of Mount Kilimanjaro. With the belief that being comfortable is the enemy of progress, Eric finds ways to push himself in his personal and professional life. He proudly served as a Combat Engineer in the Marine Corps and was honorably discharged as a Sergeant (E-5).









<u>Airplane - Hot Topics Take Flight</u>



- Select a topic that you see is a problem amongst youth in your City.
- Write that topic on a blank piece of paper.
- Make an airplane.
- Let your topic take flight!



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Guest Speaker - Dan Devaney

Dan Devaney was born and raised in Portland, Or. After high school, Dan earned a football scholarship to the University of Oregon. During his time in Eugene, he earned a Bachelor's Degree in Liberal Arts. Dan had a successful athletic career at Grant High School and The University of Oregon. He made his way to the counseling field in addiction and substance abuse after his own journey in addiction. Dan also suffered from depression and suicidal idealization during these times. Dan is now clean and sober and living a life in recovery. He is a State of Oregon Certified Alcohol and Drug Counselor I (C.A.D.C.I) and also a Certified Recovery Mentor (C.R.M.) He is also the co-founder of #Hey Catch!, a newly developing non-profit 501(c)(3) foundation focusing on addiction, mental health, and suicide awareness and support.

While at the University of Oregon, Dan was successful and excelled in football. After his time at there on the football field, Dan found himself facing significant personal struggles. He did not know who he was without football or what to do with his life. Eventually, Dan found himself in the middle of depression and addiction. The transition to real life was not easy. This is why Dan is so passionate about giving back and helping others. It's only through his own journey of addiction, depression, and darkness that he was able to transform his new life in recovery and helping others. Through this journey Dan found meaning in the struggle, and now he is able to connect with others experiencing the same issues and challenges. Dan is passionate about supporting anyone, especially young adults in finding solutions to the addiction and mental health problems they are faced with today.

Guest Speaker - Walter Bailey

Walter Bailey was born and raised in Portland, Or. After high school, Walter earned a football scholarship to the University of Washington. He was part of a 1990's Husky team that went to three Rose Bowls and won a National Championship. He played for 1 year for CFL /Sacramento Gold Miners in 1993. Walter became an alcohol and drug counselor and now works at Central City Concern's Imani Center in Portland.

After the "clapping stopped" and the "last whistle blew" Walter found himself lost. His identity was gone and he turned to alcohol and drugs to cope with his new life after sports. The transition to real life came after some tough years using drugs and alcohol. He found his way out and became a new man. Walter is now clean and sober and living a life in recovery. Walter is passionate about helping others. It's only through his own journey of addiction, depression, and homelessness that he found a new way to live. Through this journey, Walter found his struggles could serve others. He is able to share his experience, strength, and hope with others experiencing the same issues and challenges. Walter is living a life in recovery and helps others do the same.Walter identifies himself as a person in long term recovery. He is a State of Oregon Certified Alcohol and Drug Counselor I (C.A.D.C.I), QMHA Qualified Mental Health Associate, and a (P.S.S.) Peer Support Specialist. Walter is also the co-founder of #Hey Catch!, a newly developing non-profit 501(c)(3) foundation focusing on addiction, mental health, and suicide awareness and support.



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Stephanie Llewellyn

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