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Happy Valley NEWS

August 2024

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A Celebration of COMMUNITY



Get ready for some fun and excitement as National Night Out returns to Happy Valley on Aug. 6! This is your chance to meet and mingle with the police and other first responders who keep our City safe. Don't miss the amazing activities and events coming your way. Learn more by turning to page 10.

HEY CAKE GIRL!

Baker's Talents Stretch Far Beyond Happy Valley's Saturday Market

From culinary school through Las Vegas to Food Network shows and back to Oregon

By JAMES KENNETH PRESLEY
For The Happy Valley News

Is there any experience in Happy Valley that embodies the concept of "community" more than the Saturday Market? Dozens upon dozens of local vendors, musicians, chefs, and artists coming together to display their unique talents and goods for us lucky visitors. It's truly remarkable to think that each one of these vendors only takes about five seconds to walk past, yet the stories behind even just one vendor could be last hours. One example, Kristen Wiese of Hey Cake Girl, whose experience and stories in the world of



French Macarons: Nobody makes them better than Wiese



Kristen Wiese: Hey Cake Girl owner

See CAKE / 3

Beat the heat with cool summer tunes



Concert goers can expect festival style seating. Bring some blankets and lawn chairs and immerse yourself in the sounds of summer.

Enjoy live music every Thursday at Happy Valley Park

City of Happy Valley

We're halfway through our Summer Concerts in the Valley series, happening every Thursday evening through Aug. 22. Blankets or lawn chairs are all you'll need. You can purchase food and drinks on site, including beer and wine for those 21 and over. And don't forget to check out the Happy Zone, where kids and teens can make crafts, play games, and more. Additionally, the Youth Entrepreneur Fair continues to provide kids and teens with the opportunity to showcase and sell their creative products. Concert attendees can peruse these vendor booths each concert night and purchase handmade goods. There are even a couple of bonus activities on the docket.

On Aug. 1, get ready for a First Responders Tribute night as we round out National Night Out week with a concert honoring those from police, fire, and other emergency response. Adults 21+ will also have an opportunity to partake in a specially curated wine tasting event, presented by Whiskey Barrel Lounge. August 15 marks Volunteer Appreciation Night. This annual event serves

SEE CONCERTS / 3

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CITY OF HAPPY VALLEY
Police support our schools with visits and educational presentations. Here, HV Police Chief Rich Sheldon talks to kindergarteners about his role as a community helper.



CITY OF HAPPY VALLEY
Coffee with a Cop is a great platform for asking questions and learning about Happy Valley Police.



CITY OF HAPPY VALLEY
A young resident meets a K9 unit during a community event. Making connections throughout the year helps build trust and familiarity between residents and law enforcement.

HVPD & Community Services Officers: In the community

How the Public Safety Team engages with residents and fosters positive relationships

City of Happy Valley

Throughout the year, Happy Valley Police and the City’s Community Service Officers (CSO’s) make an active effort to connect with residents and other members of the community. By engaging in events and activities, the Public Safety Team aims to build familiarity and trust with the people they serve and protect. In doing so, the team hopes to establish positive and respectful relationships.

You’ll often find deputies and CSO’s participating in such events at the Happy Valley Fun Run, visiting students in classrooms, working with local business owners, and partnering with our very own Parks and Recreation team. By being involved, the Public Safety Team shows their commitment to the community and has a way to not only form effective relationships, but also demystify their work.

Here are several ways our Public Safety Team stays connected:

National Night Out: A Chance to Meet Your Deputies and CSO’s

On the first Tuesday in August, the Happy Valley Police Department and Code Enforcement Team joins thousands of communities across the country for the annual National Night Out event. This is a great opportunity for residents to get to know the deputies who patrol our streets as well as the CSO’s who respond to livability concerns. The event features food, music, games, and giveaways, as well as a chance to ask questions and learn more about the work of a variety of local first responders. This year, the event will take place at Happy Valley Park on Aug. 6. The event runs from 6:30 p.m. to dark, with an illuminated drone show culminating the experience. Learn more about the event and other activities slated for the week on page 10.

Coffee with a Cop: A Casual Conversation

If you miss the National Night Out event, you can still chat with local deputies at Coffee with a Cop events. These are informal gatherings



The Public Safety Team is a big part of community. Here, a Community Service Officer and Clackamas County Sheriff’s Deputy visit with kids during National Night Out.

where residents can visit a designated location and connect with a deputy or the Happy Valley Police Chief over a complimentary cup of joe. CSO’s attend as well as their work in the neighborhoods often augment that of the local police. Little ones can also partake in the experience as many of the deputies bring stickers and there is usually a special appearance by one of the Clackamas County Sheriff’s Office K9 units. The next Coffee with a Cop event is slated for October, so stay tuned for more details.

Back to School: Supporting Youth

The Happy Valley Police Department and CSO’s frequently connect with local

students, PTO’s, and school administrators. In the fall and spring, Happy Valley Police help support educational outreach pertaining to traveling to and from school. Special focus is placed on crosswalk safety and the importance of keeping distractions to a minimum when walking, biking, and driving to campus. Deputies have also partnered with teachers on curriculum related to their role as community helpers, sharing with students their role in the community. CSO’s can often be seen cheering students on at school Jog-A-Thons, supporting traffic mitigation issues in school zones, and presenting to classrooms about what they do. Happy Valley’s designated

School Resource Officer specifically maintains a strong presence at our local schools as well, providing students and faculty alike with opportunities that encourage open dialogue and promote preventative safety measures.

Ride Alongs: An Inside Look

Residents can request to spend some time in the passenger seat of a deputy patrol vehicle, observing the work of law enforcement during an actual shift. A ride-along can be a great way to learn more about the Happy Valley Police Department and ask questions about what deputies do. Whether you have an interest in law enforcement as a career or you simply want to become

more familiar with the Happy Valley Police Department, the experience can be very informative and help shed light on the work of local deputies.

Neighbors on Patrol: Tips from CSO’s

CSO’s are a wealth of information and have some great insight into how to help residents ensure their home and family remains safe. They often work closely with HOAs and even individual residents and businesses to provide feedback and advice related to security measures that can be implemented. Their approach centers on providing tailored communication and responding to residents in a personalized manner.

Reflecting on the critical role that law enforcement plays in the community, the City’s Director of Public Safety, Steve Campbell, says, “Our Public Safety Team is dedicated to fostering a strong bond with the residents of Happy Valley. By actively participating in local events and initiatives, we aim to build trust and establish a positive rapport with the community we serve. It’s about creating a dialogue, understanding the needs of our residents, and working together to maintain a safe and welcoming environment for all.”

Learn more about the Public Safety Team’s impact in community by visiting hv.city/police and hv.city/code

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Concerts

■ From Page 1

to highlight the many individuals and groups in Happy Valley that support the City and give back of their time, energy, and talents. For car enthusiasts, there will be a classic and exotic car show at the final show of the season on Aug. 22.

Concerts start at 6:30 p.m. For more details, head to hv.city/summer-concerts.



A vintage car show is set to accompany the concert on Aug. 22!



Every Thursday through Aug. 22, Happy Valley Park will host some of the best bands in town. Pictured: Rodeo Rose kicked off the season on July 11.

There's always something to do in the Happy Zone, an action-packed area dedicated to kids and teens. Explore crafts, games and other high-energy events aimed at keeping youth entertained.



We love our concert sponsors!

We are once again showcasing the generous sponsors who have helped make our 2024 summer concert series possible. Check out the local businesses highlighted this month.

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CONCERTS IN THE VALLEY 2024 SCHEDULE

August 1

STONE IN LOVE: (Journey Tribute Band) – First Responders Tribute Night!

This group performs faithful renditions of classic hits from one of the most beloved rock groups of all time. Their high-energy performances include soaring lead vocals, lush four-part harmonies, signature guitar licks, fat keyboards, and driving rhythms.



August 8

NO PO BIG BAND

Formed in 2010 in the neighborhoods of North Portland, this group performs high quality big band music with an 18-piece ensemble. From swing to blues, and bossa to Basie, No Po Big Band is exciting and hard-hitting when it comes to music.



August 15

STUMP CITY SOUL: Volunteer Appreciation Night!

A Soul/Funk dance band, this group plays all the hits from legendary artists like James Brown and Stevie Wonder to modern hitmakers like Bruno Mars. Featuring a five-piece horn section and dynamic vocalists, this group is a powerhouse to say the least.



August 22

TAKEN BY THE SKY: (Fleetwood Mac Tribute Band) – Classic & Exotic Car Show!

Capturing audiences with their authentic performance of the iconic band at the height of their career, this group takes flight with their gorgeous harmonies, unmistakable musicianship and captivating stage shows.



Cake

■ From Page 1

baking are perhaps even more layered than the cakes she creates.

While it's always sad to see familiar vendors depart from the Happy Valley Saturday Market, it's equally exciting to see which new ones plant their flag in our quaint town. New to the lineup this year is Hey Cake Girl, owned and operated by baker extraordinaire Kristen Wiese, who recently moved back home after an impressive run in Las Vegas to offer her amazing sweets to those daring enough to break "cheat day" and send their taste buds on a trip as enthralling and unpredictable as Sin City itself.

To learn more about her journey back home to Oregon and specifically her experience thus far in Happy Valley, we sat down with Wiese to learn more.

"I originally set out to be an elementary school teacher because I loved art," says Wiese. "However, midway through my junior year in college I really



Happy Valley Farmer's Market: We hope Hey Cake Girl and her cute tent of goodies stay for many summers to come

became obsessed with the Food Network. I loved what I saw but never thought it would be a career choice. I really got into it just to have a skillset."

Luckily, one annoying math class experience for Wiese set her on a new career path, deciding to pivot from pencils to passion and enrolling in culinary school in Downtown Portland,

specifically in the patisserie and baking program.

"I had no interest in cooking," jokes Wiese. "I did not want to filet a fish."

After graduating, she moved to Las Vegas for an internship and was eventually hired at an Italian restaurant at The Venetian before finding her way to the pastry department at The Bellagio.

"I was a chocolatier there for three and a half years," says Wiese. "I got to learn a lot of specialized skills, like we made all of the bonbons for the hotel and buckets of truffles. The coolest part was working with French chefs who were mostly all part of the Team USA for the international championships for patisserie and chocolate showpieces. I got to learn a ton."

Finally ready to pursue cakes, Wiese rented a kitchen off the strip with a friend and, after a few months of networking, began to land jobs at various Vegas nightclubs making impressively designed and, at times, gargantuan cakes for celebrities for promotional events, album releases, birthdays, etc. Some of these celebrities included Kim Kardashian, Kid Rock, Nicki Minaj, 50 Cent, among others.

Impressively, after years behind the scenes, Wiese would eventually land on the popular TV baking competition show 'Halloween Wars' in 2011, helping lead her team to a second-place finish. "It was a wild ride and a great experience," says Wiese.

Perhaps ready for a new, more slowed down pace experience after the bright lights of Vegas and television, Wiese finally decided to move back to Oregon in October 2023, pursuing a new audience and clientele for her creative goods as she continued to hone her craft.

"I feel myself on a path right now with doing the small at-home micro-bakery and the farmers market," says Wiese. "I feel like I am finding myself again and am kind of rebranding. It was fun making cakes that were 10ft tall and whatnot, but it was time for something else, something smaller, more community involved."

As it pertains to her current stint with Hey Cake Girl at the Happy Valley Saturday Market, Wiese shared the following note about the community. "It's really gratifying to see it in person because for so long there was a disconnect between the customer and seeing them enjoy the product," says Wiese. "Being there at the market and seeing customers try the samples as well as coming back week after week has been really neat to have that level

of positive interaction. Seeing their faces light up while having that connection is so cool to me. Happy Valley is such a good mix of people."

Equally, Wiese touched on the current baking trends of her best sellers at the Saturday Market, such as the French macarons. "My style is to stray away from anything that's really basic or classic," says Wiese. "I like being creative and playing off nostalgic flavors, like PB&J or Bananas Foster. Textural components and fresh, local ingredients are important to me. The macarons come in a six-pack assortment and the flavors always change based on the season."

If you are going to indulge in a sweet treat, then you should indulge in a treat made by the very best. Check out Hey Cake Girl at the Happy Valley Saturday Market and meet Kristen Wiese herself! She'll likely greet you with a warm smile and a personality as sweet as the product she'll tempt you with.

You can learn more about Wiese on the web and even order custom cakes and other sweets!

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HAPPY VALLEY CITY COUNCIL

Council Meetings are held 1st and 3rd Tuesdays of the month at 7 p.m. at City Hall
16000 SE Misty Drive
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(503) 783-3800
www.happyvalleyor.gov

COUNCIL CORNER

National Night Out

City of Happy Valley

Together, we want to invite everyone to join us in support of our first responders for National Night Out. It's not just an opportunity to enjoy live music, food, and conversations with neighbors. It's also a chance to meet and thank the people who work diligently to keep us safe every day. The goal of National Night Out is to create an opportunity for our local law enforcement professionals to interact with residents and share valuable information and tips on how to prevent crime and enhance safety. Conversations between deputies and residents help build a stronger and more connected community, and it is instances like this that help promote positive dialogue that build trust and respect. During the event, you will see Happy Valley Police and the City's Community Service Officers

engage with residents, offer friendly smiles and handshakes, and answer any questions or concerns you may have. The work that our local Happy Valley police and Community Service Officers do to protect us is vital to our City's livability. More than that, these people are also our neighbors, friends, and City partners. We are proud of how much they care about Happy Valley, and we look forward to celebrating them at the upcoming event. National Night Out also honors the efforts of Clackamas Fire District #1, CCOM, American Medical Response, and a variety of other health and safety providers. National Night Out takes place from 6:30 p.m. to dark on Tuesday, Aug. 6 at Happy Valley Park. Learn more about the event on page 10 and join us in showing our gratitude to our first responders. If you miss the National Night Out event, you



National Night Out presents an opportunity to meet local law enforcement and gain insight into their work. It provides a welcoming environment to discuss any inquiries regarding police services and address important community topics.

will have more opportunities to meet with police as Parks and Recreation will offer some additional activities geared toward families throughout the week.

City to celebrate volunteers at summer concert

City of Happy Valley

The City of Happy Valley is proud to have a vibrant and diverse community of volunteers who dedicate their time, skills, and resources to make our city a better place. Whether they are helping out at the library, in the schools, on a City committee and beyond, our volunteers are making a positive difference. In recognition of the valuable work that our volunteers do, the City will be highlighting their achievements and thanking them for their service at the upcoming Summer Concert on Aug. 15. The concert will feature live music, food trucks, and family-friendly activities. If you plan to attend that evening's concert, we encourage you to join us as we celebrate these special guests.



Volunteers gathered for a group photo last summer in recognition of their work. This year, City volunteers will be honored at the Summer Concert on Thursday, Aug. 15.

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MAYOR’S MESSAGE

Public Safety Levy

City of Happy Valley

A few weeks ago, the City Council approved a resolution referring to the voter’s consideration for the renewal of a five-year public safety levy.

Over the course of the next several weeks, the City will be drafting fact-based educational materials about the levy. In the meantime, here is what’s expected to appear on the ballot:

CAPTION: approval of happy valley police services levy for five years

QUESTION: Shall Happy Valley maintain a five year \$1.38/\$1,000 assessed value levy for dedicated police services beginning Fiscal Year 2025/26?

This measure renews current local option taxes.

SUMMARY: The measure would renew a local option levy that City voters approved in 2002, 2006, 2010, 2015, and 2019 to provide funding for dedicated police services. The rate for all

MAYOR OF HAPPY VALLEY



Tom Ellis

previous levies was the same: \$1.38/\$1,000 of assessed value.

The current levy (2019) expires June 30, 2025. That levy has funded police services dedicated to the City of Happy Valley, which are provided through an agreement with Clackamas County Sheriff’s Office. These services include emergency response, 911, dedicated police patrols, major crime investigations,

crime prevention, drug enforcement, school safety, community policing and traffic enforcement in the City.

This proposed levy maintains the \$1.38/\$1,000 rate and provides funding for dedicated police services in the City for five additional years. These dedicated services have been provided since 2002 through this local option levy.

The amount of money to be raised by this proposed levy for each of the five fiscal years is estimated to be as follows: FY 2025/26 \$6,348,340; FY



CITY OF HAPPY VALLEY

If approved, the Happy Valley public safety levy would provide the City with a dedicated revenue source for maintaining police services in the City. Should this levy fail, the City would not have enough resources to maintain police services.

2026/27 \$6,729,240; FY 2027/28 \$7,132,995; FY 2028/29 \$7,560,975; FY 2029/30 \$8,014,633.

Should this levy fail, the City will not have dedicated police services beyond June 2025.

In the coming months, the City Council, Traffic and Public Safety

Committee members, and City staff members will be out in the community providing more information on this measure. If you have any questions or would like to learn more, contact Steve Campbell, Director of Public Safety at 503-886-8418 or stevec@happyvalleyor.gov.

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Publisher’s Note: Have an idea for a story? We are always on the search for new people, places, and things to write about. If you have an idea for an uplifting story that would benefit the community, then we want to hear from you!

To submit your idea, send an email to hvn@pamplinmedia.com

and include as many details as possible, so our publication team can review your story idea. The best stories highlight the spirit and values of the Happy Valley community and showcase meaningful happenings in the lives of residents and local businesses. We invite you to include anecdotes in your story proposal that are funny, astonishing, heartwarming, and inspiring. If we think your story idea is a good fit, our community writer will get in contact with you to discuss the possibility of it being featured in an upcoming issue.



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Meet your Public Art Committee

Committee members help bring creativity and depth to Happy Valley

City of Happy Valley

Happy Valley is a place where public art adds color and charm to our shared spaces and connects us with our culture and values. It also shows who we are as a community and what we hope to achieve.

In 2013, the City hosted its inaugural Sculpture Garden program at City Hall with the idea to enhance public land, enrich our cultural environment, and encourage art appreciation within the community. The community response to this event was overwhelmingly positive, with considerable interest in continuing

to bring art to Happy Valley. City Council was also eager to find ways to preserve and enhance the community’s character and livability, so a Public Art Committee was formally established in 2016 to create, develop, and implement activities rooted in the arts on an ongoing basis.

Today, the Public Art Committee supports the inclusion of art by providing feedback to City Council. Members of this committee discuss all aspects of a project, from concepts and development, to the implementation of official public art activities. Projects have included weighing in on the design and look



CITY OF HAPPY VALLEY

From left to right: Council President David Emami, Bill Taylor, Deeann Scott, Doris Bedsole, Janice Kiser, Jaimie Lorenzini

of seasonal street banners, sculpture renderings at the local roundabouts, evaluating artist submissions for the Sculpture Garden, and reviewing the various art elements displayed at the Veterans Memorial at City Hall. The group has even teamed up with the Parks Advisory Committee to discuss art enhancements at the City’s Park.

Public Art Committee Members:

- Doris Bedsole
- Ray Fager
- Janice Kiser

- Bill Taylor
- Deeann Scott
- Council President David Emami – City Council Liaison
- Jaimie Lorenzini – Staff Liaison

Thank you to the Public Art Committee for ensuring we continue to bring art to our communal spaces.

If you are interested in sharing your time and talents with the City, please visit the Boards and Commissions page of Happy Valley’s website at hv.city/city-committees and complete the Public Involvement Application.



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City of Happy Valley

At the time of print, the following events were scheduled. Please check www.happyvalleyor.gov to confirm timing of events and instructions on how to participate virtually. You can also opt in to receive notifications about upcoming meetings by visiting www.hv.city/notifications.

August 1
■ **Concerts in the Valley, Happy Valley Park:** 6:30 p.m. (see cover page for details)

August 2
■ **Concerts in the Park, Village Green Park:** 6:30 p.m. (see cover page for details)

August 6
■ **National Night Out, Happy Valley Park:** 6:30 p.m. (see page 10 for details and full schedule of week's events)

August 8
■ **Concerts in the Valley, Happy Valley Park:** 6:30 p.m.

August 9
■ **Concerts in the Park, Village Green Park:** 6:30 p.m.

August 15
■ **Concerts in the Valley, Happy Valley Park:** 6:30 p.m.

August 16
■ **Concerts in the Valley, Happy Valley Park:** 6:30 p.m.

August 20
■ **City Council Work Session, City Hall:** 6 p.m.
■ **City Council Meeting, City Hall:** 7 p.m.

August 22
■ **Concerts in the Valley, Happy Valley Park:** 6:30 p.m.

August 23
■ **Concerts in the Park, Village Green Park:** 6:30 p.m.

August 28
■ **HVBA Meeting, City Hall:** 7:30 a.m.



Scan QR code to sign up for notifications

September 2

- Labor Day, City Hall and Happy Valley Library

CLOSED



City takes continued steps toward a Community Center

City leadership looking to bring recreational center to fruition

City of Happy Valley

In June, Mayor Ellis, Councilors Golobay and Sherman, and several City staff members toured the City of Hillsboro's Hidden Creek Community Center. This excursion was just one of several visits to a variety of community centers in the Metro area that City leaders have made. The visits offer a better understanding of the best practices, challenges, and opportunities that come with creating and operating a recreational facility and will help bring a similar facility to Happy Valley.

The tour provided valuable

insights into crucial project needs including construction options and budget. While it doesn't have aquatics yet, the Hidden Creek Community Center has all the other amenities that have been prioritized by the Happy Valley community.

For Happy Valley, the prioritization of aquatics, multi-court gyms, a walking track, a community room and kitchen, exercise equipment, and more was determined through multiple community surveys and input from the Parks Advisory Committee, the Happy Valley Community Center Steering Committee, and the City Council.

With a feasibility study complete, the next phase in the process is for the City to hire an architectural firm to take our high-level conceptual drawings to the next step. To learn more, visit our designated page at hv.city/community-center.



CITY OF HAPPY VALLEY
City leaders take a moment during a recent tour of Hidden Creek Community Cetner. From left to right: Public Works Director Chris Randall, Parks & Recreation Manager Stephani Hern, Assistant City Manager Ben Bryant, Councilor David Golobay, City Manager Jason Tuck, Community Services Director Steve Campbell, Mayor Tom Ellis, and Councilor Brett Sherman.

Prevent and control campfire hazards

A campfire can quickly get out of control if not handled properly, so keep these tips at top of mind



Clackamas Fire District

It's summer and that means more people will be outside building recreational and cooking fires. Whether camping or enjoying a summer night in your backyard, Clackamas Fire wants to keep you and your family safe by sharing some safety tips from the National Fire Protection Association.

- Before setting up a campfire, be sure it's permitted.
- Build campfires where they will

not spread, away from dry grass and leaves. Place rocks in a circle around your fire area.

- Never use gasoline or other flammables, or combustible liquids.
- Always have a hose, bucket of water, or shovel and dirt or sand nearby to put out the fire. Make sure to put it completely out before leaving the site.
- Keep a campfire small, which is easier to control, and never leave campfires unattended.
- Don't let children or pets stand



Summer is synonymous with campfires and relaxing in the majestic beauty of the great outdoors. Be sure to stay alert and keep these safety tips in mind the next time you build a campfire of your own.

too close or play near the fire.

- Don't let children add wood or debris to the fire.
- If your clothes catch fire, stop, drop, and roll. Stop, drop to the ground and cover your face with your hands.

Roll over and over or back and forth until the fire is out.

- Treat a burn right away. Cool the burn with cool water for three to five minutes and cover with a clean, dry cloth. Seek medical help, if needed.

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15087 SE Francesca Ln	5	2.5	3572	10/5/2023	Sold	\$789,000	\$789,000
15033 SE Holland Loop	6	3	3246	9/14/2023	Sold	\$799,950	\$800,000



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Status: Pending
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Catch the creative spirit at the Youth Entrepreneur Fair

Kids and teens sell their hand-crafted goods at inaugural event

City of Happy Valley

On July 11, a handful of kids and teens arrived early to this year’s first summer concert, but not for the purpose of enjoying the show. Instead, the youth busily set up booths displaying their handmade creations in preparation for customers. Now, halfway into the concert series, these young entrepreneurs are getting the hang of what it means to run a successful business.

The Happy Valley Youth Entrepreneur Fair is in its first year, but it is already proving to be a rousing success and helping teach participants the importance of good customer service and financial literacy. Elliot Pool, a nine-year old from Happy Valley Elementary School, is one of the participating vendors this summer. He makes custom bracelets, and his bestselling item so far has been his Go Ducks beaded design. “I wanted to participate because I wanted to see what it was like!” says Elliot. “I’ve sold my bracelets to a few people already, but



The perfect sales pitch! Young vendors talk about their craft.

CITY OF HAPPY VALLEY



Elliot Pool with his handcrafted bracelets.

CITY OF HAPPY VALLEY



CITY OF HAPPY VALLEY

The Youth Entrepreneur Fair is stationed near to the stage and includes multiple vendor booths each week.

community that doesn’t focus on stopping them from getting knocked down but instead teaches them the determination to get right back up.”

Spots are currently full for this year’s Youth Entrepreneur Fair but do consider stopping by the vendor area at an upcoming

summer concert to support the participating youth. There are new youth vendors featured each week.

For questions about the Youth Entrepreneur Fair, contact Katie Coffey, Community Engagement Specialist, at kc Coffey@happyvalleyor.gov.

Cancer survivor plans 5th annual lemonade stand benefiting kids

City of Happy Valley

Later this month, Roslyn and brother Xavier, will hold their annual lemonade stand. But this isn’t just any lemonade stand. The duo’s business efforts are for a very special cause. Roslyn beat cancer a while back and now she and Xavier hold a lemonade stand each year to raise money for other cancer patients and research through Alex’s Lemonade Stand, a nonprofit organization that has raised over \$250 million for childhood cancer. If you would like to participate, consider stopping by to make a donation and enjoy a refreshing glass of lemonade.

- ROSLYN & XAVIER’S LEMONADE STAND**
- Sunday, Aug. 25
 - 4 p.m. to 6 p.m.
 - Pleasant Valley Villages Park
 - 12254 SE Falling Rain Way



CITY OF HAPPY VALLEY



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CODE CORNER

KEEPING NOISE UNDER CONTROL

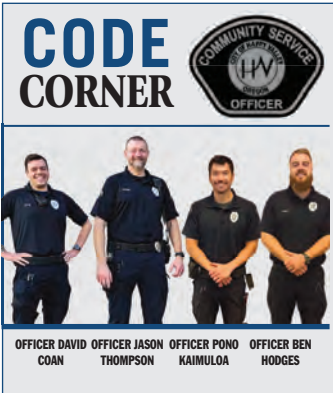
Being considerate and keeping noise to a reasonable level are essential practices for being a good neighbor.

City of Happy Valley

As Community Service Officers, we are dedicated to ensuring that Happy Valley is a pleasant place to live and that noise violations don't become problematic. With summer in full swing, we find noise complaints often increase as people stay out later to enjoy the nicer weather. So, when necessary, we help mediate these concerns and try to problem solve potential issues before they get out of hand.

General quiet hours

In Happy Valley, loud noise that occurs between the hours of 10 p.m. to 7 a.m. should be limited as outlined by the City's noise ordinance (8.08.310). During these hours, noise that is frequent, repetitive, and can be heard at a heightened volume are considered unreasonable and could be cause for citation if it



continues. Noises from bouncing balls, loud conversations, or home renovations amplify in the quiet environment.

Talk to your neighbor

Before filing a complaint, we would like to emphasize the importance of talking to your neighbors should there ever be a concern with the noise level of a fellow resident. Addressing the issue this way is often helpful

as sometimes, neighbors don't realize their noise levels are disruptive to others and will stop once they understand the concern. Of course, we recognize that not all interactions result in mutual agreement, and there may be safety considerations that hinder one's comfort in engaging with another resident. In these cases, Community Service Officers or Happy Valley Police may be able to offer assistance.

Making a noise complaint

Community Service Officers are typically on duty during regular business hours, so noise complaints that are reviewed by our team are generally limited to daytime events that occur between 8 a.m.-6 p.m. These might include noise related to barking dogs, loud construction equipment, or music. To submit a noise complaint of this nature, residents can make a report online using our Report A Concern form at hv.city/

report-a-concern or calling us directly at 503-783-3800.

During the night and early morning hours, Happy Valley Police can best review complaints. Residents will want to utilize the non-emergency police line at 503-655-8211 to make a report in these instances.

How is noise evaluated

Community Service Officers currently use decibel readers to measure noise levels. When a complaint is made, a Community Service Officer will respond to the area and take a measurement, typically from the concerned resident's sidewalk or driveway. If the measurement is above the threshold, a citation may be issued. Happy Valley Police may or may not utilize a decibel reader. Deputies will assess the situation and can typically make a determination onsite.

It is important to note that the recipient of a noise violation citation will be summoned to



Being mindful of noise levels is key to being a good neighbor.

Happy Valley's Municipal Court and the matter will be discussed before the Judge. The person making the complaint must be present in court when the case is discussed, otherwise it will be dismissed.

Construction hours

Construction hours are Monday through Friday between 7 a.m. to 6 p.m. and Saturday and Sunday from 8 a.m. to 5 p.m. Construction work and noise is NOT permitted outside of these timeframes.

When dog barking becomes problematic

A dog's bark here and there

is perfectly fine, but incessant dog barking can be a serious problem. A dog that barks excessively could potentially be in violation of our Animal Regulation ordinance (6.04.030) which considers it a violation for any person to let their animal make too much noise that bothers other people. This includes barking, whining, howling, or any other loud sounds that can be heard outside of the animal owner's property. You can submit a complaint about a barking dog by completing a Report a Concern form online.

To learn more about these rules, head to hv.city/noise.

HIGHLIGHTING OUR HEROES

City of Happy Valley

The City of Happy Valley would like to recognize our community's veterans and active military.

To do this, Happy Valley News aims to share the story of people in our community who have served or are currently serving in one of our country's armed forces each month.

Stories might focus on your military

experience, what you've learned from your travels, or anything interesting or inspiring.

The City is encouraging you to reach out to us directly if interested and we additionally welcome nominations from family and friends. Please contact the City's Communication and Public Relations Coordinator, Stephanie Warneke, at swarneke@happyvalleyor.gov or our Community Writer, Emma Davis at edavis@pamplinmedia.com.






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From Army Romance to Lifelong Adventure

Veterans Judy and Gus Wilgus, reminisce on their life together after meeting in the Army

By EMMA DAVIS
Community Writer

Judy and Gus Wilgus have a unique and heartwarming story that lasts a lifetime.

Judy, a former Army nurse from Jackson, Michigan, and Gus, a former special forces service member from Southern Maryland, were both serving in the United States Army when they first met. Their love story quickly blossomed, leading to their marriage in October of 1961. From then on, they built a life filled with love, adventure and fulfillment.

Together, they raised two daughters, pursued higher education, found successes beyond the military and traveled extensively across the United States, landing them in several different places. No matter where they went, they always found joy in their journey. Their story is a testament to making the most of life and finding happiness in every moment.

Their story begins in the PX parking lot at Fort Bragg, North Carolina, when they were first introduced by mutual friends. Gus had just come back from Laos. He'd been there close to a year when he returned. "There was this group of friends of mine, and Judy was with them, and I asked who that was. And somebody said, 'Well, that's Judy Conway. She's a new Army nurse,'" he said. "I asked if she dated anybody and a friend of mine said 'Oh, I was thinking of asking her out' and I said, 'I'm going to do that first.' So, I decided to cut off his thinking and ask her out. That was it."

From her youth, Judy had always wanted to be in the military because of her dad's service and went to nursing school with that intention. "I went in under the auspices of the military when



Judy (center) and Gus (left)

I went to nursing school," she said. "So that was three years at Mount Carmel Hospital School of Nursing in Columbus, Ohio, from 1957, and I graduated in 1960." Immediately after, Judy went right into the military. She worked as a med surge nurse at Womack Army Hospital at Fort Bragg in Germany. She also worked in a dispensary in Stuttgart in Germany until she was separated from the military due to pregnancy. Judy and Gus had their first daughter soon after in 1963 and their second in 1965.

Gus enlisted at 19 years old

in 1954 as a private. His reason though, was different. "I was struggling a little bit with college and so the army seemed to be a good place to go and see what I could figure out," he said. "It just seemed to fit for me." A year and a half later in 1957, he was given as commissioned as a second lieutenant and went to officer's training school. Gus served in Laos, Vietnam; Iceland; Korea; and Germany. "I just did everything: infantry, airborne infantry and special forces," he said. Gus served for just over 20 years and retired in 1976 as a lieutenant colonel.

After leaving the military, the two decided to further their education and go back to school. "We both got Master of Arts in Health Education in 1979 in Colorado," Judy said. "In 1986, I graduated from Emporia State University in Kansas with a Master of Science." They then went on to have careers: Judy in various nursing jobs and Gus in the chemical dependency field. Post-army life also took the family on many adventure in various states, as well as traveling in a trailer across the West Coast. "We liked to travel, and one of the big things

when he retired, we had talked about going around the United States in a travel trailer," she said. "We started in Western Canada, touring the Columbia glacier and ice fields, and then went to Chelan, Washington, where we were apple pickers. We traveled down the Oregon coast, stopping at campgrounds, and spent our first Christmas in San Diego on the beach. We homeschooled our daughters with lessons sent from their teachers in White Bear Lake, Minnesota."

One thing that Judy and Gus remember through their



COURTESY PHOTO: GUS WILGUS
Gus Wilgus' Army portrait



COURTESY PHOTO: JUDY WILGUS
Judy Wilgus' Army portrait

endeavors, was that no matter where they and their daughters were, they always made the most of every experience. "Everywhere we went, we got out and did things," Judy said. "But we always had a good time, traveling here and there." Gus said, "I think that's probably the best thing ... how much we were able to enjoy the outdoors, go places and do things."

Looking back on their life with each other and their family, they believe they savored every moment. "Wherever we've been, we always found a way to make it enjoyable," Judy said.



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Join the fun and meet your local heroes at National Night Out

*Annual event to
bring residents and
first responders
together on Aug. 6*

City of Happy Valley

Don't miss the opportunity to connect with your local heroes at National Night Out, a country-wide event that aims to foster relationships between residents and enhance police-community partnerships. Thanks to Happy Valley Parks and Recreation, the event will host Happy Valley Police, Clackamas County Sheriff deputies, and other members of law enforcement. Firefighters from Clackamas Fire District #1, the City's Community Service Officers, and other essential safety personnel from different fields will also participate. Residents can explore emergency vehicles and equipment and get to know the teams that ensure our City's safety. City Councilors, City staff and members of the Traffic and Public Safety Committee will also be in attendance.

A focus on Happy Valley Police is a highlight of National Night Out. These dedicated men and women provide a valuable service to our community and are committed to maintaining the safety of our city. Funded by a Public Safety Levy which is voted on by residents every five years, our Happy Valley Police work to uphold the safety standards we know are key to creating a place we can all live, work, and play. National Night Out is a great time to learn more about these efforts, the levy, and how the City works in partnership with the Clackamas County Sheriff's Office to support a dedicated police presence 24/7, 365 days/year.



Learn more about the City's contract with the Clackamas County Sheriff's Office and meet some of the individuals that serve our neighborhoods and local schools.



Connect with members from Clackamas Fire District, AMR, and a variety of special law enforcement disciplines to learn more about what they do.

This year, residents can expect a multi-day National Night Out extravaganza that includes themed activities, including events geared toward kids, throughout the week.

Monday (Aug. 5)

Field Day Fun: Police Field Day

- Happy Valley Park
- 11 a.m. – 2 p.m.

Join Happy Valley Police, cadets from the Clackamas County Sheriff's Office, and Parks & Recreation community partner Kidokinetics for some active games and outdoor adventures. Kids will earn a special certificate for completing the course.

Tuesday (Aug. 6)

National Night Out: Resident Night

- Happy Valley Park
- 6:30 p.m. to Dark

Evening includes educational and interactive safety booths, and live musical entertainment by popular cover band, Hit Machine. Food and beverages, including wine and beer, can be purchased on site. Once the sun goes down, residents will enjoy a special drone light show set to fun, upbeat music. As a bonus, the Parks & Rec team is offering the first 100 residents a free hot dog! Residents can also earn a hot dog voucher by visiting safety booths and completing the Passport to Safety activity challenge.

Wednesday (Aug. 7)

On the Case: Police themed Scavenger Hunt

- Village Green Park
- 10 a.m. to noon

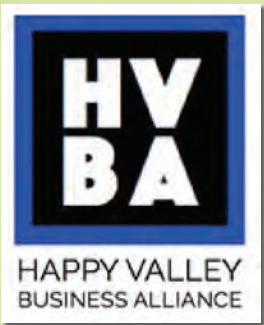
Decipher the clues and earn a prize in this fun search and find activity that will have kids learning about our local police.

Thursday (Aug. 8)

Summer Concerts in the Valley: A Tribute to First Responders

- Happy Valley Park
- 6:30 p.m. to 8:30 p.m.

Rock out to No Po Big Band and enjoy a summer evening in the sunshine as we keep the celebration of first responders going for one more night! Whiskey Barrel will also be onsite for a special wine tasting event for those 21+.



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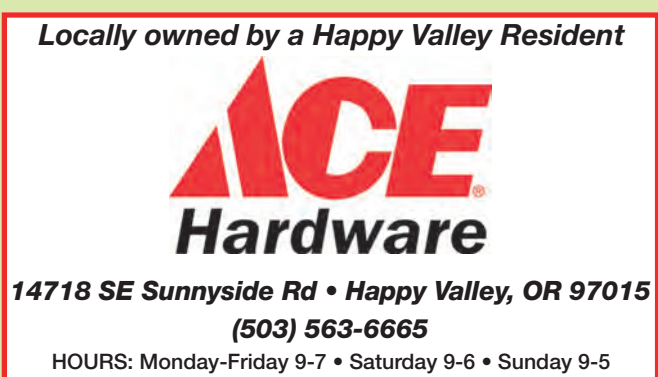
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A day of fun, sun, and fireworks

Happy Valley's 4th of July in pictures



City of Happy Valley

The 4th of July Family Festival was a blast for everyone who came to celebrate the holiday. Despite the heat, people enjoyed a variety of activities, such as a hike around the City, a parade, live music, and food and beverage. The event ended with a spectacular fireworks show that lit up the night sky. We are grateful to all of the sponsors and to Happy Valley Parks and Recreation for organizing this wonderful event.

We would also like to thank the volunteers from Boys Team Charity and National Charity League who generously gave of their time to organize and produce this year's 4th of July parade and help clean up the Park post event.

Sponsored by:



Thank you to Community Partner, Happy Valley Preschool and Child Care for graciously donating the space needed to launch our fireworks show.



PHOTO COLLAGE COURTESY OF CITY OF HAPPY VALLEY



IN CONVERSATION WITH HOME FIELD FOUNDATION

A Q & A with Chad Ulogar, President of the Home Field Foundation

By EMMA DAVIS
Community Writer

The Home Field Foundation of Happy Valley is making a significant impact on baseball communities by offering support to those affected by life-altering accidents or events. Through initiatives like the Youth SuperDraft Baseball Tournaments, they raise funds and foster community spirit. Since its beginnings, the foundation has grown to become an important resource for baseball communities across the Northwest, showing the strength of compassion and group effort.

Questions answered by Home Field Foundation President Chad Ulogar

Q: Tell us about the Home Field Foundation

A: Home Field Foundation is a nonprofit organization that raises money for individuals or families in baseball communities that are experiencing or have experienced life changing accidents or events.

We raise money through various events primarily our Youth Superdraft Baseball Tournaments for individuals and families in baseball communities that have experienced life-changing accidents or events.

Q: The Home Field Foundation got its start by assisting one particular Happy Valley student in a unique way. Tell us about this.

A: When a local teen, Owen Weaver, suffered a traumatic brain injury in a car accident coming home from an Oregon State football game in the fall, I decided to run a baseball tournament for him and the family. Being relatively new to Oregon, I thought it would be a tall task



Players for of the Youth SuperDraft Tournament, playing for #TeamOwen.

COURTESY PHOTO: HOME FIELD FOUNDATION



One of the players at bat.

COURTESY PHOTO: HOME FIELD FOUNDATION



A team ready to get out there and play for the Home Field Foundation.

COURTESY PHOTO: HOME FIELD FOUNDATION

to put it together, but Chrissy Hamlin and Amber Coe, who I had never met, stepped up big

and helped me organize this in a short amount of time.

The community was great

leading up to the event and we ended up having 10 teams. The community all showed up in different ways for Owen and

his family and we were able to provide the family with not only financial support, but we were able to rally the entire

northwest baseball community behind them.

The tournament was so successful and we worked so well together, that we decided to form the Home Field Foundation.

Q: Describe the process for the Home Field Foundation Super Draft Competition. What was the beginning of it, and how successful was it?

A: Athletes register individually and are drafted onto diverse teams with other athletes from different teams, communities and skill levels. We then go through an extensive draft process. The draft process is 100% random and provides excitement in the community when teams are released and kids see who is on their team.

I have had experience running draft tournaments in the past, running one for a local teen in Ohio a few years ago, and it was extremely successful.

Q: What are the future ambitions of the Home Field Foundation? In what other ways can they support the community?

A: As we grow, we dream of seeing this spirit of community and support replicated in towns and cities across America. A network of tournaments, each is a beacon of hope and unity, demonstrating that we are stronger together in the face of adversity.

Q: How can others support the goals of and get involved with the Home Field Foundation?

A: HFF has several of levels of sponsorships and supporters can donate directly on our website, homefieldfoundation.com

We are always looking to connect with individuals and companies that align with our vision and can help us grow this community together.

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What to expect as Pickathon takes the stage

City of Happy Valley & Happy Valley News staff

Pickathon, the indie music festival at Pendarvis Farm, plans to be around for another 10 years — at least.

The festival received a 10-year renewal of its conditional use permit from Happy Valley Planning Commission earlier this year. It has been operating at the rural property since 2006; it had been held at Horning's Hideout in North Plains from 1999 to 2005.

Organizers had been worried about the future of the property, and whether it would eventually be used for development.

"We are thrilled to announce that our 10-year permit at Pendarvis Farm has been approved, and we can officially confirm that Pickathon 2024 is happening," said Zale Schoenborn, founder of Pickathon, in March. "Right from the start, we reached out to our neighbors, the city of Happy Valley, and our community in the decision-making process for the future of Pickathon at Pendarvis Farm. This led to an incredible response, with over 1,500 letters of support and a massive turnout at the CUP approval meeting. We are incredibly grateful for the overwhelming enthusiasm we have received, and we look forward to bringing the best Pickathon experience yet to our community in summer 2024."

Known for its commitment to sustainability, Pickathon is also widely credited for becoming the first large outdoor music festival in the United States to eliminate single-use plates, cups, and utensils. With zero waste, this event uses no plastic, featuring instead reusable ware that double as coveted souvenirs. Ticket holders opt for a day visit, or hunker down for the full weekend experience via camping by car or RV. It really is a sight to behold as attendees vibe not only with the band in front of them, but Happy Valley's natural beauty.

Disruptions expected

As any large event would, Pickathon will temporarily disrupt the everyday flow of the area. Read on to learn more about what residents can expect as this festival returns Aug. 1 through Aug. 4.

Residents near Pendarvis



Happy Valley News file photos from Pickathon 2023

HAPPY VALLEY NEWS FILE PHOTO



Farm are likely familiar with the traffic and noise affiliated with the event, but for those new to the festival, it may be helpful to explain what to expect. Located on SE Hagen Rd., Pendarvis Farm is in the vicinity of homes and businesses closest to SE Pleasant Valley Pkwy, SE 162nd, and SE 172nd. An influx of pedestrians, vehicles, and bicycles are expected once the event begins, as is sound due to live music that plays throughout the weekend. While the City of Happy Valley is not affiliated with the production of Pickathon, city staff does work closely with event organizers to help maximize community safety.

Issues related to mitigating traffic on public roads, safety and mobility efficiencies for neighboring residents, and proactive limits to noise volume are all considered and put through rounds of strategic problem-solving in efforts to minimize impact to the area. With safety the City's utmost priority, Pickathon's event organizers are tasked with ensuring things like their event's crowd control, pedestrian protections, performance hours, and road signage are all addressed. To this end, Happy Valley's Police Department, Community Services Officers, and Clackamas Fire District #1 all take an active role in supporting the event in

one way or another.

To help reduce congestion near the entrance of Pendarvis Farm and create an area for attendees who are car and RV camping, a designated lot has been identified to isolate the majority of overflow traffic. Residents can expect to see festival goers enter this area from SE Foster Rd. between SE Hemrich Rd. and SE Troge Rd. Pickathon event organizers have coordinated a shuttle for attendees to utilize and dedicated crossing guards will be helping facilitate pedestrian movement across SE 172nd. While plans aim to keep traffic impact at a minimum, residents and travelers through the



area should expect some delays as extra caution is exercised.

It is important to note that even the best laid plans can go awry, so Pickathon event organizers have added additional layers of support in recent years should concerns arise. A Neighborhood Care Team has been established to respond to issues related to noise, traffic, and parking complaints, as well as any other general problem that might occur. Recognizing that Happy Valley has grown since Pickathon first came on the scene some 19 years ago, event organizers are hoping to bring some peace of mind to residents by being accessible should the need arise.

General Festival hours:

The Festival runs from Aug. 1 to Aug 4. Hours are 9 a.m. to 2:30 a.m. with main gates closing at 11 p.m. every night until 8 a.m. the following morning. Outdoor amplification will be reduced at 11 p.m. every night to minimize sound for surrounding neighborhoods.

Residents can contact the Neighborhood Care Team with concerns at 503-717-2715. As always, please call 9-1-1 if there is immediate life-threatening

activity. Call non-emergency dispatch at 503-655-8211 for all other safety reporting

Pickathon promises to promote a welcoming festival with a zero-tolerance policy for harassment, discrimination, and physical or verbal altercation and this sentiment extends to City residents. Event organizers have vowed to take immediate action should anything become unsafe, and they are committed to making the experience enjoyable for all.

Ultimately, the inclusion of Pickathon brings an eclectic experience to Happy Valley that further showcases all that is great about this City. If you haven't experienced it yourself, consider checking it out.

MORE INFO

- Pickathon: August 1-4
- <https://pickathon.com>
- <https://hv.city/pickathon>



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The Salsa Experience

Sil Davis speaks on how Latin music has positively impacted his life

By **EMMA DAVIS**
Community Writer

Former engineer and current Happy Valley resident Sil Davis has found a profound connection to Latin salsa, cha-cha and bachata music — an integral part of the American cultural tapestry that beckons everyone to join the dance.

A graduate of PSU's Electrical Engineering program, Sil dedicated 25 years to the federal government as a power engineer. During that time, he discovered a passion for salsa dancing and Latin music, which became a significant part of his life with his wife, Diane. His love for salsa led them to perform in dance groups, compete in various states and even inherit a dance troupe. However, Sil's love for the genre only grew, and he continued to deepen his involvement in Latin music by learning various instruments, so he too could immerse himself in the art. His commitment to learning and performing Latin music never wavered.

During his downtime from ballroom dancing with his wife, Davis decided he wanted to pursue Latin music further and learn how to play the timbales. "I started taking timbale and percussion lessons from a professor up at PSU," Davis said. "Later I went on to play in the Latin music class." Though he thoroughly enjoyed playing the timbales, he wanted to be able to steer the music to more of a melodic route.

At 65 years old, Davis decided he was going to learn how to play piano. "I started taking lessons with a guy named Ethan Meier and I was lucky enough to get him as a teacher," he said. "I had taken lessons with him for about six-and-a-half years." He soon met Matt Weiers, who became his teacher and has been for the last four years.

Although he wanted to be a musician since he was a teenager, Davis never thought of performing, that was until Matt approached him with the idea of starting a salsa band. "He asked if I'd ever thought of performing, and I said no, since I had spent all my energy just trying to play," he said. "So he said, 'Well, why don't we see if we can get some people to play?'"

He soon noticed that most of the



COURTESY PHOTOS: SIL DAVIS

The Sil Davis Salsa Experience; Matt Weiers (left) and Sil Davis (right).



Sil Davis performing with the PSU Latin music class.

salsa bands he was listening to were playing what "sounded pretty much all the same," and he wanted to hear something that resembled what he loves about Latin music. "I realized that the only way I could be able to hear this type of stuff would either fly some place to go hear somebody who knows that music or learn to play it ourselves," he said. "And because I

had such a vast background in Latin music from dancing for seven years, I started to crave some of the more intricate stuff."

Since beginning his band, Davis has been playing the salsa music he loves on stage, sharing his passion with everyone and showing how important this genre of music is. "I want people to take away that Latin salsa, cha-cha, bachata music is endemic to America and if you were to give yourself an opportunity to learn about it, you would be completely shocked as to how fascinating it is," he said. "And I'd like for them to understand that unlike most other brands of music in America, salsa is age inclusive and it's not gender exclusive. So why wouldn't you like it?"

Davis and his band will continue to perform and share his love for Latin music with the community.

More areas opening up in Clackamas River Ranger District

Roads open access; campgrounds to be first-come, first-served this year

Happy Valley News staff

More roads and facilities are opening in the Clackamas River Ranger District as recovery work on the Mt. Hood National Forest pushes ahead after the devastating September 2020 wildfire.

The Highway 224 corridor is open to Lake Harriet and Timothy Lake, after more affected roads open, the latest update from the National Forest Service said.

Forest Road 4631 is open and is temporarily the suggested route between 224 and the Ripplebrook Store and Lake Harriet.

Forest Roads 45 (Memaloose Road) and Forest Road 54 (Fish Creek Road) at the Highway 224 junction both remain closed, however.

"All open campgrounds along Hwy. 224, Forest Roads 63 and 70 are first come, first served this year. Bring cash or check to pay" at the fee station, the update said.

Campgrounds and day use areas open in the Clackamas River corridor include: Alder Flat Trailhead, Bagby Campground and Hot Springs, Kingfisher Campground, Lake Harriet Campground and day use area, Olallie Lake Resort, Raab Campground, Ripplebrook Store, Shellrock Creek Campground and all Timothy Lake Campgrounds and day use areas.

The Hideaway Lake Campground will be opening soon, the Forest

Service update said.

In addition Forest Road 4630, or Pipeline Road, is open, but watch for working trucks.

Expect delays if traveling on Forest Road 57. Workers are removing logs and wood. A complete, but temporary closure is expected this summer as the Forest Service is replacing culverts. Recreational vehicles and large trailers should stick to Highway 26 to Timothy Lake.

The Riverside fire, which began in September 2020, burned 138,054 acres on the Mt. Hood Forest. There were 139 structures destroyed and some injuries, but no deaths. It burned dangerously close to Estacada.

Officials urge caution when using newly opened areas that may have been affected by the fires.

"Risks in burned areas include falling trees and limbs, uneven/unstable ground full of holes from burned root systems, falling rocks, difficulty navigating through sections of trail, and possible landslides, debris flows, and flash floods. These are elevated during high winds, and during and after heavy rains," the Forest Service said.

"While in a burned area, scan for overhead hazards, such as rock or tree fall hazards. Listen for high winds and falling trees, limbs, and rocks. Watch out for stump holes, unstable ground, and increased stream flows," it warns.



COURTESY PHOTO: CLACKAMAS RIVER RANGER DISTRICT

A campsite at the Kingfisher Campground looks pretty nice.

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StretchLab Happy Valley: A Flexible Health Option With Long-Term Benefits

By JAMES KENNETH PRESLEY
For The Happy Valley News

“Don’t forget to stretch!” A phrase uttered to us by parents, gym teachers, coaches, and other authoritative figures throughout our young lives as a precursor to any type of physical activity. However, as we grow older and remove ourselves from the mindset of injury prevention, we forget just how important stretching can be, both in our immediate health and long-term. Luckily, there is a new business in the Happy Valley Town Center that does the tedious work of stretching for us!

StretchLab Happy Valley joins an ever-growing slew of Happy Valley businesses focused on the health and wellness of the individuals in the community, offering specific expertise that’s as original to the area as it is primitive in its practice. After all, we all know we need to stretch, yet many of us don’t.

“I actually grew up in corporate America, not wellness and fitness,” says StretchLab Happy Valley owner Michelle McCandless. “However, after watching my parents age over the years I wanted to move into a space with long-term benefits to both the body and overall health.”

McCandless discussed how she looked into both Club Pilates and StretchLab, both of the same corporate family, as a possible business venture. While she still plans on opening up a Club Pilates in Gresham soon, it took only ten minutes on the bench at the Lake Oswego StretchLab location before she knew she was “sold” on its concept.

“Everybody needs stretching,” says McCandless. “Whether you’re sedentary, wanting to enter retirement with some movement, a young athlete trying to keep yourself from getting hurt, or regaining your flexibility and range of motion, it’s really for everybody!”

When you first walk into StretchLab, located right next to Sushi Moto, you’ll first determine how long you want your stretch to be, choosing either a 25-minute session or a 50-minute session. Equally, you’ll need to determine how many times you want to visit StretchLab, which offers a beneficial family package that allows up to four family members to visit twelve times a month!



Owner Michelle McCandless — standing by her words on the long-term benefits of stretching

“It depends on the person and what their goals are as far as how often they want to visit,” says McCandless. “Your first time you’ll get an introductory stretch so we get to learn more about you and your body. As well, part of that initial visit includes a MAPS assessment.”

MAPS, or Mobility, Activation, Posture, and Symmetry, is a scanning device that will require some movement on behalf of the client to better determine which muscles are activating, giving the “flexologist” information about your body before they create individual flexibility plans.

“We do this once a month for those who buy a membership,” says McCandless.

Another cool feature for StretchLab is that you do get to customize your stretching experience, whether that be taking the journey with one flexologist you feel like you connect with or letting multiple experts take part on your pathway to flexibility and wellness.

“We encourage people to try two or three flexologists because I want a client to know that anybody here has the expertise but, of course, individuals may be drawn to one expert so you can book online as a member and choose the person you wish to stretch you,” says McCandless. “We do keep notes though in case your preferred flexologist is gone on vacation or something.”

STRETCHLAB HAPPY VALLEY

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Happy Valley, OR 97086
(503) 207-0111
happyvalley@stretchlab.com
M-TH: 8am-7pm
Fri: 8am-3pm
Sat: 8am-2pm
Sun: Closed

These flexologists all have some experience or education in “bodywork” before even getting to the interview stage, whether that be as a trainer, instructor, student, etc. From there, they have 100 hours of additional training from online courses to practical courses to tests. These are the best of the best. Equally to your in-studio stretch, StretchLab does give clients homework on their app, providing assisted stretching sessions for you to do at your home.

“Your body needs to adjust to the kind of assisted stretching we do,” says McCandless. “The app features over 300 recorded videos that vary anywhere from five minutes to twenty minutes.”

When asked why Happy Valley for a StretchLab franchise, McCandless made her enthusiasm for the area very clear. “Because I lived in Happy



Felxologist at work: All ages can benefit from some time on the table

“Whether you’re sedentary, wanting to enter retirement with some movement, a young athlete trying to keep yourself from getting hurt, or regaining your flexibility and range of motion, it’s really for everybody!”

— Michelle McCandless, StretchLab Happy Valley owner

Valley for many years I was familiar with the area,” says McCandless. “I love the community feel, I love that there’s two high schools, a lot of young families, kids, seniors, really everyone. Plus it’s a very active community, with lots of boutique fitness, running clubs, biking clubs, nearby golf courses, gyms, and yoga studios. We have definitely felt welcomed in the space and in this community which is why we

joined the North Clackamas Chamber of Commerce and the Happy Valley Business Alliance. We will continue to help serve the very community that serves us!”

StretchLab, which soft opened in the early summer, will be celebrating its grand opening on August 1st, welcoming anybody in the community to come try an assisted stretch and experience the benefits.

FOUR-FIFTHS A GRIZZLY

A noted biologist ponders connections to Nature within ourselves and the landscape

Hosted by The Vital Ground Foundation

Douglas Chadwick

Four-Fifths a Grizzly

A New Perspective on Nature that Just Might Save Us All

WEDNESDAY, AUGUST 7, MILWAUKIE, OR

Veteran National Geographic and Patagonia Books author **Douglas Chadwick** will speak about his book *Four-Fifths a Grizzly*, which explores how we are intrinsically connected to the natural world. He argues for the amazing interconnectedness of nature, advocating that the path toward conservation begins with how we see our place in the world.

Doug also serves as a founding Trustee of **The Vital Ground Foundation**, an accredited land trust based in Missoula, Mont., that protects and connects high priority habitat for grizzly bears and all things wild in the Northern Rocky Mountains - one of the richest wildlife communities in North America. Their work connects people to the landscape and secures the region’s most important wildlife corridors.

Vital Ground invites you to an evening discussion and book presentation about our genetic connections to the natural world, grizzly bear conservation, biodiversity and a vision for a vibrant, connected landscape in the U.S. Northern Rockies.

EVENT DETAILS

- **Date:** Wednesday, August 7, 2024
- **Time:** 5:30-7:30pm
- **Location:** Ledding Library Community Room 10660 SE 21st Ave. Milwaukie, OR 97222
- **Optional RSVP Form:** <https://forms.gle/1Kb1ZGK2s47Zg3vW8>

Vital Ground’s **One Landscape Initiative** protects private lands threatened by development that serve as crucial habitat connections for grizzly bears and other wildlife, including Bismark Meadows (pictured below), an 1,100-acre wetland complex in the Selkirk Mountains of northern Idaho.

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Man’s Best Friend Has Many Resources in Happy Valley!

National Dog Day — August 26th — began in 2004 to bring attention to increase pet adoptions

By JAMES KENNETH PRESLEY
For The Happy Valley News

August 26th marks National Dog Day, a day to commemorate all of our furry companions who seemingly and perfectly embody love, energy, and personality. The day itself stems from Colleen Paige, a dog trainer and pet expert who founded the day back in 2004 to bring attention to these wonderful animals as well as to increase pet adoption in the U.S.

It’s reported that more than 63 million households in the U.S. have dogs, proving their popularity and value amongst those lucky enough to share their presence. So, in what ways can you celebrate and what local services are available to help your dog have the time of their lives?

Since its creation back in 2004, National Dog Day has been slowly increasing in popularity, to the point where the New York State Senate actually wrote it into the state’s legislation back in 2013. However, rather than life in the big city, dogs who live in Happy Valley value a different kind of life-style, one that involves parks, play, treats, cuddles, and plenty of love from their owners. That being said, National Dog Day isn’t just about celebrating the dogs we have or even the ones who need adoption, as it also represents a day to honor the dogs who serve our community, from service guiding dogs to law enforcement dogs to those who can detect seizures and even cancer. They are remarkable creatures, and there are plenty of ways to honor them within our community.

First, consider some time outside, weather providing,



A playful day at the park is just the way to celebrate National Dog Day!

and take a visit to Happy Valley Park! There’s plenty of grassy space to help avoid the hot cement beneath your dog’s feet. There also are three fenced-in dog parks within the park just past the pavilions, giving your dog the chance to play with its community of furry friends and expelling energy that we humans are rarely capable of.

However, for those dogs in need of a bigger adventure, consider taking them on a trip to the Sandy River Delta Park (AKA 1000 Acres Dog Park), located just over 20 minutes from Happy Valley. Think “Disneyland for Dogs”, as this location is filled with impressive landscapes, diverse wildlife, and plenty of off-leash pet-friendly facilities.

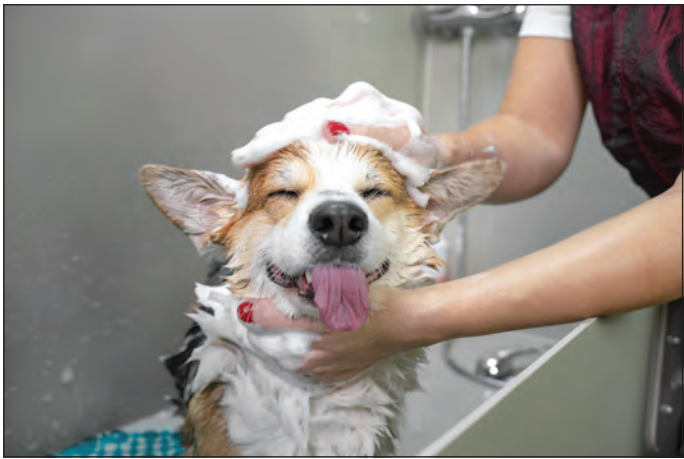
Another great thing about Happy Valley is the numerous options of doggy day cares that

will give your dog both the respect and attention it has so deservedly received from its owners. The first location is Green Acres K-9 Resort, located just down the road in Boring, Oregon. This business, established in 2007, is both family-owned and operated, offering dog boarding, daycare, and even grooming services that will provide your dog with the at-home experience it will so desperately crave when their owners are away. Green Acres K-9 Resort plans to accept new clients starting this September.

Another great location is Nature’s Acres Kennels just east of the city off Foster, which also offers both boarding and daycare services as well as grooming! From monthly daycare to “play care” to multi-dog boarding, Nature’s Acres Kennels can accommodate any dog’s needs

and will map out their stay with you, from dietary needs to medical needs including shots and medication. This location too books up fast, so consider reaching out for more information before booking if you have a trip coming up soon!

Whether your dog has had a stressful day or a playful National Dog Day, it’s important to fuel them up with the best food and treats available, which is why we recommend both EarthWise Pet, located next to the Valley Public House, and Mud Bay, next to Fred Meyer. Earthwise Pet is both a nutrition center and a wellness spa for your pet, offering grooming services, a self-wash station, and other foods, treats, and supplies that range from your pet’s dental needs to dietary needs. Equally, Mud Bay is a great spot to pick up some goodies for your dog,



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No dog deserves to go unadopted

offering a wide variety of organically made treats that feature ingredients like peanut butter and banana to sweet potato and molasses to satisfy their anxious tummies.

However, should those stomachs ever get sick or other health issues arise, we’re lucky enough to have both a Banfield Pet Hospital across from The Springs in Happy Valley as well as Sunnyside Veterinary Hospital and Happy Valley Pet Hospital, all trained to help

medically assist your dog so that they can continue to live a long and happy life. From pain management to dental care to more serious issues such as technical procedures and surgeries, you’ll want the best to look after your animal, and Happy Valley is filled with them.

Remember, while dogs are only a small part of our lives, we are everything to them, which is why they deserve to be celebrated, honored, and loved for as long as they can.



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Sunnyside Snails Triumph in Relay Debut

Nelson High School boys taste victory in their Cascade Lakes Relay debut

By **EMMA DAVIS**
Community Writer

A Cascade Lakes Relay team comprising two dads, their sons and their sons' friends, clinched third place out of 110 teams on their debut run.

The team, known as the Sunnyside Snails, included Bill Miles and his son Kai, Brandon Borschel and his son Reid and several other students and former students from Adrienne C. Nelson High School in Happy Valley. "All of the boys that did the race are grades 10 through freshman in college," Brandon said. "They all are part of either the cross country or track team at Nelson High School."

"This was my fifth time I've run the Cascade Lakes relay," Bill said. With his experience, Bill anticipated the challenges but believed his son and their team were ready to take on the challenge.

Kai, a recent Nelson graduate, started cross country in middle school before joining the Nelson team. Between Kai's freshman and sophomore years, Bill began contemplating forming a team for the relay. "I'd been talking with Kai about putting this team together and said, boy, wouldn't it be fun to get some of your cross-country teammates to get out here and go do this this relay race?"

The goal wasn't just to get the kids through the race but to also instill confidence and camaraderie. "We went into the race with our expectations to have a really good time as a team and finish the race," Brandon said. The Cascade Lakes Relay spans 218 miles through rugged terrain in central Eastern Oregon. "It's a pretty grueling race in itself. Just finishing is an accomplishment."

On race day, the boys were well-prepared and ready to go. Bill and Brandon had trained them on pacing through the various stages. Starting at Diamond Lake, the relay moves from lake to lake, ending in Bend. With 10



The team at the start at Diamond Lake. Names from left to right: Bill Miles, Cooper Nelson, Jiayuan Zhen, Carter Long, Tyler Walton, Aidan Medina, Kai Miles, Reid Borschel, Wyatt Browne and Brandon Borschel.



The boys with their medals and team trophy. From left to right: Jiayuan Zhen, Reid Borschel, Aidan Medina, Kai Miles, Carter Long, Tyler Walton, Cooper Nelson and Wyatt Browne. All are Adrienne C. Nelson High School students and are part of the cross country and/or track and field team. Miles just graduated this year.

runners and one van, the boys were off to a strong and great start.

"A lot of the legs are on packed dirt," Brandon mentioned. "There's not as much pavement

and you're definitely in more rural areas."

The Sunnyside Snails, a silly

name with a funny story the boys came up with, held their own the entire time. Bill closely

monitored their splits to ensure they stayed on pace. "I'm watching these numbers so I can see if somebody is starting to have trouble," Bill said. "They're going to have to make adjustments on the fly."

The team impressed, staying five minutes ahead of pace and catching up with some of the relay's best teams. By the end, they were cruising, making it look easy. "They were pushing each other because they wanted to do their best," Bill said. "It was amazing to watch, and it was exactly what I was hoping for: building that team chemistry, cheering each other on ... none of them wanted to let their team down."

By the time they finished, it showed that their hard work paid off. "I thought we probably finished in the top 10," Bill said. "But they come back and say no, we finished third overall and first in the men's open." The team completed the race in 27 hours, 52 minutes and 36 seconds.

The boys were ecstatic to see how well they did for their first time in the race: picking out a trophy as well as giving an interview for the relay's Instagram. "They completely surpassed their expectation," Bill said. He even asked the athletic director at Nelson High School to display their trophy.

"To go through that and beat their expectations and have them see they're capable of doing so much more than they think they're capable of doing if they're willing to put in the work that was the lesson I wanted them to learn," Bill said. "It is an incredibly proud thing to see."

Brandon added, "Being only 15 to 18 years old, they had no idea what they were getting into. So that was really the exciting part of it. It was the unknown for them, and they just did amazing."

When asked if they would run the race again next year, the boys unanimously agreed: absolutely.

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TO REGISTER

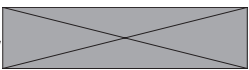


To register for one of these featured programs, be sure to check out hv.city/parks or scan the QR code.

Traveling RecMobile! Play Happy, Be Happy!

July 11 – Aug. 23, 10 a.m.– noon • Wednesdays • Village Green Park, 13786 SE Sieben Parkway • Fridays • Happy Valley Park, 13770 SE Ridgecrest Rd.

We're going on the road with a traveling playground! Join our Parks and Rec. crew and Happy Valley Library at select parks throughout the valley as we host free games, sports, crafts, and other outdoor activities!



Summer Community Events 2024

Summer Concerts in the Valley

Aug. 1 – Aug. 22, 6:30 p.m.-8:30 p.m. • Every Thursday • FREE

Get ready to rock! Check out cover page for more details. For a complete concert lineup, visit hv.city/summer-concerts.



Classic & Exotic Car Show

Aug. 22, 5:30 p.m.-8:30 p.m. • Registration Required, \$20 per car Open to Community Members

Rev up your engines! Happy Valley Parks and Recreation is looking for pre '72 and exotic cars for their first car show. Don't miss out on the coolest cars in town during Concerts in the Valley featuring Taken by the Sky, a Fleetwood Mac Tribute band. Will include a Best in Show and People's Choice Award.

Happy Zone

Every Thursday, 6:30 p.m.-8:30p.m. • At summer concerts • FREE

This fun filled activity space offers crafts, games and action-packed excitement! New this year - Gaga Ball!

National Night Out - A Full Week of Fun!

Aug. 5, 11 a.m.-2 p.m.

Monday • FREE • Location Happy Valley Park

Monday August 5th: Kick off the week with a Police Field Day at Happy Valley Park 11am-2pm! Test your skills and have a blast and meet our Happy Valley Police. There will be activities for all ages.



National Night Out - Main Event Aug. 6, 6:30 p.m.-Dark

Tuesday • FREE • Location Happy Valley Park

Join your Happy Valley neighbors for National Night Out, a nationwide event that serves to build relationships between residents and promote police-community partnerships. Check out page 10 for more information and head to hv.city/nno for additional details.

Aug. 7, 10 a.m.-noon

Wednesday • FREE • Location Village Green Park

Get ready for a Police-themed scavenger hunt at Village Green Park with our Rec Mobile crew. The kiddos are not going to want to miss this fun adventure and prizes.

Aug. 8, 6:30 p.m.-8:30 p.m.

Thursday • FREE • Location Happy Valley Park

We're back at Happy Valley Park for another summer concert, this time featuring the No Po Big Band from Portland. This night will be special as we honor and recognize all of our first responders. Plus, adults 21+ can enjoy a special wine tasting event with local wineries.

Providence's Basecamp Prevention + Wellness

Classes are held virtually

Affiliated with Providence Heart Institute, Providence's Basecamp Prevention + Wellness programs offer free movement and education classes so that everyone can live their best, healthiest lives. Take the next step and register for FREE today!



Tai Chi: Moving for Better Balance (Beginners)

Tuesday/Thursdays, 8:30 a.m.-9:30 a.m. • FREE

This introductory class welcomes those wishing to learn the initial forms of the Tai Chi practice with a desire to gain confidence, stability, strength, and mobility in a fun and supportive environment. https://welcometobasecamp.org/taichibeginners

Tai Chi: Moving for Better Balance

Tuesdays/Thursdays, 9:30 a.m.-10:30 a.m. • FREE

Participants will build upon their knowledge from our Tai Chi Beginners class and continue to gain confidence, stability, strength, and mobility in a fun and supportive environment. Class powered by Basecamp Prevention + Wellness, part of Providence Heart Institute. https://welcometobasecamp.org/taichi

Chair Yoga

Tuesdays/Thursdays 9:30 a.m.-10:30 a.m. • FREE

Participants will build upon their knowledge from our Tai Chi Beginners class and continue to gain confidence, stability, strength, and mobility in a fun and supportive environment. https://welcometobasecamp.org/chairyoga

Gentle Yoga

Mondays, Wednesdays, Fridays, 9 a.m. - 10 a.m. • FREE

The practice of gentle yoga combines mindful movement and breath with standing, seated, and restful floor-based practices to nourish the body, mind, and heart. http://welcometobasecamp.org/gentleyogaonline

Tippi Toes Dance Classes

See program descriptions for locations.



Baby Ballet

June 18 -Aug. 27, 9:30 a.m.-10:15 a.m. • Tuesday • Ages 2-4yrs • \$165

In this class, children will explore music, movement, balance, and basic dance steps in a welcoming and upbeat atmosphere. Designed for children to engage independently, parents won't be joining them on the dance floor. Instructors will ensure a lively and positive experience, keeping the music and curriculum flowing.

*Location: Sunnyside Grange - 13130 SE Sunnyside Rd, Clackamas, OR 97015

Ballet, Tap & Jazz

June 18 -Aug. 27, 5 p.m.-5:45 p.m. • Tuesday • Ages 3-5yrs • \$165

Three types of dance are incorporated during class time using high-energy music. Students learn choreography to multiple dances throughout the year and get to show off their moves at recital time. Original music separates Tippi Toes® dance classes from all the rest and fun is guaranteed! Students will be grouped by age.

*Location: Happy Valley Parks and Recreation Annex: 12915 SE King Rd.

Hip Hop/Jazz Combo

June 20 -Aug. 29, 6 p.m.-6:45 p.m. • Thursday • Ages 9-12yrs • \$165

We incorporate a mix of the three types of dance during class time using high-energy music. Students learn choreography to multiple dances and show off their moves at recital time!

*Location: Happy Valley Parks and Recreation Annex: 12915 SE King Rd.

Toddler and Me

June 20 -Aug. 29, 5 p.m.- 5:45 p.m. • Thursday • Ages 1.5 -3yrs • \$165

This class includes mom, dad, or another caretaker participating along with the little dancer. Teachers keep the music & curriculum moving while parents actively encourage, support, and keep little dancers on track.

*Location: Happy Valley Parks and Recreation Annex: 12915 SE King Rd.

Tippi Toes Dance Camp

Aug. 19 – Aug. 23, 9 a.m. – noon OR 9 a.m. – 3 p.m. • Ages 5-12yrs • Half Day \$195 • Full Day \$275

Join Tippi and friends while they move, groove, and shine their way through a week full of friendship and dance fun!

* Location: Happy Valley Park – Shelter AREA “B”

My Gym in The Park!

Location: Happy Valley Park Gazebo – 13770 SE Ridgecrest Rd

Parent & Me Class

10 a.m.-10:45 a.m. • Session 2: Aug. 2, Aug. 9, Aug. 16 & Aug. 23 • Ages 18months – 3 ½yrs • Friday • \$90

Join us for a fun-filled class where your child will sing, dance, play games, watch puppet shows, and enjoy “Surprise Time!” They will learn basic tumbling and sports skills, improve their motor abilities, and boost their self-esteem. They will also develop social skills and learn to cooperate with their peers in a positive setting.



Preschool Gymnastics

11 a.m.-11:45 a.m. • Session 2: Aug. 2, Aug. 9, Aug. 16 & Aug. 23 • Ages 3 ½ - 5 ½yrs • Friday • \$90

Join us for a fun program where your child will learn gymnastics, tumbling, and relays. Our teachers will encourage your child to build their strength, flexibility, and agility while boosting their confidence and self-esteem!

Journey to STEAM

Location: Happy Valley Park Shelter AREA “B” -- 13770 SE Ridgecrest Rd

LEGO Star Wars: Jedi Academy

Aug. 12 – Aug. 16, 9 a.m.-noon • Ages 6-11yrs • \$215

Embark on an intergalactic adventure with LEGO Star Wars: Jedi Academy! Join us as LEGO Jedi apprentices, where students spend the week preparing for epic space missions through engaging LEGO challenges and cosmic exploration.



Engineering For Kids

Location: Happy Valley Parks and Recreation Annex: 12915 SE King Rd.

Junior Mission to Mars

Aug. 5 – Aug. 9, 9 a.m.-noon • Ages 4-7yrs • \$239

Join us for a Mars-themed adventure where you will read stories, learn science, and design engineering solutions for the Red Planet. You will explore topics like aerospace, geologic, and environmental engineering, and use EFK's Engineering Design Process to create orbiters, landers, and more. This camp will fuel your imagination and curiosity about Mars exploration.



Orbiters and Landers (Aerospace Engineering)

Aug. 5 – Aug. 9, 1 p.m.-4 p.m. • Ages 7-12yrs • \$239

Join us for a fun camp where we will explore NASA's amazing Mars missions and learn how orbiters and landers help scientists and engineers. We will also design and build our own STEM projects using the EFK's Engineering Design Process. Get ready for some space adventure!

The Y

Happy Valley Park Shelter AREA “A” — 13770 SE Ridgecrest Rd

Jr. LEGOS: Into the Wild

Aug. 12 – Aug. 16, 9 a.m.-noon • Ages 4-6yrs • \$170

One of the wonderful parts about childhood is discovering all the amazing animals that live on the planet. We will learn about animals and their habitats through building models of animals with Legos while learning about what makes these animals special and unique.



Venvino Art Studios – In-Studio Classes

Location: Venvino Art Studios - 13329 SE Misty Drive.

Create and Learn Series – Acrylic Painting

How to Paint a Sunset Silhouette

Aug. 2, 6 p.m.-7:30 p.m. • Friday • Ages 16+ \$25/ 1.5hour session

Learn how to create stunning silhouettes with colors and light. You will get to use different techniques, such as blending, layering, and contrasting to capture the beauty of the twilight sky and the objects in front of it. Each registration includes your 1.5-hour lesson and an 8" x 10" canvas panel.



Venvino Art Studios – Outdoor Summer Art Camps

Location: Happy Valley Park Gazebo– 13770 SE Ridgecrest Rd

Each day kids will do several take-home art projects. We will also play games, read stories, and socialize.

Olympic Games Art Camp

Aug. 5 – Aug. 6, 9 a.m.-noon • Monday & Tuesday • Ages 5-10 • \$130

This camp is designed to ignite creativity, cultural exploration, and a sense of unity through various art forms inspired by the Olympic Games. Camp will immerse participants in diverse artistic activities celebrating sports, culture, and teamwork.



Oregon Adventures Art Camp

Aug. 12 – Aug. 13, 9 a.m.-noon • Monday & Tuesday • Ages 5-10 • \$130

Explore the wonders of Oregon through art. This camp is designed to inspire young artists to discover the beauty and diversity of Oregon's landscapes, wildlife, and cultural heritage through various art forms and activities.

Safari Tour Art Camp

Aug. 19 – Aug. 20, 9 a.m.-noon • Monday & Tuesday • Ages 5-10 • \$130

This program is designed to take young explorers on a thrilling journey through the wonders of a safari, sparking their curiosity about wildlife, habitats, and the beauty of nature through engaging activities and crafts. Camp aims to inspire a love for nature and cultivate a sense of curiosity and respect for the diverse ecosystems found in the wild.



Painting in the Park

Aug. 26 – Aug. 27, 9 a.m.-noon • Monday & Tuesday • Ages 5-10 • \$130

This camp is designed to inspire young artists to explore nature's beauty and capture it through various painting techniques while enjoying the serenity and inspiration of a park setting.

Soccer Shots Summer Clinics

See registration pages for program locations.

Soccer-Mini

Thursdays, June 13 – Aug. 22, 3:45 p.m.-4:15 p.m. Saturdays, June 15 – Aug. 17, 4:30 p.m.-5:10 p.m. Ages 2-3 • \$205

This high-energy program introduces children to fundamental soccer principles, such as using your feet, dribbling, and the basic rules of the game. Through fun games, songs, and positive reinforcement, children will begin to experience the joy of playing soccer and being active.



Soccer-Classic

Thursdays, June 13 – Aug. 22, 4:40 p.m.-5:05 p.m., ages 3-4, and 5:20 p.m.-5:55 p.m., ages 4-5

Saturdays, June 15 – Aug. 17, 3:50 p.m.-4:25 p.m., ages 3-4, and 3 p.m.-3:35 p.m., ages 4-5

\$215

This clinic uses creative and imaginative games to focus on basic soccer skills like dribbling, passing, and shooting. We also highlight a positive character trait each session such as respect, teamwork, and appreciation.

Soccer-Premier

Thursdays, June 13 – Aug. 22, 6:10 p.m.-6:55 p.m. Saturdays, June 15 – Aug. 17, 2 p.m.-2:45 p.m. Ages 5-7 • \$215

This program focuses on individual skill, fitness, and sportsmanship, providing an opportunity for children to be challenged through fun games and team interaction. Children will also be introduced to competition in a developmentally appropriate manner.

Skyhawks Sports

See registration page online for camp locations.

Mini-Hawk Camp

Aug. 19 – Aug. 23, 9 a.m.-noon • Ages 4-6 • \$165

This multi-sport program was developed to give children a positive first step into athletics. Baseball, basketball, and soccer are taught in a safe, structured environment filled with encouragement and fun. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace.



Cheerleading Camp

Aug. 5 – Aug. 9, 9 a.m.-noon • Ages 7-12 • \$165

Camper will learn cheers, proper hand and body movements, and jumping techniques. There is no stunting, just a big focus on fun while each cheerleader learns important life skills such as team building and leadership. The week concludes with a choreographed performance and when available, a chance to cheer at a Skyhawks football or basketball tournament.

Soccer Camp

Aug. 19 – Aug. 28, 9 a.m.-noon OR 9 a.m.-3 p.m.

Ages 6-12yrs • Half Day - \$165 • Full Day - \$289

Using our progressional curriculum, your young athlete will gain the technical skills and sport knowledge required for their next step into soccer. This camp focuses on dribbling, passing, shooting, and ball control. By the end of the camp your child will have learned new life skills such as teamwork and sportsmanship, made new friends, and improved their sport skills.

Tennis Camp

Aug. 5 – Aug. 9, 9 a.m.-noon • Aug. 12 – Aug. 16, 9 a.m.-noon

Aug. 19 – Aug. 23, 9 a.m.-noon • Ages 6-12yrs • \$165

Grab your tennis racket and get ready to play! Whether you're a beginner, an intermediate or an advanced player, this program will improve your game and help you get more enjoyment from tennis. Players learn proper grips, footwork, strokes, volleys and serves during a series of drills designed to teach skills in a fun and dynamic way. In addition to developing a love for tennis, athletes will learn the rules and etiquette that make tennis such an exciting game to play.

Outdoor Basketball Camp

Aug. 12 – Aug. 16, 9 a.m.-noon • Ages 6-12

Half Day \$165 • Full Day \$289

This fun, skill-intensive program is designed for beginning to intermediate players. Using our progression-based curriculum, we focus on the whole player - teaching sportsmanship and teamwork. Learn the fundamentals of passing, shooting, ball handling, rebounding and defense through skill-based instruction and small-sided scrimmages.

Lacrosse Camp

Aug. 5 – Aug. 9, 9 a.m.-noon • Ages 6-12 • \$289

Lacrosse combines the basic skills used in soccer, basketball, and hockey into one fast paced, high scoring game. Athletes will learn all the fundamentals of stick handling, cradling, passing, and shooting, all in a fun, non-checking environment. Every athlete will come away with a deep understanding of the game and its traditions.

Kidokinetics Camps

Location: Pleasant Valley Village Park - 16710 SE Pleasant Valley Pkwy.

Back 2 School Sportsplay Camp

Aug. 28 - Aug. 30, 9 a.m.-noon • Ages 5-8yrs Wed. – Fri. • \$125

Get ready for back to school with some exercise. A fun introduction to sports designed to help kids get moving and build confidence, this camp features a warm-up, an introduction to six to eight new sports or activities, free play, cool down, and an age-appropriate anatomy and physiology lesson - all in a non-competitive environment.



Just Kids Skills Summer Camps

Location: See registration page online for details

Multi-Sport Camp

Aug. 19 – Aug. 22 • Monday – Thursday • Ages 6-12 \$169.95 – Half Day 9 a.m.-1 p.m. • \$199.95 – Full Day 9 a.m.-3 p.m.

These week-long camps offer beginning to intermediate fundamental training in football, soccer, or basketball where your camper will participate in skill training, agility training, games, and nutrition education, all while basking in our exciting and engaging camp atmosphere! Both options include a t-shirt and post-camp goodie.

HV Hikers – Get out and Move!

www.hvhikers.com

HV Hikers are always on the move exploring within the valley! Their goal is to encourage you to experience the beauty of the area, to get a little exercise, and to make new friends. All hikes are free, no RSVP required. Be sure to visit the HV Hikers newly updated webpage for a calendar view of all upcoming group hikes.



Red Cross


Blood Drive

Location: Happy Valley City Hall - 16000 SE Misty Drive Monday, Aug 19, noon-5:30 p.m.

Register online: www.redcrossblood.org

Sponsor Code: HappyVal





HAPPY VALLEY LIBRARY

13793 S.E. SIEBEN PARK WAY, HAPPY VALLEY, OR 97015 | 503-783-3456 | WWW.HAPPYVALLEYOR.GOV/LIBRARY

LIBRARY PROGRAMS AND CALENDAR

AUGUST 2024 LIBRARY EVENTS

Please check our website for the most up-to-date hours and services. Library will be closed on Tuesday, Sept. 2.

Programs

Due to construction impacts, story-times, Mah Jongg, and regular monthly programs will be on break until the fall. Be sure to check out other fun programs happening in Village Green Park, Damascus Centennial Park, and Happy Valley Park, provided by your library.

All Ages Programs

Let's Hike!
Join the Happy Valley Hikers for a casual walk, meeting at Village Green Park. Registration is not required, but RSVP at go.lincc.org/hvRSVP to get an email reminder and let us know you'll be there!



CITY OF HAPPY VALLEY

Explore the neighborhood with a gentle hike led by the Happy Valley Hikers.

Stroll the South Side

Wednesday, Aug. 14, 2 p.m.

"HV Library-Stroll on the South Side" is a casual walk from the library, south along a number of "hidden trails" and back through the food carts. Moderate hike with a couple of modest hills, some a little longer, 2.3 miles. Should be fine for those with a little more energy, moderately-paced and OK for kids, dogs and strollers. Hiking shoes recommended as some trails are gravel.

Pioneer Park

Saturday, Aug. 24, 9 a.m.

"HV Library-Pioneer Park" is a casual walk from the library, making our way over to Pioneer Park. Easy hike with minor elevation changes, 2.0 miles. Should be fine for all abilities, moderately-paced and OK for kids, dogs and strollers. Hiking shoes recommended, as some trails are gravel.



Field Days: Join the Library in the park for some outdoor fun each week!

Youth Programs

Field Days

For ages 3-11. Drop in for crafts, coloring and fun field games as we partner with Happy Valley Parks and Recreation!

Tuesdays, Aug. 6, 13, & 20 from 10 a.m.-noon at Damascus Centennial Park

Wednesdays, August 7, 14, & 21 from 10 a.m.-noon at Village Green Park

Fridays, Aug. 2, 9, 16, & 23 from 10 a.m.-noon at Happy Valley Park

Tidepool Tango with the Oregon Aquarium

Tuesday, Aug. 6, 10 a.m.-11 a.m. at Damascus Centennial Park

Wednesday, Aug. 7, 6 p.m.-7 p.m. at Village Green Park

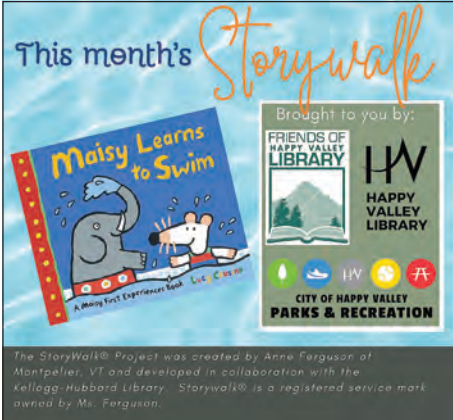
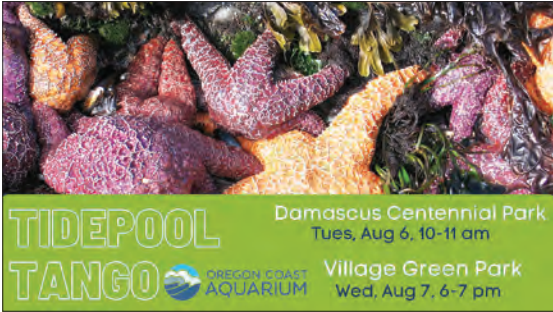
Explore the world of tidepool animals with the Oregon Aquarium. Dive into facts and information, followed by hands on exploration of biofacts like shells, skeletons, and models.

The program is targeted for a family audience with elementary age children and presented by an aquarium educator. After a short presentation, families can explore activity tables offering hands-on experiences.

Storywalk at Happy Valley Park

Each month you can enjoy a story along the path in Happy Valley Park. Walk along and read the story *Maisy Learns to Swim* by Lucy Cousins, starting at the all-abilities playground.

The StoryWalk® Project was created by Anne Ferguson of Montpelier, Vermont and developed in collaboration with the Kellogg-Hubbard Library. StoryWalk® is a registered service mark owned by Ms. Ferguson



Summer Reading Prize Time!

Kids, teens, and adults alike can dive into great books and win exciting prizes this summer

Happy Valley Library

Kids and teens can turn in their reading logs anytime in August for a free book! Just bring your completed log to the front desk to get your prize.

Haven't picked up a reading log yet? It's not too late to get started! Kids and teens need to

pick up a reading record before Aug. 8 to finish before the end of the month. Adults participating in Summer Book BINGO have until Aug. 31 to turn in their entry forms and BINGO cards. Final drawings will be on Sept. 1. Haven't gotten a BINGO card yet? Adults can pick up a BINGO packet at the library and read for a chance to win prizes.



Relax and explore new topics, genres, and worlds with the Summer Reading program.

Library expansion almost complete

The library is nearing its updated appearance

Happy Valley Library

Crews are beginning to tackle the exterior finishes of the new addition as the metal panels, fiber cement siding, and curtainwall glazing have been installed. The new plaza ramp walls have also been poured.

In the coming weeks, work will include backfilling the plaza walls and ramps, and concrete will be placed for the sidewalks and ramps. Crews will then start painting the

exterior siding and concrete. The interior of the new space is also getting painted, doors are being installed, and the new lobby floor has been polished. Soon, crews will advance towards what they call "the finish" portion of the interior. The library will continue to remain open throughout the construction process, though some interruptions and/or temporary closures or reduced hours may be necessary from time to time. Completion of the library expansion project is anticipated in Fall 2024.



CITY OF HAPPY VALLEY

As the library expansion gets closer to completion, patrons will begin seeing the exterior of the building take shape.

Library Concerts Continue

Sponsored by the Friends of the Happy Valley Library, this year's summer concert series will have you movin' and groovin' all season long.

Happy Valley Library

Concerts in the Park

Fridays
6:30 p.m.-8:30 p.m.
Village Green Park

Family Concerts

Saturdays
10:30 a.m.
Village Green Park

All of the library's summer concerts are made possible through the generosity of the Friends of the Happy Valley Library.



Bring a picnic, a blanket or chair, and enjoy a music-filled evening!



Bring a blanket and get ready to dance for our Saturday morning concert series!

Check Out a Pass!

Ready to explore and save money?

Happy Valley Library

Use your library card to visit area attractions for free! Explore a state park, enjoy a garden, or stand in awe at a museum with Cultural Passes from the library. You can be spontaneous and see what's available for the day or plan ahead by booking a pass for a future date.

Find out more and check out your passes at go.lincc.org/hvcp.



Scout’s Honor: Matthew Rugnetta

Local high schooler nears Eagle Scout rank with community enhancing project

By EMMA DAVIS
Community Writer

Matthew Rugnetta, a recent graduate of Clackamas High School and dedicated community member, is nearing the ultimate honor of being in Scouts: reaching the title of Eagle status. After starting his scouting journey in first grade, Rugnetta moved to Happy Valley in 2018 from his home state of Virginia when he was in the sixth grade and chose his troop halfway through his seventh-grade year. Since then, he has completed and advanced through the seven ranks that are required to reach Eagle status, though he has not hit that goal yet.

“It’s kind of always been something where it’s like something that I hope to get to,” Rugnetta said. “And I’m hoping to get it by mid-August.”

In order to be an official Eagle, a scout must complete a separate set of requirements, one of which is executing and finishing a project that benefits the community. He ultimately decided to work on a project that brings joy and fun to some of the community’s students, while also making it ADA-accessible: building a Gaga Ball Pit (where soccer meets dodgeball) at the Beatrice Morrow Cannady Elementary School playground for all students. Through the project, Rugnetta showed the leadership and commitment he had learned from his scouting experience, while also gaining valuable skills in organization, dedication, confidence and community involvement.

“The PTO from Cannady had reached out to our Eagle advancement leader and asked ‘Hey, this could be a possible Eagle Scout project, do you have anyone who would want to build this?’,” he said. “And then [our leader] had told me and I was like, ‘Yes, I will definitely do that.’”

Rugnetta went through a



Matthew (second row, fourth from left) and his team with students standing with the completed ball pit.



Matthew (center) and his team building the ball pit.

lengthy process to get it all put together, from making a proposal and getting approval to gathering a group to help and

gathering the materials, but the results spoke for themselves. “I had to make a proposal of what I wanted to do and where I wanted



Matthew and his team preparing the materials needed for the construction of the ball pit.

to do it and these are the costs and how long I think it’s going to take,” he said. “After that, I

got approval, and one of the things that they recommended to me, and I’m really glad they

did, was to reach out to people about donations for materials.”

Rugnetta reached out to Cedar Source, ACE Hardware, and Home Depot. “I was able to get all of the wall boards donated from Cedar Source, the bolts and paint brushes from ACE Hardware,” he said. “Home Depot had given me a \$50 voucher and with that, we were able to get the boards that we needed for the footings of the brackets and sealant for like a dollar.”

The building process took roughly two weeks, with the help of 45 people, most of which were his buddies from different social circles. “I reached out to my friends from scouts and cross country, and I think I got a couple of friends that I had met through band,” he said. “So, it was me and the scouts from my troop and some friends from school and it ended up taking about 300 man hours and change.”

When the project was done, he felt a sense of pride, confidence and accomplishment. “It was really rewarding to just see all of the work that my friends and I were able to do,” he said. “And to just put in the work to organize, and plan and then build it... it was just really rewarding to look back and be like ‘hey, my friends and I did that,’ and that was great.”

For the entirety of his time in scouts, leading up to the project, Rugnetta learned lessons that he will carry to college and beyond. “I learned that sometimes the most important thing that when you’re working on a project or even just doing something for yourself, is just having the confidence to ask for help and you don’t get what you ask for,” he said. “It’s important to have a goal to work for, but to also take your time with it and do the best that you can and be well rounded.”

Rugnetta will be attending Oregon State University in the fall of 2024 studying Mechanical Engineering.

You Can Help Prevent Water Pollution!

Keeping your lawn free of weeds involves many choices—some are hazardous to our families, pets, and waterways.

Safest

Annually aerate, de-thatch and over-seed bare spots in spring. This will keep the lawn dense and healthy, which keeps out weeds. Use a long-handled weed removal tool for easy weed removal. Fertilize only in fall with a slow release fertilizer, if at all.

Next Best

If you choose a weed or insect control product, look for the OMRI label which helps identify less hazardous chemicals. Always read and follow the label, as even natural/organic products can be harmful. Only apply products when multiple dry days are forecast. Spot spray only the individual weeds you really can’t live with!

Important Measures You Can Take

Do not apply pesticides, herbicides or fertilizers under windy conditions, or when rain, snow or hail is predicted within the next 48 hours.

Consider hiring an ECOBIZ certified landscaper!
See www.ecobiz.org

Clackamas Water Environment Services produces clean water, protects water quality and recovers renewable resources. We do this by providing wastewater services, stormwater management, and environmental education. It’s our job to protect public health and support the vitality of our communities, natural environment, and economy.

Learn more at clackamas.us/wes/education



CLACKAMAS
WATER
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SERVICES